

# MHSA FORUM

## MENTAL HEALTH SERVICES FOR CHILDREN AND FAMILIES AND TRANSITIONAL AGE YOUTH, ADULTS & OLDER ADULTS

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### MINUTES

WEDNESDAY, MAY 13, 2015

NOON TO 1:30

Mendocino Coast Hospitality & Wellness Center  
474. So. Franklin St. Fort Bragg

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**In Attendance:** Robin Meloche, Mary Alice Willeford, John Wetzler, Martha J. Katch, Christina Majorana, Danielle Lower, Mary Yovino, Alicia Logan, Sue Stever, B.B. Grace, Dennie Maslak, Susan Holly, Natalie Gregory, Treri Lee Gentry

#### 1) Housekeeping, Welcome & Introductions

- Sign-in sheet
- Phones on vibrate
- Meetings are recorded for the purpose of taking Minutes only
- Introductions

#### 2) Announcements

- **Handout:** MHSA Needs list, MHSA Meetings & Events Calendar May & June, Issue Resolution forms, MHSA Summary, Previous Meeting Minutes, Cultural Diversity Meeting Flier, May is Mental Health month calendar of events, Laytonville Consumer event, Mental Health Seminar flier
- Minutes to be approved – made correction under RCS
- MHSA Prudent Reserve Public Hearing is May 21, 2015 at 3:00pm @ CR1
- MHSA 3 Year Plan update posted for the 30 day comment period and the Public Hearing is May 26<sup>th</sup> at 10:30am @ CR1

#### 3) Current MHSA Services

- Agency Representatives speak to their programs:
  - RCS:
    - Renting the Bank of America building was approved – all offices will move into the building (the Anchor)
    - The Arbor in Ukiah served over 2,000 in fiscal year 2013/14 - 50 walk-ins daily
    - Work Investment Grant
    - How to announce to the community?
      - Suggested getting on the Chamber of Commerce
      - Suggested a ribbon cutting
      - There is push back from the community over the changes in downtown
  - Mendocino Coast Hospitality & Wellness Center:
    - Hope Fest was successful
    - Programs: morning check-in 5 days a week, wellness recovery action plan (WRAP), life skills, meditation, Chi Gong, Yoga, community clean-ups
    - Specialty Mental Health Services: Specialty Care Management, starting a MediCal enrollment program,
    - Programs coming up: Community Garden program partnered with vocational skills
    - Mental Health Court – “Behavioral Health Court”
  - Love in Action:
    - Focus improve communication on the resources available – meets quarterly, the 3<sup>rd</sup> Thursday of the first month of every quarter
      - a mediator and referral source between agencies
    - Coast Action Group (CAG) sponsored by the City – meet the third Tuesday morning @ 9:00am
    - Love in Action is not a non-profit, there is no budget and is made-up of volunteers
    - The hub of the community is Mendocino Coast Hospitality & Wellness Center

#### 4) Recommendations for Future MHSA Services-Public Comments

- What's working? What's not working?
  - Needing a Psychiatrist – (Ortner Management has been working on hiring)
  - Physical therapy and other therapy's need to be offered
  - Art Therapy
  - Sherwood Oaks needs mental health provider over-sight – MCHWC/Natalie will bring over brochures of services

#### 5) Issue Resolution

- Any issues with a MHSA services, Provider, etc.? (Required by MHSA) None.

#### 6) Other Discussion

- Term “recovered” associated with alcohol & substance abuse – another term is “stabilized”
- Individuals who do not have MediCal do not have access to the same level of care as those who do
- Laura's Law? It has been placed on hold – delay regarding the audit reconciliation deficit in 2007-2011 – upper county management will move to recruit a Program Coordinator for Laura's Law.
  - Assisted out-patient treatment
- Mendocino Coast District Hospital Chaplin Program - Grief group on Thursdays
- Department of Rehabilitation – funds for resources to emancipate yourself (this will also be done at the new Anchor in Ft Bragg)
- Prudent Reserve – funding put aside for **current core programs** when funding from the state is less than what the county received the previous year

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**The next MHSA Forum is July 8, 2015 at Manzanita Services from 11:30am – 1:00pm, 286 N. School St. Willits CA 95490**

For more information call: Robin Meloche, MHSA Coordinator at 707-472-2332 or email: [meloche@co.mendocino.ca.us](mailto:meloche@co.mendocino.ca.us)

By: Dennie Maslak 6/15/15