

MHSA FORUM

CHILDREN & FAMILIES, TAY, ADULT & OLDER ADULT

Minutes

WEDNESDAY, AUGUST 13, 2014

1:30 P.M. – 3:00 P.M.

LAYTONVILLE FAMILY & RESOURCE CENTER
44400 WILLIS AVE.
LAYTONVILLE, CA

In Attendance: Robin Meloche, Mary Alice Willeford, Dennie Maslak, Elaine Carpenter, Sage Wolf, Jayma Shields-Spence, John Wetzler, Danielle Lower, Matt O'Neill, Libbe Madsen, Stephanie Wheeler, Tim Schraeder,

1) Welcome and Introductions

- Introductions made.
- John Wetzler recorded the meeting and mentioned that the Mental Health Board Advisory Committee needs a member from this area.
- Robin explained MHSA.
- New Forum Schedules were passed out

2) Outreach & Engagement

- **ICMS** new address: 564 S. Dora St. Ste. D, Ukiah, behind Project Sanctuary, with signage
- **Children's Crisis Center** new address: 376 E. Gobbi St., Ukiah
- RQM will now handle all youth ages 0 through 24th year.
- Pinoleville Big Time Event: We participated on July 18th with Know the Signs materials
- Hopland Tribal Health Fair August 9th we participated with Know the Signs materials
- Suicide Prevention Week September 7th – 14th
 - Mobile Story Board & presentation tour:
 - 9/5/14 @ Manzanita during Ukiah Art Walk 5pm-8pm (no presentation)
 - 9/8/14 @ Laytonville Healthy Start Family Resource Center 10:30am – 11:30am
 - 9/8/14 @ Willits Manzanita Services 2:30pm – 3:30pm
 - 9/9/14 @ Mendocino Coast Hospitality & Wellness Ctr. 10:30am – 11:30am
 - 9/9/14 @ Action Network 3:00pm – 4:00pm
 - 9/10/14 @ The Arbor Youth Resource Ctr. 3:00pm – 6:00pm
 - 9/11/14 @ Yuki Trails Human Services Program 11:30am – 12:30pm
 - World Suicide Prevention Day is Wed, Sept 10th, the theme is Suicide Prevention: One World Connection.
 - Submissions for the story boards' deadline is on August 29th.
- Know the Signs materials – volunteers to disseminate, sign-ups encouraged & posting recommendations on the Agenda.
- Public Committee Member volunteers for meetings in Ukiah 1120 S. Dora St, in Conference Room 1
 - WET Workforce Education Training dates: 9/18 @ 3:00-4:00, 11/20 @ 1:00-2:00, 1/15/2015 @ 1:00-2:00
 - Sage wants to be on the committee
 - WET Program - to build employee resources: hope to work with staff from Mendocino College, Humboldt, Chico & Redwood College & look at on-line curriculums
 - work for a year in the community
 - looking into student loan repayment and supervised internships
 - notify local Agencies - who can handle internships
 - roving intern supervisor to support student to get supervised hours
 - Peer certification process
 - Tim would like to see: Regarding WET: Latino's, Foster parents and Native American Indians to be guided thru peer mentoring into a 2 yr. program

- **Revised** Innovation Task Force Committee Meeting schedule: 8/20 @ 1:00-2:00, 9/16 @ 1:00-2:00 (in Conf. Rm 2), 10/21 @ 1:00-2:00, 11/18/14 @ 1:00-2:00, 12/18 @ 1:00-2:00, 1/14/15 1:00-2:00, 2/17/15 1:00-2:00, and 3/17/15 @ 1:00-2:00 to discuss and create a never before used and innovative model for the number one voted service on the survey: Crisis Respite. Approximately 300 responses and 50 wanted to participate in the Innovation process.
 - “Extended” case management in outlying areas
 - Researched projects outside of California for ideas on how to make our project innovative
 - Plan must be self-sufficient in 18 months – no funding after 18 months
 - What will be billed to MediCal?
- Trainings for suicide awareness currently offered:
 - safeTALK, 3 hours for 15 and older giving basic tools for what to do and to someone who may be contemplating suicide. Proposed schedule waiting for approval for more trainings.
 - Jayma runs a Peer Counselor group of Sophomores through Seniors that would benefit from a safeTALK training – Robin to follow-up
 - ASIST, 16 hours of intensive applied suicide intervention training (requires 2 or more trainers)
 - First Aid – a second trainer has recently been certified in Mendocino County and will be able to give more information on this training at the next Forum (requires 2 trainers)
 - Law enforcement receives Crisis Intervention Training as part of their regular training
 - Mendocino Community College – Foster and Kin Care Program has training taught by Karen Jason
- Laytonville Community Survey – 6 questions about the Health Center
 - About 25 responses – compiling data – Robin requested a copy of the results from Matt

3) Current MHSA Services

- Clarification of MHSA ages: MHSA Regulations state to 26th birthday, but services are provided through the 24th birthday (to age 25)
- 18 year olds and older can go through ICMS and will be referred
- RQM : 21 -25 yr. olds, new contracts with Coast Hospitality, Manzanita & MCAVN for services
 - Arbor (the heart & soul for transition age youth) housing TAY Wellness Washington Ct. 10 youths are on the waiting list for 8 full beds
 - On the verge of Drug MediCal program
 - Tapestry is North County, Covelo and Laytonville
 - The Arbor Youth Resource Center expanding to the coast
 - Mary Alice: new contract in process for money for Laytonville Resource Center (Tim and Jayma will connect to discuss)
- Jayma – Laytonville Family Resources established in the 1990’s on a 7 acre park land and partnered with the Laytonville Unified school district.
 - Run a variety of programs- Medical assistance, food stamps, and born out of the needs of the community.
 - Coordinate Mental Health Services with the school
 - Used to run groups until the lack of funding caused reduction
 - Healthy Start is the first call for locals rather than the crisis line
 - Serve diverse types of people and ages
 - School District serves IEP students. Many students in crisis call the Resource Center – contract with a Tapestry therapist who comes one day a week and Rehab Specialist one day per week.
 - Need for more therapy services – referrals went to Tapestry who could not give support due to case overload and understaffing.
 - Katherine advocated for 2 days a week but will be relocating to the coast Sept. 1st, and Tapestry is going to send someone in her place however it is not clear for how many days a week.
 - Mary Alice will check for funds for PEI that can be directed to Laytonville

- Matt O'Neill – funding question to RCS – Tim: nothing to do with the federally funding but might be able to find additional PEI money.
- Matt O'Neill clarified: if Laytonville did find a therapist, then it is possible to find funding. Yes, it can be funded through MHSA – talk to Tim
- Access line: call ins are evaluated by age groups and then funneled to the appropriate resource, or handled during the call, or may involve the Sherriff's Dept., and may need a Psychiatric assessment requiring transportation to Howard Memorial in Willis for a 5150.
- Injectable's question – must prove that standard medications are not making a health improvement and requires several steps to qualify @ \$350 per shot

4) Recommendations for future MHSA Services

- Crisis Services – face to face in remote areas
- Transportation for services – no bus service available in remote areas
- Matt: would like to develop better service – drug MediCal certified / Tim collaborate with Resource Center with MHSA fund and leverage the resources (Tim and Matt will discuss later)
- Sage – housing for TAY
 - Housing is a primary goal of Mental Health Board
- Map for Access resources, adult resources, housing and Foster Services suggested to be added.
- Site by site development for housing (RQM)
- Drug treatment program

The next MHSA Forum will be on **September 17, 2014 from 10:00am-11:30am at the Yuki Trails Conference Room, 23000 Henderson Rd. Covelo, CA**

For more information, contact: Robin Meloche, Mental Health Services Act Coordinator at 472-2332

By: Dennie Maslak 9/8/14