

# Minutes



## Mendocino County



### Behavioral Health & Recovery Services MHA Forum/QIC Meeting Minutes

**Date: Thursday, November 29, 2017 | Time: 3:30 pm to 5:30**  
**Avila Center – Seaside Conference Room (778)**  
**790 S. Franklin Street, Ft. Bragg, Ca 95437**

**In Attendance:** Debbie Dale, Barbie Svendsen, Robin Meloche, Dustin Thompson, Navin Bhandari, Scott Abbott, Venus Hoaglen, Emily Strachan, Flinda Behringer, Susie de Castro, Cathy Lonergan, Mary Muto, Laura Welter, Carla Leach, Chela Ruano, Lois Ladelle-Day, Joanna Olsen, Sheila Keys, Coni Shepard, Martha Zanetis, Debbie Swayze, Samantha Everett, Kristin Bogner, Sarah Walsh

	Discussion Item	Action/Next Steps/Who	Date
1.	<p><b>Introductions:</b></p> <ul style="list-style-type: none"> <li>• The video conferencing system was not working for the meeting, so the other location was connected via Phone Conference instead.</li> <li>• Introductions were made at both sites</li> <li>• The new format of the meetings was discussed, it was explained that the MHA Forum and QIC Meetings would now be combined together, in an attempt to increase attendance and participation for both meetings, and be more efficient for stakeholders.</li> <li>• All of the handouts that were available were discussed and everyone was informed of where they were in the room.</li> <li>• Robin Meloche explained the various MHA Handouts, Issue Resolutions, the purpose of the Forum/CPP, and the feedback survey, its purpose, and that it would be given out toward the end of the meeting to everyone.</li> <li>• QIC handouts were provided by the QIC team.</li> </ul>		
	<p><b>Prior Meeting Updates:</b></p> <ul style="list-style-type: none"> <li>• Detox services are difficult to find.                             <ul style="list-style-type: none"> <li>○ Not all insurance companies will cover the necessary detox medications.</li> <li>○ Full Service Partner (FSP) if eligible, can use funds for medications needed to meeto goals.</li> </ul> </li> <li>• Possible for Manzanita to be a partner/provider in Covelo, and expand services.                             <ul style="list-style-type: none"> <li>○ Manzanita is currently at maximum capacity and it is premature to start discussing any exapansion at this time.</li> <li>○ The Innovation Project is an opportunity that as it develops may evolve into something similar to Manzanita depending on findings during the learning process.</li> </ul> </li> </ul>		
2.	<p><b>Program Updates:</b></p> <ul style="list-style-type: none"> <li>• Innovation                             <ul style="list-style-type: none"> <li>○ We have been working with the Round Valley</li> </ul> </li> </ul>		

community to develop an innovative project for that area, it has been approved by the Oversight and Accountability Commission and is going into contract discussions at this time.

- Three draft plans were submitted to the Oversight and Accountability Commission before staff determined that it met the criteria.
- This will be a 3 year project to provide crisis resource to Round Valley, which will hopefully become sustainable on it's own, once the 3 years of Innovation funding have ended.
- There was a discussion regarding the distance to services and the lack of transportation in the Round Valley area.
- The transitional living center's building that is located there will be converted into the crisis project.
- This is a project we are developing with the Round Valley Indian Health Center and will be located right next to Yuki Trails Health and Human Services.
- They will be testing a variety of standard services, as well as traditional healing practices for the community to learn what best meets the community's needs.
- There was a discussion on the timeline and the short/long term contracts that are being discussed.
- Currently, there are weekly meetings scheduled with the RVIHC Board and the County Liaison to develop these details.
- Housing Project
  - The housing project, Willow Terrace, is being developed and managed by Rural Communities Housing Development Corp (RCHDC).
  - They will be removing the existing buildings on the property and then building a 38 unit building with an on site manager that is trained in mental health.
  - It will have 2 meeting rooms for consulting with clients.
  - This is for long-term supported housing. Full Service Partners that are homeless or at risk of becoming homeless will be first on the list for applications.
  - There will also be parking available for 16 vehicles and a covered bike parking area.
  - They are expecting to break ground in March 2018 and hope to start placing people in it by Spring 2019.
  - They were able to take the initial MHSAs funds

for the project and leverage it via Tax Credits.

- FSP and the process to become enrolled as an FSP was explained
- Currently the active FSP's in the County are:
  - 7 Older Adults
  - 54 Adult
  - 15 TAY
  - 2 Youth
  - 8 BHC
  - There are referrals for 7 more Youth
- The facility will be located at the Corner of Leslie Street and Gobbi Street, down fromt the Senior Center.
- WET
  - WET is currently in the final year of funding.
  - Provided \$25,000 in scholarships through Mendocino College for 16/17 and 17/18 Fiscal Years for those students that are studying in the Mental Health field.
  - We have also received the awards list for the MHLAP. There were 6 awardees and there is 1 more year of funding for this.
- MCSPC
  - There has been discussion with a committee in Ft. Bragg to provide a 3-hour SAFETalk training.
  - An ASIST Training would follow a few months later.
    - We are currently working with some new trainers.
    - The training will be 16 hours, spread over 2 days
    - It is very interactive.
    - The focus is on helping people with suicidal ideation, recognize signs, and know who to refer them to.
- Issue Resolution
  - The MHSA is required to have a process to evaluate and resolve challenges experienced by our clients to provide the best services possible. The Issue Resolution forms are how we are able to do this, they are available in both English and Spanish.
  - We have made these available at all of our providers, as well as at every one of the MHSA Forum meetings.
  - They can be mailed,emailed, brought to BHRS, or faxed to Robin Meloche, MHSA Coordinator.
  - The Goal is to work with the consumer and the provider to solve any issues that may arise.
  - If issues are not able to be resolved, then it will go through the formal grievance process.

	<ul style="list-style-type: none"> <li>• <b>Priorities</b> <ul style="list-style-type: none"> <li>○ The 3-Year Plan was recently completed.</li> <li>○ The MHSA will be participating in the Whole Person Care program. A portion of the funding that will be used for providing services will go through this process to be able to increase the funds over the 3-Year term, that way some of the money being put in can be leveraged to come back to the County.</li> <li>○ Some of the PEI programs contracts will be coming back in-house.</li> </ul> </li> </ul>		
<p><b>3.</b></p>	<p><b>MHSA Service Providers Report:</b></p> <ul style="list-style-type: none"> <li>• <b>Tapestry</b> <ul style="list-style-type: none"> <li>○ Offering Mental Health counseling for children and adolescents.</li> <li>○ Discussed the locations that they cover, specifically talked about Laytonville and Covelo, and what services are being utilized in those areas.</li> </ul> </li> <li>• <b>Consolidated Tribal Health Project</b> <ul style="list-style-type: none"> <li>○ Offers Substance Abuse Services, Detox, Residential Programs, Outpatient Treatment, ASIST/SAFETalk Programs, Therapy for all ages (currently has 3 therapists), Provide outreach to all of the Tribes, and services to the Admin Offices.</li> </ul> </li> <li>• <b>Stepping Stones</b> <ul style="list-style-type: none"> <li>○ Discussed the Transitional Housing and the Native American programs that provide housing and therapeutic services.</li> </ul> </li> <li>• <b>MCYP</b> <ul style="list-style-type: none"> <li>○ Juvenile Hall and School Services, Youth Action Program within the schools and community, PEI and Mental Health destigmatization, Alcohol/Drug/Opioid Abuse Treatment, Works with the TAY population.</li> <li>○ They provide Family Enhancement Services in Mendocino County, they have branched out on their own to do the program instead of the state.</li> <li>○ Clothing Closets are offered in Fort Bragg and Ukiah for teens.</li> <li>○ 24-hour Youth Crisis Counseling is being offered through Federal Grants.</li> <li>○ They also have a Respite Home for children.</li> </ul> </li> <li>• <b>RCS</b> <ul style="list-style-type: none"> <li>○ They provide Specialty Mental Health Services for youth and adults, Family Wraparound Services, Emergency Shelters.</li> <li>○ They have a Homeless Program with a shelter on South State Street across from Observatory,</li> </ul> </li> </ul>		

	<p>that have clothing, showers, etc.</p> <ul style="list-style-type: none"> <li>○ They also have Crisis and Crisis Residential possibly moving to South Orchard, but there is currently no timeline for completion of this project.</li> </ul>		
<b>4.</b>	<p><b>Meeting Updates:</b></p> <ul style="list-style-type: none"> <li>● There was an explanation of the charts and reports provided by QIC.</li> <li>● There was an explanation of the Access/Crisis Lines and response times.</li> <li>● The Clinical Performance Improvement Project (PIP): <ul style="list-style-type: none"> <li>○ Explained strategy and project to improve dual diagnosis and treatment.</li> <li>○ Co-occurring disorders were discussed and the training that has been happening.</li> <li>○ BHAB voted a couple of months ago to include co-occurring disorders in their charter.</li> </ul> </li> <li>● Non-Clinical PIP <ul style="list-style-type: none"> <li>○ The purpose of this project is to build more consumer involvement in the public meetings, such as this one, in order to provide more feedback and improve attendance.</li> </ul> </li> </ul>		
<b>5.</b>	<p><b>CDC</b></p> <ul style="list-style-type: none"> <li>● There was a discussion on what the Cultural Diversity Committee meeting is about and the upcoming calendar. <ul style="list-style-type: none"> <li>○ There was a meeting in October at Action Network about Hispanic Heritage.</li> <li>○ The next meeting will take place in Laytonville about the Culture of Marijuana.</li> <li>○ There will be a meeting in February in Hopland about Native Heritage and in April in Fort Bragg regarding the Culture of Homelessness.</li> </ul> </li> </ul>		

The next meeting will be held on January 24, 2018 at the Anderson Valley Health Center Conference Room, 13500 Airport Rd., Boonville, CA from 3:30 to 5:30 pm.