



**MENDOCINO COUNTY
BEHAVIORAL HEALTH ADVISORY BOARD**

REGULAR MEETING

AGENDA

**July 24, 2024
1:00 PM – 3:00 PM**

Location: **Behavioral Health Regional Training Center**

8207 East Road, Redwood Valley CA.

**Chairperson
Vacant**

**Vice Chair
Perri Kaller**

**Secretary/Treasurer
Jo Bradley**

**BOS Supervisor
Mo Mulheren**

<u>1ST DISTRICT:</u> DENISE GORNY LOIS LOCKART VACANT	<u>2ND DISTRICT:</u> MARK DONEGAN VACANT VACANT	<u>3RD DISTRICT:</u> JEFF SHIPP PERRI KALLER VACANT	<u>4TH DISTRICT:</u> VACANT VACANT VACANT	<u>5TH DISTRICT:</u> FLINDA BEHRINGER JO BRADLEY MARTIN MARTINEZ
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OUR MISSION: *To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

	Agenda Item / Description	Action
1. 3 minutes	Call to Order, Roll Call & Quorum Notice, Approve Agenda: <i>Review and Possible Action.</i>	Board Action:
2. 2 minutes	Approval of Minutes from the May 22, 2024, BHAB Regular Meetings: <i>Review and Possible Action.</i>	Board Action:
3. 10 minutes (Maximum)	Public Comments: <i>Members of the public wishing to comment on the BHAB will be recognized now. Any additional comments can be provided through email to bhboard@mendocinocounty.gov</i>	Board Action:
4. 20 minutes	Board & Committee Reports: <i>Discussion and Possible Action.</i> A. Vice Chair – <i>Perri Kaller</i> - AB 817 Updates B. Chair – <i>Vacant</i> C. Secretary/Treasurer – <i>Jo Bradley</i> - Measure B Update D. Appreciation Committee – <i>Member Martinez</i>	Board Action:
5. 15 minutes	Data Book- <i>Vice Chair Kaller, Member Behringer</i>	Board Action:

<p>6. 10 minutes</p>	<p>Homeless Discussion- Vice Chair Kaller. A. PIT count and current stats B. Continuum of Care. C. Service Tracking</p>	<p>Board Action:</p>
<p>7. 15 minutes</p>	<p>MOPS</p>	<p>Board Action:</p>
<p>8. 5 minutes</p>	<p>Redwood Community Services Report Out-</p>	<p>Board Action:</p>
<p>9. 5 minutes</p>	<p>Tapestry Report Out-</p>	<p>Board Action:</p>
<p>10. 15 minutes</p>	<p>Mendocino County Report – Jenine Miller, BHRS Director A. Director Report Questions B. Psychiatric Health Facility Update C. Staffing Update D. Care Court</p>	<p>Board Action:</p>
<p>11. 10 minutes</p>	<p>Anchor Health Management Report – Anchor Health Management Inc. A. Services Update B. Staffing Update</p>	<p>Board Action:</p>
<p>12. 3 Minutes</p>	<p>Member Comments:</p>	<p>Board Action:</p>
<p>13. 2 minutes</p>	<p>Adjournment</p>	<p>Board Action:</p>

AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

BHAB CONTACT INFORMATION:

PHONE: (707) 472-2355 | FAX: (707) 472-2788

EMAIL THE BOARD: bhboard@mendocinocounty.gov | WEBSITE: www.mendocinocounty.gov/bhab



**MENDOCINO COUNTY
BEHAVIORAL HEALTH
ADVISORY BOARD**

REGULAR MEETING

MINUTES

**May 22, 2024
10:00 AM – 12:00 PM**

Location: Behavioral Health Regional Training Center, 8207 East Road,
Redwood Valley

**Chairperson
Vacant**

**Vice Chair
Perri Kaller**

**Secretary/Treasurer
Jo Bradley**

**BOS Supervisor
Mo Mulheren**

**1ST DISTRICT:
DENISE GORNY
LOIS LOCKART
VACANT**

**2ND DISTRICT:
MARK DONEGAN
VACANT
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**3RD DISTRICT:
JEFF SHIPP
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**4TH DISTRICT:
VACANT
VACANT
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**5TH DISTRICT:
FLINDA BEHRINGER
JO BRADLEY
MARTIN MARTINEZ**

OUR MISSION: *To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

	Agenda Item / Description	Action
1. 3 minutes	<p>Call to Order, Roll Call & Quorum Notice, Approve Agenda: <i>Review and Possible Action.</i></p> <ul style="list-style-type: none"> Vice Chair Kaller called the meeting to order at 10:29 am Members Present: Behringer, Bradley, Donegan, Kaller, Martinez and Lockart Supervisor Mulheren was present Director of Behavioral Health Dr. Miller was present 	<p>Board Action: Motion made by Member Donegan, seconded by Member Kaller to approve the May 22, 2024, Agenda. Motion passes.</p>
2. 2 minutes	<p>Approval of Minutes from the April 24, 2024, BHAB Regular Meetings: <i>Review and Possible Action.</i></p>	<p>Board Action: Motion made by Member Donegan, seconded by Member Kaller to approve the April 24, 2024, minutes. Motion passes.</p>
3. 10 minutes (Maximum)	<p>Public Comments: <i>Members of the public wishing to comment on the BHAB will be recognized now. Any additional comments can be provided through email to bhboard@mendocinocounty.gov</i></p> <ul style="list-style-type: none"> Jacque Williams, Executive Director, of Ford Street Project, introduced Ryan Bowles, Treatment Operation Manager, of Ukiah 	<p>Board Action: None</p>

	<p>Recovery Center. Jacque Williams notified the Board, they can now serve 64 people under their license and there are 18 beds available now.</p> <ul style="list-style-type: none"> • Ryan Bowles, Treatment Operation Manager, of Ford Street Project invited the Behavioral Health Advisory Board (BHAB) to their open house on May 23 and discussed his goals to detox the patients that same day. • Member Martinez inquired as to whether the counselors were always present. In response, Ryan said they are closed on weekends and remain on site until 6:00 pm. • Supervisor Mulheren inquired as to what they do, when all 18 beds are occupied. In response, Ryan said they will collaborate with another agency, when no beds are available. 	
<p>4. 10 minutes</p>	<p>Board & Committee Reports: <i>Discussion and Possible Action.</i></p> <p>A. Vice Chair – <i>Perri Kaller</i></p> <p>B. AB 817 Updates: Vice Chair Kaller The BHAB members were informed by Vice Chair Kaller that there would likely be more information in the next month..</p> <p>C. Chair – <i>Vacant</i></p> <ul style="list-style-type: none"> - N/A <p>D. Secretary/Treasurer – <i>Jo Bradley</i></p> <ul style="list-style-type: none"> - Nothing to report 	<p>Board Action: None</p>
<p>5. 15 minutes</p>	<p>Annual Report- <i>Vice Chair Kaller, Member Behringer.</i></p> <ul style="list-style-type: none"> - Member Behringer informed that she would change "BOS" and "BHAB" to their full names due to a great deal of confusion with the word "BOARD," and they are not sure which one is being referred to. Member Behringer will bring this item back to the agenda for June for a vote. 	<p>Board Action: None</p>
<p>6. 15 minutes</p>	<p>Review Annual Police Report.</p> <p>Ukiah</p> <p>Willits</p> <p>Fort Bragg</p> <ul style="list-style-type: none"> - Vice Chair Kaller commented she wants to bring the police members to the table to ask questions regarding the CIT Training. - Supervisor Maureen Mulheren expressed her concerns about reducing resources for the police department to be at this meeting, where they are needed outside helping the community. - Director Miller provided an explanation of what Heads Up is and discussed its origins at the Department of Social Services, Behavioral Health, for individuals in need of services. 	<p>Board Action:</p>

<p>7. 5 minutes</p>	<p>Redwood Community Services Report Out – - Victoria Kelly, the Chief Executive Officer, of Redwood Community Services presented the 2023 Impact Report and inquired any questions from the members. Additionally, Victoria also distributed printed copies of the report to the Members.</p>	<p>Board Action:</p>
<p>8. 5 minutes</p>	<p>Tapestry Report Out- None</p>	<p>Board Action: None</p>
<p>9. 10 minutes</p>	<p>Update on Innovation Plan Native Warm Line –<i>Karen Lovato, Acting Deputy Director.</i> - Karen informed members that she would make a record of their questions but would not be able to give any answers. She urged them to reach out to her through email at lovatok@mendocinocounty.gov or give her a call at 707-472-2342.</p>	<p>Board Action: None</p>
<p>10. 10 Minutes</p>	<p>MHSA Public Hearing- <i>Karen Lovato, Acting Deputy Director.</i></p>	<p>Board Action: Motion made by Member Kaller, seconded by Member Donegan to Open public comment for MHSA Motion passes</p>
<p>11. 20 minutes</p>	<p>Mendocino County Report – <i>Jenine Miller, BHRS Director</i> A. Director Report Questions B. Psychiatric Health Facility Update C. Staffing Update D. Care Court</p>	
<p>12. 10 Minutes</p>	<p>Anchor Health Management Report Out– <i>Sarah Walsh, Anchor Health Management Inc.</i> - Sarah provided 172 homeless services with 92 referrals and 16 clients to a lower level of care. Redwood Quality Management Company (RQMC) totaled outpatient services were 410 and 221 for crisis services. - Member Martinez inquired if they could share a brochure with this information for the next meeting.</p>	
<p>13. 3 Minutes</p>	<p>Member Comments:</p>	
<p>13. 2 minutes</p>	<p>Adjournment:</p>	<p>Board Action: Motion made by Member Donegan seconded by Member Kaller to adjourn the meeting. Motion passes; meeting</p>

		adjourned 12:10 pm
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DRAFT

ANNUAL REPORT 2023

Mendocino County Behavioral Health Advisory Board



Compiled by Flinda Behringer, Chair 2023

BEHAVIORAL HEALTH ADVISORY BOARD 2023 ANNUAL REPORT

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BEHAVIORAL HEALTH ADVISORY BOARD 2023 ANNUAL REPORT

EXECUTIVE SUMMARY:

The Mendocino County Behavioral Health Advisory Board (BHAB) transitioned away from virtual meetings per AB 2449, which mandated the beginning of in-person meetings beginning March 1, 2023. Exceptions to the bill were a list of “emergency circumstances” which could be used by BHAB members to participate remotely if necessary. The BHAB continued to meet to oversee and advocate for behavioral health services in Mendocino County, albeit with some difficulty as members who were able to participate remotely, but not in person began to resign from the BHAB.

In total, BHAB scheduled 13 regular meetings and one special meeting for a total of 14 meetings. 2 meetings were canceled (January and August) and 5 meetings did not have a quorum so no business was conducted in 7 out of 14 meetings. In February, the BHAB authorized remote meetings for January and February. After February all meetings were to be held in person per the revised Brown Act teleconferencing rules. Per these rules, each member may only schedule up to two remote meetings per year.

The meetings dealt with a variety of topics including the following: 1) Staffing and recruitment issues; 2) Crisis Services Summary; 3) Psychiatric Health Facility (PHF) updates; 4) Need to increase the number of beds in the state mental health hospital system, primarily to divert more jail inmates with mental health and substance abuse issues from jails to treatment; 5) budget impacts of an increase in conservatorships; 6) Mental Health Services Act Updates; 7) In-Person meetings required; 8) External Quality Review Organization (EQRO) Mental Health Plan FY2021-22 Report; and 9) Tribal Advisory Committee.

1. Staffing and recruitment issues

California continues to experience a mental health crisis. Local agencies and Behavioral Health & Recovery Services (BHRS) are having difficulty recruiting and hiring qualified mental health professionals and staff. County staff have been stretched thin. For example, staff took on extra duties to assist BHAB in agenda preparation and posting and when Manzanita Services closed, the County assigned staff to open Wellness Centers in Ukiah and Willits. Also, due to Manzanita closing, Anchor Health took on the provision of Medi-Cal services and services to children. The MAC (Multi-Agency Coalition) meeting process continues as agencies continue to provide more services with less staff. Anchor Health Management (AHM) continues to use trainees from local masters programs to staff some positions. Neighboring counties pay more, so people commute outside Mendocino County to earn the extra dollars.

2. Crisis Services Summary

Crisis services continue to meet with jail discharge planners weekly to assist in connecting individuals who are due to be released from jail to appropriate services and needed medications. Aftercare for released individuals continues to be a barrier to services as these services are voluntary. The alert system put together by BHRS, ACT and UPD to assist law enforcement in figuring out where a client should and could go before they end up in jail continues to function well. Mobile crisis is available seven days a week and can assist in this process. The Crisis Residential Treatment facility

(CRT), “Orchard Project” continues to provide short-term, intensive and supportive services. BHAB member Gorny was approved as representative to the CIT (Crisis Intervention Training) Committee and reports monthly to the BHAB. CIT is working on peer support training and continues to assist the Mendocino County Sheriff's Office with outreach. Crisis intervention and prevention services for youth are a focus of MHSA planning going forward.

3. Psychiatric Health Facility (PHF)

County mental health reports to BHAB on the demolition and rebuilding of the Whitmore facility into a PHF. Demolition on the original building began July, 2023 and the original projected timeline of 38 months has been extended. Changes in accessibility access have been made. The PHF will be a 16 bed “super” PHF in order to meet Medicare and Medi-Cal standards. BHAB wrote a letter of support for Mendocino County’s BHCIP Round 5: Crisis and Behavioral Health Continuum application to provide funding to complete the PHF.

4. Need to increase the number of beds in the state mental health hospital system

The acute need to increase the number of beds in the State Hospital System to prevent incompetent individuals from spending months incarcerated, often in solitary confinement, while waiting for a bed continues as a serious need, which the State says will to be addressed by Proposition 1. However, it appears that Counties will lose MHSA dollars if the measure passes.

5. Increase in Conservatorships

The number of conserved persons with severe mental illness continues to increase and has large impacts on the budget according to BHRS Director Miller. Realignment funds are used to cover these costs and the possibility of decreases in realignment funds and increases in the conserved population will negatively impact the County’s Mental Health Budget.

6. MHSA Quarterly Updates

Manzanita closed in March and staff and clients have been picked up by other agencies. The daily ACT meeting of agencies continues to address the needs of the most acute clients. The Children’s System of Care is still of concern. Anchor Management reports an increase in stress among 13 to 14 year olds. MHSA and Quality Improvement (QIC) Stakeholder Forum Schedule for 2023-2024 was published and the MHSA Annual Update FY 2023-2024 report was provided to BHAB for input. BHAB input on MHSA funding priorities was addressed at the Special Meeting, March 3. Issues raised included transportation, detox, new RFP funding, crisis services and communication among Native Tribes.

7. In Person meetings now required

In February, the BHAB authorized remote meetings for January and February. After February, all meetings were held in person per the revised Brown Act rules in place that allow each member to schedule up to two remote meetings per year. This change marks the end of the three years of Zoom, hybrid and in person meetings authorized during the Covid pandemic. BHAB members discussed the positive effect Measure AB817 would have on BHAB member retention and allow for more flexibility in establishing a quorum. The Behavioral Health Regional Training Center, which opened in 2022 continues to be used for many BHAB meetings.

8. EQRO Mental Health Plan FY 2022-23 Report

Agencies prepared for External Quality Review Organization (EQRO) that reviews County processes, functions, staffing levels and compliance with local mental health laws. Some positive developments noted were that post psychiatric inpatient follow-up rates exceeded state average; that another level of care was added with the opening of the CRF, and NAMI and MHP developed the Native Connections Partnership with the tribal community. Final Mendocino Mental Health Plan (MHP) recommendations included the need to design culturally appropriate ways to increase Latino/Hispanic engagement and to reach out to different groups of beneficiaries to offer information and resources regarding how they can be involved in committees to amplify their voice in the system of care.

9. Tribal Advisory Committee

The concept of a Tribal Advisory Committee appointed by the tribes to enhance communication regarding the mental health services that Native Americans are provided and to receive feedback from tribes regarding these services was advanced by Member Martinez and was referred to County Counsel. BHAB chair met with County Counsel to discuss. The substance of that meeting was reviewed with BHAB. Member Martinez continues to work on a meeting with tribes to improve trust with them. The Native Connections group also continues to function. It was formed with NAMI and tribal members and its purpose is to identify and discuss the gaps in mental health and substance use services within the Native American community.

ACTIONS AND ACCOMPLISHMENTS

The following is a list of accomplishments and actions taken by BHAB as well as Presentations to the BHAB by a variety of community agencies used for BHAB edification and action:

Flowcharts placed on County Behavioral Health website.

MHSA Plan Update reviewed.

2022 Data Notebook was completed with the assistance of County Behavioral Health and was approved by BHAB at April meeting. The focus of the Notebook in 2022 is the impact of the Covid-19 public health emergency on 1) the behavioral health of vulnerable populations and 2) the ability of county behavioral health departments to provide mental health and SUD treatment in 2020 and 2021.

In January, BHAB sent a letter to the State Department of Health Care Services recommending that Mendocino county receive BHCIP Round 5 funding for the completion of the planned PHF.

BHAB approved the use of remote meetings in January and February.

BHAB Member Gorny approved by BHAB to serve as representative on CIT task force in February meeting.

BHAB Member Kaller approved by BHAB to serve as representative on RFP Stakeholder group in February meeting.

BHAB Member Bradley approved by Measure B Committee to serve as BHAB representative on Measure B Committee in March.

Approval of Audio-visual equipment approved unanimously.

BHAB Chair Behringer met with County Council regarding formation of Tribal Advisory Committee. A report of that meeting was generated and that report was submitted to BHAB members in the April meeting.

In April Superintendent Glentzer addressed the BHAB regarding the school district's work with the 20% of District Youth who have Adverse Childhood Experiences. The Director of Special Education discussed the counseling programs available for students. The need for BHAB and County to partner together more with the schools was suggested.

In May, BHAB had no quorum. Member Towle resigned and new member, Donegan was welcomed. The May Agenda included the NAMI Community Feedback Survey which asked "which facilities are currently the most needed in Mendocino County (please select two)." Of 383 respondents, almost 42% chose Adult Acute Psychiatric Center and 37% chose Dual Diagnosis Residential Treatment while 16% chose Sober Living Environment and 15% chose Crisis Stabilization Unit.

In June, the 2022 Annual Report was approved with BHAB recommended changes.

In June, the BHAB recommended the county investigate prices to purchase equipment to allow for set up of equipment in additional locations and via Zoom.

Perri Kaller was elected to Vice-Chair and Jo Bradley was elected to Treasurer in June. BHAB discussion begun regarding adoption of AB817 which would indefinitely alter Brown Act teleconference restrictions for subsidiary BHABs.

County reported to BHAB in June that they had received 9.3 million for construction of the PHF.

In July, BHAB met in Covelo without a quorum. Despite the lack of a quorum, there was vigorous Public Comment. Comments included discussion regarding issues of mobile crisis services to Covelo and domestic violence services available; Yuki Trails members addressed the local need for whole person care; the need for more telehealth services; the need for County Mental Health and Tribes to work together on grants and the need for an increase in AA and NA services in the area. County reports to BHAB that PHF construction will begin March, 2024 and that the Administrative Services Organization (ASO) is being transferred to County from the agencies this month.

In September, Ford Street gave a presentation to the BHAB outlining their services and the planned expansion of their social detox. Their proposal includes a new treatment area and the building of a new 22 bed sober living dorm for men. Member Kaller reviewed with the BHAB the visit that she and Member Behringer made to Ford St.

In September, member Gorny reports CIT training is increasing and that peer support trainees will begin training soon.

In September, County reports that since ASO was transferred to them, Redwood Community Services now reports directly to the County which entails additional workload for the County.

In September, BHAB discusses the size of the BHAB, the possible reduction in size to 10 members and the effect the lack of quorums has had on membership and the ability to conduct business.

In October, BHAB approved 2023-2024 CALBHB/C dues of \$700.00.

In October, BHAB previous chair, Michelle Rich was presented with an appreciation plaque for her years of service to the BHAB.

In October, BHAB heard from Jacque Williams, Executive Director, Ford Street Project asking the BHAB to recommend to the County Board of Supervisors (BOS) that needed funds are provided to both the Ford Street Expansion and to the new Behavioral Health Wing at the County Jail.

In October, Captain Joyce Spears, Mendocino County Sheriff, informed BHAB that the Jail would be requesting an additional 6 million dollars from BOS to complete the Behavioral Health wing.

In October, BHAB passed a motion requesting Member Bradley to vote at the next Measure B meeting that Measure B Funds go first to Ford Street Expansion and then to the Mendocino County Jail Behavioral Health Wing project.

In November a motion was passed authorizing an event to support partners and staff.

In November BOS approved a reduction in the size of BHAB to 11, with the possible addition of Measure B members to BHAB to streamline the BHAB and reduce the number of members to more easily obtain a quorum. BHAB passed a motion unanimously to defer changes in BHAB bylaws and postpone 2024 elections until February 2024 meeting.

In November, a motion was passed unanimously to recommend to the BOS to review for approval of AB817 as part of their legislation.

In December, there was no quorum. County Council advised that no action could be taken on agenda items but discussion on agenda item updates and reports is permissible.

In December, BHAB Chair Behringer resigned as Chair of BHAB.

In December, a Retirement Certificate of Appreciation was awarded to Mary Alice Willeford for her 20 plus years of service to Mendocino County.

In December, Noel J. O'Neill, member of the California Behavioral Health Planning Council, gave a presentation to BHAB on the importance of performance outcome data and the compilation that is necessary for State planning that the Annual Data Notebook provides.

Included in the December minutes is an amended letter from the BOS written to the State in support of AB817.

ABOUT THE BHAB

The Mendocino County Behavioral Health Advisory (BHAB) serves as an advisory board to the Board of Supervisors (BOS) and the local Behavioral Health & Recovery Services Director. The BHAB is charged with a number of responsibilities, including: the duty to review and evaluate the community's public mental health needs; services; facilities and special problems in any facility within the county or jurisdiction where mental health evaluations or services are provided. The BHAB may review county agreements and make recommendations regarding items contained within these agreements.

BHAB began the year as a 15 member BHAB that represents consumers, family members and the public. The BHAB began 2023 with 12 members and ended the year with 8 members. At the end of 2023 the County Board of Supervisor's adopted a resolution reducing the composition of BHAB to 11 members with one county supervisor as a voting member and a recommendation for dual participation by 5 members of the Measure B Committee. BHAB is committed to the constant improvement in the delivery of quality mental health care whose goals are recovery, human dignity and the opportunity for individuals to meet their full potential.

Meetings

14 meetings were scheduled in 2023. 7 regular meetings were held in 2023. 5 meetings (including 1 special meeting) did not have a quorum and 2 meetings were canceled.

Committees

BHAB currently has 9 Ad Hoc committees. Two new Committees were added in 2023 (CIT and RFP) and one removed (RFP). The following are the current Committees and their members at the end of 2023:

- Appreciation Committee: Martin Martinez
- Contracts Committee: Perri Kaller and Flinda Behringer
- Data Notebook Committee: Flinda Behringer
- Membership Committee: Flinda Behringer, Jo Bradley, Denise Gorny and Perri Kaller
- Site Visit Committee: Flinda Behringer, Martin Martinez and Perri Kaller
- Public Comment Follow-Up Committee: Martin Martinez and Jeff Shipp
- CIT Committee: Denise Gorny
- Tribal Advisory Committee: Martin Matinez
- Nomination Committee: Flinda Behringer and Denise Gorny

BHAB Members

We began the year with 12 members and three vacancies, all in the 4th District. The BHAB is grateful to Mark Donegan for offering to serve as our Veteran member. Five members resigned this year: Cayo Alba, Laura Betts, Sergio Fuentes, Michelle Rich and Richard Towle. Per the new direction from the BOS to reduce our numbers to 11, we look forward to many changes in BHAB composition in 2024. Current BHAB members include:

1st District	Term ends	3rd District	Term ends	5th District	Term ends
Denise Gorny	4/1/24	Perri Kaller	12/31/25	Flinda Behringer	8/1/25
Lois Lockart	12/31/24	Jeff Shipp	12/31/25	Jo Bradley	12/31/24
Vacant	2024	Vacant	2024	Martin Martinez	12/31/25
2nd District	Term ends	4th District	Term ends	Officers:	
Vacant	2025	Vacant	2025	Chair: Vacant	
Vacant	2024	Vacant	2025	Vice-Chair: Perri Kaller	
Vacant	2024	Vacant	2025	Secretary/Treasurer: Jo Bradley	

BOS Supervisor: Maureen Mulheren

Recognition of Service

BHAB would like to recognize the service of all of the staff members of the Mendocino County Behavioral Health Services, in particular for the consistent leadership of Dr. Jenine Miller and to Karen Lovato, Rena Ford and Dustin Thompson for their assistance in the completion of the Data Notebook. County behavioral staff and contracted agencies throughout the county continue to provide targeted treatment and assistance to clients and we appreciate their commitment to serving individuals and families in Mendocino County.

BHAB would also like to recognize the guest speakers who took time to educate the BHAB about the needs and services in the county. These include: Veteran’s Art Project Presentation; Superintendent Glentzer; Jacque Williams, Ford Street Project; Captain Joyce Spears, Jail Expansion and Noel J. O’Neill, Data Notebook presentation.

Finally, BHAB would like to recognize and thank the BHAB members who resigned this year. They are: Cayo Alba, Sergio Fuentes, Michelle Rich and Richard Towle. We appreciate and thank them for their service on the BHAB and their service to the community.

THANK YOU!

ISSUES TO WATCH IN 2024

In 2024, the issues that we expect to be important to monitor include: jail services; hold times before transfer to state hospitals; the need for an increase in State Hospital beds; the continued development of housing locally; staffing shortages; the increased need for clinical training programs; attention to the children's' system of care; relationships with schools; the effect of Proposition 1 on the distribution of MHSA dollars; the roll out of Care Court at the end of 2024; the effect on county resources of having to increase county services due to agency closures; the assumption by the county of the ASO and the implementation of CalAIM.

RECOMMENDATIONS

1. There has been a noticeable fall off of stakeholders attending meetings and addressing the mental health needs of citizens of Mendocino County. BHAB should continue to work with the Measure B Committee on the following recommendations from the 2022 Annual Report:

A. Designate an ad hoc committee to make actionable recommendations for increasing adequately trained mental health professionals. For example, a psych tech program; student loan forgiveness programs; housing incentives for relocating; partnering with a research university to develop a pipeline of appropriate professionals (similar to the Adventist Health Residency program) and encouraging retention of existing employees through incentives and appreciation programs. The county has already provided a student incentive by releasing some MHSA dollars to pay student debt and Mendocino College is looking at a psych tech program in collaboration with Napa College. These efforts and others require increased BHAB and financial support.

B. We have made progress in providing housing for the seriously mentally ill. We recommend continuing the development of these housing options and hosting community meetings at the locations of proposed projects to address local community concerns. Passage of Proposition 1 will shift some MHSA dollars to housing.

C. Continue to monitor the use of Measure B funds through the audit as well as the development of a management plan to increase efficiency and transparency.

D. Address financing issues for the mild to moderate population and become knowledgeable about the systemic changes brought by CalAIM.

E. Focus on the need to increase the provision of SUD treatment and residential services. Overdose deaths increase year after year and there is an increase in Emergency Department visits related to adult alcohol and drug misuse. Since SUD facilities tend to be full, we recommend an increase in these facilities and more coordination between all SUDT programs. Mendocino County has social detox programs. We recommend working with the hospitals and agencies in the provision of medical detox services. BHAB membership was provided with a complete list of all SUDT providers that members can use to improve its planning proposals. More residential SUDT treatment is needed as is Dual Diagnosis Residential Treatment.



○ **Board of Supervisors:**

Recently passed items or presentations:

- Mental Health: 0
- Substance Use Disorders Treatment:
 - None

Future BOS items or presentations:

- Mental Health:
 - None
- Substance Use Disorders Treatment:
 - None

○ **Staffing Updates:**

- New Hires:
 - Mental Health: 1
 - Substance Use Disorder Treatment: 0
- Promotions:
 - Mental Health: 0
 - Substance Use Disorder Treatment: 0
- Transfers
 - Mental Health: 0
 - Substance Use Disorder Treatment: 0
- Departures:
 - Mental Health: 1
 - Substance Use Disorder Treatment: 1

○ **Audits/Site Reviews: May and June 2024**

- Site Reviews
 - SUDT Site review for Ukiah and Willits are completed. Re-certified for another two years.
- Upcoming/Scheduled:
 - Reviews for FY 23-24: None. All completed.

Upcoming Site Reviews:

- SUDT Recertification Review of Willits Office

Audit Reviews:

- o ACMA (Annual County Monitoring Activities): Requirements met
- o CalEQRO (External Quality Review Organization): Completed
- o Upcoming/Scheduled Audits for FY 24-25
 - Network Adequacy scheduled for Aug 1 202

o **Grievances/Appeals:**

May and June 2024

- o MHP Grievances: 2 pending, 3 resolved
- o SUDT Grievances: 0
- o MHSA Issue Resolutions: 0
- o Second Opinions: 0
- o Change of Provider Requests: 1,1 pending.
- o Provider Appeals: 0
- o Consumer Appeals: 0

o **Meetings of Interest:**

- o Meetings/Trainings/Educational Opportunities of interest:
 - o Safe Rx Coalition Tuesday July 23, 2024 Via Teams
 - o MHSA Forum/QIC Wednesday August 28, 2024, 12:00 – 2:00 pm, Point Arena, The Center 200 Main Street 95468 and via [Zoom]Zoom.

o **Grant Opportunities:**

- o The department is still awaiting notice on recent grant submissions and is working hard on additional applications due this month. These include opportunities that may assist with expanding comprehensive programs in response to the overdose crisis and the impacts of illicit opioids, stimulants, or other substances. The department is also evaluating potential grants due in July and over the summer.

o **Significant Projects/Brief Status:**

Assisted Outpatient Treatment (AOT): AB 1421/Laura's Law February 2023

Melinda Driggers, AOT Coordinator, is accepting and triaging referrals:

- o 23/24 Referrals to date: 11 unduplicated
- o Total that did not meet AOT criteria: 4
- o Currently in Investigation/Screening/referral:6
- o Pending Assessment to file Petition: 2
- o Settlement Agreement/Full AOT FY 23/24: 2

Notes: There are going to be discrepancies with the number of clients referred and clients that did not meet the criteria. Just because someone was not ordered into

AOT does not mean they did not meet the criteria. There are times when the County files a petition and the client does not show up to court, a higher level of care is needed, the client chose to participate in BHC instead, they were incarcerated, the client left the area, etc.

Most of the referrals AOT receives are from service providers which means the client is already connected to services. When the county AOT Coordinator can contact a client, she assists in connecting them with services they are interested in.

Unable to locate/connect with the client: - even if unable to contact the client the AOT Coordinator does a record review and notifies mobile crisis, mobile outreach, crisis, and the jail discharge planner letting them know we have a referral and need to touch-base with the client. If it looks like the client likely meets the criteria, the AOT Coordinator will put together an investigation report and send it for an assessment just in case they do have contact with the client.

○ **Educational Opportunities:**

- None

○ **Mental Health Services Act (MHSA):**

- No change.

○ **Lanterman Petris Short Conservatorships (LPS):**

- Number of individuals on LPS Conservatorships: **63**

○ **Substance Use Disorders Treatment Services:**

Treatment Clients Served in **May 2024:**

- Total number of clients served: 102
- Total number of services provided: 586
- Fort Bragg: 20 clients served for a total of 87 services provided
- Ukiah: 71 clients served for a total of 464 services provided
- Willits: 11 clients served for a total of 35 services provided
 - Number of Substance Use Disorder Clients Completion Status
- Completed Treatment/Recovery: 13
- Left Before Completion: 7
- Lost Contact/Service Unavailable: 7
- Incarceration: 1
- Discharged to Rehab Facility: 1
- Pre-Admission Discharge: 1

- **New Contracts:**

- None.

- **Capital Facilities Projects:**

- **Willow Terrace Project:**

- Innovation activities occurring, processing applications as vacancies are available.

- **Orr Creek Commons Phase 2:**

- County and provider staff on-site to support services, processing applications as vacancies are available.

- **CRT: Phoenix House:**

- June '24: 8 clients served, 222 total bed days
- 7 duplicated clients
- No current vacancies
- Success stories: clients are working on housing, employment, and educational goals

F. There continues to be an inadequate supply of psychiatrists in Mendocino County and many of their services are provided by Telehealth. Now that the COVID-19 restrictions are lifted, we continue to see clients who prefer to obtain services through Telehealth. This trend is increasing as Telehealth worked well for adults and they are likely to continue this preference in the future.

2. Make a sustained effort with the assistance of the BOS and the Measure B Committee to recruit members to the BHAB, including, possibly, a school representative and a representative under the age of 25.

3. Continue to advocate for Measure B funding for the Ford Street Project in 2024.

4. There is a need for more crisis workers and more training opportunities for these workers, as their work with law enforcement by assisting more clients in getting appropriate mental health services and avoiding incarceration, is working. The NAMI Survey showed that at least 15% of the respondents saw a need for Crisis Stabilization.

5. One of the reasons for the reduction in size of the BHAB was due to cost cutting measures, begun by the BOS due to a deficit. We encourage County staff to use resources as efficiently as possible while providing needed service to BHAB members. We recommend that less documents be printed and that more information be transferred electronically and viewed electronically.

ADDENDA

Data Notebook



Mendocino County Behavioral Health and Recovery Services
 Behavioral Health Advisory Board General Ledger
 FY 23/24
 7/2/2024

ORG	OBJ	ACCOUNT DESCRIPTION	YR/PER/JNL	EFF DATE	AMOUNT	INVOICE #	CHECK #	VENDOR NAME	COMMENT
MHB	862080	FOOD	2024/03/000545	09/21/2023	59.11	080723	4381162	SAFEWAY	ACCT# 85006
MHB	862080	FOOD	2024/05/000722	11/30/2023	63.13	100823	4384077	SAFEWAY	ACCT# 85006
MHB	862080	FOOD	2024/06/000778	12/21/2023	82.93	110723	4385444	SAFEWAY	ACCT # 85006
MHB	862080	FOOD	2024/07/000247	01/05/2024	41.94	120723	4385762	SAFEWAY	ACCT# 85006
MHB	862080	FOOD	2024/08/000034	02/01/2024	120.85	010724	4387358	SAFEWAY	ACCT# 85006
MHB	862080	FOOD	2024/08/001022	02/29/2024	60.96	85006 020724	4388620	SAFEWAY	ACCT# 85006
MHB	862080	FOOD	2024/108000334	04/11/2024	92.71	20724	4390808	SAFEWAY	ACCT# 85006
MHB	862080	FOOD	2024/11/000071	05/02/2024	60.96	40724	4392028	SAFEWAY	ACCT# 85006
MHB	862080	FOOD	2024/12/000649	06/20/2024	59.96	50724	4394402	SAFEWAY	ACCT# 85006
MHB	862080	FOOD	2024/12/000895	06/27/2024	85.96	60724	4394730	SAFEWAY	ACCT# 85006
FOOD Total					\$728.51				
MHB	862150	MEMBERSHIPS	2024/09/000431	3/14/2024	700.00	MCMH10/3/23BHDUES	4389087	CALBHB/C	CALBHB/C MEMBERSHIP DUES FY23/
MEMBERSHIPS TOTAL					\$700.00				
MHB	862170	OFFICE EXPENSE	2024/05/000850	11/30/2023	46.64	1425811	4383928	FISHMAN SUPPLY COMP	15368.17 FY 23/24
OFFICE EXPENSE Total					\$46.64				
MHB	862190	PUBL & LEGAL NOTICES							
PUBL & LEGAL NOTICES Total					\$0.00				
MHB	862210	RNTS & LEASES BLD GRD	2024/03/000099	09/06/2023	15.00				BHAB MTNG 9.27.23 INV 23-002
MHB	862210	RNTS & LEASES BLD GRD	2024/04/000993	10/27/2023	15.00				BHAB MTNG 10.25.23 INV 23-003
MHB	862210	RNTS & LEASES BLD GRD	2024/05/000112	11/02/2023	15.00				BHAB MTNG 11.15.23 INV 23-005
MHB	862210	RNTS & LEASES BLD GRD	2024/06/000796	12/19/2023	15.00				BHAB TNG 12.20.23 INV 23-014
MHB	862210	RNTS & LEASES BLD GRD	2024/10/000179	04/04/2024	90.00				BHAB 3.27.24 INV 23.24-021
MHB	862210	RNTS & LEASES BLD GRD	2024/10/000179	04/04/2024	90.00				BHAB 2.28.24 INV 23.24-022
MHB	862210	RNTS & LEASES BLD GRD	2024/11/000565	05/14/2024	90.00				BHAB TRNG 4/24/24 INV 23.24-02
MHB	862210	RNTS & LEASES BLD GRD	2024/11/000954	05/23/2024	45.00				BHAB 5.22.24 INV 23.24-027
RNTS & LEASES BLD GRD Total					\$375.00				
MHB	862250	TRNSPRTATION & TRAVEL	2024/01/000468	07/20/2023	89.08	7/13/2023	4377908	Behinger, Flinda	IN COUNTY TRAVEL 7/13/23 FY 24
MHB	862250	TRNSPRTATION & TRAVEL	2024/02/000218	08/03/2023	78.60	7/26/2023	4378714	MARTINEZ MARTIN D	IN COUNTY TRAVEL 7/26/23 FY 23
MHB	862250	TRNSPRTATION & TRAVEL	2024/05/000275	11/09/2023	242.38	9/8/23 - 9/27/23	4383255	BEHRINGER FLINDA	9/8/23 - 9/27/23 LOCAL TRAVEL
MHB	862250	TRNSPRTATION & TRAVEL	2024/05/000275	11/09/2023	116.72	7/26/23	4383341	KALLER PERRI	7/26/23 LOCAL TRAVEL FY23/24
MHB	862250	TRNSPRTATION & TRAVEL	2024/06/000549	12/14/2023	108.74	10/25/23 - 11/15/23	4384781	BEHRINGER FLINDA	10/25/23 - 11/15/23 LOCAL TRAV
MHB	862250	TRNSPRTATION & TRAVEL							
TRNSPRTATION & TRAVEL Total					\$635.52				
TRAVEL & TRSP OUT OF COUNTY Total					\$0.00				
Grand Total					\$2,485.67				

Summary of Budget for FY 23/24

OBJ	ACCOUNT DESCRIPTION	Budget Amount	YTD Exp	Remaining Budget
862080	Food	1,000.00	728.51	271.49
862150	Memberships	600.00	700.00	-100.00
862170	Office Expense	500.00	46.64	453.36
862190	Publ & Legal Notices	0.00	0.00	0.00
862210	Rents & Leases Bld	30.00	375.00	-345.00
862250	In County Travel	3,000.00	635.52	2,364.48
862253	Out of County Travel	2,000.00	0.00	2,000.00
Total Budget		\$7,130.00	\$2,485.67	\$4,644.33

**Behavioral Health and Recovery Services
Mental Health FY 2023-2024
Budget Summary
Year-to-Date as of July 2, 2024**

Program	FY 23-24 Approved Budget	Expenditures						Revenue					Total Net Cost	
		Salaries & Benefits	Services & Supplies	Other Charges	Fixed Assets	Operating Transfers	Total Expenditures	2011 Realignment	1991 Realignment	Medi-Cal FFP	Other	Total Revenue		
1	Mental Health (Overhead)	(5,607,513)		228,147	20,984,523	96,905		21,309,576	(5,019,732)	(2,097,221)	(17,208,323)	(433,816)	(24,759,092)	(3,449,516)
2	Administration - MHAD75	1,246,644	1,339,215	356,999			(34,543)	1,661,671				(654,286)	(654,286)	1,007,385
4	MHARPA	-		3,342				3,342				(4,092)	(4,092)	(750)
5	CalWORKs - MHAS32	3,207		6,745				6,745				(10,374)	(10,374)	(3,629)
6	Mobile Outreach Program - MHAS33	220,292	465,309	2,543			(262,631)	205,222				(48,316)	(48,316)	156,905
7	Adult Services - MHAS75	226,376	86,699	24,097				110,796				(34,427)	(34,427)	76,369
8	Path Grant - MHAS91	-		16,989				16,989				(13,543)	(13,543)	3,446
9	SAMHSA Grant - MHAS92	-		99,932				99,932				(104,573)	(104,573)	(4,641)
10	Mental Health Board - MHB	7,130		2,486				2,486					-	2,486
11	CCMU - BCHIP - MHBCMU	-		144,578				144,578				(894,757)	(894,757)	(750,179)
12	Business Services - MHBS75	887,750	901,215	33,598			(142,100)	792,713				(155,249)	(155,249)	637,464
13	CCMU Grant - BCHIP Funds	-						-				(197,055)	(197,055)	(197,055)
14	CCMU Grant - CRRSAA Funds	-		282,219				282,219				(192,680)	(192,680)	89,538
15	MH Grant (Other)	-		203,598				203,598				(1,403,830)	(1,403,830)	(1,200,232)
16	AB109 - MHMS70	-	128,673	8,800				137,473	(101,741)				(101,741)	35,732
17	Conservatorship - MHMS75	2,282,017	120,176	41,106	3,101,451			3,262,733				(136,728)	(136,728)	3,126,005
18	Public Conservator Office - MHPC75	321,483	417,260	100,405			(51,650)	466,015				(92,470)	(92,470)	373,546
19	QA/QI - MHQA99	412,614	387,924	74,522			(14,709)	447,737				(141,989)	(141,989)	305,749
a	Total YTD Expenditures & Revenue	-	3,846,472	1,630,106	24,085,974	96,905	(505,633)	29,153,825	(5,121,473)	(2,097,221)	(17,208,323)	(4,518,185)	(28,945,201)	208,623
b	FY 2023-2024 Adjusted Budget	97,889	4,797,581	4,731,559	27,853,175	97,889	(767,230)	36,712,974	(9,285,138)	(3,579,855)	(18,494,603)	(5,255,489)	(36,615,085)	97,889
c	Variance	(97,889)	951,109	3,101,453	3,767,201	984	(261,597)	7,559,149	(4,163,665)	(1,482,634)	(1,286,280)	(737,304)	(7,669,884)	(110,734)

**Behavioral Health and Recovery Services
Mental Health Services Act (MHSA) FY 2023-2024
Budget Summary
Year-to-Date as of July 2, 2024**

Program	FY 23-24 Approved Budget	Expenditures						Revenue			Total Net Cost	
		Salaries & Benefits	Services & Supplies	Other Charges	Fixed Assets	Operating Transfers	Total Expenditures	Revenue Prop 63	Other- Revenue	Total Revenue		
1	Community Services & Support	(63,571)	617,495	431,136	5,799,322		(68,009)	6,779,944		(5,784,826)	(5,784,826)	995,118
2	Prevention & Early Intervention	795,250	279,914	379,302			(2,106)	657,110		(1,539,018)	(1,539,018)	(881,908)
3	Innovation	64,425		30,004				30,004		(373,629)	(373,629)	(343,625)
4	Workforce Education & Training	-						-			-	-
5	Capital Facilities & Tech Needs	-	-	-	-	-	-	-	-	-	-	-
a	Total YTD Expenditures & Revenue	796,104	897,408	840,442	5,799,322	-	(70,114)	7,467,058	-	(7,697,473)	(7,697,473)	(230,415)
b	FY 2023-2024 Adjusted Budget	-	1,527,151	4,204,293	8,648,155	54,700	(200,677)	14,233,622	(8,900,907)	(4,536,611)	-	796,104
c	Variance	796,104	629,743	3,363,851	2,848,833	54,700	(130,563)	6,766,564	(8,900,907)	3,160,862	7,697,473	1,026,519

* Prudent Reserve Balance **1,018,338**

* WIC Section 5847 (a)(7) - Establishment & maintenance of a prudent reserve to ensure the county continues to be able to serve during years in which revenues for the Mental Health Services Fund are below recent averages adjusted by changes in the state population and the California Consumer Price Index.

**Behavioral Health and Recovery Services
Substance Use Disorder Treatment (SUDT) FY 2023-2024
Budget Summary
Year-to-Date as of July 2, 2024**

Program	FY 23-24 Approved Budget	Expenditures						Revenue				Total Net Cost		
		Salaries & Benefits	Services and Supplies	Other Charges	Fixed Assets	Operating Transfers	Total Expenditures	SABG and FDMC	2011 Realignment	Medi-Cal FFP	Other		Total Revenue	
1	SUDT Overhead	(2,638,948)		27,945				27,945	(1,571,106)	(339,234)	(567,252)	(13,601,139)	(16,078,731)	(16,050,786)
2	County Wide Services - SU0035	1,391,810		774,559				774,559					-	774,559
3	Elevate Youth - SU00EY	-		39,954				39,954				(24,067)	(24,067)	15,887
4	Ukiah Adult Treatment Services - SU0100	15,839	377,302	163,129		(169,364)		371,067		(38,415)		(36,525)	(74,940)	296,127
5	Drug Court Services - SU0105	-	129,145	26,112		(51,126)		104,131		(52,372)		(41,413)	(93,785)	10,346
6	Women in Need of Drug Free Opportunities - SU0125	-	77,070	22,853		(43,290)		56,633	(21,841)	(7,836)		(4,425)	(34,102)	22,531
7	Family Drug Court - SU0127	8,467	196,764	45,067		(8,258)		233,573					-	233,573
8	Friday Night Live - SU0158	-		25,131				25,131					-	25,131
9	Willits Adult Services - SU0200	93,373	102,661	26,848		(55,871)		73,639				(835)	(835)	72,804
10	Fort Bragg Adult Services - SU0300	50,050	179,543	37,352		(96,332)		120,562				(2,284)	(2,284)	118,278
11	SU0MIP	-		361,358				361,358				(221,920)	(221,920)	139,437
11	Administration - SUADMN	1,090,300	478,498	367,541		(120,536)		725,503				(44,049)	(44,049)	681,454
12	Adolescent Services - SUADOL	61,683	175,115	15,538		(16,336)		174,317	(41,028)			(54,032)	(95,060)	79,257
13	SABG ARPA - SUARPA	-		49,397				49,397				27,437	27,437	76,835
14	COSSAAP - SUCOSP	-		175,011				175,011				(229,138)	(229,138)	(54,127)
15	SUGRNT	-		135,239				135,239				(184,665)	(184,665)	(49,426)
16	Prevention Services - SUPREV	(72,574)	208,542	45,923		(104,058)		150,406	(64,778)			(1,883)	(66,661)	83,746
a	Total YTD Expenditures & Revenue	-	1,924,640	2,338,956	-	-	(665,170)	3,598,426	(1,698,752)	(437,857)	(567,252)	(14,418,938)	(17,122,799)	(13,524,374)
b	FY 2023-2024 Adjusted Budget	-	2,450,509	21,019,267	-	-	(1,569,434)	21,900,342	(1,765,156)	(1,060,826)	(478,768)	(18,595,592)	(21,900,342)	-
c	Variance	-	525,869	18,680,311	-	-	(904,264)	18,301,916	(66,404)	(622,969)	88,484	(4,176,654)	(4,777,543)	13,524,374