



## Mental Health Services Act (MHSA) FORUM Minutes

Date: February 8,2017 Time: 5:00 to 6:30 pm

Location: Manzanita Services, 410 Jones St., Ukiah CA

Attendees: Robin Meloche, Susan Wynd Novotny, Donna Moschetti, Pamela Dawson, Kevin Murphy, David Taxis, Heather Fine, Christine Hawley, Raven Price, Dustin Thompson

| TOPIC   | DISCUSSION  | ACTION / NEXT STEPS | WHO'S<br>RESPONSIBLE | TARGET<br>DATE |
|---|---|---------------------|----------------------|----------------|
| HOUSEKEEPING  | 2130331311  | Action, NEXT STEE   | ILLOI ONOIDEE        | 57112          |
| Sign-in, cell phones, recorded,   | Everyone signed in, recording started   | Sign-ins filed.     | Dustin/Robin         | N/A            |
| Introductions   | Introductions were made around the room   | N/A                 | N/A                  | N/A            |
| ANNOUNCEMENTS   |   |                     |                      |                |
| Handouts: MHSA Meeting Schedule,<br>Issue Resolution, Program<br>Summaries, Minutes, Surveys to<br>complete | Handouts were explained, questions regarding handouts answered, explained the staggering Forum times to help accommodate anyone who cannot attend daytime Forum meeting times.  | Made available      | Robin                | N/A            |
| MHSA SERVICE PROVIDERS  |   |                     |                      |                |
| Manzanita – Susan/Kevin   | Served 431 individuals this FY, 200 care managed, 18-50 per day in Ukiah. 3 clinical interns, 10 care managers. Currently no Spanish speaking caregivers, but in talks with a Spanish speaking clinician in Willits that they are hoping to work with. Large need to bilingual care givers. Plan to expanding Wellness Center hours to 10 – 3 and later to 9 – 5 to accommodate the large need for homeless individuals to shower and do some laundry. Willits location is seeing about 15-18 consumers per day. Huge housing needs in order to allow Hope Living/LPS to get off of conservatorship. Currently 2 volunteers cooking for the consumers at the facility in Ukiah 2 days per week, food donations would be helpful. Willits hopes to have Medi-Cal certification soon. Received a small grant to provided bus passes, working on a 2nd grant to help provide transportation; there are enough clients to provide a possible van pickup in the more outlying areas. | N/A                 | N/A                  | N/A            |
| NAMI – Donna  | Providing NAMI Connection Training March 4 <sup>th</sup> and 5 <sup>th</sup> , currently has 8 of the 12 spots already filled. Plans to provide NAMI Basics Training by June 30 for parents and caregivers of children who exhibit symptoms prior to age 13. Bringing 2 new programs to the county; Peer to Peer and Family to Family.  |                     |                      |                |
| PRA - Pamela  | Discussed the need for additional housing, the idea of informing the general public that homes can be donated was brought, this topic is discussed at the BH Board Meetings often and is encouraged to the general public. Also discussed a need for PR in the  |                     |                      |                |

| Tapestry – Heather | communities to spread awareness and provide attention to the programs. Asked about special trainings available to consumers in the outlying areas; Kevin discussed Care Managers that are helping in Willits to provide basic skills and life skills to consumers. Housing is the #1 problem, more support and transitional help is needed.  Doing well, direct service providers are working well. Has been able to increase services in Covelo without requiring any additional funding. Would like to explore a way to provide training in these areas with some additional funding, to help create self-sufficiency and sustainability. Human Services program at Mendocino College is helpful, but takes a lot of time and training before being able to utilize the person going through the program; funding for the program runs out within a year. Currently has 2 Spanish speaking providers in Ukiah, one of which travels to outlying areas. Working on bringing CHAF services to Covelo which would provide even more needed assistance in that area. |   |   |             |
|--------------------|--|---|---|-------------|
| Arbor – Christine  | Things are good at Arbor. Staffs retreat soon to review the strategic plan. In the past 2 years, has seen an increased amount of homeless and youths w/ mental health disorders who are not seeking treatment. Drug MediCal approval will hopefully be in about two months offering group and individual counselling. Has begun to provide transportation to the showers at Manzanita and providing laundry assistance. Started a lunch bus to transport people to Plowshares. In the middle of providing a 10 week Positive Parenting Program class. Holding Healthy Relationships workshops in support of Teen Dating Violence Awareness Month, February. Currently has 1 bilingual staff member.  |   |   |             |
|                    |  |   |   |             |
| MHSA DATA REPORT   |  |   |   |             |
| NEEDO              | N/A  | Next quarterly data due   | RQMC subcontractors                               | Due Date    |
| NEEDS              | -Some type of on-site training in some of the more rural areas to help with peer support, in those places that have no local access to services.  -Mental Health First Aid, funding gone, need to stockpile training Manuals.  | Add to 3-yr planning Needs List                                       | Dustin/Robin                                      | 02/15/2017  |
| HOUSING PROJECT    |  |   |   |             |
|                    | List has been put together by RCHDC on the requirements that a property must have to qualify, RCHDC is working on pursuing potentially eligible properties in consultation with the County.  | RCHDC aiming to have an offer by Spring 2017.                         | RCHDC Mike Pallesen<br>& Co. MHSA Karen<br>Lovato | Spring 2017 |
| ISSUE RESOLUTIONS  |  |   |   |             |
|                    | Forms available at meeting – English and Spanish versions.  Several copies of each were picked up. No forms were submitted at the meeting, only one has been submitted so far since RQMC has taken over.   | Continue to make resolution forms available and encourage submission. | Providers   | Ongoing     |

| WET                       |  |  |   |                      |
|---------------------------|--|--|---|----------------------|
| Update                    | Stakeholders approved supporting the following proposals:  - NAMI Connections Training  - A larger NAMI contract for more training .  - WRAP 3-day (25 people) and a 5-day (18 people) training.  April/May  - Potential for Safe Passages in Fort Bragg | N/A  | N/A   | N/A                  |
| INNOVATION                |  |  |   |                      |
| Update                    | Working with Yuki Trails. The old transitional housing facility could possibly be used. Looking to use people from within the community for providing services. Say more @ OAC status too  | Proposal expected to be sent to OAC by end of February | MHSA Team (Robin)                                     | 02/28/2017           |
| MCSPC                     | , , ,  |  |   |                      |
|                           | Frank Tuttle and Otis Brotherton will be doing an ASIST training on Feb. 22 <sup>nd</sup> and 23 <sup>rd</sup> at Pinoleville – flyers will be sent out once they are available. It will be a 16-hour training.  | Fliers will be sent out to stakeholders when available | Round Valley – Frank<br>Tuttle and Otis<br>Brotherton | Before<br>02/22/2017 |
| MINUTES FOR APPROVAL      |  |  |   |                      |
| 01/11/2017                | Approved   | Copy placed in evidence binder                         | Dustin  | 02/09/2017           |
| OLD BUSINESS              |  |  |   |                      |
| NEW BUSINESS / NEXT STEPS |  |  |   |                      |
| Surveys                   | Disseminated and collected from participants at the conclusion.  | Pass out evaluations and collect them                  | Robin   | 02/08/2017           |

For more information, contact Robin Meloche, MHSA Coordinator at 707-472-2332 or email <a href="mailto:melocher@co.mendocino.ca.us">melocher@co.mendocino.ca.us</a> MHSA Website: <a href="http://www.co.mendocino.ca.us/hhsa/mhsa.htm">http://www.co.mendocino.ca.us/hhsa/mhsa.htm</a>

By: Dustin Thompson 02-09-2017