



**MENDOCINO COUNTY
BEHAVIORAL HEALTH ADVISORY BOARD**

REGULAR MEETING

MINUTES

**March 23, 2022
10:00 AM – 12:00 PM**

Zoom Meeting:

<https://mendocinocounty.zoom.us/j/98557737710>

Call in:

+1(669) 900-9128 or +1(346) 248-7799

Webinar ID: 985 5773 7710

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Michelle Rich**

**Vice Chair
Flinda Behringer**

**Secretary
Jo Bradley**

**Treasurer
Richard Towle**

**BOS Supervisor
Mo Mulheren**

1ST DISTRICT: DENISE GORNY LOIS LOCKART RICHARD TOWLE	2ND DISTRICT: MICHELLE RICH SERGIO FUENTES VACANT	3RD DISTRICT: MILLS MATHESON JEFF SHIPP LARANN HENDERSON	4TH DISTRICT: JULIA EAGLES VACANT VACANT	5TH DISTRICT: FLINDA BEHRINGER JO BRADLEY MARTIN MARTINEZ
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OUR MISSION: *"To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

	Agenda Item / Description	Action
1. 3 minutes	<p>Call to Order, Roll Call & Quorum Notice, Approve Agenda:</p> <ul style="list-style-type: none"> • Vice Chair Behringer called the meeting to order at 10:05 AM. • Board members present: Behringer, Bradley, Gorny, Henderson, Lockart, Matheson, Martinez, Shipp, Towle • Agenda approved as presented. 	<p>Board Action: Motion made by Member Matheson, seconded by Member Martinez to approve the agenda as presented. Motion passed unanimously.</p>
2. 2 minutes	<p>Approval of Minutes from the February 23, 2022 BHAB Regular Meeting: Review and Possible Board Action.</p> <ul style="list-style-type: none"> • Minutes approved as presented. 	<p>Board Action: Motion made by Member Shipp, seconded by Member Martinez to approve the agenda as presented. Motion passed</p>

		unanimously.
<p>3. 10 minutes (Maximum)</p>	<p>Public Comments: <i>Members of the public wishing to make comments to the BHAB will be recognized at this time. Any additional comments can be provided through email to bhboard@mendocinocounty.org.</i></p> <ul style="list-style-type: none"> ○ Jo Silva: Regarding lack of other forms of treatment other than medication to treat MH clients. Ongoing talk therapy, family therapy, and integration into the community should be available. ○ Alex Rounds – First 5 Mendocino: Perinatal period– age 5, working on a project to find mental health services available for children under 5. The more support children can get early on the better it is. Looking for any additional information/resources for early childhood services in Mendocino County. 	<p>Board Action: None.</p>
<p>4. 5 minutes</p>	<p>A. Resolution Authorizing Remote Behavioral Health Advisory Board Meetings: <i>Discussion and Possible Board Action.</i></p> <ul style="list-style-type: none"> ○ The board agreed to pass the resolution. 	<p>Board Action: Motion made by Member Bradley, seconded by Member Martinez to approve the resolution to hold today’s meeting virtually. Motion passed with one disapproval (Lockart).</p>
<p>5. 20 minutes</p>	<p>Board & Committee Reports: <i>Discussion and Possible Board Action.</i></p> <p>A. Chair – <i>Michelle Rich</i></p> <ul style="list-style-type: none"> ○ 2021 BHAB Annual Report ○ Tabled ○ 2022 BHAB Calendar ○ BHRS staff will present more calendar options for 2022 at next month’s meeting. ○ The board agreed to meet via Zoom for April meeting. <p>B. Vice Chair – <i>Flinda Behringer</i></p> <p>C. Secretary – <i>Jo Bradley</i></p> <ul style="list-style-type: none"> ○ No report. <p>D. Treasurer – <i>Richard Towle</i></p> <ul style="list-style-type: none"> ○ No report. <p>E. Advocacy & Legislation Committee – <i>Member Bradley, Chair Rich</i></p> <ul style="list-style-type: none"> ○ No report. <p>F. Appreciation Committee – <i>Member Fuentes & Martinez</i></p> <ul style="list-style-type: none"> ○ The committee reports they are working with Manzanita to provide an appreciation day. Will report back once that happens. <p>G. Contracts Committee – <i>Member Eagles, Fuentes, Matheson, Chair Rich</i></p> <ul style="list-style-type: none"> ○ No report. <p>H. Membership Committee – <i>Member Behringer, Bradley, Eagles, Gorny, Eagles, Chair Rich</i></p> <ul style="list-style-type: none"> ○ No report 	<p>Board Action: Board Action: Motion made by Member Bradley, seconded by Member Matheson to table the approval and bring back additional schedule options next month. Motion passed with one disapproval (Towle).</p>

	<p>I. Public Comment Follow Up Committee – <i>Member Martinez and Shipp</i></p> <ul style="list-style-type: none"> ○ Member Martinez reports he was not able to find out who from Manzanita participated in the BHAB meeting last month, but will keep trying. <p>J. Site Visit Committee - <i>Member Behringer, Fuentes, Martinez, & Towle</i></p> <ul style="list-style-type: none"> ○ No report. ○ The site visit committee will try to get at least one site visit done this month. Vice Chair Behringer will work on setting up a meeting. 	
<p>8. 15 minutes</p>	<p>Mendocino County Report: <i>Jenine Miller, BHRS Director</i></p> <p>A. Director Report Questions</p> <ul style="list-style-type: none"> ○ Director report included in agenda packet. <p>B. Psychiatric Health Facility Update</p> <ul style="list-style-type: none"> - Meeting on a weekly basis with the construction crew and architect firm, are working on next steps. Preparing for demolition process. Have also been meeting with Telecare to make sure they are on board as project moves forward. <p>C. Staffing Update</p> <ul style="list-style-type: none"> - Still have a decent amount of vacancies but did hire a few individuals over the last month, as well as a few promotions. <p>D. Stepping Up Map</p> <ul style="list-style-type: none"> - Map is included in agenda packet. - The map shows how people may flow into the system specifically individuals that end up in the criminal justice system. The map shows what resources are available or if there are any overlapping resources. The Stepping Up committee wanted this board’s input on whether or not there is information or programs missing. - Once the map is finalized, the committee will start putting the pieces together to provide the information to the community and providers. - Flow charts discussion: BHRS can bring the flow charts back to the BHAB for review and updates. A flow chart for SUDT might be a possibility. <p>E. CRT Update: still waiting on state licensing, they had a walk through yesterday and it went great.</p>	<p>Board Action: None.</p>
<p>9. 10 minutes</p>	<p>RQMC Report: <i>Camille Schraeder, Redwood Quality Management Company</i></p> <p>A. Data Dashboard Questions</p> <ul style="list-style-type: none"> - December Data Dash included in agenda packet. <p>B. Staffing Update</p> <ul style="list-style-type: none"> - Slowly hiring more staff; continue to support Manzanita while they merge with Tapestry. Manzanita is merging with Tapestry in order to keep their services going. - Camille reports RQMC is worried about independent housing programs, need to discuss what they are going to do to protect clients that qualify when they get into the housing. <p>C. RCS – trying to figure out how to provide 24-hour support to housing programs. There are 12 apartments at Orr Creek Commons dedicated for TAY. TAY youth are currently reluctant to living there because of</p>	<p>Board Action:</p>

	<p>the circumstances going on with the other tenants. Need support from the Sheriff's office to resolve the problem. Trying to support the vulnerable clients there.</p> <p>D. Dr. Goowin had his licensed revoked. Dr. Timme has increased her hours, have a Nurse Practitioner and resident coming on to help as well. Case managers and therapists have been reaching out to every client to make sure they are connected and providing support with any questions or concerns. Clients have also been connecting with other providers to address any concerns.</p> <ul style="list-style-type: none"> - Dr. Goodwin was providing 100% telehealth services ever since COVID hit. He was never here physically since March of 2020. <p>E. Discussion on why hospitalizations have been going down:</p> <ul style="list-style-type: none"> - Camille reports RCS opened up Harmony House, which is for conserved clients as a diversion. Madrone House is also being used for crisis diversion. RQMC now leads a multi-agency ACT Team, Assertive Community treatment process which includes all agencies meeting every day at 9am where adult agencies get together and triage the highest most acute clients of the day. That has been very helpful in hospitalization rates going down. - RQMC took over adult services in July of 2016. RCS is opening up a co-located facility (mental health rehab center with psychiatry and WPC services) that is semi secure in a protected space for 16 beds. The clinic will contract with BHRS. They are looking into street medicine and a residency program to provide primary care. This facility will be available to clients who are conserved or need longer term care and will be Medi-Cal certified. 	
<p>10. 25 minutes</p>	<p>South Coast Substance Abuse Update: <i>Micheline White, Mendonoma Health Alliance Executive Director</i></p> <ul style="list-style-type: none"> o Mendonoma Health Alliance is a non-profit, community based organization that provides health and wellness services to improve access to wellness and preventions services. Some of the programs they offer include: <ul style="list-style-type: none"> - Care Coordination - Care transitions - Health screenings - Substance Use Prevention - Healthy Living Course - Matter of Balance - Outreach o Mendonoma completes community health needs assessments to determine community needs and barriers. The top 3 survey responses for their recent assessment on what barriers people face when trying to overcome an addiction were: availability of addiction services, availability of mental health services, and not ready to receive help. In the South Coast, there were 28 client referrals to addiction treatment services in 2021. o Mendonoma has an anti-stigma campaign that includes videos of personal stories of community members who have overcome addiction. o They provide substance use disorder prevention by going to schools and teaching students about drugs and how to make good decisions. 	<p>Board Action: None.</p>

	<ul style="list-style-type: none"> ○ Mobile clinic coming in the future to have community paramedics available. ○ Mendonoma is working on introducing recovery resources to the community. The goal is to have someone that has recovery experience to be able to lead people through their recovery process. ○ There is not a rehab center in the coast, but Mendonoma works to connect clients needing to go into rehab with a treatment center. They send people to various different places including Santa Rosa, Humboldt, LA, etc. depending on where their insurance will allow. 	
11. 10 Minutes	Felony Restoration: <i>Discussion and Possible Board Action.</i> F. Tabled	Board Action: None.
13. 15 Minutes	Follow Up on CalAIM and Services to the Mild to Moderate: <i>Discussion and Possible Board Action.</i> G. Tabled	Board Action: None.
14. 3 Minutes	Member Comments: H. No member comments.	Board Action: None.
15. 2 minutes	Adjournment: 12:21 PM	Motion made by Member Martinez, seconded by Member Gorny to adjourn the meeting at 12:21 PM. Motion passed unanimously.

AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

BHAB CONTACT INFORMATION:

PHONE: (707) 472-2355 | FAX: (707) 472-2788

EMAIL THE BOARD: bhboard@mendocinocounty.org | WEBSITE: www.mendocinocounty.org/bhab

Michelle Rich

Michelle Rich, Chair

5/19/2022

Date

Lilian Chavoya

Lili Chavoya, BHRS Program Specialist I

5/19/2022

Date