

BIOMETRIC HEALTH SCREENING

20,000 Points / Required

When you learn important numbers like cholesterol and blood pressure, you've got a powerful starting point on your journey to improved health and wellbeing. One of your two yearly requirements, a biometric screening is an easy way to keep track of your health over time.

Head to your [Benefits](#) page on Virgin Pulse to schedule a screening at one of the locations below.

Registration opens May 2024.

Screening Location

Date

Time

Screening Location	Date	Time
Social Services - Big Sur Conference Room 747 South State Street, Ukiah	6/05/2024	7am - 11am
Ukiah Administration Building - Conference Room C 501 Low Gap Road, Ukiah	6/06/2024	7am - 11am
Social Services - Big Sur Conference Room 747 South State Street, Ukiah	6/26/2024	7am - 11am
WISC Building - Atlantic Conference Room 472 East Valley Street, Willits	6/27/2024	7am - 11am
Fort Bragg Library - Community Room 499 East Laurel Street, Fort Bragg	7/10/2024	7am - 11am
Public Health - Conference Room 1 1120 South Dora Street, Ukiah	7/11/2024	7am - 11am
Social Services - Big Sur Conference Room 747 South State Street, Ukiah	7/24/2024	7am - 11am
Ukiah Administration Building - Conference Room C 501 Low Gap Road, Ukiah	7/25/2024	7am - 11am
Social Services - Big Sur Conference Room 747 South State Street, Ukiah	8/28/2024	7am - 11am
Ukiah Administration Building - Conference Room C 501 Low Gap Road, Ukiah	8/29/2024	7am - 11am
Sheriff's Office Training Center - Donovan Room 951 Low Gap Road, Ukiah <i>(for MCSO/Probation employees only)</i>	9/18/2024	7am - 9:30am
Department of Transportation Yard 340 Lake Mendocino Drive, Ukiah <i>(for DOT employees only)</i>	9/19/2024	7am - 9:30am

Can't make it to an onsite screening event?

You can also have your physician perform your screening. You must use the Biometric Screening scheduler on Virgin Pulse by visiting the [Benefits](#) page. There you can download your Physician Screening form for your physician to complete. Your Biometric Screening must be performed no later than 11/15/2024. Physician Screening Forms must be uploaded to ehealth online no later than 11/15/2024 for incentive credit.