

MHSA FORUM

MENTAL HEALTH SERVICES FOR CHILDREN AND FAMILIES AND TRANSITIONAL AGE YOUTH, ADULTS & OLDER ADULTS

MINUTES

WEDNESDAY, APRIL 8, 2015

11:00 TO 12:30

Point Arena Library
225 Main Street, Point Arena

In Attendance: Robin Meloche, Natalie Berg, Sage Wolf, Leah Kirby, Javier Chavez, Bradford Haith, Carolyn Young, Lorelei Hammond, Greg Stefani, Dennie Maslak

1) Housekeeping, Welcome & Introductions

- Sign-in sheet
- Phones on vibrate
- Meetings are recorded for the purpose of taking Minutes only
- Introductions made

2) Announcements

- **Handouts available:** Forum Schedule, MHSA Needs list, MHSA Meetings & Events Calendar, Issue Resolution forms, MHSA Summary, Previous Meeting Minutes, Cultural Diversity Meeting Flier, May is Mental Health month calendar of events, ASIST Training flier
- Minutes to be approved - approved
- MHSA 3 Year Plan update delay – the public posting will be early May

3) Current MHSA Services

Agency Representatives speak to their programs:

- Action Network Outreach April “child abuse prevention month” event – Javier to send flier to Dennie electronically – email the opportunity to Stakeholder list
 - Requested BHRS presence at the Cinco De Mayo event in Gualala on May 3rd – will send flier to Dennie electronically – email the opportunity to Stakeholder and add to May event calendar
- Joy Kinion: Project Grant / Mobile Outreach Prevention Services (MOPS)
 - Grant requirements of this position: to go to a non-city policed area and to know the area and the culture
 - Takes referrals – visits people in their homes by appointment and links them to services – also to stop recidivism to stay stable
 - JAG Grant – contact is Teresa @ the jail
 - Sheriff Allman’s Grant provides a Tech employed by the Sheriff’s Dept. who does not have arrest privileges or carry a gun to accompany her, and a vehicle – the Tech will assist in de-escalating situations – a Release of Information form is signed by the potential client when the Tech is present
 - Majority of referrals are coming from Probation due to Prop 47 - over 63 people released from jail since January 2015
 - Time response – depends on her location in the county when she is called and how severe the situation is
 - Age range: 18 and above
 - The Program is not under **Laura’s Law**
 - Currently contacted 9 people
 - Joy also participates as Search and Rescue for the county
- Officer Stefani/Mendocino County Coastal Operations Officer
 - The station is not staffed and no answering machine – officers are on patrol and a message states to call the crisis number
 - CHP meeting every 3rd Wednesday
 - Quarterly Forum is in July

- Call the Sheriff Deputy's like they are just around the corner – majority of the calls are from Albion to Fort Bragg
- Asked: Is there a way to know the seriousness of a call? Answered: It is a challenge to determine if it truly is not necessary to send a Deputy
- Witness a domestic dispute – against the law to record it
- Welfare checks – to send a Deputy is determined by the circumstances and history
- Recruiting for the south coast continuously

Note: Private Foundation – link through Sheriffs' website – Public Safety Foundation

- Sage Wolf / Stepping Stones Program - Redwood Community Services:
 - Ages: birth, foster care to 25
 - Services: mental health therapy rehab, foster care, drop-in centers for teens at the Arbor in Ukiah (15 – 25) and the Anchor coming soon to Fort Bragg;
 - groups daily, cooking classes and independent living skills, peer support job skills class, job tutoring,
 - Stepping stones program services 18 – 25 – transitional housing for youth in foster care and young adults with mental illness through Full Service Partnerships (FSPs) through the county and then eligible for the housing program
 - TAY Wellness – apartment living (2 bedrooms/roommates) – 2 year program – 11 apartments
 - Gibson House – supportive group living with 5 beds – transition from long term hospitalization or who or in the process of getting SSI approved and have a mental illness and need a higher level of care – no time restriction on length of stay – staff support from 9am - 10pm
 - Within the Housing program – clients receive a stipend towards food and utilities, plus therapy and case management and can access the FSP funds for special circumstances like College classes or a bus pass that would help them to overcome the barriers to improve their life
 - Have not received referrals from south coast
 - FSP qualifications is case by case: impairment to functioning independently – provided for a period of time on a case by case basis – to help their strength and resiliency to function independently
 - Undocumented youths cannot be FSP – they are not Medical eligible (unless dying or pregnant) which is a requirement to be an FSP – check with Joy for possible fit for linkage in her program
 - Arbor Event – Thursday – Prom Night boutique from 4:00 – 6:30

4) Recommendations for Future MHSA Services-Public Comments

- What's working? What's not working?
 - CPS drug treatment follow through needed
 - Drug treatment team component needed in RCMS on the coast
 - Out-patient clinic to seek treatment once a week

5) Issue Resolution

- Any issues with a MHSA services, Provider, etc.? - None

6) Next Steps / Other Information

- ICO - Independent Coast Observer – new media contact Editor Steve McLaughlin – Dennie to notify our media liaison
- Laytonville Mental Health Community Forum on 4/13/15
- Laura's Law– the intention is to implement Laura's Law on July 1st – an assisted, assertive, out-patient treatment for those with severe and persistent mental illness who are challenged with functionality and not currently receiving services, frequently in jail or hospitals, as an opportunity to live in the least restrictive setting and receive intensive treatment that may be necessary.
- Anyone who calls the Access Line who is 24 or under is referred to ICMS
- MHSA Workforce Education & Training (WET) program – loan assumption program to pay back student loans requires a 1 year commitment to provide mental health services of that qualifying candidate to retain the workforce in the county.

- CPS – drug treatment follow through drug alcohol treatment in Pt. Arena
- ASIST Training: April 12th and 13th – contact Robin if interested – CEU's available @ \$5 per credit (12 credits) – appropriate for youth 16 and older - training to be comfortable speaking about suicide and learning how to talk to those who are thinking of suicide and to be aware of the signs for intervention techniques – Karen will put it into the ICO tomorrow – Javier will forward the flier to Pat Owen at the (RCMS) Redwood Coast Medical Services 884-4005

The next MHSA Forum will be May 13, 2015 at the Mendocino Coast Hospitality Wellness Center; 474 S. Franklin St., Fort Bragg, CA 95437. Lunch is hosted by MCHWC.

For more information call: Robin Meloche, MHSA Coordinator at 707-472-2332 or email:
meloche@co.mendocino.ca.us

By: Dennie Maslak 5-6-15,
corrected Next Steps and Information bullet 4 on 6-11-15