

## MENTAL HEALTH SERVICES ACT (MHSA) FORUM MINUTES

Date: Wednesday, December 9, 2015

Time: 11:00 - 1:00

**Location: Yuki Trails Conference Center - Covelo** 

Attendees: Mathias, Jose Alvarez, Sierra Vonfeldt, Clorissa Dennison, Heather Fine, Mike Pallesen, Dennie Maslak, Julia Russ, Gayle Zepeda

TOPIC	DISCUSSION	ACTION / NEXT STEPS	WHO'S RESPONSIBLE	TARGET DATE
HOUSEKEEPING				
Sign-in, cell phones, recorded,	Robin made the announcements	N/A	N/A	N/A
Introductions	Introductions were made around the room	N/A	N/A	N/A
ANNOUNCEMENTS				
Handouts: MHSA Meeting Schedule, Event Calendar, Issue Resolution, Program Summaries, Minutes, Needs List, Surveys to complete	Robin explained the handouts	N/A	N/A	N/A
Housing Project – RCHDC – based in Ukiah for 40 years	Mike Pallesen - housing project for the severely mentally ill. Decision to be made to act like a large or small county – difference is a more substantial facility for a large county. If funding is available – possibly one facility inland and another on the Coast. The process for getting the MHSA funding is a complicated process and concern of spreading the money too broadly. There will be a community planning process around this project.	Mike Pallesen to contact     Community Housing Corp to     access HUD funds.	Mike Pallesen	On going
Housing Project – RCHDC	Suggestion from Gayle Zepeda: develop in two phases.     Once the first is sustained, proceed on to the second phase of another facility.	2. Working closely with the County to comply with the MHSA funding requirements. Mike Pallesen will be submitting a proposal to the City Council for the property @ Norton & Main next week.	Mike Pallesen	On going
Housing Project – RCHDC	<ol> <li>Suggestion from Gayle Zepeda: develop in two phases.         Once the first is sustained, proceed on to the second phase of another facility.     </li> <li>Response from Mike Pallesen – the MHSA money must be spent in 2 ½ years</li> </ol>	Robin will contact Trilby     Kerrigan	Robin Meloche	On going
Housing Project – RCHDC	State Dept. of Rehabilitation – Independent Living     County Mental Health, MHSA team is your resource for updates	Mike Pallesen will be attending the last MHSA Forum for this fiscal year in Ukiah on 2-10-16	Mike Pallesen	On going

	@ HHSA in Conference Rm 1				
		from noon-2:00			
MHSA Data Report	N/A	N/A	N/A	N/A	
MHSA SERVICE PROVIDERS					
Serena Vonfeldt – Redwood	2 Facilities: Gibson St and Washington St. – providing: case	N/A	N/A	N/A	
Community Services / Stepping	management, therapeutic services, group activities, (mentioned				
Stones / TAY Wellness housing	RCS / Arbor-Voc Rehab, ILS/Independent Living Skills-earn up to				
	12 credits during the summer, )				
Heather Fine - Tapestry Family	Tuesdays a Clinician comes to Round Valley Elementary – like to	Robin recommended looking at the new	Heather Fine	On going	
Services	expand individual & group rehab services in the schools and	MHSA PEI regulations			
	another day for a Clinician to come to Covelo. F-T Clinician begins				
	January 1st. Meeting scheduled for Jan. 12th with the Elementary	Suggested Heather meet with the High			
	School to discuss the referral process - referrals are not coming	School and the Charter school for			
	from the High School or Charter school in Round Valley	referrals			
		Gayle Zepeda recommended that			
		Tapestry needs to be involved in the			
Julia Russ – RV Health Center	Firelizator Drogram Monogor, Moding to positive through the	crisis response team	Karen Lovato	12/31/15	
Julia Russ – RV Health Center	Evaluator Program Manager - Working to navigate through the	Karen to follow-up with Julia Russ	Karen Lovato	12/31/15	
Carda Zanada Natirra	mental health services through the county  20 tribal programs funded in the US focused on suicide prevention.	N/A	N/A	N/A	
Gayle Zepeda – Native Connections (through SAMSA 5	Currently located at the Family Resource center. FRC receives	IN/A	IN/A	IN/A	
yr. Grant)	funding from First 5. Accessed funding through Cal Fresh Outreach				
yr. Grant)	for full-time FRC Coordinator. Tutor provided by RV Taniff. Food				
	panty paid by a private Foundation Grant. Health Clinic Community				
	Action Council meets monthly to promote healthier life styles.				
	Working with Natasha Carter "Project Aware", looking forward to				
	sponsoring MH First Aids coming to RV (3 trainings 2016). RV				
	Indian Health Center is open to the community – works closely with				
	Indian Child Welfare (key agency for the community). Working with				
	MHSA to develop a Crisis Respite plan through the MHSA				
	Innovation Project. Small grant funding research around				
	environment and smoking.				
NEEDS					
	RV - SUDT – funding for recovery	Placed on MHSA Needs List	Dennie Maslak	12-17-15	
	Ukiah Shelter by the Fairgrounds– private indoor shower & hygiene	Placed on MHSA Needs List	Dennie Maslak	12-17-15	
	RV - Case Management	Placed on MHSA Needs List	Dennie Maslak	12-17-15	
	RV - Laundry facility	Placed on MHSA Needs List	Dennie Maslak	12-17-15	
	RV - FRC – full time staff	Placed on MHSA Needs List	Dennie Maslak	12-17-15	
	RV - housing	Placed on MHSA Needs List	Dennie Maslak	12-17-15	
	RV - More Mental Health services	Placed on MHSA Needs List	Dennie Maslak	12-17-15	
	RV - TAY resources (like the Arbor in Ukiah)	Placed on MHSA Needs List	Dennie Maslak	12-17-15	
ISSUE RESOLUTIONS					
	Explained and forms made available	No issues were discussed	N/A	N/A	

WET				
Update	Scholarship funding for the next fiscal year.	Robin Meloche and leadership to continue discussion with Dan Jenkins	leadership	On going
	Stipend program being developed – collaboration with providers to	Robin Meloche and leadership to	leadership	On going
	encourage clinicians to stay in the county	continue discussion		
INNOVATION				
Update	Innovation Project stakeholder process – 2 yrs. ago public Forums around the county. Survey formatted from community feedback of top 10 needs. Project is being developed to learn how to provide crisis respite in the outlying areas – Covelo was chosen. Draft of the plan was presented to the Round Valley Tribal Council on 12-2-15 and submitted to the MHSA Oversight and Accountability Commission a week later.	Waiting for a response from the MHSA OAC for recommended changes or approval to proceed.	MHSA OAC	On going
MCSPC				
Continuous submissions	We would like to see groups work on the Suicide Prevention Week submission all year round and submit them to Robin Meloche	Sub–contractors/clinicians to provide art supplies for group activity to create their experience with suicide	Family Resource Centers	On going
E-Suicide on line trainings	\$25 vouchers good until June. Please contact Robin Meloche	N/A	N/A	N/A
MINUTES FOR APPROVAL				
November Minutes	Approved with corrections	Corrected the Minutes	Dennie Maslak	12/15.15
OLD BUSINESS				
N/A	N/A	N/A	N/A	N/A
NEW BUSINESS / NEXT STEPS				
MCAVHN – Shelter by Fairgrounds	Needs hygiene product donations	N/A	N/A	On going
ASIST Training - Covelo	Training coming in Jan. or Feb.	N/A	Otis Brotherton &	
			Frank Tuttle	TBA
ASIST Training - Coast	Training coming in Mar. or Apr.	Robin to schedule	Robin Meloche	TBA

Next MHSA Forum is Wednesday, January 13, 2016 from Noon – 2:00 at Hopland Band of Pomo Indians, 3000 Shannel Rd. Hopland (parking is near the Gym, below the building where Tribal Council meets). Light lunch will be provided. For more information, contact Robin Meloche, MHSA Coordinator at 707-472-2332 or email <a href="melocher@co.mendocino.ca.us">melocher@co.mendocino.ca.us</a>

By: Dennie Maslak 12-17-15