

## MENTAL HEALTH SERVICES ACT (MHSA) FORUM MINUTES Date: July 13, 2016

Time: 11:30 – 1:30

Location: Manzanita Services 286 N. School St. Willits CA

Attendees: Robin Meloche, Martha Zanetis, Jane McCabe, K. Helm, L. Patrick, S. Nebls, Dina Hutton, J. Baumann, B. Kesz, C. Laughton, M., J. Ilar, Kevin Murphy, Sierra Vonfeldt, J. Polson, Debbie Swayze, Natasha Carter, R. Landry, Sarah Walsh, Danielle Lower, Josephine Silva, Mary Alice Willeford, Tom Woodhouse, Dennie Maslak

ΤΟΡΙϹ	DISCUSSION	ACTION / NEXT STEPS	WHO'S RESPONSIBLE	TARGET DATE
HOUSEKEEPING				
Sign-in, cell phones, recorded,	Announcement made and review of MHSA Prop 63	N/A	N/A	N/A
Introductions	Introductions made	N/A	N/A	N/A
ANNOUNCEMENTS				
Handouts: MHSA Meeting Schedule, Issue Resolution, Program Summaries, Minutes, Surveys to complete	Robin explained the different forms available	Send an electronic Issue Resolution form to Dina Hutton	Dennie	8-4-16
Housing Project – Robin reporting	<ul> <li>Working with RCHDC to locate property 1.3 million dollars in funding to support 15 days and purchase of property.</li> <li>One large in one location, two locations one on coast and one inland, or smaller units scattered</li> <li>RCHDC has specific guidelines: 3 acres, one mile from services in order to utilize tax credits.</li> <li>A percentage of the money has to be used to support residents at the facility for 15 years.</li> <li>Percentage of units will be rented for other specialty needs</li> <li>Goal – 40 apt. units</li> <li>Low income property – 30 % of income</li> <li>Built – in assistance, case management on-site</li> <li>The goal is to have on sight management</li> <li>Provide the safest, affordable lifestyle as possible.</li> <li>Goal is May 2018 to expend the funds</li> </ul>	RCHDC is tasked with finding properties that will be able to use the tax credits and that meet the MHSA criteria.	RCHDC	ASAP
MHSA Data Report	Tabled	N/A	N/A	N/A
MHSA SERVICE PROVIDERS				
Sierra – Stepping Stones	<ul> <li>16 housing slots for 18-25<sup>th</sup> birthday, 2 yr. transitional program.</li> <li>Question: How many passed through 2010. Answer: approx. 50</li> <li>Maximum 2 yr. waiting list – 10 are on wait list at this time</li> <li>Budget question was referred to Danielle Lower to answer later</li> </ul>	Included summary in the Minutes	Dennie	8-9-16
Dina Hutton – Nuestra Alianza	<ul> <li>Stats: 251 unduplicated and 603 duplicate over 6 months</li> <li>Services: Mental Health counselling, stress reduction,</li> </ul>	Dina to forward any fliers for events and classes to Robin Meloche for outreach	Dennie	8-2-16

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	domestic violence, family support. 100 kids daily from age 6- 12 Spanish school for one month – closing ceremony 6:00pm at the Blosser Lane Cafeteria with 9 dance performances. 20 different programs and 1 is mental health.	support		
Debra Swayze – Consolidated Tribal Project	<ul> <li>Contact information "Child health" Native preference: cell 391-2491, work 467-5660 (can see anyone as long as there is a Native in the group) accept dual diagnosis clients</li> <li>Substance abuse program – De Lansy Street has 200 beds available / learning skills program – 90 day limited stay. Liaison to link to treatment. Have the person needing linkage to call.</li> <li>Ford Street is a detox program only not a learning skills program</li> <li>Are you optimistic about the changes in SUDT services coming from the Federal level? Answer: Yes!</li> </ul>	Included summary in the Minutes	Denne	8-9-16
Martha Zanetis – Tapestry	<ul> <li>CHAT program – connecting to victims of crime office with other resources ex: assault crime, there is a small amount of funding for basic needs like eye glasses.</li> <li>New Willits location – PICT – therapist will observe the parent behind glass and advise using an ear piece</li> <li>Foster Care Program</li> </ul>	Included summary in the Minutes	Denne	8-9-16
Natasha Carter – Mendocino County Office of Education	<ul> <li>SAMSHA Grant – Project AWARE – Mental Health (MH) 1<sup>st</sup> Aid 8 hr. public education program recognizing and support common mental health symptoms until professionals get on the scene.</li> <li>14 MH 1<sup>st</sup> Aid Trainings since 2014: Covelo, Fort Bragg, Laytonville and Willits in August.</li> <li>Trained MH 1<sup>st</sup> Aid Instructors over 5 days: 5 Youth Instructors and 3 Adult Instructors</li> <li>Certified close to 300 people</li> <li>Adult and Youth curriculum</li> <li>Question: Does the training go out to law enforcement and hospitals? Answer: there have been many from community health centers and a few law enforcement</li> <li>Former Sheriff is now trained in Youth MH 1<sup>st</sup> Aid to train other law enforcement and want to train him in Adult as well. He will be training the officers in Fort Bragg and Ukiah</li> <li>If you know of anyone who is interested please have them contact: Natasha Carter</li> </ul>	Student Wellness and Support Coordinator Educational Services 707.467.5111 2240 Old River Road Ukiah, CA 95482 <u>ncarter@mcoe.us</u> • MH 1 <sup>st</sup> Aid Flier was disseminated • Willits Bike Patrol Officer – approach for MH 1 <sup>st</sup> Aid Training	Natasha	On Going
RCS – Danielle Lower / Operations Manager	<ul> <li>Adopting client plans for the county – outreached to those who have not been seen for a while.</li> <li>Crisis - saw 52 adults and 8 were hospitalized. Crisis is located at 376 Suite B Gobbi St. Ukiah</li> <li>Hospitality and MGCAVHN trained in MediCal billing</li> <li>Finalizing MHSA contracts</li> <li>Message from a provider to RCS; "Thank you so much. This is the first time in 3 years that we have received the full funding amount."</li> </ul>	Included summary in the Minutes	Dennie	8-9-16
Kevin Murphy	Hoping to expand services at Manzanita Services and open	Included summary in the Minutes	Dennie	8-9-16

	to suggestions			
NEEDS				
	Transportation from Willits to Ukiah	Added all of the needs stated to the 2016-17 MHSA Service Needs List	Dennie	8-9-16
		Robin encouraged the Service Representatives to bring consumers to the Forum so they are aware of their	Robin	On Going
		<ul> <li>Methodist Church – Rosemary - Peace for Justice may be able to get a Grant for transportation for agencies rights as consumers – Robin to follow-up with leadership for the contact</li> </ul>	Robin	ASAP
	Manzanita Services needs funding to be able to stay open 5     days a week and hire personnel	Added all of the needs stated to the 2016-17 MHSA Service Needs List	Dennie	8-9-16
	Housing for several levels of needs	Added all of the needs stated to the 2016-17 MHSA Service Needs List	Dennie	8-9-16
	Warm line	Added all of the needs stated to the 2016-17 MHSA Service Needs List	Dennie	8-9-16
	<ul> <li>Funding for first or last month apt –         <ul> <li>Full Service Partners work with their Case Managers -             flexible spending funds is set aside for down payments             (need senses backed basis)</li> </ul> </li> <li>Loan programs for clients that are budgeted for pay back</li> <li>The amount is not finalized – Children last year was 10,000</li> </ul>	Added all of the needs stated to the 2016-17 MHSA Service Needs List	Dennie	8-9-16
	<ul> <li>A funded position that would be tasked to contact all the apt complexes and who would guaranty the person they recommend as a renter</li> </ul>	Added all of the needs stated to the 2016-17 MHSA Service Needs List	Dennie	8-9-16
	<ul> <li>Wellness Section of the MHSA budget:</li> <li>Add omega 3, Probiotic, and Vitamin B3, K2 and D3 to strengthen teeth that are weakened by the medications.</li> </ul>	Added all of the needs stated to the 2016-17 MHSA Service Needs List	Dennie	8-9-16
	Rental match-up program that would facilitate roommate matches (vetted)	Suggestion made to give a list to the Care Managers	N/A	N/A
		Added all of the needs stated to the 2016-17 MHSA Service Needs List	Dennie	8-9-16
ISSUE RESOLUTIONS				
	<ul> <li>Robin explained what the Issue Resolution is for and how to submit it – tracking process on how well clients are being</li> </ul>	Forms are made available to participants	N/A	N/A
	served by MHSA funded services	Send the Spanish form to Nuestra     Alianza and bring to the Forums	Dennie	ASAP
WET				
Update	Contract is in process for a scholarship through the Mendocin Community College Foundation	Program through the College were	Leadership	ASAP
	Regional WET Coordinators are developing a Peer Certification	diseminated	Regional WET	ASAP
INNOVATION				
Update	Project is plan for a Respite center 8-10 beds open to the	Schedule one final meeting to	Robin/Frank	ASAP

	<ul> <li>Kinion and Sean Patrick go to rural areas throughout the county to provide linkage to services.</li> <li>There is a plan to develop a second unit if possible</li> </ul>	kinionj@co.mendocino.ca.us phone 707-513-8004	Collaboration with BHRS & MCSO	TBA
Mobile Crisis?	Mobile Outreach Services (MOPS) funded by a Grant - Joy	Contact Joy Kinion at	N/A	N/A
Stigmatizing Language	<ul> <li>"Consumer" terminology is not clear what it means.</li> <li>Care Managers – not Case Managers</li> <li>"Participant" or "individual</li> </ul>	N/A	N/A	N/A
MHSA Family Resource Centers	Nuestra Alianza needs to be included	Review and make edits to the Program Summary document for this fiscal year.	Robin	8-10-16
NEW BUSINESS / NEXT STEPS				
N/A	N/A	N/A	N/A	N/A
OLD BUSINESS			Delilie	0-4-10
MINUTES FOR APPROVAL 2-10-16	Approved	Copy placed in the evidence binder	Dennie	8-4-16
Continuous submissions	Suicide Prevention Week is going to be observed by BHRS     September 6, 7, 8 – letter requesting submission for the     traveling story board – deadline for submissions is August 25 <sup>th</sup>	<ul> <li>Follow-up with the emailed contacts the week of August 15<sup>th</sup></li> </ul>	Robin	8-25-16
MCSPC	<ul> <li>County utilizing Natural Helpers. The Plan is in its final stages of preparation to be submitted to the MHSA Oversight &amp; Accountability Commission.</li> <li>This plan was reviewed for direction by the new analysts from the MHSA OAC whose vision is different than the previous analysts that we were working with.</li> <li>Funding is not a Grant. Funding is a component of MHSA funding and has no impact on any other programs funding.</li> <li>The project can run up to 3 years while developing sustainability.</li> <li>The next project is planned for the south coast</li> </ul>	review the draft before submitting to the MHSA OAC.		

## Next MHSA Forum: 8/10/16 @ Ft .Bragg MCHC, 10am – Noon

For information contact Robin Meloche, MHSA Coordinator at 707-472-2332 or email <u>melocher@co.mendocino.ca.us</u> MHSA Website: <u>http://www.co.mendocino.ca.us/hhsa/mhsa.htm</u>

By: Dennie Maslak 8-22-16