

Crisis Services - All County (855) 838-0404

Provides a crisis line for any person in need of emergency / immediate assistance with a mental health issue. (All ages)

Access to Mental Health Services – All County (800) 555-5906 - Provides access to specialty mental health services. (All ages)

Action Network – Point Arena, Gualala and South Coast (707) 884-5413 - Provides MH community services and support for unserved & underserved children and their families. Facilitates a Parent Partner Program. An MHSA, PEI, and CSS funded Program (All ages).

Anderson Valley Unified School District (AVSD) - Anderson Valley (707) 895-3774 - Provides MH prevention and early intervention services focused on school aged children in AVSD. Provides community-based family support services. (Children 5-18)

Arbor Youth Resource Center – Ukiah (707) 462-7267 - A Drop-In Youth Resource center which offers a myriad of classes and programs designed to assist youth in being successful. Classes focus on academic and employment success, substance use and addiction, parenting, healthy living, legal issues, and financial success. MHSA funded program. (TAY ages 14-24)

Coastal Seniors – Point Arena, Gualala and South Coast (707) 882-2137 - Provides Senior Adult Support and education. AMHSA funded program. (Older Adults 60 and older)

Consolidated Tribal Health Project – Ukiah (707) 485-5115 - Behavioral Health Services and Substance Use Disorder Treatment Services to local Native American tribal members and non-native people. An MHSA funded program (all ages).

FIRST 5 Mendocino - All County (707) 462-4453 Provides Services to Families to create resilient families by improving parenting and decreasing substance use. (Ages prenatal – 5)

Hospitality Center – Fort Bragg

(707) 961-0172 Provides case management and specialty MH services. The Wellness Center provides outreach, engagement and linkage to other support services, classes and groups to support life skills training. Centers are a safe environment that encourage peer support, self-advocacy and personalized recovery. Homeless and housing resource. (18 and older)

Laytonville Healthy Start Family Resource Center – Laytonville and North County (707) 984-8089

Provides PEI funding, services focused in Laytonville & Covelo. Provides community-based family support services. (All ages)

Manzanita Services – Ukiah and Willits (707) 463-0405 - Provides Case Management to adult specialty MH service clients. The Wellness Center provides Outreach and Engagement and linkage to other support services, classes and groups to support life skills training. Centers are a safe environment that encourage peer support, self advocacy and personalized recovery and Benefits Advocacy. (Adults 18 and older)

MCAVHN - Ukiah Main Office (707) 462-193; Outreach Services/Urgent Needs (707) 621-1872 – Provides case management to adults 18 and older. Provides services for adults as designated by the behavioral Health Court formally known as 11:00 O'clock Court Calendar. Wellness Center and outreach team provides linkages to care, harm reduction education and materials, Medication for Addiction Treatment, HCV testing and treatment, HIV testing, COVID testing, housing navigation, and Coordinated Entry. FSP for Behavioral Health clients (adults 18 and older).

Mendocino County Pathways to Well Being (Formerly Katie A. & Wraparound)

- Ukiah, Fort Bragg & Willits (707) 463-7990 - Provides MH services to children at risk of placement in Foster Care, helps child build skills necessary for functioning at home and in the community. Facilitates a collaborative team to support the child and the family needs. Provides Wraparound services to support the family. (Children Ages 0-18)

Mendocino County Mental Health Services to CalWORKS - Ukiah (707) 463-5627 - Provides employment and training services to Temporary Cash Assistance for Needy Families (TANF) recipients and applicants to find unsubsidized employment. Provides clients substance abuse and MH treatment/counseling with local providers. Helps with the cost of transportation, childcare and other expenses to facilitate the participant's ability to get and keep employment. (Adults 18 and older)

Mendocino County Mental Health Services to Probation - Ukiah (707) 234-6902 - Provides Services to Probationers that need MH support or substance use treatment. All are by referral from the probation department to allow for the most opportunity to avoid returning to jail. (Adults 18 and older)

Mendocino County Mobile Outreach & Prevention Services - North County, South Coast, Anderson Valley & Ukiah Surrounding Area: (707) 234-9696 Provides MH linkage and interim case management to adults in the target areas of North County, South Coast, and Anderson Valley. Case Manager accepts referrals and helps connect individuals to community resources, specialty MH and other support services. (All ages)

Mendocino County Veterans Services - Ukiah, Laytonville, Point Arena, Covelo, Fort Bragg, & Willits. (707) 463-4226 - Advocate for any

Veteran Services Continued:

Veteran or their dependents, assistance with applications for benefits. (All veterans and/or dependents)

Mendocino County Youth Project (MCYP)- Ukiah (707) 463-4915 - Provides Specialty Mental Health Services and case management. Provides MH services to youth at Juvenile Hall. Provides PEI school-based services throughout the county (Children and TAY ages 0-24). Shelter services include: Emergency shelter services for ages 12-18. Transitional housing services for ages 18-24.

National Alliance on Mental Illness (NAMI) Mendocino - All County (707) 391-6867 NAMI is an educational program that provides outreach and advocacy to individuals and/or their families in need of mental health support. The program includes classes, groups, a Warm Line, and community/home outreach. (All ages)

Nuestra Alianza de Willits - Willits and surrounding areas (707) 456-9418 – Provides outreach and education to underserved Latino families. Services include linkage and engagement that focuses on identifying and addressing depression, suicidal thoughts, and referrals to counseling.

Redwood Community Crisis Center (RC3) - All county (855) 838-0404 - Provides Emergency MH Crisis intervention, MH assessments, psychiatric referrals & follow-up, linkage to resource and long term support, inpatient psychiatric referrals, PEI and CSS funding during times of crisis. (All ages)

Redwood Coast Senior Center - Fort Bragg & North Coast (707) 964-0443 - Provides in-home Senior Peer Counseling for older adults at risk for suicide, depression, isolation, anxiety, and hospitalization. Help seniors to overcome barriers and become more involve in self-care and wellness. (Older Adults 60 and older)

Redwood Community Services (RCS) - Ukiah, Willits, Fort Bragg, Hopland, Potter Valley, Anderson Valley, Redwood Valley, Point Arena, Gualala and South Coast (707) 472-2922

Provides Specialty MH Services, PEI, case management, crisis intervention, aftercare support, linkage, and referral to therapeutic and/or psychiatric services. Provides CSS funding to the unserved and underserved, Full Service Partnership (FSP), and TBS. Available 24/7. (All ages). **By referral only:**

- **Stepping Stones** Ukiah Area - Young Adult housing, independent living skills and supportive services (THP Plus & THP Plus-FC housing for emancipated foster youth ages 18-24 & FSP services ages 18-24)
- **MC3 (Mendocino County Children's Center)** – Ukiah –(E-STRTP) serving youth ages 7-17 with comprehensive therapeutic services in a residential setting with the goal of transitioning to lower level setting in 3-6 months.
- **Birch House** – Ukiah Area – E-STRTP serving ages 7-17 with comprehensive therapeutic services in a residential setting with the goal of transitioning to lower level setting in 3-6 months.
- **Arrowhead Ranch** – Ukiah - provides intensive rehabilitative services to at risk youth. Interpersonal Skills Training Center (ISTC) provides rehab services to children, ages 7-15, who are struggling with self-defeating behaviors that are inhibiting their ability to relate and function socially.
- **Madrone House** - Provides short-term respite services for both crisis respite and medical respite clients. Clients receive 24-hour supervision, not to exceed 7 days per stay and 28 days per year, helping them to transition back to a community setting after a MH emergency.

Redwood Quality Management Company - the Administrative Service Organization for Mendocino County providing management and oversight of Specialty MH, CSS, prevention, and early intervention services. Medication management – outpatient treatment that involves an initial evaluation of the patient's need for psychotropic medications, the provision of a prescription, and ongoing medical monitoring related to the patient's use of the psychotropic medication by a qualified physician/prescriber. Staff and providers also connect with the patient's care team to continue care outside the office with the goal of patient stabilization and return to primary care for continued medication care

Round Valley Indian Health Center - Yuki Trails– Covelo (707) 983-6648 - Provides Behavioral Health services and Substance Use Disorder Treatment services to primarily Native American children, youth, adults and families. Provides Anger Management and Domestic Violence classes. (All ages)

Speak Against Silence - North Bay Suicide Prevention Hotline of Mendocino County 1-855-587-6373.

Tapestry Family Services - Ukiah, Willits, Laytonville, Potter Valley, Hopland, and Covelo (707) 463-3300 - Provides Specialty MH Services & case management. Through the use of CSS funding, provides therapeutic counseling and support to the Latino Population countywide as well as the unserved /underserved tribal communities youth and families. TBS Services. School based services in MCOE's Therapeutic Support Programs. (Children and TAY 0-24)

Ukiah Senior Center - Ukiah (707) 462-4343 Provides in-home Senior Peer Counseling (in Ukiah & Willits area) for older adults at risk for suicide, depression, isolation, anxiety and hospitalization.

Help seniors to overcome barriers and become more involved in self-care and wellness. Older Adult and Veteran support. Transportation Services. (Older Adults 60 and older)

Willits Senior Center - Willits (707) 459-6826 Provides Older Adult support. (Older Adults 60 and older)

211 Mendocino - To access more community resources call/dial 211 or go to 211mendocino.org.

Mobile Crisis Response Team B - Provides crisis related outreach and engagement as well as response to 911 requests regarding possible psychiatric or emotional crises in the community in collaboration with Mendocino County law enforcement.

Jail Discharge Planning - Provides linkage for individuals preparing to release from the jail to behavioral health services. Services aim to increase connection to services and reduce recidivism risk. Inmates request through jail medical services.

Abbreviations used:

MH– Mental Health

MHSA– Mental Health Services Act

TAY– Transitional Age Youth ages 14 to 24

PEI– Prevention and Early Intervention

CSS– Community Services and Support

THP– Transitional Housing Program

AB12– Law extending Foster Care support to age 21.

TBS– Therapeutic Behavioral Services

E-STRTP - Enhanced Short Term Residential Treatment Program

Mendocino County Behavioral Health & Recovery Services (BHRS) Mental Health Plan Comprehensive Program & Services Guide



Crisis Line
(855) 838-0404

ACCESS line
800-555-5906

Patient's Rights Advocate
(707) 463-4614

This brochure is available in English, Spanish, and large print.

Please see the receptionist or call
1-800-555-5906

Or online at:

<http://www.mendocinocounty.org>

Mendocino County Mental Health Plan (MHP) offers free language line, interpreter assistance, ASL, and California Relay Services (TTY/TDD) for beneficiaries requesting or accessing services.

These services may be requested at any Mendocino County MHP provider site or by calling: 1-800-555-5906