

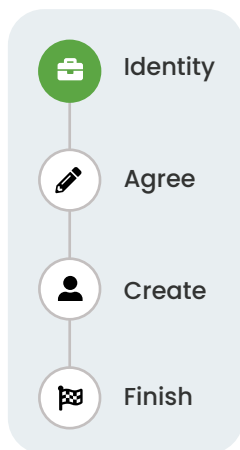


## ENROLL IN VIRGIN PULSE

# Signing up is easy

We'll help you make small, everyday changes for your wellbeing and focus on the areas you want to improve the most. Signing up is simple. Visit [join.virginpulse.com/mcwow](https://join.virginpulse.com/mcwow) or open the app and select **Create Account**.

### Follow the progress bar as you complete these easy steps:



**Tell us who you are.** We'll ask for a few details about you and your sponsor organization to check your eligibility. Some of the fields may already be filled.

**Legal and privacy.** Review and agree to the rules, data collection and privacy policy.

**Create your account.** Add your email, make a password and give us some additional details to customize your experience.

**You're all set.** Your account is ready. Click **Take Me There** to sign in.

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