



**MENDOCINO COUNTY BEHAVIORAL
HEALTH ADVISORY BOARD**

REGULAR MEETING

MINUTES

**January 27, 2021
10:00 AM - 12:00 PM**

**Join Zoom Meeting:
<https://mendocinocounty.zoom.us/j/98557737710>**

**Call in:
+1(669) 900-9128 or +1(346) 248-7799**

Webinar ID: 985 5773 7710

**Find your local number:
<https://mendocinocounty.zoom.us/u/acQchywdog>**

Chairperson
Michelle Rich

Vice Chair
Vacant

Secretary
Jo Bradley

Treasurer
Richard Towle

BOS Supervisor
Mo Mulheren

1ST DISTRICT: DENISE GORNY LOIS LOCKART RICHARD TOWLE	2ND DISTRICT: MICHELLE RICH SERGIO FUENTES VACANT	3RD DISTRICT: MILLS MATHESON VACANT VACANT	4TH DISTRICT: JULIA EAGLES VACANT VACANT	5TH DISTRICT: MARTIN MARTINEZ FLINDA BEHRINGER JO BRADLEY
--	--	---	---	--

OUR MISSION: *"To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

Item	Agenda Item / Description	Action
1. 5 minutes	Call to Order, Roll Call & Quorum Notice, Approve Agenda: <ul style="list-style-type: none"> ○ Chair Rich called the meeting to order at 10:05 AM ○ Quorum met. ○ Members present: Behringer, Bradley, Eagles, Fuentes, Gorny, Martinez, Matheson, and Supervisor Mulheren. ○ Agenda approved as presented. 	Board Action: Motion made by Member Gorny, seconded by Member Bradley to approve the agenda as presented. Motion passed unanimously.
2. 5 minutes	Minutes of the December 14, 2020 BHAB Regular Meeting: Review and possible board action. <ul style="list-style-type: none"> ○ Minutes approved as written. 	Board Action: Motion made by Member Gorny, seconded by Membe Behringer to approve the December 14, 2020 minutes as written.

		Motion passed with two abstentions.
<p>3. 10 minutes (Maximum)</p>	<p>Public Comments: <i>Members of the public wishing to make comments to the BHAB will be recognized at this time. Any additional comments will have to be provided through email to bhboard@mendocinocounty.org.</i></p> <ul style="list-style-type: none"> ○ Public member Deborah from RCMS shared that RCMS now has a Behavioral Health Department. They have two LCSW's, one consulting psychiatrist, and they are currently recruiting two full time LCSW interns. They are providing both telehealth and in-person services. 	Board Action:
<p>4. 20 minutes</p>	<p>Board Reports: <i>Discussion and possible board action.</i></p> <p>A Membership Committee:</p> <ul style="list-style-type: none"> I Chair Rich welcomed new board Member Dr. Mills Matheson, and new BOS Supervisor Mo Mulheren. II Board Officers: Chair, Vice Chair, and Treasurer: <ul style="list-style-type: none"> a Discussion on nominations for Chair, Vice Chair, and Treasurer. Member Behringer will contact all board members to determine if anyone is interested in the Vice Chair position. b The board agreed to keep the current Chair, Secretary, and Treasurer, and will appoint a Vice Chair at next month's meeting. III Committee Representatives: Stepping Up, MHSA Forum <ul style="list-style-type: none"> a Stepping Up: Dustin Thompson gave a brief overview of what the purpose of the Stepping Up Committee is. The Stepping Up Committee meets the fourth Mondays from 12:00 – 1:00 PM. The main purpose of the initiative is to create diversion programs as an alternative for individuals with mental health issues or substance use disorders to stay out of jail and reduce recidivism. b Member Behringer is interested in attending these meetings; she will attend the next meeting and check back with the Board next month. c MHSA Forum: The MHSA Forum meetings are quarterly, currently via Zoom, and are held at different times. d Member Martinez will attend the next MHSA Forum meeting on February 3rd on behalf of the board. IV BHAB Applicant: Rick Blumberg <ul style="list-style-type: none"> a Member Behringer emailed Supervisor Gjerde to recommend that he consider Mr. Blumberg as an out of district candidate for a seat in District 4. Chair Rich and Member Behringer to follow up on next steps, and Chair Rich will forward his application to Supervisor Mulheren. b The BHAB is recruiting consumers, as there are not enough consumers on the board. BHRS Director Miller and Supervisor Mulheren have both made recommendation to Supervisor Haschak for District 3 consumer seats. 	<p>Board Action:</p> <p>Motion made by Member Bradley, seconded by Member Matheson to keep the current Chair, Secretary, and Treasurer for 2021. Motion passed unanimously.</p> <p>Follow up next meeting.</p> <p>Follow up at next meeting.</p>

	<p>B Chair – <i>Michelle Rich</i></p> <p>I 2020 Annual Report Draft</p> <ul style="list-style-type: none"> a The board reviewed the annual report provided by Chair Rich and included in the agenda packet. b The annual report presentation to the BOS is scheduled for March 23, 2021. c Chair Rich will make corrections to page 2. d The board agreed to approve the annual report at next month’s meeting. The final draft is due to the Clerk of the Board by March 8, 2021. <p>II California Behavioral Health Planning Council 2020 Data Notebook Survey Follow Up</p> <ul style="list-style-type: none"> a Included in agenda packet. b The board went through the Notebook Survey data and reviewed the data and information presented. c Discussion on possibility of comparing the data to the data of other counties. d Discussion on group homes and how the county funds group homes. BHRS Director Miller explained group homes are funded through the Child Welfare system through the county. They are the ones who generally place children in an out of group homes. If an individual has Mental Health needs, then Mental Health pays for the Mental Health services provided. e Discussion on writing a letter to Broadband Alliance to express concerns about Mental Health providers relying on broadband services to provide services. f Chair Rich and Member Bradley will work together to submit a letter to Broadband Alliance. g Data Notebook survey approved as presented. Chair Rich will submit to California Behavioral Health Planning Council. <p>C Vice Chair – No Vice Chair currently appointed.</p> <p>D Treasurer – Member Treasurer absent from today’s meeting.</p>	<p>Follow up at next meeting.</p> <p>Motion made by Member Bradley, seconded by Member Fuentes to write a letter to Broadband Alliance to address the internet connection concerns. Motion passed unanimously.</p> <p>Motion made by Member Behringer, seconded by Member Bradley to approve the Data Notebook survey as presented. Motion passed unanimously.</p>
<p>5. 15 minutes</p>	<p>Measure B: <i>Discussion and possible board action.</i></p> <p>A Measure B December Meeting Report</p> <ul style="list-style-type: none"> I No discussion on this item. <p>B January Meeting Agenda Review</p> <ul style="list-style-type: none"> I Chair Rich was appointed as the BHAB Measure B representative at yesterday’s BOS meeting. She will not be able to vote at today’s meeting due to paperwork not being in place yet, but will attend to provide feedback. II BHRS Director Miller explained that the Psychiatric Health Facility (PHF) is on today’s agenda. The Kemper Ad Hoc has been working to determine if there are any viable sites throughout the county that could work for a PHF. There has been an extensive search of various different options and facilities. The conclusion has been that the Old Howard hospital site is still the best option in the county for a PHF. There is a recommendation to consider this site for the PHF, and 	<p>Board Action:</p>

	<p>thoroughly evaluate if this is the best location.</p> <p>III The county continues to receive community feedback from public members all over the county of “not in my backyard”. BHRS Director Miller explained that there is a misconception of what a PHF is, and the community has a stigma towards it. She believes that the BHAB should address this stigma because the community wants one, but no one wants it in their “backyard”. BHRS Director Miller hopes that regardless of where the PHF is placed, we can get rid of stigma and misconception and help spread information on what a PHF really is and the significant benefits it would bring to our community.</p> <p>a Continued discussion on the PHF: board members expressed their thoughts and agreed with BHRS Director Miller’s thoughts.</p> <p>b Discussion on the benefits a PHF would bring to the Coast and surrounding areas related to the current issues with accessing services in Fort Bragg and distance.</p> <p>C Board of Supervisor Meeting Measure B Items</p> <p>I No discussion on this item.</p>	
<p>6. 15 minutes</p>	<p>Guest Speaker: <i>Donna Moschetti, National Alliance on Mental Illness (NAMI) Mendocino</i></p> <p>A Donna Moschetti, NAMI Mendocino Chair, joined the board for a brief presentation.</p> <p>I NAMI Mendocino is the local National Alliance on Mental Illness affiliate in Mendocino County. Their office is located at 564 South Dora St. Suite E, in Ukiah and are open Monday-Friday from 10:00 AM – 2:00 PM.</p> <p>II During the pandemic, NAMI closed the office for a couple of months, but the office is currently open.</p> <p>III Programs currently offered by NAMI:</p> <p>a Family Support Group: for family members only to get assistance/support.</p> <p>b Peer-to-peer: for peers only. It is a 10 week education class which teaches about medications, mental illness, how to deal with family members, and how to deal with triggers.</p> <p>i All programs are free of charge, and you do not need to be a NAMI member to access the programs, and clients also do not need to have a diagnosis.</p> <p>c Family to family: educational 8 week course for family members only. It educates about mental illness, anti-stigma, how to communicate with doctors, with their loved ones, Educates medication, and tries to educate them about what goes on in their family member’s mind. They also do not need to have a family member who has been diagnosed, they can simply believe something is going on.</p> <p>d NAMI also offers a public presentation from 2 peers with a video that shows other peers that have gone from “normal” to on set, to recovery, to relapsed, to wellness. It is a very powerful presentation, but COVID has not allowed NAMI</p>	<p>Board Action</p>

	<p>to get it up and running again.</p> <ul style="list-style-type: none"> i Currently during COVID, NAMI is looking at implementing a virtual Family Support group by June 2021. ii Everyone who supports NAMI are volunteers except one paid office worker. Everyone is trained in every program and every time the curriculum changes they train again. e Donna hopes to start doing presentations to the public again soon, and hopes that once that is do-able, the BHAB can help promote it and help with resource email group list. f Member Bradley asked if there is an organized group on the coast that advocates or has similar services. Donna explained that Sonya was doing support groups in the coast, but had to stop due to personal reasons. <ul style="list-style-type: none"> i There are currently only 2 active support group facilitators in NAMI. NAMI will be starting offering trainings with funding from a donor for people interested in becoming a support group facilitator. This will (hopefully) allow to get services back up and running in the coast. 	<p>Lili to send Donna the BHAB member's emails so she can add to NAMI's list.</p>
<p>7. 10 minutes</p>	<p>Mendocino County Report: <i>Jenine Miller, BHRS Director</i></p> <p>A Director Report Questions</p> <ul style="list-style-type: none"> I Director Report and timeliness reports included in agenda packet. II BHRS Director Miller will give an overview at next month's meeting on BHRS grants; BHRS is currently working on about 9 grants. III Hoping to have final EQRO report by next month, this will allow to compare how Mendocino County is doing compared to other counties. IV The ASO contract went in front of the BOS yesterday to extend it for an additional 6 months. BHRS is currently in negotiations with next ASO contractor starting on July 1st but cannot give details until the negotiation is done. V Chair Rich question on timeliness trends: is it taking longer for people to get a first appointment (October stats)? Is it related to staffing issues? What happens if there is not a provider available for a client? <ul style="list-style-type: none"> a Camille explained that the month of October was rough due to the shifting of opening up due to COVID. There were also technology issues with a few providers, and one agency was unable to respond referrals coming in, and RQMC was unaware of this incident for a whole week. Camille explained that clients do not get turned away and referrals are tracked internally so that this does not happen again. RQMC is still concerned about the children system of care. They are continuing to work on this and will provide a detailed report on their plans. <p>B Stats Update:</p> <ul style="list-style-type: none"> I No discussion on this item. 	<p>Board Action:</p>

	<p>C Healthy Mendocino Data Request Follow Up</p> <p>I County Counsel determined there is no issue with giving them the information they have requested with the exception of any detailed information that is considered protected healthcare information. Will forward the basic data, and any data that comes through to this meeting also be available to them.</p>	
2 minutes	Stretch Break	
8. 10 minutes	<p>Mental Health Student Services Act (MHSSA): <i>Discussion and possible board action.</i></p> <p>A Dustin provided some background information on the MHSSA Committee and what the grant includes and the purpose. More information will be provided once contracts are finalized.</p> <p>I Camille mentioned that RMQC has been working with the County on this grant. All 3 system of care programs in all districts are a part of it.</p> <p>II The grants provides for social/emotional support services rather than clinical counseling. The County has been working on a curriculum for the grant.</p> <p>III Discussion on if a BHAB member needs to sit it on the MHSSA committee. The grant requires that the Committee have a Brown Act meeting in order to receive public input. A BHAB member should participate in these meetings to meet that request.</p> <p>a The board agreed to follow up on this topic at next month’s meeting.</p>	<p>Board Action:</p> <p>Follow up at next month’s meeting.</p>
9. 10 minutes	<p>RQMC Report: <i>Camille Schraeder, Redwood Quality Management Company</i></p> <p>A Data Dashboard Questions</p> <p>I Included in agenda packet.</p> <p>B Services Update</p> <p>I RQMC is excited to be working on the Peer Certification training that the State is ruling out, hoping they can work with the County to fast track this to support Wellness Centers. Will be coming back to the BHAB for feedback on input on how this will be ruled out in Mendocino County.</p> <p>II RQMC also continues to do a lot of work with the county around LPS, are on the right track.</p> <p>III Discussion on adding data on crisis center to data dashboard and how many hospitalized are homeless.</p> <p>IV Discussion on Madrone house in Redwood Valley, there is space for 5-8 patients depending on need. It is a staff supported program and it is shared with Medi-Cal Respite. Crisis Respite gets priority but if there is any openings then it can be Medi-Cal Respite, although there are some costs that cannot be billed to Medi-Cal. This program is an agreement between RCS and Adventist Health.</p>	<p>Board Action:</p> <p>RQMC will provide a full Children Services report at next month’s meeting.</p>
10. 15 minutes	<p>Services at the Jail: <i>Jenine Miller, BHRS Director</i></p> <p><i>Discussion and possible board action.</i></p>	<p>Board Action:</p>

	○ No discussion on this item.	
11. 5 Minutes	Member Comments: • No comments.	Board Action:
12.	Adjournment: 11:57 AM Next meeting: February 24, 2021 via Zoom	Motion made by Member Matheson, seconded by Member Fuentes to adjourn the meeting. All in favor.

AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

BHAB CONTACT INFORMATION: PHONE: (707) 472-2355 FAX: (707) 472-2788

EMAIL THE BOARD: bhboard@mendocinocounty.org WEBSITE: www.mendocinocounty.org/bhab

Michelle Rich

Michelle Rich, Chair

3/3/2021

Date

Lili Chavoya

Lili Chavoya, BHRS Administrative Secretary

3/3/2021

Date