



**MENDOCINO COUNTY  
BEHAVIORAL HEALTH ADVISORY BOARD**

**REGULAR MEETING  
MINUTES**

**September 28, 2022  
10:00 AM – 12:00 PM**

Zoom Meeting:

<https://mendocinocounty.zoom.us/j/98557737710>

**Chairperson  
Michelle Rich**

**Vice Chair  
Flinda Behringer**

**Secretary  
Jo Bradley**

**Treasurer  
Richard Towle**

**BOS Supervisor  
Mo Mulheren**

<b>1<sup>ST</sup> DISTRICT:</b> DENISE GORNY LOIS LOCKART RICHARD TOWLE	<b>2<sup>ND</sup> DISTRICT:</b> MICHELLE RICH SERGIO FUENTES CAYO ALBA	<b>3<sup>RD</sup> DISTRICT:</b> VACANT JEFF SHIPP VACANT	<b>4<sup>TH</sup> DISTRICT:</b> VACANT VACANT VACANT	<b>5<sup>TH</sup> DISTRICT:</b> FLINDA BEHRINGER JO BRADLEY MARTIN MARTINEZ
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**OUR MISSION:** *“To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential.”*

	<b>Agenda Item / Description</b>	<b>Action</b>
<b>1.</b> 3 minutes	<p><b>Call to Order, Roll Call &amp; Quorum Notice, Approve Agenda:</b> <i>Review and Possible Action.</i></p> <ul style="list-style-type: none"> <li>○ Chair Rich called the meeting to order at 10:03 AM.</li> <li>○ Members present: Behringer, Fuentes, Towle, Gorny, Alba, and Chair Rich (Late entrance: Bradley, Lockart, and Martinez)</li> <li>○ Member Shipp absent.</li> <li>○ Agenda approved as presented.</li> </ul>	<p>Board Action: Motion made by member Behringer, seconded by Member Martinez to approve the agenda as presented. Motion passes.</p>
<b>2.</b> 2 minutes	<p><b>Approval of Minutes from the August 24, 2022 BHAB Regular Meeting:</b> <i>Review and Possible Action.</i></p> <ul style="list-style-type: none"> <li>○ Minutes approved as presented.</li> </ul>	<p>Board Action: Member made by Member Behringer, seconded by Member Gorny to approve the minutes as presented. All in favor, motion passes.</p>



	<p>will let the Clerk of the Board know to move forward with official appointment.</p> <ul style="list-style-type: none"> <li>○ BHAB Application Process <ul style="list-style-type: none"> <li>- Brief overview of the application process.</li> </ul> </li> <li>○ Membership Renewal Process <ul style="list-style-type: none"> <li>- Brief overview of the membership renewal process. Member Towle, Martinez, and Shipp memberships expire at the end of this year</li> </ul> </li> </ul> <p>I. Public Comment Follow Up Committee – <i>Member Martinez and Shipp</i></p> <ul style="list-style-type: none"> <li>- Nothing to report.</li> </ul> <p>J. Site Visit Committee - <i>Member Behringer, Fuentes, Martinez, &amp; Towle</i></p> <ul style="list-style-type: none"> <li>- Nothing to report.</li> </ul>	<p>seconded by Member Gorny to endorse all 3 applications received. All in favor, motion passes.</p>
<p><b>6.</b> 10 minutes</p>	<p><b>Measure B: Discussion and Possible Action</b></p> <p>A. September Meeting Agenda Review</p> <ul style="list-style-type: none"> <li>○ Discussion on items on this month’s agenda.</li> <li>○ Discussion on the treatment services Ford Street provides and the funding request proposal brought forward to Measure B.</li> <li>○ Ford Street Project proposal includes adding a new treatment pavilion and building a new 22 bed sober living dorm. Most recent update says it will serve men only.</li> <li>○ BHRS Director Miller reports 173 people were lost to overdoses in the past 5 years. 45 in 2020 and 74 in 2021.</li> <li>○ Discussion on the county RFP process: BHRS drafts/publishes the proposal, once bids are received a review committee reviews and scores, then they decide on a proposal to bring forward.</li> <li>○ Discussion on the difference between a CRT, CSU, and PHF.</li> <li>○ Public comment: Jo Silva: if county is increasing living opportunities for those with drug/alcohol issues, how about staffing, how is that paid? It is very important for board to address staffing in general and what is being done financially.</li> </ul>	<p>Board Action: None.</p>
<p><b>7.</b> 15 minutes</p>	<p><b>Mendocino County Report: Jenine Miller, BHRS Director</b></p> <p>A. Director Report Questions</p> <ul style="list-style-type: none"> <li>○ Included in agenda packet</li> </ul> <p>B. Psychiatric Health Facility Update</p> <ul style="list-style-type: none"> <li>○ Nacht &amp; Lewis, AECOM, and county staff continue to meet regularly on the demolition, design, construction, and programming requirements for the PHF.</li> </ul> <p>C. Staffing Update</p> <ul style="list-style-type: none"> <li>○ Continue to recruit and hire new staff.</li> </ul> <p>D. BHRS Contracts</p> <ul style="list-style-type: none"> <li>○ A list of all current BHRS contracts is included with agenda packet. Including information on what cost is for, amount, etc. There are some changes with contracts throughout the year (especially LPS). Providers now have contracts directly with BHRS, the ASO is still overseeing but county holds contract instead of ASO.</li> </ul> <p>E. October Overdose Awareness Events</p>	<p>Board Action: None.</p>

	<ul style="list-style-type: none"> <li>○ Events are planned for every Saturday in the month of October. The events will include education on overdoses and a celebration of life for those we have lost over the last 10 years due to an overdose. The events will be held in Boonville, Gualala, Fort Bragg, Ukiah, and Willits. Flyer included in agenda packet with event location details.</li> </ul>	
<p style="text-align: center;"><b>8.</b> 15 minutes</p>	<p><b>Anchor Health Management Report:</b> <i>Camille Schraeder, Anchor Health Management Inc.</i></p> <p>A. Data Dashboard and Trendlines</p> <ul style="list-style-type: none"> <li>○ Included in agenda packet.</li> </ul> <p>B. Services Update</p> <ul style="list-style-type: none"> <li>○ ACM has been improving on timeliness although staffing is still a challenge.</li> <li>○ Meeting frequently with each provider to talk about capacity, strategies, and centralized scheduling.</li> <li>○ RCS is working on adding family therapy.</li> <li>○ ACM is meeting with the Medstar team tomorrow to discuss transportation as that continues to be a challenge.</li> <li>○ Mendocino College is looking at psychiatric technician program in collaboration with Napa College; the program might be available as soon as next fall.</li> <li>○ Discussion on psych expertise and linking graduates with housing in Mendocino County.</li> <li>○ Jo Silva: training primary care doctors in psych treatment for mild cases would be important. If they can offer trainings at the training center it would be great.</li> </ul> <p>C. Staffing Update</p> <ul style="list-style-type: none"> <li>○ No discussion.</li> </ul>	<p>Board Action: None.</p>
<p style="text-align: center;"><b>9.</b> 15 minutes</p>	<p><b>5150 Process:</b> <i>Sarah Livingston, Redwood Community Crisis Services Director – Discussion and Possible Action</i></p> <ul style="list-style-type: none"> <li>○ Sarah Livingston joined the meeting to talk about the 5150 process after the county approves and issues a 5150 card to staff.</li> <li>○ New staff do a lot of shadowing so they can get real experience. Depending on a person’s prior education, it can be several months.</li> <li>○ Crisis services currently offered: Crisis 24 hour hotline, Crisis respite (Madrone house), and the Phoenix house (CRT). A crisis respite in the coast is underway and coming very soon.</li> <li>○ A typical day at the crisis center: 8am meeting to talk about clients struggling, start working on placements (to make sure they have everything to get someone to next level of care), calling hospitals that take the client’s insurance, start asking for beds (continue this process until they get them placed).</li> <li>○ Crisis workers respond to all 3 hospitals (Ukiah Willits, and Fort Bragg) and will also respond throughout the community when the county is not able to. Crisis workers also respond the jail and juvenile hall.</li> <li>○ Barriers in crisis services for timely services? Sarah mentioned aftercare can be an issue as it is voluntary and they cannot force someone to seek those services. So that can often be a barrier once an individual is released from jail.</li> </ul>	<p>Board Action: None.</p>

	<ul style="list-style-type: none"> <li>○ Discussion on discussion of hiring more case managers, Sarah said more people are applying for case manager positions.</li> </ul>	
<b>10.</b> 10 Minutes	<b>Behavioral Health Advisory Board Outreach:</b> <i>Discussion and Possible Action</i> A. Flow Charts Distribution Plan B. Public Service Announcement <ul style="list-style-type: none"> <li>○ Items tabled due to lack of time.</li> </ul>	Board Action: None.
<b>11.</b> 5 Minutes	<b>Tribal Advisory Committee:</b> <i>Discussion and Possible Action Regarding Developing a Tribal Advisory Committee</i> <ul style="list-style-type: none"> <li>○ Item tabled due to lack of time.</li> </ul>	Board Action: None.
<b>12.</b> 5 Minutes	<b>Member Comments:</b> <ul style="list-style-type: none"> <li>○ No member comments.</li> </ul>	Board Action: None.
<b>13.</b> 2 minutes	<b>Adjournment:</b> 12:04 PM.	

### AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

### BHAB CONTACT INFORMATION:

**PHONE: (707) 472-2355 | FAX: (707) 472-2788**

**EMAIL THE BOARD: [bhboard@mendocinocounty.org](mailto:bhboard@mendocinocounty.org) | WEBSITE: [www.mendocinocounty.org/bhab](http://www.mendocinocounty.org/bhab)**