

# MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

**Chairperson Michelle Rich** 

Vice Chair Flinda Behringer

**Secretary Jo Bradley** 

Treasurer Richard Towle

BOS Supervisor Mo Mulheren

## **REGULAR MEETING**

# **MINUTES**

November 16, 2022 10:00 AM – 12:30 PM

Location (Hybrid meeting): Conference Room 1, 1120 S. Dora St.,

Ukiah; and via Zoom:

https://mendocinocounty.zoom.us/j/98557737710

Call in:

+1(669) 900-9128 or +1(346) 248-7799 Webinar ID: 985 5773 7710

<b>1</b> <sup>ST</sup> <b>DISTRICT</b> :	2 <sup>ND</sup> DISTRICT:	3 <sup>RD</sup> DISTRICT:	4 <sup>™</sup> DISTRICT:	5 <sup>™</sup> DISTRICT:
DENISE GORNY	MICHELLE RICH	JEFF SHIPP	VACANT	FLINDA BEHRINGER
Lois Lockart	SERGIO FUENTES	PERRI KALLER	VACANT	Jo Bradley
RICHARD TOWLE	CAYO ALBA	LAURA BETTS	VACANT	MARTIN MARTINEZ

**OUR MISSION:** "To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."

	Agenda Item / Description	Action
1. 3 minutes	Call to Order, Roll Call & Quorum Notice, Approve Agenda: Review and Possible Board Action.  Chair Rich called the meeting to order at 10:09am.  Members present: Alba, Behringer, Bradley, Kaller, Lockart, Rich, and Shipp.  Not present Gorny, Betts, Towle, Fuentes, and Martinez  Quorum met.	Board Action: None.
2. 2 minutes	Approval of Minutes from the October 26, 2022 BHAB Regular Meeting: Review and Possible Board Action.  o Minutes approved as presented.	Board Action: Motion made by Member Bradley seconded by Member Behringer to approve the 10/26/22 BHAB minutes as presented. Motion

3. 10 minutes (Maximum)	Public Comments:  Members of the public wishing to make comments to the BHAB will be recognized at this time. Any additional comments can be provided through email to <a href="mailto:bhboard@mendocinocounty.org">bhboard@mendocinocounty.org</a> .  O Josephine noted and appreciated of in person meetings again and suggested a refrigerator magnet with the Crisis Line for families.	passes with approvals with Lois Lockart abstaining.  Board Action: None.
4. 5 minutes	<ul> <li>A. Resolution Authorizing Remote Behavioral Health Advisory         Board Meetings: Discussion and Possible Board Action.         • The board approved a hybrid December BHAB meeting at the Behavioral Health Regional Training Center.     </li> </ul>	Board Action: Motion made by Member Bradley seconded by Member Shipp to approve a hybrid meeting in December. All in favor, motion passes.
5. 15 minutes	Board & Committee Reports: Discussion and Possible Action.  A. Chair − Michelle Rich  ○ 2023 Office Nominations  - The 2023 BHAB Officers were approved and will be as follows: Chair Flinda Behringer, Vice Chair Michele Rich, Secretary Jo Bradley and Treasurer Richard Towle.  ○ Communication to families  - Michele Rich mentioned about the public comment from a prior meeting and the need for increased communication to families.  - Jo Bradley concurred more communication is needed to the families and mentioned to determine how to share where resources are available.  - Flinda Behringer mentioned that NAMI provides resources.  - It was mentioned to discuss with the crisis program at a future meeting about processes for 5150, aftercare support, and how to engage families.  ○ It was mentioned to bring back for discussion with NAMI about what they do and what projects they can do.  B. Vice Chair − Flinda Behringer  ○ Nothing to report.  C. Secretary − Jo Bradley  ○ Nothing to report.  D. Treasurer − Richard Towle  ○ Nothing to report.  E. Advocacy & Legislation Committee − Member Bradley, Chair Rich  ○ BOS Advocacy tabled until next meeting.  F. Appreciation Committee − Member Fuentes & Martinez  ○ Nothing to report.  G. Contracts Committee − Member Fuentes & Martinez  ○ Nothing to report.	Board Action: Motion made by Member Shipp seconded by Member Kaller to approve the 2023 Officers. All in favor, motion passes.

	H. Membership Committee – Member Behringer, Bradley, Gorny, Chair Rich	
	<ul> <li>Bradley stated all seats are filled except District #4 and that she is</li> </ul>	
	working on PSAs.	
	I. Public Comment Follow Up Committee – <i>Member Martinez and Shipp</i>	
	<ul> <li>Nothing to report.</li> </ul>	
	J. Site Visit Committee - Member Behringer, Fuentes, Martinez, & Towle	
	<ul> <li>Nothing to report.</li> </ul>	
6.	Mendocino County Report: Jenine Miller, BHRS Director	Board Action:
10 minutes	A. Director Report Questions:	None.
	<ul> <li>Report included in agenda packet.</li> </ul>	
	B. Psychiatric Health Facility Update:	
	<ul> <li>They are moving forward with the facility and moving all items</li> </ul>	
	out of the Whitmore facility. Items are being put to good use and	
	some have gone to the jail and Live Oak.	
	<ul> <li>They will be applying to a grant next month to help cover the costs</li> </ul>	
	of the facility.	
	C. Staffing Update:	
	<ul> <li>Mendocino County hiring has been slow due to economy, but they</li> </ul>	
	have continued to recruit and hire staff.	
7.	Anchor Health Management Report: Camille Schraeder, Anchor Health	Board Action:
15 minutes	Management Inc.	None.
	A. Services Update:	
	<ul> <li>They are prepping for the annual State EQRO review of County</li> </ul>	
	processes, functions, staffing levels, and compliance of mental	
	health local laws.	
	<ul> <li>They gave a shout out to the County for MHSA dollars to help pay</li> </ul>	
	student debts and has helped encourage them to join the mental	
	health programs at the college.	
	o They are working on a new site for Adult Services on the coast at	
	516 Cypress Street, Fort Bragg and plan to be moved in by	
	November 29. The services provided will be medication support,	
	adult output, hospitality, and outpatient services including four beds	
	for crisis respite beds.	
	<ul> <li>They also are moving forward with bringing back patients to in</li> </ul>	
	person again.	
	B. Staffing Update:	
	o They continue to recruit for providers, licensed staffing, interns,	
	rehabilitation specialists and care managers. They have attended	
	job fairs and visited the colleges. They have a few trainees in	
	master's program in various locations throughout the County.	D 14 4
8. 10 Minutes	Behavioral Health Advisory Board Media Outreach: Discussion and	Board Action:
10 Minutes	Possible Action A. Flow Charts Distribution Plan:	None.
	<ul> <li>Michele Rich suggested posting the charts to the County website and social media pages.</li> </ul>	
	o Public Comment: Josephine suggested posting the flow charts in the libraries, laundry mats, high schools, and other places that	
	aren't frequented including grocery stores or places with bulletin	
	boards.	
	<ul> <li>Flinda Behringer suggested not posting in grocery stores or bulletin</li> </ul>	
	boards as they are not left posted for long periods.	
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	<ul> <li>Dan Anderson to follow up about flow charts posted with the service providers.</li> </ul>	
	<ul> <li>Cayo Alba to share the charts with MCOE and to the school clinical psychologists and principals. Also, will connect with the medical networks.</li> </ul>	
	B. Public Service Announcement:	
	<ul> <li>Jo Bradley is currently working on PSAs and with the radio</li> </ul>	
	stations.	
	Tribal Advisory Committee: Discussion and Possible Action Regarding	Board Action:
9.	Developing a Tribal Advisory Committee	None.
5 Minutes	o Tabled until the next meeting with Member Martin Martinez as he	
	has information needed for further discussion.	
10.	Mendocino MHP State Audits Results Overview - Jenine Miller, BHRS	Board Action:
25 Minutes	Director	None.
	<ul> <li>PowerPoint presentation shared with members and guests.</li> </ul>	
	<ul> <li>Members expressed thanks for the thorough presentation provided</li> </ul>	
	and appreciation to Director Miller.	
	<ul> <li>Dan Anderson expressed appreciation to the board and Director</li> </ul>	
	Miller.	
11.	Member Comments:	Board Action:
5 Minutes	o None.	None.
<b>12.</b>	Adjournment:	Motion made by
2 minutes		Member Alba
		seconded by
		Member
		Behringer to
		adjourn the
		meeting. All in
		favor.

#### AMERICANS WITH DISABLITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

### **BHAB CONTACT INFORMATION:**

PHONE: (707) 472-2355 | FAX: (707) 472-2788

EMAIL THE BOARD: bhboard@mendocinocounty.org | WEBSITE: www.mendocinocounty.org/bhab