



**MENDOCINO COUNTY BEHAVIORAL
HEALTH ADVISORY BOARD**

REGULAR MEETING

MINUTES

**April 28, 2021
10:00 AM - 12:00 PM**

Join Zoom Meeting:

<https://mendocinocounty.zoom.us/j/98557737710>

Call in:

+1(669) 900-9128 or +1(346) 248-7799

Webinar ID: 985 5773 7710

Chairperson
Michelle Rich

Vice Chair
Julia Eagles

Secretary
Jo Bradley

Treasurer
Richard Towle

BOS Supervisor
Mo Mulheren

1ST DISTRICT: DENISE GORNY LOIS LOCKART RICHARD TOWLE	2ND DISTRICT: MICHELLE RICH SERGIO FUENTES VACANT	3RD DISTRICT: MILLS MATHESON VACANT VACANT	4TH DISTRICT: JULIA EAGLES VACANT VACANT	5TH DISTRICT: FLINDA BEHRINGER JO BRADLEY MARTIN MARTINEZ
--	--	---	---	--

OUR MISSION: *"To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

	Agenda Item / Description	Action
1. 5 minutes	Call to Order, Roll Call & Quorum Notice, Approve Agenda: <ul style="list-style-type: none"> ○ Chair Rich called the meeting to order at 10:04 AM. ○ Members present: Member Behringer, Member Bradley, Member Eagles, Member Gorny, Member Martinez, Member Matheson, and Member Towle. ○ Excused absence: Member Fuentes and Member Lockart ○ Quorum met. ○ Agenda approved as presented. 	Board Action: Motion made by Vice Chair Eagles, seconded by Member Gorny to approve the agenda as presented. Motion passed unanimously.
2. 5 minutes	Approval of Minutes from the March 24, 2021 BHAB Regular Meeting: <i>Review and possible board action.</i> <ul style="list-style-type: none"> ○ Minutes approved as presented. 	Board Action: Motion made by Vice Chair Eagles, seconded by Member Gorny to approve the March 24, 2021 meeting minutes as presented. Motion passed unanimously.

<p>3. 10 minutes (Maximum)</p>	<p>Public Comments: <i>Members of the public wishing to make comments to the BHAB will be recognized at this time. Any additional comments will have to be provided through email to bhboard@mendocinocounty.org.</i></p> <ul style="list-style-type: none"> ○ Jo Silva: Regarding the Whitmore Lane facility as a potential PHF. Jo thinks it is not appropriate for a PHF, the Ranch location should be considered instead. ○ Alexandra Rounds: Alexandra is a licensed mid-wife and home visiting consortium coordinator for First 5 Mendocino. Reaching out to the community to make sure individuals that could benefit from additional support (late pregnancy or early years) can get help by contacting her. <ul style="list-style-type: none"> - BHRS staff will reach out to Alexandra via email to receive additional information. ○ Member Gorney has free masks, gloves, and hand sanitizers available, anyone in need of some may contact her at 463-4700. 	<p>Board Action:</p>
<p>4. 20 minutes</p>	<p>Board & Committee Reports: <i>Discussion and possible board action.</i></p> <p>A. Chair – <i>Michelle Rich</i></p> <ol style="list-style-type: none"> 1. Proposal for Special BHAB Meeting Regarding Budget & Finances <ol style="list-style-type: none"> i. Feedback requested from board on whether or not to hold a special meeting or add to next month’s agenda. ii. The board agreed the joint meeting with the BOS will be considered as the regular BHAB meeting for May, and to hold a special meeting dedicated to finances on May 26, 2021. 2. BHAB Meeting Schedule: July – December 2021 <ol style="list-style-type: none"> i. Proposal to continue to hold BHAB meetings virtually through September 2021. 3. BOS/BHAB/Measure B Joint Meeting- May 24, 2021 <ol style="list-style-type: none"> i. The BOS has requested a joint meeting with Measure B and the BHAB. Lili will send meeting details to board members as soon as they are available. <p>B. Vice Chair – <i>Julia Eagles</i> start here</p> <ol style="list-style-type: none"> 1. Recently attended the MHSA Forum and Stepping Up meetings. 2. Stats from MHSA meeting: 415 calls for suicide ideation over the last 6 months vs 58 calls in the year prior. Isolation from COVID seems to be the main cause of this. Coastal suicide prevention served approximately 300 people in that time period, which is an increase in services. 3. May is Mental Health month: MHSA is forming groups to attend Farmers markets to provide handouts and raise awareness. 4. Stepping up: moving forward with looking at Stepping Up models from other cities to determine what model will work best for Mendocino County. <ol style="list-style-type: none"> i. Brief discussion on NAMI’s “Help not Handcuffs” program, more information is available on their website. <p>C. Secretary – <i>Jo Bradley</i></p> <ul style="list-style-type: none"> ○ No report. <p>D. Treasurer – <i>Richard Towle</i></p> <ol style="list-style-type: none"> 1. \$770.56 in expenses to date, plenty of money for any training 	<p>Board Action:</p> <p>Motion made by Member Bradley, seconded by Member Gorney to dedicate the May 26, 2021 on finances. Motion passed unanimously.</p> <p>Motion made by Member Towle, seconded by Member Bradley to hold BHAB meetings virtually through September 2021. Motion passed unanimously.</p> <p>Motion made by Member Martinez, seconded by Member Towle to advise that MHSA provide handouts/brochure be provided at Farmers markets and COVID vaccine sites</p>

	<p>opportunities.</p> <p>E. Advocacy & Legislation Committee – <i>Member Bradley, Chair Rich</i></p> <ul style="list-style-type: none"> ○ No report. <p>F. Appreciation Committee – <i>Member Fuentes & Martinez</i></p> <ul style="list-style-type: none"> ○ No report. <p>G. Contracts Committee – <i>Member Fuentes, Vice Chair Eagles, Chair Rich</i></p> <ol style="list-style-type: none"> 1. Chair Rich has continued to participate in a number of reviews and will continue to weigh in as there is opportunity. <p>H. Membership Committee – <i>Member Behringer, Bradley, Gorny, Vice Chair Eagles, Chair Rich</i></p> <ol style="list-style-type: none"> 1. Member Bradley reached out to Supervisor Gjerde, discussed the possibility of having a police officer on this board. Supervisor Gjerde is getting ahold of Fort Bragg City manager and will follow up with Member Bradley. 2. BHAB Applicant Jeff Ship <ol style="list-style-type: none"> i. Vice Chair Eagles interviewed Mr. Shipp, he is very excited to be considered for the board as consumer for the 3rd District. Supervisor Haschak has endorsed this candidate. ii. Rick Blumberg: Supervisor Mulheren is going to reach out to Mr. Blumberg to confirm if he is still interested in the 2nd district seat. 3. BHAB Vacancies Advertising <ol style="list-style-type: none"> i. Discussion regarding using BHAB funds to advertise BHAB vacancies, especially in the coast (Mendocino Beacon and Fort Bragg Advocate). ii. BHRS staff will also create a flier and bring it back to the board for approval. iii. \$329 are available in office expenses but can take money from travel to cover additional costs if needed. iv. The Membership committee will meet to discuss the details and work with BHRS staff. <p>I. Site Visit Committee - <i>Member Behringer, Fuentes, Martinez, & Towle</i></p> <ol style="list-style-type: none"> 1. No report. 2. Discussion on what facilities the Site Visit committee should visit this year. Manzanita services, Hospitality center, Restpadd (either one), and the RCS homeless program were recommended by board members. Chair Rich confirmed the committee can travel out of county if necessary. <ol style="list-style-type: none"> i. Travel expenses will be covered by the BHAB. ii. Member Behringer will coordinate a meeting, and the Site visit committee will come back to the board with a planned schedule of site visits. iii. Public comment: Jo Silva recommends the guest home in Modesto, the Heritage hospital in Sacramento, and another facility in Redding. 	<p>regarding suicide prevention. Motion passed unanimously.</p> <p>Motion made by Member Behringer, seconded by Vice Chair Eagles to endorse Mr. Shipp for the 3rd District consumer seat. Motion passed unanimously.</p> <p>Motion made by Member Bradley, seconded by Vice Chair Eagles to use BHAB funds (up to \$200) to advertise BHAB vacancies in local newspapers (4th district), and create fliers for distribution. Motion passed unanimously.</p>
<p>5. 10 minutes</p>	<p>Measure B: <i>Discussion and possible board action.</i></p> <p>A. Measure B March Meeting Report</p> <ul style="list-style-type: none"> ○ The Measure B Project Manager position has not been eliminated but is included in the Measure B budget in case it needs to be filled in the future. ○ BHRS provided an update on the CRT, everything is on track. 	<p>Board Action:</p>

	<ul style="list-style-type: none"> ○ The possible restructure of the Measure B committee will happen once a strategic plan is implemented. <p>B. April Meeting Agenda Review</p> <ul style="list-style-type: none"> ○ Agenda items include the special joint meeting with the BOS, finance review, and BOS items update. <p>C. Board of Supervisor Meeting Measure B Items</p> <ul style="list-style-type: none"> ○ The BOS voted to adopt the Kemper Report as the strategic plan at the April 20th BOS meeting. The BOS directed BHRS staff to do a performance management plan of what has been done to date, and what is still pending. ○ CIT training: the BOS asked for the Sheriff, BHRS, and NAMI to do a presentation on CIT trainings that have been offered in Mendocino County (how our model compares to others and next steps). This presentation was provided to the BOS, and the BOS directed the agencies to work together on how to continue CIT trainings in Mendocino County. There was a recommendation that Measure B pay for those trainings going forward. ○ The BOS also asked staff to do feasibility study on Whitmore Lane as a possible PHF. More information to be presented at the special joint meeting on May 24th. 	
<p>6. 15 minutes</p>	<p>Mendocino County Report: <i>Jenine Miller, BHRS Director</i></p> <p>A. Director Report Questions</p> <ul style="list-style-type: none"> ○ Included in agenda packet. <p>B. Services at the Jail</p> <ul style="list-style-type: none"> ○ Included in Director’s report. ○ The jail offers medication services and discharge planning. <p>C. ASO Contract</p> <ol style="list-style-type: none"> 1. BHRS is planning on making some changes to the ASO contract that will make fiscal cost report audits easier to complete. <ol style="list-style-type: none"> i. The majority of the ASO contract dollars goes to the contracted providers (sub-contractors). ii. There will be a contract with the ASO individually solely for their services, and will contract jointly with the ASO with local service providers. This will allow for more transparency so community can see where the money is going and what services are provided. iii. Mobile outreach response: BHRS will be hiring 3 teams (2 with the Sheriff’s office and 1 with UPD). One person has already been hired, will be training with Crisis and the Sheriff’s office. Goal is to have the team on the streets by mid-May. More recruitment is planned. 	<p>Board Action:</p>
	<p>Stretch Break</p>	
<p>7. 5 minutes</p>	<p>RQMC Report: <i>Camille Schraeder, Redwood Quality Management Company</i></p> <p>A. Data Dashboard Questions</p> <ul style="list-style-type: none"> ○ Included in agenda packet. <p>B. Services Update</p> <ol style="list-style-type: none"> 1. RQMC continues to track hospitalizations, their team is meeting weekly to look at clients that have been hospitalized more than once in a 6 	<p>Board Action:</p>

	<p>month period and determine if they are homeless.</p> <ol style="list-style-type: none"> 2. Encouraging RCS to open up a mandated housing support for those that have been hospitalized 2 or 3 times in a fiscal year. Will provide a more extensive report on this matter. 3. RQMC is currently in talks with Manzanita to help them with support program development with their new Director regarding a social rehab day program to address mental health and substance use disorder symptoms. 4. Working with the county on FY 13/14, 14/15, 15/16 cost reports. 5. RQMC and the county received the OAC grant to provide social and emotional school based support county wide. <ol style="list-style-type: none"> i. All the children system of care providers are included in this grant. 6. Camille connected with Megan Van Sant to try and formalize what services could look like to support ongoing connections with the Homeless Outreach and Engagement team. Will have an initial review as soon as possible. If any members have any places around town they have concerns about, let RQMC know. 7. Camille testified at the Legislature regarding CalAIM. CalAIM is saying providers should not be prohibited from providing MH/SUD services to clients before they have been diagnosed. 	
<p>8. 10 minutes</p>	<p>Outreach & Stigma Reduction: Discussion and Possible Board Action</p> <ul style="list-style-type: none"> ○ County is going to be contracting with a local agency to provide education outreach services. ○ BHRS issued an RFP, and recently had a pre-bidders conference. Currently waiting for the RFP to close and once it does Chair Rich will sit on the panel to review the proposals. ○ Contract expected to be finalized by mid-June. ○ Public comment: Jo Silva recommended movies around mental illness as a source to provide outreach to the community. 	
<p>9. 40 minutes</p>	<p>Discussion of Local Training Opportunities for Law Enforcement Interactions with Mentally Ill Individuals</p> <ul style="list-style-type: none"> ○ Discussion regarding how the BHAB can advocate for more training opportunities to avoid the use of force from law enforcement with people that have a mental illness. ○ The County cannot mandate any trainings although there are State mandated trainings that all law enforcement entities in Mendocino County are mandated to take. ○ What is the procedure to follow if someone witnesses someone with possible mental distress needing help? Community awareness is crucial. ○ Camille commented on the 21 clients that have been hospitalized that are dual diagnosis and have an underlying mental health condition and are actively using. When clients are actively using it is difficult to determine whether they meet criteria. ○ Chair Rich would like to have a concrete recommendation by the end of the year regarding data and engaging the community and steps the board can take on this matter. 	

10. 5 Minutes	Member Comments: <input type="radio"/> No comments.	Board Action:
11.	Adjournment: 12:01 PM Next meeting: May 26, 2021 10:00 AM – 12:00 PM via Zoom	

AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

BHAB CONTACT INFORMATION:

PHONE: (707) 472-2355 | FAX: (707) 472-2788

EMAIL THE BOARD: bhboard@mendocinocounty.org | WEBSITE: www.mendocinocounty.org/bhab

Michelle Rich

Michelle Rich, BHAB Chair

5/26/2021

Lili Chavoya

Lili Chavoya, BHRS Administrative Secretary

5/26/2021