

# MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

Chairperson Michelle Rich

Vice Chair Flinda Behringer

**Secretary Jo Bradley** 

Treasurer Richard Towle

BOS Supervisor Mo Mulheren

## **REGULAR MEETING**

# **MINUTES**

September 28, 2022 10:00 AM – 12:00 PM

Zoom Meeting:

https://mendocinocounty.zoom.us/j/98557737710

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DENISE GORNY	MICHELLE RICH	VACANT	VACANT	FLINDA BEHRINGER
LOIS LOCKART	SERGIO FUENTES	JEFF SHIPP	VACANT	Jo Bradley
RICHARD TOWLE	CAYO ALBA	VACANT	VACANT	MARTIN MARTINEZ

**OUR MISSION:** "To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."

	Agenda Item / Description	Action
1. 3 minutes	<ul> <li>Call to Order, Roll Call &amp; Quorum Notice, Approve Agenda: Review and Possible Action.</li> <li>Chair Rich called the meeting to order at 10:03 AM.</li> <li>Members present: Behringer, Fuentes, Towle, Gorny, Alba, and Chair Rich (Late entrance: Bradley, Lockart, and Martinez)</li> <li>Member Shipp absent.</li> <li>Agenda approved as presented.</li> </ul>	Board Action: Motion made by member Behringer, seconded by Member Martinez to approve the agenda as
		presented. Motion passes.
	<b>Approval of Minutes from the August 24, 2022 BHAB Regular Meeting:</b> Review and Possible Action.	Board Action: Member made by Member
2. <sub>2 minutes</sub>	Minutes approved as presented.	Behringer, seconded by Member Gorny to approve the minutes as presented. All in favor, motion passes.

	Public Comments:	Board Action:
	Members of the public wishing to make comments to the BHAB will be recognized at this time. Any additional comments can be provided through email to <a href="mailto:bhboard@mendocinocounty.org">bhboard@mendocinocounty.org</a> .	None.
3. 10 minutes (Maximum)	<ul> <li>Steve Dilley: Executive Director for Veterans Art Project. They were awarded a statewide innovation project that includes offering pop-up art cafes for Veterans Mental Health and Wellness in 5 different counties. They are partnering with Deena Watson for a pop-up art café in Mendocino County. They will keep the board updated on the events and meetings that will be happening in the next few months.</li> <li>Theresa Comstock: Listening in today and appreciates all the work this board does. Mention of the CALBHB/C meeting on October 21<sup>st</sup>.</li> <li>Jo Silva: Appreciates this board for being as active as they are. Would like to see this board give more advice to the Board of Supervisors.</li> </ul>	
	A. Resolution Authorizing Remote Behavioral Health Advisory	Board Action:
4. 5 minutes	<ul> <li>Board Meetings: Discussion and Possible Action.</li> <li>Board agreed to have a hybrid meeting for the month of October. The meeting will be held in Willits (Atlantic conference room) and via Zoom.</li> <li>Resolution approved.</li> </ul>	Motion made by Member Bradley, seconded by Member Behringer to approve the resolution. All in favor, motion passes.
	<b>Board &amp; Committee Reports:</b> Discussion and Possible Action.  A. Chair – Michelle Rich	Board Action:
5. 15 minutes	<ul> <li>A. Chair - Michelle Rich <ul> <li>Nothing to report.</li> </ul> </li> <li>B. Vice Chair - Flinda Behringer <ul> <li>Nothing to report.</li> </ul> </li> <li>C. Secretary - Jo Bradley <ul> <li>Nothing to report.</li> </ul> </li> <li>D. Treasurer - Richard Towle <ul> <li>CALBHB/C yearly invoice is still pending, once received the board can approve so it can be paid.</li> </ul> </li> <li>E. Advocacy &amp; Legislation Committee - Member Bradley, Chair Rich <ul> <li>Nothing to report.</li> </ul> </li> <li>F. Appreciation Committee - Member Fuentes &amp; Martinez <ul> <li>Nothing to report.</li> </ul> </li> <li>G. Contracts Committee - Member Fuentes and Chair Rich <ul> <li>List of all current BHRS contracts are included in agenda packet this month. Chair Rich advised board members to review the list to ensure there are no conflicts of interest with any of the agencies.</li> </ul> </li> <li>H. Membership Committee - Member Behringer, Bradley, Gorny, Chair Rich <ul> <li>Laura Betts, Michele Robb, and Perri Kaller Applications</li> <li>Board endorsed all 3 applications to the board. BHRS staff</li> </ul> </li> </ul>	Motion made my Member Behringer,

	will let the Clerk of the Board know to move forward with official appointment.  BHAB Application Process  Brief overview of the application process.  Membership Renewal Process  Brief overview of the membership renewal process. Member Towle, Martinez, and Shipp memberships expire at the end of this year  I. Public Comment Follow Up Committee – Member Martinez and Shipp  Nothing to report.  J. Site Visit Committee - Member Behringer, Fuentes, Martinez, & Towle  Nothing to report.	seconded by Member Gorny to endorse all 3 applications received. All in favor, motion passes.
6. 10 minutes	<ul> <li>Measure B: Discussion and Possible Action</li> <li>A. September Meeting Agenda Review</li> <li>Discussion on items on this month's agenda.</li> <li>Discussion on the treatment services Ford Street provides and the funding request proposal brought forward to Measure B.</li> <li>Ford Street Project proposal includes adding a new treatment pavilion and building a new 22 bed sober living dorm. Most recent update says it will serve men only.</li> <li>BHRS Director Miller reports 173 people were lost to overdoses in the past 5 years. 45 in 2020 and 74 in 2021.</li> <li>Discussion on the county RFP process: BHRS drafts/publishes the proposal, once bids are received a review committee reviews and scores, then they decide on a proposal to bring forward.</li> <li>Discussion on the difference between a CRT, CSU, and PHF.</li> <li>Public comment: Jo Silva: if county is increasing living opportunities for those with drug/alcohol issues, how about staffing, how is that paid? It is very important for board to address staffing in general and what is being done financially.</li> </ul>	Board Action: None.
7. 15 minutes	<ul> <li>Mendocino County Report: Jenine Miller, BHRS Director</li> <li>A. Director Report Questions         <ul> <li>Included in agenda packet</li> </ul> </li> <li>B. Psychiatric Health Facility Update         <ul> <li>Nacht &amp; Lewis, AECOM, and county staff continue to meet regularly on the demolition, design, construction, and programming requirements for the PHF.</li> </ul> </li> <li>C. Staffing Update         <ul> <li>Continue to recruit and hire new staff.</li> </ul> </li> <li>D. BHRS Contracts         <ul> <li>A list of all current BHRS contracts is included with agenda packet. Including information on what cost is for, amount, etc.             <ul> <li>There are some changes with contracts throughout the year (especially LPS). Providers now have contracts directly with BHRS, the ASO is still overseeing but county holds contract instead of ASO.</li> <li>E. October Overdose Awareness Events</li> <li>October Overdose Awareness Events</li> <li>Alactical packet.</li> <li>Alactical packet.</li></ul></li></ul></li></ul>	Board Action: None.

	<ul> <li>Events are planned for every Saturday in the month of October.         The events will include education on overdoses and a celebration of life for those we have lost over the last 10 years due to an overdose. The events will be held in Boonville, Gualala, Fort Bragg, Ukiah, and Willits. Flyer included in agenda packet with event location details.     </li> </ul>	
	Anchor Health Management Report: Camille Schraeder, Anchor Health Management Inc.  A. Data Dashboard and Trendlines	Board Action: None.
8. 15 minutes	<ul> <li>A. Data Dashboard and Trendmes</li> <li>Included in agenda packet.</li> <li>B. Services Update</li> <li>ACM has been improving on timeliness although staffing is still a challenge.</li> <li>Meeting frequently with each provider to talk about capacity, strategies, and centralized scheduling.</li> <li>RCS is working on adding family therapy.</li> <li>ACM is meeting with the Medstar team tomorrow to discuss transportation as that continues to be a challenge.</li> <li>Mendocino College is looking at psychiatric technician program in collaboration with Napa College; the program might be available as soon as next fall.</li> <li>Discussion on psych expertise and linking graduates with housing in Mendocino County.</li> <li>Jo Silva: training primary care doctors in psych treatment for mild cases would be important. If they can offer trainings at the training center it would be great.</li> </ul>	
	C. Staffing Update  O No discussion.	
	5150 Process: Sarah Livingston, Redwood Community Crisis Services	Board Action:
9. 15 minutes	<ul> <li>Director – Discussion and Possible Action</li> <li>Sarah Livingston joined the meeting to talk about the 5150 process after the county approves and issues a 5150 card to staff.</li> <li>New staff do a lot of shadowing so they can get real experience. Depending on a person's prior education, it can be several months.</li> <li>Crisis services currently offered: Crisis 24 hour hotline, Crisis respite (Madrone house), and the Phoenix house (CRT). A crisis respite in the coast is underway and coming very soon.</li> <li>A typical day at the crisis center: 8am meeting to talk about clients struggling, start working on placements (to make sure they have everything to get someone to next level of care), calling hospitals that take the client's insurance, start asking for beds (continue this process until they get them placed).</li> <li>Crisis workers respond to all 3 hospitals (Ukiah Willits, and Fort Bragg) and will also respond throughout the community when the county is not able to. Crisis workers also respond the jail and juvenile hall.</li> <li>Barriers in crisis services for timely services? Sarah mentioned aftercare can be an issue as it is voluntary and they cannot force someone to seek those services. So that can often be a barrier once an individual is released from jail.</li> </ul>	None.

	<ul> <li>Discussion on discussion of hiring more case managers, Sarah said more people are applying for case manager positions.</li> </ul>	
10.	Behavioral Health Advisory Board Outreach: Discussion and Possible Action A. Flow Charts Distribution Plan B. Public Service Announcement	Board Action: None.
11. 5 Minutes	<ul> <li>Items tabled due to lack of time.</li> <li>Tribal Advisory Committee: Discussion and Possible Action Regarding         Developing a Tribal Advisory Committee         Item tabled due to lack of time.     </li> </ul>	Board Action: None.
12. 5 Minutes 13.	Member Comments:  o No member comments.  Adjournment: 12:04 PM.	Board Action: None.
2 minutes		

#### AMERICANS WITH DISABLITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

### **BHAB CONTACT INFORMATION:**

PHONE: (707) 472-2355 | FAX: (707) 472-2788

EMAIL THE BOARD: bhboard@mendocinocounty.org | WEBSITE: www.mendocinocounty.org/bhab