

MHSA Minutes



Mental Health Services Act Stakeholder Forum/ Quality Improvement Committee Joint Meeting

Date: Thursday, April 30, 2020 | Time: 10:00 – 12:00 p.m.

Locations: 1120 S. Dora St., Ukiah, CA 95482

Teleconferenced via WebEx

In Attendance:

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| Colleen Gorman | William Riley | Rena Ford | Tina McGowan | Sara Livingston | Stepping Stones #1 |
| Anna Shaw | Caitlin Colby | Caller 8 | Caller 9 | Caller 10 | Stepping Stones #2 |
| Josephine Silviana | Jo | Sarah Walsh | Billie Wyant | SA | Sophia – Stepping Stones |

| | Discussion Item | Action Item/Next Steps | Complete Date |
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| 1. | <p>Introductions & Handouts</p> <ul style="list-style-type: none"> • Education regarding purpose of stakeholder meetings and the Community Planning Process <ul style="list-style-type: none"> ○ Handouts: It was announced that any or all of these handouts would be made available (as emailed pdf's) by requesting from any MHSA or QIC staff member present: Agenda, MHSA and QIC Minutes of 12-4-19 Meeting, Forum/QIC Meeting Schedule for 19-20, MHSA Snapshot, Joint MHSA/QIC Meeting Survey, MHSA CSS and PEI 1st and 2nd Quarter Data Graphs, MHSA Public Forum PowerPoint Presentation, MHSA Issue Resolution forms (English and Spanish), Public Posting fliers for Round Valley Crisis Response and Tech for Trauma Innovation Plans, Cultural Diversity Committee flier for meeting with Father Engagement topic; QIC documents: Appeals, Grievances & Change of Provider Report, Data Dashboard presentation, Grievance Appeal Request. ○ Community members/other attendees introduced themselves as they entered the virtual room to join the meeting. | | |

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| | <ul style="list-style-type: none"> ○ Colleen explained the Agenda and the purpose of the meeting, and reviewed the MHSA powerpoint slides, emphasizing the importance of collecting information from and relaying information to consumers, providers, and community members. ○ This meeting is a substitute for the meeting that was to take place on April 1, 2020 at Yuki Trails in Covelo but was postponed due to COVID-19 restrictions. | | |
| <p>2.</p> | <p>What's working/What's not working</p> <ul style="list-style-type: none"> ● Public input, feedback <ul style="list-style-type: none"> ○ Colleen is and will be surveying all programs and how they are functioning with the modifications and teleconferences with regards to the COVID-19 event. ● Questions & Comments <ul style="list-style-type: none"> ○ There was a suggestion for a more interactive/tech platform at different venues, such as Hospitality House or Manzanita Services, in order for the community to respond and/or participate. ○ An attendee expressed the view that Tech for Trauma needs a kind of control group that works only with actual people. This group should have the same amount of therapy time as those using technology. This is especially important for the TAY population, as relationships are often key. ○ Sara Livingston has purchased minute phones to stay connected and to continue community access to computers to do telehealth. ○ Sarah Walsh(RQMC) reported that most wellness centers are closed (no group activities) and are providing services through teleconferences. It is still possible for those with particular needs for face-to-face meetings to have them. PPE and social distancing are enforced. Rural areas that have limited internet or phone/computer services are being impacted. | | |
| <p>3.</p> | <p>MHSA Report</p> <ul style="list-style-type: none"> ● Upcoming events <ul style="list-style-type: none"> ○ Cultural Diversity Committee Meeting: Wednesday, May 6, 2020, 10 – 11:30 a.m. on ZOOM. This is a public event. ● Innovation Updates & Opportunity for Input <ul style="list-style-type: none"> ○ Project 1: Round Valley Crisis Response: They are working on a request to extend the contract time | | |

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| | <p>since it took longer to open than originally projected. A Public Posting and 30-Day Public Comment Period from 04/24/2020-05/25/2020 has been posted for the extension.</p> <ul style="list-style-type: none"> ○ Project 2: Healthy Living Community project plan will include hosting classes for activities of interest to clients, such as gardening, basic life skills, and group outings to public events. The Public Comment hearing was held at the BHAB meeting on April 15. This will go forward for approval by the Board of Supervisors and the state Mental Health Services Oversight and Accountability Commission (MHSOAC). ○ Project 3: “Tech for Trauma” proposes use of Virtual Reality software to assist in treating mental health conditions including PTSD. A Public Posting and 30-Day Public Comment Period from 04/23/2020-05/24/2020 has been posted. <ul style="list-style-type: none"> ● Quarterly Service Report Rena presented slides with graphs showing numbers of individuals served and services provided by CSS and PEI programs, including demographic information, for Quarters 1 and 2 of 19-20 (also available as handout). ● Issue Resolution Education & Trends There were no Issue Resolutions reported, none to date this year, no trend. | | |
| 4. | QIC Report – see QIC Minutes | | |
| 5. | Review & Approval of Minutes from December 4, 2019 MHSA Minutes were accepted as submitted. | | |
| 6. | Next Meeting Date & Location <ul style="list-style-type: none"> ● June 3, 2020, 4-6 pm, at The Arbor, 810 N. State St., Ukiah, CA 95482 unless changed to REMOTE meeting due to COVID-19 | Agenda and flier will be sent out to stakeholders when finalized. | |