

MHSA FORUM

CHILDREN & FAMILIES, TAY, ADULT & OLDER ADULT

Minutes

WEDNESDAY, SEPTEMBER 17, 2014

10:00 A.M. – 11:30 P.M.

YUKI TRAILS CONFERENCE ROOM

23000 HENDERSON RD.

COVELO, CA

In Attendance: Karen Lovato, Robin Meloche, Melinda Clarke, Frank Tuttle, Kevin Powers, Otis Brotherton, Kathy Britton, Kevin Powers

1) Welcome and Introductions

Robin welcomed & Minutes were reviewed.

2) Outreach & Engagement

- **ICMS** new address: 564 S. Dora St. Ste. D, Ukiah, behind Project Sanctuary, with signage, and new location at 544 B in Fort Bragg
- **Children's Crisis Center** new address: 376 E. Gobbi St., Ukiah- assessments and referrals ages 0-24, (part of Redwood Quality Management Group) if qualify for specialty mental Health services cost is covered by MediCal and some MHSA funds
- RQM will now handle all youth ages 0 through 24th year.
- Pinoleville Big Time Event: We participated on July 18th with Know the Signs materials
- Hopland Tribal Health Fair August 9th: We participated with Know the Signs materials
- Review Suicide Prevention Week September 7th – 14th: **Mobile Story Board & Presentation Tour** throughout Mendocino County
 - **Feedback:**
 - From event: to have Providers and influential Community Members share their stories and artwork next year.
 - Possibly record the presentation in the future
 - Suggested different domains: schools, demographics, cultural,
 - Connection between suicide and pain management
 - More advertising - Fliers – get the advertising out earlier – add KBYU to our Media list
 - Dr. Mack's new group could be asked to share their experiences for submissions
 - Include fliers for Board packets to Otis
 - Know the Signs materials – Need volunteers to disseminate
 - Committee Member volunteer for meetings in Ukiah at 1120 S. Dora St, Conference Room 1
 - **WET Committee Meeting dates:** 9/18 @ 3:00-4:00, 11/20 @ 1:00-2:00 (Conf. Rm. 2), 1/15/2015 @ 1:00-2:00 – more to be scheduled with the Community College in 2015
 - **Revised Innovation Task Force Meeting dates:** 9/16 1:00 -2:00 (Conf. Rm 2) , 10/21 @ 1:00-2:00, 11/18 @ 1:00-2:00 , 12/18 @ 1:00-2:00, 1/14/15 @ 1:00-2:00, 2/17/15 @ 1:00-2:00 & 3/17/15 @1:00-2:00, to discuss and create a never before used and innovative model for the number one voted service on the survey - Crisis Respite
 - MH 1st Aid: 2 Trainers (Ft. Bragg & Ukiah) – trainings require two Trainers and will be scheduled in the future - flier with contact information
 - safeTALK & ASIST Trainings - at Health Fairs disseminate materials

3) Current MHSA Services

- **Tapestry:** Youth Project in Covelo Tuesdays – looking at flex time a couple of hrs. each day to address issues as they come up in class rooms. (Similar approach in Laytonville).
- Youth Project – new person Amanda Panabantaleon, and will relate well to the youth. Rachel will be full time in January and concerned about the transition
- Doing well at closing the gap
- The direct way to address issues with mental health Providers & Affiliates response to a crisis is through the Grievance Form available on the County Web page.
- FSP referrals for Adult Services can come from Access, Manzanita, Arbor and Hospitality

- Sr. Peer Counseling – not as far as Covelo, but respond to Willits – does not require severe and chronic, more about depression and needs of seniors, depends on volunteers who are seniors and willing to go through the training to be a Sr. Peer Counselor. Contact: Susan Bridge-Mount susanb@pacific.net and Nancy Nana carrianna@saber.net

4) Recommendations for future MHSA Services

- Direct crisis service through the Innovation Plan is being developed through the Innovation Task Force Committee meetings and anyone is welcome to participate in person or by phone – dates are above.
- More public information is needed to educate the public about where to access Mental Health Services
- Need a staff person to facilitate the process of meeting a person in crisis at the hospital or Health Center without involving law enforcement to further their anxiety – Example given: Access couldn't come out (even Ukiah)
 - Access Center will not bridge, they will recommend calling Law Enforcement
- CIT type training: crisis training for community members, and Tribal Police
- Assessing & Managing Suicide Risk Training – for front office staff– Robin will check if this is appropriate for Covelo
- Covelo attends the Stakeholders meetings but does not receive what they ask for – Covelo Leadership feeling isolated, excluded, and discriminated against
- Communication need – Phone tree for ASIST trained community members
- Innovation Idea - for phone tree for technical infrastructure for local community experts – training & Liaison – people willing to provide “respite” safe room.
 - Tie in: mobile - training – respite
- Need for “Anger Management” training in schools in rural areas (6th, 7th, 8th grades)
 - Multigenerational behavior patterns (drug use, anger management 1:1 vs. group because of different focus needs
 - Competition for resources – community level, Agency level, family level, (Food, love, funds, programs, services, time, etc.)
- Update Triple P in Covelo - Motherhood/Fatherhood Sacred (through TANF)
- Drop-out rates for Native kids is horrific – 8th grade is bigger graduation date
- Peer counseling for seniors and youth needed in Covelo.
- Conference for Leadership needed
- Need for those who are trained in ASIST, identifiable as a network to aide during a crisis to reduce the number of people to be transported (crisis respite)
- Need another ASIST training in Covelo
- WET - Mentorship program for Native Americans & Latinos
- Redefine mentoring in rural communities
 - People with life experience getting specialty training – grant and stipends for certificate programs “location based”, “population based” + Care Management
- Literacy challenges in Covelo

The next MHSA Forum will be on October 8, 2014 from 12:00-1:30 at Manzanita Services 270 N. Pine St. Ukiah, CA - **Lunch will be provided.**

For more information, contact: Robin Meloche, Mental Health Services Act Coordinator at 472-2332

By: Dennie Maslak 9/29/14