



**MENDOCINO COUNTY  
BEHAVIORAL HEALTH ADVISORY BOARD**

**REGULAR MEETING**

**MINUTES**

**March 29, 2023  
10:00 AM – 12:00 PM**

Location: Behavioral Health Regional Training Center, 8207 East Rd.,  
**Ukiah** and Seaside Conference Room, 778 S Franklin St., **Fort Bragg**

**Chairperson**  
Flinda Behringer

**Vice Chair**  
Michelle Rich

**Secretary**  
Jo Bradley

**Treasurer**  
Richard Towle

**BOS Supervisor**  
Mo Mulheren

<b>1<sup>ST</sup> DISTRICT:</b> DENISE GORNY LOIS LOCKART RICHARD TOWLE	<b>2<sup>ND</sup> DISTRICT:</b> SERGIO FUENTES CAYO ALBA VACANT	<b>3<sup>RD</sup> DISTRICT:</b> JEFF SHIPP PERRI KALLER LAURA BETTS	<b>4<sup>TH</sup> DISTRICT:</b> VACANT VACANT VACANT	<b>5<sup>TH</sup> DISTRICT:</b> FLINDA BEHRINGER JO BRADLEY MARTIN MARTINEZ
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**OUR MISSION:** *“To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential.”*

	<b>Agenda Item / Description</b>	<b>Action</b>
<b>1.</b> 3 minutes	<p><b>Call to Order, Roll Call &amp; Quorum Notice, Approve Agenda:</b> <i>Review and Possible Board Action.</i></p> <ul style="list-style-type: none"> <li>○ Chair Behringer called the meeting to order at 10:10 am.</li> <li>○ Members present: Behringer, Bradley, Gorny, Kaller, Martinez, and Towle</li> <li>○ Not present: Alba, Betts, Fuentes, Lockart, and Shipp.</li> <li>○ Quorum met.</li> </ul>	Board Action: None.
<b>2.</b> 2 minutes	<p><b>Approval of Minutes from the February 22, 2023, BHAB Regular Meeting and March 3, 2023, Special Meeting:</b> <i>Review and Possible Board Action.</i></p>	Board Action: Motion made by Member Gorny, seconded by Member Towle to approve the 2/22/23 and 3/3/23 minutes as presented. Motion passes with Member Bradley abstaining.

<p><b>3.</b> 10 minutes (Maximum)</p>	<p><b>Public Comments:</b> <i>Members of the public wishing to make comments to the BHAB will be recognized at this time. Any additional comments can be provided through email to <a href="mailto:bhboard@mendocinocounty.org">bhboard@mendocinocounty.org</a>.</i></p> <ul style="list-style-type: none"> <li>○ Jacque Williams from Ford Street Project mentioned whom they serve and hopes to expand. <ul style="list-style-type: none"> <li>- Member Martinez mentioned if Ford Street Project has thoughts of applying through Indian Health Services for funding of beds for Indian patients.</li> </ul> </li> <li>○ Josephine Silva spoke on the Mental Health Act funding priorities from the board. She felt the major funding source needs to go to counseling for patients of mental health services and their families. Also, general support for supplements for anxiety and depression. She would like to see these as priorities over transportation. She recommended sending out a survey to those using mental health services. Also, training for high school students to do outreach.</li> </ul>	<p>Board Action: None.</p>
<p><b>4.</b> 10 minutes</p>	<p><b>Board &amp; Committee Reports: Discussion and Possible Action.</b></p> <p>A. Chair – <i>Flinda Behringer</i></p> <ul style="list-style-type: none"> <li>○ 2023 Meeting Schedule – It was mentioned for a meeting is to be held on the South Coast in August, Fort Bragg in June or July, Willits in the summer, and bi-meetings in November and December. The revised schedule is to be presented at the next meeting.</li> <li>○ Vice Chair Rich resigned from the board.</li> </ul> <p>B. Vice Chair – <i>Vacant</i></p> <ul style="list-style-type: none"> <li>○ Nothing to report.</li> </ul> <p>C. Secretary – <i>Jo Bradley</i></p> <ul style="list-style-type: none"> <li>○ Member Bradley mentioned they are still looking to fill the 4th District seats. Member Towle, Shipp, and Kaller suggested airing something on the radio station, or newspaper and reaching out to prior members.</li> <li>○ Public comment from Jacque William suggested contacting the Police Department in Fort Bragg for inputs on the filling seats.</li> </ul> <p>D. Treasurer – <i>Richard Towle</i></p> <ul style="list-style-type: none"> <li>○ Member Towle has reached out to the Veteran’s Services Officer but is waiting to hear back about an advocate to fill a seat on the board. Also, mentioned there is plenty of money in the budget for technical audio equipment for the board meetings.</li> </ul> <p>E. Advocacy &amp; Legislation Committee – <i>Member Bradley, Vice Chair Rich</i></p> <ul style="list-style-type: none"> <li>○ Nothing to report.</li> </ul> <p>F. Appreciation Committee – <i>Member Fuentes &amp; Martinez</i></p> <ul style="list-style-type: none"> <li>○ They are setting up a few events and are waiting to hear back on updates. He also recommended sending a letter of appreciation to Member Rich and possibly a plaque. Member Towle will work with the County to get this done.</li> </ul> <p>G. Contracts Committee – <i>Member Fuentes and Vice Chair Rich</i></p> <ul style="list-style-type: none"> <li>○ Nothing to report.</li> </ul> <p>H. Membership Committee – <i>Chair Behringer, Vice Chair Rich, Bradley, Gorny</i></p> <ul style="list-style-type: none"> <li>○ Nothing to report.</li> </ul>	<p>Board Action: None.</p>

	<p>I. Public Comment Follow-Up Committee – <i>Member Martinez and Shipp</i></p> <ul style="list-style-type: none"> <li>○ Nothing to report.</li> </ul> <p>J. Site Visit Committee - <i>Chair Behringer, Fuentes, Martinez, &amp; Towle</i></p> <ul style="list-style-type: none"> <li>○ There has been no site visit set up.</li> </ul> <p>K. CIT Committee – <i>Member Gorny</i></p> <ul style="list-style-type: none"> <li>○ Nothing to report.</li> </ul> <p>L. RFP SUDT Committee – <i>Member Kaller</i></p> <ul style="list-style-type: none"> <li>○ The committee is moving along and plans to go to the Board of Supervisors (BOS). She also mentioned she is in favor of having multiple committees and feels that will improve participation on the board.</li> </ul>	
<p><b>5.</b> 10 minutes</p>	<p><b>Mendocino County Report:</b> <i>Jenine Miller, BHRS Director</i></p> <p>A. Director Report Questions:</p> <ul style="list-style-type: none"> <li>○ They planned to go through the report thoroughly and will be adding to the report including more on the legislative committee.</li> <li>○ There will be MHSA/QIC joint meeting on April 4, 2023, from 2:00 – 4:00 PM for stakeholders, providers, and the public to participate and provide feedback from the community. It was suggested having board members attend the meetings as there is no longer anyone from the board attending for feedback.</li> <li>○ Member Kaller mentioned she was interested in being on the contracts committee and Chair Behringer suggested and agreed.</li> <li>○ They have had new audits added along with additional documents.</li> <li>○ The AOT program has seen a decline in referrals for outpatient clients.</li> </ul> <p>B. Psychiatric Health Facility Update:</p> <ul style="list-style-type: none"> <li>○ They are looking at the demolition of the old building in early May 2023 weather permitting and October 2025 for completion.</li> <li>○ Their plan for the primary facility is to hold 16 beds.</li> </ul> <p>C. Staffing Update:</p> <ul style="list-style-type: none"> <li>○ They hired a new Substance Abuse Counselor and have lost one employee that promoted to another County department.</li> </ul> <p>D. Survey Planning Results:</p> <ul style="list-style-type: none"> <li>○ The item was tabled until the next meeting to include a copy of the results in the agenda packet.</li> </ul>	<p>Board Action: None.</p>
<p><b>6.</b> 15 minutes</p>	<p><b>Anchor Health Management Report:</b> <i>Camille Schraeder, Anchor Health Management Inc.</i></p> <p>A. Services Update:</p> <ul style="list-style-type: none"> <li>○ They have met with pilot counties on Care Court and have run into a few challenges and issues; including 1) they are voluntary and 2) the County can be held responsible for the failure of clients.</li> <li>○ They have continued to work on supporting people with housing.</li> <li>○ They continue to collaborate with the County on services and have weekly meetings with the agencies.</li> <li>○ Mendocino County Aids Volunteer Network (MCAVHN) is no longer providing specialty mental health services but remains to provide other services.</li> <li>○ Live Oak family facility caseworkers have been helping.</li> <li>○ Redwood Community Services (RCS) has done great with Building Bridges.</li> </ul>	<p>Board Action: None.</p>

	<ul style="list-style-type: none"> <li>○ There has been an increase in stress among teenagers between the ages of 13-14 years old. The services have been the highest ever in December 2022.</li> <li>○ They have made a lot of progress on housing in collaboration with the County.</li> </ul> <p>B. Staffing Update:</p> <ul style="list-style-type: none"> <li>○ They continue to struggle with the recruitment of clinicians, medical providers, and psychiatrists but is difficult with housing in the area.</li> <li>○ Member Kaller requested Anchor Health Management report to be on the agenda earlier at the next meeting and asked for more data.</li> </ul>	
<b>7.</b> 10 Minutes	<p><b>Behavioral Health Advisory Board Media Outreach:</b> <i>Discussion and Possible Action</i></p> <p>A. Flow Charts Distribution Plan:</p> <ul style="list-style-type: none"> <li>○ Tabled until the next meeting.</li> </ul> <p>B. Public Service Announcement:</p> <ul style="list-style-type: none"> <li>○ Tabled until the next meeting.</li> </ul>	Board Action: None.
<b>8.</b> 10 Minutes	<p><b>Technical Equipment for Meeting Options:</b> <i>Discussion and Possible Action</i></p>	Board Action: Motion by Towle seconded by Member Kaller to approve the technical equipment to be purchased for meetings. Motion passes with six approvals.
<b>9.</b> 10 Minutes	<p><b>Data Notebook:</b> <i>Discussion and Possible Action</i></p> <ul style="list-style-type: none"> <li>○ Tabled until next meeting</li> </ul>	Board Action: None.
<b>10.</b> 5 Minutes	<p><b>Member Comments:</b></p> <ul style="list-style-type: none"> <li>○ Member Bradly mentioned she will be sworn in soon to Measure B and will be representing the board at the next Measure B meeting.</li> <li>○ Member Gorny mentions writing letters to the governor about the moving of funds.</li> </ul>	Board Action: None.
<b>11.</b> 2 minutes	<p><b>Adjournment:</b> 12:03 PM</p>	Motion made by Member Martinez seconded by Member Towle to adjourn the meeting.

### AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

### BHAB CONTACT INFORMATION:

**PHONE: (707) 472-2355 | FAX: (707) 472-2788**

EMAIL THE BOARD: [bhboard@mendocinocounty.org](mailto:bhboard@mendocinocounty.org) | WEBSITE: [www.mendocinocounty.org/bhab](http://www.mendocinocounty.org/bhab)