



## MENTAL HEALTH SERVICES ACT (MHSA)

### FORUM Minutes

Date: January 13, 2016

Time: Noon – 2:00

Location: 3000 Shanel Rd. Hopland CA – Tribal Council Chambers

**Attendees: Michael Pallesen, Kate Gaston, Carolyn French, Joan Rousseau, Sierra Vonfeldt, Christine Hawley, Tania Martinez, Kristen Bogner, Antonia Gonzalez, Brandi Page, Deanna Lozute, Sharon Post, Iliana Mora, Joanna Olson, Jill Smith, Danielle Lower, R. Carney, Sarah Walsh, Chandra Gonsales, Anita Toste, Maureen O’Sullivan, Robin Meloche, Dennie Maslak**

TOPIC	DISCUSSION	ACTION / NEXT STEPS	WHO’S RESPONSIBLE	TARGET DATE
<b>HOUSEKEEPING</b>				
Sign-in, cell phones, recorded,				
Introductions	Mike Pallesen - RCHDC	N/A	N/A	N/A
<b>ANNOUNCEMENTS</b>				
Handouts: MHSA Meeting Schedule, Event Calendar, Issue Resolution, Program Summaries, Minutes, Needs List, Surveys to complete	Robin briefly mentioned the variety of handouts from the County and the Rancheria	N/A	N/A	N/A
Housing Project – Mke Pallesen	<p>Summarized the housing decisions that need to be made by the community:</p> <ul style="list-style-type: none"> <li>• One (possibly two) renovated homes or apartments owned and operated by the County, understanding fewest room/units available.</li> <li>• Two small new units, made available in 2 locations, understand that these would have a higher operational cost because it is not distributed by the number of units, and so fewer units can be developed,</li> <li>• One large unit, in one location, understanding operational costs would be more sustainable, but that this option eliminates the possibility of having housing units in multiple locations.</li> <li>• Location preferences: Ukiah, Fort Bragg and Willits</li> <li>• Housing for specialty Mental Health clients only, mixed us for all individuals with a percentage of units for MHSA clients, or mixed use but only for those with Special Needs with a percentage of units for MHSA clients (MHSA requires it filled with 50% Special Needs to receive funding).</li> </ul>	<ul style="list-style-type: none"> <li>• Public Q &amp; A will be scheduled for late January or early February</li> <li>• Survey will be disseminated to the MHSA Stakeholders via email to determine what option the community members want</li> <li>• Feedback from the housing survey will be included in the decision to be made along with the County, RCHDC and the Board of Supervisors</li> </ul>	<ul style="list-style-type: none"> <li>• Dennie Maslak</li> <li>• Dennie Maslak</li> <li>• Community, MHSA Team, RCHDC, BOS</li> </ul>	May 2016
MHSA Data Report	Tabled	N/A	N/A	N/A
<b>MHSA SERVICE PROVIDERS</b>				
Danielle Lower – RCS & RQMC	<ul style="list-style-type: none"> <li>• Children’s System of Care serves 43 youths in Hopland</li> </ul>	N/A	N/A	N/A
Christine Hawley - Arbor	<ul style="list-style-type: none"> <li>• Handouts disseminated. Summary of programs: youth employment services, DOR (Dept. of Rehabilitation), CalWORKs, Drug Fee Coalition, Art Expression class, Focus Groups. Point in Time Count Site</li> </ul>	N/A	N/A	N/A

Kristen Bogner - tapestry	<ul style="list-style-type: none"> <li>Looking to expand in Laytonville</li> </ul>	N/A	N/A	N/A
Joanna Olson - MCYP	<ul style="list-style-type: none"> <li>Programs: TAY services, Ukiah outpatient clinical services in Ukiah, Bi-lingual services, looking into services in Fort Bragg.</li> <li>Winter clothing drive.</li> <li>To Be You fashion show @ SPACE 4-23-16</li> </ul>	N/A	N/A	N/A
Iliana Mora - First 5	<ul style="list-style-type: none"> <li>Parenting classes ( 2-12 year olds ) Yokayo School team</li> </ul>	N/A	N/A	N/A
Christine Hawley - Stepping Stones	<ul style="list-style-type: none"> <li>Class: "Parents with children of Special Needs" distributed fliers</li> <li>Programs: 16 TAY slots, 6 on waiting list, Case Managers, Therapeutic services, Community Clients, TAY, AB12 population, rehabilitation, housing locator, financial support services, transportation.</li> </ul>	N/A	N/A	N/A
Anita Toste - Tribal	<ul style="list-style-type: none"> <li>Services: domestic violence and sexual assault, Red Road, AODP services for locals &amp; tribes, EQUA, and utilize Consolidated Tribal services (non MHSA funded)</li> </ul>	N/A	N/A	N/A
Chandra Gonsales - RCS Crisis Service	<ul style="list-style-type: none"> <li>Redwood Community Crisis Center in Ukiah and Fort Bragg for 24 and under population: assessments and schools using MHSA dollars to cover services. 60 day after care bridge family resource center referrals</li> </ul>	N/A	N/A	N/A
Tania Martinez – Tribal Court Manager	<ul style="list-style-type: none"> <li>Hear cases on tribal lands (non-MHSA funded)</li> <li>Received a Grant in 2014 for domestic violence.</li> <li>Healing to Wellness Courts – Treatment committee supporting Tribal Court (Judge Joseph Wiseman)</li> </ul>	N/A	N/A	N/A
<b>NEEDS OF THE COMMUNITY</b>				
	<ul style="list-style-type: none"> <li>Requested a Facebook page for MHSA</li> <li>Dual Diagnosis, Co-Occurring – 30/45 day respite to stabilize</li> <li>Expand outpatient services for AODP on the Coast</li> <li>More SUDT counselors for students</li> <li>Adult transportation services</li> </ul>	The community Needs will be added to the ongoing list compiled from all the MHSA Forum meetings for this fiscal year.	Dennie Maslak	2-9-16
<b>ISSUE RESOLUTIONS</b>				
	<ul style="list-style-type: none"> <li>Described the forms' purpose</li> </ul>	Form is made available at every Forum	Robin Meloche	N/A
<b>WET</b>				
Update	<ul style="list-style-type: none"> <li>WRAP regional training coming later this year</li> <li>Mark Ragins training April 5<sup>th</sup> &amp; 6<sup>th</sup> at Hospitality in Fort Bragg</li> <li>Collaborating with Mendocino Community College for scholarships for base education and encouraging them to stay and work in the community through stipends</li> <li>MHLAP (Mental Health Loan Assumption Program) – primary need is Spanish and native Americans</li> </ul>	<ul style="list-style-type: none"> <li>TBA</li> <li>Flier will be emailed and a press release will go out – using Survey Monkey to take reservations</li> <li>Leadership and Dan Jenkins of Mendocino Community College to have further discussion</li> <li>Submissions open up in September</li> </ul>	<ul style="list-style-type: none"> <li>Regional</li> <li>Dennie Maslak</li> <li>Leadership / Dan Jenkins</li> <li>Health Professions Education Foundation</li> </ul>	<ul style="list-style-type: none"> <li>TBA</li> <li>TBA</li> <li>ASAP</li> <li>TBA</li> </ul>
<b>INNOVATION</b>				
Update	<ul style="list-style-type: none"> <li>Project is in Covelo – work in collaboration with the county on a pilot program to learn how to sustain a crisis respite program to include a social detox model. The draft plan has been sent the MHSA Oversight and Accountability Commission for review.</li> </ul>	Scheduling a phone meeting with the OAC to discuss whether the language of the plan needs refining to get it accepted	Robin Meloche and Karen Lovato	ASAP
<b>MCSPC</b>				
Continuous submissions	<ul style="list-style-type: none"> <li>Requesting Family Resource Centers to organize a group session where clients could express their experiences with</li> </ul>	<ul style="list-style-type: none"> <li>Family Resource Centers to provide art supplies to groups, schedule a</li> </ul>	Family Resource Centers	Ongoing

	suicide through art work, poetry or music. This will aide in getting submissions for the Suicide Prevention Story Board that is displayed during Suicide Prevention week in September	work shop a few times for suicide prevention submissions before September. Mail submissions or drop them off at the County Building.		
E-Suicide on line trainings	• \$25 Vouchers are available through Robin Meloche	Robin to send Sierra vouchers	Robin Meloche	ASAP
<b>MINUTES FOR APPROVAL</b>				
Approve 12-9-15	Minutes were approved	Place in MHSA evidence binder	Dennie Maslak	1-4-16
<b>PENDING BUSINESS</b>				
N/A	N/A	N/A	N/A	N/A
<b>NEW BUSINESS / NEXT STEPS</b>				
Anita Toste announced	Pinoleville received a SAMSHA Grant and is looking for referrals	N/A	N/A	N/A
	Anita and Tanya – Vaughn's contact information for Methamphetamine Suicide Prevention	Robin to send them Vaughns' contact information	Robin Meloche	ASAP

**Addendum to the Minutes:** After this meeting the Housing Funding Feedback Survey was formatted and here is the link. **The survey closes on February 18, 2016 at 5:00 p.m.:** <https://www.surveymonkey.com/r/J6YXFXB>

**The MHSA Team thanks Anita Toste and the Hopland Band of Pomo Indians Tribal Counsel for the use of their facility.**

Next MHSA Forum: 2-10-16 from Noon – 2:00 at the Health & Human Services Agency, 1120 S. Dora St. Ukiah in Conference Room 1

For more information, contact Robin Meloche, MHSA Coordinator at 707-472-2332 or email [melocher@co.mendocino.ca.us](mailto:melocher@co.mendocino.ca.us)

By: Dennie Maslak 2-4-16