

MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

Chairperson Flinda Behringer

> Vice Chair Vacant

Secretary Jo Bradley

Treasurer Richard Towle

BOS Supervisor Mo Mulheren

REGULAR MEETING

AGENDA

May 24, 2023 10:00 AM – 12:30 PM

Location: Seaside Conference Room, 778 S Franklin St., Fort Bragg; and via Zoom: https://mendocinocounty.zoom.us/j/88252335173
Call in:

+1(669)900-9128 or +1(669)444-9171 Webinar ID: 882 5233 5173

1ST **DISTRICT**: **2ND DISTRICT:** 3RD DISTRICT: 4^{тн} DISTRICT: **5™ DISTRICT: DENISE GORNY** VACANT **IEFF SHIPP** VACANT FLINDA BEHRINGER LOIS LOCKART **SERGIO FUENTES** PERRI KALLER VACANT **JO BRADLEY RICHARD TOWLE LAURA BETTS** MARTIN MARTINEZ **CAYO ALBA** VACANT

OUR MISSION: To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."

	Agenda Item / Description	Action
1. 3 minutes	Call to Order, Roll Call & Quorum Notice, Approve Agenda: Review and Possible Action.	Board Action:
2. _{2 minutes}	Approval of Minutes from the April 26th, BHAB Regular Meeting: Review and Possible Action.	Board Action:
3. 10 minutes (Maximum)	Public Comments: Members of the public wishing to comment on the BHAB will be recognized now. Any additional comments can be provided through email to bhboard@mendocinocounty.org .	Board Action:
4. 10 minutes	Board & Committee Reports: Discussion and Possible Action. A. Chair – Flinda Behringer - 2023 Meeting Schedule - Meeting Drinks and Snacks - Annual Report - Vice Chair Nomination B. Vice Chair – Vacant C. Secretary – Jo Bradley D. Treasurer – Richard Towle	Board Action:

	 E. Appreciation Committee – Member Fuentes & Martinez F. Contracts Committee – Member Fuentes, Chair Behringer, Member Kaller G. Membership Committee – Chair Behringer, Member Bradley, & Gorny H. Public Comment Follow-Up Committee – Member Martinez and Shipp I. Site Visit Committee - Chair Behringer, Member Fuentes, Martinez, Towle & Kaller J. Ad Hoc Committee on Tribal Advisory Committee- Martin Martinez 	
	 BHAB to appoint person responsible for communicating our meetings to Tribes. K. Measure B Update- Member Bradley L. CIT Committee – Member Gorny M. RFP SUDT Committee – Member Kaller 	
5. 10 minutes	Mendocino County Report - Jenine Miller, BHRS Director A. Director Report Questions B. Psychiatric Health Facility Update C. Staffing Update D. Survey Planning Results	Board Action:
6. 10 minutes	Anchor Health Management Report - Camille Schraeder, Anchor Health Management Inc. A. Services Update B. Staffing Update	Board Action:
7. 5 minutes	Update to Brown Act Requirements- Discussion and Possible Action	Board Action:
8. 5 minutes	Update on Microphone/ Audio Set-up: Discussion and Possible Action	Board Action:
9. 15 Minutes	Behavioral Health Advisory Board Outreach: Discussion and Possible Action A. Flow Charts Distribution Plan - Person of Contact? B. Public Service Announcement	Board Action:
10. 5 Minutes	Member Comments:	Board Action:
11. 2 minutes	Adjournment	Board Action:

AMERICANS WITH DISABLITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

BHAB CONTACT INFORMATION:

PHONE: (707) 472-2355 | FAX: (707) 472-2788

EMAIL THE BOARD: bhboard@mendocinocounty.org | WEBSITE: www.mendocinocounty.org/bhab



MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

Chairperson Flinda Behringer

> Vice Chair Michelle Rich

> > Secretary Jo Bradley

Treasurer Richard Towle

BOS Supervisor Mo Mulheren

REGULAR MEETING

MINUTES

April 26th, 2023 10:00 AM – 12:00 PM

Location: Behavioral Health Regional Training Center, 8207 East Rd., **Ukiah** and Seaside Conference Room, 778 S Franklin St., **Fort Bragg**

1 ST DISTRICT:	2 ND DISTRICT:	3 RD DISTRICT:	4 ^{тн} DISTRICT:	5 [™] DISTRICT:
DENISE GORNY	SERGIO FUENTES	JEFF SHIPP	VACANT	FLINDA BEHRINGER
LOIS LOCKART	CAYO ALBA	Perri Kaller	VACANT	Jo Bradley
RICHARD TOWLE	VACANT	LAURA BETTS	VACANT	MARTIN MARTINEZ

OUR MISSION: "To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."

	Agenda Item / Description	Action
1. 3 minutes	Call to Order, Roll Call & Quorum Notice, Approve Agenda: Review and Possible Board Action. Chair Behringer called the meeting to order at 10:05 am. Members present: Behringer, Bradley, Gorny, Alba, Lockart, Martinez, and Towle. Supervisor Mo Mulheren present Not present: Betts, Fuentes and Shipp.	Board Action: None.
2. 2 minutes	O Quorum met. Approval of Minutes from the March 15th, 2023, BHAB Regular Meeting and March 29th, 2023, Special Meeting: Review and Possible Board Action.	Board Action: Motion made to approve the minutes. The motion passed with 7 votes.
3. 10 minutes (Maximum)	Public Comments: Members of the public wishing to make comments to the BHAB will be recognized at this time. Any additional comments can be provided through email to bhboard@mendocinocounty.org .	Board Action: None.

	 Jacque Williams from Ford Street Project spoke on an upcoming event for the "Ukiah Recovery Center Expansion". 	
4. 10 minutes	Board & Committee Reports: Discussion and Possible Action. A. Chair – Flinda Behringer o 2023 Meeting Schedule – Flinda mentions possibly having a BHAB meeting that is later in the day and has food for the members. This conversation ended with a decision that changing the meeting times should be considered for the 2024 schedule. Vice Chair—Member Martinez elects Member Perri. Chair Behringer will discuss this with Member Perri. Report on Meeting with County Counsel- Chair Behringer speaks on her meeting with Christian Curtis with County Council and BHRS Director Jenine Miller. This conversation was regarding the board's request for a Tribal Advisory Board or Committee. County Council raised concerns about getting input from all the sovereign nations. Supervisor Mulheren suggests having an appointed BHAB Board Member be responsible for communicating the meetings with the Tribes. B. Vice Chair – Vacant Nothing to report. C. Secretary—Jo Bradley No Report. D. Treasurer – Richard Towle Member Towle has reached out to the Veteran's Services Officer but is waiting to hear back about an advocate to fill a seat on the board. Also, mentioned there is plenty of money in the budget for technical audio equipment for the board meetings. E. Advocacy & Legislation Committee – Member Bradley, Vice Chair Rich No Report. G. Contracts Committee – Member Fuentes & Martinez No Report. H. Membership Committee – Chair Behringer, Vice Chair Rich, Bradley, Gorny No Report. J. Site Visit Committee – Chair Behringer, Fuentes, Martinez, & Towle No Report. J. Site Visit Committee – Chair Behringer, Fuentes, Martinez, & Towle No Report. Measure B Update- Member Bradley No Report. No	Board Action: None.
10 minutes	- v	None.

	 Superintendent Glentzer spoke on how Mendocino County has about 20% of youth having Adverse Childhood Experiences. The district is working to minimize this and work with the students to improve their Mental Health Issues. Isaac Ramey (Director of Special Education) spoke on the issues the district is seeing during Post Pandemic. The school offers many Therapeutic Support programs, and individual, group, and family counseling. The district has 6 school psychologists on staff whose primary job is accessing students for their need of services and social/emotional learning programs. Issac Ramey hopes to work with the Behavioral Health Advisory Board and the County to strengthen the partnership between the schools and the County to provide training and all-around services. Director Jenine Miller suggests starting up a meeting with the school board, Anchor Health Management, and BHRS. 	
6. 10 Minutes	Data Notebook: Discussion and Possible Action	Board Action: Motion made by Member Alba, seconded by Member Gorny to approve the Data notebook. Motion Passes with six approvals. Member Bradley
		abstains
7. 15 minutes	 Anchor Health Management Report: Camille Schraeder, Anchor Health Management Inc. A. Services Update: Camille Schraeder says Anchor provides training that may be useful for the School Board. The caseload for severely mentally ill clients is 35, which has been challenging for her staff. With the closing of Manzanita, the focus was on providing adult services, therefore, the children's services were not at the same level as it was in previous quarters. Anchor Health management is working to balance adult and children's services. B. Staffing Update: The shared client plan portal has been incredibly helpful and has benefitted the programs. Currently they are facing a challenge with hiring a Supervisory Psychiatrist. 	Board Action: None.
8.	Mendocino County Report- Jenine Miller, BHRS Director	Board Action:
10 minutes	 A. Director Report Questions Director Miller plans to add legislative information in next month's Directors' report. Director Miller quickly reviews the director's report and there were no follow-up questions. 	None.

9. 10 Minutes	Update on Microphone/ Audio Set-up: Discussion and Possible Action	Board Action: Moved to the next meeting.
10. 10 Minutes	Behavioral Health Advisory Board Outreach: Discussion and Possible Action A. Flow Charts Distribution Plan B. Public Service Announcement	Board Action: Moved to the next meeting.
10. 5 Minutes	Member Comments: o Member Bradley mentions she is still looking for a District 4 member.	Board Action: None.
11. 2 minutes	Adjournment: 12:05 PM	Board Action: Motion made by Member Alba seconded by Member Gorny to adjourn the meeting.

AMERICANS WITH DISABLITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

BHAB CONTACT INFORMATION:

PHONE: (707) 472-2355 | FAX: (707) 472-2788

EMAIL THE BOARD: bhboard@mendocinocounty.org | WEBSITE: www.mendocinocounty.org/bhab





MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

2023 Meeting Schedule

DATE	LOCATION
February 22** 10:00 AM - 12:00 PM	Zoom Webinar
March 3 1:00 PM - 3:00 PM	Behavioral Health & Recovery Services, Conference Room 1 1120 South Dora St., Ukiah & Seaside Conference Room 778 S Franklin St., Fort Bragg
March 15 10:00 AM - 12:30 PM	Behavioral Health & Recovery Services, Conference Room 1 1120 South Dora St., Ukiah
March 29 10:00 AM - 12:30 PM	Behavioral Health Regional Training Center 8207 East Road, Redwood Valley & Seaside Conference Room 778 S Franklin St., Fort Bragg
April 26** 10:00 AM - 12:00 PM	Behavioral Health Regional Training Center 8207 East Road, Redwood Valley & Seaside Conference Room 778 S Franklin St., Fort Bragg
May 24 10:00 AM - 12:30 PM	Seaside Conference Room 778 S Franklin St., Fort Bragg
June 28** 10:00 AM - 12:00 PM	Behavioral Health Regional Training Center 8207 East Road, Redwood Valley
July 26 10:00 AM - 12:30 PM	Round Valley Branch Library, 23925 Howard St., Covelo
August 23** 10:00 AM - 12:00 PM	Behavioral Health Regional Training Center 8207 East Road, Redwood Valley
September 2 7 10:00 AM - 12:30 PM	Presbyterian Church, 44831 Main St., Mendocino
October 25** 10:00 AM - 12:00 PM	Behavioral Health & Recovery Services, Conference Room 1 1120 South Dora St., Ukiah & Seaside Conference Room 778 S Franklin St., Fort Bragg
November 15 10:00 AM - 12:30 PM	Behavioral Health & Recovery Services, Conference Room 1 1120 South Dora St., Ukiah & Seaside Conference Room 778 S Franklin St., Fort Bragg
December 13 10:00 AM - 12:30 PM	Behavioral Health Regional Training Center, 8207 East Road, Redwood Valley & Seaside Conference Room 778 S Franklin St., Fort Bragg

** = Measure B meeting is on the same day.

ANNUAL REPORT 2022

Mendocino County Behavioral Health Advisory Board



Compiled by Michelle Rich, MA, Chair 2022 and Flinda Behringer, Chair 2023

BEHAVIORAL HEALTH ADVISORY BOARD 2022 ANNUAL REPORT

TABLE OF CONTENTS

EXECUTIVE SUMMARY ACCOMPLISHMENTS ABOUT THE BOARD

Meetings
Committees
Board Members
Recognition of Service
ISSUES TO WATCH
RECOMMENDATIONS
ADDENDA

BEHAVIORAL HEALTH ADVISORY BOARD 2022 ANNUAL REPORT

EXECUTIVE SUMMARY:

After another year of the COVID-19 pandemic, the Mendocino County Behavioral Health Advisory Board (BHAB) continued to meet to oversee and advocate for behavioral health services in Mendocino County.

In total, BHAB held 12 regular meetings with a mix of ZOOM, hybrid-in-person and in-person meetings that dealt with a variety of topics including the following: 1) Staffing and recruitment issues; 2) CalAIM expansion of Medi-Cal and access to mental health insurance coverage; 3) 988 Suicide and Crisis line roll out; 4) Crisis Services Summary; 5) Feasibility study and recommendation to the Board of Supervisors (BOS) of a "super" Psychiatric Health Facility (PHF); 6) Need to increase the number of beds in the state mental health hospital system, primarily to divert more jail inmates with mental health and substance abuse issues from jails to treatment; 7) budget impacts of an increase in conservatorships; 8)Mental Health Services Act Updates; 9) In-Person meetings begun; 10) External Quality Review Organization (EQRO) Mental Health Plan FY2021-22 Report; 11) TeleHealth Services and 12) Tribal Advisory Committee.

1. Staffing and recruitment issues

California is experiencing a mental health crisis. Local agencies and Behavioral Health & Recovery Services (BHRS) are having difficulty recruiting and hiring qualified mental health professionals. The 2022 COVID surge stressed all of the providers. Providers adapted to this new normal by increasing daily calls and check-ins between agencies and confidentially sharing client plans between multiple agencies via a coordinated MAC (Multi-Agency Coalition) meeting process. More clients were returning to in person services by November, 2022 which also indicated a need for increased staffing. Anchor Health Management (AHM) use trainees from local masters programs to staff some positions. Neighboring counties pay more, so people commute outside Mendocino County to earn the extra dollars.

<u>2. CalAIM (California Advancing and Innovating Medi-Cal) expansion of Medi-Cal and access to mental health insurance coverage</u>

CalAIM is a new state program which aims to expand Medi-Cal services by altering medical necessity requirements so more persons can qualify for mental health services. California is working on parity requirements to create a standard of care across the system. Currently, Medi-Cal only serves persons with serious mental illness (SMI) who meet criteria. Persons classified as having mild to moderate mental health issues are served by Beacon, other private insurances or are uninsured.

3. 988 Suicide and Crisis Line roll out

The local crisis agencies and BHRS will continue to inform BHAB on what is happening at the state level and how the 988 Crisis Line will be rolled out. Currently, we have a 24 hour Crisis hot-line and two agencies providing crisis respite beds.

4. Crisis Services Summary

Crisis services meets with jail discharge planners weekly. Crisis is contacted for services when an individual is due to be released from jail in order to connect them to appropriate services and needed medications. Aftercare for released individuals continues to be a barrier to services as these services are voluntary. Mendocino County is seeing about 6 to 8 people/month from Lake County coming to access our services as they do not have the services. This additional load is time consuming for local hospitals and has a large financial impact on the county. One outcome from the Stepping Up Committee meetings is the beginning of an alert system put together by BHRS, ACT and UPD to assist law enforcement in figuring out where a client should and could go before they end up in jail. Mobile crisis is available seven days a week and can assist in this process. The Crisis Residential Treatment Facilty (CRT), "Orchard Project" obtained its license this year and opened its doors in May, 2022. BHAB has been in support of more crises services on the coast. Data Notebook reports an increase in youth receiving services who report significant levels of anxiety and depression and an increase in the use of crisis intervention services for youth. Anchor Health Management (AHM) provided a new 4 bed Crisis Residential Treatment facility for children on Cypress St. in Ft. Bragg in November. AHM provides medication support, hospitality and outpatient services at the facility.

5. Psychiatric Health Facility feasibility study and BOS recommendation

BHRS and partners (County General Services and Facility and Fleet departments, Nacht & Lewis, AECOM, LACO) presented to the BOS three options for the construction of a PHF at the Whitmore facility as follows: rehabilitation of existing structure; demolition and rebuilding, and consideration of a different site. The team concluded that demolition and rebuilding was the best option and the BOS agreed. The projected timeline was 38 months. The PHF will be a "super" PHF in order to meet Medicare and Medi-Cal standards. It will be a 16 bed facility and the plans for demolition are proceeding. As of 12/2022 all items have been removed from the Whitmore facility. BHRS insured that NAMI Mendocino will have an office on site as family education and access is critical to the support of persons with serious mental illness who have been hospitalized.

6. Need to increase the number of beds in the state mental health hospital system

In a finding in case Steeveti vs. Clint Denon the California State Supreme Court ruled that holding defendants in local county jails who have been deemed incompetent to stand trial by Superior Court judges is cruel and unusual punishment and unconstitutional. This ruling demonstrated the acute need to increase the number of beds in the State Hospital System to prevent incompetent individuals from spending months incarcerated, often in solitary confinement, while waiting for a bed.

7. Increase in Conservatorships

The increase in the number of conserved persons with severe mental illness has large impacts on the budget according to BHRS Director Miller. Realignment funds are used to cover these costs.

8. MHSA Quarterly Updates

Agencies Manzanita and Tapestry are merging to continue services. Staff and clients have been picked up by other agencies. There is a daily ACT meeting of agencies to address the needs of the most acute clients. The Children's system of care is still of concern compared to previous years. Staffing shortages have led to delays in care, which especially impacted youth. RQMC has addressed Corrective Action Plans (CAPs) and provided corrective plans to address appointment timeliness and timeliness from moment of service request to first offered appointment. MHSA and Quality

Improvement (QIC) Stakeholder Forum Schedule for 2022-2023 was published and MHSA Annual Update FY 2022-2023 report was provided to BHAB for input.

9. In Person meetings begun

The first person hybrid meeting began October, 2022. Board members, staff and public members approved and are supportive. The Behavioral Health Regional Training Center opened April 26, 2022 and BHAB held its third in-person hybrid meeting at the Training Center in December 2022.

10. EQRO Mental Health Plan FY 2021-22 Report

Agencies prepared for External Quality Review Organization (EQRO) that reviews County processes, functions, staffing levels and compliance with local mental health laws. Final Mendocino Mental Health Plan (MHP) recommendations included the need to increase bilingual staffing and the development of mentorship programs to increase options for interns in order to develop and retain staff. Re-hospitalization rates for Mendocino County are reported to be below state average levels.

11. TeleHealth Services

The use of Telehealth services has increased. These services worked better for adults than youth, allowing for more staff flexibility in scheduling and contact with clients.

12. Tribal Advisory Committee

Board members discussed the possible creation of a Tribal Advisory Committee to enhance communication regarding the mental health services that Native Americans are provided and to receive feedback from tribes regarding these services. The concept was that the Committee would be appointed by the tribes to speak to and advise the Board quarterly regarding their local mental health needs. Dr. Miller and Chair to discuss the concept with County Council.

ACCOMPLISHMENTS

The following is a list of accomplishments and actions taken by BHAB as well as Presentations to the Board by a variety of community agencies used for Board edification and action:

Flowcharts updated for distribution.

MHSA Plan Updated.

Data Notebook Committee began work on Data Notebook. The focus of the Notebook this year is the impact of the Covid-19 public health emergency on 1) the behavioral health of vulnerable populations and 2) the ability of county behavioral health departments to provide mental health and SUD treatment in 2020 and 2021.

Dr. Miller presented an overview of Mendocino MHP State Audits Results to the Board for review and comment.

September 2022, three applications for BHAB membership were endorsed and sent for approval to the BOS that approved all three.

November 2022, new Executive Committee officers were approved for 2023 as follows: Flinda Behringer, Chair; Michelle Rich, Vice Chair, Jo Bradley, Secretary and Richard Towle, Treasurer.

BHRS staff provided a copy of the ASO/Provider contract to the Contracts Committee and a list of all contracts was to be provided to the committee later in the year.

- Presentation made to Board by NAMI. Native Connections group formed with NAMI and tribal members whose purpose is to identify and discuss the gaps in mental health and substance abuse services within the Native American community.
- May is Mental Health Summit Presentation by Manzanita.
- Per BHAB discussion on the need for deescalation training, BHRS and MHSA provided a training in June on Cultural Responsiveness and Tribal Communities which covered the Native American experience of historical trauma and local experiences of discrimination and institutional distrust and explored clinical ways to improve trust and overcome barriers.
- Ford Street funding request to expand services for their social detox was reviewed with BHAB. Their proposal includes a new treatment area and the building of a new 22 bed sober living dorm for men. Public concerns expressed are that other detox models need to be looked at and that dual diagnosis issues have not been addressed. Suggestion was made that opioid settlement funds might be used instead of Measure B funds, an issue which has not yet been decided. The Grand Jury report does state that Measure B funds are supposed to be used for SUD treatment. BHAB member, Michelle Rich, brought board concerns to the Measure B Committee.
- Presentation from New Life clinic which is a new opioid use disorder treatment facility in Ukiah, which also offers MAT (Medication Assisted treatment) services.
- Per BHAB request, Dr. Miller provided an overview of the county process regarding certification to obtain a 5150 card. All staff are required to do 5150 training. Sarah Livingston, Director, Redwood Community Crisis Services, followed up the presentation with a discussion of the 5150 process after the county approves and issues the 5150 card to staff.
- BHAB Treasurer, Richard Towle attended CALBHB/C quarterly meeting in Chico and reported back to BHAB. He reports attendance was 20 in person and approx 45 via Zoom. He said many other counties are having difficulty recruiting BHAB members.
- BHAB Secretary, Jo Bradley, began work on local advertising and possible media campaign to increase membership on BHAB. In August BHAB reviewed and approved a PSA recruitment announcement to air on radio for the coast and inland.
- Mendonoma Health Alliance, whose mission is to improve local access to wellness education and prevention services gave a presentation on their anti-stigma campaign which includes videos of personal stories of community members who have overcome addiction. They provide substance use prevention education in the schools. One of their goals is to provide someone with recovery experience to help lead people through their recovery process.
- Substance Use Disorder Treatment Youth Prevention was presented by Buffey Bourassa, BHRS Community Wellness Program Administrator. Her main focus is prevention at all levels of substance abuse as well as community outreach which includes: health fairs, farmers markets, Willits High School, Native American Club, Friday Night Live programs and the Arbor Youth Resource Center. A county-wide tribal youth program was created to promote their community wellness programs. Funding sources are the SABG grants and COVID-19 relief funding from the CRRSAA/ARPA grant.
- Elevate Youth Prevention Grant was presented by Karen Lovato, BHRS Senior Program Manager. The grant is DHCS via Sierra Health Foundation Center for Health Program Management. The grant award is \$600,000 and it's term is 2/16/2022-11/15/2024. The grant focuses on youth activism via mentoring and Peer to Peer use. The goal is to

prevent the occurrence of youth substance use disorder through a policy, systems and environmental change approach. Outcomes include investment in youth empowerment, leadership and development.

Steve Dilley, Executive Director for Veterans Art Project, presented information on the statewide innovation grant which offers pop up art cafes for veterans mental health in 5 different CA counties, one of which is Mendocino. Deena Watson will host a pop up cafe in Mendocino and will keep BHAB informed of their progress.

ABOUT THE BOARD

The Mendocino County Behavioral Health Advisory Board (BHAB) serves as an advisory Board to the Board of Supervisors and the local Behavioral Health & Recovery Services Director. The Board is charged with, among other responsibilities, the duty to review and evaluate the community's public mental health needs, services, facilities and special problems in any facility within the county or jurisdiction where mental health evaluations or services are provided. The Board may review county agreements and make recommendations regarding concerns identified within these agreements.

BHAB is a 16 member board that represents consumers, family members and the public. One county supervisor sits as a non-voting, ex-officio member. BHAB is committed to consumers, their families, and the public and to the delivery of quality mental health care whose goals are recovery, human dignity and the opportunity for individuals to meet their full potential.

Meetings

12 regular meetings were held in 2022. No special meetings were held in 2022.

Committees

BHAB currently has 7 Ad Hoc committees. Two of these committees (Data Notebook and Public Comment) were added in 2022. The following are the Committees and their members: Advocacy and Legislation Committee: Jo Bradley, Secretary and Michelle Rich, Chair Appreciation Committee: Sergio Fuentes and Martin Martinez

Contracts Committee: Julia Eagles, Vice-Chair, Sergio Fuentes, Mills Matheson and Michelle Rich, Chair

Data Notebook Committee: Flinda Behringer, Vice-Chair, Mills Matheson and Michelle Rich, Chair

Membership Committee: Flinda Behringer, Vice-Chair, Jo Bradley, Secretary, Julia Eagles, Vice-Chair, Denise Gorny and Michelle Rich, Chair

Site Visit Committee: Flinda Behringer, Vice-Chair, Sergio Fuentes, Martin Martinez and Richard Towle, Secretary

Public Comment Follow-Up Committee: Martin Martinez and Jeff Shipp

Board Members

We began the year with three vacancies and are grateful to the members of the community who stepped up this fall to join us in service; Cayo Alba, Perri Kaller and Laura Betts. Three current members resigned this year: Julia Eagles, Mills Matheson and Larann Henderson. We continue our outreach for members, especially from District 4 which contained 3 vacancies for 2022. Current Board members include:

	12/31/23 12/31/25 12/31/25	Flinda Behringer 8/1/25 Jo Bradley 12/31/24 Martin Martinez 12/31/25
2nd DistrictTerm ends4th DistrictCayo Alba12/31/25VacantSergio Fuentes8/1/24VacantMichelle Rich12/31/24Vacant	Term ends 2025 2025 2025	Officers: Chair: Michelle Riich Vice-Chair: Flinda Behringer Secretary: Jo Bradley Treasurer: Richard Towle

BOS Supervisor: Maureen Mulheren

Recognition of Service

BHAB would like to recognize the service of the staff members of the Behavioral Health Services, in particular the leadership of Dr. Jenine Miller and Karen Lovato as well as the administrative support of Lilian Chavoya, Rosanna Santos and Dustin Thompson. Dr. Miller was selected to serve on the National Opioid Leadership Network. This Network is a learning and leadership building community of county officials pursuing innovative and evidence-based solutions with opioid settlement funds. She is the only representative from California. County behavioral staff and contracted agencies throughout the county continue to assist clients and we appreciate their commitment to serving individuals and families in Mendocino County.

BHAB would also like to recognize the guest speakers who took time to educate the Board about needs and services in the county. These include: NAMI, Manzanita, New Life clinic, Mendoma Health Alliance, Buffey Bourassa and Steve Dilley.

Finally, BHAB woould like to recognize and thank the Board members who resigned this year. They are: Larann Henderson, Mills Matheson and Julia Eagles. We appreciate and thank them for their service on the board and their service to the community.

THANK YOU!

ISSUES TO WATCH IN 2023

In 2023, the issues that we expect to be important to monitor include: jail services and hold times before transfer to state hospitals; the need to advocate for an increase in State Hospital beds; the development of housing locally; staffing shortages and increased need for college clinical training programs; attention to the children's' system of care and the implementation of CalAIM and the opportunities it may bring for serving the needs of the mild to moderate mental health population.

RECOMMENDATIONS

1. Designate an ad hoc committee to make actionable recommendations for increasing adequately trained mental health professionals. For example, a psych tech program; student loan forgiveness programs; housing incentives for relocating; partnering with a research university to develop a pipeline of appropriate professionals (similar to the Adventist Health Residency program) and encouraging retention of existing employees through incentives and appreciation programs. The county has already provided a student incentive by releasing some MHSA dollars to pay student debt and Mendocino

College is looking at a psych tech program in collaboration with Napa College. These efforts and others require increased board and financial support.

- 2. We have made progress in providing housing for the seriously mentally ill. We recommend continuing the development of housing options for the seriously mentally ill population and hosting community meetings at the locations of proposed projects to address local community concerns.
- 3. Continue to monitor the use of Measure B funds through the audit as well as the development of a management plan to increase efficiency and transparency.
- 4. Address financing issues for the mild to moderate population and become knowledgeable about the systemic changes brought by CalAIM.
- 5. Focus on the need to increase the provision of SUD treatment and residential services. Overdose deaths increase year after year and there is an increase in Emergency Department visits related to adult alcohol and drug misuse. Since SUD facilities tend to be full, we recommend an increase in these facilities. Mendocino County has social detox programs. We recommend working with the hospitals and agencies to also provide medical detox services.
- 5. Continue to advocate for broadband needs in Mendocino County. There is an inadequate supply of psychiatrists in Mendocino County and many of their services are provided by Telehealth. As the COVID-19 restrictions are lifted, we are still seeing clients who prefer to obtain services through Telehealth. This trend is increasing as Telehealth worked well for adults and they are likely to continue this preference in the future.
- 6. Make a sustained effort with the assistance of the BOS to recruit members to the BHAB, including a Veteran member.

ADDENDA

Letter to Broadband Alliance from 2021

Data Notebook

ard of Supervisors:

Behavioral Health Advisory Board

BHRS Director's Report



May 2023

- Recently passed items or presentations:
 - A) Mental Health:
 - B) Substance Abuse Disorders Treatment:
- Future BOS items or presentations:

2. Staffing Updates:

- o New Hires:
 - o Mental Health: 0
 - o Substance Use Disorder Treatment: 0
- o Promotions:
 - o Mental Health: 1
 - Substance Use Disorder Treatment: 0
- Transfers
 - o Mental Health: 0
 - Substance Use Disorder Treatment: 0
- o Departures:
 - o Mental Health: 0
 - Substance Use Disorder Treatment: 0

3. Audits/Site Reviews:

- o Completed/Report of Findings:
 - FY 2022/23 Annual County Monitoring Activities (ACMA) for MHP and DMC-ODS: Completed, results pending
 - o EQRO Review: Completed, results pending.
- o Upcoming/Scheduled:
 - 6/13/2023: Drug Medi-Cal Organized Delivery System (DMC-ODS) Annual Monitoring Review
 - o 6/13/2023: Substance Abuse Block Grant (SABG) Annual Monitoring Review
- Upcoming Site Reviews:
 - o MCBHRS Fort Bragg Clinic: Completed
 - o Tapestry Family Services: Completed
 - o RCS Crisis-Fort Bragg: Due 5/19/2023

4. Grievances/Appeals:

January 2023

- o MHP Grievances: 0
- o SUDT Grievances: 0
- o MHSA Issue Resolutions: 0
- Second Opinions: 0
- o Change of Provider Requests: 0

Provider Appeals: 0Consumer Appeals: 0

5. Meetings of Interest:

- MHSA Forum/QIC Joint Meeting Thursday June 1st 2023, 1:00 pm 3:00 pm at the Fort Bragg Hospitality Center, 101 N. Franklin Street and via Zoom https://mendocinocounty.zoom.us/j/82382668548
- Crisis Conversation with Consolidated Tribal Health Project Date TBD End of May. Consolidated Tribal Health Project has invited BHRS and various representatives of Crisis services for a panel conversation around crisis processes.

6. Grant Opportunities:

N/A

7. Significant Projects/Brief Status:

Assisted Outpatient Treatment (AOT): AB 1421/Laura's Law February 2023 Melinda Driggers, AOT Coordinator, is accepting and triaging referrals:

- o Referrals to Date: 139 (duplicated)
- o Total that did not meet AOT criteria: 113
 - Total Referrals FY 22/23: 14
 - o Client Connected with Provider/Services: 0
 - Unable to locate/connect with client: 3 (investigation report still completed in case another agency has contact with clients)
- Currently in Investigation/Screening/Referral: 1
- o Settlement Agreement/Full AOT FY 22/23: 0
- Other (Pending Assessments to file Petition): 3

Notes: There is going to be discrepancies with number of clients referred and clients that did not meet criteria. Just because someone was not ordered into AOT does not mean they did not meet criteria. There are times when the County files a petition and the client did not show up to court, a higher level of care was needed, client chose to participate in BHC instead, they were incarcerated, client left the area, etc.

Most of the referrals AOT receives are from service providers which means the client is already connected to services. When the county AOT Coordinator can contact a client, she assists in connecting them with services they are interested in.

Unable to locate/connect with client: - even if unable to contact the client the AOT Coordinator does a record review and notifies mobile crisis, mobile outreach, crisis, and the jail discharge planner letting them know we have a referral and need to touchbase with client. If it looks like the client likely meets criteria, the AOT Coordinator will put together an investigation report and send it for an assessment just in case they do have contact with the client.

8. Educational Opportunities:

o None

9. Mental Health Services Act (MHSA):

 Joint MHSA Forum and QIC Meeting: Thursday June 1, 2023, 1:00 pm − 3:00 pm at the Fort Bragg Hospitality Center 101 N. Franklin Street 95437 and via Zoom https://mendocinocounty.zoom.us/j/82382668548

10. Lanterman Petris Short Conservatorships (LPS):

Number of individuals on LPS Conservatorships: 59

11. Substance Use Disorders Treatment Services:

Number of Substance Use Disorders Treatment Clients Served in March 2023:

- o Total number of clients served: 87
- o Total number of services provided: 431
- o Fort Bragg: 22 clients served for a total of 96 services provided
- o Ukiah: 57 clients served for a total of 270 services provided
- o Willits: 12 clients served for a total of 65 services provided

Number of Substance Use Disorder Clients Completion Status

- o Completed Treatment/Recovery: 12
- o Left Before Completion: 10
- Lost Contact/Service Unavailable:5
- o Referred: 5
- o Total: 27
- o Average Length of Service: 163.22 Hours.

12. New Contracts:

o None.

13. Capital Facilities Projects:

- Willow Terrace Project:
 - No change to Capital Facilities. MHSA Innovation Healthy Living Community groups have begun; these include a walking group, healthy meals from a Food Bank box, and other activities.
- Orr Creek Commons Phase 2:
 - No change. Vacancies filled through the Coordinated Entry and Providers screening applications.





ORG	OBJ	ACCOUNT DESCRIPTION	YR/PER/JNL	EFF DATE	AMOUNT	INVOICE #	CHECK #	VENDOR NAME	COMMENT
MHB	862080 FOOD	FOOD							
		FOOD Total			\$0.00				
MHB	862150	862150 MEMBERSHIPS	2023/08/000050	02/02/2023	00:009	MCMH1/24/23BHBDUES	405912036	CALBHB/C	CALBHB/C MEMBERSHIP DUES FY2223
		MEMBERSHIPS TOTAL			\$600.00				
MHB	862170	OFFICE EXPENSE							
		OFFICE EXPENSE Total			\$0.00				
MHB	862190	PUBL & LEGAL NOTICES							
		PUBL & LEGAL NOTICES Total			\$0.00				
MHB	862210	RNTS & LEASES BLD GRD	2023/10/000549	4/13/2023	30.00				FY2223 BHAB MEETING 03/29/23
		RNTS & LEASES BLD GRD Total			\$30.00				
MHB	862250	862250 TRNSPRTATION & TRAVEL	2023/03/000229	9/1/2022	76.25	8/23/2022	4362485	Behinger, Flinda	Local 8/23/22 FY22/23
MHB	862250	TRNSPRTATION & TRAVEL	2023/03/000930	9/22/2022	42.28	12/16/21-6/24/22	4363621	Towle Richard	Local FY22/23
MHB	862250	TRNSPRTATION & TRAVEL	2023/10/000366	04/13/2023	131.00	3/2/23 - 3/29/23	405912334	BEHRINGER FLINDA	3/2/23 - 3/29/23 LOCAL TRAVEL
		TRNSPRTATION & TRAVEL Total			\$249.53				
		TRAVEL & TRSP OUT OF COUNTY Total			\$0.00				
		Grand Total			\$879.53				

				Remaining
OBJ	ACCOUNT DESCRIPTION	Budget Amount	YTD Exp	Budget
862080	Food	1,000.00	00:00	1,000.00
862150	Memberships	00.009	900.009	0.00
862170	Office Expense	200:00	00:00	200.00
862190	Publ & Legal Notices	0.00	0.00	0.00
862210	Rents & Leases Bld	30.00	30.00	00:00
862250	In County Travel	3,000.00	249.53	2,750.47
862253	Out of County Travel	2,000.00	00:00	2,000.00
	Total Budget	get \$7.130.00	\$879.53	\$6.250.47

Behavioral Health Recovery Services Mental Health FY 2022-2023 Budget Summary

Year to Date as of May 9, 2023

		•						1						
				EXP	EXPENDITURES					REVENUE	IUE			
	Program	FY 22-23 Approved Budget	Salaries & Benefits	Services & Supplies	Other Charges	Fixed Assets	Operating Transfers	Total Expenditures	2011 Realign	1991 Realign	Medi-Cal FFP	Other	Total Revenue	Total Net Cost
1	Mental Health (Overhead)	(4,024,268)	84,193	153,382	13,824,956	80,498	(65,666)	14,077,363	(2,904,363)	(2,773,192)	(7,678,196)	(837,801)	(14,193,552)	28,270,915
2	Administration - MHAD75	737,846	1,157,324	421,052			(153,175)	1,425,200				(256,869)	(256,869)	1,682,069
3	Mental Health Block Grant ARPA	0		262				262				0	0	262
4	CalWorks - MHAS32	38,371	36,960	14,590				51,550				(8,191)	(8,191)	59,740
5	Mobile Outreach Program - MHAS33	(41,083)	390,316	8,032			(180,991)	217,357				(314,495)	(314,495)	531,852
9	Adult Services - MHAS75	240,338	4,035	15,375				19,410					0	19,410
7	Path Grant - MHAS91	0		15,960				15,960	(9,422)				(9,422)	25,382
∞	SAMHSA Grant - MHAS92	0		120,915				120,915	(79,815)				(79,815)	200,730
6	Mental Health Board - MHB	7,130		880				880					0	880
10	CCMU -BCHIP	0		17,311				17,311				(857,294)	(857,294)	874,605
11	11 Business Services - MHBS75	805,465	706,419	37,429			(62,347)	681,501				(45,954)	(42,954)	727,455
12	CCMU-CRRSAA Grant - MHCCMU	0		218,879				218,879				(676,123)	(676,123)	895,002
13	Mental Health Block Grant CRRSAA	0		23,447				23,447				(31,399)	(31,399)	54,846
14	MH Grant (Other)	0		161,746				161,746				(318,042)	(318,042)	479,788
15	MAT Grant - MHMAT	0		50,963				50,963					0	50,963
16	16 AB109 - MHMS70	1,027	110,080	7,567				117,647				(105,447)	(105,447)	223,094
17	Conservatorship - MHMS75	1,896,328	330,101	178,393	2,221,939		(29,222)	2,701,212				(63,038)	(63,038)	2,764,250
18	MH CAL-AIM - MHCALA			15,920				15,920				(197,962)	(197,962)	213,882
19	QA/QI - MHQA99	506,229	287,720	58,956			(7,391)	339,285				(49,345)	(49,345)	388,630
0	a Total YTD Expenditures & Revenue		3,107,147	1,521,058	16,046,896	80,498	(498,792)	20,256,807	(2,993,600)	(2,773,192)	(7,678,196)	(3,761,960)	(17,206,948)	37,463,755

Behavioral Health Recovery Services Mental Health FY 2022-2023

167,383	3,771,297	1,667,615	18,769,395	0	(158,340)	24,049,967	6,525,253	3,579,855	10,604,948	3,172,528	23,882,584	167,383
	664,150	146,557	2,722,499	(80,498)	340,452	3,793,160	9,518,853	6,353,047	18,283,144	6,934,488	41,089,532	(37,296,372)

Behavorial Health Recovery Services Mental Health Services Act (MHSA) FY 2022-2023 Budget Summary Year to Date as of **May 9, 2023**

Program	FY 22-23 Approved Budget	Salaries & Benefits	Services & Supplies	Other Charges	Fixed	Operating Transfers	Total Expenditures	Revenue Prop 63	Other- Revenue	Total Net Cost
Community Services & Support	17,946	425,274	411,825	524,562		(43,508)	1,318,153	(2,102,663)	(101,293)	3,522,110
Prevention & Early Intervention	(52,755)	140,668	346,522			(771)	486,418	(513,923)	(6)985)	1,010,327
Innovation - MAINN	567,704	14,994	7,849			(2,271)	20,571	(137,715)		158,286
Workforce Education & Training	٠						1			1
Capital Facilities & Tech Needs							,			
Total YTD Expenditures & Revenue		580,936	766,195	524,562		(46,551)	1,825,142	(2,754,301)	(111,279)	4,690,722
FY 2022-2023 Approved Budget	532,895	689,526	4,415,118	1,532,776	0	(4,131)	6,633,289	(6,100,395)	•	532,894
Variance		108,590	3,648,923	1,008,214	1	42,420	4,808,147	(3,346,094)	111,279	(4,157,828)

Prudent Reserve Balance

1,018,338

WIC Section 5847 (a)(7) - Establishment & mantenance of a prudent reserve to ensure the county continues to be able to serve during years in which revenues for the Mental Health Services Fund are below recent averages adjusted by changes in the state population and the California Consumer Price Index.

Behavioral Health Recovery Services SUDT FY 2022-2023 Budget Summary Year to Date as of **May 9, 2023**

				EXP	PENDITURES					REVENUE	<u>.</u>			
	Program	FY 22-23 Approved Budget	Salaries & Benefits	Services and Supplies	Other Charges	Fixed Assets	Operating Transfers	Total Expenditures	SAPT Block Grant and FDMC	2011 Realign	Medi-Cal FFP	Other	Total Revenue	Total Net Cost
1	SUDT Overhead	(2,297,294)	21,301	(24,653)			(17,206)	(20,558)	(1,622,138)	(211,626)	(109,542)	151,767	(1,791,540)	1,770,982
2	County Wide Services - DD0035	1,415,273		793,896				793,896					0	793,896
3	Elevate Youth - DD00EY	٠		45,472				45,472				(115,258)	(115,258)	160,730
4	Drug Court Services - DD0105		103,609	49,275			(24,747)	128,136		(54,981)		(50,135)	(105,116)	233,252
5		8,445	303,573	99,135			(153,219)	249,489		(15,659)		(37,516)	(53,175)	302,664
9	Women In Need of Drug Free Opportunties - DD0125	(1)		47,342			(31,223)	77,465		(54,933)		(227)	(55,161)	132,626
7	Family Drug Court - DD0127		109,614	21,891			(83,038)	48,467					0	48,467
∞	Friday Night Live - DD0158	٠		23,488				23,488					0	23,488
6	Willits Adult Services - DD0200		80,821	20,915			(65,668)	36,068					0	36,068
10	Fort Bragg Adult Services - DD0300	206,022	105,200	27,062			(23,367)	108,896				(523)	(523)	109,419
11	DDMIP			32,432				32,432				(172,240)	(172,240)	204,671
11	Administration	824,861	413,384	446,685			(104,006)	756,063				(244,542)	(244,542)	1,000,605
12	Adolescent Services	(68,937)	91,699	3,813			(19,603)	75,909	2,702			(34,987)	(32,285)	108,194
13	13 SABG ARPA			27,539				27,539				20,403	20,403	7,137
14	COSSAAP			92,435				92,435				32,194	32,194	60,242
15	15 SABG CRRSAA			222,574				222,574				32,193	32,193	190,381
16	16 DDMATX			55,072				55,072				(8,000)	(8,000)	63,072
17	DDGRNT			17,082				17,082				(17,084)	(17,084)	34,166
18	Prevention Services	0	155,720	15,974			(104,034)	67,660				(207)	(207)	67,867
а	a Total VTD Expenditures & Revenu	88,370	1,446,267	2,017,430	0	0	(626,111)	2,837,586	(1,619,436)	(125,574)	0	(444,162)	(2,510,340)	5,347,926
þ	b FY 2022-2023 Budget	88,370	2,284,613	2,409,905	0	0	(1,037,852)	3,656,666	1,675,741	736,860	440,130	715,565	3,568,296	88,370
O	c Variance	0	838,346	392,475	0	0	(411,741)	819,080	3,295,177	862,434	440,130	1,159,727	6,078,636	(5,259,556)

Timeliness Charts and Graphs

	Length of Time fror	m Initial Request to	Length of Time from Initial Request to first offered Appt Mean RPGA - MHP Grandard or Goal - 10 Ricinese Days - 90%	ean		Length of Time fron
	All Services	Adult Services	Children's Services	Foster Care		All Services
21/22 Avg.	6	6	10	9	21/22 Avg.	80
Apr-22	11	17	17	n/a	Apr-22	15
May-22	11	6	13	2	May-22	10
Jun-22	7	7	7	9	Jun-22	9
Jul-22	00	00	00	10	Jul-22	7
Aug-22	9	7	9	7	Aug-22	9
Sep-22	2	4	2	1	Sep-22	5
Oct-22	72	5	ις	4	Oct-22	4
Nov-22	2	2	2	7	Nov-22	4
Dec-22	4	4	3	4	Dec-22	e
Jan-23	2	9	es	2	Jan-23	4
Feb-23	4	9	6	e	Feb-23	4
Mar-23	4	4	4	9	Mar-23	3
12 Mo. Avg.	9	7	7	2	12 Mo. Avg.	9

QI Work Plan 2.1

85% n/a 100% 100% 100% 100% 100%

64% 47% 79% 83% 89% 100%

53% 53% 78% 85% 76% 84% 100%

21/22 Avg.
Apr-22
May-22
Jun-22
Jul-22
Aug-22
Sep-22
Oct-22

4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4		All Consisor	A de la Consciona	Children's Consison	Carl Land
15 15 15 15 15 15 15 15 15 15 15 15 15 1		All Services	Addit services	Children's Services	Foster Care
115 110 110 110 110 110 110 110 110 110	21/22 Avg.	8	8	6	9
4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	Apr-22	15	10	16	n/a
0 1 2 2 4 4 8 4 8 9 9 9 8 4 4 4 8 9 9 9 9 8 4 7 4 8 9 9 9 9 9 8 4 7 4 8 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9	May-22	10	7	13	2
4	Jun-22	9	00	9	Ŋ
7 Critical Control Con	Jul-22	7	4	00	10
4 2 4 4 8 4 4 8 9 9 4 4 8 9 9 9 9 9 9 9 9 9	Aug-22	9	7	9	9
4 4 8 4 8 8 8 6 7 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6	Sep-22	5	4	9	1
4 W 4 4 W M M M M M M M M M M M M M M M	Oct-22	4	2	6	e
4 4 4 8 8 9 4 4 4 8 9 9 4 4 4 4 8 9 9 9 9	Nov-22	4	4	4	7
4 4 4 6 6 6 7 7 7 7 7 7 7 7 7 7 7 7 7 7	Dec-22	e	8	2	e
Trigory Cristian Comments of the Comments of t	Jan-23	4	7	3	2
E 9 C.	Feb-23	4	9	0	0
Total de la company de la comp	Mar-23	6	4	3	00
	12 Mo. Avg.		9	9	4
Constraint draw draw draw draw draw draw draw draw	16 12 12 10 10 10 10 10 10 10 10 10 10 10 10 10				//
	- 5	4	4	4	4

100%	100%	100%	100%	100%	100%	C. In
%56	%86	100%	100%	%26	83%	C. And C.
%96	82%	91%	%26	%86	87%	Contract of Contra
82%	%96	95%	%66	98%	84%	chita chita
Nov-22	Dec-22	Jan-23	Feb-23	Mar-23	12 Mo. Avg.	100% 100% 60% 40% 20% 0%

	E. Jen
	Extens Chart And
	CAN CAN
	4. C.
	C.Inf
	Treas de Joseph Co

EZ Day

Educa 42380

Chyo

Charge Charge

C. Bry

Cin

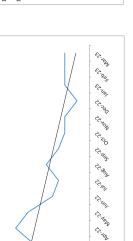
Cun Chen

C5.108

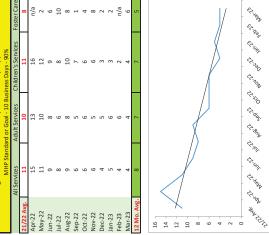
QI Work Plan 2.2 2.

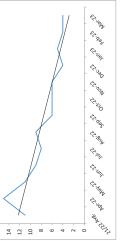
Graphs of "All Services"

	All Services	Adult Services	Children's Services	Foster Care
1/22 Avg.	6	6	10	8
Apr-22	12	6	15	n/a
May-22	10	7	13	2
Jun-22	9	10	9	Ŋ
Jul-22	ις	9	7	10
Aug-22	7	7	7	7
Sep-22	Ŋ	4	7	1
Oct-22	4	4	4	e
Nov-22	4	2	4	00
Dec-22	2	4	2	1
Jan-23	4	9	m	2
Feb-23	4	9	0	n/a
Mar-23	4	4	3	8
12 MA AVICE	9	У	y	V



,	All Services	Adult Services	Children's Services	Foster Care
21/22 Avg.	97%	%89	21%	%69
Apr-22	45%	64%	33%	n/a
May-22	51%	71%	38%	100%
Jun-22	20%	82%	%29	100%
Jul-22	80%	75%	82%	100%
Aug-22	%59	20%	29%	75%
Sep-22	88%	91%	85%	100%
Oct-22	88%	93%	85%	100%
Nov-22	93%	%26	88%	100%
Dec-22	%96	82%	%26	100%
Jan-23	93%	91%	%46	100%
Feb-23	%66	%26	100%	n/a
Mar-23	826	%86	826	100%
12 Mo. Avg.	79%	84%	%92	%26
120%				
100% -			\	\
80%		1		
- %09		>		
40% -				
20% -				
%0				
7	Charles Contractions of the second	47/1.	Chy do do do do	Con Con
A TOTAL	r x	家名	8 7	4





Graphs of "All Services"

QI Work Plan 2.5 Combined Bus & After Hrs

All Services Adult Sen
Mean - MHP Standard o
Length of Time from Service Request f

	IVIEGII - IVIE	Medii - Mitr Staffual of Godi - 95% (Millutes)	- 55% (Millates)	
	All Services	Adult Services	Children's Services	Foster Care
21/22 Avg.	13	13	14	14
Apr-22	15	14	22	22
May-22	14	15	13	16
Jun-22	16	16	18	20
Jul-22	13	13	15	19
Aug-22	12	13	10	0
Sep-22	15	15	12	11
Oct-22	15	16	10	22
Nov-22	13	12	18	13
Dec-22	12	12	6	n/a
Jan-23	14	14	15	24
Feb-23	15	15	12	14
Mar-23	6	6	6	15
2000 000 61	7.7	1.4	7.7	16

May-22
Jun-22
Jul-22
Aug-22
Sep-22
Ooct-22
Jan-23
Feb-23
Mar-23
IZ Mo. Avg.

18 16 10 10 10 6 6 4 4	the the desired of th
Graphs of "All Services"	

E. C. G.
- 62,380
the state of
chy,
Change Children

0 8 8 7 9 9 8 8 1 1 0

- 1/2	
Cun	
CARN	
284	
- "	
and the	
d	
Г	
62	
EZ-Jehn	
- 62,00	
E. 3	
Educy	
500	
20	
- chow	
- c2 ₃₀	
70	
- cz paż	
C. Any	
972	
- College	
ر کے	
Cann	

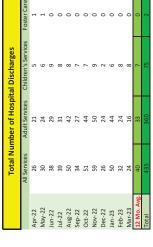
EC-18W

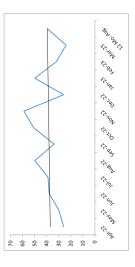
Echer Coad

Chan . th

CZ-085 C. Bry

Cin





-	æ															_
Length of Time from Ser	Percent of CIC that me	All Services	%86	%96	%86	%26	%66	%66	%66	%96	%66	%66	%96	%86	100%	98%
Length	Percer		21/22 Avg.	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22	Jan-23	Feb-23	Mar-23	12 Mo. Avg.
counter		Foster Care	8	10	16	15	19	19	11	22	13	n/a	24	11	15	16
vice Request for urgent Appt. to Actual Encounter	al - 95% (Minutes)	Children's Services	4	10	7	15	12	0	0	0	13	0	12	0	0	9
vice Request for urg	AHP Standard or Goal - 95% (Minutes)	Adult Services	4	2	2	2	0	0	00	00	0	0	0	00	0	3
<	5		1													

21/22 Avg.	%86	%86	%26	%86
Apr-22	%96	%86	%98	100%
May-22	%86	%86	%86	100%
Jun-22	%26	%96	100%	100%
Jul-22	%66	%66	100%	100%
Aug-22	%66	%66	100%	100%
Sep-22	%66	%66	100%	100%
Oct-22	%96	95%	100%	100%
Nov-22	%66	%66	100%	100%
Dec-22	%66	%66	100%	n/a
Jan-23	%96	82%	%86	100%
Feb-23	%86	%66	%26	100%
Mar-23	100%	100%	100%	20%
12 Mo. Avg.	%86	%86	%86	100%
101%				
100%				
%66				\
%86	4		+	1
7 74.0	K		<i></i>	\
			>	>
%96	>		>	>
95%				
76/46				
87	4.	4.	40.	\$1. \$1. \$1.
200	Te.		30 m	164 80.j
, d				

.9	QI Work Plan 2.F	QI Work Plan 2.6

Total Number of Hospital Admissions

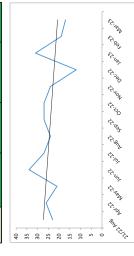
	All Services	Adult Services	Children's Services	Foster Care
Apr-22	42	32	10	2
May-22	37	30	7	0
Jun-22	52	40	12	0
Jul-22	54	46	00	0
Aug-22	45	32	13	0
Sep-22	20	44	9	0
Oct-22	54	47	7	0
Nov-22	48	41	7	0
Dec-22	47	45	2	0
Jan-23	28	49	6	0
Feb-23	44	35	6	0
Mar-23	38	26	12	0
12 Mo. Avg.	48	40	8	0
Total	531	441	06	2
07				
- 09			•	
G.			<	
/			/ 	
?	>			>
30 -				
- 20				
- 01				
2 0				
C. 10%	Charles Charles Charles	47 00	Ex day Ex like Visal Visal	S. Jehr
		,		No.

Graphs of "All Services"

Tim	eliness of follow-up	encounters post p	Timeliness of follow-up encounters post psychiatric inpatient discharge	charge
	Total number of	Medi-Cal payor fo	Total number of Medi-Cal payor follow-up appointments	
	All Services	Adult Services	Children's Services	Foster Care
21/22 Avg.	23	19	4	0
Apr-22	26	21	2	0
May-22	21	16	2	1
Jun-22	34	26	80	0
Jul-22	27	26	1	0
Aug-22	24	19	2	0
Sep-22	27	23	4	0
Oct-22	27	24	6	0
Nov-22	24	22	2	0
Dec-22	12	11	1	0
Jan-23	31	27	4	0
Feb-23	19	16	6	0
Mar-23	17	6	80	0
12 Mo. Avg.	25	21	4	0

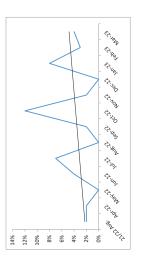
100% 100% 100% 100% 100% 100% 0%

21/22 Avg Apr-22 May-22 Jun-22 Jul-22 Sep-22 Oot-22 Nov-22 Dec-22 Jan-23 Mar-23 Mar-23



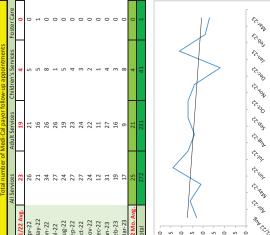
100%. 100%.	
102% 100% 99% 99% 99% 88% 88% 88% 76% 76% 76%	

	Readmissic	on Rate - Goal is 10%	Readmission Rate - Goal is 10% or less within 7 days	
	All Services	Adult Services	Children's Services	Foster Care
21/22 Avg.	% Z	3%	%0	%0
Apr-22	7%	3%	%0	%0
May-22	%0	%0	%0	%0
Jun-22	4%	2%	%0	%0
Jul-22	7%	%/	13%	%0
Aug-22	%0	%0	%0	%0
Sep-22	2%	7%	%0	%0
Oct-22	12%	14%	%0	%0
Nov-22	2%	7%	%0	%0
Dec-22	%0	%0	%0	n/a
Jan-23	%8	%6	%0	n/a
Feb-23	3%	4%	%0	n/a
Mar-23	4%	%0	13%	n/a
	400	407	10/	/00



																	_
	Foster Care	0	0	0	0	0	0	0	0	0	n/a	0	0	0	0	0	the state of the s
Total number of readmissions within 7 days of discharge	Children's Services	0	0	0	0	П	0	0	0	0	0	0	0	1	0	1	Childry Children
readmissions withir	Adult Services	1	1	0	2	33	0	1	9	1	0	4	1	0	2	19	chido chiago
Total number of	All Services	1	1	0	2	4	0	1	9	1	0	4	1	1	2	20	chint chint
	4	21/22 Avg.	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22	Jan-23	Feb-23	Mar-23	12 Mo. Avg.	Total	2 2 4 W 2 1 0 GIV

Graphs of "All Services"



ervices"
is of
raph

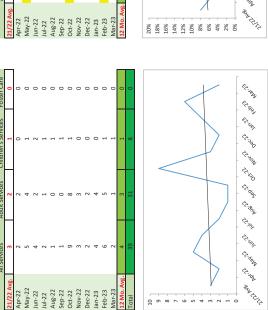




N/A N/A 14% 17% 17% 17% 17% 13% 0%

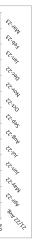
6% 6% 6% 6% 6%

5% 88% 28% 28% 18% 88% 88%



Graphs of "All Services"

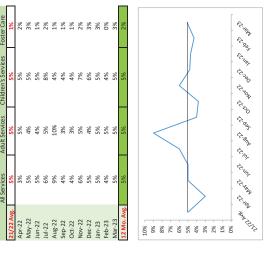
20% 118% 116% 112% 10% 8% 6% 2% 0%



El got the Wall Now

C. Ing Cun

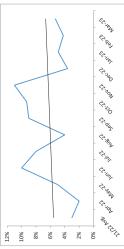






QI Work Plan 3.1 8.0

	Average	Average Psychiatric Patient No-Show Rates	No-Show Rates	
	MHP Standard	d for Psychiatrists -	MHP Standard for Psychiatrists - No Higher than 10%	
	All Services	Adult Services	Children's Services	Foster Care
21/22 Avg.	3%	4%	7%	3%
Apr-22	7%	3%	7%	%0
May-22	2%	2%	3%	%9
Jun-22	10%	11%	2%	%0
Jul-22	%8	%6	7%	72%
Aug-22	4%	2%	4%	%0
Sep-22	%6	10%	4%	17%
Oct-22	%6	10%	7%	%0
Nov-22	11%	11%	11%	%0
Dec-22	4%	3%	2%	13%
Jan-23	2%	2%	3%	%0
Feb-23	4%	3%	%6	%0
Mar-23	2%	%9	4%	7%
12 Mo. Avg.	%9	2%	2%	%9





Updated Brown Act Regulations

End of Current State of Emergency, and New Remote Participation Rules (Assembly Bill 2449)

As of December 2022, many local public agency boards continue to hold wholly virtual board meetings because of the COVID-19 pandemic. Boards are expressly allowed to do this during a state of emergency by making specific findings under Assembly Bill 361 (2021). However, Governor Newsom announced that the COVID-19 state of emergency will end on **February 28, 2023**. When the state of emergency ends, agencies will no longer be able to trigger AB 361's remote meeting procedures in reliance on that COVID-19 emergency. Even after the state of emergency ends, board members may continue to participate remotely by telephone and/or videoconference under the Brown Act teleconference rules that existed before the pandemic. Those teleconference rules are found in Government Code section 54953(b).

Beginning January 1, 2023, Assembly Bill 2449 (AB 2449) also allows individual board members to participate in meetings remotely during "emergency circumstances," such as physical or family medical emergencies, or for "just cause," including childcare or caregiving needs, contagious illness, a disability, or travel on official agency business. Unlike the traditional teleconference rules, AB 2449 allows a board member to remotely participate without as much pre-planning. The board member's teleconference location does not need to be posted on the meeting notice or agenda and does not have to be open to the public. However, **all** the following requirements apply when a board member is using the new AB 2449 rules:

- At least a <u>quorum of the board must participate in the meeting from a single</u> <u>physical location</u> that is identified on the notice and agenda, is open to the public, and is located within the jurisdiction. This is different from the traditional teleconference rules where a quorum of the board must be within the jurisdiction but not necessarily all at one physical location.
- The agenda must <u>provide an option for members of the public to participate in the meeting remotely by phone and internet, e.g., a dial-in number and link, in addition to public participation at the physical location. It is permissible for third-party website or internet platform providers to require the public to register/log-in. The public <u>must be able to comment in real-time</u>, and the board cannot require submission of comments in advance.</u>
- The board member using AB 2449 must notify the agency at the earliest opportunity possible, even at the start of the meeting. A separate request and disclosure are required for each meeting. The <u>disclosure must include a general description of the need to participate remotely</u>, if they need not disclose any medical diagnosis or disability, or personal medical information. At the meeting before any action is taken, the board member must <u>publicly disclose whether any adults are present in the room with the board member</u>, and the general nature of the person's relationship.
- The board member must participate remotely by <u>audio and video</u>.

- A board member may only participate remotely based on "just cause" for **two meetings per calendar year**.
- In addition, a board member <u>may not participate remotely under AB 2449 for more than three consecutive months, or for 20 percent of the regular meetings within a calendar year</u>. If the governing body meets 10 or fewer times per year, each board member may only use AB 2449 twice per year.
- If the broadcast of the meeting or the public's ability to comment via call-in or internet-based options is **disrupted**, **the board cannot take further action until restored**. Any actions taken during disruption may be challenged.

Because of the many conditions for using AB 2449, we expect the traditional teleconference rules under the Brown Act may continue to be the go-to rules for board members seeking to participate remotely in meetings. AB 2449 sunsets on January 1, 2026.

Distribution of Public Meeting Materials (Assembly Bill 2647)

Assembly Bill 2647 ("AB 2647") makes small changes to the requirements for agencies distributing board meeting materials to board members within 72 hours of a meeting. Currently, meeting materials distributed during the 72-hour window ahead of a regular meeting must be made available for public inspection at the office or agendized location at the same time they are distributed to a majority of the board, which can raise practical issues when documents are emailed and/or agencies are working remotely. AB 2647 gives agencies flexibility to instead post such materials online, so long as **all** the following requirements are met:

- Posting online is only sufficient if the agency had <u>previously posted an initial staff</u> report or similar document with an executive summary and staff recommendation (if any) relating to the agenda item at least 72 hours before the meeting, at the office or meeting location identified on the agenda.
- The meeting materials are <u>immediately posted on the website in a way that makes it</u> <u>clear they relate to the same agenda item for the upcoming meeting</u>.
- The web address is listed on all meeting agendas.
- Physical copies of the meeting materials are made available for public inspection at the next regular business hours, at the office or meeting location designated in the agenda, and only if the next regular business hours commence within 24 hours (i.e., cannot be done from a Friday to a Monday).

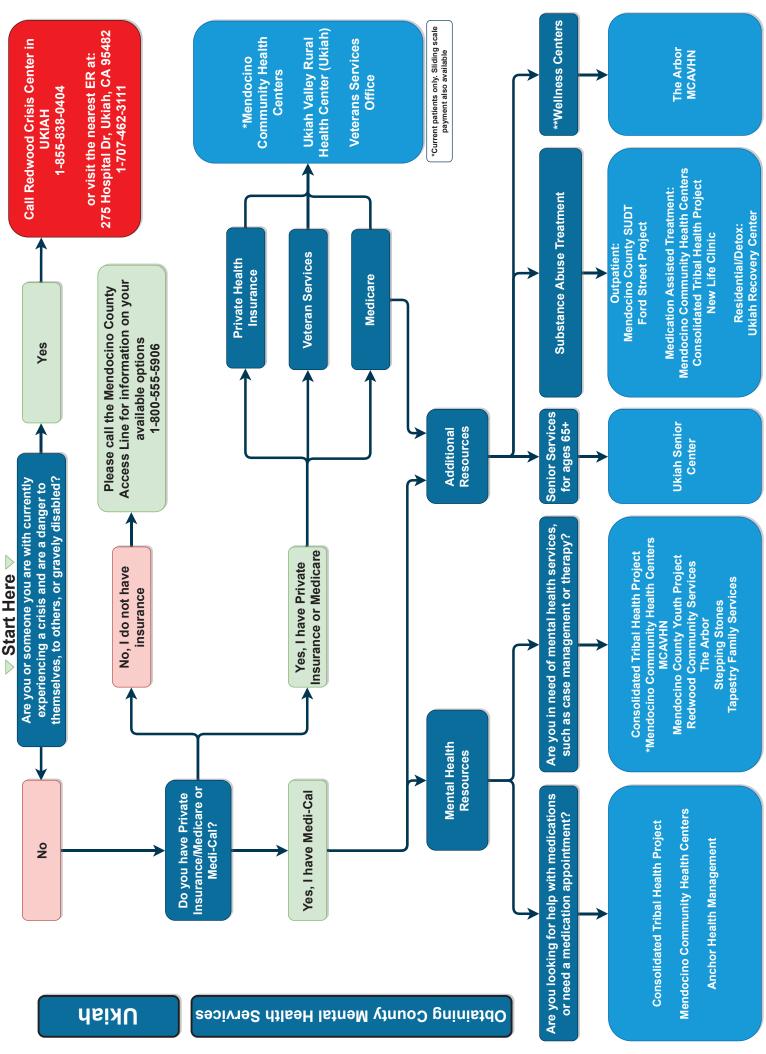
Removal of Disruptive Individuals (Senate Bill 1100)

Senate Bill 1100 ("SB 1100") amends the Brown Act to authorize the presiding board member (e.g., the board chair) to remove disruptive individuals from a board meeting, so long as the individual is first warned by the presiding board member that their behavior is disrupting the meeting and failure to cease such behavior may result in removal. If the behavior does not promptly cease, the individual may be removed.

"Disrupting" is defined as engaging in behavior during a meeting of a legislative body that disrupts, disturbs, impedes, or renders infeasible the orderly conduct of the meeting. This includes failure to comply with regulations adopted by the board or engaging in behavior that constitutes the use of force or a true threat of force. "True threat of force" means a threat that has sufficient indicia of intent and seriousness, that a reasonable observer would perceive it to be an actual threat to use force by the person making the threat.

SB 1100 is in addition to existing Brown Act procedures for clearing the room when meeting order cannot be restored, as well as existing rights for agencies to adopt reasonable regulations on disruptive conduct.

Link: https://www.calcities.org/news/post/2022/12/15/brown-act-changes-are-coming-to-cities-in-2023.-here-is-what-to-expect



^{**}A Wellness Center is where healthcare professionals, nutritionists and/or life-coaches provide a variety of treatments and services to encourage and educate people on the health of their minds and bodies.

Mendocino County Youth Project 776 South State Street #107

o South State Street #107 Ukiah, CA 95482 1-707-456-9600

Redwood Community Services

631 S. Orchard Avenue Ukiah, CA 95482 1-707-467-2010

The Arbor Youth Resource Center

810 North State Street Ukiah, CA 95482 1-707-462-7267

Stepping Stones

140 Gibson Street Ukiah, CA 95482 1-707-468-5536

Tapestry Family Services

290 East Gobbi Street Ukiah, CA 95482 1-707-463-3300

Ukiah Senior Center

497 Leslie Street Ukiah, CA 95482 1-707-462-4343

Ukiah Valley Rural Health Center

260 Hospital Drive Ukiah, CA 95482 1-707-463-8000

Veteran Services Office 405 Observatory Avenue

Ukiah, CA 95482 1-707-463-4226

Ukiah Recovery Center

139 Ford Street Ukiah, CA 95482 1-707-462-6290

Anchor Health Management

350 East Gobbi Street Ukiah, CA 95482 1-707-472-0350

Mendocino County

Substance Use Disorders Treatment 1120 South Dora Street

Ukiah, CA 95482 1-707-472-2637

Consolidated Tribal Health Project

6991 North State Street Redwood Valley, CA 95470 1-707-485-5115

MCAVHN

148 Clara Avenue Ukiah, CA 95482 1-707-462-1932

New Life Clinic

280 East Standley Street Ukiah, CA 95482 1-707-466-0001

Mendocino Community Health Centers:

Little Lake Health Center

45 Hazel Street Willits, CA 95490 1-707-456-9600

Dora Street Health Center

1165 S. Dora Street Ukiah, CA 95482 1-707-468-1015

Hillside Health Center

333 Laws Avenue Ukiah, CA 95482 1-707-468-1010

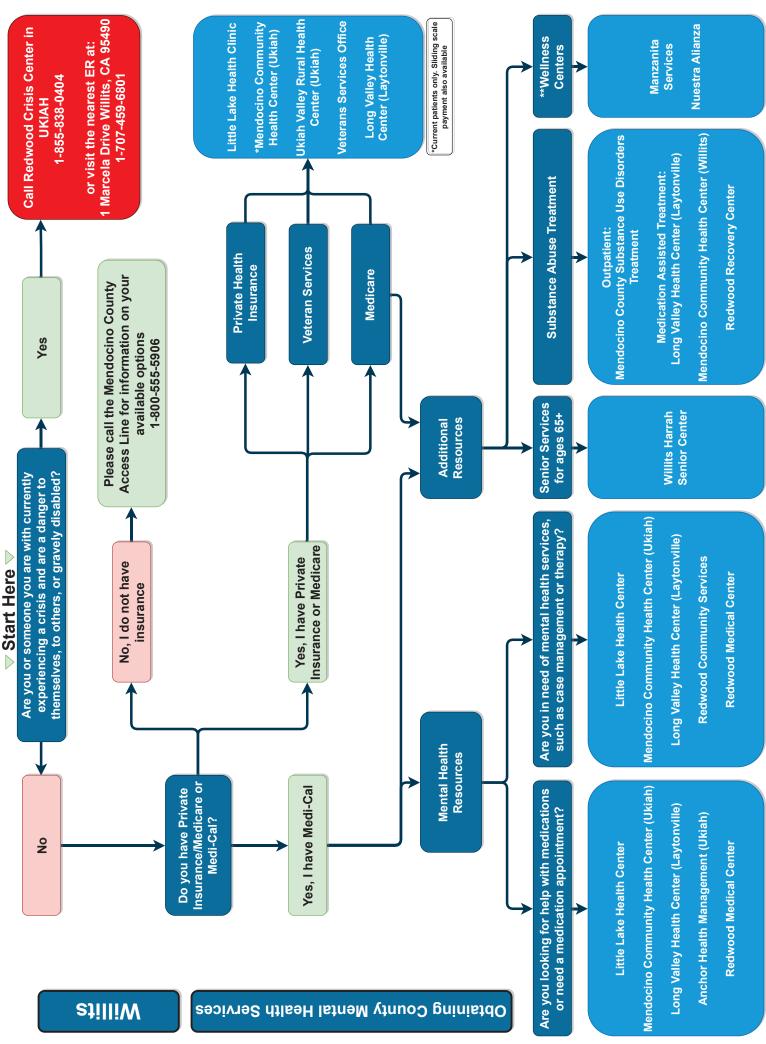
Obtaining Mental Health Services in Mendocino County

Ukiah



Mental Health Crisis Line: 1-855-838-0404

Mental Health Access Line: 1-800-555-5906



^{**}A Wellness Center is where healthcare professionals, nutritionists and/or life-coaches provide a variety of treatments and services to encourage and educate people on the health of their minds and bodies.

Substance Use Disorders Treatment 472 E. Valley Street Mendocino County

Willits, CA 95490 1-707-456-3850

Nuestra Alianza de Willits

291 School Street #1 Willits, CA 95490 1-707-456-9418

Willits Harrah Senior Center

1501 Baechtel Road Willits, CA 95490 1-707-459-6826

Long Valley Health Center

Laytonville, CA 95454 50 Branscomb Road 1-707-984-6131

Mendocino Community Health Centers:

Little Lake Health Center

Willits, CA 95490 1-707-456-9600 45 Hazel Street

Dora Street Health Center

1165 S. Dora Street Ukiah, CA 95482 1-707-468-1015

Hillside Health Center

333 Laws Avenue Ukiah, CA 95482 1-707-468-1010

Veterans Services Mendocino County

189 North Main Street Willits, CA 95490 1-707-456-3792

Redwood Medical Center

1 Marcela Drive, Suite C Willits, CA 95490 1-833-249-3556

Redwood Community Services

631 S. Orchard Avenue Ukiah, CA 95482 1-707-467-2010

Anchor Health Management

350 E. Gobbi Street Ukiah, CA 95482 1-707-472-0350

Redwood Medical Clinic

3 Marcela Drive, Suite C Willits, CA 95490 1-707-459-6801

Community Resources:

National Alliance on Mental Illness (NAMI) Ukiah, CA 95482 P.O. Box 1945

1-707-391-6867

Redwood Coast Regional Center

Fort Bragg, CA 95437 270 Chestnut Street 1-707-964-6387

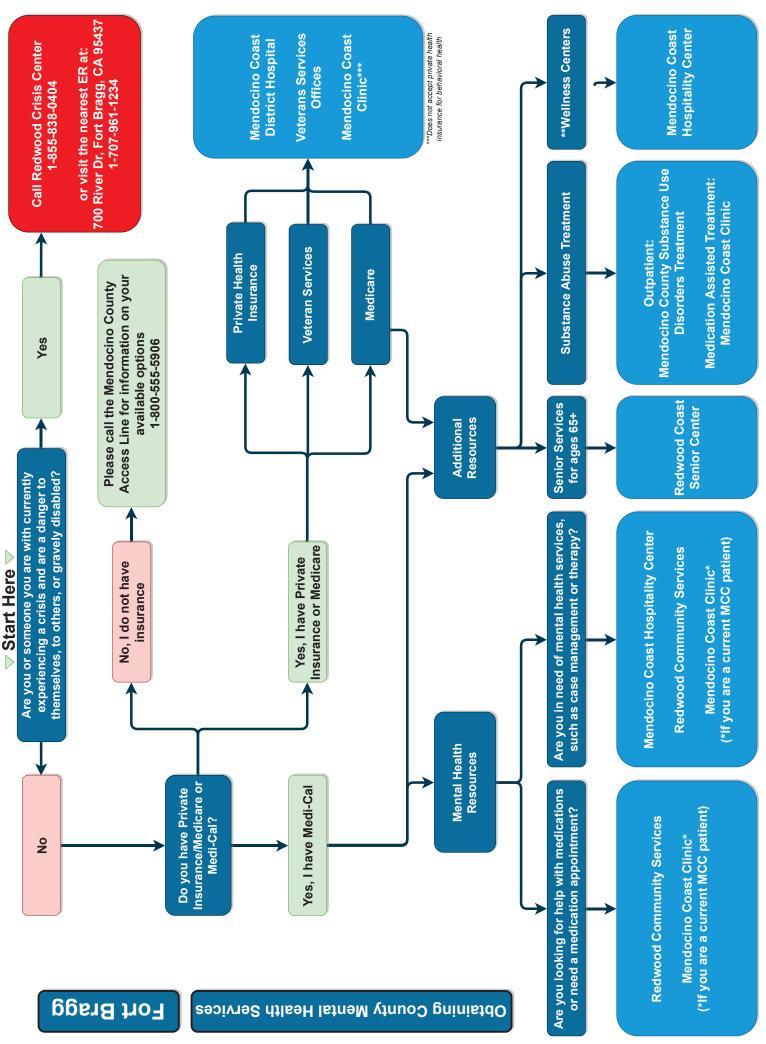
Health Services in Obtaining Mental Mendocino County



Mental Health Crisis Line:

Mental Health Access Line: 1-855-838-0404

1-800-555-5906



^{**} Wellness Center is where healthcare professionals, nutritionists and/or life-coaches provide a variety of treatments and services to encourage and educate people on the health of their minds and bodies.

Mendocino Coast Clinic

205 South Street Fort Bragg, CA 95437 1-707-964-1251

Mendocino Coast District Hospital

700 River Drive Fort Bragg, CA 95437 1-707-961-1234

Redwood Community Services

143 West Spruce StreetFort Bragg, CA 954371-707-964-4770

Mendocino Coast Hospitality Center

101 North Franklin Street Fort Bragg, CA 95437 1-707-961-0172

Mendocino Community Health Centers:

Little Lake Health Center

45 Hazel Street Willits, CA 95490 1-707-456-9600

Dora Street Health Center

1165 S. Dora Street Ukiah, CA 95482 1-707-468-1015

Hillside Health Center

333 Laws Avenue Ukiah, CA 95482 1-707-468-1010

Redwood Coast Senior Center

490 North Harold Street Fort Bragg, CA 95437 1-707-964-0443

Mendocino County SUDT

790 South Franklin Street Fort Bragg, CA 95437 1-707-961-2665

Mendocino County Veterans Services

360 North Harrison Street Fort Bragg, CA 95437 1-707-964-5823

Community Resources:

National Alliance on Mental Illness (NAMI)

P.O. Box 1945 Ukiah, CA 95482 1-707-391-6867

Parents and Friends Inc.

306 East Redwood Avenue Fort Bragg, CA 95437 1-707-964-4940

Redwood Coast Regional Center

270 Chestnut Street Fort Bragg, CA 95437 1-707-964-6387

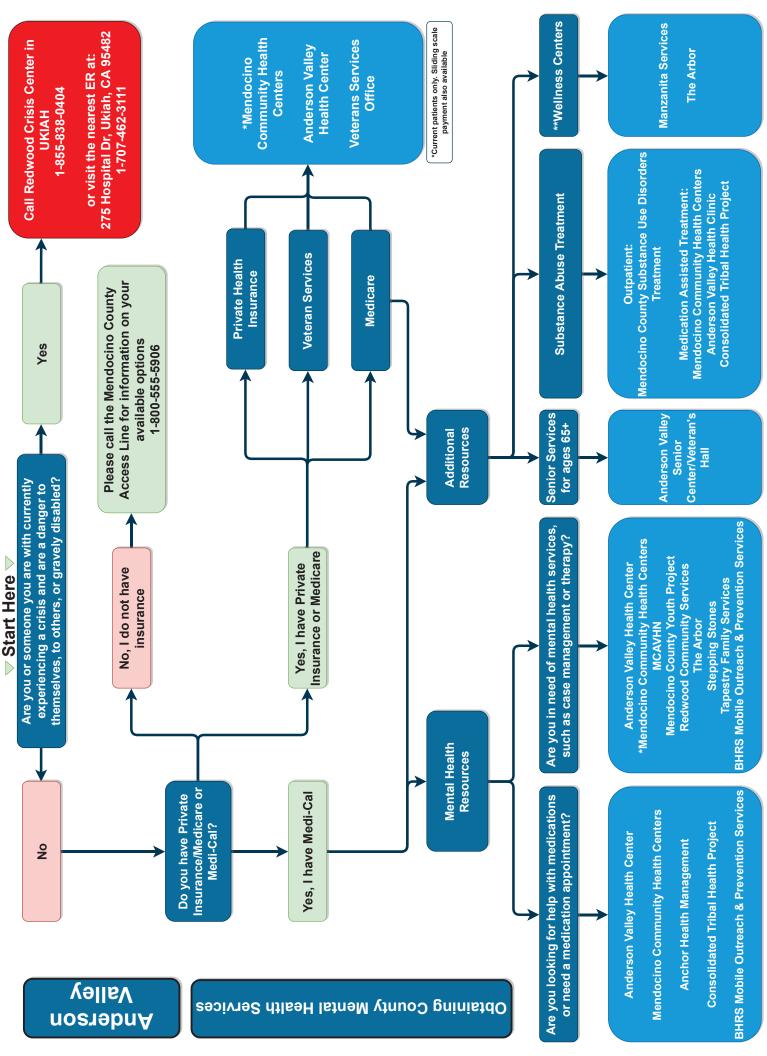
Obtaining Mental Health Services in Mendocino County

Fort Bragg



Mental Health Crisis Line: 1-855-838-0404

Mental Health Access Line: 1-800-555-5906



^{**} Wellness Center is where healthcare professionals, nutritionists and/or life-coaches provide a variety of treatments and services to encourage and educate people on the health of their minds and bodies.

Anderson Valley Health Center 13500 Airport Rd

Boonville, CA 95415 1-707-895-3477

Anchor Health Management

350 East Gobbi Street Ukiah, CA 95482 1-707-472-0350

Mendocino County

Substance Use Disorders Treatment 1120 South Dora Street

Ukiah, CA 95482 1-707-472-2637

Consolidated Tribal Health Project

6991 North State Street Redwood Valley, CA 95470 1-707-485-5115

MCAVHN

148 Clara Avenue Ukiah, CA 95482 1-707-462-1932

Mendocino Community Health Centers:

Dora Street Health Center

1165 S. Dora Street Ukiah, CA 95482 1-707-468-1015

Hillside Health Center

333 Laws Avenue Ukiah, CA 95482 1-707-468-1010

Mendocino County Youth Project

776 South State Street #107 Ukiah, CA 95482 1-707-456-3792

Redwood Community Services

631 S. Orchard Avenue Ukiah, CA 95482 1-707-467-2010

The Arbor Youth Resource Center

810 North State Street Ukiah, CA 95482 1-707-462-7267

Stepping Stones

140 Gibson StreetUkiah, CA 954821-707-468-5536

Tapestry Family Services

290 East Gobbi Street Ukiah, CA 95482 1-707-463-3300

Ukiah Valley Rural Health Center

260 Hospital Drive Ukiah, CA 95482 1-707-463-8000

Veteran Services Office

405 Observatory Avenue Ukiah, CA 95482 1-707-463-4226

Anderson Valley Senior Center/Veteran's Hall

14400 CA-128 Boonville, CA 95415 1-707-895-3609

Obtaining Mental Health Services in Mendocino County

Anderson Valley



Mental Health Crisis Line: 1-855-838-0404

Mental Health Access Line: 1-800-555-5906