



**MENDOCINO COUNTY BEHAVIORAL
HEALTH ADVISORY BOARD**

REGULAR MEETING

MINUTES

**December 14, 2020
3:00 PM - 5:00 PM**

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1ST DISTRICT: DENISE GORNY LOIS LOCKART RICHARD TOWLE	2ND DISTRICT: MICHELLE RICH SERGIO FUENTES VACANT	3RD DISTRICT: MEEKA FERRETTA AMY BUCKINGHAM VACANT	4TH DISTRICT: JULIA EAGLES VACANT VACANT	5TH DISTRICT: MARTIN MARTINEZ FLINDA BEHRINGER JO BRADLEY
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OUR MISSION: *"To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

Item	Agenda Item / Description	Action
1. 5 minutes	Call to Order, Roll Call & Quorum Notice, Approve Agenda: <ul style="list-style-type: none"> Chair Rich called the meeting to order at 3:03 PM. Member's present: Behringer, Bradley, Gorny, Ferretta, Lockart, Martinez, Towle, and Supervisor Brown. Agenda approved as written. 	Board Action: Motion made by Member Bradley, seconded by Member Gorny to approve the agenda. Motion passed.
2. 5 minutes	Minutes of the November 16, 2020 BHAB Regular Meeting: Review and possible board action. <ul style="list-style-type: none"> Minutes approved as written. 	Board Action: Motion made by Member Gorny, seconded by Member Lockart to approve the November 16, 2020 BHAB minutes as written.

<p>3. 10 minutes (Maximum)</p>	<p>Public Comments: <i>Members of the public wishing to make comments to the BHAB will be recognized at this time. Any additional comments will have to be provided through email to bhboard@mendocinocounty.org.</i></p> <ul style="list-style-type: none"> • Today is Supervisor Brown’s last BHAB meeting, she will be retiring at the end of this month. • Jo Silva commented she has not been to a BHAB meeting in a while; she thinks there should be better communication i.e. being able to access BHAB Zoom meetings at a provider location. <ul style="list-style-type: none"> ○ Jo thinks it might be a good idea for this board to report BOS advice/actions to clients so they know what this board is doing on their behalf. ○ Jo would like refrigerator magnets with crisis line phone numbers, so help line numbers are easily available. ○ Jo would like this board to tell the BOS (Board of Supervisors) they support the Psychiatric Health Facility (PHF), she is in support of a PHF at the old Howard hospital location. ○ Jo would like school-based services to include a curriculum for teachers for Mental Health practices. • Member Lockart commented she has encountered several people with Behavioral Health issues that are being isolated at the jail, and are suffering from lack of communication. Member Lockart asked the board to step up and see what can be done about it. 	<p>Motion passed. Board Action:</p>
<p>4. 20 minutes</p>	<p>Measure B Discussion: <i>Possible board action.</i></p> <p>A. Measure B November Meeting Report</p> <ol style="list-style-type: none"> a) Vice Chair Ferretta: The Measure B committee voted to pay for the CIT training provided by the Sheriff’s office. <ol style="list-style-type: none"> i) Vice Chair Ferretta commented she is resigning from the BHAB board and the Measure B board. Her last Measure B meeting will be December 16th. <p>B) December Meeting Agenda Review</p> <ol style="list-style-type: none"> a) The board reviewed the December 16, 2020 Measure B agenda to provide any feedback needed. <ol style="list-style-type: none"> i) Chair Rich clarified that the BHAB’s mission and priority is to support client services. ii) BHRS Director Miller commented that the status of the Psychiatric Health Facility (PHF) Request for Qualifications (RFQ) and Crisis Residential Treatment facility Request for Proposal (RFP) will be up for discussion at the next Measure B meeting. BHRS Director Miller has no doubt the facility will fill its beds, but does not want the county to have to pay money for beds that are not being used in the long run. The county needs to take sufficient time to find the best provider and make the best negotiation. <p>C) Board of Supervisor Meeting Measure B Items</p> <ol style="list-style-type: none"> a) Discussion and review of the Measure B items scheduled to go 	<p>Board Action:</p>

	<p>in front of the BOS meeting tomorrow.</p> <ul style="list-style-type: none"> i) Item 5i: update to the BOS from Alyson on Measure B, including an attachment with recommendations from the Measure B Ad Hoc Committee. ii) Item 6c: recommendations to approve the Community Education Awareness and Support, and the Crisis Assessment and Psych Hospitalization Aftercare Services programs. These 2 programs were in the original recommendations that were previously held off. <p>D) Letter to Measure B Follow Up</p> <ul style="list-style-type: none"> a) Discussion on the letter Chair Rich was to write to the Measure B Committee. b) The board agreed that a letter to the Measure B board is no longer needed at this time as the issues have been resolved. <p>E) Public Comments:</p> <ul style="list-style-type: none"> a) Jo supports the decision of this board wanting to provide client services for Measure B projects moving forward. Jo shared that she does not understand the relationship between the BHAB and the Measure B board in relation to putting forth their advice to the BOS. <ul style="list-style-type: none"> i) Chair Rich explained that the Measure B Committee is the oversight committee that makes official recommendations to the BOS on how Measure B dollars should be spent. The BHAB has a representative that sits on that board, and the BHAB can write letters or make recommendations as needed. 	
<p>5. 10 minutes</p>	<p>Mendocino County Report: <i>Jenine Miller, BHRS Director</i></p> <ul style="list-style-type: none"> A. Director Report Questions <ul style="list-style-type: none"> a. Included in agenda packet. B. Budget Update <ul style="list-style-type: none"> a. Seeing a variety of different things, continuing to track realignment dollars to see where BHRS will stand in the next few months. b. BHRS is waiting for the next drop in realignment dollars and will work with contracts and budget to stay in budget this year. c. There has been a reduction in Partnership referrals, and this is further impacting the county's budget. d. A 5 percent reduction in Specialty Mental Health services and 15 percent reduction in MHSA services programs was implemented for this year's budget. BHRS is extending all of their MHSA and ASO contracts through June 30th, 2021. For the months of January – June 2021, MHSA contracts will only be reduced by 10 percent instead of 15 percent. C. Healthy Mendocino Data Request Follow Up <ul style="list-style-type: none"> a. BHRS is continuing to work with County Counsel to make sure it does not create a confidentiality concern. D. Mental Health Student Services Act (MHSSA) Steering Committee: <ul style="list-style-type: none"> a. The MHSSA grant is focused on student services in school campuses, but COVID has impacted the plans for this grant. b. The grant has a requirement to have a Steering Committee, and 	<p>Board Action:</p>

	<p>one of the recommendations was to have the BHAB have a Standing Committee to serve as the Steering Committee (with other partners being a part of it). The BHAB Steering Committee would need to be in effect for 4 years (grant term).</p> <p>c. The BHAB agreed to hold off on this item, and have someone from the MHSSA Committee come to the board to clarify what the requirements are.</p> <p>E. BHRS Director Miller commented about mental health services at the jail. She mentioned there has been concerns brought up regarding individuals that end up in solitary confinement at the jail. There was a recommendation for the HSSA Advisory Board to work with the BHAB to bring this topic to the forefront.</p> <p>a. BHRS Director Miller has been working with the Sheriff's office and NaphCare to understand their services, determine what is missing, what the needs are, and what changes need to happen to provide better Mental Health services at the jail. The BOS asked BHRS Director Miller to find out if there is a need for more Mental Health services at the jail, and if the jail needs more dollars to provide services</p> <p>b. Sheriff Kendall has been really accommodating in allowing the county to look into current services and determining what other services the jail can benefit from.</p> <p>F. Public comment:</p> <p>a. Member Ferretta commented on the Suicide Awareness billboard on Highway 20 southbound by Calpella. She mentioned it is difficult to read. BHRS is working with NAMI to do a joint suicide awareness campaign, and another billboard will be going up in the next month at a better location and will hopefully catch more attention.</p>	<p>Chair Rich asked to include an agenda item on Mental Health services at the jail so the board can get a full report at the next BHAB meeting.</p>
<p>6. 15 minutes</p>	<p>Mental Health Services Act (MHSA) Quarterly Update: <i>Karen Lovato, BHRS Acting Senior Program Manager</i></p> <p>A. Karen Lovato joined the board to provide an update on MHSA Mental Health services 2020-21 Quarter 1.</p> <p>a. Most of the data provided is for Community Services and Support (CSS) and Prevention and Early Intervention (PEI) since these are the 2 main components regularly serving clients.</p> <p>b. Overall data for 1st quarter:</p> <p>i. Some programs have reduced numbers in the first quarter partly due to COVID, and because a lot of school based programs have not been operational.</p> <p>ii. Predominantly serving adults age category of 26-59; the next largest category in PEI is the 16+ category. The 0-15 category has always been the lowest category served.</p> <p>iii. Data presented included: age breakdown, ethnic designations, gender, and the various providers and how many clients they served in first quarter for both PEI and CSS. Manzanita, MCAVHN, and Hospitality center make up the majority of CSS services.</p> <p>c. Reminder: there will be a virtual consumer holiday card DIY project. This event is to do a holiday card, those interested were provided with materials to make the card (if registered on time).</p>	<p>Board Action:</p>

	<p>This is intended for Behavioral Health consumers and their families.</p> <p>d. There is a Zoom survey link to give any feedback on how MHSA services are going. Details included in BHRS Director’s report.</p> <p>e. The next Cultural Diversity Committee meeting is on December 17th from 3:30-5:30 PM via Zoom (details in Director’s report).</p>	
2 minutes	Stretch Break	
7. 10 minutes	<p>RQMC Report:</p> <p>A. Data Dashboard Questions</p> <p>a. Data dashboard not included in agenda packet as BHRS did not receive in time to include in agenda.</p> <p>B. Services Update</p> <p>a. Camille shared that these are very difficult times with the combination of COVID exposure and COVID active cases, and the effects as a result of isolation, etc.</p> <p>b. RQMC is working with Crisis, the homeless shelter, and providers are very busy with direct service and managing to keep everything stable.</p> <p>c. Camille continues to worry about the low children system of care numbers; they don’t know what is going on. Working with school partners to try and figure out how to reach out and engage, as have been doing in the past few months.</p> <p>d. Discussion on the current challenges of hiring therapists. People are declining to work due to COVID, but RQMC is hopeful to have positive results be the end of the year.</p> <p>e. Member Martinez asked if RQMC offers any workshops via Zoom on suicide prevention that public can participate in. Camille stated yes, RCS , Youth Project and the county are doing various groups and support services online. Camille will ask RCS to bring back information on what is currently being offered.</p>	Board Action:
8. 10 minutes	<p>Guest Speaker: <i>Jacqueline Williams, Executive Director - Ford Street Project</i></p> <p>a. The Ford Street Project operates the local food bank, which currently feeds 608 households on a weekly basis. Currently in the middle of their annual drive.</p> <p>b. They offer housing for families who are homeless or at risk of homelessness as part of the Unity Village program. They have added 8 additional dorm rooms, and also reformatted an old building. On any given day, there are 20 families living at the Ford Street Project.</p> <p>i. They work hard to help folks attain permanent housing, and have still managed to be successful amid the pandemic. They work very closely with families, and they are amazed at how frequently they are able to find permanent housing for their clients.</p> <p>c. The Ford Street Project is a sober living environment, and their Outpatient Treatment service provision is also on site.</p> <p>d. No bilingual services are currently available.</p>	Board Action:

	<p>e. Clover Martin shared the Ford Street Project’s Drug Medi-Cal Provision of services.</p> <ul style="list-style-type: none"> i. They began accepting Partnership clients in July. Anyone that has Partnership Medi-Cal can access services for Outpatient Treatment, Withdrawal Management, or for Residential treatment. ii. They serve anyone over the age of 18, and the facility is co-ed. iii. Before accepting Partnership Medi-Cal. Clover and her team were turning a lot of people away. <p>f. Accommodations due to pandemic were made to create more space between beds along with other adjustments.</p> <ul style="list-style-type: none"> i. Clients also need to be tested for COVID before receiving treatment, so this sometimes delays the process. <p>g. Member Martinez asked how much local help the Ford Street Project receives.</p> <ul style="list-style-type: none"> i. Clover shared there are meetings, and sporadically independent contractors who come in and help. But no other local organizations are currently helping. ii. Jacque mentioned that Partnership offered on-site services (Bright Heart Health company), but it is currently only 70 percent implemented. <p>h. Jacque clarified that the food bank is run on donations with the exception of the \$700/month the County provides to help sustain the services. Most programs at the Ford Street Project are sustained from rent money or services they provide.</p> <p>i. Discussion on whether BHAB can help in any way. Jacque said that they will be working to determine what their needs are.</p>	<p>Jacque and her team will determine any areas the BHAB can help advocate for on their behalf.</p>
<p>9. 10 minutes</p>	<p>Committee Representatives: <i>Discussion and possible board action.</i></p> <p>A. Measure B</p> <ul style="list-style-type: none"> a. This seat will get noticed, since Vice Chair Ferretta is resigning. The new representative person would need to apply, and then be appointed by the board. b. Chair Rich mentioned that in order to have a Measure B representative at the next Measure B meeting, someone has to be appointed today. c. The board agreed to have Chair Rich be the new Measure B BHAB representative for 2021. <p>B. Stepping Up</p> <ul style="list-style-type: none"> a. Stepping Up meetings are held the 4th Mondays of the month from 12:00-1:00 PM. Various county elected officials and partners come together to create diversion programs so individuals with Mental Health or Substance Use disorder stay out of jail. The purpose is to create diversion programs to have an alternative rather than booking these individuals into custody. The committee works to create these programs, and work with local law enforcement to get the diversion program rolled out. BHRS Director Miller has been working with executives at NaphCare, and they were able to bring data and software they use to track valuable data for Stepping Up b. Member Bradley may also be interested in attending these 	<p>Board Action:</p> <p>Motion made by Member Behringer, seconded by Member Bradley to hold off on Stepping Up and the MHSA Committee appointments until next month’s meeting, and have Chair Rich be the Measure B representative for 2021. Motion passed with one abstention.</p>

	<p>meetings.</p> <p>C. MHSA Forum</p> <p>a. Member Towle has attended this meeting in previous years, but no longer does.</p> <p>D. Discussion on delaying the process of selecting committee representatives, until new board members are appointed to the board.</p> <p>a. Discussion on the future new BHAB member Mills Matheson, and his interest on being the representative for the Measure B committee.</p>	
<p>10. 15 minutes</p>	<p>Board Reports: Discussion and possible board action.</p> <p>A. Chair – <i>Michelle Rich</i></p> <p>a. 2020 Annual Report Draft</p> <p>i. A copy of the draft 2020 BHAB annual report was sent to all members prior to today’s meeting.</p> <p>ii. Discussion to bring back annual report draft for next month.</p> <p>iii. Supervisor Brown suggested to bring this item back to the next BHAB meeting. She recommended that Chair Rich should contact the new BOS Supervisor who will be appointed to the BHAB on or after January 5th 2021. Also recommends that this board go through the new Supervisor to get the Annual Report on the BOS calendar.</p> <p>iv. The board will review the annual report, and email Chair Rich directly if they have any feedback.</p> <p>b. California Behavioral Health Planning Council 2020 Data Notebook Survey Follow Up</p> <p>i. Data Notebook will be brought back to January meeting.</p> <p>c. 2021 BHAB Calendar</p> <p>i. The proposed new BHAB meeting schedule is for the 4th Wednesday of the month from 10:00 AM – 12:00 PM. BHRS plants to meet via Zoom for the first half of the year, and meet via video conference (Ukiah and Fort Bragg) for the second half.</p> <p>ii. This schedule will allow the board to have the Measure B meeting agenda available to review at every meeting.</p> <p>iii. Calendar approved as presented.</p> <p>B. Vice Chair – <i>Member Ferretta</i></p> <p>a. No report.</p> <p>C. Treasurer – <i>Member Towle</i></p> <p>a. No report.</p> <p>D. Membership Committee:</p> <p>a. BHAB Applicants: Rick Blumberg and Mills Matheson</p> <p>i. Member Behringer has interviewed both applicants, will be calling them. Chair Rich and Member Behringer see no issues on appointing these two candidates.</p> <p>ii. Mills Matheson is filling a consumer family seat.</p> <p>iii. The board is currently not meeting the 25 percent consumer requirement.</p> <p>iv. Discussion on Mr. Blumberg applying for District 1, but there is currently no vacancy in District 1. The board will follow</p>	<p>Board Action:</p> <p>Annual report draft discussion at January BHAB meeting.</p> <p>Follow up at January BHAB meeting.</p> <p>Motion made by Member Behringer, seconded by Richard Towle to approve the 2021 BHAB calendar as presented. Motion passed.</p> <p>Motion made by Vice Chair Ferretta, seconded</p>

	<p>up on Rick Blumberg's application at next month's meeting.</p> <p>v. The Membership committee will come back with recommendations for 2021 BHAB officers.</p> <p>E. Appreciation Committee:</p> <p>a. Acknowledgements:</p> <p>i. Former BHAB members Dina Ortiz, Emily Strachan, Lynn Finley, Meeka Ferretta, and Supervisor Supervisor Carre Brown will be acknowledged with a plaque for their years of service and dedication to the board. Chair Rich will write an appreciation letter for all previous board members.</p> <p>ii. Supervisor Brown commented on her learning experience throughout the time she served on the board, and thanked the board for all of their hard work.</p>	<p>by Member Behringer to endorse Mill Matheson's application and hold off on Rick Blumberg's application. Motion passed with one abstention.</p>
<p>11. 10 Minutes</p>	<p>Member Comments:</p> <ul style="list-style-type: none"> No member comments. 	<p>Board Action:</p>
<p>12.</p>	<p>Adjournment: 5:23 PM</p> <p>Next meeting: January 27, 2020 via Zoom</p>	

AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

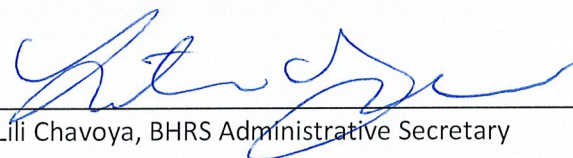
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BHAB CONTACT INFORMATION: PHONE: (707) 472-2355 FAX: (707) 472-2788

EMAIL THE BOARD: bhboard@mendocinocounty.org WEBSITE: www.mendocinocounty.org/bhab



 Michelle Rich, BHAB Chair 2/10/2021



 Lili Chavoya, BHRS Administrative Secretary 2-10-21