

# MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

Chairperson Flinda Behringer

> Vice Chair Perri Kaller

Secretary/Treasurer Jo Bradley

> BOS Supervisor Mo Mulheren

## **REGULAR MEETING**

# **MINUTES**

November 15, 2023 10:00 AM – 12:30 PM

Location: Behavioral Health Regional Training Center, 8207 East Road, Redwood Valley and Fort Bragg Branch Library, 499 East Laurel Street,

Fort Bragg

1 <sup>ST</sup> DISTRICT:	2 <sup>ND</sup> DISTRICT:	3 <sup>RD</sup> DISTRICT:	4 <sup>тн</sup> DISTRICT:	5 <sup>™</sup> DISTRICT:
<b>DENISE GORNY</b>	MARK DONEGAN	JEFF SHIPP	VACANT	FLINDA BEHRINGER
LOIS LOCKART	VACANT	PERRI KALLER	VACANT	JO BRADLEY
VACANT	VACANT	VACANT	VACANT	MARTIN MARTINEZ

**OUR MISSION:** To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."

	Agenda Item / Description	Action
1. 3 minutes	Call to Order, Roll Call & Quorum Notice, Approve Agenda: Review and Possible Action.  Chair Behringer called meeting to order at 10:10 A.M.  Members present: Behringer, Bradley, Gorny, Kaller, Martinez, Donegan  Members not present: Lockhart, Shipp  Assistant County Counsel Charlotte Scott was present.	Board Action: None.
2. 2 minutes	Approval of Minutes from the October 25, 2023, BHAB Regular Meeting: Review and Possible Action.	Board Action: Motion made by Member Gorny seconded by Member Kaller to approve the 10/25/23 BHAB minutes as presented. Motion passes with approvals.

	Public Comments:	Board Action:
3. 10 minutes (Maximum)	Members of the public wishing to comment on the BHAB will be recognized now. Any additional comments can be provided through email. to <a href="mailto:bhboard@mendocinocounty.org">bhboard@mendocinocounty.org</a> .  O Member Kaller stated she attended a memorial for a 24-year-old Hispanic male, who committed suicide. She was saddened by the situation and wanted to help find more resources to assist the Hispanic community with mental health resources.	None.
4. 60 minutes	<ul> <li>Board &amp; Committee Reports: Discussion and Possible Action.</li> <li>A. Chair – Flinda Behringer - 2024 Meeting Schedule – Item deferred until next meeting.</li> <li>B. Vice Chair – Perri Kaller - RFP SUDT Committee – There was nothing to report. The Board of Supervisors (BOS) voted on not funding the Ford Street Project BOS also did not fund a second round of funding for SUDT services.</li> <li>C. Secretary/Treasurer – Jo Bradley - Measure B Update – Member Bradley informed the Board of the Measure B committee's decision to vote to support the Measure B funds going to the Mendocino County Jail's Behavioral Health Wing as opposed to Ford Street.</li> <li>- Chair Behringer commented the BOS were caught "between a rock and a hard place." They had to make a tough decision and had no choice but to vote to fund the Jail.</li> <li>D. Appreciation Committee – Member Martinez – Is of the opinion there should be some type of appreciation coffee or article in the paper to partners and staff for the work they do to help the homeless or mental health population in the County. Member Martinez suggested the latter should occur by the end of the year.</li> <li>E. Contracts Committee – Chair Behringer, Member Kaller – It was suggested by Chair Behringer each Board member assume the responsibility of reviewing contracts with the hope each Board member could take on a contract to review, suggest changes, as well as make recommendations to the Board and Board of Supervisors.</li> <li>F. Membership Committee – Chair Behringer, Vice Chair Kaller - No Report.</li> <li>G. Public Comment Follow-Up Committee – Member Martinez and Shipp - No Report.</li> <li>H. Site Visit Committee – Chair Behringer, Vice Chair Kaller, &amp; Martinez - No Report.</li> <li>J. Tribal Advisory Committee to the public to include possibly food banks, emergency rooms, and homeless shelters. There were only five participants at the meeting.</li> <li>J. Tribal Advisory Committee – Member Martinez - Continues to work on formulating a meeting with local tr</li></ul>	Board Action: Motion made by Member Martinez seconded by Member Kaller to set up an appreciation event for supporting partners and staff. Motion passes with approvals.

5. 20 minutes	<ul> <li>K. Nomination Committee – Chair Behringer and Member Gorny - 2024 Office Nominations – Item deferred until Spring of 2024.</li> <li>Behavioral Health Advisory Board Outreach: Discussion and Possible Action</li> <li>A. Flow Charts Distribution Plan – The Board discussed minor changes to the Flow Chart, and it was suggested brochures be available at local churches, food banks, Hospitals, and senior centers, The Flow Chart can also be located on the County website.</li> </ul>	Board Action: None.
6. 15 minutes	AB817: Discussion and Possible Action  - Board discussed how AB817 would benefit future meetings.	Board Action: Motion made by Member Donegan seconded by Member Kaller to recommend the Board of Supervisors to review for approval of the AB817 as part of their legislation. Motion passes with approvals.
7. 5 minutes	<ul> <li>Mendocino County Report – Jenine Miller, BHRS Director</li> <li>A. Director Report Questions</li> <li>Charlotte Scott, Assistant County Counsel spoke on the Board of Supervisor's recommendations for changes to the Behavioral Health Advisory Board and Measure B Committee during the Board of Supervisor's meeting on October 31, 2023. Due to restrictions of each board, they were not able to merge. It was determined the BHAB could reduce the total number of BHAB members from 16 to 11 which would allow for 5 members of the Measure B to sit on BHAB. (refer to BOS 10/31/23 meeting agenda for requirements)</li> <li>B. Psychiatric Health Facility Update</li> <li>Karen Lovato was available to answer questions from the Board regarding project.</li> <li>C. Staffing Update</li> </ul>	Board Action: Motion made by Member Bradley seconded by Member Donegan to defer changes of the BHAB bylaws and postpone 2024 elections until the February Meeting. Motion passes with approvals.
8. 15 minutes	<ul> <li>Mental Health Services Act Update – Karen Lovato, BHRS, Senior Program Manager</li> <li>There will be changes to the MHSA wherein the goals are to address mental health issues as early as possible, the majority of persons receiving services are in the 18-64 age group. Karen Lovato presented a graph presentation to demonstrate individuals receiving services. The graph was able to show all race, gender, and age of persons receiving services through MHSA.</li> <li>Spoke on the issue resolution formal process to address concerns with MHSA. Issue resolution forms are available at all MHSA offices. Reporting an issue can be verbal or written, and anonymous.</li> </ul>	Board Action: None.

9. 15 minutes	Anchor Health Management Report – Carmen Harris, Anchor Health Management Inc.  A. Services Update – Anchor Health works with Redwood Community Services, Tapestry Family Services, and Mendocino County Behavioral Health and Recovery Services. There have been issues with billing and Electronic Health Records (EHR). Anchor Health facilitates the MAC meeting every week and assists with housing, Crisis Respite, and CIT. Carmen gave an update regarding services, hospitalizations, and stated hospitalizations are down.	Board Action: None.
	B. Staffing Update – Anchor Health has bilingual crisis workers on staff. Anchor Health also utilizes a program entitled 'Language Line Solutions' which is paid for by providers to allow access to all languages. This program can be accessed 24/7 to assist with language barriers for paperwork, programs, and medication.	
10. 3 Minutes	<ul> <li>Member Comments:</li> <li>Member Donegan shared his appreciation to Anchor Health Management for overseeing all the providers.</li> <li>Member Martinez mentioned to the Board "Mending Baskets" is having a community event Decolonizing Mental Health Services in Tribal Communities at the Nokomis Event Center from 12:00 PM – 5:00 PM on December 14, 2023.</li> </ul>	Board Action: None.
11. 2 minutes	Adjournment: 12:28 PM	Board Action: Motion made by Member Martinez seconded by Member Gorny to adjourn Meeting. Motion passes with approvals.

#### AMERICANS WITH DISABLITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

### **BHAB CONTACT INFORMATION:**

PHONE: (707) 472-2355 | FAX: (707) 472-2788

EMAIL THE BOARD: <a href="mailto:bhboard@mendocinocounty.org">bhboard@mendocinocounty.org</a> | Website: <a href="mailto:www.mendocinocounty.org/bhab">www.mendocinocounty.org/bhab</a>