

# COUNTY OF MENDOCINO Public Health Department

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# County of Mendocino \* Request For Proposal Addendum No. 1

#### **CalFresh Healthy Living Community Outreach**

RFP No. **048-23** 

Addendum Issue Date: August 29, 2023 RFP Issue Date: August 17, 2023

RFP Submission Deadline: September 14, 2023 - 2:00 pm

Office: (707) 456-3827

#### GENERAL RFP CLARIFICATION PROVIDED TO ALL VENDORS AND POTENTIAL PROPOSERS:

Attached please find the Integrated Work Plan (IWP) mentioned in the RFP.

#### ALL OTHER SPECIFICATIONS REMAIN IN FULL FORCE AND EFFECT.

Acknowledgment of receipt of this addendum is required to be included in your proposal. You may indicate such inclusion in narrative form within your proposal or by attaching a copy of this addendum to your proposal.

Any questions or concerns regarding this matter should be directed to Bhavvy Ducharme at the email address below:

ducharmeb@mendocinocounty.gov

#### Mendocino County - Section A - FFY 2024 - 2026 Integrated Work Plan - Overview

To view the County Profile for SNAP-Ed eligible demographics and locations, please visit the <u>CalFresh Healthy</u> <u>Living website</u>: http://calfreshhealthyliving.org

| 1. COUNTY/ JURISDICTION | 2. LIA     | 6B. INTENDED AUDIENCE  | 6B. ETHNICITY AND RACE | 6b. Languages (Interventions and Materials) |
|-------------------------|------------|------------------------|------------------------|---|
| Mendocino               | $\Box$ AAA | ☐4 Years and Under     | ⊠American              | □Arabic                                     |
|                         | $\Box$ ccc | <b>⊠5 to 7 Years</b>   | Indian/Alaskan Native  | □Armenian                                   |
|                         | ⊠LHD       | ⊠8 to 10 Years         | □Asian                 | □Bosnian                                    |
|                         | □UCCE      | <b>⊠11 to 13 Years</b> | ☐Black or African      | ☐ Cantonese                                 |
|                         |            | <b>⊠14 to 17 Years</b> | American               | ⊠English                                    |
|                         |            | <b>⊠18 to 59 Years</b> | ⊠ Hispanic/Latino      | □Farsi                                      |
|                         |            | <b>⊠60 to 75 Years</b> | ⊠Multiple/Other        | □Hmong                                      |
|                         |            | ☐76 Years and Older    | □Native                | ☐Khmer (Cambodian)                          |
|                         |            |                        | Hawaiian/Other Pacific | □Korean                                     |
|                         |            |                        | Islander               | □Lao  |
|                         |            |                        | ⊠White                 | □Mandarin                                   |
|                         |            |                        |                        | <b>⊠Other (Native American)</b>             |
|                         |            |                        |                        | □Russian                                    |
|                         |            |                        |                        | ⊠Spanish                                    |
|                         |            |                        |                        | □Tagalog                                    |
|                         |            |                        |                        | □Vietnamese                                 |

#### 3. COMMUNITY GOALS

When choosing priority areas for community change goals, the top five priorities were considered:

- 1. Childhood Obesity and Family Wellness
- 2. Childhood Trauma
- 3. Housing
- 4. Mental Health
- Poverty

These priority areas reflect the characteristics that the Community Health Needs Assessment (CHNA) determined to be the most important for the health of Mendocino County:

- Child and Youth development
- Access to health care and prevention-focused medical and social services
- Healthy schools, worksites, homes and neighborhoods
- Civil and community engagement
- Healthy lifestyles

These priority areas that led to the following long-term community change goals require multi-year strategies, the support of partners, and additional funding sources. Working on the larger community goals will require additional partners and funding to support some of the capital improvements needed for policy, system and environmental (PSE) changes.

**Goal:** Lower the rate of obesity in children throughout Mendocino County as measured by indicators found on the Healthy Mendocino website.

As the only CFHL funded Local Implementing Agency (LIA) in Mendocino County, the LHD will work to support local CFHL eligible neighborhoods by committing to contribute to parts of these larger community goals based on

#### 3. COMMUNITY GOALS

agency expertise and CFHL allowability as follows:

- 1. Increase public awareness of relevant community programs and resources.
- 2. Promote healthy environments at workplace, recreation, and community meeting venues.
- 3. Support efforts of agencies and organizations to promote physical activity and healthy nutrition of children and families.
  - 4. Promote use of community gardens by families and schools for access to healthy food.
  - 5. Support safe and secure walking and biking routes and trails.
  - 6. Participate in community events aimed at promoting exercise and healthy eating habits.
  - 7. Organize and participate in healthy living events for local communities.
  - 8. Utilize social media to promote health and wellness.

PSE strategies to be implemented by the LHD as part of the IWP include work in the LEARN--K-12 schools in the area of Nutrition Standards and Daily Physical Activity. Additional strategies used to support these larger community change goals will include work in nutrition education, social media outreach, coalition building, and training support and technical assistance.

#### 4. Addressing Equity

Mendocino County Public Health is dedicated to making racial and health equity a high priority in FFY 2024-2026, hoping to minimize the disparities in health outcomes for all. In alignment with community, county, and state-wide goals, Mendocino County has closely examined the gaps across racial and ethnic groups in the county, prioritizing the Hispanic/Latino and Tribal communities to be most vulnerable.

Utilizing the collaborative efforts of members on the Food Policy Council, CFHL staff and local contractors will determine community health goals related to nutrition standards, wellness policies, water access, access to farmers markets, and health education. Mendocino County will leverage the expertise and experience of partners to identify sites with highest need and provide health and nutrition education through a culturally sensitive lens. CFHL will invite members of the Hispanic/Latino and Tribal communities to provide input about what is most appropriate for their community. Additionally, CFHL wants to ensure that all educational activities are accessible to all.

Mendocino County is totally rural, with mountainous topography that makes access to the county's populations hidden in the hills challenging. Staff and contractors will attempt to locate these individuals and provide wraparound support through collaboration with case management programs. The County's goal is to address food insecurity, as this is a key to emotional and physical stability. Rising fuel costs also create difficulties for the county's rural populations, making service outreach to vulnerable populations essential. Healthy eating and physical activity supports will be made available as needed.

Similarly, undocumented immigrants in Mendocino County often experience limited access to services and resources. This is due to language barriers and immigrant status fears, which are in addition to the abovementioned difficulties of rural living. Outreach education to these communities will be compassionate, evidence-based, participant-centered, and culturally and linguistically appropriate.

The needs of these vulnerable populations will be determined by community level assessments, which will engage the target communities of Tribal and Hispanic/Latino communities, undocumented immigrants, and migrant workers. Mendocino County CFHL and community partners will engage these marginalized community members, increase community buy-in, and help plan and implement data-driven interventions for all.

Policy, systems, and environmental (PSE) strategies will also increase access to healthy food and address food insecurity for Mendocino County's low-income communities. This includes establishing and maintaining

#### 4. Addressing Equity

community gardens, implementing nutrition standards where needed, and the addition of healthy food distribution and waste reduction through partnerships with local food banks.

Mendocino County CFHL staff acknowledge that this work involves creating supportive food and activity environments in collaboration with our community partners. The goal is to make healthy choices more accessible and equitable for all in local stores. CFHL and partners will request client feedback through surveys conducted at food distributions sites, and confidential conversations with clients. Ultimately, it is the vulnerable populations' desires and voices that are necessary to successful program development and implementation.

### 5. PARTNERSHIPS AND COLLABORATIVE EFFORTS [THIS CAN INCLUDE THE COUNTY NUTRITION ACTION PLAN (CNAP) PARTNERS OR COMPARABLE PARTNERS AND COALITIONS YOU PARTICIPATE IN OR CONVENE]

#### 5a. CNAP (OR COMPARABLE) NAME

#### Mendocino County Nutrition Action Partnership

As the only CFHL funded LIA in Mendocino County, we collaborate extensively with many agencies to assess community health needs. These partners assist CFHL to advocate, educate, and improve systems to increase the nutritional and physical health of Mendocino County residents. They are:

- 6. Community-based organizations
- 7. Schools
- 8. Mendocino County Office of Education
- 9. California Department of Social Services-CalFresh Program
- 10. First 5
- 11. WIC
- 12. Food banks
- 13. Tribal Communities
- 14. Food service directors
- 15. City officials
- 16. Hospitals
- 17. Blue Zones Project
- 18. Other community groups and individuals.

Efforts include enhancing structured physical activities in community and school settings, access to safe streets for active transportation, work to increase fresh and healthy food access, creation of community gardens, as well as promoting and supporting food banks, EBT promotion (including EBT match programs), and zoning laws.

The Mendocino County Food Policy Council serves as the County Nutrition Plan Partnership workgroup responsible for the development and implementation of the County Nutrition Action Plan (CNAP). This group meets quarterly.

One important additional partner is Ukiah Vecinos en Acción, (Neighbors in Action) (UVA). This is a Latino coalition formed by community members in 2017. UVA consists of individuals who are passionate and focused about acting on a wide variety of issues affecting the Latino population. This coalition is a bridge between agencies and the community. Their focus is to enrich the positive presence of Latinos, to serve as a non-biased platform for information, and to build an environment of trust and positive relationships with other local organizations.

#### **6A. NEEDS ASSESSMENT AND FINDINGS**

Mendocino County is a rural county in Northern California with a land area of 3,509 square miles. According to 2018 data from the U.S. Census Bureau, Mendocino County has an estimated population of 87,580, slightly lower than the 87,869 reported in the 2014 U.S. Census data. More than one-half (55%) of the population live in urban areas, while 45% live in rural communities, on farms or ranches. The proportion of residents who are ages 65 years and over make up 21.7% of the county population, higher than the proportion in the state with 14.5%. In 2018, the county's population was 76% White, 22% Hispanic, 4% Native American, 1% Asian, .7% African American, .6% Pacific Islander, and 15.4% Two or More Races. Between 2010 and 2060, the Hispanic/Latino population is expected to increase from 19,802 to 37,293 or to 37% of the county population, while Whites will decrease from 60,449 to 48,450 (to 48% of the county population).

Between 2010 and 2060, the working age population (25-64) is expected to increase from 47,955 to 48,818, or to 49% of the county population, while retirees and seniors (65 years and up) will grow from 13,672 to 19,861 (to 20% of the county population)

In 2018, 16.3% of the county's population overall and approximately more than one-third each of Some Other Race, Native Hawaiian/Pacific Islander, American Indian and African American populations were living below the Federal Poverty Level (40.4%, 40.9%, 40.5% and 44.9%, respectively). The median household income in Mendocino County, at \$47,656, was 36% lower than that of the state (\$74,605), compared to 2014 when the median household income in Mendocino County was 29% lower than the state. The percentage of households receiving cash public assistance income for the 2013-2017 time frame was 3.5%, a decrease from 4.0% in 2010-2014. Mendocino County experiences significant housing issues, including a lack of affordable housing, overcrowding, and homelessness. The 2019 County Health Rankings estimate that about 27% of the county population lives in substandard housing, i.e., without a kitchen or adequate plumbing, or lives in crowded conditions. In addition to substandard or crowded housing, over one-half of Mendocino County residents who rent (52%) pay more than a third (35%) of their total income for rent. The lack of housing negatively affects businesses, schools, and the health-care system because would-be employees are unable to find adequate housing.

The FFY 24-26 Integrated Work Plan (IWP) was developed using information from the Community Health Needs Assessment (CHNA) and the Community Health Improvement Plan (CHIP) for Mendocino County. The CHNA is a compilation of quantitative and qualitative data from multiple sources, woven together to provide a comprehensive picture of the health of county residents. The purpose of the CHNA is to develop an ongoing, collaborative process of assessing and responding to the health needs of Mendocino County residents. The CHNA findings as summarized below have been used to inform the prioritization of health issues and the development of a Community Health Improvement Plan (CHIP). The goal of the CHNA and CHIP is to align and leverage resources, initiatives and programs to improve local health. The ultimate goal is to ensure coordinated, measurable health improvement throughout the county, with all agencies and organizations working together toward collective impact. IWP activities have been tailored to address the most pressing health needs in Mendocino County as identified from these sources.

The Community Health Status Assessment (CHSA) is a compilation of local and comparative data from multiple sources that was collected and analyzed to gauge the health of the county's population and identify health disparities among age, gender, racial and ethnic groups. The CHSA seeks to address three questions.

- 19. How healthy are our residents?
- 20. What does the health status of our community look like?
- 21. What are the disparities in our community?

#### **Assessment Findings:**

#### 1. How is quality of life perceived in our community?

The data in this section depicts several facets of the quality of life in Mendocino County including perceptions of quality of life, health and wellness, basic needs, and safety.

In the Community Health Survey, the majority of adult respondents rated Mendocino County as a "healthy" or "somewhat healthy" community in which to live, an average of 3.3 (on a scale of 1 to 5, with 5 being the highest).

#### **6A. NEEDS ASSESSMENT AND FINDINGS**

The average score was higher for Hispanic/Latino respondents (4.0), but lower for Native American respondents (3.0). The lowest ratings had to do with mental health issues, the normalization of the drug culture, the criminality associated with the drug culture, and the lack of equal access to services by the disadvantaged in the county. In contrast, personal health ratings averaged 3.7 for residents and 3.8 for key informants, with the majority selecting a "healthy" or "very healthy" rating.

Community Health Survey respondents were asked which chronic illnesses or conditions they or family members were living with. Of 1,215 respondents to this question, the top seven chronic conditions reported were high blood pressure (39%), mental health illness (depression, bi-polar, schizophrenia, etc., 31%), diabetes (28%), chronic pain (27%), arthritis (25%), alcohol or drug dependency (22%), and cancer (21%).

For Native Americans, the top seven chronic conditions were almost identical but varied in frequency with the top condition reported as diabetes (67%), followed by high blood pressure (51%), arthritis (38%), alcohol or drug dependency (36%), mental health illness (29%), and cancer (22%).

Hispanics/Latinos reported the least chronic conditions; the top seven were: diabetes (48%), arthritis (18%), cancer (13%), high blood pressure (11%), alcohol or drug dependency (11%), and chronic pain (7%). Important to note is that almost all of the Hispanic/Latino respondents were under 54 years of age. Nonetheless, almost half of the Hispanic/Latino respondents reported living with diabetes.

The biggest barriers associated with accessing health care services in Mendocino County were that needed medical services were not available locally (52%). This was true for Native American (36%) and Hispanic/Latino (30%) respondents, as well.

#### 2. What factors are most important for our community's health?

When asked what factors make Mendocino County a good place to live, survey respondents most often selected nature/environment (55%), community involvement (43%), clean environment (29%), low crime/safe neighborhoods (24%), and arts and cultural events (22%).

Key leaders had the same responses for the top three factors that make Mendocino County a good place to live, nature/environment (78%), community involvement (56%), and clean environment (30%). The factors that ranked four and five were parks and recreation (20%) and low crime/safe neighborhoods (17%).

The top six most critical and quality of life issues identified by key informants were 1) mental health issues, 2) alcohol and drug abuse, 3) homelessness, 4) economic issues, 5) chronic diseases (e.g., obesity, high blood pressure, diabetes, etc.), and 6) lack of access to health care.

The most significant challenges or barriers identified to addressing the most important health problems are:

- 1. Lack of funding to support infrastructure and programs
- 2. Lack of affordable housing, particularly for the mentally ill and homeless
- 3. The need for mental health services exceeds the capacity of the current system
- 4. Duplication of effort among local agencies and nonprofits
- 5. The pervasiveness of the drug culture and widespread acceptability of marijuana
- 6. The current state of the economy, overall

#### 3. What assets do we have that can be used to improve community health?

Key informant interviews identified the following as some of the assets that can be leveraged to address many of the most important health problems identified above to promote health and well-being in Mendocino County:

#### 1. Mental Health

- 1. Measure B Funding
- 2. Redwood Quality Management Company
- 3. Redwood Community Services
- 4. Innovations Project

#### 2. Alcohol & Drug Abuse

- 1. Prop 64 Funding
- 2. HUD/Ford Street Residential Treatment Pilot Project

#### **6A. NEEDS ASSESSMENT AND FINDINGS**

- 3. Homelessness
  - 1. Government
  - 2. Large businesses and nonprofits
  - 3. Redwood Quality Management Company
  - 4. Redwood Community Services
- 4. Economic Issues
  - 1. City/county partnerships
  - 2. Nonprofit

#### 7. Intervention and Evaluation Plan Narrative Executive Summary

Mendocino County LHD and subcontractors will collaborate to provide comprehensive multi-level behavior-focus strategies and interventions at multiple complementary sites, organizational and institutional levels of the Social Ecological Model (SEM) through a mix of intervention strategies to work towards achieving PSE change efforts including: nutrition education and physical activity promotion, community events, training and technical assistance, collaboration and coordination with partners, as well as utilizing CDPH-approved social media throughout the county. LHD and subcontractors will conduct baseline school level assessments and use Site Level Assessment Questionnaires (SLAQs) to identify and describe the extent and type of health and nutrition problems and needs of individuals and/or target populations in the community.

To achieve the community change goals included in the IWP, the LHD selected:

- 5. Nutrition Standards, with core PSE sub-strategies in schools; and/or complementary sub-strategies identified as school wellness policy and gardens.
- 6. Daily Quality Physical Activity with core PSE sub-strategies in Schools (non-PE--children age 5-17), and/or Community Physical Activity Opportunities; and/or complimentary sub-strategies identified as stencils, school wellness policy and improving physical education in schools.

A minimum of two SNAP-Ed eligible sites will receive the stated SNAP-Ed intervention strategies by the LHD. The identified PSE strategies and sub-strategies will be achieved through the following:

- 7. <u>Direct education</u> for the target population through delivery of evidence-based interventions using USDA approved curriculum.
- 8. <u>Assessment</u> at both the community level and setting-based level to determine baseline/pre-assessment, ongoing assessment of activities to measure process outcomes, and post-assessment to determine outcomes. Formative and process evaluation will be used to measure community engagement readiness, effective and outcome combining quantitative analysis with qualitative data from informant interviews, surveys and observations; along with evaluation to measure PSE sustainability and effectiveness. Pre and post assessment will be used to measure participants' behavior changes and program effectiveness through SLAQs at school/district sites in which PSE activities are conducted, as well as other CDPH defined tools.
- 9. <u>Community Engagement</u> to cultivate relationships with and educate appropriate site, organizational, and/or community level decision-makers, and champions/influencers and community members; engage community in priority planning and implementation; and conduct information sharing activities with appropriate stakeholders.
- 10. <u>Coordination and Collaboration--Partnerships and Coalitions</u> to identify and meet with appropriate funded and unfunded partners for program planning and implementation; and to meet and work with appropriate committees and workgroups engaged in planning, implementation and maintenance.

#### 7. Intervention and Evaluation Plan Narrative Executive Summary

- 11. <u>Indirect Education</u> to engage SNAP-eligible population using indirect education strategies and channels to share healthy eating and active learning information; and promotion and education on the importance of physical activity and water consumption instead of sugar sweetened beverages and gardening.
- 12. <u>Training and Technical Assistance</u> to provide training and technical assistance to appropriate individuals or groups to educate and/or adopt, implement, maintain and sustain PSE components of focus area strategies.

#### Legend:

<u>Revision</u> = Underline Font (Highlighted)

Removed = Strikethrough Font

MENDOCINO COUNTY — SECTION B — FFY 2024 - 2026 - INTEGRATED WORK PLAN DOMAIN: LEARN \ PSE SETTING: SCHOOLS (K-12, ELEMENTARY, MIDDLE, HIGH)

| DOMAIN  | PSE SETTING      | STRATEGIES                      | SUB-STRATEGIES                                      |
|---------|------------------|---------------------------------|---|
| • LEARN | • Schools (K-12, | Daily Quality Physical Activity | School Wellness Policy                              |
|         | Elementary,      | Nutrition Standards             | Gardens   |
|         | Middle, High)    |                                 | Stencils  |
|         |                  |                                 | <ul> <li>Nutrition Standards: Schools</li> </ul>    |
|         |                  |                                 | Community Physical Activity                         |
|         |                  |                                 | Opportunities                                       |
|         |                  |                                 | Physical Activity in Schools (Non-PE)               |
|         |                  |                                 | (Children age 5-17)                                 |
|         |                  |                                 | <ul> <li>Improving Physical Education in</li> </ul> |
|         |                  |                                 | Schools   |

#### DIRECT EDUCATION ACTIVITY ID

02012502

## TARGET POPULATION 5 to 7 Years

| FFY 2024 | FFY 2025 | FFY 2026 | EVAL TYPE 1    | EVAL TYPE 2      | EVAL TYPE 3    |
|----------|----------|----------|----------------|------------------|----------------|
| □ AAA    | □ AAA    | □ AAA    | <u>Process</u> | <u>Formative</u> | Impact/        |
| □ CCC    | □ CCC    | □ CCC    | (PEARS)        | $\square$ AAA    | <u>Outcome</u> |
| ⊠ LHD    | ⊠ LHD    | ⊠ LHD    |                | □ CCC            | $\square$ AAA  |
| □ UCCE   | □ UCCE   | □ UCCE   |                | □ LHD            |                |
|          |          |          |                | □ UCCE           | ⊠ LHD          |
|          |          |          |                |                  | ☐ UCCE         |

| SPECIFIC ACTIVITY DESCRIPTION                                | PROGRAM ACTIVITY SETTING                                 |
|--|--|
| LHD and/or subcontractors will provide evidence-based        | Before and After-School Programs                         |
| nutrition and physical activity education to the target      | Faith-Based Centers/Places of Worship                    |
| population using the approved CFHL curriculum list           | Family Resource Centers                                  |
| conducted in single session's and/or in a series of sessions | Schools (K-12, Elementary, Middle, and High)             |
| to children, parents and other adults in complimentary       | Indian Reservations                                      |
| settings.  | Gardens  |
| Promote healthy eating and food choices, increased water     | Food assistance sites, food banks, and food pantries     |
| consumption, food waste, physical activity, and garden       | Food distribution program on Indian reservations         |
| enhanced nutrition education. Cooking classes may be         | (FDPIR) distribution sites                               |
| used in conjunction with DE to support what is learned in    | Early Care and Education Facilities (includes child care |
| education sessions and/or taste test demonstrations.         | centers and day care homes as well as Head Start,        |
|  | preschool, and pre-kindergarten programs)                |
|  | WIC Clinics  |
|  | Libraries  |
|  | Other places people go to "play"                         |
|  | Other places people go to "shop" for or otherwise        |
|  | access food to prepare and eat at home                   |
|  | Parks and Open Spaces                                    |

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| SPECIFIC ACTIVITY DESCRIPTION           | PROGRAM ACTIV   | PROGRAM ACTIVITY SETTING |              |              |  |  |
|---|-----------------|--------------------------|--------------|--------------|--|--|
|   |                 |                          |              | SNAP offices |  |  |
|   |                 |                          |              |              |  |  |
| CURRICULUM                              |                 | LIA PARTICIPATI          | ION          |              |  |  |
| Pick a Better Snack (K-3)               |                 |                          |              |              |  |  |
|   |                 | ⊠ LHD □ U                | ICCE         |              |  |  |
| Nourish: Food + Community               |                 |                          | CC           |              |  |  |
|   |                 | ⊠ <b>LHD</b> □ U         | ICCE         |              |  |  |
| CATCH - Activity Box (Grades Pre-K, K-  | -5, 6-8)        |                          | CC           |              |  |  |
|   |                 | ⊠ LHD □ U                | ICCE         |              |  |  |
| Power Play! Community Youth Organi      | zation Idea and |                          | CCC          |              |  |  |
| Resource Kit (CYO Kit)                  |                 | <b>⊠LHD</b> □ U          | ICCE         |              |  |  |
| Eagle Adventure (1-3)                   |                 |                          | CCC          |              |  |  |
|   |                 | <b>⊠ LHD</b> □ U         | ICCE         |              |  |  |
| Food Smarts for Kids (K-12)             |                 |                          | CC           |              |  |  |
|   |                 | ⊠ LHD □ U                | ICCE         |              |  |  |
| Let's Eat Healthy Kindergarten (K)      |                 |                          |              |              |  |  |
| , , , ,                                 |                 | ⊠ LHD □ U                |              |              |  |  |
| Let's Eat Healthy First Grade (1)       |                 |                          |              |              |  |  |
| , |                 |                          | ☑ LHD ☐ UCCE |              |  |  |
| Growing Healthy Habits (K-5)            |                 |                          |              |              |  |  |
|   |                 | ⊠ LHD □ U                |              |              |  |  |
| Common Threads: Small Bites Virtual     | (Pre K-8)       |                          |              |              |  |  |
|   | ( )             | □ LHD □ U                |              |              |  |  |
| Common Threads: Small Bytes Progra      | m (Pre-K - 8)   |                          |              |              |  |  |
| Jestimon in causi sinan bytes i regia   | (               | □ LHD □ U                |              |              |  |  |
|   |                 |                          | CCL          |              |  |  |
| EVALUATION TOOL DOCUMENTATION           |                 |                          |              |              |  |  |
| Pre/Post surveys if provided by curricu | ulum.           |                          |              |              |  |  |
| Provided by carrie                      |                 |                          |              |              |  |  |
| SLAQS if applicable.                    |                 |                          |              |              |  |  |
|   |                 |                          |              |              |  |  |
| PEARS                                   |                 |                          |              |              |  |  |
|   |                 |                          |              |              |  |  |
|   |                 |                          |              |              |  |  |
|   |                 |                          |              |              |  |  |
| DIRECT EDUCATION ACTIVITY ID            |                 |                          |              |              |  |  |
| 02012503                                |                 |                          |              |              |  |  |
| TARGET POPULATION                       | 1               |                          |              |              |  |  |
| 8 to 10 Years                           |                 |                          |              |              |  |  |
| 0.0.10 (0.01)                           | J               |                          |              |              |  |  |
| FFY 2024 FFY 2025                       |                 |                          | EVAL TYPE 2  | EVAL TYPE 3  |  |  |
|   | FFY 2026        | EVAL TYPE 1              | EVALIYEEZ.   | EVALITYES    |  |  |
| $\square$ AAA $\square$ $\square$ AAA   | FFY 2026        | EVAL TYPE 1 Process      | Formative    | Impact/      |  |  |

Domain: LEARN  $\setminus$  PSE Setting: Schools (K-12, Elementary, Middle, High) 10

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| FFY 2024 | FFY 2025 | FFY 2026 | EVAL TYPE 1 | EVAL TYPE 2 | EVAL TYPE 3 |
|----------|----------|----------|-------------|-------------|-------------|
| ⊠ LHD    | ⊠ LHD    | ⊠ LHD    |             | □ CCC       | □ AAA       |
| □ UCCE   | □ UCCE   | □ UCCE   |             | □ LHD       | □ CCC       |
|          |          |          |             | □ UCCE      | ⊠ LHD       |
|          |          |          |             |             | □ UCCE      |

| SPECIFIC ACTIVITY DESCRIPTION                                | PROGRAM ACTIVITY SETTING                             |
|--|--|
| LHD and/or subcontractors will provide evidence-based        | Schools (K-12, Elementary, Middle, and High)         |
| nutrition and physical activity education to the target      | Before and After-School Programs                     |
| population using the approved CFHL curriculum list           | Community and Recreation Centers                     |
| conducted in single session's and/or in a series of sessions | Faith-Based Centers/Places of Worship                |
| to children, parents and other adults in complimentary       | Farmers markets                                      |
| settings.  | Food assistance sites, food banks, and food pantries |
| Promote healthy eating and food choices, increased water     | Gardens  |
| consumption, food waste, physical activity, and garden       | Food distribution program on Indian reservations     |
| enhanced nutrition education. Cooking classes may be         | (FDPIR) distribution sites                           |
| used in conjunction with DE to support what is learned in    | Healthcare Clinics and Hospitals                     |
| education sessions and/or taste test demonstrations.         | Indian Reservations                                  |
|  | Other places people go to "play"                     |
|  | Other places people go to "shop" for or otherwise    |
|  | access food to prepare and eat at home               |
|  | Libraries  |

| Curriculum  | LIA PARTICIPATION |
|---|-------------------|
| Nourish: Food + Community                             | □ AAA □ CCC       |
| Nourish. Food F Community                             |                   |
|   | ☑ LHD ☐ UCCE      |
| CATCH - Activity Box (Grades Pre-K, K-5, 6-8)         |                   |
|   | ☑ LHD ☐ UCCE      |
| Power Play! Power Up for Learning - Physical Activity | □ AAA □ CCC       |
| Supplement (4-5)                                      | ☑ LHD ☐ UCCE      |
| Food Smarts for Kids (K-12)                           | □ AAA □ CCC       |
|   | ☑ LHD □ UCCE      |
| Growing Healthy Habits (K-5)                          | □ AAA □ CCC       |
|   | ☑ LHD □ UCCE      |
| Common Threads: Small Bites Virtual (Pre K-8)         | □ AAA □ CCC       |
|   | ☑ LHD □ UCCE      |
| Common Threads: Small Bytes Program (Pre-K - 8)       | □ AAA □ CCC       |
|   | ☑ LHD ☐ UCCE      |
| Harvest of the Month (HOTM) (4-6) (rev. 2018)         | □ AAA □ CCC       |
|   | ☑ LHD □ UCCE      |
| Dig In! (5-6)   | □ AAA □ CCC       |
|   | ☑ LHD □ UCCE      |

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| EVALUATION TOOL DOCUMENTATION                        |  |                      |  |   |                 |  |
|--|--|----------------------|--|---|-----------------|--|
| Pre/Post surveys if                                  | Pre/Post surveys if provided by curriculum.  |                      |  |   |                 |  |
| EATS   |  |                      |  |   |                 |  |
| SLAQS if applicable                                  | €.   |                      |  |   |                 |  |
| PEARS  |  |                      |  |   |                 |  |
|  |  |                      |  |   |                 |  |
| District Factor Act                                  |  |                      |  |   |                 |  |
| DIRECT EDUCATION ACT 02012504                        |  |                      |  |   |                 |  |
| 02012504   |  |                      |  |   |                 |  |
| TARGET POPULAT                                       | ION  |                      |  |   |                 |  |
| 11 to 13 Years                                       |  |                      |  |   |                 |  |
|  |  |                      |  |   |                 |  |
| FFY 2024   | FFY 2025   | FFY 2026             | EVAL TYPE 1                                      | EVAL TYPE 2   | EVAL TYPE 3     |  |
| □ AAA  | □ AAA  | □ AAA                | <u>Process</u>                                   | <u>Formative</u>  | Impact/         |  |
| □ CCC  | □ CCC  | □ CCC                | (PEARS)  | □ AAA   | <u>Outcome</u>  |  |
| ⊠ LHD  | ⊠ LHD  | ⊠ LHD                |  | □ CCC   |                 |  |
| □ UCCE   | □ UCCE   | □ UCCE               |  | □ LHD   | □ CCC           |  |
|  |  |                      |  | □ UCCE  | ⊠ LHD           |  |
|  |  |                      |  |   | ☐ UCCE          |  |
|  |  |                      |  |   |                 |  |
| SPECIFIC ACTIVITY DE                                 |  |                      | PROGRAM ACTIVIT                                  |   |                 |  |
| •  | ntractors will provid  |                      | -  | Schools (K-12, Elementary, Middle, and High) Before and After-School Programs |                 |  |
| • •  | ical activity education ical activity and carrier ical activity and carrier ical activity. | _                    | Bicycle and Wal                                  | _   |                 |  |
|  | e session's and/or in  |                      | ·  | Ring Patris<br>Recreation Centers   | •               |  |
|  | ts and other adults in   |                      |  | nters/Places of Wors  |                 |  |
| settings.  | is arra serier addres in   | . complimentally     | Family Resource                                  | •   |                 |  |
| _  | eating and food choic  | ces, increased water | ,  | Farmers markets   |                 |  |
| consumption, food                                    | d waste, physical act  | ivity, and garden    | Food assistance                                  | Food assistance sites, food banks, and food pantries                          |                 |  |
|  | n education. Cooking   | -                    | Food distribution program on Indian reservations |   |                 |  |
| •  | n with DE to suppor  |                      | (FDPIR) distribution sites                       |   |                 |  |
| education sessions and/or taste test demonstrations. |  |                      | Gardens  |   |                 |  |
|  |  |                      |  | Healthcare Clinics and Hospitals Indian Reservations                          |                 |  |
|  |  |                      | Libraries  |   |                 |  |
|  |  |                      |  | Other places people go to "play"  |                 |  |
|  |  |                      |  | ople go to "shop" fo  | or or otherwise |  |
|  |  |                      | · · · · · · ·                                    | prepare and eat at h  |                 |  |
|  |  |                      |  |   |                 |  |
| CURRICULUM   |  |                      | LIA PARTICIPATION                                | N   |                 |  |
| Nourish: Food + Co                                   | ommunity   |                      |  | C   |                 |  |
|  |  |                      |  | CE  |                 |  |

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| CURRICULUM                   |                         |                  | LIA PARTICIPATIO  | N                |                |  |  |  |
|------------------------------|-------------------------|------------------|-------------------|------------------|----------------|--|--|--|
| CATCH - Activity B           | ox (Grades Pre-K, K-    | 5, 6-8)          |                   | C                |                |  |  |  |
|                              |                         |                  | <b>■ LHD</b> □ UC | CCE              |                |  |  |  |
| Food Smarts for Ki           | ids (K-12)              |                  |                   | CC               |                |  |  |  |
|                              |                         |                  | <b>■ LHD</b> □ UC | CCE              |                |  |  |  |
| Dig In! (5-6)                |                         |                  |                   |                  |                |  |  |  |
|                              |                         |                  | ⊠ LHD □ UC        | CCE              |                |  |  |  |
| Common Threads:              | : Small Bites Virtual ( | (Pre K-8)        |                   |                  |                |  |  |  |
|                              |                         |                  |                   |                  |                |  |  |  |
| Common Threads:              | : Small Bytes Prograi   | m (Pre-K - 8)    |                   |                  |                |  |  |  |
|                              | , ,                     | ,                | ⊠ LHD □ UC        |                  |                |  |  |  |
|                              |                         |                  |                   |                  |                |  |  |  |
| <b>EVALUATION TOOL D</b>     | OCUMENTATION            |                  |                   |                  |                |  |  |  |
| Pre/Post surveys i           | f provided by curricu   | ılum.            |                   |                  |                |  |  |  |
|                              |                         |                  |                   |                  |                |  |  |  |
| EATS                         |                         |                  |                   |                  |                |  |  |  |
|                              |                         |                  |                   |                  |                |  |  |  |
| SLAQS if applicable          | е.                      |                  |                   |                  |                |  |  |  |
| PEARS                        | DEADS                   |                  |                   |                  |                |  |  |  |
| FLAIN                        |                         |                  |                   |                  |                |  |  |  |
|                              |                         |                  |                   |                  |                |  |  |  |
|                              |                         |                  |                   |                  |                |  |  |  |
| DIRECT EDUCATION ACTIVITY ID |                         |                  |                   |                  |                |  |  |  |
| 02012505                     |                         |                  |                   |                  |                |  |  |  |
| T                            |                         | 1                |                   |                  |                |  |  |  |
| TARGET POPULAT               | TION                    |                  |                   |                  |                |  |  |  |
| 14 to 17 Years               |                         |                  |                   |                  |                |  |  |  |
| FFY 2024                     | FFY 2025                | FFY 2026         | EVAL TYPE 1       | EVAL TYPE 2      | EVAL TYPE 3    |  |  |  |
| □ AAA                        | □ AAA                   | □ AAA            | <u>Process</u>    | <u>Formative</u> | Impact/        |  |  |  |
| □ ccc                        | □ CCC                   | □ ccc            | (PEARS)           |                  | <u>Outcome</u> |  |  |  |
| □ CCC<br>□ ☑ LHD             | □ cec                   | □ ccc<br>  ⊠ LHD | ,                 | □ CCC            |                |  |  |  |
| UCCE                         | UCCE                    | UCCE             |                   |                  | □ссс           |  |  |  |
|                              |                         |                  |                   | □ UCCE           | ⊠ LHD          |  |  |  |
|                              |                         |                  |                   |                  | □ UCCE         |  |  |  |
| <u> </u>                     | 1                       | <u>I</u>         | <u>I</u>          | 1                | <u>,</u>       |  |  |  |
| Specific Activity De         | CONTRACT                |                  | DDOCDANA ACTIVII  | TV CETTING       |                |  |  |  |

| SPECIFIC ACTIVITY DESCRIPTION                                | PROGRAM ACTIVITY SETTING                             |
|--|--|
| LHD and/or subcontractors will provide evidence-based        | Schools (K-12, Elementary, Middle, and High)         |
| nutrition and physical activity education to the target      | Before and After-School Programs                     |
| population using the approved CFHL curriculum list           | Bicycle and Walking Paths                            |
| conducted in single session's and/or in a series of sessions | Community and Recreation Centers                     |
| to children, parents and other adults in complimentary       | Faith-Based Centers/Places of Worship                |
| settings.  | Family Resource Centers                              |
| Promote healthy eating and food choices, increased water     | Farmers markets                                      |
| consumption, food waste, physical activity, and garden       | Food assistance sites, food banks, and food pantries |

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| enhanced nutrition education. Cooking classes may be used in conjunction with DE to support what is learned in education sessions and/or taste test demonstrations.  Gardens Individual Homes or Public Housing Sites Libraries Other places people go to "play" Other places people go to "shop" for or otherwise access food to prepare and eat at home Schools (colleges and universities)  CURRICULUM  Around the Table: Nourishing Families  COOKING Matters (National)  Nourish: Food + Community  Nourish: Food + Community  TWIGS: Teams with Inter-Generational Support (K-8)  EVALUATION TOOL DOCUMENTATION  Pre/Post surveys if provided by curriculum.  EATS  SLAQS if applicable.  PEARS  | SPECIFIC ACTIVITY DESCRIPTION                             | PROGRAM ACTIVITY SETTING                          |
|--|---|---|
| education sessions and/or taste test demonstrations.  Gardens Indian Reservations Individual Homes or Public Housing Sites Libraries Other places people go to "play" Other places people go to "shop" for or otherwise access food to prepare and eat at home Schools (colleges and universities)  CURRICULUM Around the Table: Nourishing Families  AAA   CCC   HAD   UCCE   Food Smarts for Kids (K-12)   AAA   CCC   HAD   UCCE   Cooking Matters (National)   AAA   CCC   HAD   UCCE   Nourish: Food + Community   AAA   CCC   HAD   UCCE   Rethink Your Drink - High School Lessons   AAA   CCC   HAD   UCCE   TWIGS: Teams with Inter-Generational Support (K-8)   AAA   CCC   HAD   UCCE   TWIGS: Teams with Inter-Generational Support (K-8)   AAA   CCC   HAD   UCCE   Faithful Families Eating Smart & Moving More   AAA   CCC   LHD   UCCE   EVALUATION TOOL DOCUMENTATION   Pre/Post surveys if provided by curriculum.   EATS   SLAQS if applicable.   PEARS   | enhanced nutrition education. Cooking classes may be      | Food distribution program on Indian reservations  |
| Indian Reservations Individual Homes or Public Housing Sites Libraries Other places people go to "play" Other places people go to "shop" for or otherwise access food to prepare and eat at home Schools (colleges and universities)   CURRICULUM  Around the Table: Nourishing Families  AAA   CCC   LIHD   UCCE FOOD Smarts for Kids (K-12)   AAA   CCC   LIHD   UCCE  COoking Matters (National)   AAA   CCC   LIHD   UCCE  Nourish: Food + Community   AAA   CCC   LIHD   UCCE  Rethink Your Drink - High School Lessons   AAA   CCC   LIHD   UCCE  TWIGS: Teams with Inter-Generational Support (K-8)   AAA   CCC   LIHD   UCCE  Faithful Families Eating Smart & Moving More   AAA   CCC   LIHD   UCCE  EVALUATION TOOL DOCUMENTATION  Pre/Post surveys if provided by curriculum.  EATS  SLAQS if applicable.  PEARS  | used in conjunction with DE to support what is learned in | (FDPIR) distribution sites                        |
| Individual Homes or Public Housing Sites Libraries Other places people go to "play" Other places people go to "shop" for or otherwise access food to prepare and eat at home Schools (colleges and universities)    CURRICULUM   | education sessions and/or taste test demonstrations.      | Gardens   |
| Libraries Other places people go to "play" Other places people go to "shop" for or otherwise access food to prepare and eat at home Schools (colleges and universities)  CURRICULUM  Around the Table: Nourishing Families    AAA   CCC     LHD   UCCE     LHD   UCCE     Cooking Matters (National)     AAA   CCC     LHD   UCCE     Cooking Matters (National)     AAA   CCC     LHD   UCCE     Nourish: Food + Community     AAA   CCC     LHD   UCCE     Rethink Your Drink - High School Lessons     AAA   CCC     LHD   UCCE     TWIGS: Teams with Inter-Generational Support (K-8)     AAA   CCC     LHD   UCCE     LHD |   | Indian Reservations                               |
| Other places people go to "play" Other places people go to "shop" for or otherwise access food to prepare and eat at home Schools (colleges and universities)  CURRICULUM Around the Table: Nourishing Families    AAA   CCC   |   | Individual Homes or Public Housing Sites          |
| Other places people go to "shop" for or otherwise access food to prepare and eat at home Schools (colleges and universities)  CURRICULUM  Around the Table: Nourishing Families  AAA   |   | Libraries   |
| access food to prepare and eat at home Schools (colleges and universities)    CURRICULUM   |   | Other places people go to "play"                  |
| Schools (colleges and universities)    CURRICULUM  |   | Other places people go to "shop" for or otherwise |
| CURRICULUM  Around the Table: Nourishing Families    AAA   CCC   LHD   UCCE   |   | · ·   |
| Around the Table: Nourishing Families    AAA   CCC   LHD   UCCE  |   | Schools (colleges and universities)               |
| Around the Table: Nourishing Families    AAA   CCC   LHD   UCCE  |   |   |
| Food Smarts for Kids (K-12)  AAA CCC  LHD UCCE  Cooking Matters (National)  AAA CCC  LHD UCCE  Nourish: Food + Community  AAA CCC  LHD UCCE  Rethink Your Drink - High School Lessons  AAA CCC  LHD UCCE  TWIGs: Teams with Inter-Generational Support (K-8)  AAA CCC  LHD UCCE  TWIGs: Teams with Inter-Generational Support (K-8)  AAA CCC  LHD UCCE  Faithful Families Eating Smart & Moving More  AAA CCC  LHD UCCE  Faithful Families Eating Smart & Moving More  AAA CCC  LHD UCCE  Faithful Families Eating Smart & Moving More  AAA CCC  LHD UCCE  FAAA CCC  LHD UCCE  FAAA CCC  AAA CCC  LHD UCCE  FAAA CCC  AAA CCC  |   |   |
| Food Smarts for Kids (K-12)  AAA   | Around the Table: Nourishing Families                     |   |
| S LHD  |   | ☑ LHD □ UCCE                                      |
| Cooking Matters (National)  □ AAA □ CCC □ LHD □ UCCE  Nourish: Food + Community □ AAA □ CCC □ LHD □ UCCE  Rethink Your Drink - High School Lessons □ AAA □ CCC □ LHD □ UCCE  TWIGS: Teams with Inter-Generational Support (K-8) □ AAA □ CCC □ LHD □ UCCE  Faithful Families Eating Smart & Moving More □ AAA □ CCC □ LHD □ UCCE  EVALUATION TOOL DOCUMENTATION  Pre/Post surveys if provided by curriculum.  EATS  SLAQS if applicable.  PEARS   | Food Smarts for Kids (K-12)                               | □ AAA □ CCC                                       |
| S LHD  |   | ☑ LHD □ UCCE                                      |
| Nourish: Food + Community    AAA   CCC   | Cooking Matters (National)                                | □ AAA □ CCC                                       |
| Rethink Your Drink - High School Lessons    AAA  |   | <b>☑ LHD</b> □ UCCE                               |
| Rethink Your Drink - High School Lessons  AAA  | Nourish: Food + Community                                 | □ AAA □ CCC                                       |
| □ UCCE   |   | ⊠ LHD □ UCCE                                      |
| TWIGs: Teams with Inter-Generational Support (K-8)  AAA  | Rethink Your Drink - High School Lessons                  | □ AAA □ CCC                                       |
| EVALUATION TOOL DOCUMENTATION  Pre/Post surveys if provided by curriculum.  EATS  SLAQS if applicable.  PEARS  |   | ☑ LHD □ UCCE                                      |
| Faithful Families Eating Smart & Moving More    AAA  | TWIGs: Teams with Inter-Generational Support (K-8)        | □ AAA □ CCC                                       |
| EVALUATION TOOL DOCUMENTATION  Pre/Post surveys if provided by curriculum.  EATS  SLAQS if applicable.  PEARS  |   | ☑ LHD □ UCCE                                      |
| EVALUATION TOOL DOCUMENTATION  Pre/Post surveys if provided by curriculum.  EATS  SLAQS if applicable.  PEARS  | Faithful Families Eating Smart & Moving More              | □ AAA □ CCC                                       |
| Pre/Post surveys if provided by curriculum.  EATS  SLAQS if applicable.  PEARS   |   | <b>☑ LHD</b> □ UCCE                               |
| Pre/Post surveys if provided by curriculum.  EATS  SLAQS if applicable.  PEARS   |   |   |
| EATS SLAQS if applicable. PEARS  | EVALUATION TOOL DOCUMENTATION                             |   |
| SLAQS if applicable. PEARS   | Pre/Post surveys if provided by curriculum.               |   |
| SLAQS if applicable. PEARS   |   |   |
| PEARS  | EATS  |   |
| PEARS  | CLACCIF II II   |   |
|  | SLAQS if applicable.                                      |   |
|  | PFARS   |   |
|  | FLANS   |   |
|  |   |   |
|  |   |   |
| DIRECT EDUCATION ACTIVITY ID   | DIRECT EDUCATION ACTIVITY ID                              |   |

02012506

#### **TARGET POPULATION**

18 to 59 Years

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| FFY 2024 | FFY 2025 | FFY 2026 | EVAL TYPE 1    | EVAL TYPE 2      | EVAL TYPE 3    |
|----------|----------|----------|----------------|------------------|----------------|
|          |          | □ AAA    | <u>Process</u> | <u>Formative</u> | Impact/        |
| □ CCC    | □ CCC    | □ ccc    | (PEARS)        |                  | <u>Outcome</u> |
| ⊠ LHD    | ⊠ LHD    | ⊠ LHD    |                | □ CCC            | □ AAA          |
| □UCCE    | □ UCCE   | □ UCCE   |                | □ LHD            |                |
|          |          |          |                | □ UCCE           | ⊠ LHD          |
|          |          |          |                |                  | □ UCCE         |
|          |          |          |                |                  |                |

**SPECIFIC ACTIVITY DESCRIPTION PROGRAM ACTIVITY SETTING** LHD and/or subcontractors will provide evidence-based Faith-Based Centers/Places of Worship nutrition and physical activity education to the target Family Resource Centers population using the approved CFHL curriculum list Schools (K-12, Elementary, Middle, and High) conducted in single session's and/or in a series of sessions Bicycle and Walking Paths to older youth and adults in complimentary settings. **Indian Reservations** Promote healthy eating and food choices, increased water Healthcare Clinics and Hospitals consumption, food waste, physical activity, and garden Schools (colleges and universities) enhanced nutrition education. Cooking classes may be Parks and Open Spaces used in conjunction with DE to support what is learned in Gardens education sessions and/or taste test demonstrations. **Community and Recreation Centers** Congregate Meal Sites & Other Senior Nutrition Centers Farmers markets Food distribution program on Indian reservations (FDPIR) distribution sites Food assistance sites, food banks, and food pantries Other places people go to "shop" for or otherwise access food to prepare and eat at home Other places people go to "play"

| Curriculum  | LIA PARTICIPATION |
|---|-------------------|
| Faithful Families Eating Smart & Moving More        | □ AAA □ CCC       |
|   | ☑ LHD □ UCCE      |
| Cooking Matters (National)                          | □ AAA □ CCC       |
|   | ☑ LHD □ UCCE      |
| Healthy Eating and Active Living (HEAL) Toolkit for | □ AAA □ CCC       |
| Community Educators                                 | ☑ LHD □ UCCE      |
| Food Smarts for Adults                              | □ AAA □ CCC       |
|   | ☑ LHD □ UCCE      |
| MyPlate for My Family Education Toolkit             | □ AAA □ CCC       |
|   | ☑ LHD □ UCCE      |
| Eating Smart, Being Active                          | □ AAA □ CCC       |
|   | ☑ LHD □ UCCE      |
| Faithful Families Eating Smart & Moving More        | □ AAA □ CCC       |
|   | ☑ LHD □ UCCE      |
| Walk with Ease                                      | □ AAA □ CCC       |
|   |                   |

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| CURRICULUM       LIA PARTICIPATION            □ LHD □ UCCE        □ AAA □ CCC   |                |
|---|----------------|
|   |                |
| Food Smarts for Waste Reduction   |                |
| 100d Smarts for Waste Reduction   |                |
| □ UCCE  |                |
| Fresh from the Garden   |                |
| ☑ LHD □ UCCE  |                |
|   |                |
| EVALUATION TOOL DOCUMENTATION   |                |
| Food Behavior Checklist   |                |
| Adult Education Evaluation Survey   |                |
| PEARS   |                |
|   |                |
|   |                |
| DIRECT EDUCATION ACTIVITY ID  |                |
| 02012507  |                |
| TARGET POPULATION   |                |
| 60 to 75 Years  |                |
| 00 to 75 Tears  |                |
| FFY 2024 FFY 2025 FFY 2026 EVAL TYPE 1 EVAL TYPE 2 EVAL TY  | PE 3           |
| □ AAA □ AAA □ AAA Process Formative Impact  | <u> </u>       |
| □ CCC □ CCC □ CCC (PEARS) □ AAA Outcor  | <u>ne</u>      |
| □ LHD     □ CCC     □ AAA   | ١              |
|   |                |
| □ UCCE □ UCCE □ LHD □ CCC   |                |
|   |                |
| □ UCCE □ UCCE □ LHD □ CCC   | )              |
| □ UCCE □ UCCE □ UCCE □ LHD □ CCC □ UCCE □ UCCE □ UCCE   | )              |
| □ UCCE □ | )              |
| □ UCCE □ | DE             |
| □ UCCE □ | DE             |
| □ UCCE □ UCCC  SPECIFIC ACTIVITY DESCRIPTION  LHD and/or subcontractors will provide evidence-based nutrition and physical activity education to the target population using the approved CFHL curriculum list  Bicycle and Walking Paths   | DE             |
| □ UCCE □ | DE             |
| □ UCCE □ UCCE □ UCCE □ UCCE □ LHD □ UCCE □ UCCE □ UCCE □ UCCE □ UCCC  SPECIFIC ACTIVITY DESCRIPTION PROGRAM ACTIVITY SETTING  LHD and/or subcontractors will provide evidence-based nutrition and physical activity education to the target population using the approved CFHL curriculum list conducted in single session's and/or in a series of sessions to adults in complimentary settings. Indian Reservations  | DE             |
| □ UCCE □ | DE<br>DE       |
| □ UCCE □ | DE<br>DE       |
| □ UCCE □ | DE<br>DE       |
| □ UCCE □ | Sites pantries |
| □ UCCE □ | Sites pantries |
| □ UCCE □ | Sites pantries |

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Libraries

Individual Homes or Public Housing Sites

|  | Other places people go to "shop" for or otherwise |
|--|---|
|  | access food to prepare and eat at home            |
|  | Small Food Stores (<= 3 registers)                |
|  | Other places people go to "play"                  |
|  | 110.0   |
| CURRICULUM  Faith Control Cont | LIA PARTICIPATION                                 |
| Faithful Families Eating Smart & Moving More   | □ AAA □ CCC                                       |
|  | ☑ LHD ☐ UCCE                                      |
| Cooking Matters (National)   | □ AAA □ CCC                                       |
|  | ☑ LHD □ UCCE                                      |
| Food Smarts for Adults   | □ AAA □ CCC                                       |
|  | ☑ LHD ☐ UCCE                                      |
| Food Smarts for Adults   | □ AAA □ CCC                                       |
|  | <b>⊠LHD</b> □ UCCE                                |
| Eat Smart, Live Strong: Nutrition Education for Older Adults   | □ AAA □ CCC                                       |
|  | <b>☑ LHD</b> □ UCCE                               |
| Eating Smart, Being Active   | □ AAA □ CCC                                       |
|  | ☑ LHD ☐ UCCE                                      |
| Faithful Families Eating Smart & Moving More   | □ AAA □ CCC                                       |
|  | ☑ LHD ☐ UCCE                                      |
| Walk with Ease   | □ AAA □ CCC                                       |
|  | ☑ LHD ☐ UCCE                                      |
| Fresh from the Garden  | □ AAA □ CCC                                       |
|  | ☑ LHD ☐ UCCE                                      |
| Fit & Strong!  | □ AAA □ CCC                                       |
|  | ☑ LHD ☐ UCCE                                      |
| Nutrition 5 Class Series   | □ AAA □ CCC                                       |
|  | <b>☑ LHD</b> □ UCCE                               |
|  |   |
| EVALUATION TOOL DOCUMENTATION  |   |
| Food Behavior Checklist  |   |
| Adult Education Evaluation Survey  |   |
| PEARS  |   |
|  |   |
|  |   |

**PROGRAM ACTIVITY SETTING** 

#### ALL OTHER ACTIVITY CATEGORY ID

**SPECIFIC ACTIVITY DESCRIPTION** 

02022500

#### ALL OTHER ACTIVITY CATEGORY

ASMT - Assessment

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| FFY 2024 | FFY 2025 | FFY 2026 | EVAL TYPE 1    | EVAL TYPE 2      | EVAL TYPE 3    |
|----------|----------|----------|----------------|------------------|----------------|
| □ AAA    | □ AAA    | □ AAA    | <u>Process</u> | <u>Formative</u> | <u>Impact/</u> |
| □ CCC    | □ CCC    | □ CCC    | (PEARS)        | □ AAA            | <u>Outcome</u> |
| ⊠ LHD    | ⊠ LHD    | ⊠ LHD    |                | □ CCC            | □ AAA          |
| □ UCCE   | □ UCCE   | □ UCCE   |                | □LHD             | □ CCC          |
|          |          |          |                | □ UCCE           | ⊠ LHD          |
|          |          |          |                |                  | ☐ UCCE         |

#### **SPECIFIC ACTIVITY DESCRIPTION**

LHD will conduct Site Level Assessment Questionnaires (SLAQ) in settings which PSE strategies are completed.

PRE: Assess environment, readiness and client-need for written school wellness policies at 2 school sites in relation to nutrition standards, structured physical activity (PA) aside from PE (PA breaks, recess, before/after school), site wellness policy, and water access and appeal.

POST: Assess school environment site-specific wellness policy implementation in relation to nutrition standards, physical activity, wellness policy, and water access and appeal.

| RESOURCES / MATERIALS               | EVALUATION TOOL DOCUMENTATION |
|-------------------------------------|-------------------------------|
| Site Level Assessment Questionnaire | PEARS                         |
| PEARS                               | Elementary School SLAQ        |
|                                     | Secondary School SLAQ         |
|                                     |                               |
|                                     |                               |
|                                     |                               |
|                                     |                               |

#### ALL OTHER ACTIVITY CATEGORY ID

02032500

#### **ALL OTHER ACTIVITY CATEGORY**

CE - Community Engagement (a)

| FFY 2024 | FFY 2025 | FFY 2026 | EVAL TYPE 1    | EVAL TYPE 2      | EVAL TYPE 3    |
|----------|----------|----------|----------------|------------------|----------------|
| □ AAA    | □ AAA    | □ AAA    | <u>Process</u> | <u>Formative</u> | <u>Impact/</u> |
| □ CCC    | □ CCC    | □ CCC    | (PEARS)        | □ AAA            | <u>Outcome</u> |
| ⊠ LHD    | ⊠ LHD    | ⊠ LHD    |                |                  | □ AAA          |
| □ UCCE   | □ UCCE   | □ UCCE   |                | □ LHD            |                |
|          |          |          |                | □ UCCE           | ⊠ LHD          |
|          |          |          |                |                  | □ UCCE         |

#### **SPECIFIC ACTIVITY DESCRIPTION**

Identify a minimum of 1 school champions (staff, parents, community members, teachers, administrators, students etc.) and utilize assessment results to educate champions on the benefits, impact and importance of nutrition and

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| SPECIFIC ACTIVITY DESCRIPTION   |                               |  |  |  |  |  |
|---|-------------------------------|--|--|--|--|--|
| structured physical activity-related initiatives, additional PA opportunities at school, and wellness policies in school settings.  |                               |  |  |  |  |  |
| Leverage relationships with champions to generate support for nutrition standards, school wellness policies, water access, gardening, and additional physical activities in schools.                        |                               |  |  |  |  |  |
| Engage champions consistently throughout planning, implementation, and maintenance of school strategies and sub-strategies. Engage champions in assessment and/or present assessment results if applicable. |                               |  |  |  |  |  |
|   |                               |  |  |  |  |  |
| RESOURCES / MATERIALS   | EVALUATION TOOL DOCUMENTATION |  |  |  |  |  |
| Site assessment results   | Meeting Agendas               |  |  |  |  |  |
|   | Sign in Sheets                |  |  |  |  |  |
|   | PEARS                         |  |  |  |  |  |
|   |                               |  |  |  |  |  |
| ALL OTHER ACTIVITY CATEGORY ID 02052500   |                               |  |  |  |  |  |
| ALL OTHER ACTIVITY CATEGORY   |                               |  |  |  |  |  |

CE - Community Engagement (c)

| FFY 2024 | FFY 2025 | FFY 2026 | EVAL TYPE 1    | EVAL TYPE 2      | EVAL TYPE 3    |
|----------|----------|----------|----------------|------------------|----------------|
| □ AAA    |          |          | <u>Process</u> | <u>Formative</u> | Impact/        |
| □ CCC    | □ CCC    | □ CCC    | (PEARS)        | □ AAA            | <u>Outcome</u> |
| ⊠ LHD    | ⊠ LHD    | ⊠ LHD    |                | □ CCC            |                |
| □UCCE    | □ UCCE   | □ UCCE   |                | □ LHD            |                |
|          |          |          |                | □ UCCE           | □ LHD          |
|          |          |          |                |                  | □ UCCE         |

#### **SPECIFIC ACTIVITY DESCRIPTION**

Engage community members in assessment or present assessment results and/or educate on the benefits and impact of nutrition standards and/or daily quality physical activity. Leverage relationships and generate support for existing or expanded work.

Gather parent and youth feedback and input on the needs and desires for additional Physical Activity opportunities as well as facilitators and barriers related to PA in schools.

Incorporate local champions, community members' vision, and high priority needs into the project planning through engaging them through meetings, listening sessions, surveys, school newsletters, social media, etc.

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| Resources / M.                                    | ATERIALS                                 |  | EVALUATION TOC                  | DL DOCUMENTATION                       |   |  |  |
|---|--|--|---------------------------------|--|---|--|--|
| N/A   |  |  | Meeting Agend<br>Sign-in Sheets | Meeting Agendas<br>Sign-in Sheets      |   |  |  |
| ALL OTHER ACTIVI<br>02062500                      | ty Category ID                           |  |                                 |  |   |  |  |
| ALL OTHER A                                       | CTIVITY CATEGORY                         |  |                                 |  |   |  |  |
| CE - Communi                                      | ty Engagement (d)                        |  |                                 |  |   |  |  |
| FFY 2024  | FFY 2025                                 | FFY 2026                                 | EVAL TYPE 1                     | EVAL TYPE 2                            | EVAL TYPE 3                               |  |  |
| □ AAA<br>□ CCC<br>⊠ <b>LHD</b><br>□ UCCE          | □ AAA<br>□ CCC<br>⊠ <b>LHD</b><br>□ UCCE | □ AAA<br>□ CCC<br>⊠ <b>LHD</b><br>□ UCCE | Process<br>(PEARS)              | Formative  ☐ AAA  ☐ CCC  ☐ LHD  ☐ UCCE | Impact/ Outcome  □ AAA □ CCC 図 LHD □ UCCE |  |  |
|   |  |  |                                 |  |   |  |  |
| SPECIFIC ACTIVIT                                  |  | an data fuana access                     |                                 | engagement activitie                   | a implementation                          |  |  |
| progress, succ                                    | esses solutions for c                    | hallenges, and repo                      | rt results with comn            | nunity stakeholders                    | and appropriate                           |  |  |
|   |  |  |                                 |  |   |  |  |
| RESOURCES / M.                                    | ATERIALS                                 |  | EVALUATION TO                   | OL DOCUMENTATION                       |   |  |  |
| N/A   |  |  | Meeting Agend<br>Sign-in Sheets | das                                    |   |  |  |
| ALL OTHER ACTIVI<br>02072500                      | TY CATEGORY ID                           |  |                                 |  |   |  |  |
| ALL OTHER A                                       | CTIVITY CATEGORY                         |  |                                 |  |   |  |  |
| C&C - Coordin<br>Collaboration:<br>Coalitions (a) | ation and<br>Partnerships &              |  |                                 |  |   |  |  |
| FFY 2024  | FFY 2025                                 | FFY 2026                                 | EVAL TYPE 1                     | EVAL TYPE 2                            | EVAL TYPE 3                               |  |  |
| □ AAA   | □ AAA                                    | □ AAA                                    | <u>Process</u>                  | <u>Formative</u>                       | Impact/                                   |  |  |
| □ CCC   | □ссс                                     | □ссс                                     | (PEARS)                         |  | <u>Outcome</u>                            |  |  |
| □ LHD   | ⊠ LHD                                    | ⊠ LHD                                    |                                 | □ссс                                   | □ AAA                                     |  |  |
| □ UCCE  | □ UCCE                                   | □ UCCE                                   |                                 | □ LHD                                  | □ CCC                                     |  |  |

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DOMAIN: LEARN \ PSE SETTING: SCHOOLS (K-12, ELEMENTARY, MIDDLE, HIGH)

□ UCCE

 $\boxtimes$  LHD

| FFY 2024  | FFY 2025              | FFY 2026             | EVAL TYPE 1          | EVAL TYPE 2           | EVAL TYPE 3            |  |  |  |
|---|-----------------------|----------------------|----------------------|-----------------------|------------------------|--|--|--|
|   |                       |                      |                      |                       | □ UCCE                 |  |  |  |
|   |                       |                      |                      |                       |                        |  |  |  |
| SPECIFIC ACTIVITY DE  | CCDIDTION             |                      |                      |                       |                        |  |  |  |
|   |                       | age relationshins w  | vith traditional and | non-traditional stak  | eholders including     |  |  |  |
| •                             | _                     | •                    |                      | isory committees, fo  |                        |  |  |  |
| •   | • •                   | •                    |                      | •                     | the development and    |  |  |  |
| implementation o  | f community asses     | sment results, plan  | nning, and goal impl | ementation. All part  | tners can assist with  |  |  |  |
| materials, resources, labor, supplies, tools, seeds, and expertise. |                       |                      |                      |                       |                        |  |  |  |
|   |                       |                      |                      |                       |                        |  |  |  |
|   |                       |                      |                      |                       |                        |  |  |  |
| D / 24  |                       |                      |                      |                       |                        |  |  |  |
| RESOURCES / MATER   | IALS                  |                      |                      | L DOCUMENTATION       |                        |  |  |  |
| N/A   |                       |                      | PEARS Meeting Agend  | lac.                  |                        |  |  |  |
|   |                       |                      | Wieeting Agenu       | ids                   |                        |  |  |  |
|   |                       |                      |                      |                       |                        |  |  |  |
|   |                       |                      |                      |                       |                        |  |  |  |
| ALL OTHER ACTIVITY C  | ATEGORY ID            |                      |                      |                       |                        |  |  |  |
| 02082500  |                       |                      |                      |                       |                        |  |  |  |
| ALL OTHER ACTIV   | /ITY CATEGORY         |                      |                      |                       |                        |  |  |  |
| C&C - Coordinatio   |                       |                      |                      |                       |                        |  |  |  |
| Collaboration: Par  |                       |                      |                      |                       |                        |  |  |  |
| Coalitions (b)  | ,                     |                      |                      |                       |                        |  |  |  |
|   |                       |                      |                      |                       |                        |  |  |  |
| FFY 2024  | FFY 2025              | FFY 2026             | EVAL TYPE 1          | EVAL TYPE 2           | EVAL TYPE 3            |  |  |  |
| $\square$ AAA   | □ AAA                 | □ AAA                | <u>Process</u>       | <u>Formative</u>      | Impact/                |  |  |  |
|   |                       |                      | (PEARS)              | □ AAA                 | <u>Outcome</u>         |  |  |  |
| ⊠ LHD   | ⊠ LHD                 | ⊠ LHD                |                      |                       | □ AAA                  |  |  |  |
| ☐ UCCE  | □ UCCE                | □ UCCE               |                      | □ LHD                 |                        |  |  |  |
|   |                       |                      |                      | ☐ UCCE                | ☐ LHD                  |  |  |  |
|   |                       |                      |                      |                       | ☐ UCCE                 |  |  |  |
| C   |                       |                      |                      |                       |                        |  |  |  |
| SPECIFIC ACTIVITY DE  |                       | nitus analitiana fan |                      |                       | annovittana fand       |  |  |  |
| •   |                       |                      | •                    | trict health advisory | AP). Share research    |  |  |  |
| •   |                       |                      | •                    | •                     | part of these efforts. |  |  |  |
| related to increase   | La icarrillig aria FA | . Look for opportu   | antics to chique you | and addit icaders as  | part of these chorts.  |  |  |  |
|   |                       |                      |                      |                       |                        |  |  |  |
|   |                       |                      |                      |                       |                        |  |  |  |
| RESOURCES / MATER   | IALS                  |                      | EVALUATION TOO       | L DOCUMENTATION       |                        |  |  |  |
| N/A   |                       |                      | PEARS                |                       |                        |  |  |  |
|   |                       |                      | Meeting Agend        | las                   |                        |  |  |  |
|   |                       |                      |                      |                       |                        |  |  |  |

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#### ALL OTHER ACTIVITY CATEGORY ID

02092500

#### **ALL OTHER ACTIVITY CATEGORY**

IE - Indirect Education (Promotion)

| FFY 2024 | FFY 2025 | FFY 2026 | EVAL TYPE 1    | EVAL TYPE 2      | EVAL TYPE 3    |
|----------|----------|----------|----------------|------------------|----------------|
| □ AAA    | □ AAA    | □ AAA    | <u>Process</u> | <u>Formative</u> | <u>Impact/</u> |
| □ CCC    | □ CCC    | □ ccc    | (PEARS)        | □ AAA            | <u>Outcome</u> |
| ⊠ LHD    | ⊠ LHD    | ⊠ LHD    |                | □ CCC            | □ AAA          |
| □UCCE    | □ UCCE   | □ UCCE   |                | □ LHD            | □ CCC          |
|          |          |          |                | □ UCCE           | ⊠ LHD          |
|          |          |          |                |                  | □ UCCE         |

#### **SPECIFIC ACTIVITY DESCRIPTION**

Indirect Education efforts will be used by LHD and subcontractors to promote, support and reinforce messages consistent with DE and other activities that promote nutrition standards, water access and appeal, gardening, physical activity, wellness policy and food waste. Support activities may be conducted at local farmers' markets, health fairs, community fairs, summer meal sites, Tribal communities, Hispanic/Latino communities, faith-based centers or places of worship, family resource centers, schools, before/after school settings, and other promotional events focused on the promotion of nutrition and physical activity. This may include HOTM, taste testing, bike and walk to school days, national nutrition month, RYD and healthy snack days, etc.

Communicate through various appropriate channels (school newsletters, site-based events, flyers, posters, social media, health fairs, websites, events, etc.).

| RESOURCES / MATERIALS                          | EVALUATION TOOL DOCUMENTATION |
|--|-------------------------------|
| Toolbox for Community Educators if applicable. | PEARS                         |
| Healthy Snack Day                              |                               |
| Re-Think Your Drink                            |                               |
| Harvest of the Month                           |                               |
| Power Play                                     |                               |
| CATCH  |                               |
| eatfresh.org                                   |                               |
| Blue Zones Project                             |                               |
| The Morning Mile                               |                               |
|  |                               |
|  |                               |
|  |                               |
|  |                               |

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#### ALL OTHER ACTIVITY CATEGORY ID

02102500

| ALL OTHER ACTIVITY CATEGORY  |
|------------------------------|
| TTA - Training and Technical |
| Assistance                   |

| FFY 2024 | FFY 2025 | FFY 2026 | EVAL TYPE 1    | EVAL TYPE 2      | EVAL TYPE 3    |
|----------|----------|----------|----------------|------------------|----------------|
|          |          | □ AAA    | <u>Process</u> | <u>Formative</u> | Impact/        |
| □ссс     | □ CCC    | □ ccc    | (PEARS)        |                  | <u>Outcome</u> |
| ⊠ LHD    | ⊠ LHD    | ⊠ LHD    |                | □ CCC            | □ AAA          |
| □UCCE    | □ UCCE   | □ UCCE   |                | □ LHD            | □ CCC          |
|          |          |          |                | □ UCCE           | ⊠ LHD          |
|          |          |          |                |                  | □ UCCE         |

#### **SPECIFIC ACTIVITY DESCRIPTION**

Provide training and technical assistance, maintenance, coordination, oversight and assistance with sustainability plans to organizations or sites implementing nutrition education, garden-based education, and physical activity promotion. Support site initiatives and provide direct training and/or train the trainer models for educators.

| RESOURCES / MATERIALS | EVALUATION TOOL DOCUMENTATION  |
|-----------------------|--------------------------------|
| N/A                   | PEARS                          |
|                       | Meeting Agendas Sign in Sheets |
|                       |                                |

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