



**MENDOCINO COUNTY
BEHAVIORAL HEALTH ADVISORY BOARD**

**REGULAR MEETING
MINUTES**

**August 24, 2022
10:00 AM – 12:30 PM**

Zoom Meeting:

<https://mendocinocounty.zoom.us/j/98557737710>

**Chairperson
Michelle Rich**

**Vice Chair
Flinda Behringer**

**Secretary
Jo Bradley**

**Treasurer
Richard Towle**

**BOS Supervisor
Mo Mulheren**

1ST DISTRICT: DENISE GORNY LOIS LOCKART RICHARD TOWLE	2ND DISTRICT: MICHELLE RICH SERGIO FUENTES VACANT	3RD DISTRICT: VACANT JEFF SHIPP VACANT	4TH DISTRICT: VACANT VACANT VACANT	5TH DISTRICT: FLINDA BEHRINGER JO BRADLEY MARTIN MARTINEZ
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OUR MISSION: *“To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential.”*

	Agenda Item / Description	Action
1. 3 minutes	<p>Call to Order, Roll Call & Quorum Notice, Approve Agenda: <i>Review and Possible Board Action.</i></p> <ul style="list-style-type: none"> ○ Vice Chair Behringer called the meeting to order at 10:02 AM. ○ Members present: Bradley, Gorny, Lockart, Towle, Shipp, and Vice Chair Behringer. (Late entrance: Martinez at 10:05 AM, Fuentes at 10:21 AM, and Chair Rich at 10:40 AM) ○ Quorum met. ○ Agenda approved as presented. 	<p>Board Action: Motion made by member Towle, seconded by Member Gorny to approve the agenda as presented. All in favor, motion passes.</p>
2. 2 minutes	<p>Approval of Minutes from the July 27, 2022 BHAB Regular Meeting: <i>Review and Possible Board Action.</i></p> <ul style="list-style-type: none"> ○ Minutes approved as presented. 	<p>Board Action: Motion made by Member Towle, seconded by Member Gorny to approve the 7/27/22 BHAB minutes as presented. Motion passes with 5 approvals and 2</p>

		abstentions (Behringer and Shipp).
3. 10 minutes (Maximum)	<p>Public Comments: <i>Members of the public wishing to make comments to the BHAB will be recognized at this time. Any additional comments can be provided through email to bhboard@mendocinocounty.org.</i></p> <ul style="list-style-type: none"> ○ Jo Silva: Regarding the needed support for families through the 5150 process of a family member. ○ Member Lockart highly recommends participating in NAMI classes/trainings. 	Board Action: None.
4. 5 minutes	<p>A. Resolution Authorizing Remote Behavioral Health Advisory Board Meetings: <i>Discussion and Possible Board Action.</i></p> <ul style="list-style-type: none"> ○ The September 28, 2022 meeting will be held virtually on Zoom. 	Board Action: Motion made by Member Bradley, seconded by Member Gorny to approve the remote board meeting. All in favor, motion passes.
5. 15 minutes	<p>Board & Committee Reports: <i>Discussion and Possible Action.</i></p> <p>A. Chair – <i>Michelle Rich</i></p> <ul style="list-style-type: none"> ○ Chair Rich and Member Behringer met to go over the Data Notebook and will have a preliminary report by September. They will continue to work with BHRS staff to obtain some of the data. There is a new section regarding COVID impacts so a response will be drafted in response to that. If board members have anything to add to this section they can email Chair Rich so she can incorporate into the response. <p>B. Vice Chair – <i>Flinda Behringer</i></p> <ul style="list-style-type: none"> ○ Same as above. <p>C. Secretary – <i>Jo Bradley</i></p> <ul style="list-style-type: none"> ○ Regarding the board application received by C. Alba for the second district. See below under “Membership Committee”. <p>D. Treasurer – <i>Richard Towle</i></p> <ul style="list-style-type: none"> ○ No expenses so far this fiscal year. ○ Member Towle attended the CALBHB/C quarterly meeting; there were about 20 members in person, and 40-50 via Zoom. Member Towle mentioned that most boards are having the same issues with recruitment as this board. ○ Next meeting is in October, encourages board to approve expense to have another board member attend. <p>E. Advocacy & Legislation Committee – <i>Member Bradley, Chair Rich</i></p> <ul style="list-style-type: none"> ○ Nothing to report. <p>F. Appreciation Committee – <i>Member Fuentes & Martinez</i></p> <ul style="list-style-type: none"> ○ No recent appreciation events. Would like to do an appreciation for County staff in the near future. County has a very low number of staff and would like to recognize them and provide appreciation so they feel appreciated. Will set some up next month. <p>G. Contracts Committee – <i>Member Fuentes and Chair Rich</i></p>	Board Action:

	<ul style="list-style-type: none"> ○ Nothing to report. H. Membership Committee – <i>Member Behringer, Bradley, Gorny, Chair Rich</i> <ul style="list-style-type: none"> ○ C. Alba Application <ul style="list-style-type: none"> - Cayo Alba introduced herself to the board and provided background information and what she can contribute if she joins this board. - The board endorsed Cayo Alba’s application for the second district. BHRS staff will follow up with the Clerk of the Board for next step in the process. I. Public Comment Follow Up Committee – <i>Member Martinez and Shipp</i> <ul style="list-style-type: none"> ○ Nothing to report. J. Site Visit Committee - <i>Member Behringer, Fuentes, Martinez, & Towle</i> <ul style="list-style-type: none"> ○ Nothing to report. ○ Member Martinez suggestion to invite staff from sites to join the board in place of doing in person site visits. 	<p>Motion made by Member Bradley, seconded by Member Martinez to endorse Cayo Alba’s application for the second district. All in favor, motion passes.</p>
<p>6. 20 minutes</p>	<p>Mendocino County Report: <i>Jenine Miller, BHRS Director</i></p> <ul style="list-style-type: none"> A. Director Report Questions: <ul style="list-style-type: none"> ○ Report included in agenda packet. B. Psychiatric Health Facility Update: <ul style="list-style-type: none"> ○ Working with Telecare, AECOM, and Nacht & Lewis on the draft sketch of the facility, currently reviewing. Finishing architectural structural pieces that will go into the facility. As soon as this is finalized, BHRS will provide to this board for review. ○ Starting to prep for demolition. ○ The PHF will be a super PHF, it will be a 16 bed facility, and NAMI will have an office on site. C. Staffing Update: <ul style="list-style-type: none"> ○ Continue to recruit and hire staff. D. Other: <ul style="list-style-type: none"> ○ September is Suicide Prevention Month. BHRS is working on outreach to the community, and working with community partners to do a couple of community events and activities. Lili will email event flyers to the board once they are confirmed. ○ Discussion on detox services available in Mendocino County. SUD contracted out services to Partnership Health Plan, which include detox options. The biggest struggle right now is not the options, but rather the availability of these resources (facilities tend to be full). ○ BHRS Director Miller commented on the recent comments from an attorney now practicing in Mendocino County. The attorney was impressed with the level of housing opportunities for the SMI population that have been developed in this county. BHRS Director Mille acknowledged RCS and Anchor Health Management (ACM). ○ BHRS took this month to recognize/acknowledge all MH and SUDT professionals within Mendocino County. 	<p>Board Action: None.</p>

<p>7. 15 minutes</p>	<p>Anchor Health Management Report: <i>Camille Schraeder, Anchor Health Management Inc.</i></p> <p>A. Staffing Update:</p> <ul style="list-style-type: none"> ○ No grievances and corrective action plans (CAP) pending at the moment. ○ Youth services are in line, responding in appropriate times. Agencies are working on starting social rehab and intensive case management services even while clients are waiting for a therapist. ○ Wellness centers are doing well. ACM really appreciates the county’s support. ○ Update on MCAVHN: still a work in progress. ACM has been helping MCAVHN and working on the budget to get a fiscal manager to begin process of stabilizing service programs. ○ Camille reported that the Hospitality Center Executive Director is going out on medical leave for an extended amount of time. ○ The county will be providing a cost report training next week for all providers. ○ ACM hired a new psychiatrist and has been very well received and liked by clients. ○ Camille will invite Member Martinez to the next MAC meeting for appreciation committee. ○ 988 Suicide and Crisis line discussion. RCS Crisis and BHRS are involved and staying informed with what is happening at a State level and how it will be rolled out. <p>B. Data Dashboard:</p> <ul style="list-style-type: none"> ○ Calendar of submission of data dashboard will be provided to the board. 	<p>Board Action: None.</p>
<p>8. 10 Minutes</p>	<p>Behavioral Health Advisory Board Media Outreach: <i>Discussion and Possible Action</i></p> <p>A. KZYX Public Service Announcement:</p> <ul style="list-style-type: none"> ○ A copy of the PSA included in agenda packet. ○ Member Bradley worked with county staff on a public service announcement (PSA). In talks with a radio station on the coast and KZYX to run the PSA. ○ Recommendation to change the word “challenged” to “vulnerable” on the PSA. ○ Discussion regarding the board recruitment flyer: Member Bradley will work with county staff to create a revised flyer and disseminate. ○ BHRS staff will post the PSA on all of the BHRS social media accounts (Facebook, Instagram, Twitter), and will ask the county to post on the main county page. ○ Discussion on the distribution plan for flow chart brochures: the board would like to get the brochures out to different areas/providers in the county, not just Ukiah and Willits. Board to follow up at next meeting. <p>B. Other:</p> <ul style="list-style-type: none"> ○ Discussion on Indian Health services as a payment method and funding source to consider for beds at the PHF. If a native client were to use a bed, it would become like an insurance payment. 	<p>Board Action: Motion made by Member Behringer, seconded by Member Shipp to approve the PSA with the recommended change. All in favor, motion passes.</p>

	<p>BHRS Director Miller mentioned it is a good funding source to consider, the county should talk to Telecare about it.</p> <ul style="list-style-type: none"> ○ The county started a Native Connections group to identify and discuss the gaps in mental health and substance use disorder services within the Native American community. ○ It might be possible for a board member to join the meeting to bring back feedback to the BHAB. BHRS Director Miller will follow up with the Native Connections committee to see if a BHAB member can join future meetings. ○ Member Martinez suggested that the county develop a tribal advisory committee so the county/community is aware of what is missing in the tribal community. 	
<p>9. 15 minutes</p>	<p>5150 Process: <i>Sarah Livingston, Redwood Community Crisis Services Director – Discussion and Possible Action</i></p> <ul style="list-style-type: none"> ○ Rescheduled until next month. 	<p>Board Action: None.</p>
<p>10. 25 Minutes</p>	<p>Mental Health Services Act 22-23 Annual Plan Update Public Hearing– <i>Karen Lovato, BHRS Senior Program Manager</i></p> <ul style="list-style-type: none"> ○ Questions comments are collected during this public hearing but are not responded to live. The answers are responded to in writing in the final draft of the plan as an appendix. <p>Comments/Questions:</p> <ul style="list-style-type: none"> ○ Michelle Rich: Number of changes in moving categories and programs, did this happen through a formal bidding process or in contract negotiations with individual providers? ○ Michelle Rich: Regarding the workforce development piece and changes in leadership, looks like there was money moved from CSS to workforce category. Wonders if there is a way to address the change at executive and administrative support level, and a way to provide training and support for new executive directors and financial staff. Are funds available to provide training to MHSA contracted providers? ○ Michelle Rich: Regarding adult wellness and recovery centers and the difference in costs associated with the different centers. Why is there such a large difference between the 3 providers with what are presumably similar services. ○ No further verbal comments. ○ Deadline for written comments is August 29th end of business day. Comments/questions can be dropped off, emailed, done via a phone call. ○ The public is notified of this hearing via email, PSA’s, and it is also posted on the BHRS website. 	<p>Board Action: None.</p>
<p>11. 15 Minutes</p>	<p>Substance Use Disorder Treatment (SUDT) Services – Discussion and Possible Action</p> <ul style="list-style-type: none"> ○ Discussion regarding the Ford Street Project funding request to expand services for their social model detox program. Suggestion to use opioid settlement funds instead of Measure B funds. ○ Concerns expressed by the public at the last Measure B meeting that they were only looking at that particular social model detox, instead of looking at other models and ways to allocate funds for 	<p>Board Action: None.</p>

	<p>substance use disorder treatment. Concern that dual diagnosis was not being considered in the Ford Street Project proposal.</p> <ul style="list-style-type: none"> ○ Measure B has not made a decision on whether to fund or not fund the Ford St. project proposal. The Measure B committee felt they need more information before making a decision. The item will be on the next Measure B meeting agenda for further discussion. ○ Discussion regarding the Measure B Grand Jury report: The report noted that language in Measure B <i>does</i> state that Measure B funds are supposed to be used for SUD treatment and that this has not occurred to date. The Grand Jury recommended that funds be allocated for this purpose. ○ Crisis residential treatment (CRT) facility for youth: The County is working with RCS on a 4-6 bed youth CRT, besides regular services available. It will not treat dual diagnosed clients, but if their primary diagnosis is a mental health issue, the CRT could provide services. ○ Chair Rich will bring the concerns and ideas expressed by board members to the Measure B committee. 	
<p>12. 10 Minutes</p>	<p>Member Comments:</p> <ul style="list-style-type: none"> ○ Member Lockart: Regarding continued concerns about law enforcement treatment of individuals. Would like to have quality discussion on what is most productive way to communicate without getting upset or angry. Will continue to speak up for those that aren't able to stand up for themselves. 	<p>Board Action: None.</p>
<p>13. 2 minutes</p>	<p>Adjournment: 12:15 PM</p>	<p>Motion made by Member Martinez, seconded by Member Bradley to adjourn the meeting. All in favor.</p>

AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

BHAB CONTACT INFORMATION:

PHONE: (707) 472-2355 | FAX: (707) 472-2788

EMAIL THE BOARD: hhboard@mendocinocounty.org | WEBSITE: www.mendocinocounty.org/bhab

<i>Michelle Rich</i>	10/3/2022
Michelle Rich, Chair	Date
<i>Lilian Chavoya</i>	10/3/2022
Lilian Chavoya, Program Specialist I	Date