



**MENDOCINO COUNTY
BEHAVIORAL HEALTH ADVISORY BOARD**

REGULAR MEETING

MINUTES

**July 27, 2022
10:00 AM – 12:30 PM**

Zoom Meeting:

<https://mendocinocounty.zoom.us/j/98557737710>

Chairperson
Michelle Rich

Vice Chair
Flinda Behringer

Secretary
Jo Bradley

Treasurer
Richard Towle

BOS Supervisor
Mo Mulheren

1ST DISTRICT: DENISE GORNY LOIS LOCKART RICHARD TOWLE	2ND DISTRICT: MICHELLE RICH SERGIO FUENTES VACANT	3RD DISTRICT: VACANT JEFF SHIPP VACANT	4TH DISTRICT: VACANT VACANT VACANT	5TH DISTRICT: FLINDA BEHRINGER JO BRADLEY MARTIN MARTINEZ
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OUR MISSION: *“To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential.”*

	Agenda Item / Description	Action
1. 3 minutes	<p>Call to Order, Roll Call & Quorum Notice, Approve Agenda: <i>Review and Possible Board Action.</i></p> <ul style="list-style-type: none"> ○ Meeting called to order by Chair Rich at 10:09 AM. ○ Members present: Bradley, Gorny, Lockart, Towle, Fuentes, Bradley, Martinez, and Chair Rich. Excused: Shipp and Behringer. ○ Member Towle requested to add an item under his report related to a CALBHB/C meeting he was invited to attend. ○ Agenda approved with the requested addition. 	<p>Board Action: Motion made by Member Bradley, seconded by Member Gorny to approve the agenda with the requested addition. Anonymous approval.</p>
2. 2 minutes	<p>Approval of Minutes from the June 22, 2022 BHAB Regular Meeting: <i>Review and Possible Board Action.</i></p> <ul style="list-style-type: none"> ○ Minutes approved as presented. 	<p>Board Action: Motion made by Member Gorny, seconded by Member Martinez to approve the 6/22/22 BHAB meeting minutes. Motion passes with 1 abstention (Lockart).</p>

<p>3. 10 minutes (Maximum)</p>	<p>Public Comments: <i>Members of the public wishing to make comments to the BHAB will be recognized at this time. Any additional comments can be provided through email to bhboard@mendocinocounty.org.</i></p>	<p>Board Action: None.</p>
<p>4. 5 minutes</p>	<p>A. Resolution Authorizing Remote Behavioral Health Advisory Board Meetings: <i>Discussion and Possible Board Action.</i></p> <ul style="list-style-type: none"> ○ Board agreed to cancel the in person meeting for August, and do a remote meeting instead. 	<p>Board Action: Motion made by Member Bradley, seconded by Member Gorny to meet virtually for the August BHAB meeting. Anonymous approval.</p>
<p>5. 15 minutes</p>	<p>Board & Committee Reports: <i>Discussion and Possible Board Action.</i></p> <p>A. Chair – <i>Michelle Rich</i></p> <ul style="list-style-type: none"> - Chair Rich will be presenting the 2021 annual report to the BOS on August 16th. - Announcement of Special Measure B meeting. BHRS will send meeting details to the board once the meeting date/time are confirmed. <p>B. Vice Chair – <i>Flinda Behringer</i></p> <ul style="list-style-type: none"> - Absent. <p>C. Secretary – <i>Jo Bradley</i></p> <ul style="list-style-type: none"> - Member Bradley reported she spoke to staff from KOZT radio station regarding an announcement for BHAB vacancies. Member Bradley would like to help BHRS staff to create something for an announcement. - Comments about discussion at the BOS meeting yesterday. BHRS was asked to make a cost analysis to determine if the county is saving money with the facilities (by serving clients within the county instead of outside of the county). The cost of facilities has increased which will have to be factored in. <p>D. Treasurer – <i>Richard Towle</i></p> <ul style="list-style-type: none"> - No financial report. - Member Towle received an invitation from CALBHB/C to attend the August 20th Quarterly Meeting/Training in Chico, CA. CALBHB/C will pay the expenses for one board member to attend this event in person. Member Towle will attend on behalf of the board and will report back. <p>E. Advocacy & Legislation Committee – <i>Member Bradley, Chair Rich</i></p> <ul style="list-style-type: none"> - Nothing to report. <p>F. Appreciation Committee – <i>Member Fuentes & Martinez</i></p> <ul style="list-style-type: none"> - Nothing to report. <p>G. Contracts Committee – <i>Member Fuentes and Chair Rich</i></p> <ul style="list-style-type: none"> - BHRS staff sent a copy of the final ASO contract. Chair Rich and Member Fuentes will follow up. A list of all current BHRS contracts will be provided to the board in August. <p>H. Membership Committee – <i>Member Behringer, Bradley, Gorny, Chair Rich</i></p> <ul style="list-style-type: none"> - Committee planning to meet in August. - Discussion on board memberships: 33% of board members should 	<p>Board Action: None.</p>

	<p>be peer, 33% family members, and 33% public interest (1 of each in each district). Members can be in a different district as long as the board has that representation across the 15 seats regardless of district.</p> <p>I. Public Comment Follow Up Committee – <i>Member Martinez and Shipp</i> - Nothing to report.</p> <p>J. Site Visit Committee - <i>Member Behringer, Fuentes, Martinez, & Towle</i> - Nothing to report.</p>	
<p>6. 20 minutes</p>	<p>Mendocino County Report: <i>Jenine Miller, BHRS Director</i></p> <p>A. Director Report Questions - Report included in agenda packet.</p> <p>B. Psychiatric Health Facility Update - BHRS is working with contractors and Telecare on finalizing the building architectural plans. Telecare brings a lot of great experience and the county has been working with their internal building team.</p> <p>C. Staffing Update - BHRS continues to recruit and hire new staff members. The department has seen a huge improvement in the process of hiring new staff.</p>	<p>Board Action: None.</p>
<p>7. 15 minutes</p>	<p>Anchor Health Management Report: <i>Camille Schraeder, Anchor Health Management</i></p> <p>A. Data Dashboard Questions - Data Dashboard not included in agenda packet as it was not received in time. - Camille reports AHM is working on getting all the year-end FY 21-22 billing completed to close out the fiscal year.</p> <p>B. Staffing Update - Providers are building out rehab and clinical staff, it is a slow and steady process and it will take a while to overcome the effects of the pandemic. - Carmen Harris is now a full time Clinician for Anchor Health Management (AHM).</p> <p>C. Timeliness of Reports - Concern over timeliness of Data Dashboard as it limits the time the public has to review and provide comments/feedback. - Camille apologized and hopes to have it available in a timelier manner going forward as it is important for the public to have access to the information. - Board open to a different schedule (i.e. quarterly reports) if that is easier for Anchor Health Management. Camille will follow up with her staff about that possibility and report back.</p>	<p>Board Action: None.</p>
<p>8. 10 Minutes</p>	<p>Behavioral Health Advisory Board Media Outreach: <i>Discussion and Possible Board Action</i></p> <ul style="list-style-type: none"> ○ Discussion on how the BHAB meetings are publicized and how more outreach can be done to engage more people. The county does a press release prior to each meeting but it is up to the radio station to run it. ○ Possibility of having ads on the local newspaper. ○ Discussion of a possible media campaign on the radio to ensure an ad space for recruitment. Member Bradley will work with BHRS 	<p>Board Action: None.</p>

	<p>staff (Joy Beeler) on a KZYX PSA.</p> <ul style="list-style-type: none"> ○ Discussion on creating flyers to provide at outreach booths or articles the board can write about the system. Lili will follow up with Member Bradley about previous flyer and Member Bradley will report back on this item next month. 	
<p>9. 15 minutes</p>	<p>5150 Annual Certification – Discussion and Possible Board Action</p> <ul style="list-style-type: none"> - BHRS Director Miller provided an overview of the county process regarding certification to obtain a 5150 card (to be able to do write 5150's). Sarah Livingston from Redwood Community Crisis Center will be joining the board next month to talk more about what the process is for staff who have been certified and what the training in the field looks like. ○ In order for staff to obtain a 5150 card, they need to meet criteria for a Mental Health Rehabilitation Specialist (MHRS), AA degree or higher and years of experience. Generally there are clinicians within the team, and a psychiatrist to consult with. ○ Staff are required to do an annual 5150 training. The county provides an annual 5150 training. If new staff are hired throughout the year, trainings are provided as needed. 	<p>Board Action: None.</p>
<p>10. 25 Minutes</p>	<p>Mental Health Services Act Annual and Quarterly Update – Karen Lovato, BHRS Senior Program Manager</p> <p>A. Annual update review (summary of changes for 22-23):</p> <ul style="list-style-type: none"> ○ Annual updates will be a look at future fiscal year and retrospective of the past fiscal year. ○ No new programs were added to PEI on this update, but more revenue was distributed than originally expected. This means the county will have more funding to allocate during 22-23 than anticipated at the beginning of the 3 year cycle. ○ CSS funding was allocated to Workforce Education and Training. ○ Programs that are no longer funded that were budgeted for in the Three Year Plan: <ul style="list-style-type: none"> - Safe Passage, which had been part of the CPP process approved by stakeholders, is no longer doing business and providing services and has been removed from the plan. They were not able to continue operations after the pandemic. - Round Valley Innovation plan ends on June 30th, 2022 and is not eligible to receive an extension. ○ New Innovation projects are in early stages of development and are included in very broad terms, in case the plans are able to be finalized and approved by the MHSOAC prior to the end of this Three Year Plan/Annual Update. ○ Additional details to the Community Program Planning section to include details of CPP training, Schedule of CPP events, edits and additional details to the Annual Update description. ○ Cost Per Client data that would normally be included in the Annual Summary is included throughout the Annual Update at the request of DHCS. Cost per Client data based on FY 20/21. ○ Additional details added to the Capacity Assessment section. ○ MHSA staff are hopeful to have 2 new innovation projects this fiscal year. <p>The annual update report will have a public comment period for 30 days,</p>	<p>Board Action: None.</p>

	<p>and the county will bring it back for a public hearing at next month's BHAB meeting for a live opportunity to ask questions/provide comments.</p> <ul style="list-style-type: none"> - The board approved for the annual update to be open to public comment for 30 days. <p>B. Quarterly report for MHSA quarters 1-3 of FY 21-22</p> <ul style="list-style-type: none"> o Full report included in agenda packet. 	
<p>11. 15 Minutes</p>	<p>Elevate Youth Prevention Grant – <i>Karen Lovato, BHRS Senior Program Manager</i></p> <ul style="list-style-type: none"> o Grantor is DHCS via Sierra Health Foundation Center for Health Program Management. o Award amount is \$600,000, and the grant term is 2/16/2022 – 11/15/2024 o The grant focuses on youth activism through mentoring and Peer to Peer through use of evidence based practices or community driven practices. o Projects use relates to preventing youth substance use disorder through a policy, system, and environmental change approach. o Outcomes targeted through this grant: investment in youth empowerment, leadership, and development. Population level impacts through policy, systems and environmental change. o Grant required activities include: webinar attendance, reports (regular, annual, financial, etc.), attend convening, and conduct Youth listening sessions, among others. o Covered costs: staff time, supplies for activities, travel costs, equipment related to grant activities, food for youth activities, and incentives for youth activities. o Priority population is the Native American Youth and Latino/a/x youth in isolated communities. o Goal is to imitate youth leadership groups in partnership with schools in three remote communities (Point Arena, Anderson Valley, Round Valley). 	Board Action: None.
<p>12. 10 Minutes</p>	<p>Member Comments:</p> <ul style="list-style-type: none"> o Member Lockart shared a book with the board (The Hidden Messages in Water” by Masaru Emoto) about the effects the music we listen to has on our brains. o Member Towle: attended the Stepping Up meeting in place of Member Behringer. Report of NaphCare data: 300 individuals booked into Mendocino County jail in June. 7 missed/refused mental health screening, 198 individuals were prescribed psychotropic medications, and 103 individuals refused meds at least once. 	Board Action: None.
<p>13. 2 minutes</p>	<p>Adjournment: 12:25</p> <ul style="list-style-type: none"> o Motion made by Member Martinez, seconded by Member Bradley to adjourn the meeting. Unanimous approval. 	Board action: Meeting adjourned.

AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

BHAB CONTACT INFORMATION:

PHONE: (707) 472-2355 | FAX: (707) 472-2788

Michelle Rich

9/14/2022

Michelle Rich, BHAB Chair

Date

Lilian Chavoya

9/14/2022

Lili Chavoya, BHRS Program Specialist I

Date