

MHSA FORUM

MENTAL HEALTH SERVICES FOR CHILDREN AND FAMILIES & TRANSITIONAL AGE YOUTH, ADULTS AND OLDER ADULTS

MINUTES

WEDNESDAY, OCTOBER 8, 2014

12 NOON TO 1:30 PM

MANZANITA SERVICES

270 N. PINE ST., UKIAH CA

In Attendance: Karen Lovato, Robin Meloche, Mary Alice Willeford, Susan Bridge-Mount, Joanna Olson, Donna Hanover, Lynn Hedrick, Mark Montgomery, Tim Schrader, Danielle Lower, Trevor Gunby, Cathy Keech, Sandra Davis Moore, Cathy Jo Baily, Iva Armstrong, Sage Wolf, Steven Dawson, Dan Anderson, Devin Powers, Wynd Novotny, Dennie Maslak

1) Welcome and Introductions

- Handouts: Forum Schedule, Consumer Event Flier, MH First Aid Flier, MHSA NEEDS LIST, Arbor Oct. Calendar, Arbor Flier, WET Needs Assessment Survey forms, MHSA Meetings & Events Calendar Oct, Nov & Dec.
- Karen gave a brief summary of MHSA
- Introductions were made around the room

2) Current MHSA Services

Review Suicide Prevention Week Activities

- Oct. 5 – 11 Mental Health Awareness Week
 - Each Mind Matters website for details
- Joann Olson/MCYP: Received PEI funding for destigmatization and Anti-Bullying education in most school districts in the County
- Susan Bridge-Mount: Sr Peer Counseling has 4 new volunteers
- Mark Montgomery/OMG: ICMS has moved to 564 Dora St. in Ukiah and opened a satellite office at 524 Main St. in Fort Bragg
- Wynd Novotny/Manzanita: in partnership with Buckaloo offering Voc Rehab support, and in partnership with a MCOE grant to offer Mental Health 1st Aid Training on November 17th & 18th
 - Covelo wants training flier, (emailed to Otis Brotherton and Helen Falandes)
- Dan Anderson/Tapestry: offering flexible services in Laytonville and Covelo, providing blocks of time with a therapist in both rural communities
- Sage Wolf/Arbor: TAY wellness housing went from 9 beds to 16 (ages 18-24) at the Gibson House for FSP Mental Health clients.

3) Recommendations for Future MHSA Services

Needs List Flier: feedback from consumers who attend the MHSA Forums:

- Consumer and family member panel to hear life experiences for informative discussion in developing solutions and support
 - Stipend for presenters of their life experiences to the panel
- Transportation in rural areas: make bus passes more readily available and publically accessible
- Housing barriers: destigmatization education around mentally ill to Landlords and the community
 - TAY transitioning from Gibson House to an apartment is challenging in finding Landlords willing to rent to them
- To access Donna and Sherry at Manzanita you must be an Access Client
 - Other resources: Katherine Kelly 260 Hospital Dr, and Rural Community Health Center is taking clients
- Extended Foster Care Programs
- Protection of rights with law enforcement

- Housing for pregnant homeless mothers
- Homeless safety – 3 tickets for sleeping on private property is a Felony
- Matches for Shelter + Care: Looking for funding for those who don't qualify for specialty services to have support for filling out matches and the associated paperwork

4) Issue Resolutions

- Any Issues? None.

5) Round-up and Next Steps

- MHSA housing component: legislative changes happened this week to allow small counties to access the funds more easily and will go into effect January 2015.
 - The intent of these funds is for permanent, stable, supportive services
 - For FSP – intensive level case management
 - For 24-7 crisis resolution
 - Long term care
 - Conservatorship
- MHSA Loan Assumption Program:
 - Grad level degree repayment for loans in Public Service field
 - Loan Requirement: 2 year commitment working in the community
 - Applications will be accepted October 13th to November 30th
 - This program helps to pay back a student's loan up to \$10,000
 - Contact Robin for details
- MHSA new requirement – “Issue Resolution”
 - Being developed and will be made available at every MHSA Forum
- Community Housing Forum Team – Mark Montgomery attends meetings
 - Ad-hock Committee group
 - City decides their approach to homelessness
 - Ticketing the homeless who sleep on private property
 - City Council meetings – Wynd has the dates
 - Public has 3 minutes to voice their concerns to their publically elected officials

The next MHSA Forum will be November 12, 2014 from 1:30pm – 3:00pm at Anderson Valley Health Center's Conference Room, 13500 Airport Rd., Boonville, CA

For more information call: Robin Meloche, MHSA Coordinator at 707-472-2332 or email: meloche@co.mendocino.ca.us

By: Dennie Maslak