



**MENDOCINO COUNTY BEHAVIORAL
HEALTH ADVISORY BOARD**

REGULAR MEETING

MINUTES

**October 21, 2020
1:00 p.m. to 3:00 p.m.**

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OUR MISSION: *"To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

Item	Agenda Item / Description	Action
1. 5 minutes	Call to Order, Roll Call & Quorum Notice, Approve Agenda: <ul style="list-style-type: none"> Chair Rich called the meeting to order at 1:04 PM. Members present: Behringer, Bradley, Buckingham, Ferretta, Fuentes, Gorny, Lockart, Martinez, Towle, and Supervisor Brown. Agenda approved as written. 	Board Action: Motion made by member Behringer, seconded by Member Towle to approve the agenda as written. Motion passed.
2. 5 minutes	Minutes of the September 16, 2020 BHAB Regular Meeting: <i>Review and possible board action.</i> <ul style="list-style-type: none"> Minutes approved as written. 	Board Action: Motion made by Vice Chair Ferretta, seconded by Member Behringer to approve the September 16,

		2020 regular BHAB meeting minutes as written. Motion passed.
3. 10 minutes (Maximum)	<p>Public Comments: <i>Members of the public wishing to make comments to the BHAB will be recognized at this time. Any additional comments will have to be provided through email to hbboard@mendocinocounty.org.</i></p> <ul style="list-style-type: none"> • No public comments. 	Board Action:
4. 15 minutes	<p>Measure B Discussion and Possible Action:</p> <p>A. Measure B September Meeting Report</p> <p>I Vice Chair Ferretta was not in attendance at the last Measure B meeting.</p> <p>II BHRS Director Miller reported on the Measure B September meeting:</p> <p>a) The Measure B meeting last month was not recorded due to technical difficulties.</p> <p>b) There was a discussion about hiring a consultant to develop a business plan, but the committee voted to have a strategic plan with financials instead. The strategic plan will be completed by the Project Manager, with input from BHRS Director Miller, and the Kemper Ad Hoc Committee.</p> <p>c) The Request for Proposals (RFP) and Request for Qualifications (RFQ) are still out for the Crisis Residential Treatment (CRT) facility and the Psychiatric Health Facility (PHF); they will close in mid-November.</p> <p>d) The Measure B Committee also had a discussion on hiring a landscaper/custodial services for the training center and the CRT lot. The recommendation was to hire Sonoma Cleaners, but the committee does not want to hire a company without an RFP process. The committee recommended that the Project Manager talk to county maintenance and county custodial to determine if this is something the county is able to do. If not, an RFP will be released to determine other options.</p> <p>(i) BHRS Director Miller mentioned that the Measure B Committee did approve a 1 time expense to clean up the CRT lot and the training center to avoid any nuisances.</p> <p>III Discussion on the BHAB Measure B representative, and whether or not there should be a back-up Measure B representative for when Vice Chair Ferretta is unable to attend the Measure B meetings.</p> <p>a) The BHAB will review the 2021 schedule of meetings for Measure B and BHAB to determine what is best for the BHAB to be able to provide more feedback in a timely manner.</p>	Board Action:

	<p>b) Member Bradley volunteered to be a backup for Measure B meetings, and attend any meetings as a member of the public for when Vice Chair Ferretta is unable to attend.</p> <p>B. Behavioral Health Training Center Letter</p> <p>I Vice Chair Ferretta reported that construction at the training center is beginning by the end of this month, and a questionnaire to service providers is also in the works to be sent out.</p> <p>II Measure B Project Manager, Alyson Bailey, sent a letter to the training center Ad Hoc notifying them of the decision to hold off on the remodeling of the training center, and will not resume until the BOS approves the business plan.</p> <p>III Discussion on the BHAB writing a letter reflecting the concerns regarding the training center.</p> <p>a) The board agreed a letter is not necessary, and instead decided that the Measure B representative can take and send notes about the Measure B meeting to Lili, and Lili will send out to all board members.</p>	
<p>5. 20 minutes</p>	<p>Mendocino County Report: <i>Jenine Miller, BHRS Director</i></p> <p>A. Director Report Questions</p> <p>I Director report included in agenda packet.</p> <p>II Additional SUDT data requested is included in the report, and BHRS will continue to expand that information.</p> <p>III BHRS Director Miller asked the board for feedback on the timeliness reports that are included in the agenda, asked if they are still working and are beneficial.</p> <p>IV Discussion on data about clients who do not complete their SUDT treatment. BHRS Director Miller explained there are various reasons as to why this happens.</p> <p>V Member Martinez commented he would like all reports signed off by the person who does them. Any electronic reports will be marked as being electronic reports, and will include the name of the person who pulled the information and the date.</p> <p>VI Member Towle commented he would like the MOPS brochure to be updated to clearly define the phone number for accessing help in central Ukiah.</p> <p>VII Member Martinez requested that BHRS Director Miller include more information on BHRS vacancies, and how many staff are hired and how many leave on a monthly basis.</p> <p>B. Awareness Campaign</p> <p>I Suicides in Mendocino County have continued to increase; the latest count in mid-October was 30, very high compared to previous years.</p> <p>a) Suicide prevention billboards are now up on Hwy 101 and Hwy 20.</p> <p>II Statistics from before April of this year, and after April show that deaths by drug overdose decreased since the county went into shelter in place due to COVID. There have been 22 total drug overdoses this year to date; 17 between January and April, and 5 between May and mid-October.</p>	<p>Board Action:</p> <p>BHRS Director Miller will reiterate with BHRS staff to update the brochure.</p>

	<p>III BHRS community support groups are continuing to be offered, as well as the warm line.</p> <p>IV BHRS is focusing on recovery; September was recovery month, but BHRS decided to focus and advocate for recovery awareness for the rest of the year. A lot of outreach and awareness will continue happening through the end of the year along with suicide prevention awareness.</p> <p>V BHRS Director Miller shared the new Warm Line bracelets created in collaboration with NAMI Mendocino. These bracelets will be distributed to community as another resource to access help and information. Mental Health and SUDT goodie bags are also being provided, the bags contain different resources for the community and how to access services.</p> <p>VI BHRS also continues to work with private insurances and Partnership to assure they are continuing to provide services and taking new clients.</p> <p>VII Extensive discussion on the county population suffering from mental health issues during these times and what factors are contributing to the rise in mental health illness diagnosis. BHRS Director Miller commented that mental health illness diagnosis are increasing as a whole, not only in Mendocino County, but nationwide.</p> <p>a) Chair Rich reported she had a conversation with Roseanne Ibarra from Adventist Health. Ms. Ibarra has been working on diversity and equity of inclusion within the community; and she would like to specifically know about Mental Health. Chair Rich has invited Ms. Ibarra to join the BHAB meeting next month, and is hopeful this board can work with Ms. Ibarra and her team to move forward.</p> <p>b) Discussion on Mendocino County being the third highest in California with a homeless population, and 12th in the country with highest homeless population.</p>	
<p>6. 10 minutes</p>	<p>Legislative Update: <i>Jenine Miller, BHRS Director</i></p> <p>A. BHRS Director Miller reported on the recent Mental Health bills signed by Governor Newsom.</p> <p>I Parity: This legislation enforces private insurance companies to provide parity in services. This legislation will prohibit private insurance companies from limiting Mental Health and Substance Use Disorder treatment (SUDT) services to only acute and short term clients. Private insurances will now be required to provide services based on medical necessity like Medi-Cal does.</p> <p>II Peer providers: Legislation requires DHCS to establish requirements for Peer Support Specialist certifications for both Mental Health and SUDT treatment. This provides a lower level of requirements to be able to provide services; right now it is required to be at least at a care manager level or Mental Health Rehab Specialist level. This will also allow counties to bill Medi-Cal for lower level service providers.</p>	<p>Board Action:</p>

	<p>III Assisted Outpatient Treatment (AOT): This legislation will not impact Mendocino County a whole lot, but there will be changes to how people can get into AOT, and added judges to be able to refer clients to AOT. This does not loosen the criteria to qualify for AOT.</p> <p>IV Another bill that passed was that the State will open a suicide prevention office under CDPH, to provide better outreach and education.</p> <p>V Supervisor Brown shared that the General Government Standing Committee is working on a legislative platform. The way the legislative platform has been done previously is being revised, but they always reach out to county departments and advisory boards to give input and receive feedback on what the county should be looking at as far as legislation and what they should be focusing on. This helps county representatives direct the feedback to state representatives and organizations. Supervisor Brown encouraged the board to use this process if there is anything they would like the legislative platform to be aware of.</p> <p>a) Member Martinez suggested that Tribal governments be included in the outreach the legislative platform does.</p>	
2 minutes	Stretch Break	
7. 10 minutes	<p>RQMC Report:</p> <p>A. Data Dashboard Questions</p> <p>I Included in agenda packet.</p> <p>II As requested by Member Martinez, RQMC included a report on hard to reach isolated clients, and outcomes and deliverables over the last 3 years.</p> <p>B. Services Update</p> <p>I Chair Rich asked for clarification on the over contract for 260k. Camille said that means more people were moved to Medi-Cal than what was anticipated, usually happens every year.</p> <p>II Vice Chair Ferretta commented she has been on this board since 2017, but until the last couple of months she actually learned how to access mental health services thanks to the support of Camille.</p> <p>a) Vice Chair asked Camille if RQMC is responding to the ASO RFP, Camille confirmed they are.</p>	Board Action:
8. 5 minutes	<p>Healthy Mendocino Data Request: <i>Discussion and possible board action.</i></p> <p>A. Patrice Mascolo, Healthy Mendocino Project Manager, joined the BHAB meeting in regards to the letter she sent to the board (included in agenda packet).</p> <p>I Healthy Mendocino is attempting to start collecting mental health data to add on their website, specifically the RQMC data, and the suicide data BHRS provides to the BHAB.</p>	Board Action: Motion made by Member Fuentes, seconded by Member Towle to approve Healthy Mendocino's request to use data provided in the

	<p>Healthy Mendocino would like this board’s approval to obtain the data and be able to include on their website.</p> <p>a) Healthy Mendocino’s goal is to include and maintain updated data on their website so it is available to the entire community, as they are mandated to also work on mental health. Healthy Mendocino would like this board’s approval to obtain the data and be able to include on their website.</p> <p>b) Discussion on whether or not this has to go to the BOS for approval.</p> <p>c) Members agreed to have BHRS Director Miller follow up with County Counsel to make sure the board can honor Healthy Mendocino’s request.</p> <p>d) Camille confirmed with Patrice that she can have access to all of their data, will add her to RQMC’s email recipient list. Camille commented she would like to have more regular and consistent suicide data as well.</p>	<p>BHAB reports pending approval from County Counsel. Motion passed.</p>
<p>9. 20 minutes</p>	<p>Board Reports: Discussion and possible board action.</p> <p>A. Chair – <i>Michelle Rich</i></p> <p>I BHAB Secretary Appointment</p> <p>a) The Membership committee nominated Member Bradley to be the BHAB Secretary.</p> <p>II November and December BHAB Meetings</p> <p>a) The November and December BHAB meetings conflict with the Measure B meetings; the board agreed to move the November and December BHAB meetings to November 16, and December 14.</p> <p>III Annual Report</p> <p>a) The board agreed to submit both the 2019 and 2020 BHAB annual report together to the BOS by early 2021 (once the 2020 report is completed).</p> <p>IV Ford Street Project Letter</p> <p>a) Jacqueline Williams, Ford Street Project Executive Director, sent a letter to the BHAB (included in agenda packet). Chair Rich invited Jacqueline Williams and her staff to join the BHAB meeting next month.</p> <p>B. Vice Chair – <i>Member Ferretta</i></p> <p>I No report.</p> <p>C. Treasurer – <i>Member Towle</i></p> <p>I There are some mileage expenses on the BHAB ledger that are not accurate, Member Towle will report back at next month’s meeting.</p> <p>D. Membership Committee:</p> <p>I No updates from the Membership Committee.</p>	<p>Board Action: Motion made by Member Martinez, seconded by Member Gorny to assign Jo Bradley as the BHAB’s Secretary. Motion passed.</p> <p>Chair Rich will have a draft of the 2020 annual report by next month’s meeting.</p>
<p>10. 10 minutes</p>	<p>California Behavioral Health Planning Council 2020 Data Notebook Survey: Discussion and possible board action.</p> <p>A. The California Behavioral Health Planning Council notebook survey is an annual board duty.</p>	

	I Chair Rich will work on a draft, and bring back to the board for review and approval next month.	
11. 10 Minutes	Member Comments: A. Chair Rich reminded members that they cannot comment on the RFP process, and therefore should not comment about RFP to Camille. B. Discussion on an award for Supervisor Brown and Emily Strachan from the Appreciation Committee. C. Training discussion and update: I It is not anticipated for County Counsel to offer a Brown Act training until early next year. Lili will update the board as more information is received.	Board Action: Appreciations to be done at December BHAB meeting. Lili will re-send email to board.
12.	Adjournment: 3:07 Next meeting: November 18, 2020	Motion made by Member Martinez, seconded by Member Fuentes to adjourn the meeting.

AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

BHAB CONTACT INFORMATION: PHONE: (707) 472-2355 FAX: (707) 472-2788

EMAIL THE BOARD: bhboard@mendocinocounty.org WEBSITE: www.mendocinocounty.org/bhab

Michelle Rich

Michelle Rich, BHAB Chair

11/23/20

Date

Lili Chavoya

Lili Chavoya, BHRS Acting Administrative Secretary

11/23/20

Date