

# WALKT<sup>🍁</sup>BER

FALL INVITES YOU TO...  
**GET OUT AND MOVE!**



**OCTOBER 1ST—28TH, 2024**

Take advantage of autumn's cool temperatures and spectacular views in this 4-week fitness campaign. You'll go on a virtual color tour through some of the world's most vibrant, breathtaking landscapes and fun events — while boosting energy, improving mood, and making walking a priority.

Participate by yourself or on a team of 3-8... the choice is yours! So, get excited and get your walk on... revitalize your life with the joy of movement this October!

## **EARN INCENTIVE POINTS & WIN PRIZES**

Earn **3,000 Wellness Incentive points** by achieving 10 leaves during the challenge. There is a prize drawing at the end of the challenge for those who actively participate each week. Aim higher and reach for 20 leaves to secure an exclusive prize!

Getting healthy while being rewarded?!? What a great way to launch the fall season!



**THE CHALLENGE BEGINS OCTOBER 1st!**

**REGISTRATION CLOSSES 10/11/2024**

**REGISTER ONLINE @**

**[WWW.MENDOCINOCOUNTY.GOV/HR/MCWOW/CHALLENGES](http://WWW.MENDOCINOCOUNTY.GOV/HR/MCWOW/CHALLENGES)**

