

MHSA FORUM

MENTAL HEALTH SERVICES FOR CHILDREN AND FAMILIES & TRANSITIONAL AGE YOUTH, ADULTS AND OLDER ADULTS

Minutes

DATE: WEDNESDAY, NOVEMBER 12, 2014

TIME: 1:30 TO 3:00

**LOCATION: ANDERSON VALLEY HEALTH CENTER, CONFERENCE CENTER
13500 AIRPORT RD., BOONVILLE**

In Attendance: Robin Meloche, Lawrence Lazaro, Johnnie Radford, Charles Davis, Andrew Weber, Crystal M., Dina Ortiz, Susan Bridge-Mount, Danielle Lower, Sage Wolf, Autumn Rash, Donna Pierson-Pugh, Navin Bhandari, Mary Alice Willeford and Dennie Maslak

1) Welcome and Introductions

- Handouts: Forum Schedule, Consumer Event Flier, MH First Aid Flier, MHSA Needs list, WET Needs Assessment Survey, MHSA Meetings & Events Calendar, Issue Resolution forms
- Minutes approved from last meeting
- Agenda reformatting will be more generic in the future
- Statistics: 1 out of 4 people in the USA suffers from a form of mental illness
 - Most mental illness goes undetected in children under the age of 14 – program helps to get these children identified at an early age to get them the services they need
- Robin recognized RQM and RCS for their responsiveness to the needs of the community
- Goal of Mental Health Services Act is to plan services that cover “across the life span”

2) Current MHSA Services

- MHLAP – Fliers - CalReach application on the internet – questions call 472-2332
- Programs Summary – Sage will update, and Danielle volunteered to update

Representatives of MHSA services speak on their programs and news:

- Danielle Lower- Children’s System of Care/RCS & RWC: QI meeting feedback statistics – Anderson Valley MHSA dollars fund: Program/Anderson Valley School District: provides school based screening and prevention services, para-professional services on campus, mental health clinician services, community based family support, intervention teams response/student review meetings, early assistance in identification and treatment for first signs of mental illness
 - Serve 92 people = 70 Latino’s and 22 Caucasians
 - 2 Therapists working with Redwood Children’s Services – will come in for after student study at Anderson Valley High
 - The Levine House opened this month: name after Mr. Levine from Youth Project/ 4 bed, homeless, come from AB12 program or crisis to qualify and stay up to 6 months. Ages 18-24. Located on Plum St. in Ukiah.
- Donna Pierson-Pugh: Continuum:
 - Program for intervention, Kindergarten through 3rd Grade use a playroom setting work with a trained Para-Professional once a week for 30 minutes, building confidence, helping with social skills.
 - Grant through mental health-focuses on education around mental illness & destigmatization
 - Want same opportunity for older kids – Health Corps Members have received training/mentoring and meet with students 2nd through 12th Grade
 - 2 Part-time bi-lingual Counselors and 1 AOD Counselor
 - Triple P Parenting Classes – ages 2 through 5 years old – 30 to 40 minutes and then join the PIP-2 program class to implement the skills they just learned
 - Now more referrals are coming from parents, not the teachers

- Lawrence Lazaro/ Arbor: Grant-hired an employment Coordinator and Employment Specialist and developing plans. 15-24 ages.
 - Transforming the Arbor to fit the needs of employees
 - Teen Peer Program is going strong
 - Applying for the drug free MediCal Grant
 - CH3- access the public health food, advertising in stores, healthy items at the checkout stands, working on getting a public garden started
 - Holiday parties – Thankfulness Feast on 11/26/14: food donations are welcome
 - Andrew/Residential Advisor for the Gibson House: 6 bed facility 18-24 who come from out of county hospitals to develop living skills to transition to a lower level of care (just down the street from the Arbor)
- Sage Wolf/Arbor: TAY Housing – 11 mental health beds, Gibson House is a supportive program clients can use between 18-25 years old, FSP to qualify, 23 current FSP's approved in the County and 10 are housed in the program. 13 FSP's remain at various levels of engagement. One opening will be filled in a week.
 - Expanding the community landlords that they work with, reducing the stigma around mental health illness – RCS developing a relationship with the landlords to provide references for the youths.
 - Newly established partnerships are going well
 - Transition youth age services – age up to 25 for case management in collaboration with Manzanita, MCAVHN & Tapestry
- Susan Bridge-Mount/Senior Peer Counseling:
 - Peer Counseling is for older adults, like Grandparents, are likely candidates working with seniors, trained to become para-professional counselors and see clients in their homes once a week. These clients deal with isolation, health, some substance abuse and emotional issues where transportation is a challenge. Serve Spanish speaking seniors.
 - All clients have a treatment plan that is client developed
 - Meetings and on-going trainings for Senior Peers
 - Sargent Brandon Lee will be facilitating a training next week regarding a Scam targeting seniors
 - Senior Center serves approximately 200 lunches per day – many on-site trainings are facilitated there – emotional support around the Holidays
 - 20 clients, 4 new trained volunteers (ages 60-89)
 - Clients must be sober to speak to a Peer Counselor
 - 5 clients in Sherwood Oaks Nursing Home in Fort Bragg
 - Collaboration with Hospice

3) Recommendations for Future MHSA Services

- TAY Program for medication education to teach youth how medication help
 - Components:
 1. Statistics
 2. Success stories
 3. Facilitated in an Arbor Group setting – guest speakers
 4. A Video shown in schools
 - Collaborative video project – stories about mental illness & medication – getting youth involved
 - Mitch Mendosa holds a video class
 - Collaborate with Manzanita
 - Good Project for Suicide Prevention Committee
- More mental health services that meet the needs of the Latino population
 - The county received a proposal for Neustra Alianza – Spanish speaking and Latino run Resource Center that provides many services

4) Issue Resolution

- Robin explained the new requirement for MHSA and how the process works

5) Next Steps

- The meeting was adjourned.

The next MHSA Forum will be January 14, 2015 from 2:00pm – 3:30pm at HHSA, 1120 S. Dora St. Ukiah in Conference room 1.

For more information call: Robin Meloche, MHSA Coordinator at 707-472-2332 or email: melocher@co.mendocino.ca.us

By: Dennie Maslak 12/8/14 - correction 1/26/15 dm