

MHSA FORUM

CHILDREN & FAMILIES, TAY, ADULT & OLDER ADULT

LUNCH IS PROVIDED

MINUTES

WEDNESDAY, JULY 9, 2014

12:00 P.M. – 1:30 P.M.

MANZANITA SERVICES

286 N. SCHOOL ST.

WILLITS, CA

In Attendance: Robin Meloche, Mary Alice Willeford, Mark Montgomery, Wynd Novotny, Kenneth Bennett, Phillip Burris, Christopher Grass, Gladys Dunsing, Ben Tucker, Rodney Webb, Rachel Gregg, Bob Silva, Mike A'Dair, Joanna Olson, Sage Wolf, Sherry Perkins, Josephine Silva, Tauna Jamison, Dennie Maslak

1) Welcome and Introductions

- Introductions were made around the table and pizza was offered.
- Robin explained Prop 63 and how the 1% millionaires' tax funds MHSA which provides "whatever it takes" means to stabilize those with mental illness.
- Minutes for the June 11th meeting were handed out and approved.
- Schedule of the MHSA Forums was posted and Wynd announced that anyone who wants to go to the next MHSA Forum in Laytonville can attend by contacting Tauna who will get a van to take them.

2) MHSA Program updates – MHSA 3 Year Plan

- Special Stakeholder Meeting was held March 31, 2014 for input – revisions made before the public posting
- Public posting was April 11, 2014 for 30 days (locations on the MHSA website)
- Public Comment Meeting was held on May 14, 2014 at HHSA, 1120 S. Dora, Ukiah in Conf Room 1, from 1:00 – 4:30.
- The public comments, questions & answers were included in the 3 Year Plan and brought before the Board of Supervisors on May 21, 2014 for approval
- An Amendment was added, and the Final 3 Year Plan update was submitted to the Board of Supervisors on June 19, 2014, and was approved, and then was electronically submitted to the State on June 24, 2014 for adoption.

3) Current MHSA Services

- Robin reported on the current MHSA funded services.
- Mark spoke about CSS: Community Support Services – Providing a community based approach to mental health services. Manzanita and Hospitality Center, ICMS, prevention and early intervention for seniors support counseling. FSP's have different levels of care, services are wrapped around them.
 - This year OMG will be working on integrating Medical services and the building of the adult system of care
 - Manzanita – drop in centers: MHSA funding supports the running of the Wellness Centers — prevention education, and care management for adults. Mendocino County's Care Collaborative looking at Whole Health. Tauna went through the course at Sonoma State and brought information back to Manzanita
 - Sage: RCS name legally changed to *Redwood Community Services* to better encompass the services they provide – Transitions Program has 8 beds for 18-25 year olds, with 9 more on a waiting list to fill one open bed. There has been an increase in demand for housing since February due to the closing of the MCYP transitional living center housing closing.
 - They have 15 participants approved for FSP. They will continue to expand programs to support the participants with therapeutic support and individual rehab.
- Sage requested an explanation of services that an FSP can receive and would like it in a written description in order to better inform her clients of the benefits.

- The purpose of an FSP is to receive additional support toward becoming stable, housing, medical services, SSN & MediCal assistance, college classes, assistance with DMV, etc.
- You do not need to qualify for housing to become an FSP
- Wynd has reached out to the Buckelew Vocational Rehab Program of Marin County to become a vendor for Mendocino County. They will be partnering with Manzanita to provide Voc. Rehab to adults at Manzanita teaching “green cleaning” and clerical skills with a supported work experience. They are doing their first trials the week of July 7th, with volunteers that might be ready to take the next step into the supported Voc. Rehab program, still working at Manzanita to provide a compassionate work environment, and individual strengths building.
- Joanna from MCYP spoke about Youth Action Program, School Prevention education
 - School education in anti-bullying, mental health de-stigmatization, educating about the differences and crisis counseling, therapeutic counseling and prevention activities.
 - Youth Action Crew – kids who have received services help with the development of services.
 - Clothes Closet for girls in Ukiah and Willits Clothes Closet at Willits High School, the hope is to develop a clothes closet for boys, but it is far more difficult to find “gently” used boys clothing.
- A budget question was asked of what percent of funds of the 5 million in funding goes to services and county administration – recommended that Tari Rogers may be the best source, as well as the website has the MHSA Plan funding breakdown.

4) Recommendations for future MHSA Services

- The Innovation Task Force is made up of those who voted on the Innovation Project Survey and stated their interest in the next step of developing the top choice “crisis respite” into an innovative solution to serve the Mendocino community, and will be meeting in the next few months with the goal to have the idea in a workable plan by January 2015.
 - Asked for an example of an innovative idea
 - Answered by Robin: Training community members in outlying areas to respond to lower level crisis needs and provide a safe place for interim care on 24-48 hour basis.
- It was asked why Buddy Eller closed - Wynd: Jackie Williams made a presentation about the history of funding for Buddy Eller. There are statistics over 10 years of who they served, and it is not closing, but instead shifting its focus on who they will be supporting families with children. More information can be found through Social Services.
- It was mentioned that the Art Walk may be an opportunity for out-reach and engagement for the County
- The Arbor location in Fort Bragg has begun their funding process
- The MHSA Team was recognized for their outreach and engagement efforts during May’s Mental Health Month to all of the outlying cities and accompanying the Book Mobile.

Other Business/Comments

- September 20, 2014 at Alex Thomas Plaza from 3pm – 8:00pm booth is free but must include an activity for children.
- Honorable mention of the Nuestra Alianza providing services to hard to reach Spanish speaking folks by an attendee
- Client of Manzanita mentioned liking the “check in”

The next MHSA Forum will be on August 13, 2014 from 2:00-3:30 at Harwood Hall, 44400 Willis Ave, Laytonville, CA

For more information, contact: Robin Meloche, Mental Health Services Act Coordinator at 472-2332

By: Dennie Maslak, July 22, 2014