



**MENDOCINO COUNTY
BEHAVIORAL HEALTH ADVISORY BOARD**

REGULAR MEETING

MINUTES

**January 24, 2024
1:00 PM 3:30 PM**

Location: Behavioral Health & Recovery Services
Conference Room 1, 1120 South Dora St and Seaside Room, 778 S
Franklin St Fort Bragg

Chairperson
Vacant

Vice Chair
Perri Kaller

Secretary/Treasurer
Jo Bradley

BOS Supervisor
Mo Mulheren

<u>1ST DISTRICT:</u> DENISE GORNY LOIS LOCKART VACANT	<u>2ND DISTRICT:</u> MARK DONEGAN VACANT VACANT	<u>3RD DISTRICT:</u> JEFF SHIPP PERRI KALLER VACANT	<u>4TH DISTRICT:</u> VACANT VACANT VACANT	<u>5TH DISTRICT:</u> FLINDA BEHRINGER JO BRADLEY MARTIN MARTINEZ
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OUR MISSION: *To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

	Agenda Item / Description	Action
1. 3 minutes	<p>Call to Order, Roll Call & Quorum Notice, Approve Agenda: <i>Review and Possible Action</i></p> <ul style="list-style-type: none"> ○ Vice Chair Kaller called the meeting to order at 1:10 PM. ○ Members present: Behringer, Bradley, Donegan, Kaller, Lockart, and Shipp. ○ Members not present: Gorny and Martinez. ○ BOS Mo Mulheren was present. ○ Public members present: Victoria Kelly and Tim Schraeder. 	Board Action: None.
2. 2 minutes	<p>Approval of Minutes from the November 15, 2023 BHAB Regular Meeting and December 20 2023 : <i>Review and Possible Action.</i></p>	Board Action: Motion made by Member Donegan seconded by Member Kaller to approve the 11/15/2023 and 12/20/2023 BHAB minutes as presented. Motion passes with 4 yays and 2 abstain.

<p>3. 10 minutes (Maximum)</p>	<p>Public Comments: <i>Members of the public wishing to comment on the BHAB will be recognized now. Any additional comments can be provided through email to bhboard@mendocinocounty.org.</i></p> <ul style="list-style-type: none"> o Victoria Kelly, Chief Executive Officer, Redwood Community Services (RCS), expressed her desire to attend Behavioral Health Advisory Board meetings to provide valuable information each time. She shared data from the year-end report from the previous year, and she hopes to bring more detailed information in the next meeting. Last year, 1900 individuals received behavioral health services, which is the highest number of people served in the last 5 years. This fiscal year, they have seen an average of 160 referrals per month, with no decline, indicating consistency in the demand for services. As a system, we are working to address the capacity challenges and are partnering with other providers and health teams to find a solution. 	<p>Board Action: None.</p>
<p>4. 45 minutes</p>	<p>Board & Committee Reports: Discussion and Possible Action.</p> <p>A. Vice Chair – <i>Perri Kaller</i></p> <ul style="list-style-type: none"> - She expressed excitement about the successful collaboration between agencies in solving a problem involving a woman who frequently visited the Emergency Room due to overdoses and psychiatric patients. The patient often went under the radar, and when diagnosed, she didn't always express her needs, making it difficult for them to seek help. - Director Miller mentioned she spoke to Otis Brotherton, Executive Director of Round Valley Indian Health Center in Covelo. He expressed interest with the board holding a meeting at their facility since they haven't been in Covelo since last year. - 2024 Meeting Update – Member Lockhart agreed on the meeting times to change to 1:00 p.m. <p>- AB 817 Updates – Vice Chair Kaller hopes to have an update at the February meeting. Director Miller commented that she has been doing some research on what other Counties are doing about AB-817. Member Behringer mentioned the Board of Supervisors (BOS) approval of the communication by video AB-817 that BOS approved, and she mentioned how much she appreciated it as it will be helpful to build up the membership of the board going forward.</p> <p>B. Chair – <i>Vacant</i></p> <ul style="list-style-type: none"> - No report. <p>C. Secretary/Treasurer – <i>Jo Bradley</i></p> <ul style="list-style-type: none"> - Measure B Update – The Measure B Committee meetings for 2024 are scheduled quarterly. <p>D. Appreciation Committee – <i>Member Martinez</i></p> <ul style="list-style-type: none"> - No report. <p>E. Contracts Committee. -<i>Vice Chair Kaller, Member Behringer.</i></p> <ul style="list-style-type: none"> - Vice Chair Kaller stated the need to act on forthcoming Requests for Proposals (RFP) to be issued in the next six months. The board must strengthen its system, and Director Miller provided a firm understanding of the RFP process from inception to completion, emphasizing strict adherence to the County's legal 	<p>Board Action: Motion made by Member Shipp seconded by Member Kaller to approve the 2024 Meeting Schedule with the option to schedule a meeting in Covelo. Motion passes unanimously.</p>

	<p>guidelines. She stated while collaboration with other agencies and partners is crucial, it is imperative to understand that not all partners may be willing to participate. Therefore, it is essential to take a proactive approach to ensure that all necessary steps are taken to meet the objectives.</p> <p>F. Membership Committee – <i>Vice Chair Kaller, Member Behringer</i>.</p> <ul style="list-style-type: none"> - Vice Chair Kaller suggested that the Members should receive a copy of the Brown Act. This law guarantees the public's right to attend and participate in meetings of local legislative bodies to review. Director Miller recommended adding the topic of "Robert Bros of Order" book, a guide to parliamentary procedure to the agenda of the next meeting. Member Behringer asked about the binders that were to be distributed. Director Miller explained that they were almost ready, but because of recent changes by the BOS, they were seeking clarification on whether members would need to reapply for their seats. Supervisor Mulheren confirmed they would provide written documentation on the changes, ensuring members were informed about the board's decisions. <p>G. Public Comment Follow-Up Committee – <i>Member Martinez and Shipp</i>.</p> <ul style="list-style-type: none"> - No report. <p>H. Site Visit Committee – <i>Vice Chair Kaller, Member Behringer</i>.</p> <ul style="list-style-type: none"> - No Report. <p>I. CIT Committee – <i>Member Gorny</i></p> <ul style="list-style-type: none"> - No Report. <p>J. Tribal Advisory Committee – <i>Member Martinez</i></p> <ul style="list-style-type: none"> - No Report. <p>K. Nomination Committee – <i>Member Behringer and Member Gorny</i></p> <ul style="list-style-type: none"> - No Report. 	
<p>5. 30 minutes</p>	<p>Strategic Planning and Goals – <i>Vice Chair Perri Kaller</i></p> <ul style="list-style-type: none"> - Item deferred until next meeting. 	<p>Board Action: Motion made by Member Behringer seconded by Member Bradley to table this item for the next meeting. Motion passes unanimously.</p>
<p>6. 13 minutes</p>	<p>Mendocino County Report – <i>Jenine Miller, BHRS Director</i></p> <p>A. Director Report Questions</p> <ul style="list-style-type: none"> - When planning for strategic goals that are beyond the county's control, it's important to remember that the county cannot be held responsible for things it cannot do. While it's important to have goals and work towards partnerships to achieve them, we must understand that the county has specific requirements that limit our actions. Additionally, the prevention measures we can take may change with prop 1, which is currently a cause of concern. Prop 1 will change our entire system and likely impact adult mental health. We are currently working to collect data on individuals who have been in custody and have a history of mental health or 	<p>Board Action: None.</p>

	<p>substance use. Our goal is to determine how many of these individuals had access to services before or after their court appearances.</p> <p>B. Psychiatric Health Facility Update</p> <ul style="list-style-type: none"> - Moving forward and currently working on the RFPs for construction but they are saying that's going to go out in the Spring as all general funding will be delayed. <p>C. Staffing Update</p> <ul style="list-style-type: none"> - They are currently recruiting for positions mandated by the State. Administrative Services Organization (ASO) is transitioning back in house. 	
<p>7. 10 minutes</p>	<p>Anchor Health Management Report – <i>Tim Schraeder, Anchor Health Management Inc.</i></p> <p>A. Services update:</p> <ul style="list-style-type: none"> - He mentioned that as the county undergoes a significant transition period their primary goal is to ensure a seamless and efficient process. They are committed to helping and guiding all agencies to ensure that they fully understand the requirements of their individualized relationship with the county. It is important to note that the county will no longer oversee each agency's operations through contracts; thus, we are working diligently to ensure that all agencies are aware of their responsibilities. <p>Also, as a service provider, their role is to coordinate with crisis management teams and ensure that individuals receive the necessary care and support. Their focus is on medication management until any ongoing RFPs are completed. They continue to provide hospital utilization reviews to ensure that individuals receive the required care and support while in the hospital and after they are discharged. It is essential to note that crisis management extends beyond medical health populations and includes private pay and indigenous people across all insurances. They are committed to providing the necessary care and support to all individuals in crisis, regardless of their insurance status. However, providing post-hospitalization support to individuals struggling with substance use or mental health issues can be challenging due to the stigma associated with these issues. His team is committed to providing the necessary care and support to ensure that individuals receive the help they require. They remain committed to ensuring that all individuals in crisis receive the necessary care and support that they require. They are dedicated to supporting our county and all agencies during this transition period and look forward to working together to achieve our goals.</p> <p>B. Staffing Update</p> <ul style="list-style-type: none"> - No report. 	<p>Board Action: None.</p>
<p>8. 5 Minutes</p>	<p>Member Comments:</p> <ul style="list-style-type: none"> - Director Miller highlighted the increasing prevalence of dementia, Alzheimer's, Parkinson's, and Lewy body dementia among the baby boomer generation. She emphasized the need for mental health interventions but noted the lack of skilled nursing facilities, affordable options for locked placements, and adequate reimbursement for medical care. She called for collaboration to 	<p>Board Action: None.</p>

	find solutions and emphasized the need to address suicide rates among the elderly population, focusing on providing necessary care and support in communities.	
9. 2 minutes	Adjournment 3:27 P.M.	Board Action: Motion made by Member Behringer seconded by Member Shipp to adjourn meeting. Motion passes with approvals.

AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

BHAB CONTACT INFORMATION:

PHONE: (707) 472-2355 | FAX: (707) 472-2788

EMAIL THE BOARD: bhboard@mendocinocounty.org | WEBSITE: www.mendocinocounty.org/bhab