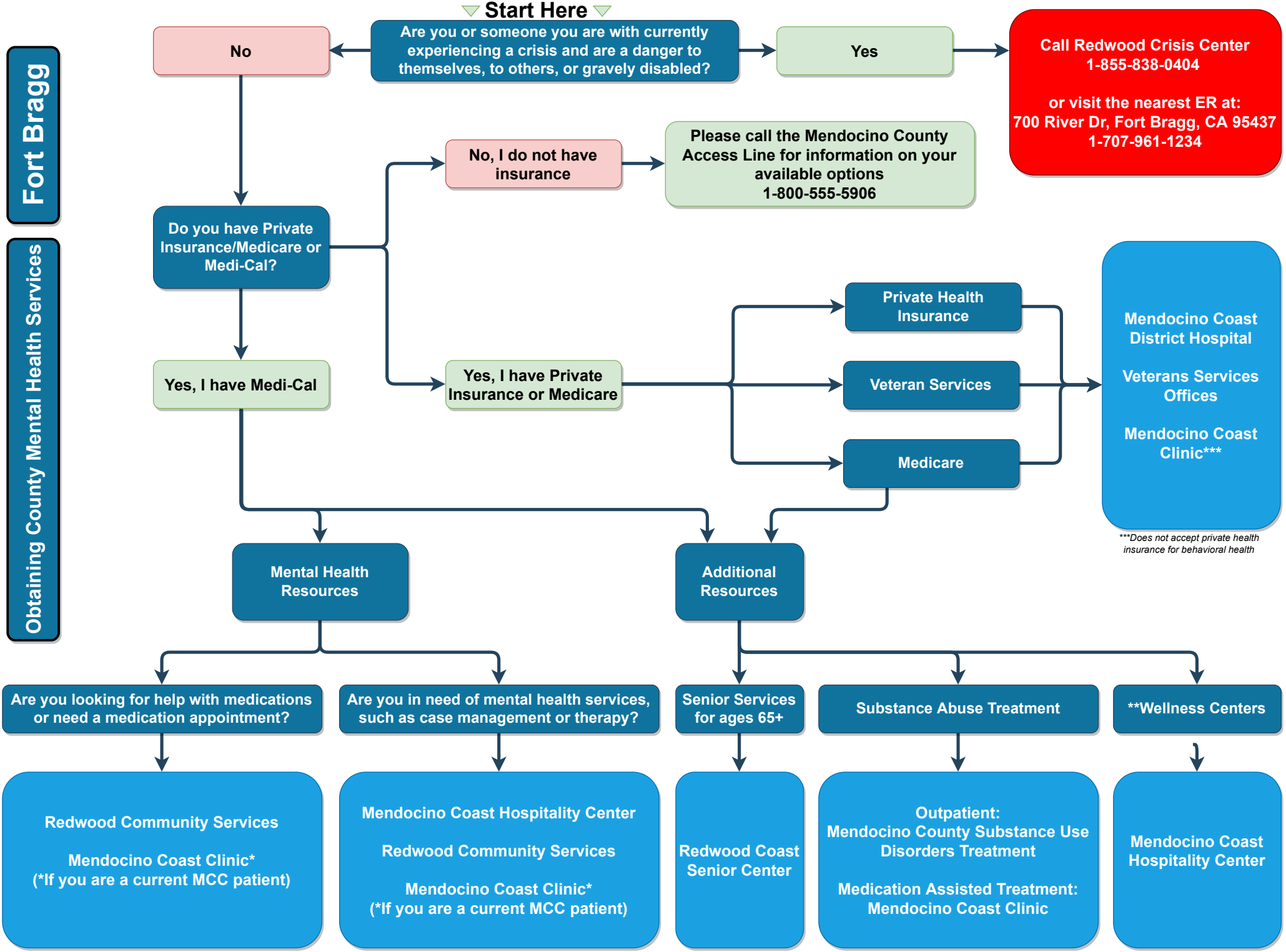


Fort Bragg
Obtaining County Mental Health Services



**A Wellness Center is where healthcare professionals, nutritionists and/or life-coaches provide a variety of treatments and services to encourage and educate people on the health of their minds and bodies.

Mendocino Coast Clinic
205 South Street
Fort Bragg, CA 95437
1-707-964-1251

Redwood Coast Senior Center
490 North Harold Street
Fort Bragg, CA 95437
1-707-964-0443

**Obtaining Mental
Health Services in
Mendocino County**

Mendocino Coast District Hospital
700 River Drive
Fort Bragg, CA 95437
1-707-961-1234

Mendocino County SUDT
790 South Franklin Street
Fort Bragg, CA 95437
1-707-961-2665

Redwood Community Services
143 West Spruce Street
Fort Bragg, CA 95437
1-707-964-4770

Mendocino County Veterans Services
360 North Harrison Street
Fort Bragg, CA 95437
1-707-964-5823

**Fort
Bragg**

Mendocino Coast Hospitality Center
101 North Franklin Street
Fort Bragg, CA 95437
1-707-961-0172

Community Resources:

Mendocino Community Health Centers:

National Alliance on Mental Illness (NAMI)
P.O. Box 1945
Ukiah, CA 95482
1-707-391-6867

Little Lake Health Center
45 Hazel Street
Willits, CA 95490
1-707-456-9600

Parents and Friends Inc.
306 East Redwood Avenue
Fort Bragg, CA 95437
1-707-964-4940

Dora Street Health Center
1165 S. Dora Street
Ukiah, CA 95482
1-707-468-1015

Redwood Coast Regional Center
270 Chestnut Street
Fort Bragg, CA 95437
1-707-964-6387



Hillside Health Center
333 Laws Avenue
Ukiah, CA 95482
1-707-468-1010

**Mental Health Crisis Line:
1-855-838-0404**

**Mental Health Access Line:
1-800-555-5906**