



**MENDOCINO COUNTY
BEHAVIORAL HEALTH ADVISORY BOARD**

REGULAR MEETING

AGENDA

**November 4, 2021
2:00 – 4:00 PM**

Zoom Meeting:

<https://mendocinocounty.zoom.us/j/98557737710>

Call in:

+1(669) 900-9128 or +1(346) 248-7799

Webinar ID: 985 5773 7710

**Chairperson
Michelle Rich**

**Vice Chair
Julia Eagles**

**Secretary
Jo Bradley**

**Treasurer
Richard Towle**

**BOS Supervisor
Mo Mulheren**

1ST DISTRICT: DENISE GORNY LOIS LOCKART RICHARD TOWLE	2ND DISTRICT: MICHELLE RICH SERGIO FUENTES VACANT	3RD DISTRICT: MILLS MATHESON JEFF SHIPP VACANT	4TH DISTRICT: JULIA EAGLES VACANT VACANT	5TH DISTRICT: FLINDA BEHRINGER JO BRADLEY MARTIN MARTINEZ
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OUR MISSION: *“To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential.”*

	Agenda Item / Description	Action
1. 3 minutes	Call to Order, Roll Call & Quorum Notice, Approve Agenda:	Board Action:
2. 2 minutes	Approval of Minutes from the September 22, 2021 BHAB Regular Meeting: Review and Possible Board Action.	Board Action:
3. 10 minutes (Maximum)	Public Comments: <i>Members of the public wishing to make comments to the BHAB will be recognized at this time. Any additional comments can be provided through email to bhboard@mendocinocounty.org.</i>	Board Action:
4. 5 minutes	Resolution Authorizing Remote Behavioral Health Advisory Board Meetings: Discussion and Possible Board Action.	Board Action:
5. 10 minutes	Measure B: Discussion and Possible Board Action. A. October Meeting Agenda Items	Board Action:
6. 15 minutes	California Behavioral Health Planning Council 2021 Data Notebook Survey: Discussion and Possible Board Action.	Board Action:

7. 20 minutes	Mendocino County Report: <i>Jenine Miller, BHRS Director</i> A. Director Report Questions B. Staffing Update C. Whitmore Lane Facility Update	Board Action:
8. 25 minutes	External Quality Review Organization (EQRO) Audit: <i>Update/Discussion and Possible Board Action - Jenine Miller, BHRS Director</i>	Board Action
9. 15 minutes	RQMC Report: <i>Camille Schraeder, Redwood Quality Management Company</i> A. Data Dashboard Questions B. Services Update C. Staffing Update	Board Action:
10. 15 minutes	Board & Committee Reports: <i>Discussion and Possible Board Action.</i> A. Chair – <i>Michelle Rich</i> <ul style="list-style-type: none"> ○ 2021 BHAB Annual Report ○ 2022 Board Officers Nominations B. Vice Chair – <i>Julia Eagles</i> <ul style="list-style-type: none"> ○ BHAB Meetings and Social Media ○ Recruitment Ad Update C. Secretary – <i>Jo Bradley</i> D. Treasurer – <i>Richard Towle</i> E. Advocacy & Legislation Committee – <i>Member Bradley, Chair Rich</i> F. Appreciation Committee – <i>Member Fuentes & Martinez</i> G. Contracts Committee – <i>Member Fuentes, Vice Chair Eagles, Chair Rich</i> H. Membership Committee – <i>Member Behringer, Bradley, Eagles, Gorny, & Chair Rich</i> <ul style="list-style-type: none"> ○ Board Reappointments ○ BHAB Applications: <i>Jo Bradley and Larann Henderson</i> I. Site Visit Committee - <i>Member Behringer, Fuentes, Martinez, & Towle</i>	Board Action:
11. 5 Minutes	Member Comments:	Board Action:
12.	Adjournment Next meeting: November 17, 2021 10:00 AM – 12:00 PM via Zoom	

AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

BHAB CONTACT INFORMATION:

PHONE: (707) 472-2355 | FAX: (707) 472-2788

EMAIL THE BOARD: bhboard@mendocinocounty.org | WEBSITE: www.mendocinocounty.org/bhab



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OUR MISSION: *"To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

	Agenda Item / Description	Action
1. 3 minutes	<p>Call to Order, Roll Call & Quorum Notice, Approve Agenda:</p> <ul style="list-style-type: none"> ○ Chair Rich called the meeting to order at 10:01 AM. ○ Board members present: Behringer, Bradley, Vice Chair Eagles, Gorny, Lockart, Matheson, Shipp, Towle, and Chair Rich. ○ Member Fuents is excused, Member Martinez is absent. ○ Quorum met. ○ Agenda approved as presented. 	<p>Board Action: Motion made by Member Gorny, seconded by Member Behringer, to accept the agenda as presented. Motion passed unanimously.</p>
2. 2 minutes	<p>Approval of Minutes from the August 25, 2021 BHAB Regular Meeting: Review and Possible Board Action.</p> <ul style="list-style-type: none"> ○ Minutes approved as presented. 	<p>Board Action: Motion made by Member Gorny, seconded by Vice Chair Eagles to accept the 8/25/21 BHAB meeting minutes as presented. Motion passed</p>

		unanimously.
<p>3. 10 minutes (Maximum)</p>	<p>Public Comments: <i>Members of the public wishing to make comments to the BHAB will be recognized at this time. Any additional comments can be provided through email to bhboard@mendocinocounty.org.</i></p> <ul style="list-style-type: none"> ○ Theresa Comstock, CALBHB/C Executive Director: Theresa let the board know CALBHB/C is always available for any support the board needs. Theresa provided information regarding the mental health board training CALBHB/C is offering on October 1, 202, and a statewide meeting on October 22nd for any board members interested. ○ Richard Towle is currently searching for a psychiatrist in Mendocino County who accepts Medicare. ○ Jo Silva: There is an art exhibit at the Mendocino College art gallery currently. Art work of a woman who dealt with mental illness throughout her life; recommends people go see it. ○ Lois Lockart expressed her concern regarding the homeless population and would like to know if there are any steps being taken to eliminate their pain and suffering. 	<p>Board Action: None.</p>
<p>4. 30 minutes</p>	<p>Mental Health Services Act (MHSA) Three-Year (2020-2023) Plan Public Hearing – Karen Lovato, BHRS Senior Program Manager</p> <p>A. This public hearing is a formal process by which comments and questions are taken and are responded to in writing as an addendum to the plan. Public comment period closes on September 27th, 2021.</p> <p>B. Comments included:</p> <ul style="list-style-type: none"> ○ Richard Towle is sorry these meetings cannot be held in person due to COVID because there has been great turnout historically for in person meetings. ○ Chair Rich: regarding funds for staffing/recruitment. It is one of the critical needs in our county, if there are MHSA funds available for staffing/recruitment she thinks it would be a timely manner to address a critical need in our county. ○ Flinda Behringer: Thinks the county needs to put all efforts into making the Psychiatric Health Facility (PHF) happen quicker than it is scheduled to. ○ Denise Gorny: Would like to see the CIT training continue even if we have to pursue grants to continue these trainings. There are new officers coming in and it is very important that they get trained. ○ Julia Eagles: <ul style="list-style-type: none"> - Is there training or funding available for peer counselors? - Regarding Stepping Up: the committee is looking at grant software through the State, is this part of MHSA? ○ Lois Lockart: A lot of marijuana smoking in teenagers. Youth prevention programs are there but there is still a problem out there. Don't see anything on the plan on how this problem is being addressed, and/or if each school has a plan. ○ Jo Silva: <ul style="list-style-type: none"> - Really likes the format of this plan, it is a very comprehensive document. 	<p>Board Action: None.</p>

	<ul style="list-style-type: none"> - On the wellness section: Need a section on vitamins and supplements and research done in that might help with anxiety and depression to be specifically given to doctors. - Regarding workforce education section and how funds are transferred from CSS, primary care doctors have training and support for stress and anxiety. - Clients frequently spend a lot of time alone; we need to address it in the wellness section for jobs or way they can do to make sure they are not spending days alone. Also a need to set up peer to peer connections between clients. - Funds should be provided for those not on full service partnerships, referencing comments on page 27 and 28. - Generally speaking the system in place has not adequately helped those in need in spite of the many good hearted agencies and 24/7 workers. o Camille Schraeder: Very comprehensive document. Wants to remind everyone that MHSA is the primary county funding stream for Medi-Cal match for severely mentally ill adult clients. Without it, the county would not be able to have the adult system of care that is in place today. o Susan Wynd Novotny: Very user friendly plan. Thinks a communication/metrics tool would be helpful for the effective leadership of RQMC. The goals of the plan need to be tied and followed through from the plan, to the agencies, to the frontline staff with the support of RQMC leadership. Keep the goals in mind and figure if the goals are being met, and what is missing. o Additional comments can be submitted in writing, by email, or phone to Karen Lovato or Rena Ford. 	
<p>5. 5 minutes</p>	<p>Measure B: Discussion and Possible Board Action.</p> <p>A. August Meeting Report</p> <ul style="list-style-type: none"> o Jed Diamond is stepping down from his 3rd District seat on the board. o The Measure B Committee voted to move forward with the request for supplemental funding for a crisis respite in Fort Bragg. Will be going in front of the BOS for approval on September 28, 2021. There will also be a Measure B update provided to the BOS at the September 28th BOS meeting. 	<p>Board Action: None.</p>
<p>6. 20 minutes</p>	<p>Mendocino County Report: Jenine Miller, BHRS Director</p> <p>A. Director Report Questions</p> <ul style="list-style-type: none"> o Included in agenda packet. <p>B. Conservatorships Discussion</p> <ul style="list-style-type: none"> o LPS conservatorships have moved and are now being completely handled by BHRS. BHRS has always been part of conservatorships (tracked individuals in placement, transporting clients, case management, etc.). What BHRS did not do before was the decision-making. All decisions had to go through the Public Conservator’s office, but now both pieces will be in house. The BOS approved the change, and BHRS implemented the change since August. o BHRS has been seeing an increase in LPS conservatorships in the 	<p>Board Action: None.</p>

	<p>past 2 years. A large amount of them come out of the jail, through the 1370 process.</p> <ul style="list-style-type: none"> ○ Approximately 63 clients on conservatorship right now. ○ Discussion regarding how the LPS system interacts with family members of clients. <p>C. AB-988 Discussion</p> <ul style="list-style-type: none"> ○ BHRS Director Miller explained that AB-988 (mental health crisis hotline) the purpose of the bill. ○ Mendocino County has been using the North Bay Suicide Prevention line for the last several years. 	
<p>7. 20 minutes</p>	<p>Cost Report State Audits: Update/Discussion and Possible Board Action.</p> <p>A. BHRS Director Miller provided an update regarding cost report state audits, how they work, and what the expectations are.</p> <ul style="list-style-type: none"> ○ The county is required to do a cost report for every fiscal year (FY) detailing all dollars spent, all dollars Medi-Cal was billed for, dollars that were brought into the system, MHSA dollars, how much contractors were paid, how many units of services were billed for, etc. ○ Once the cost report is submitted the state responds with a “desk settlement”. In the desk settlement, they look at all of the paperwork submitted. The results can either be the county owes the state, or the state owes the county money. ○ The state then conducts a final audit. The final cost report audit involves providing additional documentation and a full review of the system of care cost for that fiscal year. The results can either be the county owes the state, or the state owes the county money. ○ When building a budget, the county always has to be aware that money may be owed back to the state due to a cost report audit. ○ BHRS Director Miller is hopeful that with CalAIM there will be an option to move to different funding models for specialty mental health system that would allow for growth. 	<p>Board Action: None.</p>
<p>8. 10 minutes</p>	<p>RQMC Report: Camille Schraeder, Redwood Quality Management Company</p> <p>A. Data Dashboard Questions</p> <ul style="list-style-type: none"> ○ Data dashboard included in agenda packet. <p>B. Services Update</p> <ul style="list-style-type: none"> ○ Camille thanked BHRS Director Miller for speaking on behalf of the entire system. Camille stated county staff is amazing at helping resolve problems, hopes to get some relief soon. ○ Discussion regarding 2 long term mental health clients who recently passed away. The system provided support to one of the individuals who passed away from terminal cancer; RQMC stepped up and provided housing and support throughout the entire time until they passed away. ○ Workforce issue has become a serious crisis; RCS is now paying double in order to continue staffing facilities and providing services 24/7. This is not only an issue in Mendocino County but in the entire state. ○ Member Behringer requested a staffing update on every agenda as this is a critical issue. 	<p>Board Action: None.</p>

<p>9. 15 minutes</p>	<p>Board & Committee Reports: <i>Discussion and possible board action.</i></p> <p>A. Chair – <i>Michelle Rich</i></p> <ol style="list-style-type: none"> 1. October – December 2021 BHAB Meetings <ul style="list-style-type: none"> ○ The board voted to continue meeting via Zoom through December 2021. ○ Data notebook: Chair Rich will be working with county staff to complete this year’s Data Notebook; will include in October’s meeting for board approval in order to submit on time. <p>B. Vice Chair – <i>Julia Eagles</i></p> <ul style="list-style-type: none"> ○ No report. <p>C. Secretary – <i>Jo Bradley</i></p> <ul style="list-style-type: none"> ○ Discussion on the new procedure requested by Member Towle (BHAB Secretary sends a reminder to all board members of any follow ups needed from each meeting). Still moving forward with the new procedure. <p>D. Treasurer – <i>Richard Towle</i></p> <ul style="list-style-type: none"> ○ No report. <p>E. Advocacy & Legislation Committee – <i>Member Bradley, Chair Rich</i></p> <ul style="list-style-type: none"> ○ No report. <p>F. Appreciation Committee – <i>Member Fuentes & Martinez</i></p> <ul style="list-style-type: none"> ○ No report. <p>G. Contracts Committee – <i>Member Fuentes, Vice Chair Eagles, Chair Rich</i></p> <ul style="list-style-type: none"> ○ Information included in BHRS Director’s report. <p>H. Membership Committee – <i>Member Behringer, Bradley, Eagles, Gorny, & Chair Rich</i></p> <ol style="list-style-type: none"> 1. Willits Weekly Article – Member Shipp <ul style="list-style-type: none"> ○ Member Shipp spoke to Willits Weekly journalist Jaclyn Luna, and Ms. Luna expressed interest in writing an article about this board. ○ Member Shipp will connect Ms. Luna and Chair Rich; if any board members would like Chair Rich to include anything in particular, please let her know. 2. BHAB Appointment Process <ul style="list-style-type: none"> ○ The BHAB has a procedure regarding how applications are received from the County Clerk of the Board. There is also a set of interview questions used to interview potential candidates. ○ Chair Rich suggested the Membership Ad hoc committee should create a document that details what the Membership Ad Hoc needs to do once an application is received. ○ BHRS and Chair Rich followed up with Mendocino County Counsel about whether or not the board can go into closed session during BHAB meetings to discuss BHAB applications and potential candidates. It was determined that discussion about potential board members does not meet the allowed criteria for closed session. ○ Theresa from CALBHB/C suggested an Ad Hoc committee can interview potential new board members, and make a recommendation to the board. The Membership Ad hoc committee will follow up on this topic. 	<p>Board Action: Motion made by Member Gorny, seconded by Member Bradley to continue to hold the BHAB meetings via Zoom through the end of 2021. Motion passed unanimously.</p>
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	I. Site Visit Committee - <i>Member Behringer, Fuentes, Martinez, & Towle</i> <ul style="list-style-type: none"> ○ No report. 	
10. 5 Minutes	Member Comments: <ul style="list-style-type: none"> ○ No member comments. 	Board Action:
11.	Adjournment: 12:03 PM Next meeting: October 27, 2021 10:00 AM – 12:00 PM via Zoom	Motion made by Member Gorny, seconded by Chair Eagles to adjourn the meeting. Motion passed unanimously.

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**RESOLUTION OF THE MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD
AUTHORIZING REMOTE TELECONFERENCE MEETINGS OF THE LEGISLATIVE BODIES
OF THE BEHAVIORAL HEALTH ADVISORY BOARD
PURSUANT TO THE RALPH M. BROWN ACT**

WHEREAS, all meetings of the **Behavioral Health Advisory Board** and its legislative bodies are open and public, as required by the Ralph M. Brown Act (Cal. Gov. Code §§ 54950 – 54963), so that any member of the public may attend, participate, and view the legislative bodies conduct their business; and

WHEREAS, the Brown Act, Government Code section 54953(e), makes provisions for remote teleconferencing participation in meetings by members of a legislative body, without compliance with the requirements of Government Code section 54953(b)(3), subject to the existence of certain conditions; and

WHEREAS, on March 4, 2020, Governor Newsom issued a Proclamation of a State of Emergency declaring a state of emergency exists due to the outbreak of respiratory illness due to a novel coronavirus (a disease now known as COVID-19), pursuant to the California Emergency Services Act (Government Code section 8625) and that State of Emergency is still in effect in the State of California; and,

WHEREAS, as of the date of this Resolution, neither the Governor nor the state Legislature have exercised their respective powers pursuant to Government Code section 8629 to lift the state of emergency either by proclamation or by concurrent resolution the state Legislature; and,

WHEREAS, the California Department of Industrial Relations has issued regulations related to COVID-19 Prevention for employees and places of employment. Title 8 of the California Code of Regulations, Section 3205(c)(5)(D) specifically recommends physical (social) distancing as one of the measures to decrease the spread of COVID-19 based on the fact that particles containing the virus can travel more than six feet, especially indoors; and,

WHEREAS, the Mendocino County Public Health Officer continues to recommend teleconferencing during public meetings of all legislative bodies to protect the community's health against the spread of COVID-19; and

WHEREAS, the **Behavioral Health Advisory Board** finds that state or local officials have imposed or recommended measures to promote social distancing based on the Mendocino County Public Health Officer recommendation and the California Department of Industrial Relations' issuance of regulations related to COVID-19 Prevention through Title 8 of the California Code of Regulations, Section 3205(c)(5)(D); and,

WHEREAS, as a consequence, the **Behavioral Health Advisory Board** does hereby find that current conditions meet the circumstances set for in Government Code section 54953(e)(3) to allow this legislative body to conduct its meetings by teleconferencing without compliance with Government Code section 54953 (b)(3), pursuant to Section 54953(e), and that such legislative body shall comply with the requirements to provide the public with access to the meetings as prescribed by Government Code section 54953(e)(2) to ensure the public can safely participate in and observe local government meetings.

NOW, THEREFORE, BE IT RESOLVED BY THE **BEHAVIORAL HEALTH ADVISORY BOARD** as follows:

Section 1. Recitals. All of the above recitals are true and correct and are incorporated into this Resolution by this reference.

Section 2. Current Conditions Authorize Teleconference Public Meetings of Legislative Bodies. Based on the California Governor's continued declaration of a State of Emergency, the Mendocino County Public Health Officer's recommendation to continue teleconferencing, and the regulations issued by the California Department of Industrial Relations, the **Behavioral Health Advisory Board** finds that the conditions continue to exist pursuant to Government Code section 54953(e)(3) to allow legislative bodies to use teleconferencing to hold public meetings in accordance with Government Code section 54953(e)(2) to ensure members of the public have continued access to safely observe and participate in local government meetings.

Section 3. Remote Teleconference Meetings. The **Behavioral Health Advisory Board** is hereby authorized to take all actions necessary to carry out the intent and purpose of this Resolution including, conducting open and public meetings in accordance with Government Code section 54953(e)(2) and other applicable provisions of the Brown Act.

Section 4. Effective Date. This Resolution shall take effect immediately upon its adoption.

The foregoing Resolution introduced by _____, seconded by _____, and carried this _____ of _____ 2021, by the **Behavioral Health Advisory Board**, by the following vote:

AYES:

NO:

ABSENT:

ABSTAIN:

WHEREUPON, the Chair declared said Resolution adopted and SO ORDERED.



Behavioral Health Advisory Board

BHRS Director's Report

October 2021



1. Board of Supervisors:

a. Recently passed items or presentations:

i. Mental Health:

- Approval of the Use of Measure B Funds to Contribute to the Operations of Crisis Respite Services in the City of Fort Bragg for Coastal Residents.

ii. Substance Use Disorders Treatment:

- Approval of Agreement # 21-171 with Redwood Community Services to Provide Intensive Care Management and Development of Integrated Individual Service Plans to Support the Finding Home Grant, Effective September 30, 2021 through September 29, 2022.
- Approval of Agreement # 21-172 with Mendocino Coast Hospitality Center to Provide Intensive Care Management and Development of Integrated Individual Service Plans to Support the Finding Home Grant, Effective September 30, 2021 through September 29, 2022.

b. Future BOS items or presentations:

i. Mental Health:

- Agreement with Redwood Community Services DBA Redwood Community Crisis Center to provide 24/7 Crisis Response Services for Children, Youth, and Young Adults.

ii. Substance Use Disorders Treatment: To be determined.

2. Staffing Updates:

a. New Hires:

- i. Mental Health: 1
- ii. Substance Use Disorders Treatment: None

b. Promotions:

- i. Mental Health: 2
- ii. Substance Use Disorders Treatment: None

c. Transfers

- i. Behavioral Health: None

d. Departures:

- i. Mental Health: None
- ii. Substance Use Disorders Treatment: 1

3. Audits/Site Reviews:

a. Completed/Report of Findings:

- i. SUDT Block Grant Audit results received - working on response to initial findings

report - final report expected in January '22.

- b. Upcoming/Scheduled:
 - i. Fort Bragg DMC-ODS Compliance Review is upcoming (TBD by state)
 - ii. BHRS Triennial Audit internal development in process (TBD – by state)
 - iii. Partnership SUDT site review: Fort Bragg, Ukiah, and Willits re-scheduled for November.
 - iv. External Quality Review is scheduled for December.
- c. Site Reviews:
 - i. N/A for October-November - Sites: Remi Vista, Inc. & Restpadd Inc. are reviewed by Shasta County and report provided to Mendocino.

4. **Grievances/Appeals:**

- a. MHP Grievances: 1
- b. SUDT Grievances: 0
- c. MHSA Issue Resolutions: 0
- d. Second Opinions: 0
- e. Change of Provider Requests: 1
- f. Provider Appeals: 0
- g. Consumer Appeals: 0

5. **Meetings of Interest:**

- a. **MHSA Forum/QIC Meeting:** December 8, 2021 10:00 AM – 12:00 PM via Zoom: <https://mendocinocounty.zoom.us/j/86068925753>
- b. **Cultural Diversity Committee Meeting:** Friday, December 17, 2021 3:30 pm - 5:30 pm via Zoom: <https://mendocinocounty.zoom.us/j/85371204713>

6. **Grant Opportunities:**

- a. California Health Facilities Financing Authority: Investment in Mental Health Wellness (IMHW) Grant Program for Children

7. **Significant Projects/Brief Status:**

- a. **Assisted Outpatient Treatment (AOT): AB 1421/Laura's Law**
Melinda Driggers, AOT Coordinator, is accepting and triaging referrals:
 - i. Referrals to Date: 118 (duplicated)
 - ii. Total that did not meet AOT criteria: 99
 - o Total Referrals FY 21/22: 11
 - o Client Connected with Provider/Services: 2
 - o Unable to locate/connect with client: 1
 - iii. Currently in Investigation/Screening/Referral: 1
 - iv. Settlement Agreement/Full AOT FY 21/22: 1 (continued from FY 20/21)
 - v. Other (Pending Assessments to file Petition): 9 (1 is conserved and will need to wait until after conservatorship ends before we can petition court for AOT).

8. **Educational Opportunities:**

- a. None.

9. **Mental Health Services Act (MHSA):**

- a. **MHSA Forum/QIC Meeting:** December 8, 2021 10:00 AM – 12:00 PM via Zoom: <https://mendocinocounty.zoom.us/j/86068925753>

10. **Lanterman Petris Short Conservatorships (LPS):**

- a. Number of individuals on LPS Conservatorships: 62

11. **Substance Use Disorders Treatment Services:**

- a. Number of Substance Use Disorders Treatment Clients Served in **August 2021:**
 - i. Total number of clients served: 97
 - ii. Total number of services provided: 400
 - iii. Fort Bragg: 29 clients served for a total of 143 services provided
 - iv. Ukiah: 56 clients served for a total of 214 services provided
 - v. Willits: 12 clients served for a total of 43 services provided
- b. Number of Substance Use Disorder Clients Completion Status
 - i. Completed Treatment/Recovery: 11
 - ii. Left Before Completion: 6
 - iii. Referred: 2
 - iv. Total: 18
 - v. Average Length of Service: 136.39 hours

12. **New Contracts:**

- a. None.

13. **Capital Facilities Projects:**

- a. Orchard Project:
 - i. CHFFA Board Meeting 12/5/2019 - Milestone of securing funding met.
 - ii. CHFFA Board Meeting 1/30/2020 – New milestones were provided by CHFFA for completion of the Orchard Project.
 - iii. CHFFA Board Meeting 10/29/2020 – Kudos given for forward momentum on the project.
 - iv. Progress continues with finalizing construction. County staff will be verifying construction contract agreements met in early November, and the Operator will be finalizing operator components shortly thereafter.
- b. Willow Terrace Project:
 - i. Vacancies filled through Coordinated Entry process as they come available.
 - ii. Some turnover in tenancy.

**Report to the Behavioral Health Advisory Board
October 2021**

1. Staffing

Our system of care continues to be impacted by staffing shortages and difficulty hiring for open positions. In addition, two of our agencies have gone through or are going through changes in executive management. We continue to work with available resources and to strategize means of working as efficiently as possible with the staffing we have.

2. Audits

We are still awaiting a report from the county chart audit of Specialty Mental Health services as part of BHRS' oversight of the system of care. The EQRO review is scheduled for December 8-9, 2021; the MHSA audit will be on February 1-2, 2022, and the DHCS Triennial Audit will take place on April 5-6, 2022.

3. Meetings of Interest

RQMC checks in with both adult and with children/youth service agencies on a weekly basis. We continue to participate in the weekly Multidisciplinary Team meeting (including Child welfare, agency providers, probation, education, and public health) regarding monitoring placement/service needs for foster youth. We continue with a weekly meeting to coordinate services around clients in our housing programs, and to intervene with those experiencing acute episodes, and those in danger of homelessness, crisis, or conservatorship. We meet regularly with the Conservator's office to review conserved clients in our housing or in placement oversight and to discuss conserved clients who are ready or becoming ready for step-down to our in-county housing resources. We also meet weekly with residents of our two adult residential sites, Valley House and Oak House, to monitor and ensure positive and cooperative interactions among the tenants.

4. Grant opportunities

Provider agencies continue to watch for grant opportunities and to respond as needed.

5. Significant Projects/brief status

Our children's agencies continue working with Child Welfare to provide clinical services for children and families in the Wraparound Program as directed by the Child and Family Team meetings.

MCAVHN is working with Adventist Health to support Medically Assisted Treatment for substance abuse.

Covid continues to be an issue, and all provider staff will be vaccinated; the only exception will be a religious appeal for exemption from this requirement, and these folks will be required to undergo weekly testing.

We continue weekly as well as ongoing meetings with RCS crisis to review hospitalization utilization.

RQMC is also working to organize a collaborative Assertive Community Treatment program, where each agency works with clients who are considered "hot spots" or high utilizers of crisis and hospitalizations, in an effort to focus available treatment resources intensely to stabilize people.

6. Educational Opportunities

RQMC has provided training on Clinical Review, Strengths Based Case Management, and the use of CANS and ANSA to determine the levels of care that are needed.

Our Whole Person Care staff will be attending a three-day conference next week on "Putting Care at the Center of Treatment".

7. LPS Conservatorships

We now meet monthly with the Conservator's office to review progress of conserved clients in our residences and new clients who are stepping down from placements out of county.

8. Contracts

We have completed contract reviews with the provider agencies.

9. Medication Support Services

Dr. Garratt has retired. All prescribing is being handled between Dr. Goodwin, Larry Aguirre, and Dr. Timme.

We are interviewing for additional nurses to provide injections and to work with crisis to provide hospital utilization review.

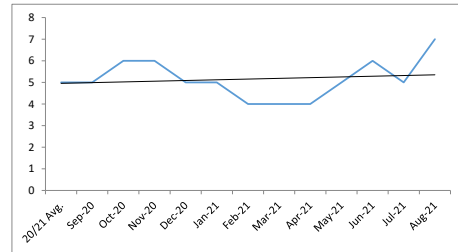
Tim Schraeder MFT

Timeliness Charts and Graphs

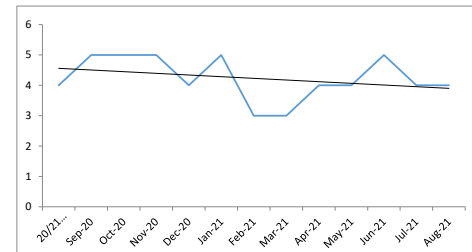
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Q1 Work Plan 2.1

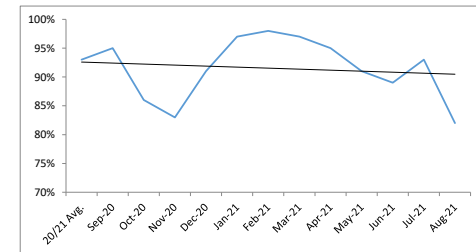
Length of Time from Initial Request to first offered Appt. - Mean BPSA - MHP Standard or Goal - 10 Business Days - 90%				
	All Services	Adult Services	Children's Services	Foster Care
20/21 Avg.	5	5	5	4
Sep-20	5	4	5	5
Oct-20	6	6	6	6
Nov-20	6	5	6	n/a
Dec-20	5	5	5	6
Jan-21	5	5	6	7
Feb-21	4	4	4	4
Mar-21	4	4	4	4
Apr-21	4	4	5	4
May-21	5	5	5	2
Jun-21	6	6	5	5
Jul-21	5	3	6	4
Aug-21	7	8	5	7
12 Mo. Avg.	5	5	5	5



Length of Time from Initial Request to first offered Appt. - Median BPSA - MHP Standard or Goal - 10 Business Days - 90%				
	All Services	Adult Services	Children's Services	Foster Care
20/21 Avg.	4	3	5	4
Sep-20	5	4	5	6
Oct-20	5	4	5	6
Nov-20	5	5	6	n/a
Dec-20	4	4	5	6
Jan-21	5	3	5	8
Feb-21	3	2	4	2
Mar-21	3	2	3	2
Apr-21	4	1	5	4
May-21	4	2	5	2
Jun-21	5	5	5	5
Jul-21	4	3	6	2
Aug-21	4	5	4	8
12 Mo. Avg.	4	3	5	5



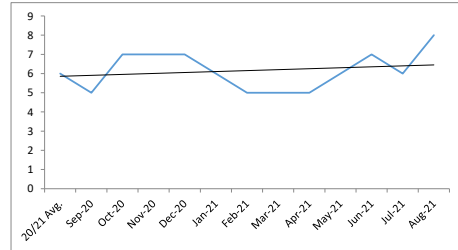
Length of Time from Initial Request to first offered Appt. BPSA - MHP Standard or Goal - 10 Business Days - 90%				
	All Services	Adult Services	Children's Services	Foster Care
20/21 Avg.	93%	90%	96%	100%
Sep-20	95%	96%	95%	100%
Oct-20	86%	82%	90%	100%
Nov-20	83%	79%	88%	n/a
Dec-20	91%	90%	93%	100%
Jan-21	97%	95%	100%	100%
Feb-21	98%	95%	100%	100%
Mar-21	97%	93%	100%	100%
Apr-21	95%	89%	100%	100%
May-21	91%	88%	93%	100%
Jun-21	89%	80%	98%	100%
Jul-21	93%	97%	89%	100%
Aug-21	82%	68%	100%	100%
12 Mo. Avg.	91%	88%	96%	100%



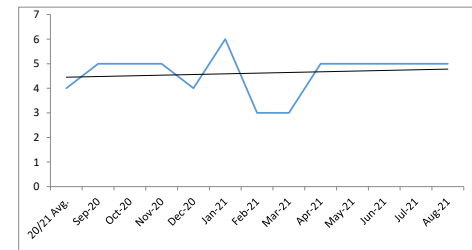
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Q1 Work Plan 2.2

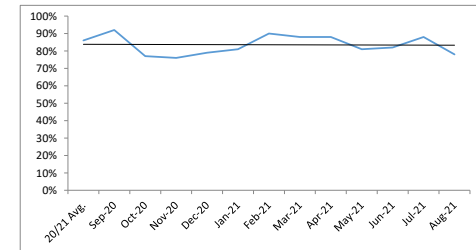
Length of Time from Initial Request to first kept Appt. - Mean MHP Standard or Goal - 10 Business Days - 90%				
	All Services	Adult Services	Children's Services	Foster Care
20/21 Avg.	6	6	6	4
Sep-20	5	5	6	5
Oct-20	7	7	7	6
Nov-20	7	6	7	n/a
Dec-20	7	7	6	7
Jan-21	6	5	7	7
Feb-21	5	4	5	5
Mar-21	5	4	5	4
Apr-21	5	4	6	4
May-21	6	6	7	2
Jun-21	7	7	7	5
Jul-21	6	4	8	5
Aug-21	8	9	6	14
12 Mo. Avg.	6	6	6	6



Length of Time from Initial Request to first kept Appt. - Median MHP Standard or Goal - 10 Business Days - 90%				
	All Services	Adult Services	Children's Services	Foster Care
20/21 Avg.	4	4	5	4
Sep-20	5	4	5	6
Oct-20	5	4	5	6
Nov-20	5	4	7	n/a
Dec-20	4	4	5	7
Jan-21	6	3	8	8
Feb-21	3	2	4	2
Mar-21	3	2	3	2
Apr-21	5	2	5	4
May-21	5	6	5	2
Jun-21	5	5	2	5
Jul-21	5	3	7	2
Aug-21	5	5	5	14
12 Mo. Avg.	5	4	5	5



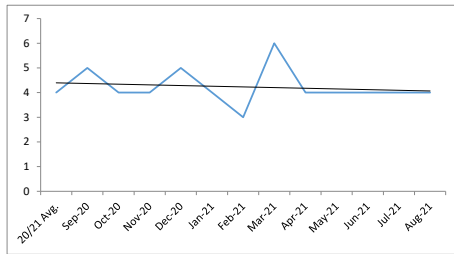
Length of Time from Initial Request to first kept Appt. - MHP Standard or Goal - 10 Business Days - 90%				
	All Services	Adult Services	Children's Services	Foster Care
20/21 Avg.	86%	84%	87%	95%
Sep-20	92%	92%	92%	100%
Oct-20	77%	73%	79%	100%
Nov-20	76%	73%	78%	n/a
Dec-20	79%	78%	80%	50%
Jan-21	81%	83%	79%	100%
Feb-21	90%	89%	90%	100%
Mar-21	88%	86%	89%	100%
Apr-21	88%	86%	89%	100%
May-21	81%	79%	83%	100%
Jun-21	82%	79%	84%	100%
Jul-21	88%	97%	81%	100%
Aug-21	78%	68%	89%	50%
12 Mo. Avg.	83%	82%	84%	91%



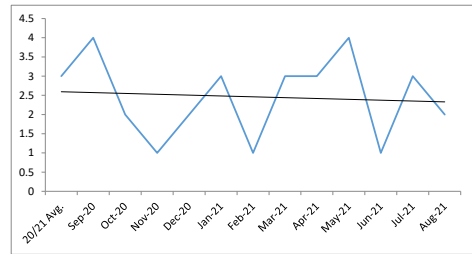
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QI Work Plan 2.3

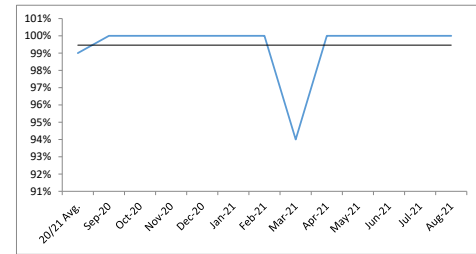
Length of Time from Initial Request to first offered Psychiatry appt. - Mean MHP Standard or Goal - 15 Business Days - 90%				
	All Services	Adult Services	Children's Services	Foster Care
20/21 Avg.	4	4	7	10
Sep-20	5	5	4	n/a
Oct-20	4	4	6	1
Nov-20	4	2	8	n/a
Dec-20	5	4	7	n/a
Jan-21	4	4	5	n/a
Feb-21	3	3	4	n/a
Mar-21	6	3	8	23
Apr-21	4	3	7	8
May-21	4	4	5	n/a
Jun-21	4	3	9	6
Jul-21	4	4	4	1
Aug-21	4	4	11	n/a
12 Mo. Avg.	4	4	7	8



Length of Time from Initial Request to first offered Psychiatry Appt. - Median MHP Standard or Goal - 15 Business Days - 90%				
	All Services	Adult Services	Children's Services	Foster Care
20/21 Avg.	3	2	6	10
Sep-20	4	4	5	n/a
Oct-20	2	1	7	1
Nov-20	1	1	10	n/a
Dec-20	2	1	5	n/a
Jan-21	3	3	4	n/a
Feb-21	1	1	2	n/a
Mar-21	3	1	5	23
Apr-21	3	1	8	8
May-21	4	2	4	n/a
Jun-21	1	1	10	6
Jul-21	3	3	1	1
Aug-21	2	1	11	n/a
12 Mo. Avg.	2	2	6	8



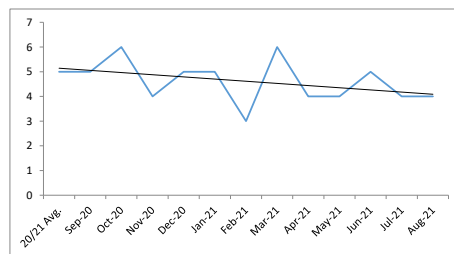
Length of Time from Initial Request to first offered Psychiatry Appt. - MHP Standard or Goal - 15 Business Days - 90%				
	All Services	Adult Services	Children's Services	Foster Care
20/21 Avg.	99%	99%	99%	75%
Sep-20	100%	100%	100%	n/a
Oct-20	100%	100%	100%	100%
Nov-20	100%	100%	100%	n/a
Dec-20	100%	100%	100%	n/a
Jan-21	100%	100%	100%	n/a
Feb-21	100%	100%	100%	n/a
Mar-21	94%	100%	86%	0%
Apr-21	100%	100%	100%	100%
May-21	100%	100%	100%	n/a
Jun-21	100%	100%	100%	100%
Jul-21	100%	100%	100%	100%
Aug-21	100%	100%	100%	n/a
12 Mo. Avg.	100%	100%	99%	80%



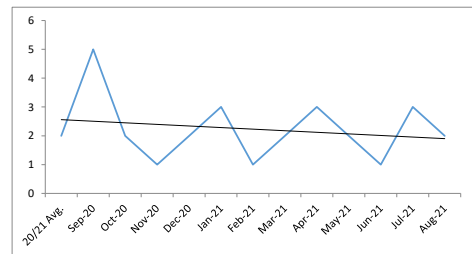
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QI Work Plan 2.4

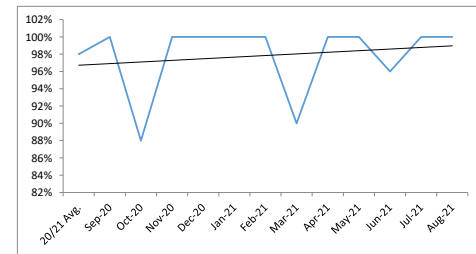
Length of Time from Initial Request to first kept Psychiatry appt. - Mean MHP Standard or Goal - 15 Business Days - 90%				
	All Services	Adult Services	Children's Services	Foster Care
20/21 Avg.	5	4	7	9
Sep-20	5	5	5	n/a
Oct-20	6	5	7	1
Nov-20	4	2	7	n/a
Dec-20	5	4	7	n/a
Jan-21	5	4	5	n/a
Feb-21	3	3	4	n/a
Mar-21	6	5	9	n/a
Apr-21	4	3	7	8
May-21	4	4	4	n/a
Jun-21	5	3	14	19
Jul-21	4	4	4	1
Aug-21	4	4	11	n/a
12 Mo. Avg.	5	4	7	7



Length of Time from Initial Request to first kept Psychiatry Appt. - Median MHP Standard or Goal - 15 Business Days - 90%				
	All Services	Adult Services	Children's Services	Foster Care
20/21 Avg.	2	2	7	9
Sep-20	5	4	5	n/a
Oct-20	2	1	7	1
Nov-20	1	1	9	n/a
Dec-20	2	1	7	n/a
Jan-21	3	3	4	n/a
Feb-21	1	1	2	n/a
Mar-21	2	1	6	n/a
Apr-21	3	1	8	8
May-21	2	2	4	n/a
Jun-21	1	1	14	19
Jul-21	3	3	1	1
Aug-21	2	1	11	n/a
12 Mo. Avg.	2	2	7	7



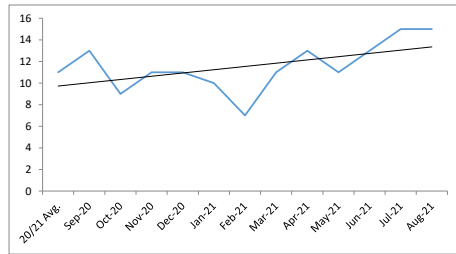
Length of Time from Initial Request to first kept Psychiatry Appt. - MHP Standard or Goal - 15 Business Days - 90%				
	All Services	Adult Services	Children's Services	Foster Care
20/21 Avg.	98%	98%	95%	67%
Sep-20	100%	100%	100%	n/a
Oct-20	88%	91%	80%	100%
Nov-20	100%	100%	100%	n/a
Dec-20	100%	100%	100%	n/a
Jan-21	100%	100%	100%	n/a
Feb-21	100%	100%	100%	n/a
Mar-21	90%	94%	85%	n/a
Apr-21	100%	100%	100%	100%
May-21	100%	100%	100%	n/a
Jun-21	96%	100%	75%	0%
Jul-21	100%	100%	100%	100%
Aug-21	100%	100%	100%	n/a
12 Mo. Avg.	98%	99%	95%	75%



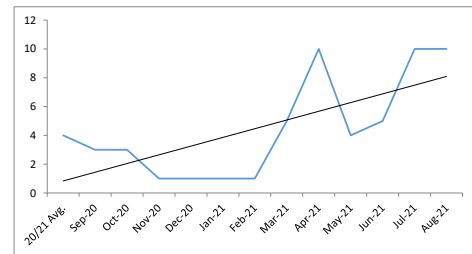
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QI Work Plan 2.5

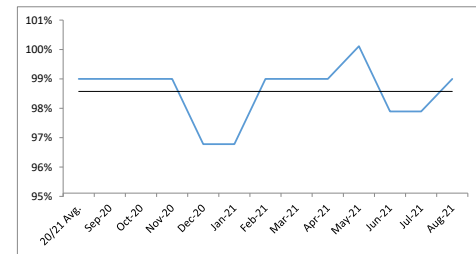
Length of Time from Service Request for urgent Appt. to Actual Encounter Mean - MHP Standard or Goal - 95% (Minutes)				
	All Services	Adult Services	Children's Services	Foster Care
20/21 Avg.	11	12	9	8
Sep-20	13	13	11	16
Oct-20	9	9	9	10
Nov-20	11	11	6	9
Dec-20	11	11	13	1
Jan-21	10	11	3	4
Feb-21	7	8	4	3
Mar-21	11	12	9	n/a
Apr-21	13	13	9	12
May-21	11	12	8	7
Jun-21	13	13	14	13
Jul-21	15	16	11	5
Aug-21	15	14	20	10
12 Mo. Avg.	12	12	10	8



Length of Time from Service Request for urgent Appt. to Actual Encounter Median - MHP Standard or Goal - 95% (Minutes)				
	All Services	Adult Services	Children's Services	Foster Care
20/21 Avg.	4	4	3	5
Sep-20	3	2	7	10
Oct-20	3	3	1	1
Nov-20	1	1	1	9
Dec-20	1	1	1	1
Jan-21	1	1	1	1
Feb-21	1	1	0	0
Mar-21	5	5	4	n/a
Apr-21	10	10	6	12
May-21	4	5	1	1
Jun-21	5	4	6	9
Jul-21	10	10	2	1
Aug-21	10	10	7	6
12 Mo. Avg.	5	4	3	5



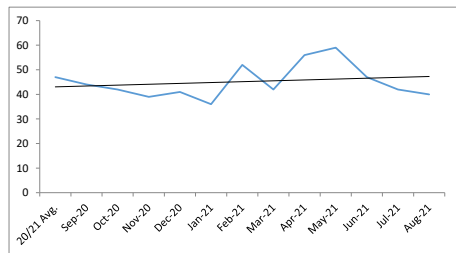
Length of Time from Service Request for urgent Appt. to Actual Encounter - Mean Percent of Goal that meets this Standard - MHP Standard or Goal - 95% (Minutes)				
	All Services	Adult Services	Children's Services	Foster Care
20/21 Avg.	99%	98%	99%	100%
Sep-20	99%	99%	100%	100%
Oct-20	99%	99%	95%	100%
Nov-20	99%	98%	100%	100%
Dec-20	97%	98%	96%	100%
Jan-21	97%	96%	100%	100%
Feb-21	99%	99%	100%	100%
Mar-21	99%	99%	100%	n/a
Apr-21	99%	99%	100%	100%
May-21	100%	100%	100%	100%
Jun-21	98%	97%	100%	100%
Jul-21	98%	97%	100%	100%
Aug-21	99%	99%	96%	100%
12 Mo. Avg.	99%	98%	99%	100%



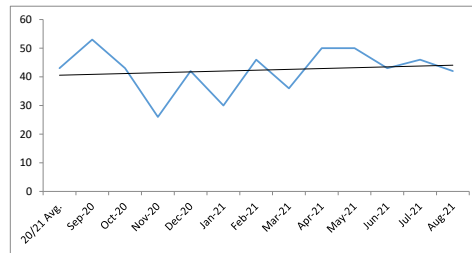
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QI Work Plan 2.F

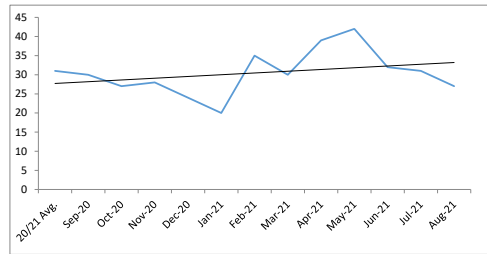
Total Number of Hospital Admissions				
	All Services	Adult Services	Children's Services	Foster Care
20/21 Avg.	47	40	8	1
Sep-20	44	38	6	0
Oct-20	42	35	7	2
Nov-20	39	30	9	0
Dec-20	41	31	10	0
Jan-21	36	33	3	0
Feb-21	52	45	7	1
Mar-21	42	36	6	0
Apr-21	56	49	7	0
May-21	59	50	9	0
Jun-21	47	41	6	1
Jul-21	42	36	6	0
Aug-21	40	32	8	1
12 Mo. Avg.	45	38	7	0
Total	540	456	84	5



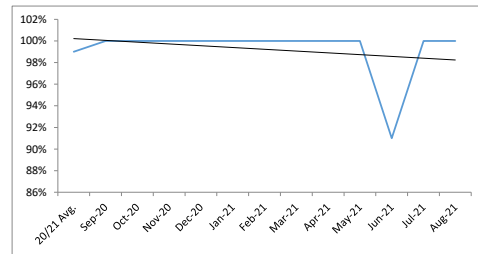
Total Number of Hospital Discharges				
	All Services	Adult Services	Children's Services	Foster Care
20/21 Avg.	43	36	7	1
Sep-20	53	44	9	0
Oct-20	43	37	6	2
Nov-20	26	17	9	0
Dec-20	42	33	9	0
Jan-21	30	26	4	0
Feb-21	46	41	5	1
Mar-21	36	28	8	0
Apr-21	50	44	6	0
May-21	50	42	8	0
Jun-21	43	39	4	1
Jul-21	46	41	5	0
Aug-21	42	31	11	1
12 Mo. Avg.	42	35	7	0
Total	507	423	84	5



Timeliness of follow-up encounters post psychiatric inpatient discharge Number of follow-up appts within 7 days				
	All Services	Adult Services	Children's Services	Foster Care
20/21 Avg.	31	27	4	0
Sep-20	30	27	3	0
Oct-20	27	23	4	1
Nov-20	28	23	5	0
Dec-20	24	18	6	0
Jan-21	20	19	1	0
Feb-21	35	31	4	1
Mar-21	30	27	3	0
Apr-21	39	36	3	0
May-21	42	36	6	0
Jun-21	32	27	5	1
Jul-21	31	26	5	0
Aug-21	27	23	4	0
12 Mo. Avg.	30	26	4	0
Total	365	316	49	3



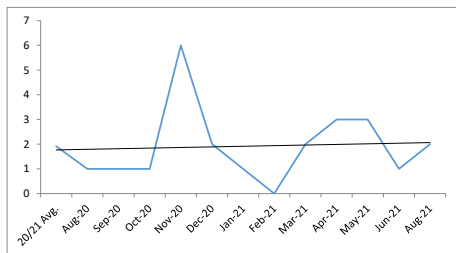
Timeliness of follow-up encounters post psychiatric inpatient discharge Percent of appointments that met this standard within 7 days - Goal is 95%				
	All Services	Adult Services	Children's Services	Foster Care
20/21 Avg.	99%	99%	98%	100%
Sep-20	100%	100%	100%	n/a
Oct-20	100%	100%	100%	100%
Nov-20	100%	100%	100%	n/a
Dec-20	100%	100%	100%	n/a
Jan-21	100%	100%	100%	n/a
Feb-21	100%	100%	100%	100%
Mar-21	100%	100%	100%	n/a
Apr-21	100%	100%	100%	n/a
May-21	100%	100%	100%	n/a
Jun-21	91%	93%	80%	100%
Jul-21	100%	100%	100%	n/a
Aug-21	100%	100%	100%	n/a
12 Mo. Avg.	99%	99%	98%	100%



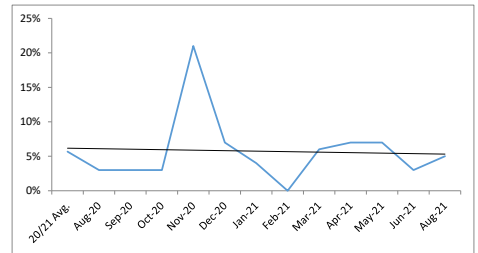
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Q1 Work Plan 2.7

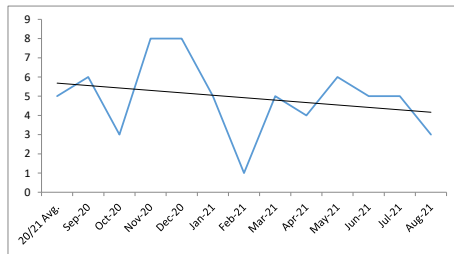
Psychiatric Inpatient Readmission rates within 7 days Total number with readmission within 7 days				
	All Services	Adult Services	Children's Services	Foster Care
20/21 Avg.	2	2	0	0
Aug-20	1	0	1	0
Sep-20	1	1	0	n/a
Oct-20	1	1	0	0
Nov-20	6	5	1	n/a
Dec-20	2	2	0	n/a
Jan-21	1	1	0	n/a
Feb-21	0	0	0	0
Mar-21	2	2	0	n/a
Apr-21	3	3	0	n/a
May-21	3	3	0	n/a
Jun-21	1	1	0	n/a
Aug-21	2	2	0	0
12 Mo. Avg.	2	2	0	0
Total	23	21	2	0



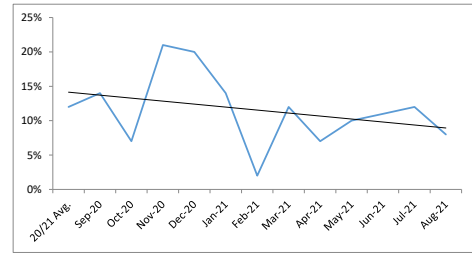
Psychiatric Inpatient Readmission rates within 7 days Readmission Rate - Goal is 10% within 7 days				
	All Services	Adult Services	Children's Services	Foster Care
20/21 Avg.	6%	6%	4%	0%
Aug-20	3%	0%	20%	0%
Sep-20	3%	3%	0%	n/a
Oct-20	3%	4%	0%	0%
Nov-20	21%	24%	14%	n/a
Dec-20	7%	10%	0%	n/a
Jan-21	4%	4%	0%	n/a
Feb-21	0%	0%	0%	0%
Mar-21	6%	7%	0%	n/a
Apr-21	7%	8%	0%	n/a
May-21	7%	9%	0%	n/a
Jun-21	3%	3%	0%	n/a
Aug-21	5%	6%	0%	0%
12 Mo. Avg.	6%	7%	3%	0%



Psychiatric Inpatient Readmission rates within 30 days				
Total number with readmission within 30 days				
	All Services	Adult Services	Children's Services	Foster Care
20/21 Avg.	5	4	1	0
Sep-20	6	5	1	0
Oct-20	3	3	0	0
Nov-20	8	7	1	0
Dec-20	8	7	1	0
Jan-21	5	4	1	0
Feb-21	1	1	0	0
Mar-21	5	5	0	0
Apr-21	4	4	0	0
May-21	6	6	0	0
Jun-21	5	4	1	0
Jul-21	5	3	2	0
Aug-21	3	3	0	0
12 Mo. Avg.	5	4	1	0
Total	59	52	7	0



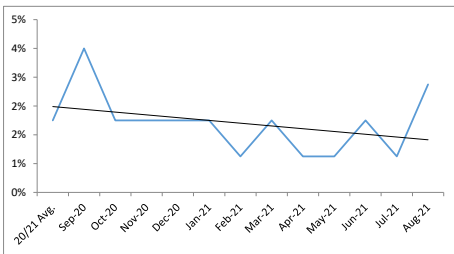
Psychiatric Inpatient Readmission rates within 30 days				
Readmission Rate - Goal is 10% within 30 days				
	All Services	Adult Services	Children's Services	Foster Care
20/21 Avg.	12%	12%	18%	n/a
Sep-20	14%	13%	17%	n/a
Oct-20	7%	9%	n/a	n/a
Nov-20	21%	23%	11%	n/a
Dec-20	20%	23%	10%	n/a
Jan-21	14%	15%	33%	n/a
Feb-21	2%	2%	n/a	n/a
Mar-21	12%	14%	n/a	n/a
Apr-21	7%	8%	n/a	n/a
May-21	10%	12%	n/a	n/a
Jun-21	11%	10%	17%	n/a
Jul-21	12%	8%	33%	n/a
Aug-21	8%	9%	0%	0%
12 Mo. Avg.	12%	12%	17%	0%



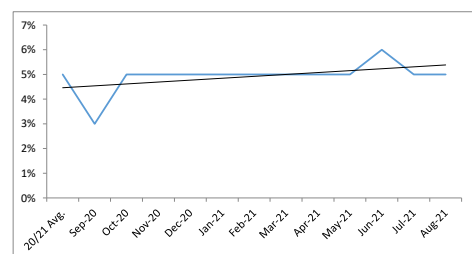
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QI Work Plan 3.1

Average Psychiatric No Show Rates			
MHP Standard for Psychiatrists - No Higher than 10%			
	All Services	Adult Services	Children's Services
20/21 Avg.	2%	2%	1%
Sep-20	4%	3%	5%
Oct-20	2%	2%	1%
Nov-20	2%	2%	0%
Dec-20	2%	2%	4%
Jan-21	2%	2%	1%
Feb-21	1%	1%	0%
Mar-21	2%	2%	0%
Apr-21	1%	1%	0%
May-21	1%	2%	0%
Jun-21	2%	2%	0%
Jul-21	1%	1%	1%
Aug-21	3%	3%	1%
12 Mo. Avg.	2%	2%	1%



Average Clinicians other than Psychiatrists No Show Rates			
MHP Standard for Clinicians other than Psychiatrists - No Higher than 10%			
	All Services	Adult Services	Children's Services
20/21 Avg.	5%	5%	5%
Sep-20	3%	4%	3%
Oct-20	5%	4%	6%
Nov-20	5%	5%	5%
Dec-20	5%	5%	5%
Jan-21	5%	5%	6%
Feb-21	5%	4%	5%
Mar-21	5%	5%	5%
Apr-21	5%	5%	6%
May-21	5%	4%	6%
Jun-21	6%	5%	8%
Jul-21	5%	5%	6%
Aug-21	5%	6%	5%
12 Mo. Avg.	5%	5%	6%



QI Work Plan - 3.D

Report - Appeals, Grievances, Change of Provider - August 2021

Provider Appeal (45 days)					
Receipt Date	Provider Name	Reason	Results	Date Completed	Date Letter sent to Provider
Total	0				

Client Appeal (45 days)					
Receipt Date	Provider Name	Reason	Results	Date Completed	Date Letter sent to Client
Total	0				

Issue Resolutions (60 Days)					
Receipt Date	Provider Name	Reason	Results	Date Completed	Date Letter sent to Provider
Total	0				

SUDT Grievance (60 Days)					
Receipt Date	Provider Name	Reason	Results	Date Completed	Date Letter sent to Provider
Total	0				

Client Grievance (60 Days)					
Receipt Date	Provider	Reason	Results	Date Completed	Date Letter sent to Client
8/30/2021	Tapestry	Parent filing grievance requesting that child's current therapist be changed due to alleged conflict of interest.	It was determined that there was no conflict of interest.	9/8/2021	9/8/2021
Total	1				

Client Request for Change of Provider (10 Business Days)					
Receipt Date	Provider	Reason	Results	Date Completed	Date Letter sent to Client
8/4/2021	Manzanita	Client would prefer services through RCS.	Beneficiary discharged from previous provider and services opened at new provider.	8/16/2021	8/16/2021
Total	1				

0 Provider Appeals
 0 Client Appeals
 0 Issue Resolutions (Completed)
 0 SUDT Grievances (Completed)
 1 Grievance (Completed)
 1 Requests for Change of Provider (Completed)

Report prepared by: William Riley, BHRS Quality Assurance Administrator



Redwood Quality Management Company (RQMC) is the Administrative Service Organization for Mendocino County-providing management and oversight of specialty mental health, community service and support, and prevention and early intervention services. RQMC and its contracted providers (Manzanita, MCAVHN, Hospitality, MCYP, RCS, and Tapestry) use a single Electronic Health Record (EHR), EXYM to pull the data used in this report. The data is reported by age range, along with a total for the system of care (either youth or adult) as well as the overall RQMC total. This will assist in interpreting how different demographics are accessing service, as well as assist in providing an overall picture of access and service by county contract (youth, young adults, and adults). Our goal is to provide the Behavioral Health Advisory Board with meaningful data that will aid in your decision making and advocacy efforts while still providing a snapshot of the overall systems of care.

AGE OF PERSONS SERVED

	Children & Youth		Young Adult		Adult & Older Adult System			RQMC
	0-11	12-17	18-21	22-24	25-40	41-64	65+	Total
Persons Admitted to...								
Outpatient Services July	20	32	9	8	30	19	2	
<i>Total</i>	52		17		51			120
Crisis Services July	3	10	4	5	31	33	9	
<i>Total</i>	13		9		73			95
Unduplicated Persons...								
Served in July	179	270	85	54	291	415	82	
<i>Total</i>	449		139		788			1,376
Unduplicated Persons...								
Served Fiscal Year to Date	179	270	85	54	291	415	82	
<i>Total</i>	449		139		788			1,376
Identified As (YTD)...								
Male	202		56		376			634
Female	238		76		408			722
Non-Binary and Transgender	9		7		4			20
White	244		83		580			907
Hispanic	129		21		57			207
American Indian	26		14		43			83
Asian	2		1		10			13
African American	7		3		20			30
Other	4		4		16			24
Undisclosed	37		13		62			112

YTD Persons by location...	
Ukiah Area	814
Willits Area	212
North County	37
Anderson Valley	19
North Coast	246
South Coast	20
OOC/OOS	28



Children & Youth *Young Adult* *Adult & Older Adult System* *RQMC*

0-11	12-17	18-21	22-24	25-40	41-64	65+	Total
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Homeless Services

Homeless: Persons Admitted to...

Outpatient Services July	0	0	1	3	6	4	1	
<i>Total</i>	0		4		11			15
Crisis Services July	0	0	0	0	6	5	1	
<i>Total</i>	0		0		12			12

Homeless: Unduplicated Persons Served...

In July	0	0	2	2	33	54	10	
<i>Total</i>	0		4		97			101
Fiscal Year to Date	0	0	2	2	33	54	10	
<i>Total</i>	0		4		97			101

Homeless: Count of Outpatient Services Provided...

In July		9	339	348
Fiscal Year to Date		9	339	348

Homeless: Count of Crisis Services Provided...

In July	0	5	125	130
Fiscal Year to Date	0	5	125	130

Homeless: Persons Served in Crisis...

Homeless Count of:	Crisis Assessments		Hospitalizations		Re-Hospitalization within 30 days	
	July	YTD	July	YTD	July	YTD
Insurance type						
Mendo Medi-cal	31	31	7	7	2	2
Indigent	2	1	1	1	0	0
Other Payor	1	1	1	1	0	0
Total	34	34	9	9	2	2
Number of Hospitalizations:	1	2	3	4	5	6+
YTD Count of Unduplicated Homeless Clients:	9	0	0	0	0	0

WPC has served homeless unduplicated clients in July and 81 unduplicated clients Fiscal Year to Date.

In Addition to the services listed above, RQMC Providers also serve the homeless population through Wellness Centers, Building Bridges, Full Service Partner, and other MHSA programs.



Children & Youth **Young Adult** **Adult & Older Adult System** **RQMC**

0-11	12-17	18-21	22-24	25-40	41-64	65+	Total
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Crisis Services

Total Number of...

Crisis Line Contacts July	4	30	11	11	75	61	76	
Total	34	22	212					268

*There were 10 logged calls where age was not disclosed. Those have been added to the total.

Crisis Line Contacts YTD	4	30	11	11	75	61	76	
Total	34	22	212					268

by reason for call YTD...	
Increase in Symptoms	115
Phone Support	67
Information Only	9
Suicidal ideation/Threat	47
Self-Injurious Behavior	5
Access to Services	17
Aggression towards Others	5
Resources/Linkages	3

Call from LEO to Crisis...		
Agency	July	YTD
MCSO:	13	13
CHP:	0	0
WPD:	6	6
FBPD	2	2
Jail/JH:	8	8
UPD:	9	9
Total:	38	38

by time of day YTD...	
08:00am-05:00pm	156
05:00pm-08:00am	112

Crisis Walk-ins YTD	
Inland	27
Coastal	5

Total Number of...

Emergency Crisis Assessments July	4	27	9	9	54	55	14	
Total	31	18	123					172

Emergency Crisis Assessments YTD	4	27	9	9	54	55	14	
Total	31	18	123					172

YTD by location...	
Ukiah Valley Medical Center	83
Crisis Center-Walk Ins	29
Mendocino Coast District Hospital	20
Howard Memorial Hospital	28
Jail	8
Juvenile Hall	0
Schools	0
Community	4
FQHCs	0

YTD by insurance...	
Medi-Cal/Partnership	114
Private	19
Medi/Medi	14
Medicare	8
Indigent	10
Consolidated	0
Private/Medi-Cal	2
VA	5



Children & Youth *Young Adult* *Adult & Older Adult System* *RQMC*

0-11	12-17	18-21	22-24	25-40	41-64	65+	Total
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Total Number of...

Inpatient Hospitalizations July	0	6	2	1	20	11	2	
<i>Total</i>	6		3		33			42
Inpatient Hospitalizations YTD	0	6	2	1	20	11	2	
<i>Total</i>	6		3		33			42

ReHospitalization within 30 days	Youth	Adult	0-2 days in the Hospital	Admits	% of total Admits
July	1	4	July	2	4.8%
YTD	1	4	YTD	2	4.8%

Days in the ER	0	1	2	3	4	5+	Unk
July	3	23	9	4	0	0	3
YTD	3	23	9	4	0	0	3

... by Hospital for July	0	1	2	3	4	5+	
AHUV	3	14	5	4	0	0	
Howard	0	4	4	0	0	0	
MCDH	0	5	0	0	0	0	

At Discharge	Discharged to Mendocino		Follow up Crisis Appt		Declined follow up Crisis appt	
Payor	July	YTD	July	YTD	July	YTD
Mendo Medi-cal	27	27	26	26	1	1
Indigent	2	2	2	2	0	0
Other Payor	3	3	3	3	0	0
YTD hospitalizations where discharge was out of county or unknown:						8
YTD number who Declined a follow up appt:						1

Number of hospitalizations:	1	2	3	4	5	6+
YTD Count of unduplicated clients:	41	1	0	0	0	0



YTD hospitalizations by location..	
Aurora- Santa Rosa**	3
Restpadd Redding/RedBluff**	13
St. Helena Napa/ Vallejo**	20
Sierra Vista Sacramento**	0
John Muir Walnut Creek	0
St Francis San Francisco	2
St Marys San Francisco**	0
Marin General**	0
Heritage Oaks Sacramento**	1
VA: Sacramento / PaloAlto / Fairfield / San Francisco	1
Other**	2

YTD hospitalizations by criteria...	
Danger to Self	14
Gravely Disabled	13
Danger to Others	0
Combination	15

Total Number of...

Full Service Partners July	Youth	TAY	Adult	BHC	OA	Outreach	
<i>Total</i>	0	26	64	6	14	7	117

Total Number of...

Full Service Partners YTD	Youth	TAY	Adult	BHC	OA	Outreach	
<i>Total</i>	0	26	64	6	14	7	117

Contract Usage as of 09/02/2021	Budgeted	YTD
Medi-Cal in County Services (60% FFP)	\$14,200,000.00	\$1,745,076.00
Medi-Cal RQMC Out of County Contracts	\$430,000.00	\$1,235.00
MHSA	\$1,145,000.00	\$142,779.00
Indigent RQMC Out of County Contracts	\$646,122.00	\$19,834.00
Medication Management	\$1,400,000.00	\$125,545.00

Estimated Expected FFP	July	YTD
Expected FFP	\$698,079.00	\$1,122,372.60



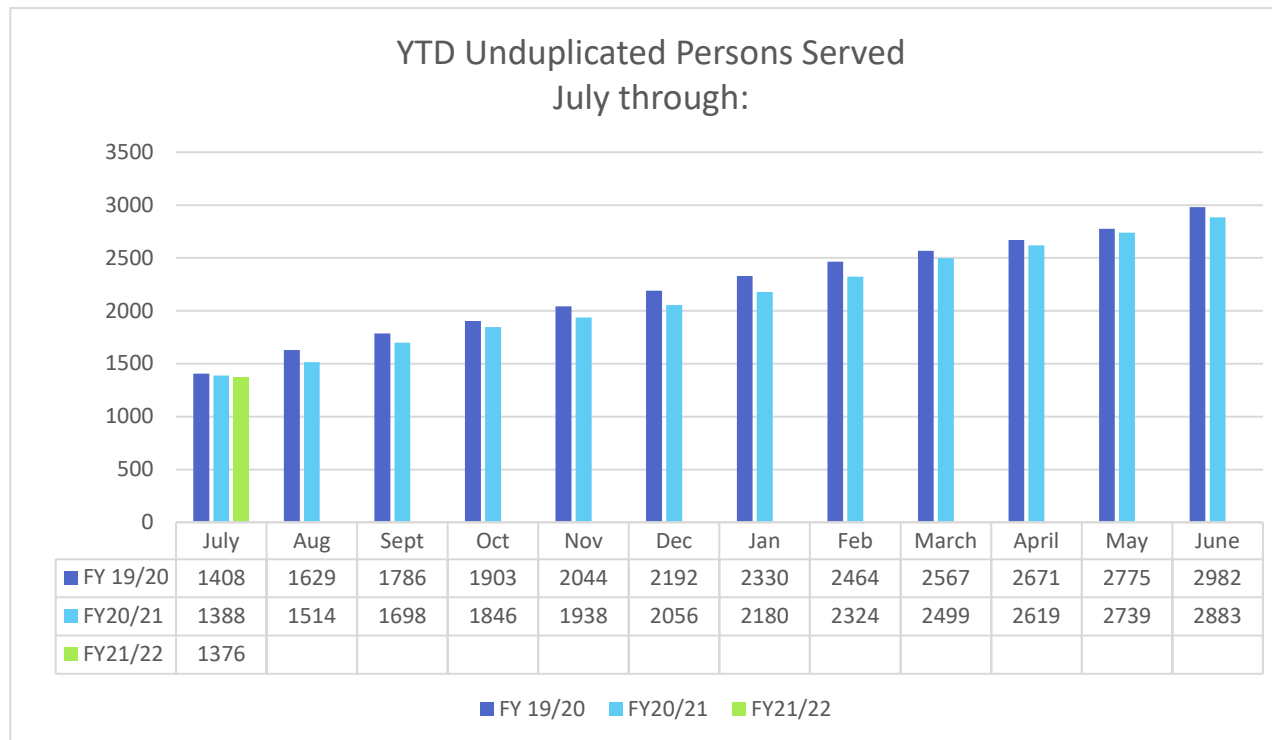
Services Provided						
Whole System of Care	July	July	July	YTD	YTD	YTD
Count of Services Provided	Youth	Y Adult	Adults	Youth	Y Adults	Adults
*Assessment	113	37	154	113	37	154
*Case Management	223	225	1352	223	225	1352
*Collateral	93	4	6	93	4	6
*Crisis	68	19	209	68	19	209
*Family Therapy	92	4	5	92	4	5
*TFC	0			0		
*Group Therapy	0	0	0	0	0	0
*Group Rehab	165	32	93	165	32	93
*ICC	149	1		149	1	
*Individual Rehab	217	103	546	217	103	546
*Individual Therapy	531	103	325	531	103	325
*IHBS	80	1		80	1	
*Psychiatric Services	100	47	367	100	47	367
*Plan Development	103	28	98	103	28	98
*TBS	28			28		
Total	1,962	604	3,155	1,962	604	3,155
No Show Rate	4.6%			4.6%		
Average Cost Per Beneficiary	\$933	\$927	\$791	\$933	\$927	\$781

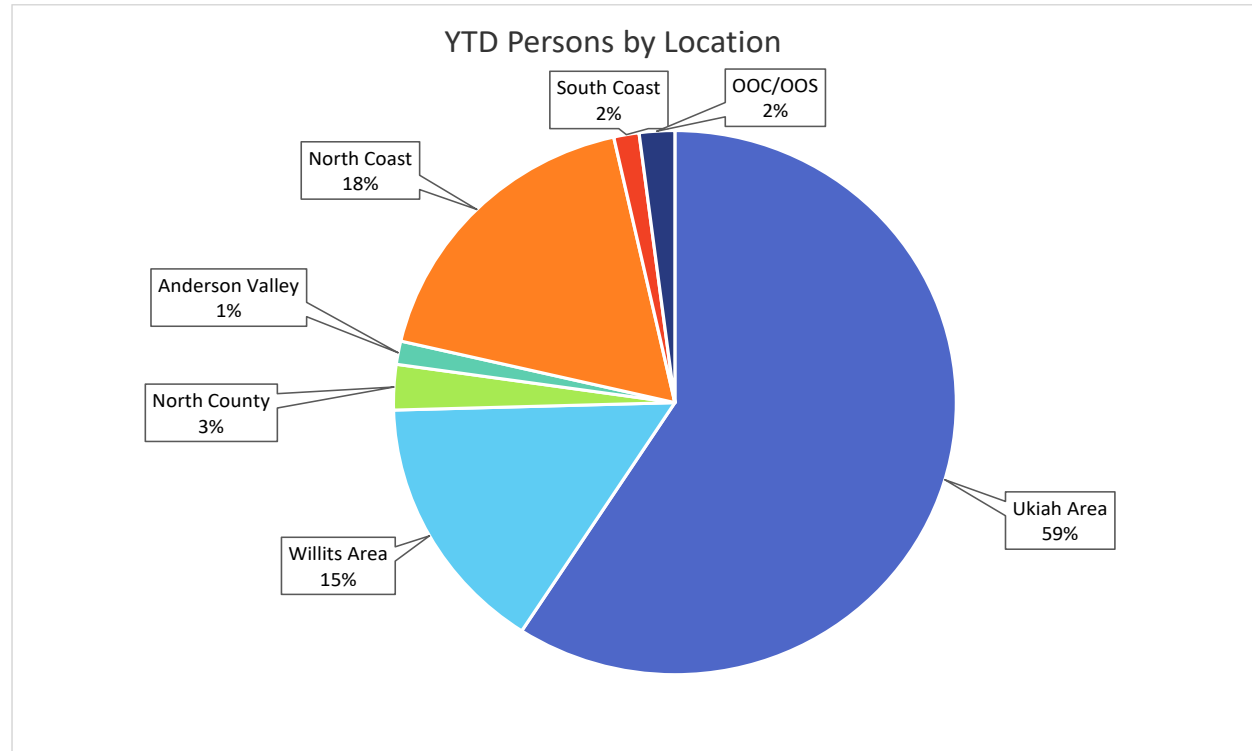
Count of Services by Area	July	July	July	YTD	YTD	YTD
	Youth	Y Adult	Adults	Youth	Y Adults	Adults
Anderson Valley	27	0	25	27	0	25
South Coast	17	4	18	17	4	18
North Coast	155	45	500	155	45	500
North County	86	4	40	86	4	40
Ukiah	1,404	483	2,144	1,404	483	2,144
Willits	273	68	428	273	68	428

Meds Management	July	July	July	YTD	YTD	YTD
	Youth	Y Adult	Adults	Youth	Y Adults	Adults
Inland Unduplicated Clients	64	31	257	64	31	257
Coastal Unduplicated Clients	16	12	69	16	12	69
Inland Services	110	43	378	110	43	378
Coastal Services	23	21	111	23	21	111

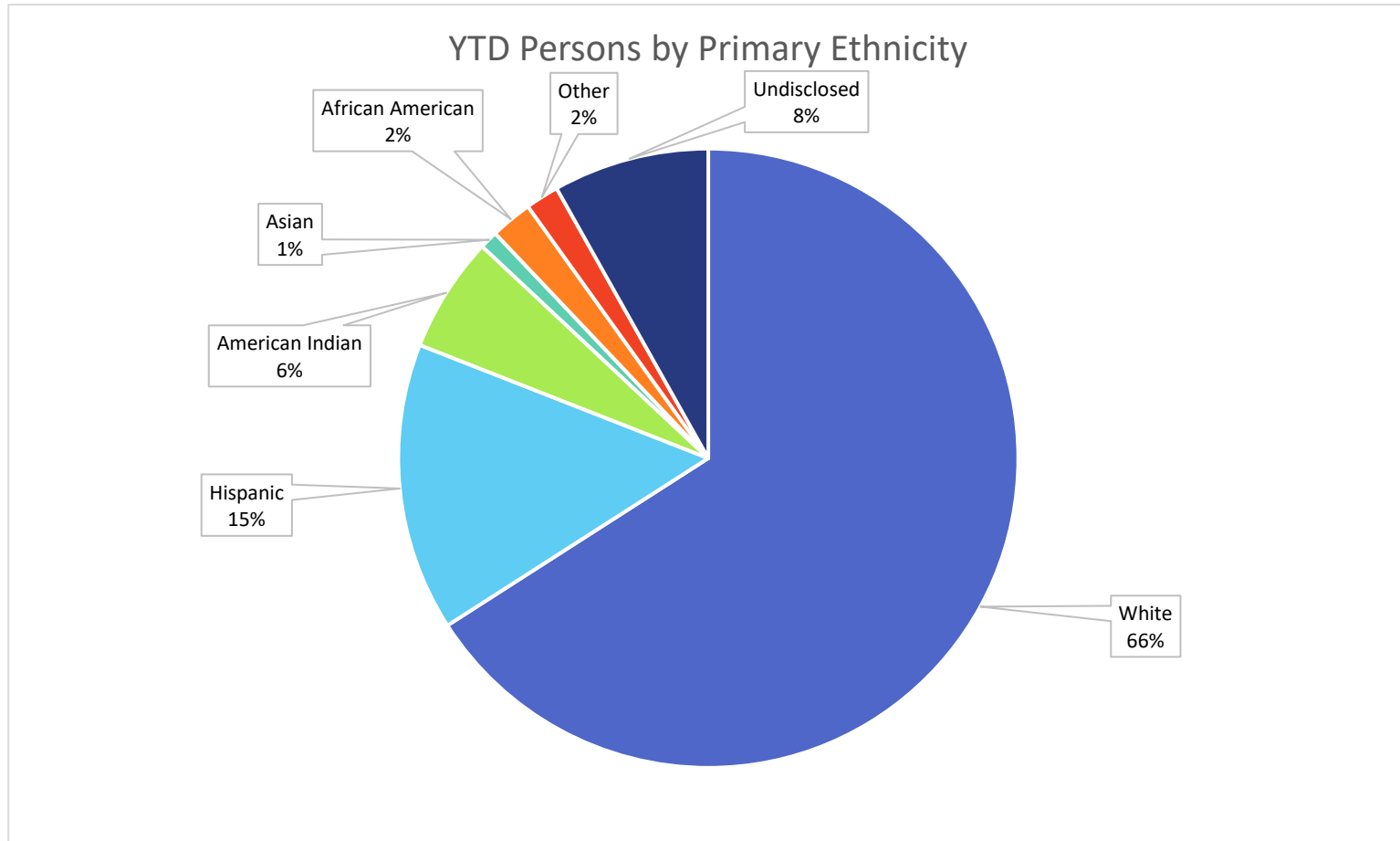


2021/2022 Trends and Year to Year Comparison





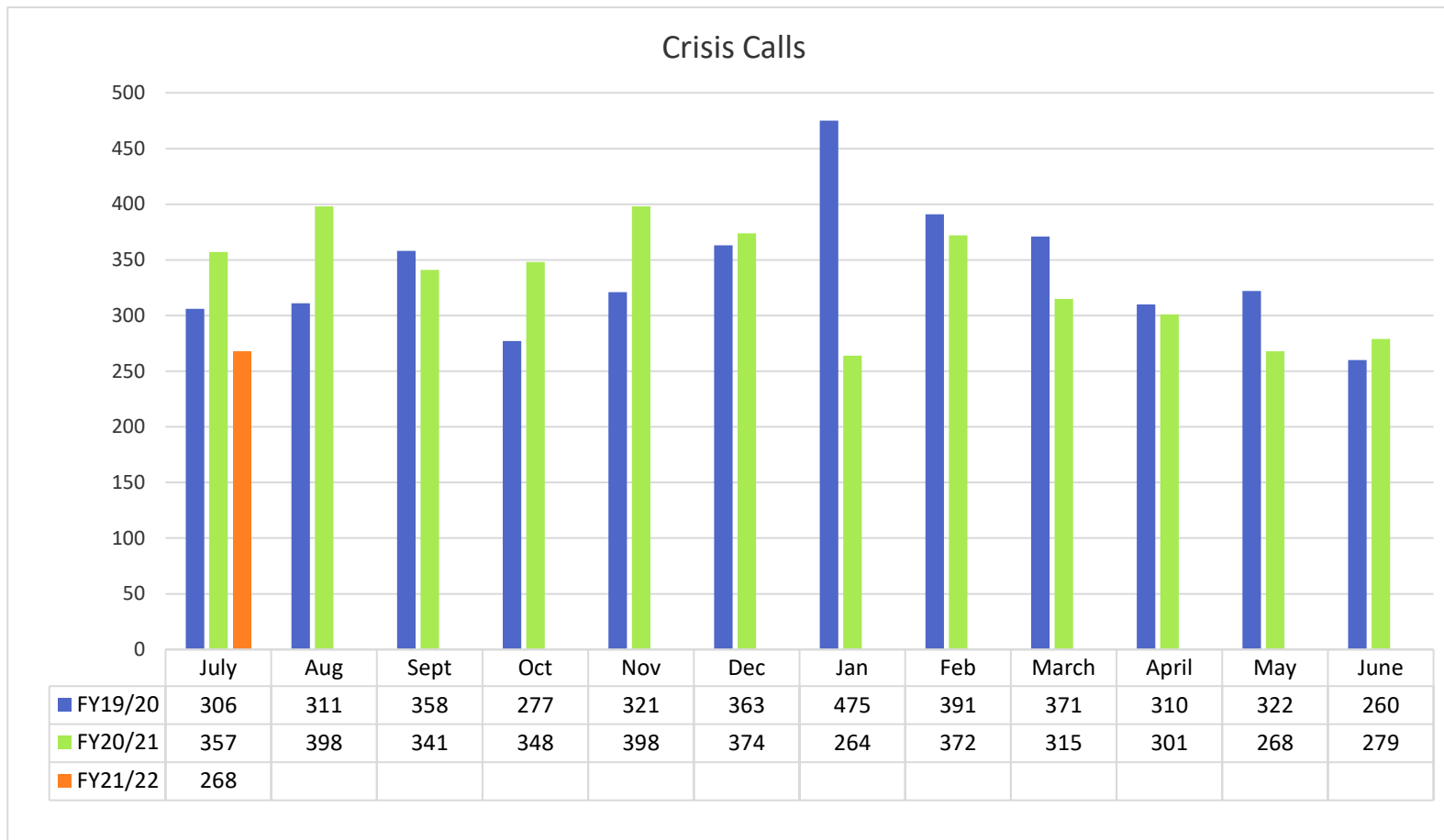
YTD Persons by location...	Count	%
Ukiah Area	814	59%
Willits Area	212	15%
North County	37	3%
Anderson Valley	19	1%
North Coast	246	18%
South Coast	20	1%
OOC/OOS	28	2%

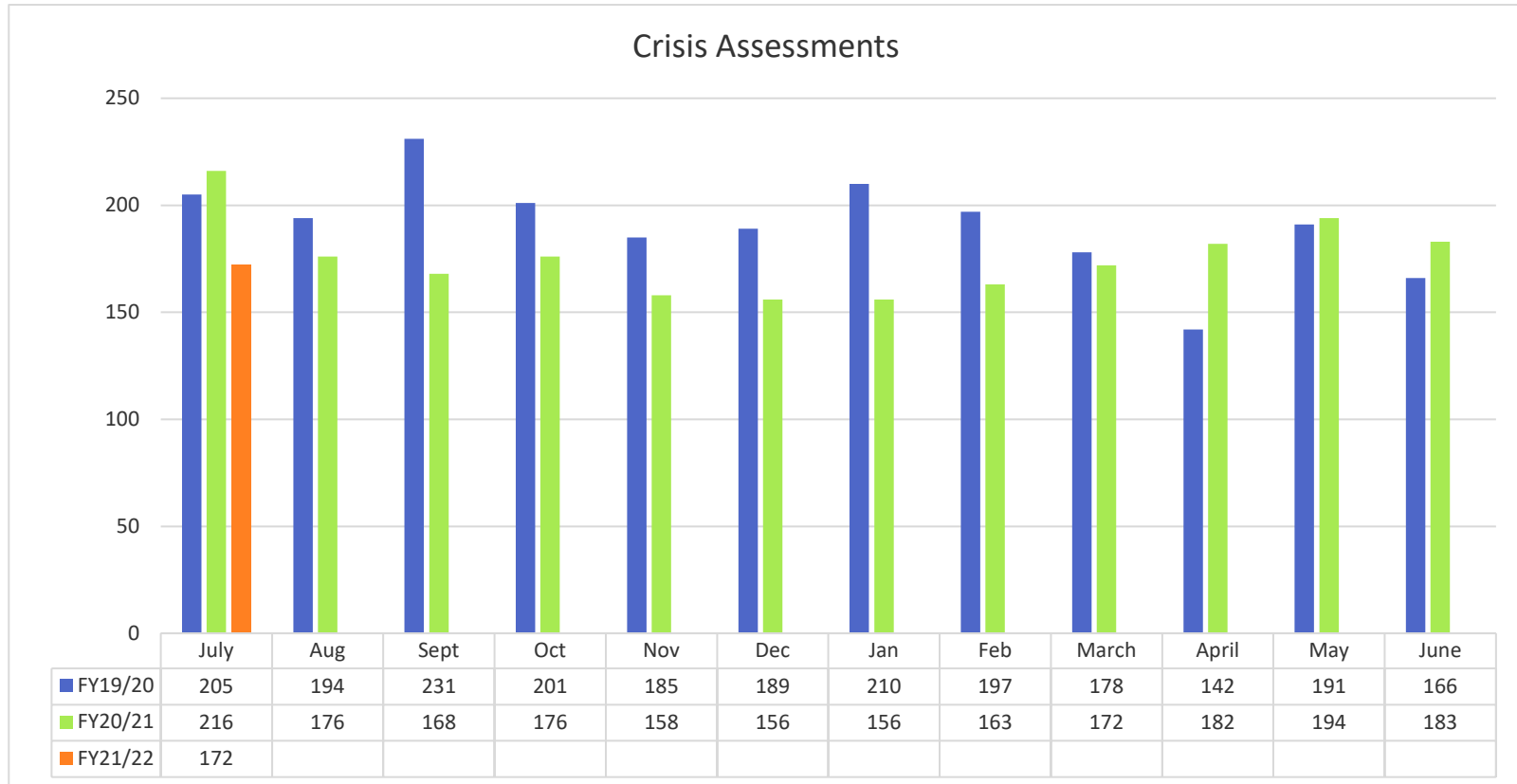


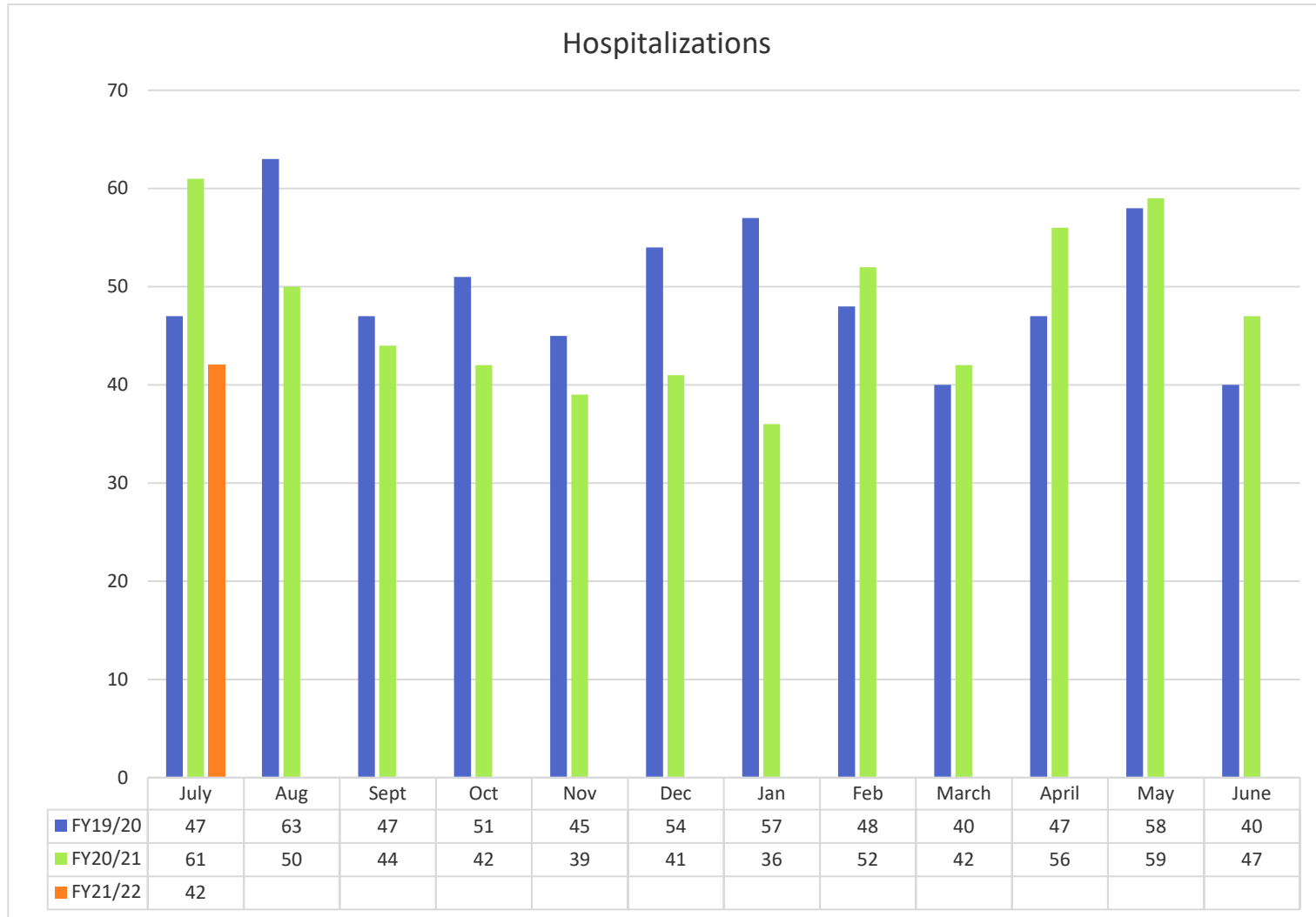


Unduplicated Clients Served



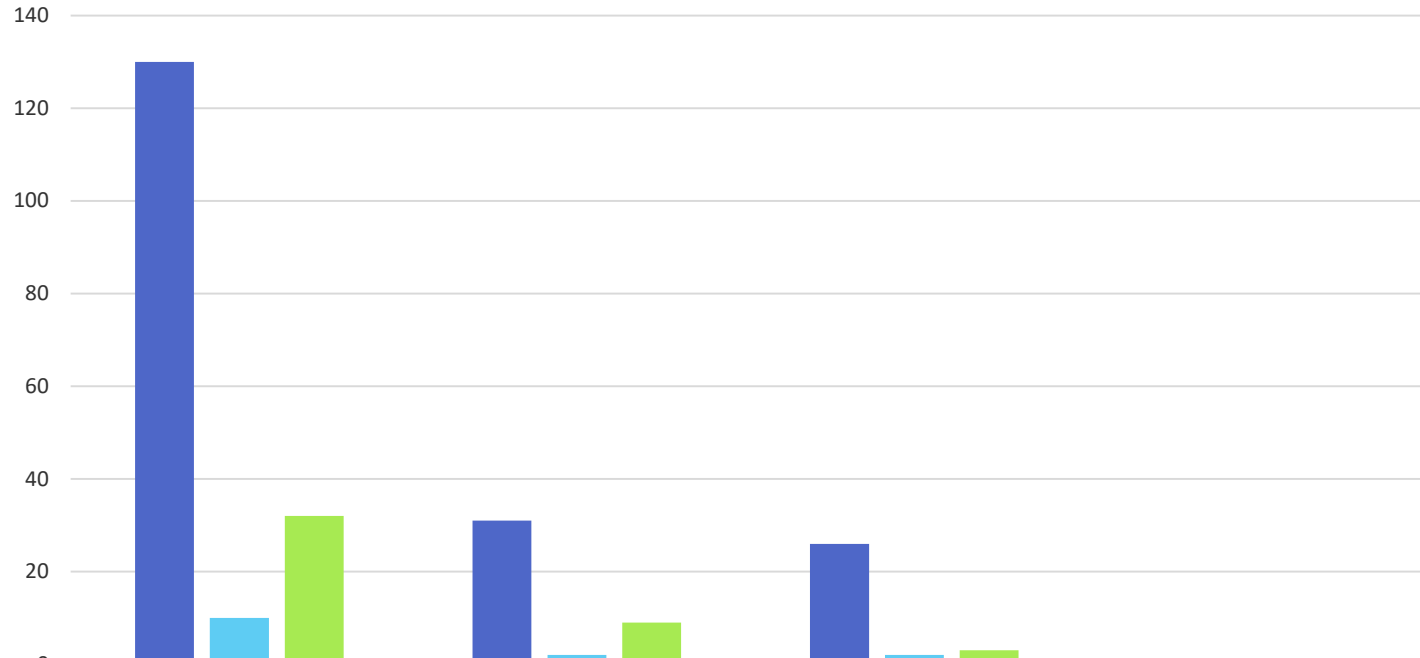




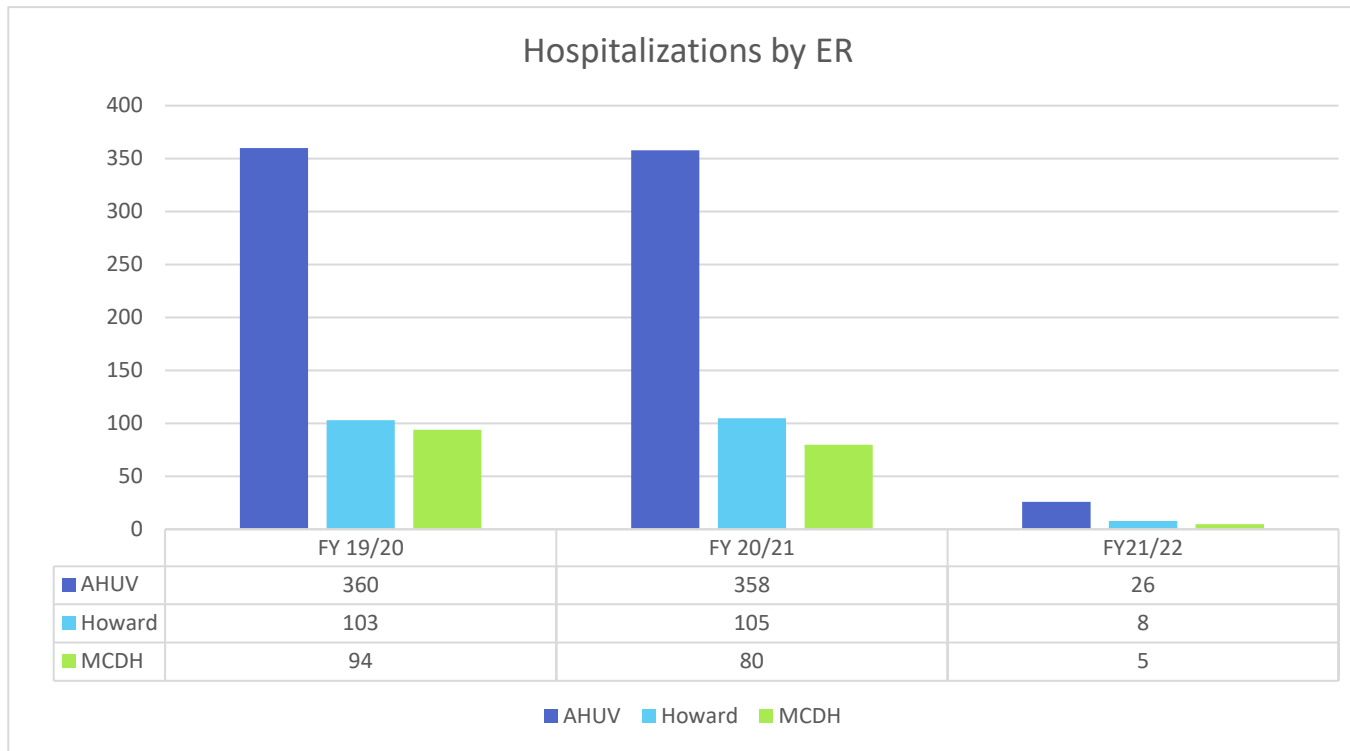


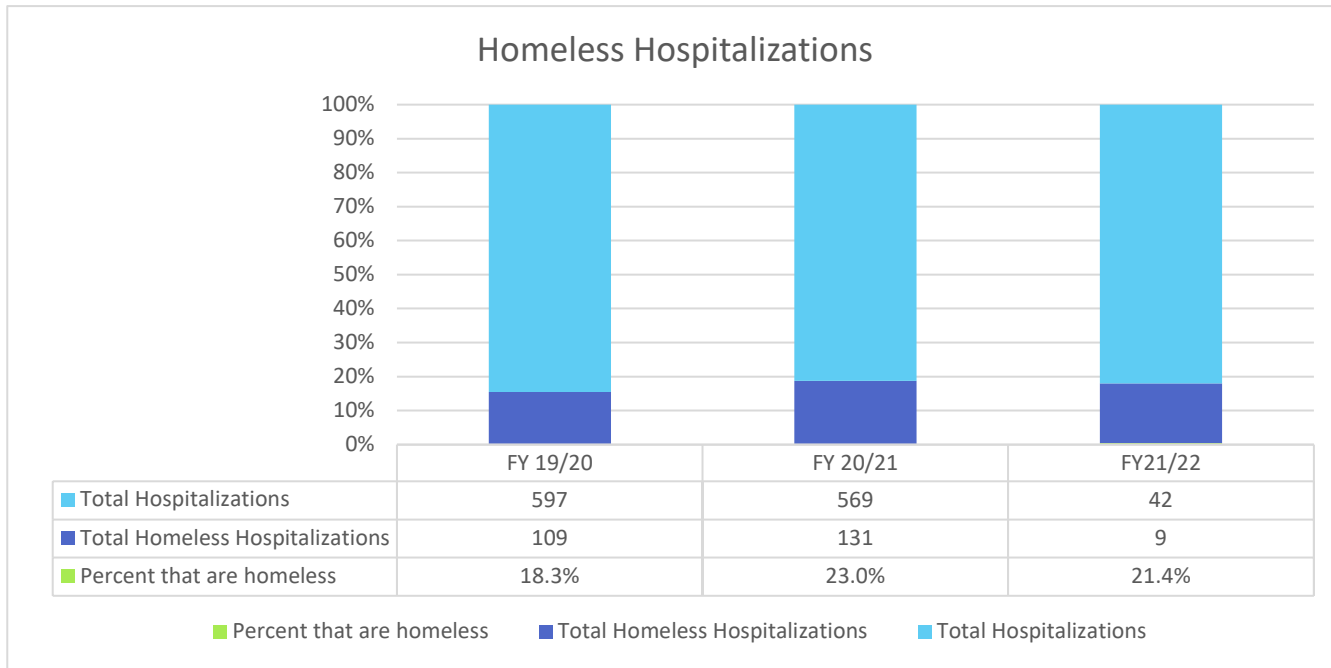


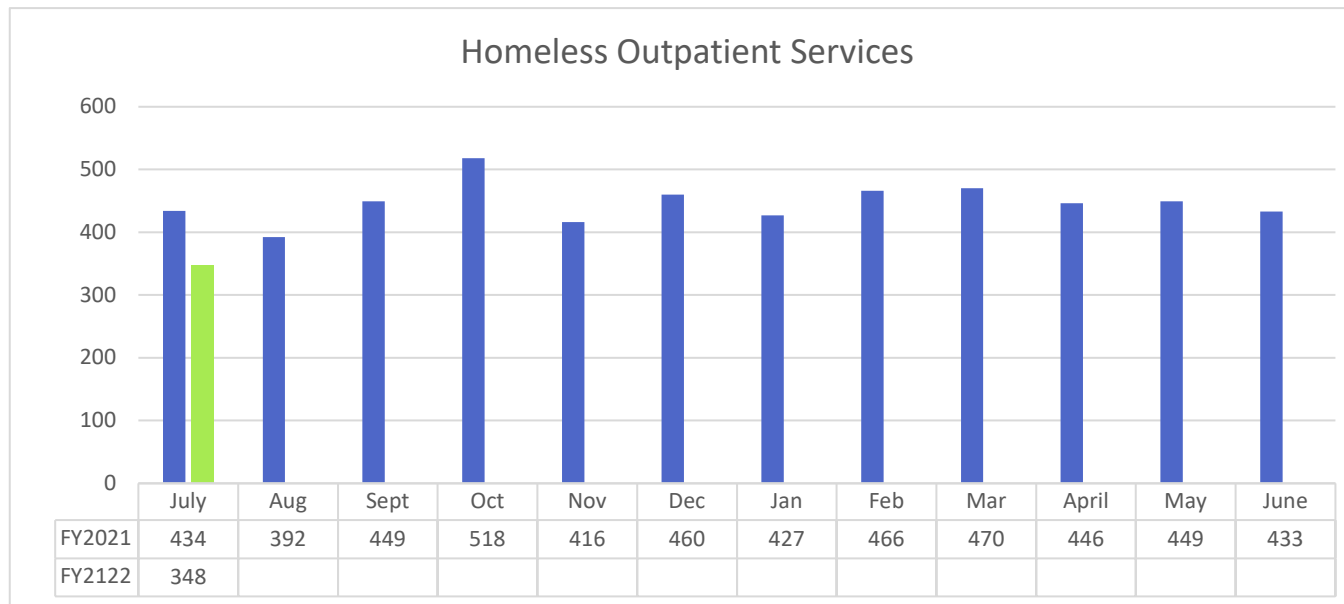
YTD Crisis by Payor



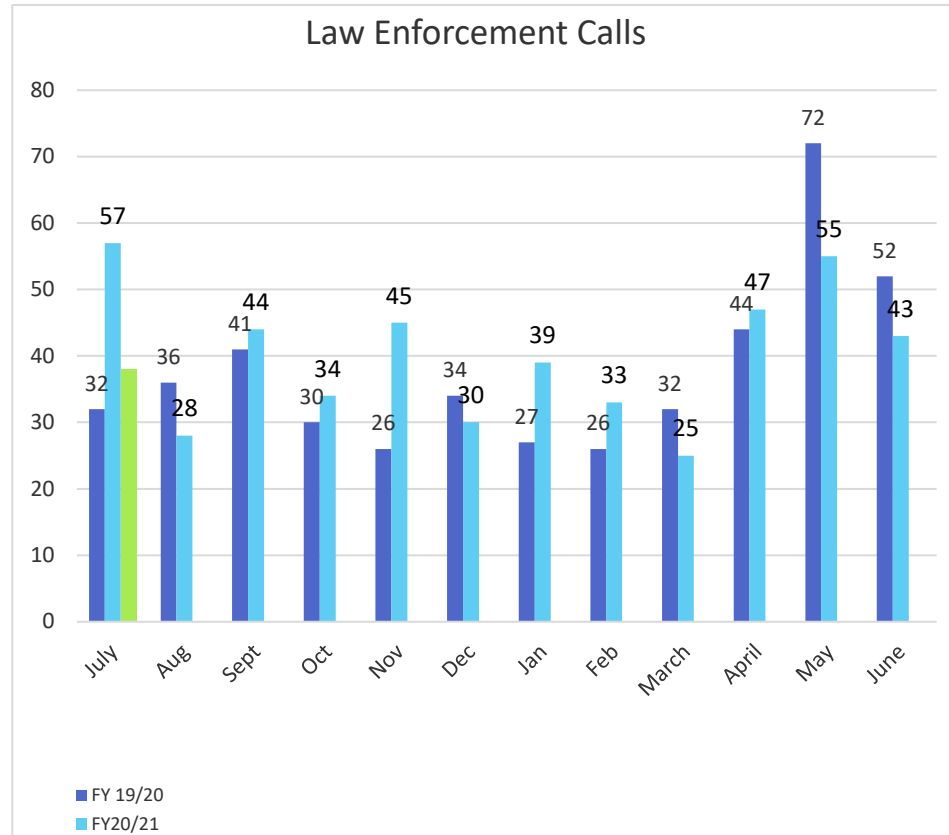
	Crisis Assessments	Hospitalizations	Discharged to Mendo: follow-up appt	Discharged to Mendo: declined follow up
■ Mendo Medi-Cal beneficiary	130	31	26	1
■ Indigent	10	2	2	0
■ All Other Payors	32	9	3	0

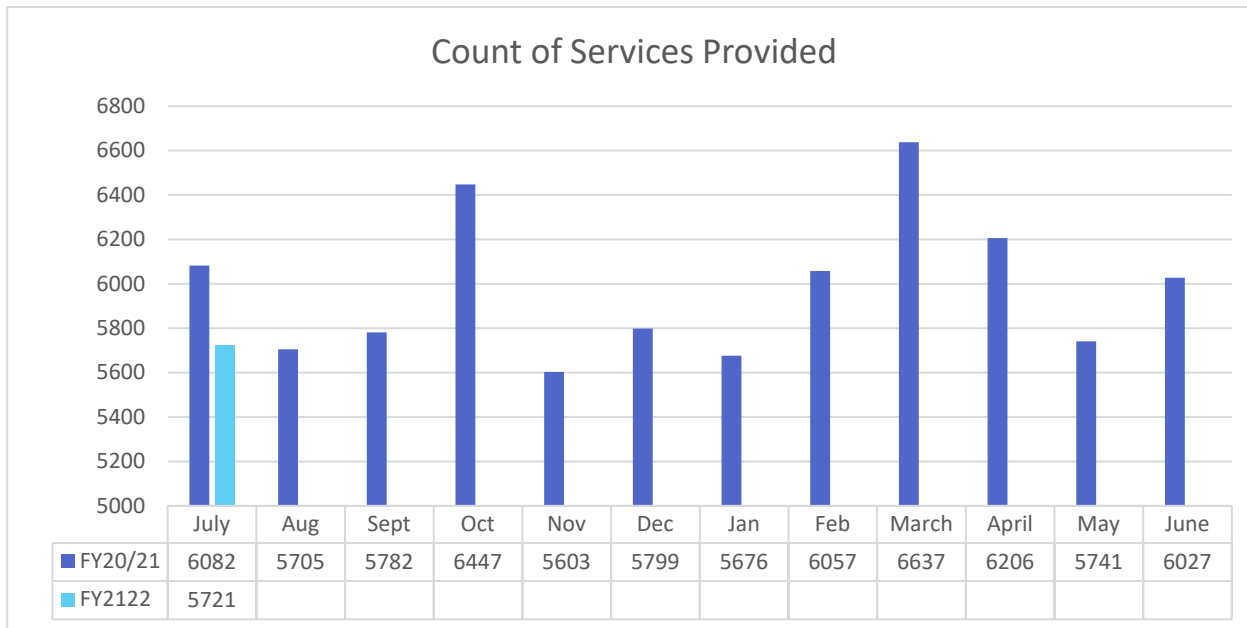






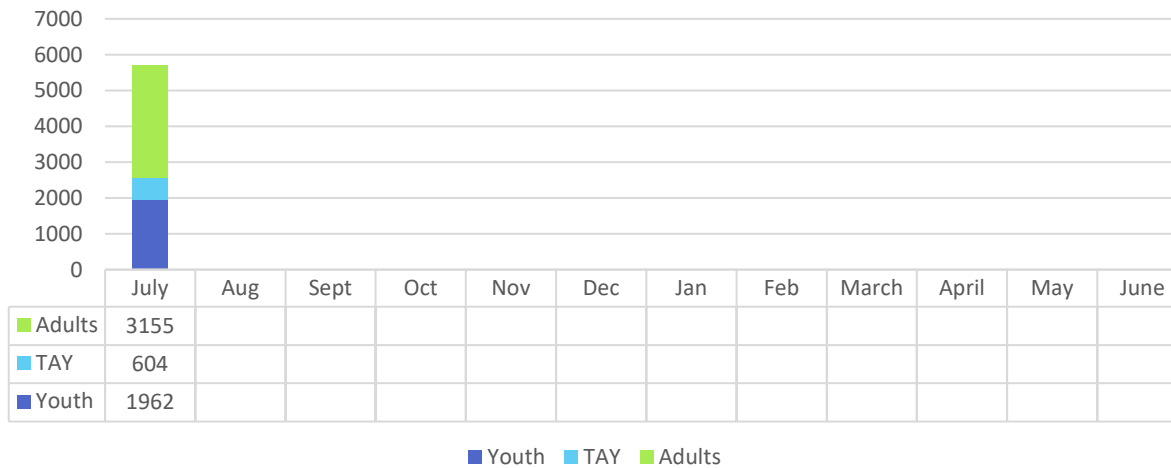








Services Provided by Age Group





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		Children & Youth		Young Adult		Adult & Older Adult System			RQMC
		0-11	12-17	18-21	22-24	25-40	41-64	65+	Total
Persons Admitted to...									
Outpatient Services Aug		8	29	5	6	36	30	5	
	<i>Total</i>	37		11		71			119
Crisis Services Aug		2	16	9	4	49	30	8	
	<i>Total</i>	18		13		87			118
Unduplicated Persons...									
Served in Aug		169	261	87	52	307	415	79	
	<i>Total</i>	430		139		801			1,370
Unduplicated Persons...									
Served Fiscal Year to Date		186	299	102	62	350	451	91	
	<i>Total</i>	485		164		892			1,541
Identified As (YTD)...									
Male		223		66		432			721
Female		252		90		456			798
Non-Binary and Transgender		10		8		4			22
White		253		92		636			981
Hispanic		143		30		66			239
American Indian		28		15		45			88
Asian		2		1		11			14
African American		8		4		24			36
Other		7		4		15			26
Undisclosed		44		18		95			157

YTD Persons by location...	
Ukiah Area	912
Willits Area	240
North County	42
Anderson Valley	21
North Coast	264
South Coast	24
OOC/OOS	38



Children & Youth *Young Adult* *Adult & Older Adult System* *RQMC*

0-11	12-17	18-21	22-24	25-40	41-64	65+	Total
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Homeless Services

Homeless: Persons Admitted to...

Outpatient Services Aug	1	0	0	0	4	7	1	
<i>Total</i>	1		0		12			13
Crisis Services Aug	0	1	1	0	13	8	0	
<i>Total</i>	1		1		21			23

Homeless: Unduplicated Persons Served...

In Aug	1	1	3	2	36	49	8	
<i>Total</i>	2		5		93			100
Fiscal Year to Date	1	1	3	3	49	61	12	
<i>Total</i>	2		6		122			130

Homeless: Count of Outpatient Services Provided...

In Aug	3	4	259	266
Fiscal Year to Date	3	13	598	614

Homeless: Count of Crisis Services Provided...

In Aug	0	2	146	148
Fiscal Year to Date	0	7	271	278

Homeless: Persons Served in Crisis...

Homeless Count of:	Crisis Assessments		Hospitalizations		Re-Hospitalization within 30 days	
	Aug	YTD	Aug	YTD	Aug	YTD
Insurance type						
Mendo Medi-cal	43	74	9	16	3	5
Indigent	6	8	1	2	0	0
Other Payor	2	3	1	2	0	0
Total	51	85	11	20	3	5
Number of Hospitalizations:	1	2	3	4	5	6+
YTD Count of Unduplicated Homeless Clients:	16	2	0	0	0	0

WPC has served 35 homeless unduplicated clients in Aug and 35 unduplicated clients Fiscal Year to Date.

In Addition to the services listed above, RQMC Providers also serve the homeless population through Wellness Centers, Building Bridges, Full Service Partner, and other MHSA programs.



Children & Youth *Young Adult* *Adult & Older Adult System* *RQMC*

0-11	12-17	18-21	22-24	25-40	41-64	65+	Total
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Crisis Services

Total Number of...

Crisis Line Contacts Aug	2	29	13	6	113	57	25	
<i>Total</i>	31	19	195					245

**There were 33 logged calls where age was not disclosed. Those have been added to the total.*

Crisis Line Contacts YTD	6	59	24	17	188	118	101	
<i>Total</i>	65	41	407					513

by reason for call YTD...	
Increase in Symptoms	200
Phone Support	82
Information Only	41
Suicidal ideation/Threat	122
Self-Injurious Behavior	7
Access to Services	34
Aggression towards Others	11
Resources/Linkages	16

Call from LEO to Crisis...		
Agency	Aug	YTD
MCSO:	17	30
CHP:	2	2
WPD:	0	6
FBPD:	2	4
Jail/JH:	7	15
UPD:	10	19
Total:	38	76

by time of day YTD...	
08:00am-05:00pm	320
05:00pm-08:00am	193

Crisis Walk-ins YTD	
Inland	45
Coastal	16

Total Number of...

Emergency Crisis Assessments Aug	2	25	13	6	70	49	15	
<i>Total</i>	27	19	134					180

Emergency Crisis Assessments YTD	6	52	22	15	124	104	29	
<i>Total</i>	58	37	257					352

YTD by location...	
Ukiah Valley Medical Center	164
Crisis Center-Walk Ins	59
Mendocino Coast District Hospital	47
Howard Memorial Hospital	54
Jail	13
Juvenile Hall	2
Schools	0
Community	13
FQHCs	0

YTD by insurance...	
Medi-Cal/Partnership	244
Private	31
Medi/Medi	26
Medicare	18
Indigent	25
Consolidated	0
Private/Medi-Cal	2
VA	6



Children & Youth Young Adult Adult & Older Adult System RQMC

0-11	12-17	18-21	22-24	25-40	41-64	65+	Total
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Total Number of...

Inpatient Hospitalizations Aug	0	8	1	3	17	9	2	
<i>Total</i>	8		4		28			40
Inpatient Hospitalizations YTD	0	14	3	4	37	20	4	
<i>Total</i>	14		7		61			82

ReHospitalization within 30 days	Youth	Adult	0-2 days in the Hospital	Admits	% of total Admits
Aug	0	4	Aug	4	10.0%
YTD	1	8	YTD	6	7.3%

Days in the ER	0	1	2	3	4	5+	Unk
Aug	6	18	10	3	1	1	1
YTD	9	41	19	7	1	1	4
... by Hospital for Aug	0	1	2	3	4	5+	
AHUV	5	12	4	0	0	1	
Howard	1	4	2	2	0	0	
MCDH	0	2	4	1	1	0	

At Discharge	Discharged to Mendocino		Follow up Crisis Appt		Declined follow up Crisis appt	
	Aug	YTD	Aug	YTD	Aug	YTD
Payor						
Mendo Medi-cal	23	50	21	47	2	3
Indigent	2	4	2	4	0	0
Other Payor	3	6	3	6	0	0
YTD hospitalizations where discharge was out of county or unknown:						18
YTD number who Declined a follow up appt:						3

Number of hospitalizations:	1	2	3	4	5	6+
YTD Count of unduplicated clients:	72	5	0	0	0	0



YTD hospitalizations by location..	
Aurora- Santa Rosa**	8
Restpadd Redding/RedBluff**	29
St. Helena Napa/ Vallejo**	36
Sierra Vista Sacramento**	1
John Muir Walnut Creek	0
St Francis San Francisco	2
St Marys San Francisco**	1
Marin General**	0
Heritage Oaks Sacramento**	2
VA: Sacramento / PaloAlto / Fairfield / San Francisco	1
Other**	2

YTD hospitalizations by criteria...	
Danger to Self	33
Gravely Disabled	27
Danger to Others	0
Combination	22

Total Number of...

Full Service Partners Aug

	Youth	TAY	Adult	BHC	OA	Outreach	
<i>Total</i>	0	22	58	5	13	1	99

Total Number of...

Full Service Partners YTD

	Youth	TAY	Adult	BHC	OA	Outreach	
<i>Total</i>	0	24	68	7	17	7	123

Contract Usage as of 10/20/2021	Budgeted	YTD
Medi-Cal in County Services (60% FFP)	\$14,200,000.00	\$2,553,915.00
Medi-Cal RQMC Out of County Contracts	\$430,000.00	\$141,181.00
MHSA	\$1,145,000.00	\$275,477.00
Indigent RQMC Out of County Contracts	\$646,122.00	\$68,507.00
Medication Management	\$1,400,000.00	\$393,648.00

Estimated Expected FFP	Aug	YTD
Expected FFP	\$695,134.00	\$1,768,537.80



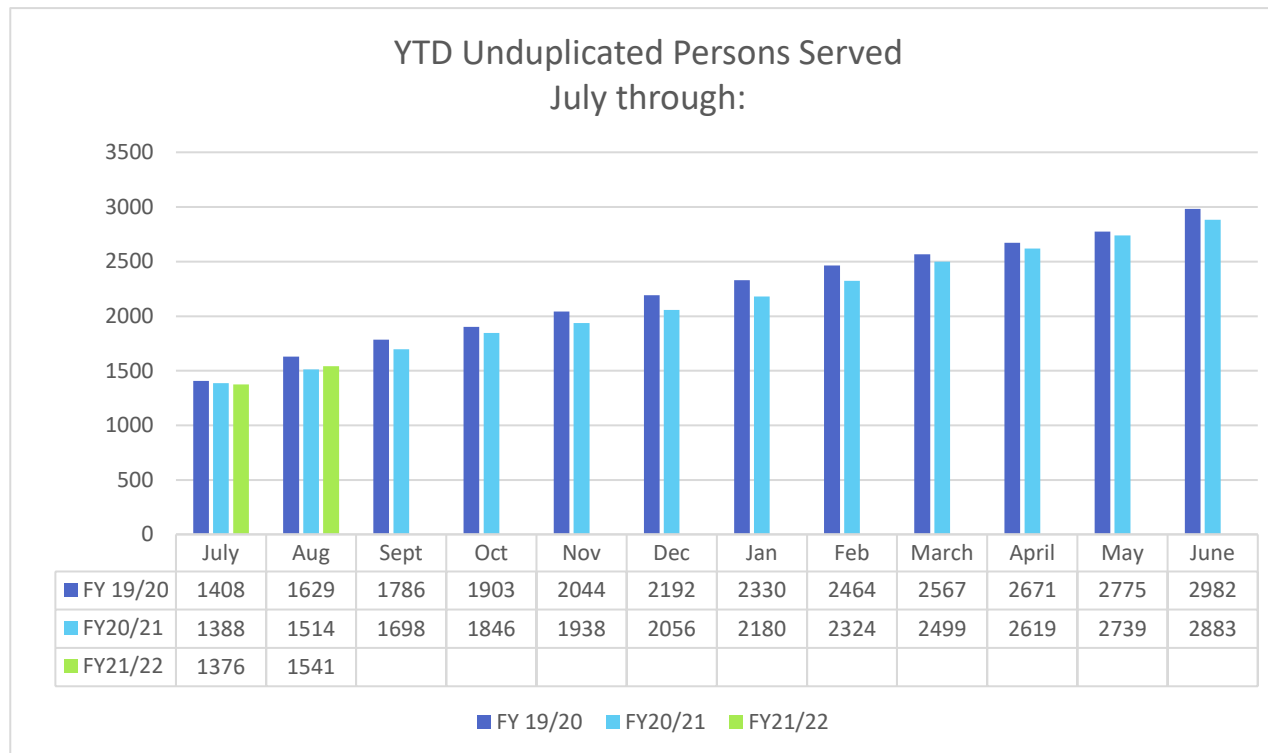
Services Provided						
Whole System of Care	Aug	Aug	Aug	YTD	YTD	YTD
Count of Services Provided	Youth	Y Adult	Adults	Youth	Y Adults	Adults
*Assessment	104	24	145	217	61	299
*Case Management	252	184	1433	475	409	2785
*Collateral	119	1	3	212	5	9
*Crisis	48	43	243	116	62	452
*Family Therapy	76	2	4	168	6	9
*TFC	0	0	0	0	0	0
*Group Therapy	0	0	0	0	0	0
*Group Rehab	155	27	100	320	59	193
*ICC	160	2	0	309	3	0
*Individual Rehab	189	80	587	406	183	1133
*Individual Therapy	555	107	361	1086	210	686
*IHBS	117	4	0	197	5	0
*Psychiatric Services	44	34	320	144	81	687
*Plan Development	81	13	94	184	41	192
*TBS	47	0	0	75	0	0
Total	1,947	521	3,290	3,909	1,125	6,445
No Show Rate	4.9%			4.7%		
Average Cost Per Beneficiary	\$920	\$812	\$812	\$1,679	\$1,474	\$1,419

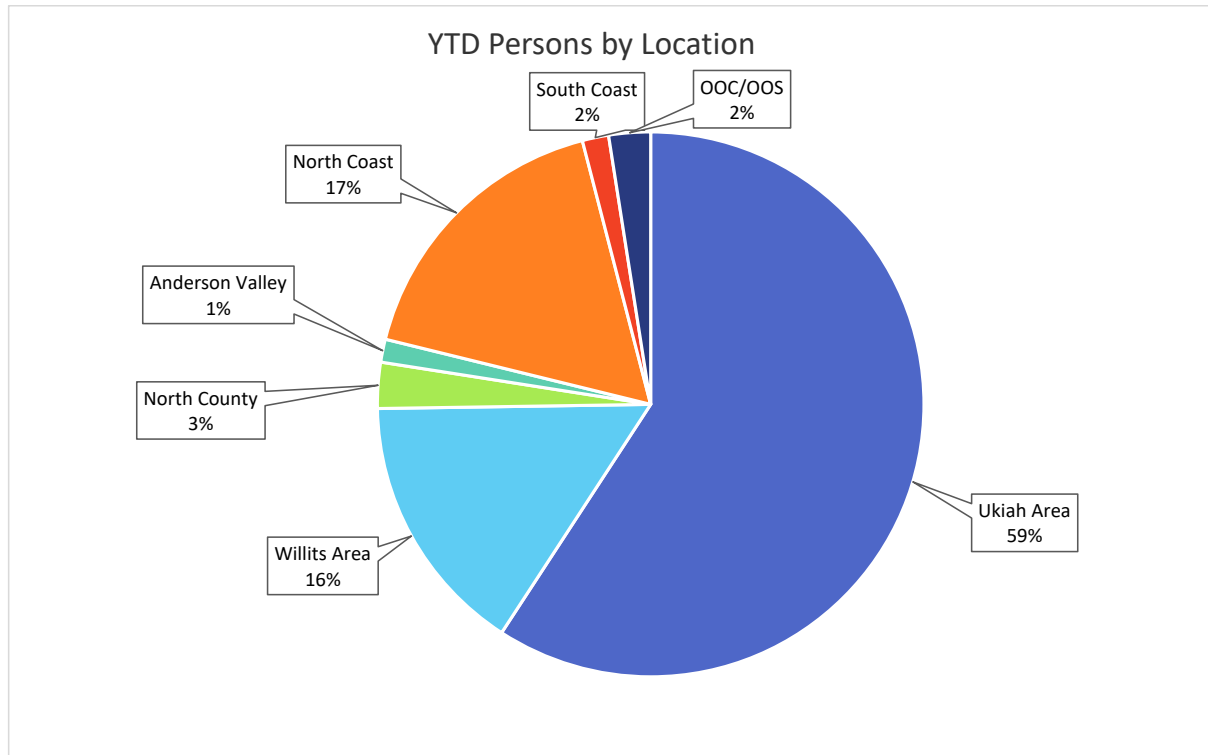
Count of Services by Area	Aug	Aug	Aug	YTD	YTD	YTD
	Youth	Y Adult	Adults	Youth	Y Adults	Adults
Anderson Valley	20	0	9	47	0	34
South Coast	27	0	14	44	4	32
North Coast	200	55	548	355	100	1,048
North County	50	2	68	136	6	108
Ukiah	1,343	412	2,254	2,747	895	4,398
Willits	307	52	397	580	120	825

Meds Management	Aug	Aug	Aug	YTD	YTD	YTD
	Youth	Y Adult	Adults	Youth	Y Adults	Adults
Inland Unduplicated Clients	47	24	219	79	43	349
Coastal Unduplicated Clients	8	7	72	20	14	96
Inland Services	63	33	338	173	76	716
Coastal Services	9	11	114	32	32	225

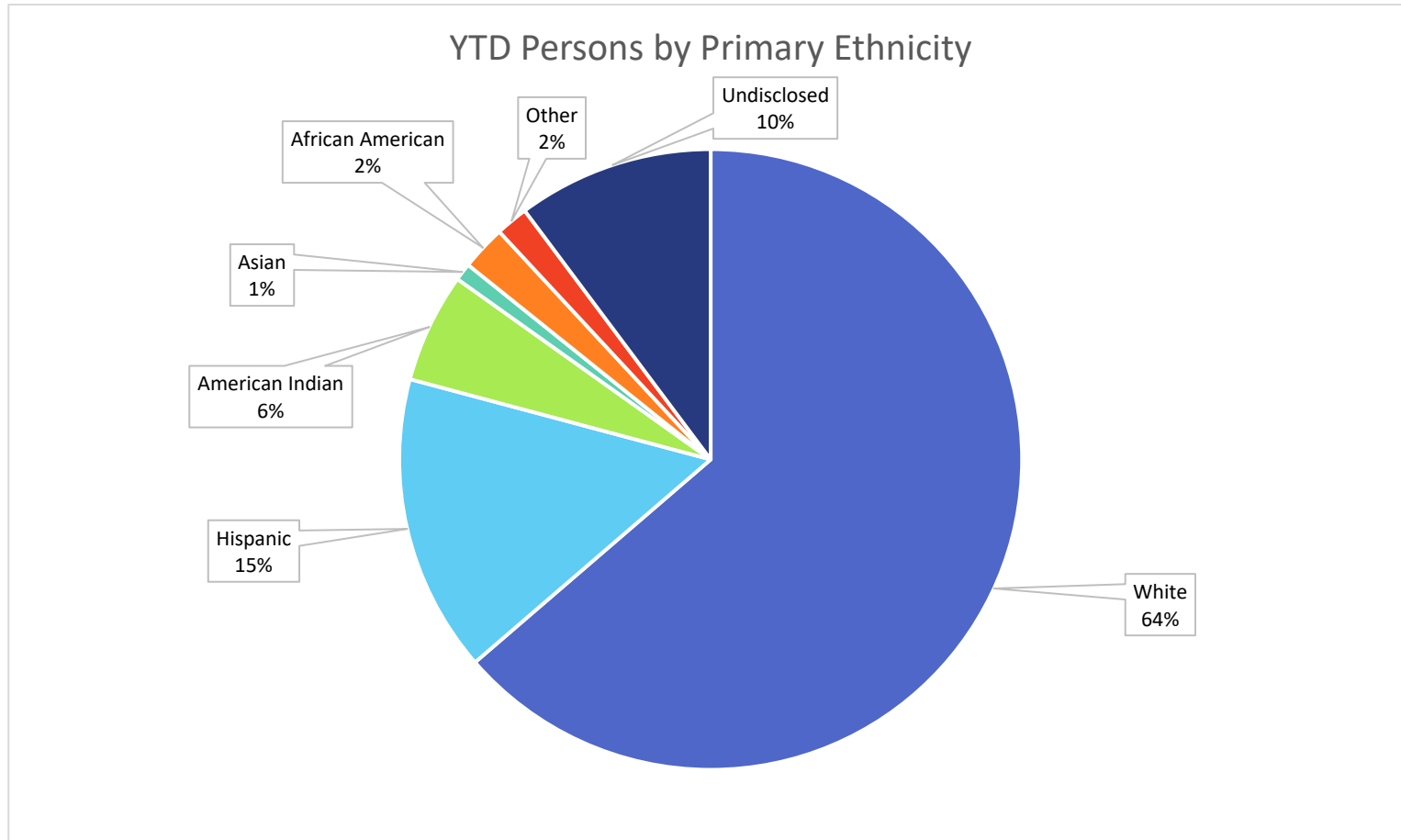


2021/2022 Trends and Year to Year Comparison





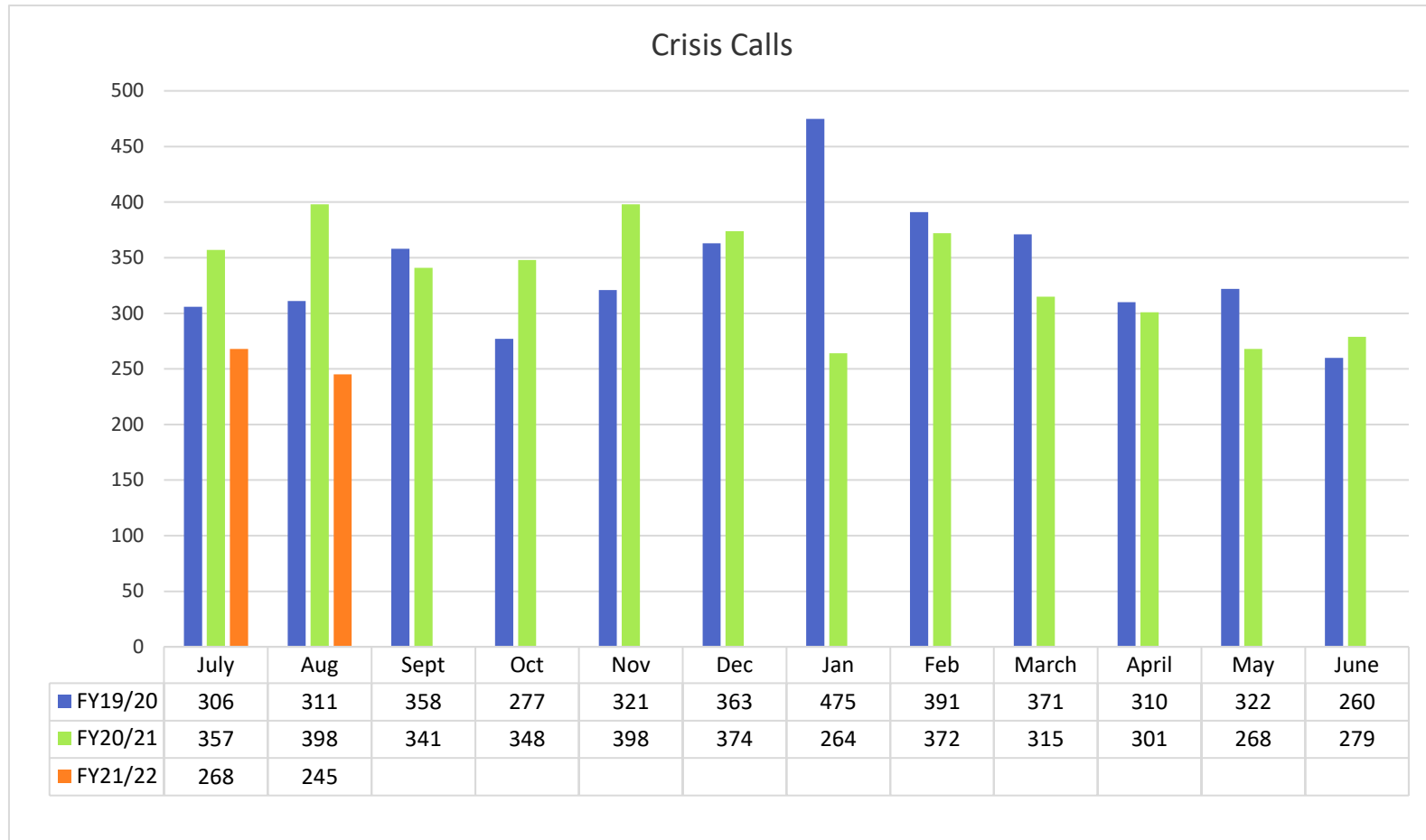
YTD Persons by location...	Count	%
Ukiah Area	912	59%
Willits Area	240	16%
North County	42	3%
Anderson Valley	21	1%
North Coast	264	17%
South Coast	24	2%
OOC/OOS	38	2%

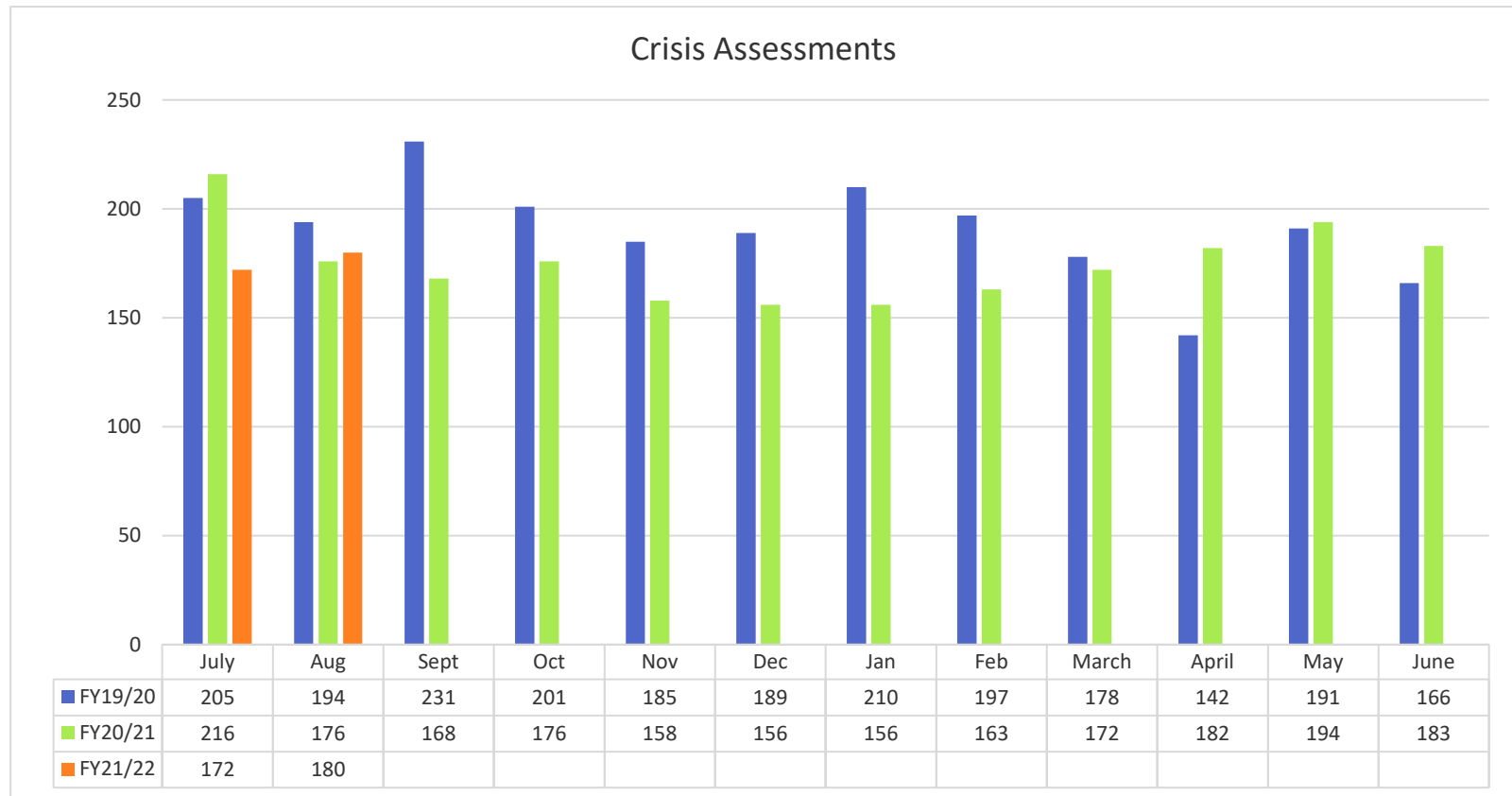


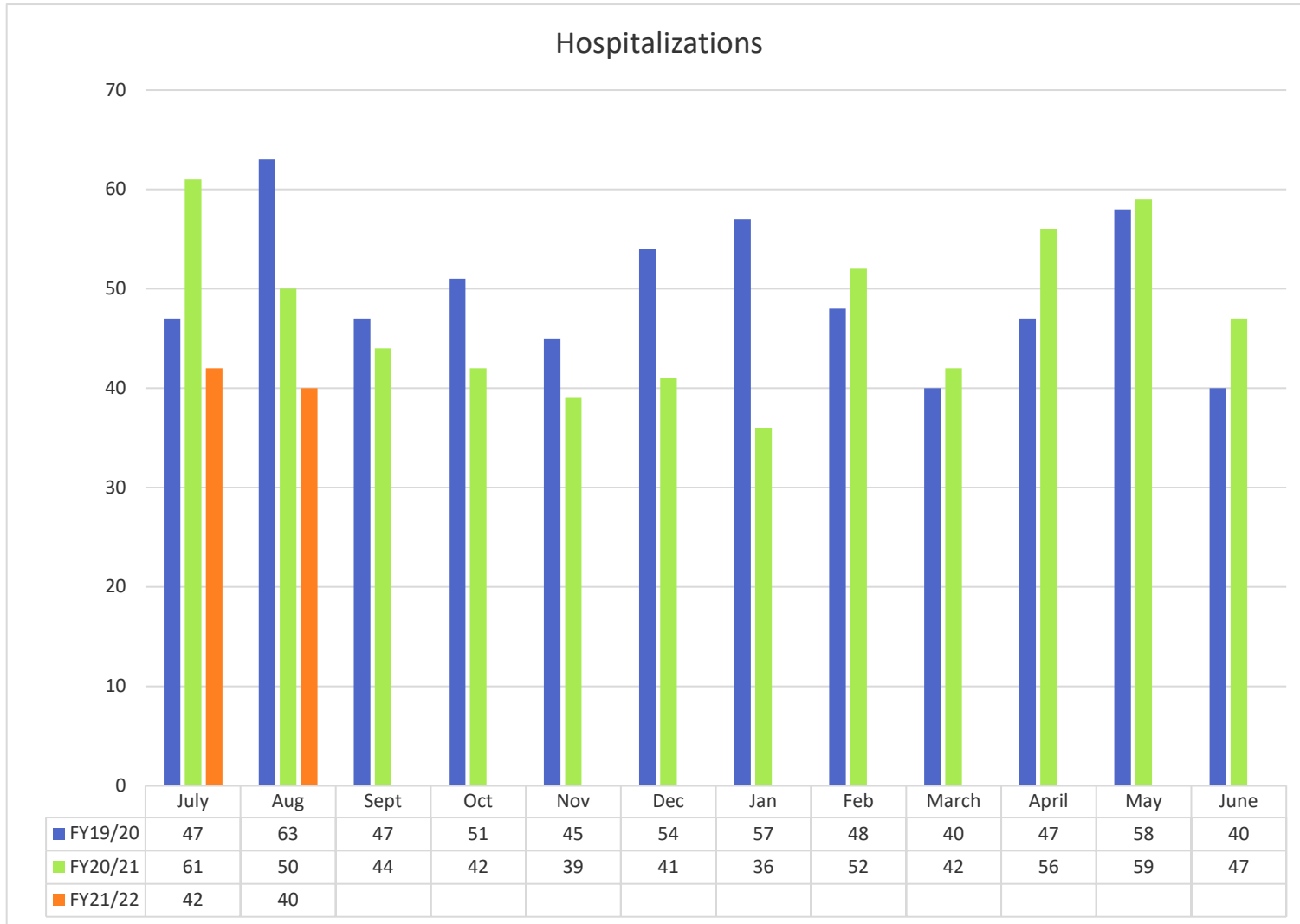


Unduplicated Clients Served



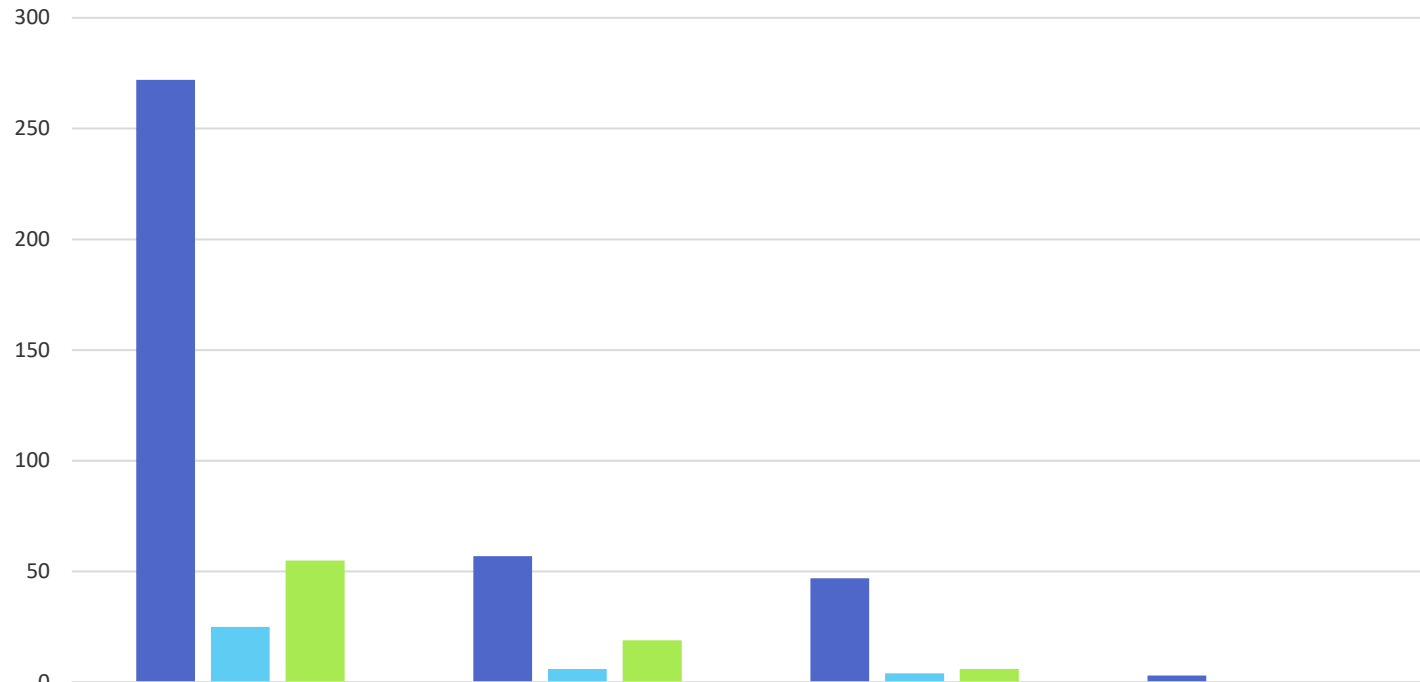




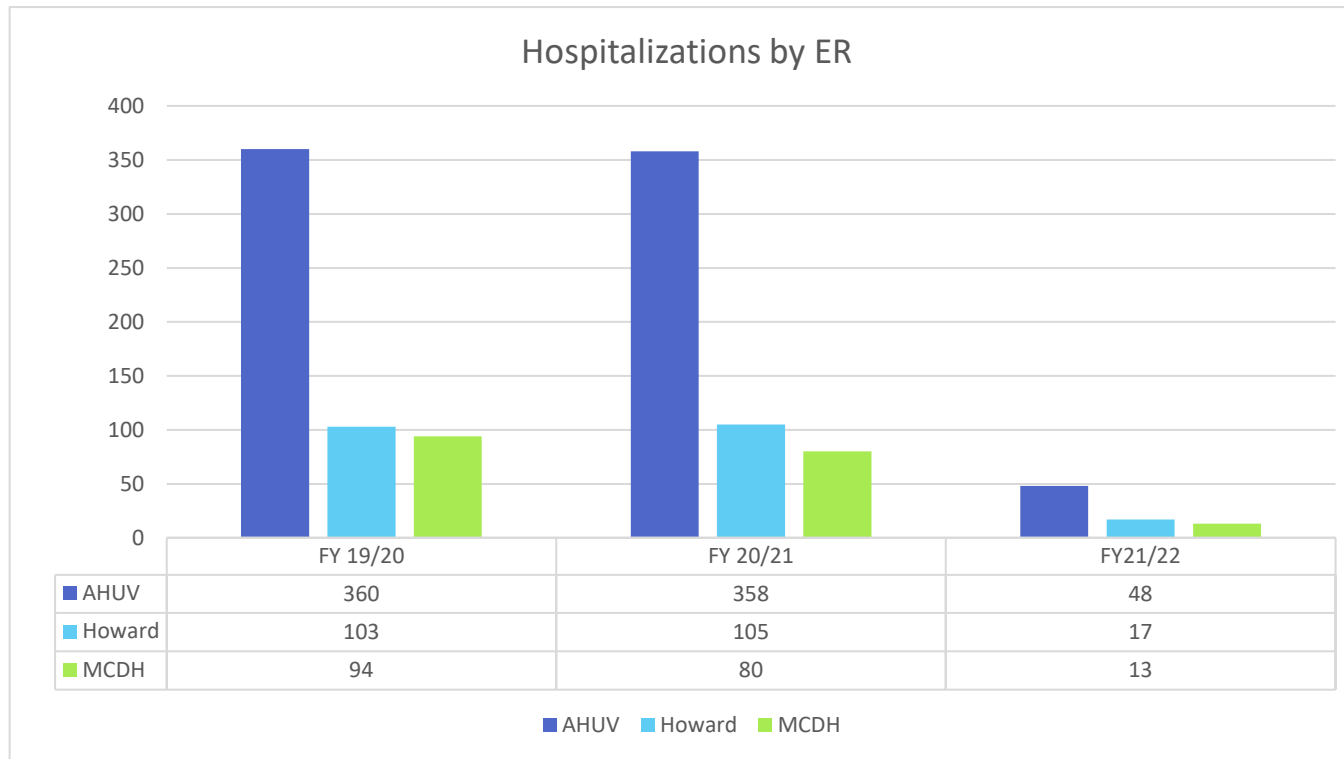


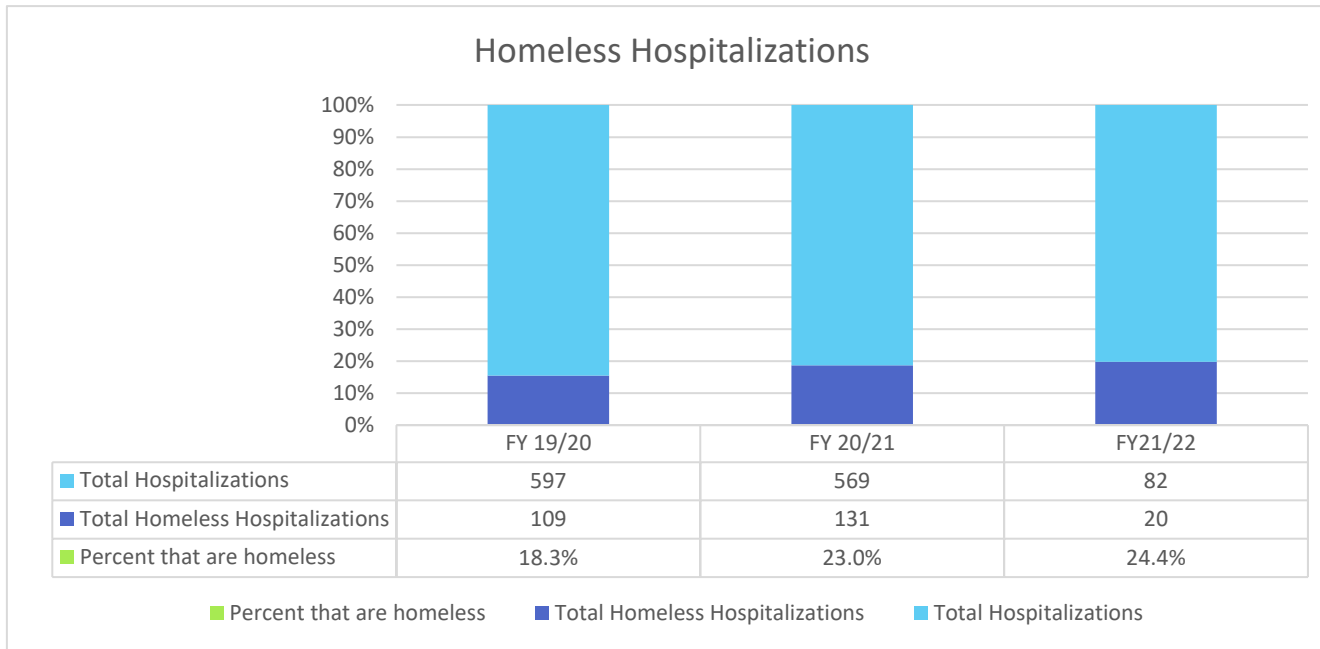


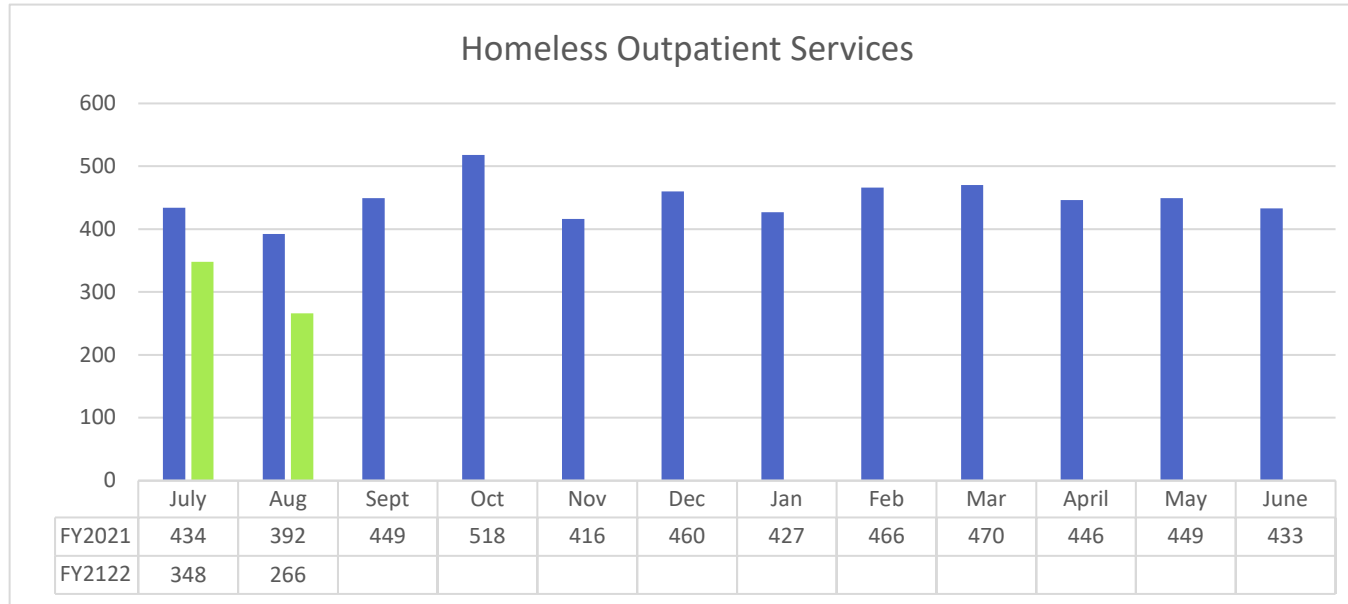
YTD Crisis by Payor



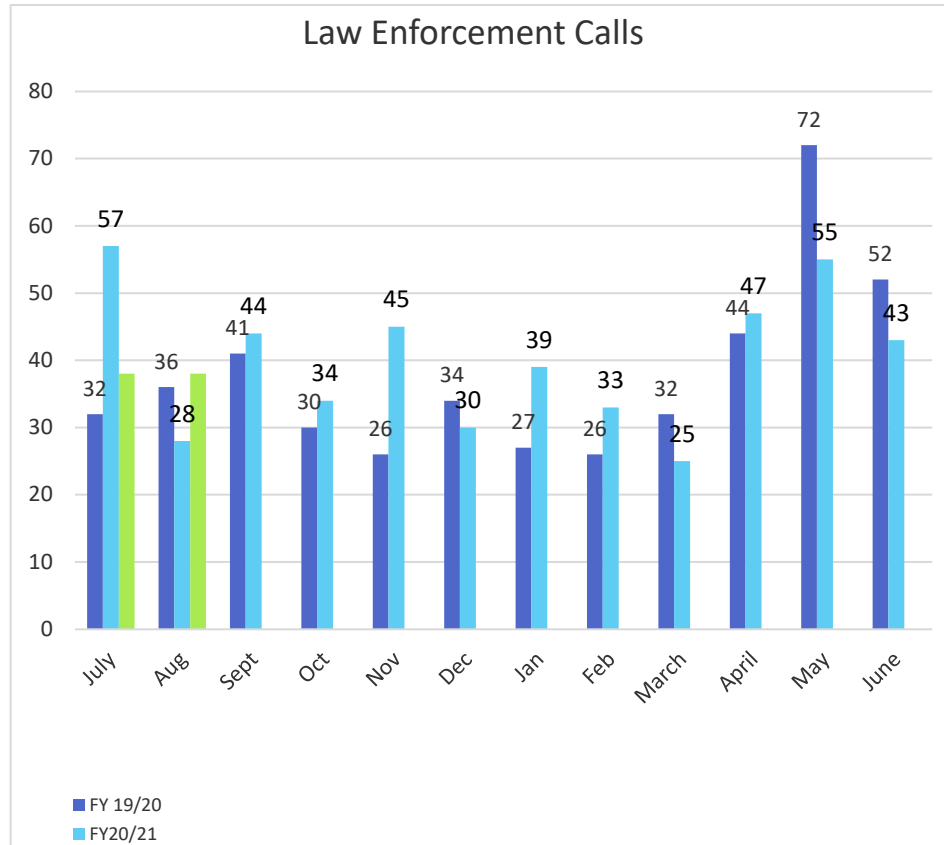
	Crisis Assessments	Hospitalizations	Discharged to Mendo: follow-up appt	Discharged to Mendo: declined follow up
■ Mendo Medi-Cal beneficiary	272	57	47	3
■ Indigent	25	6	4	0
■ All Other Payors	55	19	6	0

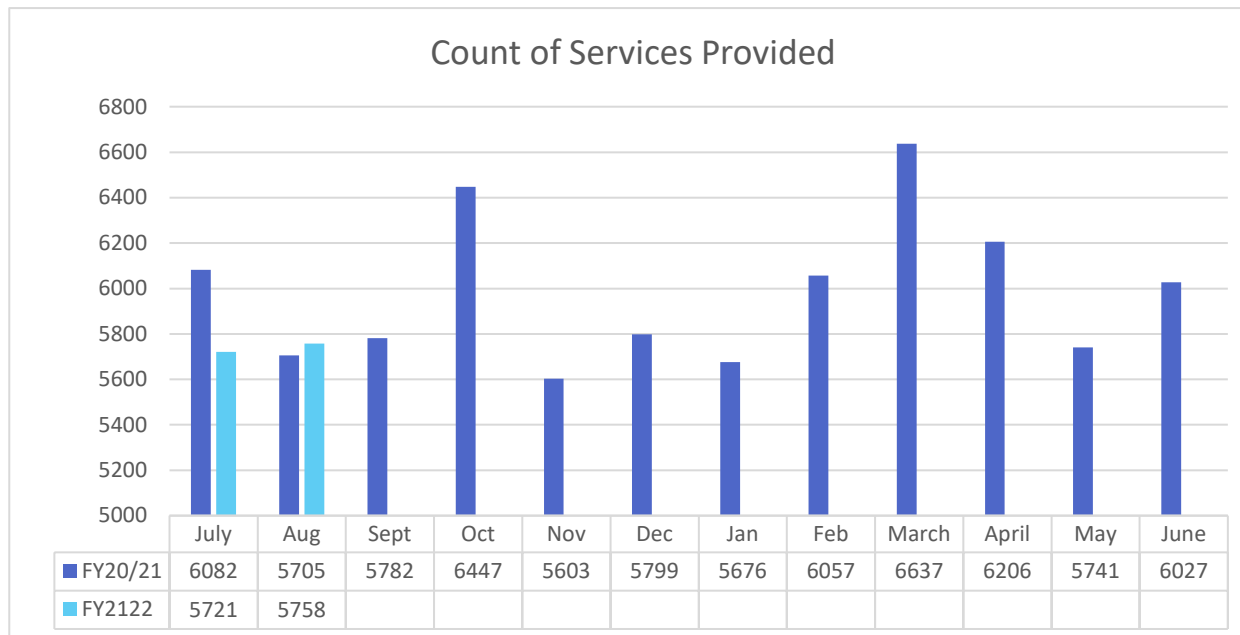






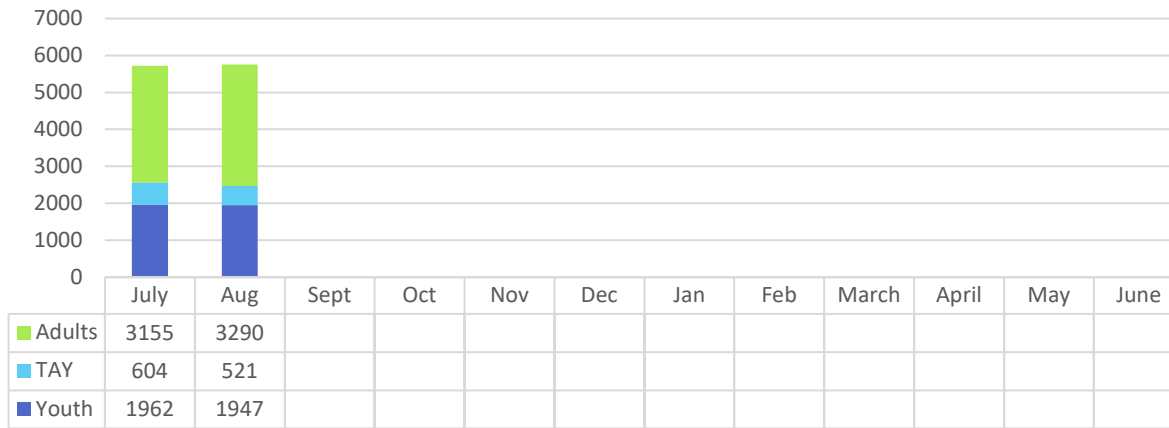








Services Provided by Age Group



■ Youth ■ TAY ■ Adults

CBHPC 2021 Data Notebook for California Behavioral Health Boards and Commissions

Prepared by the Performance Outcomes Committee of the California Behavioral Health Plan

The California Behavioral Health Planning Council (Council) is under federal and state mandate to advocate on behalf of adults with severe mental illness and children with severe emotional disturbance and their families. The Council is also statutorily required to advise the Legislature on behavioral health issues, policies, and priorities in California. The Council advocates for an accountable system of seamless, responsive services that are strength-based, consumer and family-member driven, recovery oriented, culturally and linguistically responsive, and cost effective. Council recommendations promote cross-system collaboration to address the issues of access and effective treatment for the recovery, resilience, and wellness of Californians living with severe mental illness.

For information, you may contact the following email address or telephone number:

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CBHPC 2021 Data Notebook for California Behavioral Health Boards and Commissions

Introduction: Purpose and Goals: What is the Data Notebook?

The Data Notebook is a structured format to review information and report on each county's behavioral health services. A different part of the public behavioral health system is focused on each year, because the overall system is very large and complex. This system includes both mental health and substance use treatment services designed for individuals across the lifespan.

Local behavioral health boards/commissions are required to review performance outcomes data for their county and to report their findings to the California Behavioral Health Planning Council (Planning Council). To provide structure for the report and to make the reporting easier, each year a Data Notebook is created for local behavioral health boards to complete and submit to the CBHPC. The discussion questions seek input from the local boards and their departments. These responses are analyzed by Council staff to create an annual report to inform policy makers, stakeholders and the public.

The Data Notebook structure and questions are designed to meet important goals:

- To help local boards meet their legal mandates¹ to review and comment on the county's performance outcome data, and communicate its findings to the CA Behavioral Health Planning Council;
- To serve as an educational resource on behavioral health data;
- To obtain opinion and thoughts of local board members on specific topics;
- To identify unmet needs and make recommendations.

The 2021 Data Notebook is focusing on racial/ethnic inequities in behavioral health. This topic comprises only part of the Data Notebook. We also have developed a section (Part I) with questions that are addressed each year to help us detect any trends. Monitoring these trends will assist in identification of unmet needs or gaps in services which may occur due to changes in population, resources available, or public policy.

The Planning Council encourages all members of local behavioral health boards/commissions to participate in developing responses for the Data Notebook. This is an opportunity for the local boards and their county behavioral health departments to work together to identify important issues in their community. This work informs county and state leadership about local behavioral health programs, needs, and services. This information is used in the Planning Council's advocacy to the legislature and for input to the state mental health

block grant application to SAMHSA².

¹W.I.C. 5604.2, regarding mandated reporting roles of MH Boards and Commissions in California.

²SAMHSA: Substance Abuse and Mental Health Services Administration, an agency of the Department of Health and Human Services in the U.S. federal government. For more information and reports, see www.SAMHSA.gov.

CBHPC 2021 Data Notebook for California Behavioral Health Boards and Commissions

Part I: Standard Annual Questions for Counties and Local Advisory Boards

In recent years, major improvements in data availability now permit local boards and other stakeholders to consult extensive Medi-Cal data online that is provided by the Department of Health Care Services (DHCS). These data include populations that receive Specialty Mental Health Services and Substance Use Disorder Treatment. Similar data are analyzed each year to evaluate county programs and those reports can be found at www.CalEQRO.com. Additionally, Mental Health Services Act (MHSA) data can be found in the 'MHSA Transparency Tool' presented on the Mental Health Services Oversight and Accountability Commission (MHSOAC) website.

In addition, members of the Planning Council would like to examine some county-level data that are not readily available online and for which there is no other publicly-accessible source. The items of interest include data that are collected by the counties because they need to know how much they are spending in these service categories and for how many clients. Collecting these data will help us analyze aspects of the behavioral health system that are not currently tracked.

Please answer these questions using information for fiscal year (FY) 2020-2021 or the most recent fiscal year for which you have data. Not all counties will have readily available data for some of the questions asked below. In that case, please enter N/A for 'data not available.'

Adult Residential Care

There is little public data available about who is residing in licensed facilities on the website of the Community Care Licensing Division at the CA Department of Social Services. This makes it difficult to determine how many of the licensed Adult Residential Care Facilities (ARFs) operate with services to meet the needs of adults with chronic and/or serious mental illness (SMI), compared to other adults who have physical or developmental disabilities. In 2020, legislation was signed that requires the collection of data from licensed operators about how many residents have SMI and whether these facilities have services these clients need to support their recovery or transition to other housing.

The Planning Council would like to know about the ARFs and Institutions for Mental Diseases (IMDs)³ located in your county to serve individuals with SMI, and


how many of these individuals (for whom the county has financial responsibility) are served in facilities such as ARFs or IMDs.

³Institution for Mental Diseases (IMD) List:

https://www.dhcs.ca.gov/services/MH/Pages/MedCCC-IMD_List.aspx

* 1. Please identify your County / Local Board or Commission.

Mendocino 

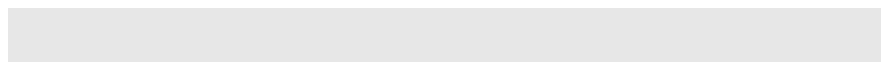
 For how many individuals did your county behavioral health department pay some or all of the costs to reside in a licensed Adult Residential Facility (ARF) during the last fiscal year?

20/21 there were 22 clients in Board and Care/ARF.

3. What is the total number of ARF bed-days paid for these individuals, during the last fiscal year?

20/21 there were 8,030 ARF bed days paid for.

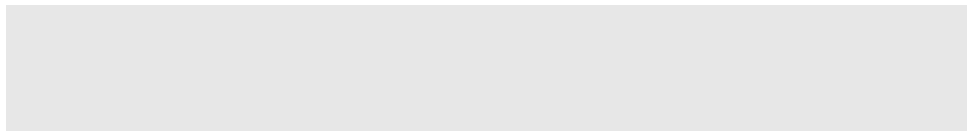
4. Unmet needs: How many individuals served by your county behavioral health department need this type of housing but currently are not living in an ARF?



5. Does your county have any "Institutions for Mental Disease" (IMDs)?

No

Yes (If Yes, how many IMDs?)



6. For how many individual clients did your county behavioral health department pay the costs for an IMD stay (either in or out of your county), during the last fiscal year?

In-County

0

Out-of-County

29

7. What is the total number of IMD bed-days paid for these individuals by your county behavioral health department during the same time period?

10,585

CBHPC 2021 Data Notebook for California Behavioral Health Boards and Commissions

Part I: Standard Annual Questions for Counties and Local Advisory Boards (Continued)

Homelessness: Your County's Programs and Services

The Planning Council has a long history of advocacy for individuals with SMI who are homeless, or who are at-risk of becoming homeless. California's recent natural disasters and public health emergency have exacerbated the affordable housing crisis and homelessness. Federal funding was provided to states that could be used for temporary housing for individuals living on the streets as a method to stop the spread of the COVID-19 virus. Additional policy changes were made to mitigate the rate of evictions for persons who became unemployed as a result of the public health crisis.

Studies indicate that approximately only 1 in 3 individuals who are homeless also have serious mental illness and/or a substance use disorder. While the Council does not endorse the idea that homelessness is caused by mental illness nor that the public behavioral health system is responsible to fix homelessness, financially or otherwise, we know that recovery happens when an individual has a safe, stable place to live.

The past year has been like no other we have seen in recent history. We understand that the public behavioral health system has had to drastically change how it does business and possibly halt a number of activities that may have been in the works for implementation this year. That said, we are interested in what types of actions counties may be taking to assist individuals who are homeless and have serious mental illness and/or a substance use disorder.

8. During the most recent fiscal year (2020-2021), what new programs were implemented, or existing programs were expanded, in your county behavioral health department to serve persons who are both homeless and have severe mental illness? (Mark all that apply)

- Emergency Shelter
- Temporary Housing
- Transitional Housing
- Housing/Motel Vouchers
- Supportive Housing
- Safe Parking Lots
- Rapid re-housing
- Adult Residential Care Patch/Subsidy
- Other (please specify)

BHRS has been finalizing development of a Crisis Residential Treatment program for temporary emergency shelter for those in a mental health crisis. BHRS also partnered with health and human services in connecting BHRS clients to Emergency Shelter options, Transitional Housing Options, Motel Vouchers, and Rapid Rehousing resources that were expanded through COVID funding. BHRS contractors made adjustments among available MHSAs housing programs to expand supported housing models.

CBHPC 2021 Data Notebook for California Behavioral Health Boards and Commissions

Part I: Standard Annual Questions for Counties and Local Advisory Boards (Continued)

Child Welfare Services: Foster Children in Certain Types of Congregate Care

About 60,000 children, under the age of 18, in California are in foster care. They were removed from their homes because county child welfare departments, in conjunction with juvenile dependency courts, determined that these children could not live safely with their caregiver(s). Most children are placed with a family who receives foster children but a small number of the children need a higher level of care and are placed in a 'Group Home'. California is striving to move away from the use of long-term group homes, and prefers to place all youth in family settings, if possible. California has revised the treatment facilities for children whose needs cannot be safely met initially in a family setting. Group homes are to be transitioned into a new facility type called Short-Term Residential Treatment Program (STRTP). STRTPs will provide short-term, specialized, and intensive treatment individualized to the need of each child in placement.

All of California's counties are working toward closing long-term group homes and are establishing licensed STRTPs. This transition will take time and it is important for your board to talk with your county director about what is happening in your county for children in foster care who are not yet able to be placed in a family setting or who are in a family setting and experience a crisis which requires short-term intensive treatment.

9. Do you think your county is doing enough to serve the children/youth in group care?

Yes

No (If No, what is your recommendation? Please list or describe briefly)

Many counties do not yet have STRTPs and may place children/youth in another county. Recent legislation (AB 1299) directs that the Medi-Cal eligibility of the child be transferred to the receiving county. This means, the county receiving the child now becomes financially responsible for his/her Medi-Cal costs.

10. Has your county received any children needing "group home" level of care from another county?

No

Yes (If Yes, how many?)

7 Presumptive Transfer notices from out of County

11. Has your county placed any children needing "group home" level of care into another county?

No

Yes (If Yes, how many?)

18

CBHPC 2021 Data Notebook for California Behavioral Health Boards and Commissions

Part II: Racial/Ethnic Inequities in Behavioral Health

Background and Context

California is one of the most culturally diverse states in the nation regarding race, ethnicity, and language. This diversity is one of the state's greatest assets, but it also comes with a need to provide services in ways that are culturally relevant and respectful of these diverse communities. Health disparities by race and ethnicity are well documented, and there are prominent inequities in behavioral health outcomes and access to services. The state has a responsibility to address these disparities and work towards a mental health system that serves California's cultural and linguistic diversity.

The 2014 Data Notebook touched on some of these issues in a section titled "Access by Unserved and Under-Served Communities." Using data from the External Quality Review Organization (EQRO), the number of individuals eligible for Medi-Cal in the county was compared to the number who were served in county Specialty Mental Health programs in two charts, broken down by race/ethnicity. The counties were then asked 3 questions.

1. Is there a big difference between the race/ethnicity breakdowns on the two charts? Do you feel that the cultural group(s) that needs services in your county is receiving services?
2. What outreach efforts are being made to reach underserved groups in your community?
3. Do you have suggestions for improving outreach to and/or programs for underserved groups?

Since 2014, awareness of inequities in behavioral health has continued to increase. In 2017, Governor Jerry Brown signed AB 470 (Arambula) into law, which requires the tracking and evaluation of Medi-Cal specialty mental health services with the goal of reducing mental health disparities. The California Pan Ethnic Health Network (CPHEN) developed an Advisory Workgroup in 2018 to provide recommendations for the implementation of AB 470. The Department of Health Care Services published the first report of the data in 2019, with an update in 2020. The California Health Care Foundation (CHCF) and CPHEN [released a report](#) in November 2020 with analysis of that data, highlighting some of the findings that the data provides while also providing recommendations for additional

measures focused on quality of care and outcomes. It also called for continued stakeholder engagement to ensure that “performance and disparity reduction measures reflect consumer needs.”

This is just one example of the efforts being made to address behavioral health inequities; there is much more work to be done. The [CBHPC Equity Statement](#) acknowledges the impact of social injustice on the behavioral health system that leads to health inequities, and “supports California in achieving the goals to reduce disparities, rebuild the trust lost from communities that have been historically under/inappropriately served and eliminate social injustice and racial inequities.” As part of the effort to put this into action, the 2021 Data Notebook is returning to this timely topic.

* 12. Based on the data provided for your county, please rate the **access, engagement, and median time to stepdown services** for each of the following racial/ethnic groups in your county.

	Access (At least one mental health services visit in a single fiscal year)	Engagement (Five or more mental health services visits in a single fiscal year)
Alaskan Native / American Indian	Fair	Poor
Asian or Pacific Islander	Fair	Poor
Black	Good	Fair
Hispanic	Poor	Poor
Other	Fair	Good
White	Good	Good

* 13. Which outreach, community engagement, and/or education methods are being used to reach and serve the following racial/ethnic groups in your county? (Please check all that apply. If a given method is not utilized for any group, please select "N/A")

	Alaskan Native / American Indian	Asian or Pacific Islander	Black	Hispanic	Other	White	N/A
Outreach at local community venues and events	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

	Alaskan Native / American Indian	Asian or Pacific Islander	Black	Hispanic	Other	White	N/A
House visits to underserved individuals/communities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Telehealth services to increase access and engagement	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Community stakeholder meetings/events	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Written materials translated into multiple languages	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Live or virtual (real-time) interpretation services	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Educational classes, workshops, or videos	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Providing food/drink at meetings and events	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Providing reimbursement or stipends for involvement	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Providing transportation to and from services	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Other (please describe)

Covid-19 has impacted the normal outreach efforts. For example, pre-covid participation in community events, providing food and drink at meetings and events, and other activities occurred. Once it is safe to do so, it is anticipated that these activities would return in some fashion.

*** 14. Which of the following groups are represented on your mental health board/commission? (Please select all that apply.)**

- Alaskan Native / American Indian
- Asian or Pacific Islander
- Black
- Hispanic
- White
- Other race/ethnicity
- Older adults (65+ years)
- Transition-age youth (16-24 years)

*** 15. Which of the following steps have been taken to develop a culturally diverse behavioral health work force in your county? (Please check all that apply.)**

- Tailoring recruitment efforts (re: professional outreach and job ads) to applicants who are representative of the racial/ethnic populations in your county
- Utilizing behavioral health workforce pipeline programs that value cultural/linguistic diversity among applicants
- Actively cultivating a culturally inclusive workplace environment in which racial/ethnic minority staff are engaged
- Conducting listening sessions or other methods for staff to provide feedback on workplace environment and hiring/promoting practices
- Providing professional development opportunities such as mentorship or continued education and training for behavioral health staff and providers
- Other (please specify)
- None of the above

*** 16. Does your county provide cultural proficiency training for behavioral health staff and providers?**

No

Yes (please describe)

All staff and providers receive training regularly.

*** 17. Which of the following does your county have difficulty with in regard to providing culturally responsive and accessible mental health services? (Please select all that apply.)**

Employing culturally diverse staff and providers

Retaining culturally diverse staff and providers

Translating written materials

Providing live/virtual interpretation services

Providing cultural proficiency training for staff and providers

Outreach to racial/ethnic minority communities

Other (please specify)

Employing and retaining staff is difficult in general for our rural community.

*** 18. What barriers to accessing mental health services do individuals from underserved communities face in your county? (Please select all that apply.)**

- Language barriers
- Lack of culturally diverse/representative staff providers
- Distrust of mental health services
- Community stigma
- Lack of information or awareness of services
- Difficulty securing transportation to or from services
- Difficulty accessing telehealth services
- Other (please specify)

While all of these could factor in at some level, the selected options are the most prevalent barriers at this time. We are in a rural community with limited public transit options and long distances to service providers in some areas of the county. Additionally, we do not have reliable Internet throughout the county, making telehealth challenging for some.

19. Do you feel that the COVID-19 pandemic has increased behavioral health disparities for any of the following groups? (Please select all that apply.)

- Alaskan Native / American Indian
- Asian or Pacific Islander
- Black
- Hispanic
- White
- Other race/ethnicity
- Older adults (65+)
- Transition-age youth (16-21)
- Children (under 16)
- None of the above

* 20. Please rate the impact of the use of telehealth services during Covid-19 for the following groups regarding access and utilization of behavioral health services.

	Very Positive	Somewhat Positive	Neutral	Somewhat Negative	Very Negative
Alaskan Native / American Indian	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Asian or Pacific Islander	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Black	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hispanic	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other race/ethnicity	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
White	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 21. Which providers or services have been employed, utilized, or collaborated with to serve the following racial/ethnic populations in your county? (Please select all that apply. If a given provider or service is not utilized for any group, please select "N/A")

	Alaskan Native / American Indian	Asian or Pacific Islander	Black	Hispanic	Other	White	N/A
Community Health Workers / Promotoras	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Community-accepted first responders	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Peer support specialists	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
SUD providers	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Community-based organizations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Local tribal nations / native communities	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	Alaskan Native / American Indian	Asian or Pacific Islander	Black	Hispanic	Other	White	N/A
Homeless services	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Local K-12 schools	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Higher education institutions	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Domestic violence programs	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Immigration services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Sport/athletic teams or organizations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Grocery stores or food pantries	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Other (please specify)

Many members of our community do not identify in the categories provided. The use of these targeted labels does not represent the complex ways that individuals choose to identify. Moreover, it should be noted that for impact related to telehealth, there is not data to support conclusions of impact which is why it is marked neutral for all.

22. Do you have suggestions for improving outreach to and/or programs for underserved groups?

There is a high level of distrust for governmental institutions making it difficult to create programs to reach underserved populations. There needs to be more ways to build natural leadership within the communities.

CBHPC 2021 Data Notebook for California Behavioral Health Boards and Commissions

Post-Survey Questionnaire

Completion of your Data Notebook helps fulfill the board's requirements for reporting to the California Behavioral Health Planning Council. Questions below ask about operations of mental health boards, and behavioral health boards or commissions, etc.

23. What process was used to complete this Data Notebook? (please select all that apply)

- MH Board reviewed W.I.C. 5604.2 regarding the reporting roles of mental health boards and commissions
- MH Board completed majority of the Data Notebook
- Data Notebook placed on Agenda and discussed at Board meeting
- MH board work group or temporary ad hoc committee worked on it
- MH board partnered with county staff or director
- MH board submitted a copy of the Data Notebook to the County Board of Supervisors or other designated body as part of their reporting function

Other (please specify)

The data notebook will be submitted to the County Board of Supervisors as part of the BHAB's annual report.

24. Does your board have designated staff to support your activities?

- No
- Yes (if Yes, please provide their job classification)

Administrative Secretary

25. Please provide contact information for this staff member or board liaison.

Name	Lilian Chavoya
County	Mendocino
Email Address	chavoyal@mendocinocounty.org
Phone Number	(707) 472-2354

26. Please provide contact information for your Board's presiding officer (Chair, etc.)

Name	Michelle Rich
County	Mendocino
Email Address	mhboard@mendocinocounty.org
Phone Number	mhboard@mendocinocounty.org

27. Do you have any feedback or recommendations to improve the Data Notebook for next year?

The section which required analyzing data on engagement and access was difficult. It was unclear what was expected and how to use the data to provide the responses. Lastly, it should be noted that while access and engagement is not where it should be there have been improvements in the system as a whole. The questions here do not allow enough flexibility to address this nuance.



California Association of Local Behavioral Health Boards and Commissions

CALBHB/C Newsletter, Fall 2021

In this Issue:

[Grants](#)

[Issue Briefs](#)

[On-line Events & Reports](#)

[Legislative Update](#)

[Resources](#)

CALBHB/C Statewide Teleconference

October 22, 12:30 - 2:30 pm

Updates from statewide agencies and organizations with opportunity for local and statewide issue-based discussion.

[Registration](#)

There is no fee to register.

Grants

Crisis Care

[Mental Health Wellness Grant Programs for Children & Youth](#): \$22,584,573 available in capital funding for Crisis Residential Treatment, Crisis Stabilization Unit, and Mobile Crisis Support Team programs and \$1,138,616 in Mobile Crisis Support Team personnel funding. CHFFA, Deadline: October 29.

[Crisis Care Mobile Units](#): \$46 million+ is for:
1) Planning grants up to \$200,000 to assess needs of mobile crisis and non-crisis programs & develop an action plan;
2) Implementation grants up to \$1 million per CCMU team to implement a new, or expand an existing, CCMU program. Must prioritize mobile behavioral health crisis services for individuals age 25 and younger, while also serving the broader population, with encouragement to support justice intervention services. DHCS, Deadline: November 29.

Infrastructure

[Behavioral Health Continuum Infrastructure](#): Grants to construct, acquire, and rehabilitate real estate assets, or invest in mobile crisis infrastructure, w/a portion of funding available for increased infrastructure for children and youth, 25 and younger.

[Project Homekey](#) - \$1.45 billion through the California Comeback Plan.

Provider Relief

[Provider Relief/American Rescue Plan](#), \$25.5 billion, with \$8.5 billion for providers/ organizations who serve rural Medicaid, Children's Health Insurance Program, and/or Medicare beneficiaries. Due: Oct. 26, 9 pm

Workforce

[Loan Repayment, Scholarship or Grant Program](#), Health Care Access and Information (HCAI) (formerly OSHPD)

CALBHB/C Issue Briefs



[Board & Care \(ARF or RCFE\)](#)

[Children & Youth:](#)

[Integrated School-Based BH
Transitional Age Youth \(TAY\)](#)

[Criminal Justice](#)

[Disaster Prep/Recovery](#)

[Employment **Updated!**](#)

[LGBTQ+ **New!**](#)

[Older Adults](#)

[Performance Outcome Data](#)

[Transitional Age Youth **New!**](#)

[Suicide Prevention](#)

Full listing of issues (30+) at: www.calbhbc.org/newsissues Questions: cal@calbhbc.com

On-Line Events & Reports: State/National Organizations/Agencies

MHSOAC

CA Mental Health Services Oversight & Accountability Commission:

[Client & Family Leadership Committee](#),
October 19, 1 pm

[Immigrant and Refugee Listening
Session](#), October 21, 4:30 pm

CASRA

CA Association of Social Rehabilitation Agencies (CASRA) Conference: "Making Connections" Conference will focus on how reducing harmful behaviors, being employed and having a sense of belonging all contribute to feelings of connection and worth. 10/19, 10/26 and 11/2, [Registration](#) Fee of \$49.99

CBHPC

CA Behavioral Health Planning Council:

[Performance Outcomes](#) - 10/19, 2-3:30pm

[Executive](#) - 10/20, 8:30 - 10 am

[Patients' Rights](#) - 10/20, 10:30 am-12pm

[Workforce & Education](#) - 10/20, 1:30-3 pm

[Housing & Homelessness](#) - 10/21, 8:30 am

[Systems & Medicaid](#) - 10/21, 10:30 am-12p

[Legislation](#) - 10/21, 1:30-3:15 pm

[General Session](#) - 10/22, 9 am-12 pm

Reminder: The "**Data Notebook**" is due to the CBHPC on November 30, 2021. Contact [Linda Dickerson](#) with questions.

Mental Health America

Mental Health Summit, November 5 - 6
[Streaming Live](#)

On-Line Events & Reports *Continued* - By Topic

CalAIM

[CalAIM Explained: A Five-Year Plan to Transform Medi-Cal, Fact Sheet](#) with examples of what success will look like, CA Health Care Foundation, 2021

Children & Youth

[Teen Mental Health and Substance Use Challenges](#), National Council for Mental Wellbeing, Recording

[Kids, Communities and Schools Convening](#), CA Alliance, MHSOAC and the Children's Partnership, September 2021 Recording

[Keeping Youth Close to Home: Building a Comprehensive Continuum of Care for California's Youth](#), CA Alliance of Child & Family Services Report

[Raising the Bar](#): Building system-and provider-level evidence to drive equitable education and employment outcomes for youth in extended foster care. First Place for Youth Research & Policy Brief

COVID 19

[The impact of complex trauma stemming from the COVID-19 pandemic](#), The Kennedy Forum Recording

[COVID-19 and Children's Mental Health: Addressing the Impact](#), Little Hoover Commission Report

[ER visits for suspected suicide attempts among teen girls rose during pandemic](#), CDC study says, CBS News

Crisis Care

[Launch of the 988 hotline](#) next summer [July 2022] DHCS News Release

Disaster

[First Aid Kit for Your Mind](#) for individuals, family and community members. in seven languages: English, Spanish, Chinese, Filipino, Hmong, Korean and Vietnamese.

Employment

[Vocational Services Integrated with Behavioral Health Care](#), CALBHB/C Recording

Housing/Homelessness

[Fostering Cross-System Collaboration Between Health and Homeless Systems of Care](#) Webinar Series, CA Health Care Foundation

Peer Support

[Peer Certification SB 803 Community Input Sessions](#), Seeking Input on Training/Exams, Grandparenting, and Specializations, Various October Dates, CalMHSA

[Peer Professional Training & Placement On-Line Training Program](#), Mental Health America of CA and Project Return Peer Support Network

Substance Use Disorder

Digital Therapeutics for Substance Use Disorders: Research Priorities and Clinical Validation [Recorded Webinar](#)

Telehealth

[Making Telehealth Work: Key Insights from the CA Safety Net](#), CA Health Care Foundation Webinar

Whole Person Care

[How Fragmented Care Harms People with Both Mental Illness and Substance Use Disorder](#), CA Health Care Foundation

Legislative Update

The following bills were recently signed into law.

Assisted Outpatient Treatment

[AB-507](#) Adjusts statutes related to Laura's Law, adding that a court, when considering an AOT petition:

- 1) Include consideration of a clinical determination that the person is unlikely to survive safely in the community without supervision and that the person's condition is substantially deteriorating, or that assisted outpatient treatment is needed to prevent a relapse or deterioration that would be likely to result in grave disability or serious harm to the person or to others.
- 2) The subject of the petition or the examining mental health professional is allowed to appear before the court for testimony by video conferencing.
- 3) The bill additionally authorizes filing a petition to obtain assisted outpatient treatment under the existing petition procedures for a person if the court makes a prescribed determination, including that the person is an eligible conservatee.

Competence to Stand Trial

[AB-317](#) Repeals provisions re: restoration of competency for a person charged with a misdemeanor, or a violation of probation for a misdemeanor, including provisions regarding administration for antipsychotic medication. A Court is authorized to conduct an inquiry into a defendant's competency, and is authorized, upon finding a defendant incompetent to stand trial, to suspend the proceedings and take actions, including granting diversion not to exceed one year or dismissing the charges. The application of conduct credits are extended to persons confined in a state hospital or other mental health treatment facility pending their return of mental competency.

Homelessness: Housing Projects

[AB-816](#) Prioritizes funding for projects serving people experiencing homelessness. CA's Department of Housing and Community Development is authorized to alter priority for funding to align eligibility for possible benefits (including Medi-Cal) intended to assist people experiencing homelessness.

Meeting Emergency Allowances

[AB-361](#): Exemptions from in-person requirements through Jan. 1, 2024 with specific conditions and requirements. [More Information](#)

Performance Outcome Data

[SB-465](#) Requires the MHSOAC to report to specified legislative committees outcomes for people receiving community mental health services under an MHSA full service partnership model, including any barriers to receiving the data and recommendations to strengthen California's use of full service partnerships to reduce incarceration, hospitalization, and homelessness.

Pupil Health

[SB 14](#)

- 1) An absence due to illness shall include an absence related to a pupil's mental or behavioral health.
- 2) Contingent on appropriation, requires the State Department of Education, on or before January 1, 2023, to recommend best practices & identify evidence-based, evidence-informed training programs for schools to address youth behavioral health, including, but not necessarily limited to, staff and pupil training.

Pupil Instruction

[SB 224](#) Requires:

- 1) School districts, county offices of education, state special schools, and charter schools that offer one or more courses in health education to pupils in middle school or high school to include in those courses instruction in mental health.
- 2) Instruction to include reasonably designed instruction on the overarching themes and core principles of mental health.
- 3) Instruction and related materials to be appropriate for pupils of all races, genders, sexual orientations, and ethnic & cultural backgrounds, pupils with disabilities, and English learners.
- 4) State Department of Education to develop a plan on or before January 1, 2024.

2-Year Bills Under Consideration

Want to join in advocacy? Please view ["Understanding Your Role"](#) below

Crisis Care Continuum

[AB 988](#): Behavioral Health Crisis (Related budget activity: \$20 Million has been allocated by the state to facilitate telecommunications and call center aspects of "988" by the July 2022 federal deadline.) CALBHB/C support for AB 988 is on hold at this time, awaiting amendments that will provide the foundation for CA's local behavioral health agencies to effectively implement 988 along with mental health crisis services and mobile mental health crisis units.

Integrated School-Based BH Partnership

[AB 552](#) - [Sample Letter & Fact Sheet](#)
(Support)

Mental Health Access

HR 432 / S. 828: [Advocacy](#)
(National Council for BH)

Understanding Your Role regarding State and Federal Legislation

As Individuals: Individuals can and should contact their legislators! Legislators especially appreciate hearing from residents within their districts.

As Advisory Bodies: Local mental/ behavioral health boards/commissions are in an advisory role. In most counties, legislative advocacy is handled through the Board of Supervisors / Executive Office.

See CALBHB/C's [legislative advocacy page](#) for more information and updates.

Resources for Boards/Commissions

[Best Practices Handbook](#) **UPDATED!**

[Brown Act Guide](#) **NEW!**

[Public Emergency Allowances](#)

[Conduct](#)

[Cultural Competence](#)

[Hybrid Meetings](#) **NEW!**

[Member Orientation](#)

[Mental Health Services Act](#)

- Role of MHB/C
- Fiscal
- [Community Program Planning](#)

[News/Issues](#)

[Performance Outcome Data](#)

[Templates/Sample Docs](#)

- Annual Reports
- Bylaws
- Member Orientation
- Recommendations
- Recruitment
- Site Visits
- *And More!*

[Welfare & Institutions Code](#)

Bylaw Requirements

- Duties
- Expenses
- Membership Criteria
- MHSA Community Planning

[Training: Modules](#)

- Duties
- Ethics Training
- Mental Health Services Act

[Training: Presentations/Recordings](#)

- Chair Training
- Performance Data & Fiscal Info
- Mental Health Board
- MHSA Community Program Planning
- Unconscious Bias

Evaluate Us!

CALBHB/C is here to provide resources, support, training, communication and coordinate advocacy for statewide issues. We invite you to evaluate us by taking a few minutes to complete: [Evaluate CALBHB/C](#).

Report to Us!

Let us know your top issues and/or resource needs: [Report to CALBHB/C](#)

Contact Us!

info@calbhbc.com www.calbhbc.org

Follow CALBHB/C: www.twitter.com/CALBHBC www.facebook.com/CALBHBC

For ADA compliant or printed copies of CALBHB/C documents and resources, contact cal@calbhbc.com

The CA Association of Local Behavioral Health Boards & Commissions (CALBHB/C) supports the work of CA's 59 local mental and behavioral health boards & commissions.

Behavioral Health Recovery Services
Mental Health FY 2021-2022
Budget Summary
Year to Date as of **October 19,2021**

	Program	FY 21-22 Approved Budget	EXPENDITURES					Total Expenditures	REVENUE				Total Revenue	Total Net Cost
			Salaries & Benefits	Services & Supplies	Other Charges	Fixed Assets	Operating Transfers		2011 Realign	1991 Realign	Medi-Cal FFP	Other		
1	Mental Health (Overhead)	(4,024,268)	32,119	17,193	1,885,891		(8,718)	1,926,484		307,372	(1,674,042)	(9,242)	(1,375,912)	3,302,396
2	Administration	737,846	198,766	117,028				315,794				515	515	315,280
3	CalWorks	38,371	29,367	341				29,708					0	29,708
4	Mobile Outreach Program	(41,083)	70,642	1,778				72,420				(70,437)	(70,437)	142,857
5	Adult Services	240,338	36,857	5,522			(6,088)	36,291				63	63	36,228
6	Path Grant	0		2,089				2,089				0	0	2,089
7	SAMHSA Grant	0		19,959				19,959	(80,747)				(80,747)	100,706
8	Mental Health Board	7,130						0				5,981	5,981	(5,981)
9	Business Services	805,465	113,113	2,173				115,285					0	115,285
11	AB109	1,027		4,679				4,679					0	4,679
12	Conservatorship	1,896,328	47,188	14,376	525,713			587,277				4,381	4,381	582,896
13	No Place Like Home Grant							0					0	0
14	QA/QI	506,229	99,265	3,617				102,882				2,647	2,647	100,234
a	Total YTD Expenditures & Revenue		627,316	188,754	2,411,604	0	(14,806)	3,212,869	(80,747)	307,372	(1,674,042)	(66,092)	(1,513,509)	4,726,378
b	FY 2021-2022 Adjusted Budget	167,383	3,771,297	1,667,615	18,769,395	0	(158,340)	24,049,967	6,525,253	3,579,855	10,604,948	3,172,528	23,882,584	167,383
c	Variance		3,143,981	1,478,861	16,357,791	0	(143,534)	20,837,098	6,606,000	3,272,483	12,278,990	3,238,620	25,396,093	(4,558,995)



Mendocino County Behavioral Health and Recovery Services
 Behavioral Health Advisory Board General Ledger
 FY 21/22
 October 19, 2021

ORG	OBJ	ACCOUNT DESCRIPTION	YR/PER/JNL	EFF DATE	AMOUNT	INVOICE #	CHECK #	VENDOR NAME	COMMENT
MHB	862080	FOOD							
		FOOD Total			\$0.00				
		MEMBERSHIPS TOTAL			\$0.00				
MHB	862170	OFFICE EXPENSE							
		OFFICE EXPENSE Total			\$0.00				
		RNTS & LEASES BLD GRD Total			\$0.00				
		TRNSPRTATION & TRAVEL Total			\$0.00				
		TRAVEL & TRSP OUT OF COUNTY Total			\$0.00				
		Grand Total			\$0.00				

Summary of Budget for FY 20/21

OBJ	ACCOUNT DESCRIPTION	Budget Amount	YTD Exp	Remaining Budget
862080	Food	1,000.00	0.00	1,000.00
862150	Memberships	600.00	0.00	600.00
862170	Office Expense	500.00	0.00	500.00
862210	Rents & Leases Bld	30.00	0.00	30.00
862250	In County Travel	3,000.00	0.00	3,000.00
862253	Out of County Travel	2,000.00	0.00	2,000.00
	Total Budget	\$7,130.00	\$0.00	\$7,130.00

Behavioral Health Recovery Services
Mental Health Services Act (MHSA) FY 2021-2022 Budget Summary
Year to Date as of October 19,2021

Program	FY 21-22 Approved Budget	Salaries & Benefits	Services & Supplies	Other Charges	Fixed Assets	Operating Transfers	Total Expenditures	Revenue Prop 63	Other- Revenue	Total Net Cost
Community Services & Support	17,946	87,724	73,816	238,399		(129)	399,810		13,408	386,402
Prevention & Early Intervention	(52,755)	61,238	6,528				67,766		9,796	57,970
Innovation	567,704		10,194				10,194			10,194
Workforce Education & Training	-		(447)				(447)			(447)
Capital Facilities & Tech Needs							-			-
Total YTD Expenditures & Revenue		148,962	90,090	238,399	-	(129)	477,322	-	23,204	454,118
FY 2021-2022 Approved Budget	532,895	689,526	4,415,118	1,532,776	0	(4,131)	6,633,289	(6,100,395)	-	532,894
Variance		540,564	4,325,028	1,294,377	-	(4,002)	6,155,967	(6,100,395)	(23,204)	78,776

Prudent Reserve Balance **1,894,618**

WIC Section 5847 (a)(7) - Establishment & maintenance of a prudent reserve to ensure the county continues to be able to serve during years in which revenues for the Mental Health Services Fund are below recent averages adjusted by changes in the state population and the California Consumer Price Index.

Behavioral Health Recovery Services
 SUDT FY 2021-2022 Budget Summary
 Year to Date as of **October 19, 2021**

	Program	FY 21-22 Approved Budget	EXPENDITURES					Total Expenditures	REVENUE				Total Revenue	Total Net Cost
			Salaries & Benefits	Services and Supplies	Other Charges	Fixed Assets	Operating Transfers		SAPT Block Grant and FDMC	2011 Realign	Medi-Cal FFP	Other		
1	SUDT Overhead	(2,297,294)	17,653	394				18,047	(2,639)			6,533	3,894	14,153
2	County Wide Services	1,415,273	0	4,728				4,728			33,569	(117,973)	(84,404)	89,131
3	Drug Court Services	-	22,956	894				23,851					0	23,851
4	Ukiah Adult Treatment Services	8,445	86,426	5,896			(3,661)	88,661				565	565	88,097
5	Women In Need of Drug Free Opportunities	(1)	20,327	3,130			(1,701)	21,756					0	21,756
6	Family Drug Court	-	44,356	235				44,591					0	44,591
8	Friday Night Live	-	0	389				389				(5,500)	(5,500)	5,889
9	Willits Adult Services	-	3,333					3,333					0	3,333
10	Fort Bragg Adult Services	206,022	64,531	1,396				65,926				70	70	65,856
11	Administration	824,861	108,013	102,066			(1,177)	208,902				3,428	3,428	205,474
12	Adolescent Services	(68,937)	32	60				92					0	92
13	Prevention Services	0	20,557	2,275			(389)	22,443				1,781	1,781	20,662
a	Total YTD Expenditures & Revenue	88,370	388,184	121,463	0	0	(6,928)	502,719	(2,639)	0	33,569	(111,096)	(80,166)	582,886
b	FY 2021-2022 Budget	88,370	2,284,613	2,409,905	0	0	(1,037,852)	3,656,666	1,675,741	736,860	440,130	715,565	3,568,296	88,370
c	Variance	0	1,896,429	2,288,442	0	0	(1,030,924)	3,153,947	1,678,380	736,860	406,561	826,661	3,648,462	(494,516)



Behavioral Health Concepts, Inc.
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Emeryville, CA 94608

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855-385-3776

FY 2020-21 MEDI-CAL SPECIALTY MENTAL HEALTH EXTERNAL QUALITY REVIEW

MENDOCINO MHP FINAL REPORT

Prepared for:

**California Department of
Health Care Services (DHCS)**

Review Dates:

November 9 – 10, 2020

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INTRODUCTION

The United States Department of Health and Human Services (HHS), Centers for Medicare and Medicaid Services (CMS) requires an annual, independent external evaluation of State Medicaid Managed Care Organizations (MCOs) by an External Quality Review Organization (EQRO). External Quality Review (EQR) is the analysis and evaluation by an approved EQRO of aggregate information on access, timeliness, and quality of health care services furnished by Prepaid Inpatient Health Plans (PIHPs) and their contractors to recipients of State Medicaid Managed Care Services. The Code of Federal Regulations (CFR) specifies the requirements for evaluation of Medicaid MCOs (42 CFR, Section 438; Medicaid Program, External Quality Review of Medicaid Managed Care Organizations). These rules require an on-site review, or a desk review, of each Medi-Cal Mental Health Plan (MHP).

In addition to the Federal Medicaid EQR requirements, the California External Quality Review Organization (CalEQRO) also considers the State of California requirements for the MHPs. In compliance with California Senate Bill (SB) 1291 (Section 14717.5 of the Welfare and Institutions Code), the Annual EQR includes specific data for Medi-Cal eligible minor and nonminor dependents in foster care (FC).

The State of California Department of Health Care Services (DHCS) contracts with 56 county Medi-Cal MHPs to provide Medi-Cal covered Specialty Mental Health Services (SMHS) to Medi-Cal beneficiaries under the provisions of Title XIX of the federal Social Security Act.

This report presents the fiscal year (FY) 2020-21 findings of an EQR of the Mendocino MHP by the CalEQRO, Behavioral Health Concepts, Inc. (BHC).

The EQR technical report analyzes and aggregates data from the EQR activities as described below:

MHP Information

MHP Size — Small

MHP Region — Superior

MHP Location — Ukiah

MHP Beneficiaries Served in Calendar Year (CY) 2019 — 2,628

MHP Threshold Language(s) — Spanish

CalEQRO obtained the MHP threshold language information from the DHCS Information Notice (IN) 13-09.

Validation of Performance Measures¹

Both a statewide annual report and this MHP-specific report present the results of CalEQRO's validation of eight mandatory performance measures (PMs) as defined by DHCS and other additional PMs defined by CalEQRO.

Performance Improvement Projects²

Each MHP is required to conduct two Performance Improvement Projects (PIPs)—one clinical and one non-clinical—during the 12 months preceding the review. The PIPs are reviewed in detail later in this report.

MHP Health Information System Capabilities³

Using the Information Systems Capabilities Assessment (ISCA) protocol, CalEQRO reviewed and analyzed the extent to which the MHP meets federal data integrity requirements for Health Information Systems (HIS), as identified in 42 CFR §438.242. This evaluation included a review of the MHP's Electronic Health Records (EHR), Information Technology (IT), claims, outcomes, and other reporting systems and methodologies for calculating PMs.

Network Adequacy

CMS has required all states with Managed Care Plans (MCPs) and PIHPs to implement new rules for Network Adequacy (NA) pursuant to Title 42 of the Code of Federal Regulations (CFR) Part 438.68. In addition, the California State Legislature passed AB 205 to specify how the NA requirements must be implemented in California for MCPs and PIHPs, including the MHPs. The legislation and related DHCS policies and INs assign responsibility to the EQRO for review and validation of the data collected and processed by DHCS related to NA. DHCS identifies the following three main components for EQRO to review and verify: Out of Network Access (ONA), Alternative Access Standard (AAS) and Rendering Provider National Provider Identifier (NPI) taxonomy as assigned in National Plan and Provider Enumeration System (NPPES).

¹ Department of Health and Human Services. Centers for Medicare and Medicaid Services (2019). Protocol 2. Validation of Performance Measures: A Mandatory EQR-Related Activity, October 2019. Washington, DC: Author.

² Department of Health and Human Services. Centers for Medicare and Medicaid Services (2019). Protocol 2. Validation of Performance Improvement Projects: A Mandatory EQR-Related Activity, October 2019. Washington, DC: Author.

³ Department of Health and Human Services. Centers for Medicare and Medicaid Services (2019). Appendix A. Information Systems Capabilities Assessment, October 2019. Washington, DC: Author.

DHCS produced a detailed description and set of requirements for each type of MCP and MHP related to NA requirements. CalEQRO followed these requirements in reviewing each of the MHPs. All MHPs submitted detailed information on their provider networks in April of 2020 per the requirements of DHCS IN 20-012 on the Network Adequacy Certification Tool (NACT) form. DHCS will review these forms to determine if the provider networks met required time and distance standards, as well as timeliness standards, for essential mental health services and psychiatry services to youth and adults. If these standards are not met, DHCS will require the MHP to improve the network to meet the standards or submit an application for an AAS. If approved by DHCS, these will be reviewed by CalEQRO as part of their annual quality review process with a structured protocol to assess access and timeliness and validation of the AAS and any plan of correction or improvement of the services to Medi-Cal recipients living in the zip codes requiring an AAS.

CalEQRO reviews the NACT provider files, maps of clinics closest to the AAS zip codes, and distances to the closest providers by type and population. If there is no provider within the time or distance standard, the MHP shall develop and propose an AAS plan, and access to any alternative providers who might become Medi-Cal certified for the MHP. The MHP shall submit a plan of correction addressing the needs to meet the AAS.

CalEQRO will verify and report if an MHP can meet the time and distance standards with its provider distribution. As part of its scope of work for evaluating the accessibility of services, CalEQRO will review grievance and complaint log reports, facilitate beneficiary focus groups, review claims and other performance data, and review DHCS-approved corrective action plans.

Validation of State and MHP Beneficiary Satisfaction Surveys

CalEQRO examined available beneficiary satisfaction surveys conducted by DHCS, the MHP, or its subcontractors.

CalEQRO also conducted 90-minute focus groups with beneficiaries and family members to obtain direct qualitative evidence from beneficiaries.

Review of Recommendations and Assessment of MHP Strengths and Opportunities

The CalEQRO review draws upon prior years' findings, including sustained strengths, opportunities for improvement, and actions in response to recommendations. Other findings in this report include:

- Changes, progress, or milestones in the MHP’s approach to performance management—emphasizing utilization of data, specific reports, and activities designed to manage and improve quality.
- Ratings for key components associated with the following five domains: access to care, timeliness of services, quality of care, beneficiary progress/outcomes, and structure and operations. Submitted documentation as well as interviews with a variety of key staff, contracted providers, advisory groups, beneficiaries, and other stakeholders inform the evaluation of the MHP’s performance within these domains. Detailed definitions for each of the review criteria can be found on the CalEQRO website, www.caleqro.com.

PRIOR YEAR REVIEW FINDINGS, FY 2019-20

In this section, the status of last year's (FY 2019-20) recommendations are presented, as well as changes within the MHP's environment since its last review.

Status of FY 2019-20 Review of Recommendations

In the FY 2019-20 site review report, the CalEQRO made several recommendations for improvements in the MHP's programmatic and/or operational areas. During the FY 2020-21 virtual site review, CalEQRO reviewed the status of those FY 2019-20 recommendations with the MHP. The findings are summarized below.

Assignment of Ratings

Met is assigned when the identified issue has been resolved.

Partially Met is assigned when the MHP has either:

- Made clear plans and is in the early stages of initiating activities to address the recommendation; or
- Addressed some but not all aspects of the recommendation or related issues.

Not Met is assigned when the MHP performed no meaningful activities to address the recommendation or associated issues.

Recommendations from FY 2019-20

PIP Recommendations

Recommendation 1: The MHP is encouraged to select a clinical PIP as soon as possible and begin working on the design and execution.

Status: Met

- The MHP chose a new clinical PIP topic in September 2019 and spent the following five months training staff and developing the details of the PIP. The interventions began in March 2020.
- Due to administrative delays in finalizing the FY 2019-20 report, the MHP had a relatively brief window between receipt of the final FY 2019-20 report and the due date for submissions for the FY 2020-21 review to address the recommendations.

- The MHP is encouraged to seek frequent technical assistance from EQRO in the coming year to support PIP activity.

Recommendation 2: Use of ongoing technical assistance (TA) from the EQRO is highly recommended.

Status: Not Met

- The MHP did not use TA from the EQRO during the year.
- During this review, the MHP agreed to contact the EQRO promptly for TA on both PIPs.

Access Recommendations

Recommendation 3: Assess user-ease of the MHP's website to identify modifications that would support user-friendly access to critical information.

Status: Met

- The MHP worked with beneficiaries through the Behavioral Health Advisory Board to evaluate user ease of the website; and while the suggestion was again offered by stakeholders during this review, the website has been updated and is much more user-friendly.

Recommendation 4: Ensure that locations of wellness centers are easily found on the website.

Status: Met

- A link to the locations of the wellness centers is now easily found on the site.

Timeliness Recommendations

Recommendation 5: Track time from assessment to first follow-up appointment.

Status: Met

- The MHP provided evidence of timeliness reports that include this metric.

Recommendation 6: Track frequency of appointments relative to treatment plans.

Status: Met

- This metric is used for chart reviews and utilization audits.

Recommendation 7: Investigate outliers in data on timeliness for first kept psychiatry appointments and ensure the service delivery process is working as intended.

Status: Met

- The MHP and Redwood Quality Management Company (RQMC), the administrative services organization (ASO), have multiple meetings per month during which they discuss timeliness and utilization at both a system- and individual-level. Outliers are always noted and discussed. The MHP provided evidence of the reports and agendas that reflect this activity.

Quality Recommendations

Recommendation 8: In Quality Assurance/Quality Improvement (QA/QI) and Cultural Diversity Committee(CDC) minutes, identify participants' roles in the system and evaluate the effectiveness of strategies to increase participation.

Status: Met

- Minutes reflect identification of participant roles and organizations
- The MHP provided evidence of discussions in multiple venues related to attendance, including with beneficiaries.
- The final CDC meeting of the fiscal year was held virtually and was the best attended of the year.

Recommendation 9: Analyze those data on high cost beneficiaries that indicate a trend in increased penetration and cost to ascertain appropriateness of services and/or any warranted changes in service delivery.

Status: Met

- The MHP continually reviews appropriateness of care and looked at high cost beneficiaries specifically. They identified specific individuals as well as utilization changes related to RQMC's assumption of all medication services.

Recommendation 10: Take any indicated action based on the analysis of high cost beneficiaries.

Status: Met

- The ASO has taken steps to refer high cost beneficiaries to the Whole Person Care (WPC) program and has opened crisis respite housing options in partnership with local providers.
- The MHP is building a crisis residential treatment facility they plan to open in November 2021.
- Both the penetration rate and percent of service dollars for high cost beneficiaries dropped significantly in CY 2019-20 from CY 2018-19.

Recommendation 11: Conduct training or in-service that reinforces beneficiary input and collaboration in treatment planning for all psychiatric providers. *(This is a carry-over recommendation from FY 2018-19.)*

Status: Met

- Stakeholders reported that the new medical director has placed an increased focus on beneficiary input, and clinical notes now more frequently include beneficiary preferences (whether accommodated or not).
- Review participants reported no knowledge of collaborative documentation or treatment planning training in the last year.
- The ASO reported having rolled out a collaborative documentation training for their direct service and contractor clinical staff; however, they acknowledged an inconsistent focus on this new strategy. Discussion during the review generated renewed commitment by the ASO to focus on this initiative and elevate its importance in trainings and meetings.
- There was a general consensus that beneficiaries felt they participate in their treatment planning.

Beneficiary Outcomes Recommendations

Recommendation 12: Ensure that results of the beneficiary satisfaction surveys are well-publicized, and that appropriate committees document and share the analyses, including trends over multiple years and quality improvement (QI) initiatives resulting from consideration of the results.

Status: Met

- The MHP reported that the results of the Consumer Perception Survey (CPS) were not made available to the MHP this year. The latest report is 18 months old, and the survey was cancelled this past spring.
- The MHP attempted to do a survey of its own but got few responses.

- With the change in the CPS state-level contract, it is expected that the surveys will return to a predictable schedule once face to face services begin again and that they will yield analyses that will be helpful to MHPs for QI purposes. This recommendation will not be carried forward.

Foster Care Recommendations

Recommendation 13: Brainstorm with Child Welfare Services (CWS) regarding the plan to fill the vacant positions and re-design the tracking process that ensures that all sub-class members are identified and receiving services consistent with the Core Practice Model (CPM).

Status: Met

- The MHP began working with CWS to develop a more effective tracking system; however, they have not consistently applied the new process due to COVID-19.
- Weekly interagency meetings that include probation, education, Family and Children's Services and other stakeholders, as well as the Multi-Agency Committee (MAC) that includes all children's services contractors, review level of care (LOC) and service appropriateness for children in the system, including ensuring that required Child and Family Teams (CFTs) occur.

Recommendation 14: Focus a utilization management (UM) review on foster youth re-hospitalizations, and document and track any plans developed to address the elevated rate at a system level.

Status: Met

- The MHP reviewed these data and identified reasons for the elevated rate. Fewer available Short Term Residential Treatment Program (STRTP) beds and higher acuity has resulted in youth cycling in and out of inpatient services.
- In addition, the rate is based on fewer admissions; in FY 2019-20, only three foster care youth were re-hospitalized, which is a reduction from six in FY 2018-19.

Recommendation 15: Prioritize development of a comprehensive QA/QI system to monitor medication administration per SB 1291, including tracking and trending performance to identify practice improvement opportunities.

Status: Partially Met

- While chart reviews are conducted quarterly by a licensed pharmacist, and the MHP indicated on a checklist that they track SB 1291 and other

Healthcare Effectiveness Data and Information Set (HEDIS) measures, no evidence was provided of that specific tracking.

- During the review, the medical staff acknowledged the need to develop a more comprehensive monitoring and QI system with respect to medication administration practices.

Information Systems Recommendations

Recommendation 16: Install security in both systems that has the capacity to prohibit the use of thumb drives to upload or download data.

Status: Met

- While the MHP has not implemented security to prohibit thumb drive usage, staff have been informed that thumb drives are not be used to upload or download client information.
- The MHP also reported that thumb drives are rarely used by administrative staff, and in such cases are password-protected.

Structure and Operations Recommendations

Recommendation 17: Analyze Mendocino's Provider File to determine which provider's National Provider Identifier (NPI) is not setup correctly and is blocking Medi-Cal billing.

Status: Met

- The MHP is unaware of any issue with the Provider File and/or Avatar billing system issue that is blocking Medi-Cal billing. It is part of the normal operating process of the MHP's Fiscal Department to review, check, and fix claim errors.
- The MHP will review CalEQRO's Network Adequacy document, discussed at the review, which highlights six NPI exception and outlier conditions.

Recommendation 18: Correct the Provider File and/or Avatar billing system; use void/replace transactions to correct the condition.

Status: Met

- The MHP is unaware of an issue with the Provider File and/or Avatar billing system issue.

Recommendation 19: Address the attendance problem at CDC.

Status: Met

- This recommendation duplicates number eight above in Quality.

PERFORMANCE MEASURES

CalEQRO is required to validate the following eight mandatory PMs as defined by DHCS:

- Total beneficiaries served by each county MHP.
- Penetration rates in each county MHP.
- Total costs per beneficiary served by each county MHP.
- High-Cost Beneficiaries (HCBs) incurring \$30,000 or higher in approved claims during a CY.
- Count of Therapeutic Behavioral Services (TBS) beneficiaries served compared to the 4 percent Emily Q. Benchmark (not included in MHP reports; this information is included in the Annual Statewide Report submitted to DHCS).
- Total psychiatric inpatient hospital episodes, costs, and average length of stay (LOS).
- Psychiatric inpatient hospital 7-day and 30-day rehospitalization rates.
- Post-psychiatric inpatient hospital 7-day and 30-day SMHS follow-up service rates.

In addition, CalEQRO examines the following SB 1291 PMs (Chapter 844; Statutes of 2016) for each MHP:⁴

⁴ Public Information Links to SB 1291 and foster care specific data requirements:

1. Senate Bill (SB) 1291 (Chapter 844). This statute would require annual mental health plan reviews to be conducted by an EQRO and, commencing July 1, 2018, would require those reviews to include specific data for Medi-Cal eligible minor and nonminor dependents in foster care, including the number of Medi-Cal eligible minor and nonminor dependents in foster care served each year. The bill would require the department to share data with county boards of supervisors, including data that will assist in the development of mental health service plans and performance outcome system data and metrics, as specified. More information can be found at http://www.leginfo.ca.gov/pub/15-16/bill/sen/sb_1251-1300/sb_1291_bill_20160929_chaptered.pdf

2. EPSDT POS Data Dashboards:
<http://www.dhcs.ca.gov/provgovpart/pos/Pages/Performance-Outcomes-System-Reports-and-Measures-Catalog.aspx>

3. Psychotropic Medication and HEDIS Measures:
http://cssr.berkeley.edu/ucb_childwelfare/ReportDefault.aspx includes:

- The number of Medi-Cal eligible minor and nonminor dependents.
- Types of mental health services provided to children, including prevention and treatment services. These types of services may include, but are not limited to: screenings, assessments, home-based mental health services, outpatient services, day treatment services or inpatient services, psychiatric hospitalizations, crisis interventions, case management, and psychotropic medication support services.
- Performance data for Medi-Cal eligible minor and nonminor dependents in FC.
- Utilization data for Medi-Cal eligible minor and nonminor dependents in FC.
- Medication monitoring consistent with the child welfare psychotropic medication measures developed by the State Department of Social Services and any Healthcare Effectiveness Data and Information Set (HEDIS) measures related to psychotropic medications, including, but not limited to, the following:
 - Follow-Up Care for Children Prescribed Attention Deficit Hyperactivity Disorder Medication (HEDIS ADD).
 - Use of Multiple Concurrent Antipsychotics in Children and Adolescents (HEDIS APC).

-
- 5A (1&2) Use of Psychotropic Medications
 - 5C Use of Multiple Concurrent Psychotropic Medications
 - 5D Ongoing Metabolic Monitoring for Children on Antipsychotic Medications New Measure

<http://www.dhcs.ca.gov/dataandstats/Pages/Quality-of-Care-Measures-in-Foster-Care.aspx>

4. Assembly Bill (AB) 1299 (Chapter 603; Statutes of 2016). This statute pertains to children and youth in foster care and ensures that foster children who are placed outside of their county of original jurisdiction, are able to access mental health services in a timely manner consistent with their individualized strengths and needs and the requirements of EPSDT program standards and requirements. This process is defined as presumptive transfer as it transfers the responsibility to provide or arrange for mental health services to a foster child from the county of original jurisdiction to the county in which the foster child resides. More information can be found at http://www.leginfo.ca.gov/pub/15-16/bill/asm/ab_1251-1300/ab_1299_bill_20160925_chaptered.pdf

5. *Katie A. v. Bonta*:

The plaintiffs filed a class action suit on July 18, 2002, alleging violations of federal Medicaid laws, the American with Disabilities Act, Section 504 of the Rehabilitation Act and California Government Code Section 11135. The suit sought to improve the provision of mental health and supportive services for children and youth in, or at imminent risk of placement in, foster care in California. More information can be found at <https://www.cdss.ca.gov/inforesources/foster-care/pathways-to-well-being>.

- Use of First-Line Psychosocial Care for Children and Adolescents on Antipsychotics (HEDIS APP).
- Metabolic Monitoring for Children and Adolescents on Antipsychotics (HEDIS APM).
- Access to, and timeliness of, mental health services, as described in Sections 1300.67.2, 1300.67.2.1, and 1300.67.2.2 of Title 28 of the California Code of Regulations and consistent with Section 438.206 of Title 42 of the Code of Federal Regulations, available to Medi-Cal eligible minor and nonminor dependents in FC.
- Quality of mental health services available to Medi-Cal eligible minor and nonminor dependents in FC.
- Translation and interpretation services, consistent with Section 438.10(c)(4) and (5) of Title 42 of the Code of Federal Regulations and Section 1810.410 of Title 9 of the California Code of Regulations, available to Medi-Cal eligible minor and nonminor dependents in FC.

Health Information Portability and Accountability Act (HIPAA) Suppression Disclosure

Values are suppressed to protect confidentiality of the individuals summarized in the data sets when the beneficiary count is less than or equal to 11 (*). Additionally, suppression may be required to prevent calculation of initially suppressed data; corresponding penetration rate percentages (n/a); and cells containing zero, missing data or dollar amounts (-).

Total Beneficiaries Served

Table 1 provides details on beneficiaries served by race/ethnicity.

Table 1: County Medi-Cal Beneficiaries and Those Served by the MHP in CY 2019 by Race/Ethnicity

Mendocino MHP				
Race/Ethnicity	Average Monthly Unduplicated Medi-Cal Beneficiaries	Percentage of Medi-Cal Beneficiaries	Unduplicated Annual Count of Beneficiaries Served by the MHP	Percentage of Beneficiaries Served by the MHP
White	21,198	50.9%	1,664	63.3%
Latino/Hispanic	13,135	31.5%	502	19.1%
African-American	406	1.0%	41	1.6%
Asian/Pacific Islander	735	1.8%	17	0.6%
Native American	2,188	5.3%	167	6.4%
Other	3,974	9.5%	237	9.0%
Total	41,635	100%	2,628	100%
The total for Average Monthly Unduplicated Medi-Cal Enrollees is not a direct sum of the averages above it. The averages are calculated independently.				

Table 2 provides details on beneficiaries served by threshold language.

Table 2: Beneficiaries Served by the MHP in CY 2019 by Threshold Language

Mendocino MHP		
Threshold Language	Unduplicated Annual Count of Beneficiaries Served by the MHP	Percentage of Beneficiaries Served by the MHP
Spanish	190	7.2%
Other Languages	2,438	92.8%
Total	2,628	100%
Threshold language source: DHCS Information Notice 13-09.		
Other Languages include English		

Penetration Rates and Approved Claims per Beneficiary

The penetration rate is calculated by dividing the number of unduplicated beneficiaries served by the monthly average Medi-Cal enrollee count. The annual average approved claims per beneficiary (ACB) served is calculated by dividing the total annual Medi-Cal approved claim dollars by the unduplicated number of Medi-Cal beneficiaries served during the corresponding year.

CalEQRO has incorporated the Affordable Care Act (ACA) Expansion data in the total Medi-Cal enrollees and beneficiaries served. Attachment C provides further ACA-specific utilization and performance data for CY 2019. See Table C1 for the CY 2019 ACA penetration rate and ACB.

Regarding the calculation of penetration rates, the Mendocino MHP uses the same method used by CalEQRO. Figures 1 and 2 show three-year (CY 2017-19) trends of the MHP’s overall penetration rates and ACB, compared to both the statewide average and the average for small MHPs.

Figure 1: Overall Penetration Rates CY 2017-19

Mendocino MHP

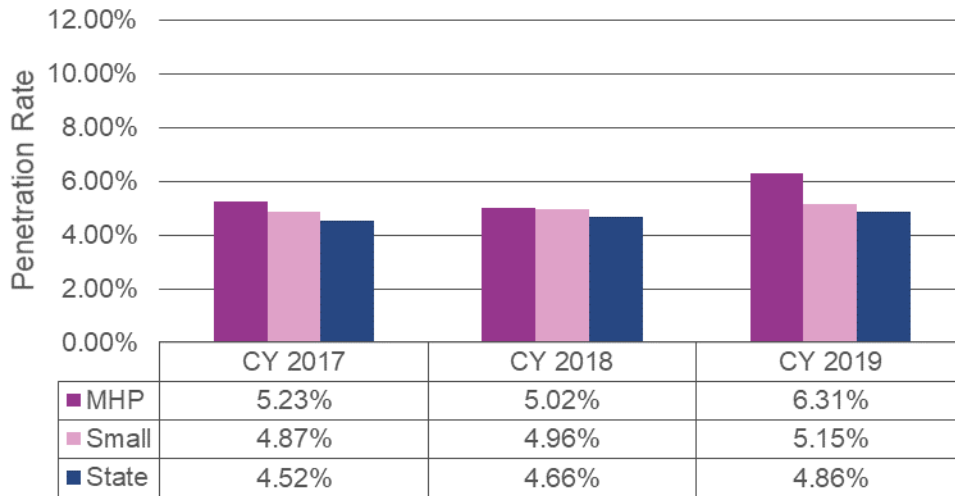
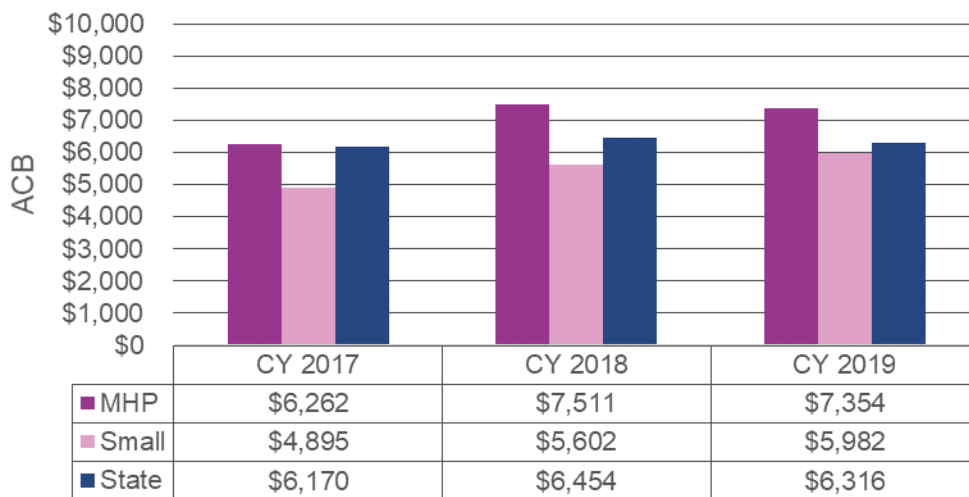


Figure 2: Overall ACB CY 2017-19

Mendocino MHP



Figures 3 and 4 show three-year (CY 2017-19) trends of the MHP’s Latino/Hispanic penetration rates and ACB, compared to both the statewide average and the average for small MHPs.

Figure 3: Latino/Hispanic Penetration Rates CY 2017-19

Mendocino MHP

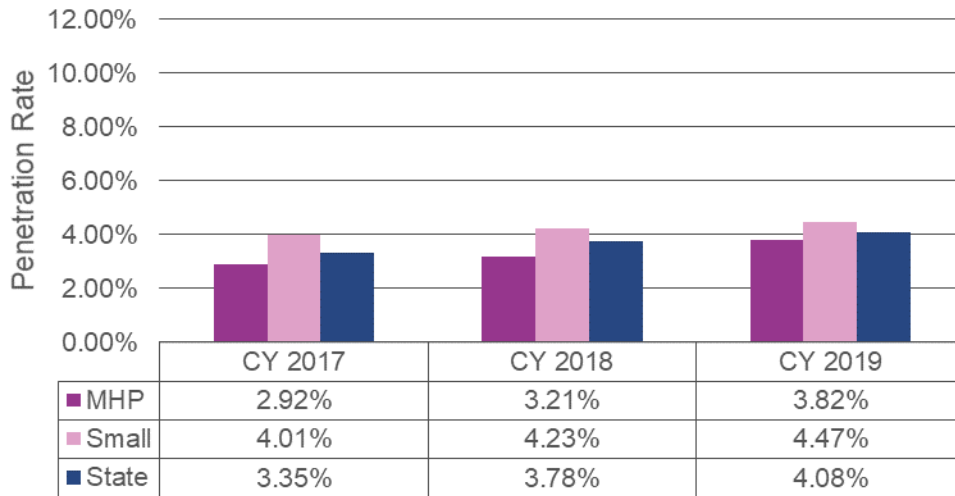
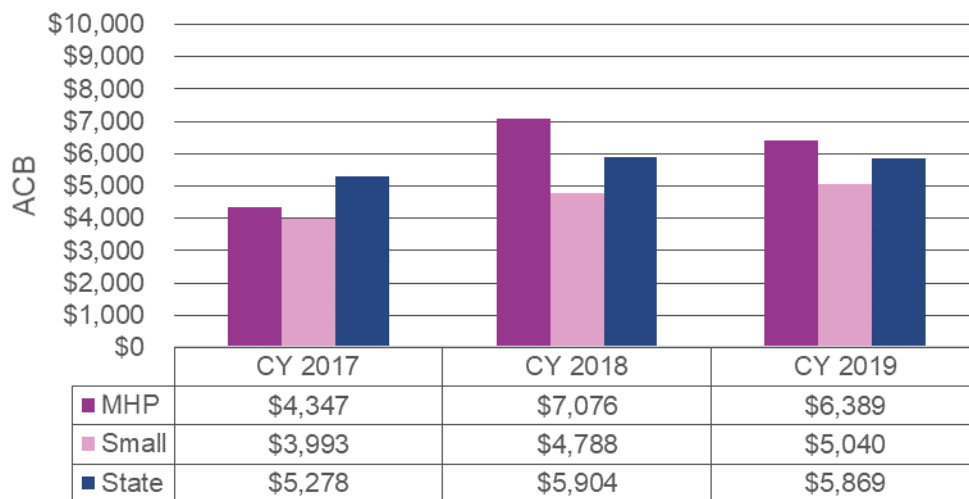


Figure 4: Latino/Hispanic ACB CY 2017-19

Mendocino MHP



Figures 5 and 6 show three-year (CY 2017-19) trends of the MHP’s FC penetration rates and ACB, compared to both the statewide average and the average for small MHPs.

Figure 5: FC Penetration Rates CY 2017-19

Mendocino MHP

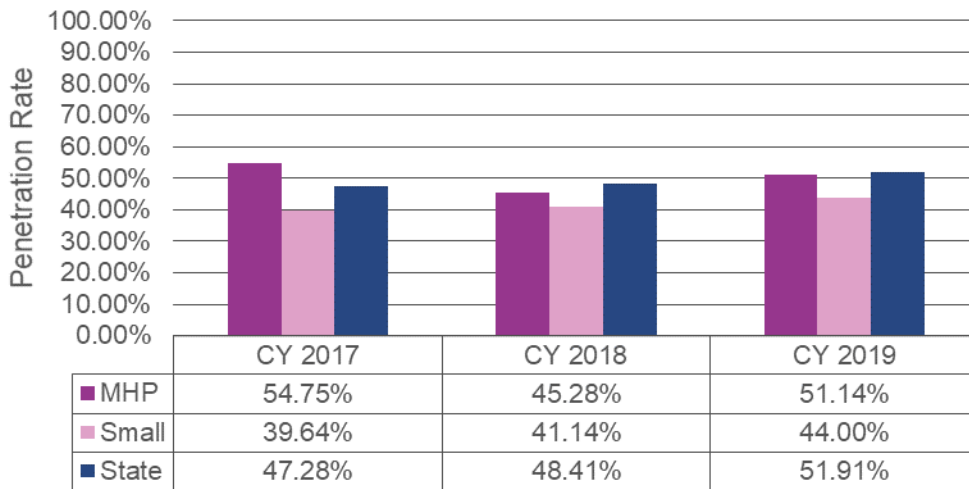
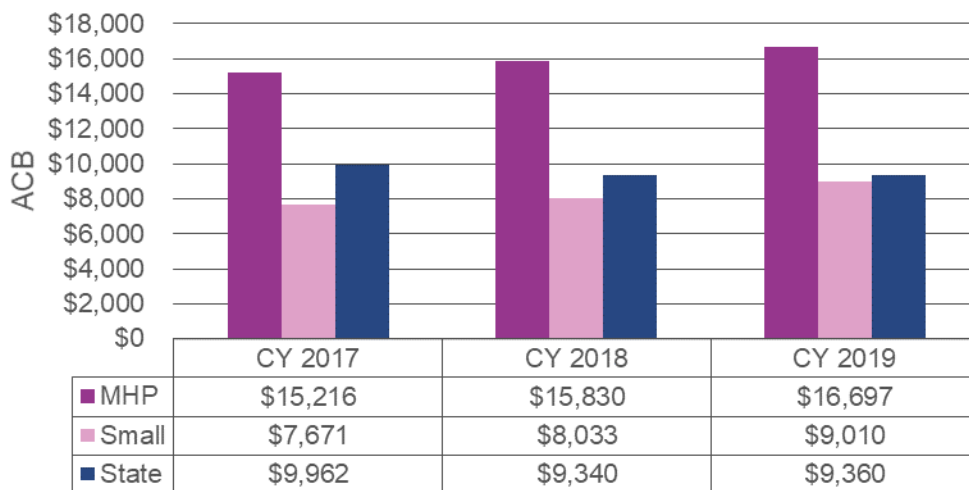


Figure 6: FC ACB CY 2017-19

Mendocino MHP



Diagnostic Categories

Figures 7 and 8 compare statewide and MHP diagnostic categories by the number of beneficiaries served and total approved claims, respectively, for CY 2019.

Figure 7: Diagnostic Categories by Percentage of Beneficiaries CY 2019

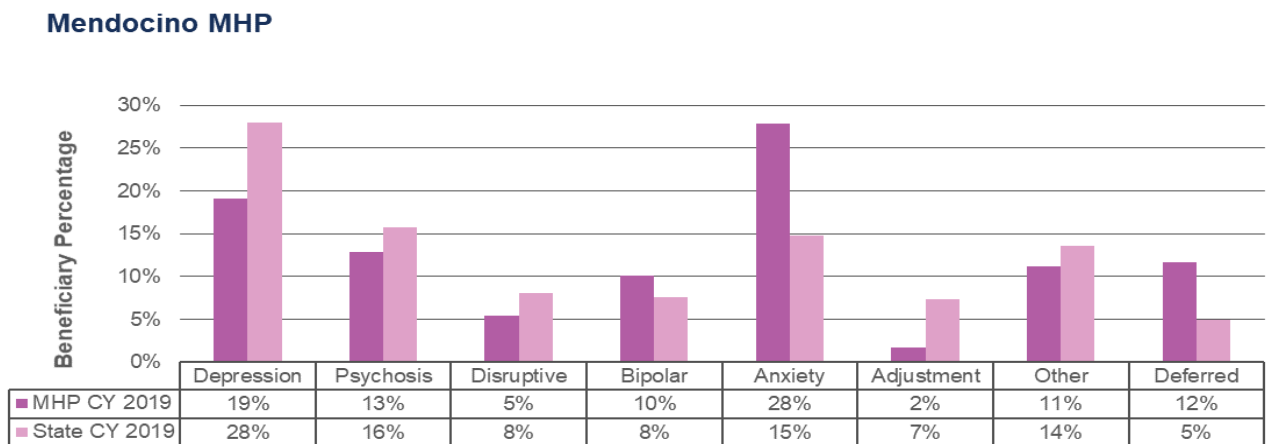
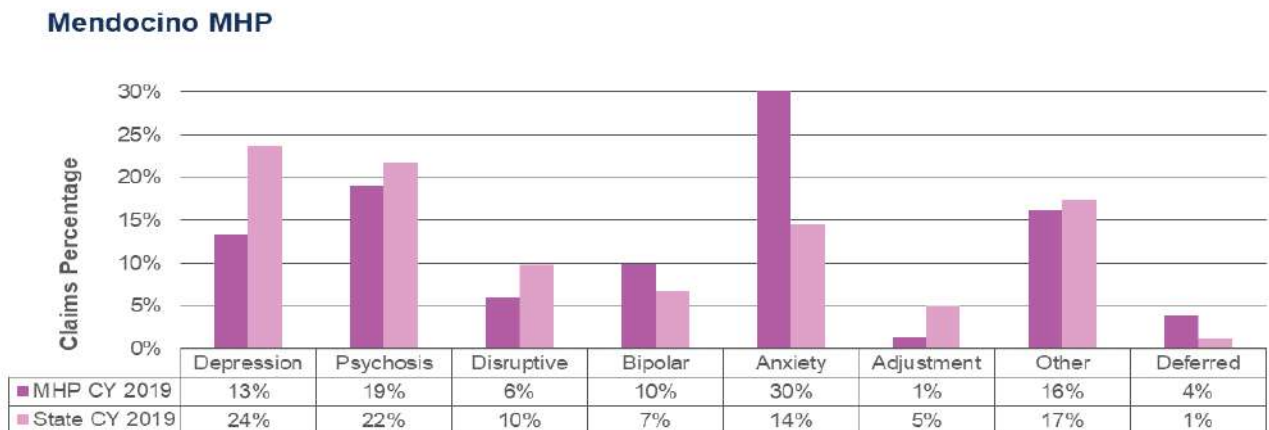


Figure 8: Diagnostic Categories by Percentage of Approved Claims CY 2019



High-Cost Beneficiaries

Table 3 provides a three-year summary (CY 2017-19) of HCB trends for the MHP and compares the MHP's CY 2019 HCB data with the corresponding statewide data. HCBs in this table are identified as those with approved claims of more than \$30,000 in a year.

Table 3: High-Cost Beneficiaries CY 2017-19

Mendocino MHP							
	Year	HCB Count	Total Beneficiary Count	HCB % by Count	Average Approved Claims per HCB	HCB Total Claims	HCB % by Total Claims
Statewide	CY 2019	21,904	627,928	3.49%	\$51,883	\$1,136,453,763	28.65%
MHP	CY 2019	120	2,628	4.57%	\$53,631	\$6,435,718	33.30%
	CY 2018	116	2,184	5.31%	\$59,320	\$6,881,095	41.94%
	CY 2017	83	2,223	3.73%	\$54,272	\$4,504,553	32.36%

See Attachment C, Table C2 for the distribution of the MHP beneficiaries served by ACB range for three cost categories: under \$20,000; \$20,000 to \$30,000; and above \$30,000.

Psychiatric Inpatient Utilization

Table 4 provides a three-year summary (CY 2017-19) of MHP psychiatric inpatient utilization including beneficiary count, admission count, approved claims, and LOS.

Table 4: Psychiatric Inpatient Utilization CY 2017-19

Mendocino MHP							
Year	Unique Beneficiary Count	Total Inpatient Admissions	MHP Average LOS in Days	Statewide Average LOS in Days	MHP ACB	Statewide ACB	Total Approved Claims
CY 2019	286	535	8.63	7.80	\$12,197	\$10,535	\$3,488,376
CY 2018	264	489	8.53	7.63	\$17,214	\$9,772	\$4,544,538
CY 2017	248	548	7.92	7.36	\$11,734	\$9,737	\$2,910,108

Post-Psychiatric Inpatient Follow-Up and Rehospitalization

Figures 9 and 10 show the statewide and MHP 7-day and 30-day post-psychiatric inpatient follow-up and rehospitalization rates for CY 2018-19.

Figure 9: 7-Day Post Psychiatric Inpatient Follow-up CY 2018-19

Mendocino MHP

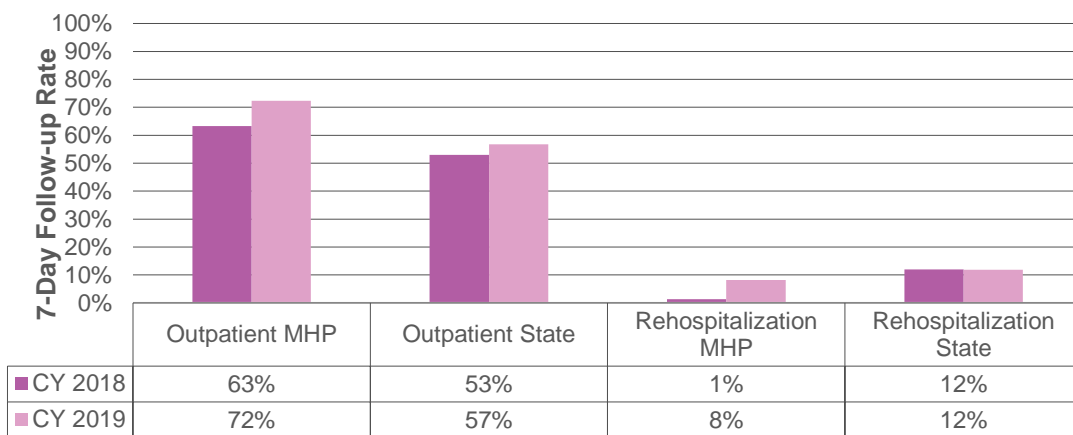
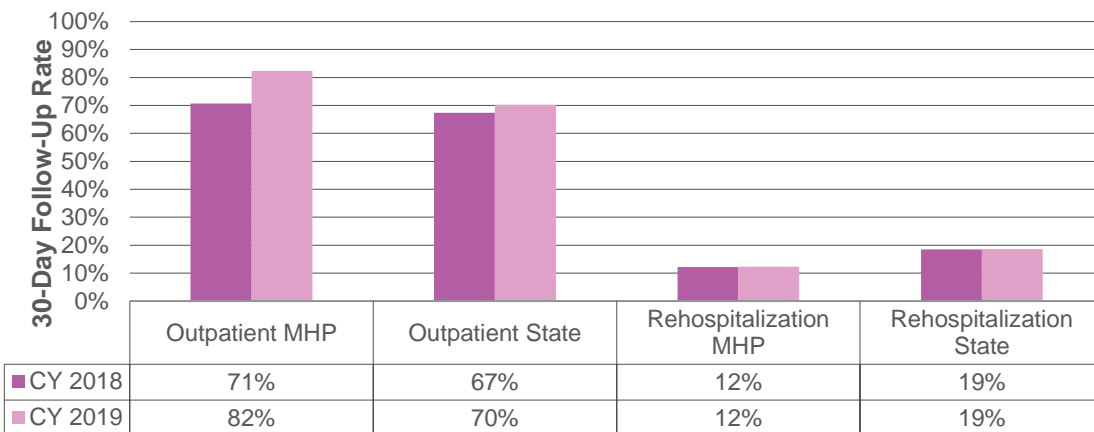


Figure 10: 30-Day Post Psychiatric Inpatient Follow-up CY 2018-19

Mendocino MHP



PERFORMANCE IMPROVEMENT PROJECT VALIDATION

A PIP is defined by CMS as “a project designed to assess and improve processes and outcomes of care that is designed, conducted, and reported in a methodologically sound manner.” CMS’ EQR Protocol 1: Validating Performance Improvement Projects mandates that the EQRO validate one clinical and one non-clinical PIP for each MHP that were initiated, underway, or completed during the reporting year, or featured some combination of these three stages.

Mendocino MHP PIPs Identified for Validation

Each MHP is required to conduct two PIPs during the 12 months preceding the review. CalEQRO reviewed two PIPs and validated one PIP, as shown below.

Title 42, CFR, §438.330 requires two PIPs; the MHP is urged to meet this requirement going forward.

Table 5 : PIPs Submitted by Mendocino MHP

PIPs for Validation	Number of PIPs	PIP Titles
Clinical	1	Treatment of Anxiety Disorders in Adults
Non-Clinical	1	Appropriate Engagement for Homeless SMH Clients in Ukiah

Clinical PIP

Table 6: General PIP Information – Clinical PIP

MHP Name	Mendocino
PIP Title	Treatment of Anxiety Disorders in Adults
PIP Aim Statement	“Will consistent focused use of short term intensive evidence-based anxiety treatments, over a 4 month period, with adult SMI clients diagnosed with any anxiety disorder, lead to a reduction in anxiety symptoms as reflected in GAD-7 and ANSA scores.”
Was the PIP state-mandated, collaborative, statewide, or MHP choice? (check all that apply):	

MHP Name	Mendocino
<input type="checkbox"/> State-mandated (state required MHP to conduct PIP on this specific topic) <input type="checkbox"/> Collaborative (multiple MHPs or MHP and DMC-ODS worked together during planning or implementation phases) <input checked="" type="checkbox"/> MHP choice (state allowed MHP to identify the PIP topic)	
Target age group (check one): n/a <input type="checkbox"/> Children only (ages 0-17)* <input checked="" type="checkbox"/> Adults only (age 18 and above) <input type="checkbox"/> Both Adults and Children *If PIP uses different age threshold for children, specify age range here:	
Target population description, such as specific diagnosis (please specify): The MHP defined the population as adult SMI clients, with any anxiety disorder, receiving services through Redwood Community Services' Stepping Stones facility (a transitional housing program for the TAY population).	

Table 7: Improvement Strategies or Interventions – Clinical PIP

PIP Interventions (Changes tested in the PIP)
Member-focused interventions (member interventions are those aimed at changing member practices or behaviors, such as financial or non-financial incentives, education, and outreach): n/a
Provider-focused interventions (provider interventions are those aimed at changing provider practices or behaviors, such as financial or non-financial incentives, education, and outreach): The MHP implemented an Evidence-Based Practice (EBP), specifically two elements of Cognitive Behavioral Therapy (CBT), that has been shown to have a positive impact on anxiety.
MHP/DMC-ODS-focused interventions/system changes (MHP/DMC-ODS/system change interventions are aimed at changing MHP/DMC-ODS operations; they may include new programs, practices, or infrastructure, such as new patient registries or data tools): n/a

Table 8: Performance Measures and Results – Clinical PIP

Performance Measures	Baseline Year	Baseline Sample Size and Rate	Most Recent Remeasurement Year	Most Recent Remeasurement Sample Size and Rate (if applicable)	Demonstrated Performance Improvement	Statistically Significant Change in Performance
Percentage of adult clients with reduced ANSA scores	80%	28 of 35	2019-2020		<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No p-value: <input type="checkbox"/> <.01 <input checked="" type="checkbox"/> <.05 Other (specify):
Percentage of reduced GAD-7 scores	71%	25 of 35	2019-2020		<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No p-value: <input type="checkbox"/> <.01 <input checked="" type="checkbox"/> <.05 Other (specify):
Was the PIP validated?					<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
Validation phase: <input type="checkbox"/> PIP submitted for approval <input type="checkbox"/> Planning phase <input checked="" type="checkbox"/> Implementation phase <input type="checkbox"/> Baseline year <input type="checkbox"/> First remeasurement						

Performance Measures	Baseline Year	Baseline Sample Size and Rate	Most Recent Remeasurement Year	Most Recent Remeasurement Sample Size and Rate (if applicable)	Demonstrated Performance Improvement	Statistically Significant Change in Performance
<input type="checkbox"/> Second remeasurement <input type="checkbox"/> Other (specify):						
<p>Validation rating: n/a</p> <input type="checkbox"/> High confidence <input checked="" type="checkbox"/> Moderate confidence <input type="checkbox"/> Low confidence <input type="checkbox"/> No confidence						
<p>The MHP showed improvement over the 4-month period during which this PIP was implemented. However, the population that received the intervention was small and the likelihood of the same results if/when this is implemented throughout the MHP is still in question.</p> <p>“Validation rating” refers to the EQRO’s overall confidence that the PIP adhered to acceptable methodology for all phases of design and data collection, conducted accurate data analysis and interpretation of PIP results, and produced significant evidence of improvement.</p> <p>EQRO recommendations for improvement of PIP:</p> <ul style="list-style-type: none"> • The MHP should participate in EQRO technical assistance (TA). Although the MHP implemented part of an Evidence Based Practice (EBP), it did not implement the entire EBP, calling in to question the validity of the implementation. • The MHP agreed to develop a new clinical PIP and to use EQRO technical assistance (TA) as they consider topics and plans. 						
<p>The TA provided to the MHP by CalEQRO consisted of:</p> <ul style="list-style-type: none"> • Discussion during the review focused on the MHP’s actual intent, which was to promote increased use of an EBP among the contracted providers. The EQRO would like to see more focus on implementation of PIPs from the perspective of the beneficiary. The MHP should focus on the benefits that the PIP brings to the beneficiary, not just to the MHP itself. • As designed, the initiative functioned to re-validate an existing EBP. • The MHP was encouraged to review data related to clinical/quality of life measures to identify improvement opportunities. 						

*PIP is in planning and implementation phase if n/a is checked.

Non-clinical PIP

Table 9: General PIP Information – Non-Clinical PIP

MHP Name	Mendocino
PIP Title	Appropriate Engagement for Homeless SMH Clients in Ukiah
PIP Aim Statement	<p>“Can increased connection through a “warm handoff” improve the following among homeless clients with SMI:</p> <ol style="list-style-type: none"> 1. Decreased amount of time from “warm handoff”/crisis contact to first outpatient contact (increased access to services) 2. Increase the number of outpatient services utilized (increased engagement)?”
<p>Was the PIP state-mandated, collaborative, statewide, or MHP choice? (check all that apply)</p> <p><input type="checkbox"/> State-mandated (state required MHP to conduct PIP on this specific topic)</p> <p><input type="checkbox"/> Collaborative (multiple MHPs or MHP and DMC-ODS worked together during planning or implementation phases)</p> <p><input checked="" type="checkbox"/> MHP choice (state allowed MHP to identify the PIP topic)</p>	
<p>Target age group (check one):</p> <p><input type="checkbox"/> Children only (ages 0-17)*</p> <p><input checked="" type="checkbox"/> Adults only (age 18 and above)</p> <p><input type="checkbox"/> Both Adults and Children</p> <p>*If PIP uses different age threshold for children, specify age range here:</p>	
<p>Target population description, such as specific diagnosis (please specify):</p> <p>The study included all adult homeless persons with either Medi-Cal or Indigent status, who accessed crisis or inpatient services.</p>	

Table 10: Improvement Strategies or Interventions – Non-Clinical PIP

PIP Interventions (Changes tested in the PIP)
<p>Member-focused interventions (member interventions are those aimed at changing member practices or behaviors, such as financial or non-financial incentives, education, and outreach):</p> <p>None</p>
<p>Provider-focused interventions (provider interventions are those aimed at changing provider practices or behaviors, such as financial or non-financial incentives, education, and outreach):</p> <p>The sole intervention was implementation of a “warm handoff” to a community mental health provider at the time of the person’s exit interview at Redwood Community Crisis Center post-discharge from inpatient or following use of community-based crisis services.</p>
<p>MHP/DMC-ODS-focused interventions/system changes (MHP/DMC-ODS/system change interventions are aimed at changing MHP/DMC-ODS operations; they may include new programs, practices, or infrastructure, such as new patient registries or data tools):</p> <p>None</p>

Table 11: Performance Measures and Results – Non-Clinical PIP

Performance Measures	Baseline Year	Baseline Sample Size and Rate	Most Recent Remeasurement Year	Most Recent Remeasurement Sample Size and Rate (if applicable)	Demonstrated Performance Improvement	Statistically Significant Change in Performance
Percentage of individuals receiving a “warm handoff” who continue w/ mental health services	The MHP defined a baseline year (FY 2018-19); however, those individuals did not receive a warm handoff, so	A 3-month baseline was established after the intervention was applied (April 1, 2019-June 30, 2019)	<p>July 1, 2019 – June 30, 2020</p> <p><input type="checkbox"/> n/a*</p>	<p>Sample: 54</p> <p>Rate: 51 of 54 = 94%</p>	<p><input checked="" type="checkbox"/> Yes</p> <p><input type="checkbox"/> No</p>	<p><input type="checkbox"/> Yes</p> <p><input type="checkbox"/> No</p> <p>p-value:</p> <p><input type="checkbox"/> <.01</p> <p><input type="checkbox"/> <.05</p> <p>Other (specify): the</p>

Performance Measures	Baseline Year	Baseline Sample Size and Rate	Most Recent Remeasurement Year	Most Recent Remeasurement Sample Size and Rate (if applicable)	Demonstrated Performance Improvement	Statistically Significant Change in Performance
	this is not relevant to the indicator	Rate: 8 of 13 = 62%				significance was tested on a different measure – percent improvement (not clear over what)
Percentage of individuals receiving a “warm handoff” who attend first provider appointment within 7 days	Same as above	Same as above Rate: 8 of 8 = 100%	July 1, 2019 – June 30, 2020 <input type="checkbox"/> n/a*	Sample: 54 Rate: 46 of 54 = 85%	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No p-value: <input type="checkbox"/> <.01 <input type="checkbox"/> <.05 Other (specify): the significance was tested on a different measure – percent improvement (not clear over what)
Percentage of individuals receiving “warm handoff” who continue with services and average 2 services per week in 60	Same as above	Same as above Rate: 6 of 8 = 75%	July 1, 2019 – June 30, 2020 <input type="checkbox"/> n/a*	Sample: 54 Rate: 25 of 54 = 46%	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No p-value: <input type="checkbox"/> <.01 <input type="checkbox"/> <.05 Other

Performance Measures	Baseline Year	Baseline Sample Size and Rate	Most Recent Remeasurement Year	Most Recent Remeasurement Sample Size and Rate (if applicable)	Demonstrated Performance Improvement	Statistically Significant Change in Performance
days post "warm handoff"						(specify): the significance was tested on a different measure – percent improvement (not clear over what)
Was the PIP validated? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No						
Validation phase: <input type="checkbox"/> PIP submitted for approval <input type="checkbox"/> Planning phase <input type="checkbox"/> Implementation phase <input type="checkbox"/> Baseline year <input type="checkbox"/> First remeasurement <input checked="" type="checkbox"/> Second remeasurement <input type="checkbox"/> Other (specify):						
Validation rating: <input type="checkbox"/> High confidence <input type="checkbox"/> Moderate confidence <input type="checkbox"/> Low confidence <input checked="" type="checkbox"/> No confidence "Validation rating" refers to the EQRO's overall confidence that the PIP adhered to acceptable methodology for all phases of design and data collection, conducted accurate data analysis and interpretation of PIP results, and produced significant evidence of improvement.						
EQRO recommendations for improvement of PIP: <ul style="list-style-type: none"> This PIP has been completed, and the MHP agreed to consult frequently as they develop a new one. 						

Performance Measures	Baseline Year	Baseline Sample Size and Rate	Most Recent Remeasurement Year	Most Recent Remeasurement Sample Size and Rate (if applicable)	Demonstrated Performance Improvement	Statistically Significant Change in Performance
<ul style="list-style-type: none"> The MHP is encouraged to keep the PIP simple and ensure they have clarity regarding definitions of their population, baseline, and indicators. 						
<p>The technical assistance (TA) provided to the MHP by CalEQRO consisted of:</p> <ul style="list-style-type: none"> It is clear that the MHP wants to know if providing a warm handoff for homeless individuals discharging from inpatient is more effective than no warm handoff in engaging and retaining them in ongoing services. However, their population definition was stated differently in each section of the study; they did not effectively conceptualize and mathematically/statistically define the performance measures, and they were not clear about establishing a baseline against which to measure their success. Late in the study they documented performance significantly over a 30 percent improvement target; however, it is not clear to what baseline that 30 percent target applies. Discussion during the PIP session included all of the above points. 						

*PIP is in planning and implementation phase if n/a is checked.

INFORMATION SYSTEMS REVIEW

Understanding the capabilities of an MHP’s information system is essential to evaluating its capacity to manage the health care of its beneficiaries. CalEQRO used the written responses to standard questions posed in the California-specific ISCA, additional documents submitted by the MHP, and information gathered in interviews to complete the information systems evaluation.

Key Information Systems Capabilities Assessment (ISCA) Information Provided by the MHP

The following information is self-reported by the MHP through the ISCA and/or the virtual site review.

Table 12 shows the percentage of MHP budget dedicated to supporting IT operations, including hardware, network, software license, consultants, and IT staff for the current and the previous three-year period, as well as the corresponding similar-size MHP and statewide averages.

Table 12: Budget Dedicated to Supporting IT Operations

Entity	FY 2020-21	FY 2019-20	FY 2018-19	FY 2017-18
Mendocino	1.57%	2.30%	2.20%	2.20%
Small MHP Group	N/A	2.95%	3.25%	3.54%
Statewide	N/A	3.58%	3.35%	3.34%

The budget determination process for information system operations is:

- Under MHP control
- Allocated to or managed by another County department
- Combination of MHP control and another County department or Agency

The following business operations information was self-reported in the ISCA tool and validated through interviews with key MHP staff by CalEQRO.

Table 13: Business Operations

Business Operations	Status	
There is a written business strategic plan for IS.	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
There is a Business Continuity Plan (BCP) for critical business functions that is compiled and maintained in readiness for use in the event of a cyber-attack, emergency, or disaster.	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
If no BCP was selected above; the MHP uses an ASP model to host EHR system which provides 24-hour operational support.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
The BCP (if the MHP has one) is tested at least annually.	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
There is at least one person within the MHP organization clearly identified as having responsibility for Information Security.	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
If no one within the MHP organizational chart has responsibility for Information Security, does either the Health Agency or County IT assume responsibility and control of Information Security?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
The MHP performs cyber resiliency staff training on potential compromise situations.	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

- RQMC assists the MHP in meeting their administrative requirements.

Table 14 shows the percentage of services provided by type of service provider.

Table 14: Distribution of Services by Type of Provider

Type of Provider	Distribution
County-operated/staffed clinics	0%
Contract providers	98.44%
Network providers	1.56%
Total	100%*

*Percentages may not add up to 100 percent due to rounding.

Summary of Technology and Data Analytical Staffing

MHP self-reported IT staff changes by full-time equivalents (FTE) since the previous CalEQRO review are shown in Table 15.

Table 15: Technology Staff

Fiscal Year	Total FTEs (Include Employees and Contractors)	Number of New FTEs	Employees / Contractors Retired, Transferred, Terminated (FTEs)	Currently Unfilled Positions (FTEs)
2020-21	8	1	1	0
2019-20	8	2	1	0
2018-19	7	2	1	0

MHP self-reported data analytical staff changes by FTEs since the previous CalEQRO review are shown in Table 16.

Table 16: Data Analytical Staff

Fiscal Year	Total FTEs (Include Employees and Contractors)	Number of New FTEs	Employees / Contractors Retired, Transferred, Terminated (FTEs)	Currently Unfilled Positions (FTEs)
2020-21	5- MHP 12 - RQMC	0	0	0
2019-20	17	0	0	0
2018-19	17	2	1	0

The following should be noted with regard to the above information:

- There has been no change in IT or data analytic staffing in the past year.
- The MHP has one IT vacancy, a Department Applications Specialist.

Summary of User Support and EHR Training

Table 17 provides the number of individuals with log-on authority to the MHP's EHR. The information was self-reported by MHP and does not account for user's log-on frequency or time spent daily, weekly, or monthly using EHR.

Table 17: Count of Individuals with EHR Access

Type of Staff	Count of MHP Staff with EHR Log-on Account	Count of Contract Provider Staff with EHR Log-on Account	Total EHR Log-on Accounts
Administrative and Clerical	20	65	85
Clinical Healthcare Professional	18	210	228
Clinical Peer Specialist	0	18	18
Quality Improvement	3	18	21
Total	41	311	352

While there is no standard ratio of IT staff to support EHR user's, the following information was self-reported by MHPs or compiled by CalEQRO from the FY 2019-20 ISCA. The results below reflect staffing-level resources; they do not include IT staff time spent on end user support, infrastructure maintenance, training, and other activities.

Table 18: Ratio of IT Staff to EHR User with Log-on Authority

Type of Staff	MHP FY 2020-21	Small MHP Average FY 2019-20
Number of IT Staff FTEs (Source: Table 15)	8	5.30
Total EHR Users Supported by IT (Source: Table 17)	352	200.00
Ratio of IT Staff to EHR Users	1:44	1:38

RQMC IT staff is not included in the above calculation. RQMC operates the EHR, Exym, in an application service provider (ASP) model.

Table 19: Additional Information on EHR User Support

EHR User Support	Status	
The MHP maintains a local Data Center to support EHR operations.	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
The MHP utilizes an ASP model to support EHR operations.	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
The MHP also utilizes QI staff to directly support EHR operations.	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
The MHP also utilizes Local Super Users to support EHR operations.	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

- Five MHP staff have access to RQMC’s EHR, Exym.
- While the Avatar system operated by the MHP for billing, reporting, and a minority of client EHR’s does not utilize an ASP for operations, the MHP’s ASO, RQMC, does utilize an ASP for operations of the EXYM EHR.

Table 20: New Users’ EHR Support

Support Category	QI	IT	ASP	Local Super Users
Initial network log-on access	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
User profile and access setup	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Screen workflow and navigation	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Table 21: Ongoing Support for the EHR Users

Ongoing EHR Training and Support	Status	
The MHP routinely administers EHR competency tests for users to evaluate training effectiveness.	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
The MHP maintains a formal record or attendance log of EHR training activities.	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

Ongoing EHR Training and Support	Status	
The MHP maintains a formal record of HIPAA and 42 CFR Security and Privacy trainings along with attendance logs.	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

Availability and Use of Telehealth Services

MHP currently provides services to beneficiaries using a telehealth application:

Yes No Implementation Phase

The rest of this section is applicable: Yes No

Table 22: Summary of MHP Telehealth Services

Telehealth Services	Count
Total number of sites currently operational	9
Number of county-operated telehealth sites	0
Number of contract providers' telehealth sites	9
Total number of beneficiaries served via telehealth during the last 12 months	1,816
<ul style="list-style-type: none"> • Adults 	1,021
<ul style="list-style-type: none"> • Children/Youth 	720
<ul style="list-style-type: none"> • Older Adults 	75
Total Number of telehealth encounters (services) provided during the last 12 months:	18,072

Identify primary reason(s) for using telehealth as a service extender (check all that apply):

- Hiring healthcare professional staff locally is difficult
- For linguistic capacity or expansion
- To serve outlying areas within the county
- To serve beneficiaries temporarily residing outside the county
- To serve special populations (i.e. children/youth or older adult)
- To reduce travel time for healthcare professional staff
- To reduce travel time for beneficiaries
- To support NA time and distance standards
- To address and support COVID-19 contact restrictions

Summarize MHP’s use of telehealth services to manage the impact of COVID-19 pandemic on beneficiaries and mental health provider staff.

- The MHP added individual therapy, group therapy and new client intake and assessment telehealth services due to the COVID-19 pandemic.

Identify from the following list of California-recognized threshold languages the ones that were directly supported by the MHP or by contract providers during the past year. Do not include language line capacity or interpreter services. (Check all that apply)

- | | | |
|-------------------------------------|---------------------------------------------|----------------------------------------|
| <input type="checkbox"/> Arabic | <input type="checkbox"/> Armenian | <input type="checkbox"/> Cambodian |
| <input type="checkbox"/> Cantonese | <input type="checkbox"/> Farsi | <input type="checkbox"/> Hmong |
| <input type="checkbox"/> Korean | <input type="checkbox"/> Mandarin | <input type="checkbox"/> Other Chinese |
| <input type="checkbox"/> Russian | <input checked="" type="checkbox"/> Spanish | <input type="checkbox"/> Tagalog |
| <input type="checkbox"/> Vietnamese | | |

- The MHP also supports American Sign Language (ASL)

Telehealth Services Delivered by Contract Providers

Contract providers use telehealth services as a service extender:

- Yes No Implementation Phase

The rest of this section is applicable: Yes No

Table 23 provides telehealth information self-reported by the MHP in the ISCA tool and reviewed by CalEQRO.

Table 23: Contract Providers Delivering Telehealth Services

Contract Provider	Count of Sites
Redwood Quality Management Company	20+ - Clinical Services 3 - Psychiatry

Current MHP Operations

- The MHP continues to use two EHR systems for service documentation and billing. Services delivered by RQMC-contracted providers are documented in EXYM and claims data is electronically submitted from Exym to the MHP via a batch file transfer. MHP and SUD staff enter data directly into Avatar.
- Medi-Cal claims and state data-reporting are produced from the Avatar system.

Table 24 lists the primary systems and applications the MHP uses to conduct business and manage operations. These systems support data collection and storage; provide EHR functionality; produce Short-Doyle Medi-Cal (SDMC) and other third-party claims; track revenue; perform managed care activities; and provide information for analyses and reporting.

Table 24: Primary EHR Systems/Applications

System/Application	Function	Vendor/Supplier	Years Used	Hosted By
Avatar PM	Practice Management	Netsmart	17	HHSA IT/Vendor
Avatar CWS	Clinical Workstation	Netsmart	6	HHSA IT/Vendor
EXYM	EHR	EXYM	11	ASO/Vendor

The MHP’s Priorities for the Coming Year

- Convert the Avatar EHR system from local hosting to hosting by Netsmart Technologies at one of their Data Centers.
- To encourage social distancing related to the COVID-19 pandemic, continue the implementation of telehealth options for clients.
- Continue to provide devices, virtual meeting software, and training for staff to create and host online meetings and webinars.
- Complete staff orientation on tracking Mental Health Medi-Cal Administrative Activities (MHMAA).
- Complete training and report development to support SUD program in the transition to Avatar.

Major Changes since Prior Year

- To comply with the March 2020 California Shelter in Place order, purchased hardware and set up a virtual private network (VPN) to allow staff to work remotely.
- Completed quarterly submissions of Network Adequacy Certification Tool (NACT) data to DHCS.
- Completed the purchase of large smart boards for group rooms.
- Purchased a portable telehealth cart to expand flexibility in the provision of virtual interpretation services, including ASL.

Other Areas for Improvement

- While the MHP noted plans to implement a beneficiary Personal Health Record (PHR) in prior ISCA tool submissions, the implementation of the myHealthPointe software continues to be a future (more than two years) initiative.

Plans for Information Systems Change

- The MHP has no plans to replace the current system (in place more than five years).

MHP EHR Status

Table 25 summarizes the ratings given to the MHP for EHR functionality.

Table 25: EHR Functionality

Function	System/ Application	Rating			
		Present	Partially Present	Not Present	Not Rated
Alerts		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Assessments		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Care Coordination		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Document Imaging/Storage		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Function	System/ Application	Rating			
		Present	Partially Present	Not Present	Not Rated
Electronic Signature—MHP Beneficiary		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Laboratory results (eLab)		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Level of Care/Level of Service		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Outcomes		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Prescriptions (eRx)		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Progress Notes		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Referral Management		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Treatment Plans		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Summary Totals for EHR Functionality:					
FY 2020-21 Summary Totals for EHR Functionality:		12	0	0	0
FY 2019-20 Summary Totals for EHR Functionality:		12	0	0	0
FY 2018-19 Summary Totals for EHR Functionality:		11	1	0	0

Progress and issues associated with implementing an EHR over the past year are summarized below:

- No enhancements were completed in the past year; RQMC has a fully functional EHR. RQMC providers provide 98.44 percent of services for the MHP.
 - RQMC has implemented Care Coordination and Referral Management functionality in EXYM; however, neither function is available in Avatar.
- Electronic prescribing and lab results functionality are available in EXYM but are not available in Avatar.

Contract Provider EHR Functionality and Services

The MHP currently uses local contract providers:

Yes No Implementation Phase

Table 26 identifies methods available for contract providers to submit beneficiary clinical and demographic data; practice management and service information; and transactions to the MHP’s EHR system, by type of input methods.

Table 26: Contract Providers’ Transmission of Beneficiary Information to MHP EHR

Type of Input Method	Percent Used	Frequency
Health Information Exchange (HIE) securely shares beneficiary medical information from contractor EHR system to MHP EHR system and return message or medical information to contractor EHR	0%	Not Applicable
Electronic data interchange (EDI) uses standardized electronic message format to exchange beneficiary information between contract provider EHR systems and MHP EHR system	0%	Not Applicable
Electronic batch files submitted to MHP for further processing and uploaded into MHP EHR system	92.71%	Weekly
Direct data entry into MHP EHR system by contract provider staff	0%	Not Applicable
Electronic files/documents securely emailed to MHP for processing or data entry input into EHR system	0%	Not Applicable
Paper documents submitted to MHP for data entry input by MHP staff into EHR system	7.29%	Monthly

The rest of this section is applicable: Yes No

Some contract providers have EHR systems which they rely on as their primary system to support operations. Table 27 lists the IS vendors currently in-place to support transmission of beneficiary and services information from contract providers to the MHP.

Table 27: EHR Vendors Supporting Contract Provider to MHP Data Transmission

EHR Vendor	Product	Count of Providers Supported
EXYM	Redwood Quality Management Company	Not provided by the MHP.

Personal Health Record (PHR)

The beneficiaries have online access to their health records through a PHR feature provided within the EHR, a beneficiary portal, or a third-party PHR.

- Yes
 No
 Implementation Phase

Not Applicable

Expected implementation timeline:

- Within 6 months Within the next year
 Within the next two years Longer than 2 years
 Already in place

Table 28 lists the PHR functionalities available to beneficiaries (if already in place):

Table 28: PHR Functionalities

PHR Functionality	Status	
View current, future, and prior appointments through portal.	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Initiate appointment requests to provider/team.	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Receive appointment reminders and/or other health-related alerts from provider team via portal.	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
View list of current medications through portal.	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No

PHR Functionality	Status	
Have ability to both send/receive secure Text Messages with provider team.	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No

Medi-Cal Claims Processing

MHP performs end-to-end (837/835) claim transaction reconciliations:

Yes No

If yes, product or application:

- Dimension Reports application
- Web-based application, including your EHR system, supported by Vendor or ASP Staff
- Web-based application, supported by MHP or DMC staff
- Local SQL Database, supported by MHP/Health/County staff
- Local Excel Worksheet or Access Database

Method used to submit Medicare Part B claims:

Paper Electronic Clearinghouse

Table 29 summarizes the MHP’s SDMC claims.

Table 29: Summary of CY 2019 Short-Doyle/Medi-Cal Claims

Mendocino MHP							
Service Month	Number Submitted	Dollars Billed	Number Denied	Dollars Denied	Percent Denied	Dollars Adjudicated	Dollars Approved
TOTAL	85,200	\$17,705,210	559	\$161,414	0.90%	\$17,543,796	\$17,182,169
JAN19	7,108	\$1,438,585	22	\$6,332	0.44%	\$1,432,253	\$1,394,677
FEB19	6,696	\$1,364,654	29	\$14,481	1.05%	\$1,350,173	\$1,320,133
MAR19	7,761	\$1,687,620	27	\$16,032	0.94%	\$1,671,588	\$1,634,363
APR19	8,442	\$1,709,025	48	\$12,261	0.71%	\$1,696,764	\$1,673,805
MAY 19	10,836	\$2,086,481	95	\$16,600	0.79%	\$2,069,881	\$2,046,587
JUN19	7,086	\$1,457,648	133	\$16,903	1.15%	\$1,440,745	\$1,416,504
JUL19	6,686	\$1,412,733	51	\$14,197	0.99%	\$1,398,536	\$1,368,293
AUG19	6,613	\$1,495,732	45	\$31,243	2.05%	\$1,464,489	\$1,418,490
SEP19	6,607	\$1,443,321	58	\$14,106	0.97%	\$1,429,215	\$1,401,435
OCT19	6,306	\$1,312,215	25	\$5,951	0.45%	\$1,306,264	\$1,288,166
NOV19	5,472	\$1,157,480	19	\$12,422	1.06%	\$1,145,058	\$1,103,070
DEC19	5,587	\$1,139,714	7	\$886	0.08%	\$1,138,828	\$1,116,645

Includes services provided during CY 2019 with the most recent DHCS claim processing date of **June 23, 2020**.
 Only reports Short-Doyle/Medi-Cal claim transactions, does not include Inpatient Consolidated IPC hospital claims.
 Statewide denial rate for CY 2019 was **2.99 percent**.

Table 30 summarizes the top five reasons for claim denial.

Table 30: Summary of CY 2019 Top Five Reasons for Claim Denial

Mendocino MHP			
Denial Reason Description	Number Denied	Dollars Denied	Percent of Total Denied
ICD-10 diagnoses code or beneficiary demographic data or rendering provider identifier is missing, incomplete, or invalid.	338	\$84,673	52%
Beneficiary not eligible.	47	\$38,952	24%
Medicare or Other Health Coverage must be billed before submission of claim.	15	\$12,849	8%
Beneficiary not eligible or non-covered charges.	16	\$8,861	5%
Invalid place of service for procedure code.	81	\$7,117	4%
Total	559	\$161,414	NA

The total denied claims information does not represent a sum of the top five reasons. It is a sum of all denials.

- Denied claim transactions with reason codes ICD-10 diagnosis code or beneficiary demographic data or rendering provider identifier is missing, incomplete or invalid and Medicare or Other Health Coverage must be billed prior to submission of the Medi-Cal claim and are generally re-billable within the State guidelines.

NETWORK ADEQUACY

In accordance with the CMS rules and DHCS directives on NA, CalEQRO has reviewed and verified the following three areas: ONA, AAS, and Rendering Provider NPI taxonomy codes as assigned in the NPDES. DHCS produced a detailed description and a set of NA requirements for the MHPs. CalEQRO followed these requirements in reviewing each MHP's adherence to the NA rules.

Network Adequacy Certification Tool Data Submitted in April 2020

As described in the CalEQRO responsibilities, key documents were reviewed to validate NA as required by state law. The first document to be reviewed is the NACT that outlines in detail the MHP provider network by location, service provided, population served, and language capacity of the providers. The NACT also provides details of the rendering provider's NPI number as well as the professional taxonomy used to describe the individual providing the service. As previously stated, CalEQRO will be providing technical assistance in this area if there are problems with consistency with the federal register linked to these different types of important designations.

If DHCS found that the existing provider network did not meet required time and distance standards for all zip codes, an AAS recommendation would be submitted for approval by DHCS.

The travel time to the nearest provider for a required service level depends upon a county's size and the population density of its geographic areas. For Mendocino, the time and distance requirements are 90 minutes and 60 miles for mental health services, and 90 minutes and 60 miles for psychiatry services. The two types of care that are measured for MHP NA compliance with these requirements are mental health services and psychiatry services. These services are separately measured for time and distance in relation to two age groups- youth (0-20) and adults (21 and over).

Review of Documents

CalEQRO reviewed separately and with MHP staff all relevant documents (NACT, AAS) and maps related to NA issues for their Medi-Cal beneficiaries. CalEQRO also reviewed the special NA form created by CalEQRO for AAS zip codes, out-of-network providers, efforts to resolve these access issues, services to other disabled populations, use of technology and transportation to assist with access, and other NA related issues.

Review Sessions

CalEQRO conducted one consumer and family member focus group, one stakeholder interview, six staff and contractor interviews, and discussed access and timeliness issues to identify problems for beneficiaries in these areas.

Findings

The Mendocino MHP met all time and distance standards and did not require an AAS or out-of-network providers to enhance access to services for specific zip codes for their Medi-Cal beneficiaries.

The following strategies in place to meet the needs of beneficiaries were discussed during the review:

- The MHP contracts with both Consolidated Tribal Health Clinic and Round Valley Indian Health Center through the Mental Health Services Act (MHSA) for supporting culturally responsive services and has memoranda of understanding (MOUs) to support the continuity of mental health services.
- Specialty mental health service providers offer mobile services to outlying communities such as Covelo, Laytonville, and Point Arena.
- Telehealth services are available through collaboration and contracts with Round Valley Indian Health Clinic, and all specialty mental health providers provide telehealth and telephonic services for individuals preferring to access services from their home.

Plan of Correction/Improvement by MHP to Meet NA Standards and Enhance Access for Medi-Cal Patients

The MHP's Plans of Correction involved administrative issues that have been resolved, e.g., an outdated contract for language services.

Provider NPI and Taxonomy Codes – Technical Assistance

CalEQRO provided the MHP a detailed list of its rendering provider's NPI, Type 1 number and associated taxonomy code and description. The data came from disparate sources. The primary source is the MHP's NA rendering service provider data submitted to DHCS. This data is linked to the NPPES using the rendering service provider's NPI, Type 1 number.

Table 31 below provides a summary of any NPI or taxonomy code exceptions noted by CalEQRO.

Table 31: NPI and Taxonomy Code Exceptions

Description of NPI Exceptions	Number of Exceptions
NPI Type 1 number not found in NPPES	4
NPI Type 1 and 2 numbers are the same	0
NPI Type 1 number was reported by two or more MHPs and FTE percentages when combined are greater than 100 percent	6
NPI Type 1 number reported is associated with two or more providers	1
NPI Type 1 number found in NPPES as Type 2 number associated with non-individual (facility) taxonomy codes	1
NPI Type 1 number found in NPPES and is associated with individual service provider taxonomy codes; however, that taxonomy code is generally not associated with providers who deliver behavioral health services	0

CONSUMER AND FAMILY MEMBER FOCUS GROUP(S)

CalEQRO conducted one 90-minute focus group with consumers (MHP beneficiaries) and/or their family members during the virtual site review of the MHP. As part of the pre-review planning process, CalEQRO requested one focus group with 10 to 12 participants, the details of which can be found in each section below.

The consumer and family member (CFM) focus group is an important component of the CalEQRO review process. Feedback from those who are receiving services provides important information regarding quality, access, timeliness, and outcomes. The focus group questions emphasize the availability of timely access to care, recovery, peer support, cultural competence, improved outcomes, and CFM involvement. CalEQRO provides gift cards to thank the CFMs for their participation.

CFM Focus Group One

Table 32 : Focus Group One Description and Findings

Topic	Description
Focus group type	<p>CalEQRO requested one culturally diverse group of adult beneficiaries who are mostly new beneficiaries who have initiated/utilized services within the past 12 months.</p> <p>The group consisted of Latino/Hispanic and Caucasian men and women over the age of 25 who are English-speaking consumers. Included in this group are also individuals who were contacted by phone, and their responses were incorporated into the findings. The group session was conducted virtually over Zoom.</p>
Total number of participants	Ten
Number of participants who initiated services during the previous 12 months	One
Interpreter used	No
Summary of the main findings of the focus group:	

Topic	Description
Access - new beneficiaries	Only one participant was new to services in the last year.
Access – overall	The participants mostly agreed that access to services was what they needed, including to psychiatrists, therapists, and case managers. Services since the COVID-19 restrictions continue to be provided much the same as before, with face-to-face as well as telehealth and over the phone. Service availability is well-publicized by flyers at the clinic in Spanish and English.
Timeliness	Most participants reported that their appointment schedules with their psychiatrists and therapists were satisfactory, and most get support to ensure they remember their appointments. Some disparity was reported related to the consequences of missed appointments, including rules such as having to wait four months if three appointments are missed.
Urgent care and resource support	Some participants knew how to access urgent care; only two reported knowledge of the Crisis Line. Many described the value of the Whole Person Care program and staff at the wellness centers for providing support between formal appointments. No one was aware of the warm line.
Quality	Most participants reported being involved in their treatment planning; however, no one had a Wellness and Recovery Action Plan (WRAP). Written and verbal information about medications did not appear to be satisfactory.
Peer employment	Only some participants knew about job support services; none have used them.
Structure and operations	Only one participant reported attending meetings related to system issues. Two remembered being asked their opinion about services in a survey but did not remember getting back any results.
Recommendations from this focus group	<ul style="list-style-type: none"> • Focus group participants perceived the homeless shelter (Building Bridges) to be “short on food and needs therapists or psychiatrists.” • Focus group participants perceived the shelter to be “dirty, needs more cleaning.” • Focus group participants suggested that additional therapists are needed in Ft. Bragg.

Topic	Description
Any best practices or innovations (optional)	None identified

PERFORMANCE AND QUALITY MANAGEMENT KEY COMPONENTS

CalEQRO emphasizes the MHP’s use of data to promote quality and improve performance. Components widely recognized as critical to successful performance management include Access to Care, Timeliness of Services, Quality of Care, Beneficiary Progress/Outcomes, and Structure and Operations. The following tables in this section summarize CalEQRO’s findings in each of these areas.

The MHPs are assigned a score using the Key Components Tool available on CalEQRO website. Each table also provides the maximum possible score for each component.

Access to Care

Table 33 lists the components that CalEQRO considers representative of a broad service delivery system in providing access to beneficiaries and family members. An examination of capacity, penetration rates, cultural competency, integration, and collaboration of services with other providers forms the foundation of access to and delivery of quality services.

Table 33: Access to Care Components

Component		Maximum Possible	MHP Score
1A	Service Access and Availability	14	13
<p>The MHP uses multiple channels for distributing and providing information about services, including the website, which is user-friendly, can be easily accessed in Spanish and other languages, and since COVID-19 changes, makes readily available information about virtual groups that include supports for the constraints of the pandemic.</p> <p>After the COVID-19 restrictions were implemented, the MHP created a warm line, available for all county residents, open between 7:30 am and 6:00 pm, Monday through Saturday. In tracking the use of the line, the MHP has seen a higher-than-expected volume and no discernable impact on the Access Line or Crisis Line.</p> <p>The provider directories are located on the RQMC website, as are the details about services and locations. It is not clear from the MHP website that RQMC manages most of the mental health services, thus finding any of this information is difficult unless one already knows about RQMC.</p>			

Component		Maximum Possible	MHP Score
The Performance Outcomes System (POS) reports are easily located; the most recent report is from 2017, which is the last set of data made available to the MHPs.			
1B	Capacity Management	10	9
<p>The MHP and RQMC meet multiple times per week, including with contract service providers, to evaluate and address capacity needs relative to existing enrollees and those newly entering.</p> <p>While monthly utilization reports, broken out by a range of demographic variables, are reviewed by the QAQI committee, the data would be more useful if provided as clearly-identifiable trends that could be used for capacity management and QI purposes.</p> <p>A full-time medical director was hired in the last year.</p>			
1C	Integration and Collaboration	24	24
<p>The MHP and RQMC work collaboratively with Federally Qualified Health Centers (FQHC's) to ensure that bidirectional referrals are completed.</p> <p>All adult providers have contracts with the Department of Rehabilitation and share assessment and rehabilitation eligibility functions. Services are most frequently provided for the TAY population. The MHP also has an agreement with CalWorks to place a rehabilitation specialist in the one-stop day program to provide services and assess for SMHS medical necessity.</p> <p>The MHP was awarded a No Place Like Home grant for an additional 20 apartment units to be constructed in the Ukiah area.</p>			

Timeliness of Services

As shown in Table 34, CalEQRO identifies the following components as necessary for timely access to comprehensive specialty mental health services.

Table 34: Timeliness of Services Components

Component		Maximum Possible	MHP Score
2A	First Offered Appointment	16	16
<p>Ninety-seven percent of all appointments are offered within ten business days, with an average of five days.</p>			
2B	First Offered Psychiatry Appointment	12	12
<p>Overall, first offered psychiatry appointments met the 15-day standard 93 percent of the time, with an average of six days.</p> <p>The MHP agreed during the review that the foster care data provided to the EQRO likely is not complete, reflecting only three referrals for psychiatry, and they planned to take another look and make sure they are capturing all referrals. As described during the session, the referral process appears designed to capture all requests in a timely manner.</p>			
2C	Timely Appointments for Urgent Conditions	18	18
<p>The MHP reports monthly to the QAQI Committee on all timeliness metrics and specifically breaks down urgent requests by time of day. The maximum wait time was three hours; all requests met the 48-hour standard 100 percent of the time.</p> <p>The MHP does not require prior authorization for any requests that are considered urgent.</p>			
2D	Timely Access to Follow-up Appointments after Hospitalization	10	10
<p>One hundred percent of all adults and 97 percent of children discharged from inpatient care receive a follow-up service within seven days.</p> <p>The MHP has a robust process that entails collaboration with the hospital during the stay, developing a follow-up plan prior to discharge, and ensuring that required appointments are scheduled in advance of the anticipated discharge date. Crisis staff transport people from the hospital to the previously-scheduled appointments or to the crisis center, and if a case manager is already involved with the person, they participate in the planning at the crisis center. Sixty-day post-discharge crisis plans are implemented for those who are not enrolled in MHP services. Medication Services holds slots for these and other psychiatric emergencies.</p>			
2E	Psychiatric Inpatient Rehospitalizations	6	6
<p>The overall readmission rate was 10 percent within 30 days, despite a 33 percent rate for foster youth.</p>			

Component		Maximum Possible	MHP Score
<p>Compared to FY 2018-19, half the number of foster youths were hospitalized in FY 2019-20; the MHP reported that while there has been a decrease in the number of foster youths in residential care, and Short Term Residential Treatment Programs (STRTP) beds have decreased by half, youth who remain in those beds are higher acuity and stay longer, having a harder time finding homes. Hence, they tend to cycle through inpatient more readily.</p>			
2F	Tracks and Trends No-Shows	10	10
<p>The overall average of no-show rates for psychiatrists was nine percent, and for non-psychiatrist clinicians it was ten percent.</p> <p>The MHP reported that the rates began dropping in January or February and have decreased more since more beneficiaries are accessing services virtually or telephonically. In addition, the ASO has implemented multiple strategies to reduce no-shows, including reminder calls, provision of transportation, and coordination with the case manager, who may at times participate in a session with the beneficiary.</p>			

Quality of Care

In Table 35, CalEQRO identifies the components of an organization that are dedicated to the overall quality of care. These components ensure that the quality improvement efforts are aligned with the system’s objectives and contributes to meaningful changes in the system to improve beneficiary care characteristics.

Table 35: Quality of Care Components

Component		Maximum Possible	MHP Score
3A	Cultural Competence	12	9
<p>The MHP tracks service utilization by race/ethnicity, language, gender, and geography, reviewing detailed reports provided by the ASO. These reports would be more useful if the data were displayed using line graphs that clearly reflect trends rather than as tables with numbers that don’t easily tell a story.</p> <p>The FY 2019-20 update to the Cultural Competence Plan was signed in December 2019, yet it included some progress on goals as of June 2020.</p> <p>Measurable goals include some data regarding increasing participation and attendance at meetings and provision of training; however, most of the definitions of</p>			

Component		Maximum Possible	MHP Score
<p>goals and strategies are written in narrative form and do not include a methodology for measuring their impact or achievement of goals.</p> <p>The MHP has conducted many trainings in the last several years, including during FY 2019-20, aimed at improving staff performance related to cultural competence and to educate an array of stakeholders.</p> <p>Minutes over the last year continue to be sparse and do not reflect routine discussion of goals, progress, nor identification of follow-up activity identified.</p>			
3B	Beneficiary Needs are Matched to the Continuum of Care	12	12
<p>The MHP has a well-developed LOC determination system based on Child and Adolescent Needs and Strengths/Adult Needs and Strengths (CANS/ANSA) scores. Beneficiary needs are reviewed in utilization meetings that include contracted providers. Transitions are planned with receiving service providers, involving case manager support, warm hand-offs, and overlapping of open cases.</p> <p>Stakeholders reported satisfactory involvement in their care planning.</p>			
3C	Quality Improvement Plan	10	9
<p>The QI plan includes a combination of routine monitoring activity and measurable targets for the items being monitored, and the annual update measures the extent to which the MHP “complied” with its monitoring targets or met performance goals. Most of the goals are defined as monitoring activity rather than identifying performance measures that can be tracked, reported, and assessed for QI opportunities.</p> <p>Minutes of QAQI meetings reflect standing agendas of review of the same indicators/reports each meeting: Access Line test calls, appeals and grievances, timeliness metrics, crisis services utilization.</p> <p>Minutes also reflect some trending of performance (as narrative documentation) and identification of those measures needing attention, including corrective action plans when appropriate. Much of this activity is in the service of compliance as contrasted with quality improvement.</p> <p>A detailed analysis of disparities is included in the Cultural Competency Plan.</p>			
3D	Quality Management Structure	14	14
<p>The MHP and ASO collaborate on quality management and improvement activity through multiple joint committees, the Quality Assurance Quality Improvement (QAQI) Committee (comprised of representatives across programs and departments) being the central point of monthly reporting.</p> <p>A monthly Quality Improvement Committee (QIC) includes community and beneficiary stakeholders and is combined with the MHSA stakeholders’ meetings. Prior to</p>			

Component		Maximum Possible	MHP Score
COVID-19, this committee met in various parts of the county to encourage attendance.			
3E	QM Reports Act as a Change Agent in the System	10	10
The MHP and ASO routinely review dashboards and other reports related to utilization, penetration, performance on timeliness and other quality of care metrics (monthly, quarterly, annually), in multiple committees. Minutes reflect identification of problems and plans to ameliorate.			
3F	Medication Management	12	7
<p>The MHP reported chart audits of no less than five percent of beneficiaries per year and quarterly specific medication audits of no less than 20 medical charts. All chart audits are reported to be performed by licensed/certified staff.</p> <p>The medication monitoring checklist indicated that most of the HEDIS measures are tracked; however, no evidence was provided that chart reviews specifically track those measures.</p> <p>Chart review reports are presented at Medication Committee, including recommendations for improvement in practice. Developing a methodology to track and trend, over time, performance on specific indicators included in the chart reviews would provide the prescribers and the MHP with data that could be readily analyzed for quality improvement opportunities.</p> <p>Medical staff reported that there is no policy regarding chart reviews nor regarding medication practices.</p> <p>Coordination with primary care has reportedly improved in the last year.</p> <p>The prescribers reported an intent to start routine case conferences about high acuity beneficiaries. Stakeholders agree this would be very helpful.</p>			

Beneficiary Progress/Outcomes

In Table 36, CalEQRO identifies the components of an organization that are dedicated to beneficiary progress and outcomes as a result of the treatment. These components also include beneficiary perception or satisfaction with treatment and any resulting improvement in beneficiary conditions, as well as capture the MHP’s efforts in supporting its beneficiaries through wellness and recovery.

Table 36: Beneficiary Progress/Outcomes Components

Component		Maximum Possible	MHP Score
4A	Beneficiary Progress	16	14
<p>The MHP reported tracking and aggregating data from the CANS and ANSA. CANS LOC discussions, training, and other discussions occur in MAC meetings, which occur at least monthly for the youth service providers. An Active CANS and PSC-35 is verified at each treatment plan renewal. These are electronically uploaded to the state.</p> <p>The aggregated CANS report provided for this review is an Excel file with two scores listed; no analytical report was provided.</p> <p>The MHP reported having difficulty re-writing the reporting algorithm after switching to the CANS-50. This had been resolved the month prior to the review.</p>			
4B	Beneficiary Perceptions	10	7
<p>There has been a lag in State reporting of the Consumer Perception Survey (CPS), and the MHP did not have new data available at the time of the review.</p> <p>Results are provided to some leadership groups, contract providers, and the Behavioral Health Board, when available.</p> <p>The MHP reported that providers collect satisfaction surveys of their own and report twice per year at QIC meetings.</p>			
4C	Supporting Beneficiaries through Wellness and Recovery	12	12
<p>Wellness centers are located in all major population centers of the county, including the coast. All are either peer-run or peer-influenced, and the MHP tracks utilization on a regular basis. Information about the centers is available in Spanish in the schools and other partners in the county as well as in the outpatient clinics.</p>			

Structure and Operations

In Table 37, CalEQRO identifies the structural and operational components of an organization that facilitate access, timeliness, quality, and beneficiary outcomes.

Table 37: Structure and Operations Components

Component		Maximum Possible	MHP Score
5A	Capability and Capacity of the MHP	30	27
<p>Several programs function as day treatment although the billing is unbundled. A tax measure passed providing funds to build a few psychiatric facilities, including a Psychiatric Health Facility (PHF); an RFP is currently out soliciting bids for an operator.</p>			
5B	Network Enhancements	18	15
<p>The MHP has been discussing possible co-location with several FQHCs; however no clear progress has been made. The FQHCs let the mobile outreach teams use their space when needed.</p>			
5C	Subcontracts/Contract Providers	16	16
<p>The MHP reported that RQMC and its providers served 98.44 percent of beneficiaries in the past year. The MHP and ASO are in close contact with contract providers, meeting regularly to discuss a range of subjects from specific beneficiary needs to system-level issues.</p>			
5D	Stakeholder Engagement	12	12
<p>Stakeholders reported that the MHP has made greater effort this past year to reach out and support participation in various meetings and groups, including providing transportation. Prior to the cessation of in-person meetings, the MHP had made efforts to hold QIC/MHSA stakeholder meetings in various locations throughout the county, and tribal communities were often the co-hosts.</p>			
5E	Peer Employment	8	8
<p>Peer positions are available at wellness centers and in outpatient clinics, some full time with benefits. Roles include case management and rehabilitation support. The MHP reported multiple levels of positions, and one participant reported having promoted someone from peer specialist to case manager, then to supervisor.</p>			

SUMMARY OF FINDINGS

This section summarizes the CalEQRO findings from the FY 2020-21 review of Mendocino MHP related to access, timeliness, and quality of care.

MHP Environment – Changes, Strengths and Opportunities

PIP Status

Clinical PIP Status: Active and ongoing

Non-clinical PIP Status: Completed

Access to Care

Changes within the Past Year:

- Due to the state's COVID-19 guidelines for face-to-face interaction, the MHP added individual therapy, group therapy and new client intake and assessment telehealth services.
- A warm line was established to support clients during the COVID-19 pandemic.
- The MHP was awarded a No Place Like Home grant for an additional 20 apartment units to be constructed in the Ukiah area.

Strengths:

- The website hosts an up-to-date calendar, in Spanish and English, of support and therapy groups being held on Zoom.
- The clinical and cultural/language needs of newly-enrolling beneficiaries are captured by the CANS and ANSA and discussed at UM and MAC meetings held weekly.
- All staff meetings include both MH and SUD personnel, furthering the integration and understanding of both sets of clinical issues.
- Willow Terrace, a 37-bed supported housing project for chronically homeless people, had just opened at the time of last year's EQR and has been successful in retaining 64 percent of the original tenants – a strong outcome given the challenges of operating such a housing project.

Opportunities for Improvement:

- The provider directories are located on the RQMC website, as are the details about services and locations. It is not clear from the MHP website that RQMC manages most of the mental health services; thus, finding any of this information is difficult unless one already knows about RQMC.

Timeliness of Services

Changes within the Past Year:

- None noted.

Strengths:

- Overall timeliness performance meets or exceeds the standards on all measures.
- The MHP has a robust and successful process for ensuring that people being discharged from inpatient care are seen within seven days, including those who are not enrolled in services.

Opportunities for Improvement:

- The MHP agreed during the review that the foster care data provided to the EQRO likely is not complete, reflecting only three referrals for psychiatry. They planned to take another look and make sure they are capturing all referrals.

Quality of Care

Changes within the Past Year:

- RQMC hired a full-time medical director in the last year who is committed to promoting current best practices in prescribing medication, particularly with respect to those that are potentially addictive and/or are popular street drugs.

Strengths:

- The MHP has a well-developed and consistently utilized LOC system based on CANS/ANSA scores and clinical discussion at intake and throughout treatment.
- Stakeholders reported being very satisfied with the level of their participation in treatment planning.

Opportunities for Improvement:

- The MHP and ASO would benefit from developing measurable QI goals that go beyond required monitoring activity in order to ensure a focus on those aspects of service delivery and system management that need improvement. Reporting on identified key performance indicators, on a scheduled basis, using trended data, would strongly support that effort.
- Explore and address beneficiaries' concerns about insufficient information when medications are changed.
- The ASO reported having rolled out a collaborative documentation training for their direct service and contractor staff. Conversation during the review generated renewed commitment by the ASO to re-invigorate this initiative and elevate its importance in trainings and meetings.

Beneficiary Outcomes

Changes within the Past Year:

- None noted.

Strengths:

- The MHP and contract providers employ peers in a variety of roles; in some settings peers can move into supervisory roles without additional education.
- Wellness centers are located in all major population areas of the county, including on the coast. They are all peer-led or -run.

Opportunities for Improvement:

- None noted.

Foster Care

Changes within the Past Year:

- The MHP reported that increasingly consistent use of the CANS at intake and periodic reviews has improved their ability to accurately assess beneficiary LOC needs over time.

Strengths:

- A contracted service provider had implemented Treatment Foster Care-Oregon (TFCO) ten years ago, and has been providing a version of therapeutic foster (TFC) care since that time.

- The MHP was more prepared to transition to TFC, as they had an existing system, including Resource Foster Parents and two Foster Family Agencies; however, challenges regarding TFC recruitment remain.

Opportunities for Improvement:

- Continued TFC recruitment efforts are warranted.
- The MHP/ASO does not appear to have policies related to medication administration, nor does it employ a QI process to assess prescribing practices included in SB 1291 and HEDIS measures.

Information Systems

Changes within the Past Year:

- Technical support and equipment were provided to staff to support telehealth services for individual and group therapy as well as new client intake and assessment.

Strengths:

- Despite the use of two IT systems, one for billing and one as the clinical record, this combined system provides staff access to the information they require and produces claim files with low denial rates.

Opportunities for Improvement:

- The implementation of myHealthPointe software for personal health record functionality continues to be a future (more than two years) initiative that lacks prioritization.

Structure and Operations

Changes within the Past Year:

- A tax measure passed that will provide funding for building a psychiatric health facility (PHF). The MHP has put out an RFP for an operator.

Strengths:

- The MHP and RQMC work closely with their contract providers, who expressed satisfaction with the relationships.
- The MHP encourages participation in multiple meetings designed to address system issues, and prior to COVID-19 was scheduling QIC at various locations around the county to facilitate stakeholder participation.

- Stakeholders reported noticing an increased effort by the MHP to promote participation in QIC/MHSA meetings.

Opportunities for Improvement:

- Information on the website about QIC and CDC meetings is very outdated. Stakeholders would benefit from ongoing updates to these pages.

FY 2020-21 Recommendations

PIP Status

Recommendation 1: As per Title 42, CFR, Section 438.330, DHCS requires two active PIPs; the MHP is contractually required to meet this requirement going forward.

Recommendation 2: The MHP is encouraged to make frequent use of TA from the EQRO in the development of both new PIPs. *(This is a carry-over recommendation from FY 2019-20.)*

Access to Care

Recommendation 3: Ensure that the MHP's website provides prominent information about accessing RQMC's website for detail about available services.

Timeliness of Services

None noted.

Quality of Care

Recommendation 4: Explore and address beneficiaries' concerns about insufficient information when medications are changed.

Beneficiary Outcomes

None noted.

Foster Care

Recommendation 5: Create and implement policies and procedures for monitoring, tracking, and reporting on EQRO-mandated SB 1291 elements and HEDIS medication administration practices. Ensure that results are incorporated into a QI process. *(This is a carry-over recommendation from FY 2018-19.)*

Information Systems

None noted.

Structure and Operations

None noted.

ATTACHMENTS

Attachment A: Virtual-Site Review Agenda

Attachment B: Virtual-Site Review Participants

Attachment C: Approved Claims Source Data

Attachment D: List of Commonly Used Acronyms in EQRO Reports

Attachment E: PIP Validation Tools

Attachment A—Virtual Site Review Agenda

The following sessions were held during the MHP on-site review, either individually or in combination with other sessions.

Table A1: EQRO Review Sessions

Mendocino MHP
Opening Session – Changes in the past year; current initiatives; and status of previous year’s recommendations
Use of Data to Support Program Operations
Cultural Competence, Disparities and Performance Measures
Timeliness Performance Measures/Timeliness Self-Assessment
Quality Management, Quality Improvement and System-wide Outcomes
Beneficiary Satisfaction and Other Surveys
Performance Improvement Projects
Clinical Line Staff Group Interview
Program Managers Group Interview
Consumer and Family Member Focus Group(s)
Peer Employees/Parent Partner Group Interview
Peer Inclusion/Peer Employees within the System of Care
Contract Provider Group Interview – Clinical Management and Supervision
Medical Prescribers Group Interview
Validation of Findings for Pathways to Mental Health Services (Katie A./CCR)
Information Systems Billing and Fiscal Interview
Information Systems Capabilities Assessment (ISCA)
Electronic Health Record Deployment
Telehealth
Site Visit to Innovative Clinical Programs: Innovative program/clinic that serve special populations or offer special/new outpatient services.
Final Questions and Answers - Exit Interview

Attachment B—Review Participants

CalEQRO Reviewers

Harriet Markell, Quality Reviewer

Lisa Farrell, IT Reviewer

Marilyn Hillerman, Consumer/Family Member Consultant

Additional CalEQRO staff members were involved in the review process, assessments, and recommendations. They provided significant contributions to the overall review by participating in both the pre-review and the post-review meetings and in preparing the recommendations within this report.

Sites of MHP Review

MHP Sites: All sessions were held virtually via Zoom

Table B1: Participants Representing the MHP

Last Name	First Name	Position	Agency
Anderson	Dan	COO	Redwood Quality Management Company
Bhandari	Navin	Program Manager	Mendocino County BHRS
Britton	Rebecca	Mental Health Rehab Specialist	Mendocino Coast Hospitality Center
Burtis	Peter	Clinical Director	Mendocino Coast Hospitality Center
Colby	Caitlin	Program Specialist II	Mendocino County BHRS
Craig	B/T	Clinician	Redwood Community Services
Driggers	Melinda	Senior Program Specialist	Mendocino County BHRS
Fine	Heather	Mental Health Clinician	Mendocino County Youth Project
Gillespie	Cecilia	Clinical Director	Mendocino County Youth Project
Glasscock	Jenna	Mental Health Clinician	Mendocino Coast Hospitality Center
Goodwin	Cuyler	Medical Director	Redwood Quality Management Company
Guthry	Libby	Executive Director	MCAVHN
Harris	Carmen	Director TAY and Adult Services	Redwood Community Service

Last Name	First Name	Position	Agency
Jancito	Carols	Senior Program Specialist	Mendocino County BHRIS
Johns	Nichole	Clinical Director	Tapestry Family Services
Kaye	Marty	Account Specialist	Mendocino County BHRIS
La Delle-Daily	Lois	RQMC Compliance Officer	Redwood Quality Management Company
Landis	Cliff	Mental Health Clinician II	Mendocino County BHRIS
Livingston	Sarah	Director	Redwood Community Crisis
Logan	Alicia	Business Administrator	Redwood Quality Management Company
Lovato	Karen	Acting OOC Deputy Director	Mendocino County BHRIS
Lower	Danielle	Electronic Health Record Manager	Redwood Quality Management Company
Malone	Tim	Mental Health Clinician	Tapestry Family Services
Miller	Jenine	Behavioral Health and Recovery Services Director	Mendocino County BHRIS
Offill	Christina	Clinical Program Manager	Redwood Community Services

Last Name	First Name	Position	Agency
Pallisen	Taylor	Medical Assistant	Redwood Quality Management Company
Peeler	Grace	Mental Health Rehab Specialist	MCAVHN
Power	Angela	Mental Health Rehab Specialist	MCAVHN
Riley	William	Staff Services Administrator	Mendocino County BHRS
Schraeder	Camille	CFO	Redwood Quality Management Company
Schraeder	Tim	CEO	Redwood Quality Management Company
Shems	Sarah	Clinician	Redwood Community Services
Smith	Rendy	Program Manager Substance Use Disorder Treatment	Mendocino County BHRS
Thompson	Dustin	Staff Services Administrator	Mendocino County BHRS
Turchin	Andrea	Fiscal Manager	Mendocino County BHRS
Walsh	Sarah	Data Analyst	Redwood Quality Management Company

Last Name	First Name	Position	Agency
Wilson	Rebecca	WPC Director	Redwood Quality Management Company
Winter	Ian	Mental Health Rehab Specialist	Mendocino County BHRS
Wolf	Sage	Homeless Advocate	Redwood Community Service
Wyant	Billie	Clinical Program Manager	Redwood Community Services
Yovino	Mary	Program Administrator	Redwood Quality Management Company

Attachment C—Approved Claims Source Data

Approved Claims Summaries are provided separately to the MHP in a HIPAA-compliant manner. Values are suppressed to protect confidentiality of the individuals summarized in the data sets where beneficiary count is less than or equal to 11 (*). Additionally, suppression may be required to prevent calculation of initially suppressed data, corresponding penetration rate percentages (n/a); and cells containing zero, missing data or dollar amounts (-).

Table C1 shows the ACA Penetration Rate and ACB separately. Since CY 2016, CalEQRO has included the ACA Expansion data in the PMs presented in the Performance Measurement section.

Table C1: CY 2019 Medi-Cal Expansion (ACA) Penetration Rate and ACB

Mendocino MHP					
Entity	Average Monthly ACA Enrollees	Beneficiaries Served	Penetration Rate	Total Approved Claims	ACB
Statewide	3,719,952	159,904	4.30%	\$824,153,538	\$5,154
Small	171,297	8,082	4.72%	\$39,384,225	\$4,873
MHP	12,870	665	5.17%	\$3,845,038	\$5,782

Table C2 shows the distribution of the MHP beneficiaries served by ACB range for three cost categories: under \$20,000; \$20,000 to \$30,000; and above \$30,000.

Table C2: CY 2019 Distribution of Beneficiaries by ACB Range

Mendocino MHP								
ACB Range	MHP Beneficiaries Served	MHP Percentage of Beneficiaries	Statewide Percentage of Beneficiaries	MHP Total Approved Claims	MHP ACB	Statewide ACB	MHP Percentage of Total Approved Claims	Statewide Percentage of Total Approved Claims
< \$20K	2,395	91.13%	93.31%	\$10,123,748	\$4,227	\$3,998	52.38%	59.06%
>\$20K - \$30K	113	4.30%	3.20%	\$2,767,599	\$24,492	\$24,251	14.32%	12.29%
>\$30K	120	4.57%	3.49%	\$6,435,718	\$53,631	\$51,883	33.30%	28.65%

Attachment D—List of Commonly Used Acronyms

Table D1: List of Commonly Used Acronyms

Acronym	Full Term
AAS	Alternative Access Standard
ACA	Affordable Care Act
ACL	All County Letter
ACT	Assertive Community Treatment
ART	Aggression Replacement Therapy
CAHPS	Consumer Assessment of Healthcare Providers and Systems
CalEQRO	California External Quality Review Organization
CARE	California Access to Recovery Effort
CBT	Cognitive Behavioral Therapy
CCBH	Community Care Behavioral Health
CDSS	California Department of Social Services
CFM	Consumer and Family Member
CFR	Code of Federal Regulations
CFT	Child Family Team
CIT	Crisis Intervention Team or Training
CMS	Centers for Medicare and Medicaid Services
CPM	Core Practice Model
CPS	Child Protective Service
CPS (alt)	Consumer Perception Survey (alt)
CSD	Community Services Division
CSI	Client Services Information
CSU	Crisis Stabilization Unit
CWS	Child Welfare Services
CY	Calendar Year
DBT	Dialectical Behavioral Therapy
DHCS	Department of Health Care Services

Acronym	Full Term
DPI	Department of Program Integrity
DSRIP	Delivery System Reform Incentive Payment
EBP	Evidence-based Program or Practice
EHR	Electronic Health Record
EMR	Electronic Medical Record
EPSDT	Early and Periodic Screening, Diagnosis, and Treatment
EQR	External Quality Review
EQRO	External Quality Review Organization
FC	Foster Care
FG	Focus Group
FQHC	Federally Qualified Health Center
FSP	Full-Service Partnership
FY	Fiscal Year
HCB	High-Cost Beneficiary
HIE	Health Information Exchange
HIPAA	Health Insurance Portability and Accountability Act
HIS	Health Information System
HITECH	Health Information Technology for Economic and Clinical Health Act
HPSA	Health Professional Shortage Area
HRSA	Health Resources and Services Administration
IA	Inter-Agency Agreement
ICC	Intensive Care Coordination
ISCA	Information Systems Capabilities Assessment
IHBS	Intensive Home-Based Services
IT	Information Technology
LEA	Local Education Agency
LGBTQ	Lesbian, Gay, Bisexual, Transgender or Questioning
LOS	Length of Stay

Acronym	Full Term
LSU	Litigation Support Unit
M2M	Mild-to-Moderate
MCP	Managed Care Plan
MDT	Multi-Disciplinary Team
MHBG	Mental Health Block Grant
MHFA	Mental Health First Aid
MHP	Mental Health Plan
MHSA	Mental Health Services Act
MCBHD	Medi-Cal Behavioral Health Division (of DHCS)
MHSIP	Mental Health Statistics Improvement Project
MHST	Mental Health Screening Tool
MHWA	Mental Health Wellness Act (SB 82)
MOU	Memorandum of Understanding
MRT	Moral Reconciliation Therapy
NA	Network Adequacy
N/A (alt)	Not Applicable
NACT	Network Adequacy Certification Tool
NP	Nurse Practitioner
NPI	National Provider Identifier
ONA	Out-of-Network Access
PA	Physician Assistant
PATH	Projects for Assistance in Transition from Homelessness
PHF	Psychiatric Health Facility
PHI	Protected Health Information
PIHP	Prepaid Inpatient Health Plan
PIP	Performance Improvement Project
PM	Performance Measure
PM (alt)	Partially Met
QI	Quality Improvement

Acronym	Full Term
QIC	Quality Improvement Committee
RN	Registered Nurse
ROI	Release of Information
SAR	Service Authorization Request
SAMHSA	Substance Abuse and Mental Health Services Administration
SB	Senate Bill
SBIRT	Screening, Brief Intervention, and Referral to Treatment
SDMC	Short-Doyle Medi-Cal
SELPA	Special Education Local Planning Area
SED	Seriously Emotionally Disturbed
SMHS	Specialty Mental Health Services
SMI	Seriously Mentally Ill
SOP	Safety Organized Practice
STRTP	Short-Term Residential Therapeutic Program
SUD	Substance Use Disorders
TAY	Transition Age Youth
TBS	Therapeutic Behavioral Services
TFC	Therapeutic Foster Care
TSA	Timeliness Self-Assessment
WET	Workforce Education and Training
WRAP	Wellness Recovery Action Plan
YSS	Youth Satisfaction Survey
YSS-F	Youth Satisfaction Survey-Family Version