



**MENDOCINO COUNTY BEHAVIORAL  
HEALTH ADVISORY BOARD**

**REGULAR MEETING**

**AGENDA**

**September 16, 2020  
1:00 p.m. to 3:00 p.m.**

**Join Zoom Meeting:**

<https://mendocinocounty.zoom.us/j/98557737710>

**Call in:**

**+1(669) 900-9128 or +1(346) 248-7799**

**Webinar ID: 985 5773 7710**

**Find your local number:**

<https://mendocinocounty.zoom.us/u/acQchywdog>

**Chairperson**  
Michelle Rich

**Vice Chair**  
Meeka Ferretta

**Secretary**  
Vacant

**Treasurer**  
Richard Towle

**BOS Supervisor**  
Carre Brown

**1<sup>ST</sup> DISTRICT:**

DENISE GORNY  
LOIS LOCKART  
RICHARD TOWLE

**2<sup>ND</sup> DISTRICT:**

MICHELLE RICH  
SERGIO FUENTES  
VACANT

**3<sup>RD</sup> DISTRICT:**

MEEKA FERRETTA  
AMY BUCKINGHAM  
VACANT

**4<sup>TH</sup> DISTRICT:**

LYNN FINLEY  
JULIA EAGLES  
VACANT

**5<sup>TH</sup> DISTRICT:**

MARTIN MARTINEZ  
FLINDA BEHRINGER  
JOANN BRADLEY

**OUR MISSION:** *“To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential.”*

<b>Item</b>	<b>Agenda Item / Description</b>	<b>Action</b>
<b>1.</b> 5 minutes	<b>Call to Order, Roll Call &amp; Quorum Notice, Approve Agenda:</b>	Board Action:
<b>2.</b> 5 minutes	<b>Minutes of the August 19, 2020 BHAB Regular Meeting:</b> <i>Review and possible board action.</i>	Board Action:
<b>3.</b> 10 minutes (Maximum)	<b>Public Comments:</b> <i>Members of the public wishing to make comments to the BHAB will be recognized at this time. Any additional comments will have to be provided through email to <a href="mailto:bhboard@mendocinocounty.org">bhboard@mendocinocounty.org</a>.</i>	Board Action:
<b>4.</b> 30 minutes	<b>Measure B Discussion and Possible Action:</b> A. Measure B August Meeting Report B. Behavioral Health Training Center Update – <i>Alyson Bailey</i> C. Kemper Report Recommendations Update	Board Action:

<b>5.</b> 15 minutes	<b>Mendocino County Report:</b> <i>Jenine Miller, BHRS Director</i> A. Director Report Questions B. Budget Update C. Community Support Groups	Board Action:
<b>6.</b> 15 minutes	<b>Mental Health Services Act (MHSA) Quarterly Update:</b> <i>Karen Lovato, BHRS Acting Deputy Director</i>	
<b>7.</b> 10 minutes	<b>RQMC Report:</b> A. Data Dashboard Questions B. Services Update	Board Action:
<b>8.</b> 15 minutes	<b>Board Reports and Possible Action:</b> A. Chair – <i>Michelle Rich</i> 1. BHAB Secretary Appointment B. Vice Chair – <i>Member Ferretta</i> C. Treasurer – <i>Member Towle</i>	Board Action:
<b>9.</b> 5 minutes	<b>Brown Act and Ethics Training for Board Members:</b>	
<b>10.</b> 10 Minutes	<b>Member Comments:</b>	Board Action:
<b>11.</b>	<b>Adjournment:</b>  <b>Next meeting:</b> October 21, 2020	

**AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE**

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

**BHAB CONTACT INFORMATION: PHONE: (707) 472-2355 FAX: (707) 472-2788**  
EMAIL THE BOARD: [bhboard@mendocinocounty.org](mailto:bhboard@mendocinocounty.org) WEBSITE: [www.mendocinocounty.org/bhab](http://www.mendocinocounty.org/bhab)



**MENDOCINO COUNTY BEHAVIORAL  
HEALTH ADVISORY BOARD**

**REGULAR MEETING**

**AGENDA**

**August 19, 2020  
1:00 p.m. to 3:00 p.m.**

**Join Zoom Meeting:**

<https://mendocinocounty.zoom.us/j/98557737710>

**Call in:**

**+1(669) 900-9128 or +1(346) 248-7799**

**Webinar ID: 985 5773 7710**

**Find your local number:**

<https://mendocinocounty.zoom.us/u/acQchywdog>

**Chairperson**  
Michelle Rich

**Vice Chair**  
Meeka Ferretta

**Secretary**  
Vacant

**Treasurer**  
Richard Towle

**BOS Supervisor**  
Carre Brown

**1<sup>ST</sup> DISTRICT:**

DENISE GORNY  
LOIS LOCKART  
RICHARD TOWLE

**2<sup>ND</sup> DISTRICT:**

MICHELLE RICH  
SERGIO FUENTES  
VACANT

**3<sup>RD</sup> DISTRICT:**

MEEKA FERRETTA  
AMY BUCKINGHAM  
VACANT

**4<sup>TH</sup> DISTRICT:**

LYNN FINLEY  
JULIA EAGLES  
VACANT

**5<sup>TH</sup> DISTRICT:**

MARTIN MARTINEZ  
FLINDA BEHRINGER  
JOANN BRADLEY

**OUR MISSION:** *"To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

<b>Item</b>	<b>Agenda Item / Description</b>	<b>Action</b>
<b>1.</b> 5 minutes	<p><b>Call to Order, Roll Call &amp; Quorum Notice, Approve Agenda:</b></p> <ul style="list-style-type: none"> <li>Meeting called to order by Chair Rich at 1:11 PM.</li> <li>Members present: Behringer, Bradley, Eagles, Ferretta, Finley, Lockart, Martinez, Towle, and Supervisor Brown.</li> <li>Member Bradley and Member Eagles were sworn in to the Behavioral Health Advisory Board by board clerk Lili Chavoya.</li> <li>Agenda approved as written.</li> </ul>	<p>Board Action:</p> <p>Motion made by Member Ferretta, seconded by Member Martinez to approve the agenda as written. Motion passed.</p>
<b>2.</b> 5 minutes	<p><b>Minutes of the July 15, 2020 BHAB Regular Meeting:</b> <i>Review and possible board action.</i></p> <ul style="list-style-type: none"> <li>Minutes approved as written.</li> </ul>	<p>Board Action:</p> <p>Motion made by Member Finley, seconded by Member Martinez to approve the August 19, 2020 BHAB</p>



	<p>not specific to Fort Bragg, but rather the county would work with all coastal communities to determine where the best place to house mentally ill clients. The dollars are not being guaranteed to a specific community, the next step is working with the community to determine the best coast location.</p>	
<p><b>5.</b> 10 minutes</p>	<p><b>Mendocino County Report:</b> <i>Jenine Miller, BHRS Director</i></p> <p>A. Director Report Questions</p> <p>I. Included in agenda packet. QA metrics are also included as requested by the board.</p> <p>B. Budget Update</p> <p>I. The Mental Health Services Act (MHSA) is closing out the 19/20 fiscal year with over 600 thousand dollars less in funds than BHRS had projected. BHRS remains hopeful to be able to close out the year without a deficit.</p> <p>a. Closing out the FY 19/20 budget this month, and will have better picture of shortfalls due to COVID over the next couple of months.</p> <p>b. Projected to get State backfilled realignment dollars. The state setup a grid on how those dollars should be disbursed to programs, but MHSA is still expected to take a 20 percent hit in the next few years.</p> <p>III. BHRS is currently working on billboards, looking to place one on Highway 101 and on Highway 20. The design of the billboard has been started, it will be about suicide prevention, and will be in both English and Spanish.</p> <p>IV. BHRS also started buying goodie bags with educational materials, waiting to finalize what will be put out.</p> <p>a. September is Recovery Month for Substance Use and Suicide Prevention week. BHRS is working on a campaign to target both topics in addition to COVID support.</p> <p>b. BHRS will be creating social media platforms to provide more outreach to the community.</p> <p>c. BHRS Director Miller presented at the HHS Advisory board's last meeting, and received more feedback for more suicide prevention education through local schools, social media, etc.</p> <p>V. Discussion on Assisted Outpatient Treatment (AOT), and how many people actually qualify vs number of referrals.</p> <p>a. BHRS Director Miller explained that AOT criteria are very strict, so each person needs to meet every single requirement. BHRS Director Miller encouraged for people to make a referral, even if it is multiple ones, if there is someone in the community that needs it.</p> <p>b. The AOT referral can be found on the BHRS website, or can also request to have it mailed. Once</p>	<p>Board Action:</p>

	<p>submitted, the referral is sent to Melinda Driggers, BHRS AOT Coordinator. Melinda then reaches out to the client, starts process to do an assessment, may get an ROI to talk to family members, starts building that relationship with the client, etc. With some individuals, a soon as Melinda starts reaching out, they voluntarily decide to get back into services, so once they get reconnected they no longer meet criteria. These clients may have met requirements, but once they voluntarily decide to get services again, they no longer meet criteria.</p> <p>c. If possible, BHRS will define how many referrals were rejected or which ones reconnected to services and add that data to the monthly AOT report.</p>	
<p><b>6.</b> 15 minutes</p>	<p><b>Substance Use Disorder Treatment Services Drug Medi-Cal Organized Delivery System:</b> <i>Rendy Smith, SUDT Program Manager</i></p> <p>A. Rendy Smith, Substance Use Disorders Treatment Manager joined the board to give a presentation on the SUDT Drug Medi-Cal ODS program, what services are available, and how to access these services. This is a new program in collaboration with Partnership that went into effect on July 1<sup>st</sup> this year.</p> <p>B. SUDT has joined with Partnership Health Plan and joined forces with 7 other rural counties, to provide all different levels of care, and that are also paid or by Medi-Cal.</p> <p>C. There is a 24 hour phone number clients can call to access any SUDT treatment service through Beacon, the number is 1-855-765-9703. Clients can also call SUDT directly at (707) 472-2637.</p> <p>D. In the past, residential treatment was not covered by Drug Medi-Cal, so this is a new exciting opportunity to be able to now have people access the treatment they need, and have it paid for, and not be denied those services due to funding.</p> <p>E. A question was asked on whether or not there are sufficient number of providers under this plan to meet the need. Rendy explained that the 7 counties joined forces for this exact reason, since rural counties have limited resources. Any type of program or resource that Mendocino County does not have, can be used from another county that does have it. Clients get connected through Partnership to the right level of care, and transportation arrangements are also made for clients that need services from another county.</p> <p>F. Types of services SUDT provides: intensive and outpatient services. Perinatal (WINDO) program which provides child care along with transportation, counseling, and groups. Adolescent prevention and intervention services, which has counselors at the high school working with referrals from school staff, parents, probation etc. There is also a local residential program that does detox, and when they are full,</p>	<p>Rendy will send out brochures with SUDT services information to the BHAB.</p>

	<p>clients get referred to one of the other 7 counties.</p> <p>G. SUDT also works with clients that have a co-occurring diagnosis. They facilitate behavioral health court where counselors work side by side with the client. Individual counseling, evidence based curriculum, and a group called “Beautiful Minds” are all targeted to meet the needs of the co-occurring population. SUDT also works closely with Mental Health to make sure everyone participating in a client’s care is providing appropriate services across the board.</p> <p>H. Discussion on how SUDT has adapted to the COVID pandemic. Rendy explained that the majority of services transitioned to telehealth or over the phone, but counselors do meet in person with clients that are in crisis with safety protocols put in place.</p> <p>I. SUDT has also continued to drug test with all the safety precautions in place.</p> <p>J. The board would like Rendy to present to this board more frequently, and would like more SUDT information on the Director’s report. BHRS Director Miller is happy to include more data.</p> <p>K. Chair Rich suggested that graduation rates, number of clients in each program, and co-occurring clients be some of the new data to be included in the Director’s report.</p> <p>L. Rendy Smith will report to the BHAB on a quarterly basis from now on.</p>	
<p><b>7.</b> 10 minutes</p>	<p><b>RQMC Report:</b></p> <p>A. Data Dashboard Questions</p> <p>I. Data dashboard included in agenda packet.</p> <p>B. Services Update</p> <p>I. Camille shared that she would be happy to have individual providers come to the board and talk about their programs. If the board has any recommendations on how they want more data presented to be able to understand the services being provided, RQMC is more than willing to do so.</p> <p>II. Due to COVID there has been a significant increase in anxiety/depression not only for medical beneficiaries but also with Medicare and private insurance beneficiaries in the community. People are stressed and concerned, and RQMC is trying to do best they can to help the community in need of help.</p> <p>III. Tim Schraeder has been doing house meetings at all housing facilities with providers either virtually on in person.</p> <p>IV. RQMC has met with schools occasionally on behalf of the Children System of Care; all providers have agreed to have a protocol and outreach that is consistent across all agencies so that the process is consistent.</p>	<p>Board Action:</p>

	<p>V. Emergency support for schools from agencies. Actively working on a united protocol, very concerned with kids that have been disconnected and attempting to get them reconnected.</p> <p>VI. Also working diligently on responding to the ASO RFP. Individual providers are working on the 19/20 year end data and also getting narrative basis on everything that has happened. RQMC hopes to have this and a final report done by October latest.</p> <p>VII. RQM C is also currently working with the county on preparing for EQRO in September.</p>	
<p><b>8.</b> 15 minutes</p>	<p><b>Board Reports and Possible Action:</b></p> <p>A. Chair – <i>Michelle Rich</i></p> <p>A. Contracts Committee</p> <p>a. The ASO RFP needs to be reviewed by members of this board. When the RFP documents come in, there will be a panel who will evaluate and score the RFP’s. One member of this board can serve on the panel; there will be a total of 5 RFP’s that will be going out. All RFP’s will be coming back in different time frames, so not all will be scored at the same time.</p> <p>b. The board agreed for Chair Rich and Member Fuentes to work together to review the RFP’s.</p> <p>II. BHAB Secretary Appointment</p> <p>a. The BHAB secretary position is vacant; the Membership Committee will nominate a member to serve as Secretary.</p> <p>B. Vice Chair – <i>Member Ferretta</i></p> <p>I. Membership/Vacancies/Recruitment</p> <p>b. Although the BHAB board welcomed two new board members today there is still a vacancy in the second district (Dina Ortiz’s previous position), third district, and fourth district.</p> <p>c. The board needs additional representation from consumers. Chair Rich encouraged board members to reach out to their District Supervisor for possible recruitment of board members, the Membership Committee will also be recruiting.</p> <p>C. Treasurer – <i>Member Towle</i></p> <p>I. Member Towle reported that for FY 19/20, out of the of \$11,500 budget granted, the board expended \$5,493.22, with a remaining balance of \$6,006.78. For FY 20/21 the board has been granted \$11,500.00.</p>	<p>Board Action:</p> <p>Follow up at next month’s meeting.</p>
<p><b>9.</b> 10 minutes</p>	<p><b>California Behavioral Health Planning Council Patients’ Rights Advocacy Survey: Review and possible board action.</b></p> <p>A. Chair Rich and Member Martinez will work together to complete the survey.</p>	<p>Chair Rich and Member Martinez to follow up.</p>
<p><b>10.</b> 10 Minutes</p>	<p><b>Member Comments:</b></p> <p>A. Discussion on the Brown Act training that board members</p>	<p>Board Action:</p>



	<p>need to attend every two years.</p> <p>B. Discussion on the possibility of extending BHAB meetings to more than 2 hours, or if 2 hours is enough time. The standard recommendation from CALBHB/C for board meetings is 2 hours. The board agreed to continue holding 2 hour long meetings.</p> <p>C. Member Towle asked about the Annual Report that Jan McGourty completed for last year. The annual report has not been presented to the BOS; the board will proceed with getting it in front of the BOS.</p> <p>D. Discussion on possible future Zoom trainings for board members, BHRS staff to follow up on this request.</p>	<p>Lili to update the board on training tacking log and information on when next trainings will be available.</p> <p>Lili to update BHAB member contact information and send to all board members.</p> <p>Lili to provide green binders to new members Jo Bradley and Julia Eagles.</p>
<b>11.</b>	<p><b>Adjournment:</b> 3:03</p> <p><b>Next meeting:</b> September 16, 2020</p>	<p>Motion made by Member Martinez, seconded by Member Behringer to adjourn the meeting.</p>

**AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE**

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

**BHAB CONTACT INFORMATION: PHONE: (707) 472-2355 FAX: (707) 472-2788**  
**EMAIL THE BOARD: [bhboard@mendocinocounty.org](mailto:bhboard@mendocinocounty.org) WEBSITE: [www.mendocinocounty.org/bhab](http://www.mendocinocounty.org/bhab)**

# Behavioral Health Advisory Board Director's Report

## September 2020

### 1. Board of Supervisors:

- a. Recently passed items or presentations:
  - i. Mental Health:
    - a. None
  - ii. Substance Use Disorders Treatment:
    - a. None
- b. Future BOS Items or Presentations:
  - i. Mental Health
    - a. Discussion and Possible Action Including Acceptance of Informational Presentation Regarding the Current Provision of Mental Health Services in Mendocino County
  - ii. Substance Use Disorder Treatment:
    - a. None

### 2. Staffing Updates:

- a. New Hires:
  - Mental Health: None
  - Substance Use Disorders Treatment: None
- b. Promotions:
  - Mental Health: Program Specialist II (2)
  - Substance Use Disorders Treatment: None
- c. Departures:
  - Mental Health: None
  - Substance Use Disorders Treatment: None

### 3. Audits/Site Reviews:

- a. Date occurred and report out of findings:
  - i. No Report Out for August, as we are between audits/reviews.
- b. Upcoming/Scheduled:
  - i. BHRS Outpatient Chart Audit – currently in progress

- ii. EQRO virtual site review – November 2020
- c. Site Reviews:
  - i. No SMH sites were up for review in August 2020
  - ii. RCS is adding a Short-Term Residential Therapeutic Program services to a location (in process - required BHRS review).

**4. Grievances/Appeals:**

- a. MHP Grievances: 1
- b. SUDT Grievances: 0
- c. MHSA Issue Resolutions: 0
- d. Second Opinion: 0
- e. Change of Provider Requests: 2
- f. Provider Appeals: 0
- g. Consumer Appeals: 0

**5. Meetings of Interest:**

- a. MHSA Forum/QIC Meeting: October 14, 2020 @ 3:00 - 5:00 pm on Zoom:  
<https://mendocinocounty.zoom.us/j/94217963247>

**6. Grant Opportunities:**

- a. None

**7. Significant Projects/Brief Status:**

- a. Assisted Outpatient Treatment (AOT): AB 1421/Laura's Law
- b. Melinda Driggers, AOT Coordinator, is accepting and triaging referrals:
  - i. Referrals to Date: 87
  - ii. Total that did not meet AOT Criteria: 76
    - a. Total Referrals FY 20/21: 2
    - b. Client connected with Provider/Services: 1
    - c. Unable to locate/connect with client: 1
  - iii. Currently in Investigation/Screening/Referral: 0
  - iv. Settlement Agreement/Full AOT: 1
  - v. Other (Pending Assessments to file Petition): 1

**8. Educational Opportunities/Information:**

- a. Adverse Childhood Experiences (ACEs) Training: TBD

**9. Mental Health Services Act (MHSA):**

- a. MHSA Forum/QIC Meeting: October 14, 2020 @ 3:00 - 5:00 pm on Zoom:  
<https://mendocinocounty.zoom.us/j/94217963247>

**10. Lanterman Petris Short Conservatorships (LPS):**

- a. Number of individuals on LPS Conservatorships = 57

**11. Substance Use Disorder Treatment Services:**

- a. Number of Substance Use Disorder Treatment Clients Served in July 2020
  - i. Total number of clients served = 102
  - ii. Total number of services provided = 263
  - iii. Fort Bragg: 14 clients served for a total of 54 services provided
  - iv. Ukiah: 74 clients served for a total of 190 services provided
  - v. Willits: 14 clients served for a total of 19 services provided

**12. Contracts:**

- a. None

**13. Capital Facility Projects:**

- a. Orchard Project
  - i. CHFFA Board Meeting 12/5/19 - Milestone of securing funding met.
  - ii. CHFFA Board Meeting 1/30/2020 – New milestones were provided by CHFFA for completion of the Orchard Project
- b. Willow Terrace Project
  - i. Vacancies filled through Coordinated Entry process as they come available.
  - ii. Some turnover in tenancy.



# September 2020

## Recovery Month & Suicide Prevention Week Schedule

September is Recovery Month and the second week is Suicide Prevention Week!  
 With all the added stress in our lives right now, join us for educational, supportive,  
 and fun activities!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
	<b>Labor Day!</b>		<b>4:00 – 5:00 PM</b> COVID Karaoke!	<b>7:30 – 8:30 am</b> Self-Care Group <b>10:00 -11:00 am</b> Suicide Prevention Presentation <b>1:00 - 2:30 PM</b> QPR Suicide Prevention Training	<b>1:00 – 2:00 PM</b> Red Road Support Group	<b>10:00 -11:00</b> Suicide Prevention Presentation
13	14	15	16	17	18	19
	<b>12:00 – 1:00 pm</b> Process group  <b>2:00 – 3:00 PM</b> Grupo de apoyo para el manejo de emociones	<b>2:00 – 3:00 PM</b> Emotion Management Support Group	<b>4:00 – 5:00 PM</b> COVID Karaoke!  <b>6:00 – 7:00 pm</b> Grupo de apoyo general	<b>2:00 – 3:00 pm</b> Grupo de apoyo para personas en aislamiento/cuarentena	<b>1:00 – 2:00 PM</b> Native “Talking Circle” Support Group	
20	21	22	23	24	25	26
	<b>12:00 – 1:00 pm</b> Process group	<b>3:00 – 4:00 pm</b> Support group for those in isolation/quarantine	<b>4:00 – 5:00 pm</b> Parent Support Group	<b>7:30 – 8:30 am</b> Self-Care Group	<b>1:00 – 2:00 PM</b> Red Road Support Group	
27	28	29	30			
	<b>12:00 – 1:00 pm</b> Process group  <b>2:00 – 3:00 PM</b> Grupo de apoyo para el manejo de emociones	<b>2:00 – 3:00 PM</b> Emotion Management Support Group  <b>3:00 – 4:00 pm</b> Support group for those in isolation/quarantine	<b>4:00 – 5:00 PM</b> COVID Karaoke!  <b>6:00 – 7:00 pm</b> Grupo de apoyo general			



## Behavioral Health and Recovery Services Community Support Groups September 2020

### **Suicide Prevention Week with Robin Meloche:**

#### **Suicide Prevention Awareness Presentation:**

*September 10, 10:00 – 11:00 AM and September 12, 10:00 – 11:00 AM*

To join: <https://mendocinocounty.zoom.us/j/91513487823> or call +1(669) 900-9128; Meeting ID: 915 1348 7823

#### **QPR Suicide Prevention Training: September 10, 1:00 – 2:30 PM**

To join: <https://mendocinocounty.zoom.us/j/96750619776> or call +1(669) 900-9128; Meeting ID: 967 5061 9776

### **Process Group (current events, open discussion topics, etc.) with Carol Gerke:**

*Every Monday (with exception of Labor Day holiday) from 12:00 – 1:00 PM*

To join: <https://mendocinocounty.zoom.us/j/96765246202> or call +1(669) 900-9128, Meeting ID: 967 6524 6202

### **Emotion Management Support Group with Kelly Johnson**

*Tuesdays: September 15 and September 29 from 2:00 – 3:00 PM*

To join: <https://mendocinocounty.zoom.us/j/94303790492> or call +1(669) 900-9128, Meeting ID: 943 0379 0492

### **Support Group for those that are COVID Positive/in isolation with Cliff Landis:**

*Tuesdays: September 22 and September 29 from 3:00 – 4:00 PM*

To join: <https://mendocinocounty.zoom.us/j/92480343163> or call +1(669) 900-9128, Meeting ID: 924 8034 3163

### **Parent Support Group with Christina Fuentes, Kayla Miles, James Canfield:**

*Wednesday, September 23 from 4:00 – 5:00 PM*

To join: <https://mendocinocounty.zoom.us/j/97996175476> or call +1(669) 900-9128, Meeting ID: 979 9617 5476

### **COVID Karaoke with A.J. Fulton:**

*Wednesdays from 4:00 – 5:00 PM*

To join: <https://mendocinocounty.zoom.us/j/95268669582> or call +1(669) 900-9128, Meeting ID: 952 6866 9582

### **Self-Care Group with Ilona Marcello:**

*Second and Fourth Thursdays from 7:30 – 8:30 AM*

To join: <https://mendocinocounty.zoom.us/j/99350016246> or call +1(669) 900-9128, Meeting ID: 993 5001 6246

### **Native “Talking Circle” Support Group with Paul Murguia:**

*Friday, September 18 from 1:00 – 2:00 PM*

To join: <https://mendocinocounty.zoom.us/j/93885063216> or call +1(669) 900-9128, Meeting ID: 938 8506 3216

### **Red Road Support Group with Paul Murguia:**

*Second and fourth Fridays from 1:00 – 2:00 PM*

To join: <https://mendocinocounty.zoom.us/j/95811261421> or call +1(669) 900-9128, Meeting ID: 958 1126 1421

**September is Recovery Month and the second week is Suicide Prevention Week!**



## Grupos Comunitarios de Apoyo de los Servicios de Salud del Comportamiento Septiembre 2020

### **Grupo de Apoyo para el Manejo de Emociones con Maria Machado**

*Segundo y cuarto Lunes del mes de 2:00 – 3:00 PM*

Enlace: <https://mendocinocounty.zoom.us/j/99214607557> o llame al: +1(669) 900-9128

ID de reunión: 992 1460 7557

### **Grupo de Apoyo General con Carlos Jacinto:**

*Miercoles: Septiembre 16 y Septiembre 30 de 6:00 – 7:00 PM*

Enlace: <https://mendocinocounty.zoom.us/j/99751996512> o llame al: +1(669) 900-9128

ID de reunion: 997 5199 6512

### **Grupo de Apoyo para Personas en Aislamiento/Cuarentena con Leticia Fausto:**

*Jueves, Septiembre 17 de 2:00 – 3:00 PM*

Enlace: <https://mendocinocounty.zoom.us/j/95876625158> o llame al +1(669) 900-9128

ID de reunión: 958 7662 5158

**Septiembre es el mes de la recuperación y la segunda semana es  
¡Semana de Prevención del Suicidio!**



Mendocino County Behavioral Health and Recovery Services  
 Behavioral Health Advisory Board General Ledger  
 FY 20/21  
 September 9, 2020

ORG	OBJ	ACCOUNT DESCRIPTION	YR/PER/JNL	EFF DATE	AMOUNT	INVOICE #	CHECK #	VENDOR NAME	COMMENT
MHB	862080	FOOD							
		<b>FOOD Total</b>			<b>\$0.00</b>				
		<b>MEMBERSHIPS TOTAL</b>			<b>\$0.00</b>				
MHB	862170	OFFICE EXPENSE							
		<b>OFFICE EXPENSE Total</b>			<b>\$0.00</b>				
		<b>RNTS &amp; LEASES BLD GRD Total</b>			<b>\$0.00</b>				
		<b>TRNSPRTATION &amp; TRAVEL Total</b>			<b>\$0.00</b>				
		<b>TRAVEL &amp; TRSP OUT OF COUNTY Total</b>			<b>\$0.00</b>				
		<b>Grand Total</b>			<b>\$0.00</b>				

Summary of Budget for FY 20/21

OBJ	ACCOUNT DESCRIPTION	Budget Amount	YTD Exp	Remaining Budget
862080	Food	1,800.00	0.00	1,800.00
862150	Memberships	600.00	0.00	600.00
862170	Office Expense	500.00	0.00	500.00
862210	Rents & Leases Bld	30.00	0.00	30.00
862250	In County Travel	5,800.00	0.00	5,800.00
862253	Out of County Travel	2,770.00	0.00	2,770.00
	<b>Total Budget</b>	<b>\$11,500.00</b>	<b>\$0.00</b>	<b>\$11,500.00</b>



Behavioral Health Recovery Services  
Mental Health FY 2020-2021  
Budget Summary  
Year to Date as of **September 09, 2020**

	Program	FY 19/20 Approved Budget	EXPENDITURES					Total Expenditures	REVENUE				Total Revenue	Total Net Cost
			Salaries & Benefits	Services & Supplies	Other Charges	Fixed Assets	Operating Transfers		2011 Realign	1991 Realign	Medi-Cal FFP	Other		
1	Mental Health (Overhead)	(5,833,895)	30,102	2,965	916,398			949,465			(906,517)		(906,517)	1,855,981
2	Administration	1,448,778	107,300	72,190				179,490					0	179,490
3	CalWorks	98,355	17,131	31				17,162					0	17,162
4	Mobile Outreach Program	384,126	27,120	144				27,264	(40,713)				(40,713)	67,977
5	Adult Services	764,577	99,670	357				100,027					0	100,027
6	Path Grant	19,500						0	(8,009)				(8,009)	8,009
7	SAMHSA Grant	185,000						0	(60,715)				(60,715)	60,715
8	Mental Health Board	11,500						0					0	0
9	Business Services	624,295	54,534	66				54,600					0	54,600
11	AB109	135,197	17,868	0				17,868					0	17,868
12	Conservatorship	2,456,866	896	18,445	231,010			250,351					0	250,351
13	No Place Like Home Grant	0						0					0	0
14	QA/QI	450,568	44,728	370				45,097					0	45,097
a	<b>Total YTD Expenditures &amp; Revenue</b>		399,349	94,567	1,147,408	0	0	1,641,323	(109,437)	0	(906,517)	0	(1,015,954)	2,657,277
b	<b>FY 2020-2021 Adjusted Budget</b>	744,867	3,510,587	1,962,679	18,778,506	0	(73,244)	24,178,528	6,389,220	4,182,046	10,609,498	2,677,399	23,858,163	320,365
c	<b>Variance</b>		3,111,238	1,868,112	17,631,098	0	(73,244)	22,537,205	6,498,657	4,182,046	11,516,015	2,677,399	24,874,117	(2,336,912)

Behavioral Health Recovery Services  
Mental Health Services Act (MHSA) FY 2020-2021 Budget Summary  
Year to Date as of September 09, 2020

Program	FY 19/20 Approved Budget	Salaries & Benefits	Services & Supplies	Other Charges	Fixed Assets	Operating Transfers	Total Expenditures	Revenue Prop 63	Other- Revenue	Total Net Cost
Community Services & Support	-	45,438		(276,358)			(230,920)			(230,920)
Prevention & Early Intervention	218,759		2,861				2,861			2,861
Innovation	508,637						-			-
Workforce Education & Training	-		(8,000)				(8,000)			(8,000)
Capital Facilities & Tech Needs	-		30,025				30,025			30,025
<b>Total YTD Expenditures &amp; Revenue</b>		45,438	24,886	(276,358)	-	-	(206,034)	-	-	(206,034)
<b>FY 2019-2020 Approved Budget</b>	727,396	517,117	1,504,880	3,058,993	0	496,097	5,577,087	(4,836,832)	(12,859)	727,396
<b>Variance</b>		471,679	1,479,994	3,335,351	-	496,097	5,783,121	(4,836,832)	(12,859)	933,430

**Prudent Reserve Balance**                      **1,894,618**

WIC Section 5847 (a)(7) - Establishment & maintenance of a prudent reserve to ensure the county continues to be able to serve during years in which revenues for the Mental Health Services Fund are below recent averages adjusted by changes in the state population and the California Consumer Price Index.

Behavioral Health Recovery Services  
SUDT FY 2020-2021 Budget Summary  
Year to Date as of **August 12, 2020**

	Program	FY 20/21 Approved Budget	EXPENDITURES					Total Expenditures	REVENUE				Total Revenue	Total Net Cost
			Salaries & Benefits	Services and Supplies	Other Charges	Fixed Assets	Operating Transfers		SAPT Block Grant and FDMC	2011 Realign	Medi-Cal FFP	Other		
1	SUDT Overhead	(34,700)						0	(318,431)		814	782	(316,835)	316,835
2	County Wide Services	133,177		625				625					0	625
3	Drug Court Services	0		81				81					0	81
4	Ukiah Adult Treatment Services	(206,211)	68,641	1,825				70,466			0	2,442	2,442	68,023
5	Women In Need of Drug Free Opportunties	0	12,385	196				12,581					0	12,581
6	Family Drug Court	(700)	26,727	215				26,943					0	26,943
8	Friday Night Live	0						0					0	0
9	Willits Adult Services	(3,725)	12,863					12,863					0	12,863
10	Fort Bragg Adult Services	(78,524)	37,691	415				38,105				150	150	37,955
11	Administration	670,826	61,967	57,592				119,558				2,071	2,071	117,488
12	Adolescent Services	(150,172)	1,602	34				1,636					0	1,636
13	Prevention Services	0	15,809	33				15,842					0	15,842
a	<b>Total YTD Expenditures &amp; Revenue</b>	<b>329,971</b>	237,685	61,017	0	0	0	<b>298,702</b>	(318,431)	0	0	5,445	<b>(312,171)</b>	<b>610,873</b>
b	<b>FY 2020-2021 Budget</b>	<b>329,971</b>	2,419,195	1,169,467	49,000	0	(979,866)	<b>2,657,796</b>	1,138,861	617,501	50,000	521,463	<b>2,327,825</b>	<b>329,971</b>
c	<b>Variance</b>	<b>0</b>	2,181,510	1,108,450	49,000	0	(979,866)	<b>2,359,094</b>	1,457,292	617,501	50,000	516,018	<b>2,639,996</b>	

QI Work Plan - 3.D

## Report - Appeals, Grievances, Change of Provider - July 2020

**Provider Appeal (45 days)**

Receipt Date	Provider Name	Reason	Results	Date Completed	Date Letter sent to Provider
Total	0				

**Client Appeal (45 days)**

Receipt Date	Provider Name	Reason	Results	Date Completed	Date Letter sent to Client
Total	0				

**Issue Resolutions (60 Days)**

Receipt Date	Provider Name	Reason	Results	Date Completed	Date Letter sent to Provider
Total	0				

**SUDT Grievance (60 Days)**

Receipt Date	Provider Name	Reason	Results	Date Completed	Date Letter sent to Provider
Total	0				

**Client Grievance (60 Days)**

Receipt Date	Provider	Reason	Results	Date Completed	Date Letter sent to Client
7/20/2020	RQMC	Beneficiary states staff member's demenour towards clients is cold and suggested the staff member should be removed from their position.	Complaint forwarded to appropriate supervisor and beneficiary started to receive services from a different staff member.	7/28/2020	7/28/2020
Total	1				

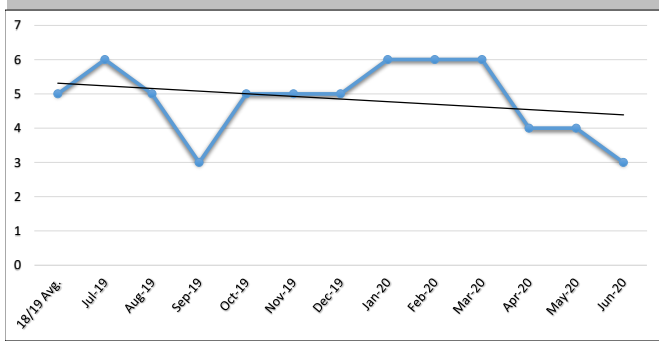
**Client Request for Change of Provider (10 Business Days)**

Receipt Date	Provider	Reason	Results	Date Completed	Date Letter sent to Client
7/13/2020	Manzanita	Wants to change to different provider.	Beneficiary discharged from previous provider and services opened at new provider.	7/27/2020	7/27/2020
7/27/2020	RCS	Wants to change to different provider.	Beneficiary discharged from previous provider and services opened at new provider.	8/6/2020	8/6/2020
Total	2				

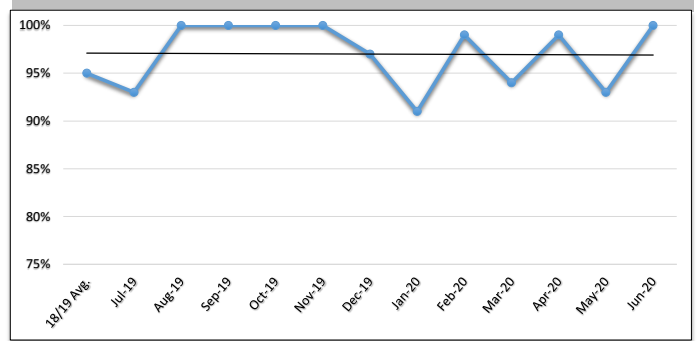
**0 Provider Appeals**  
**0 Client Appeals**  
**0 Issue Resolutions (Completed)**  
**0 SUDT Grievances (Completed)**  
**1 Grievance (Completed)**  
**2 Requests for Change of Provider (Completed)**

## 2019-2020 Year to Date Timeliness Charts and Graphs

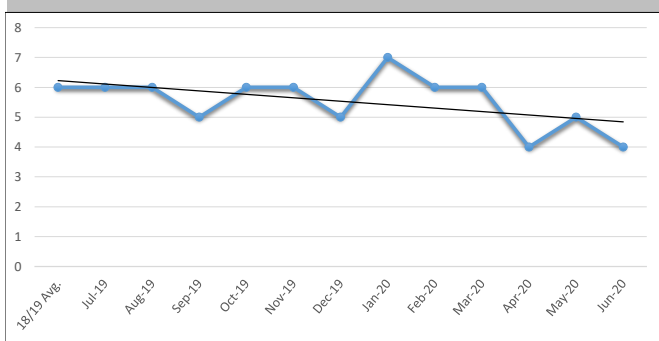
Length of Time from Initial Request to first offered Appt. - Mean BPSA - MHP Standard or Goal - 10 Business Days - 95%				
	All Services	Adult Services	Children's Services	Foster Care
<b>18/19 Avg.</b>	<b>5</b>	<b>6</b>	<b>6</b>	<b>5</b>
Jul-19	6	6	5	8
Aug-19	5	4	5	7
Sep-19	3	4	6	5
Oct-19	5	5	5	5
Nov-19	5	4	6	8
Dec-19	5	4	5	3
Jan-20	6	6	6	5
Feb-20	6	5	8	3
Mar-20	6	5	6	8
Apr-20	4	3	4	6
May-20	4	4	5	8
Jun-20	3	3	8	9
<b>19/20 Avg.</b>	<b>5</b>	<b>4</b>	<b>6</b>	<b>6</b>



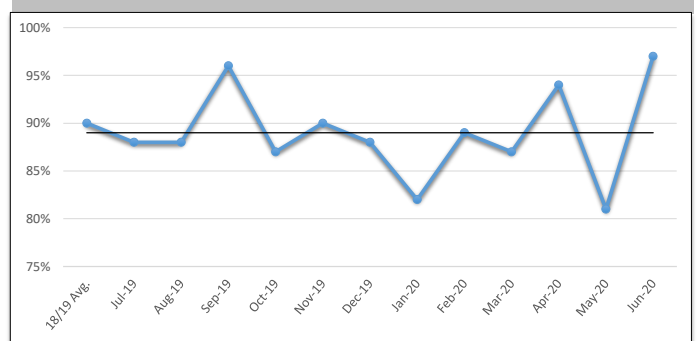
Length of Time from Initial Request to first offered Appt. BPSA - MHP Standard or Goal - 10 Business Days - 95%				
	All Services	Adult Services	Children's Services	Foster Care
<b>18/19 Avg.</b>	<b>95%</b>	<b>90%</b>	<b>97%</b>	<b>95%</b>
Jul-19	93%	89%	98%	100%
Aug-19	100%	100%	100%	100%
Sep-19	100%	100%	100%	100%
Oct-19	100%	100%	100%	100%
Nov-19	100%	100%	100%	100%
Dec-19	97%	100%	95%	100%
Jan-20	91%	76%	100%	100%
Feb-20	99%	98%	83%	100%
Mar-20	94%	89%	97%	100%
Apr-20	99%	100%	98%	100%
May-20	93%	93%	99%	100%
Jun-20	100%	100%	100%	100%
<b>19/20 Avg.</b>	<b>97%</b>	<b>95%</b>	<b>98%</b>	<b>100%</b>



Length of Time from Initial Request to first kept Appt. - Mean MHP Standard or Goal - 10 Business Days - 90%				
	All Services	Adult Services	Children's Services	Foster Care
<b>18/19 Avg.</b>	<b>6</b>	<b>5</b>	<b>6</b>	<b>5</b>
Jul-19	6	5	6	8
Aug-19	6	4	7	14
Sep-19	5	4	6	5
Oct-19	6	5	7	6
Nov-19	6	4	7	8
Dec-19	5	5	6	3
Jan-20	7	6	7	5
Feb-20	6	5	8	3
Mar-20	6	6	6	8
Apr-20	4	3	5	11
May-20	5	4	6	10
Jun-20	4	2	5	9
<b>19/20 Avg.</b>	<b>6</b>	<b>4</b>	<b>6</b>	<b>8</b>

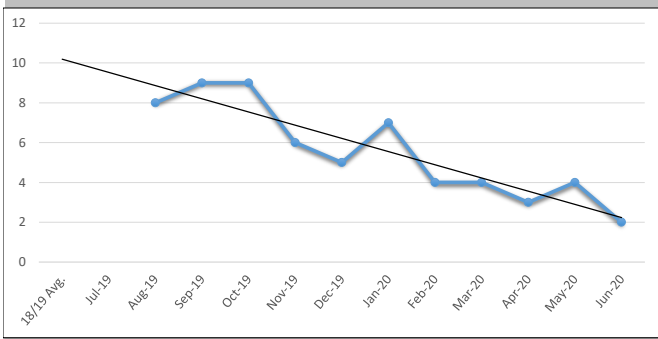


Length of Time from Initial Request to first kept Appt. - MHP Standard or Goal - 10 Business Days - 90%				
	All Services	Adult Services	Children's Services	Foster Care
<b>18/19 Avg.</b>	<b>90%</b>	<b>89%</b>	<b>91%</b>	<b>86%</b>
Jul-19	88%	91%	85%	100%
Aug-19	88%	98%	76%	25%
Sep-19	96%	100%	94%	100%
Oct-19	87%	100%	79%	100%
Nov-19	90%	97%	86%	100%
Dec-19	88%	94%	85%	100%
Jan-20	82%	78%	84%	100%
Feb-20	89%	97%	83%	100%
Mar-20	87%	87%	88%	100%
Apr-20	94%	100%	90%	0%
May-20	81%	90%	73%	67%
Jun-20	97%	100%	94%	100%
<b>19/20 Avg.</b>	<b>89%</b>	<b>94%</b>	<b>85%</b>	<b>83%</b>

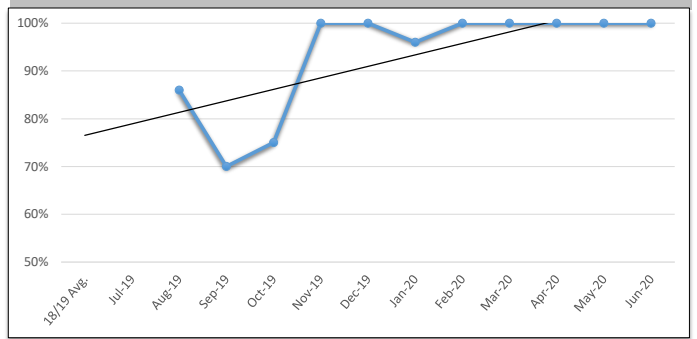


2019-2020 Year to Date Timeliness Charts and Graphs - Page 2

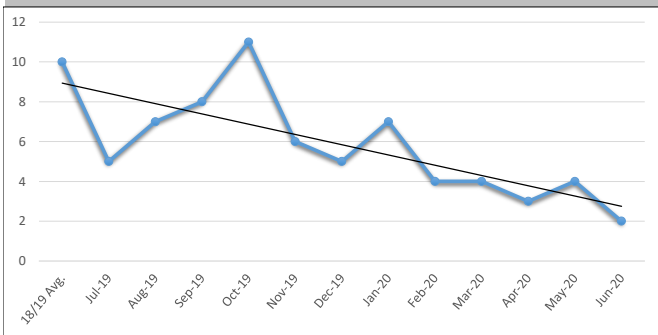
Length of Time from Initial Request to first offered Psychiatry appt. - Mean MHP Standard or Goal - 15 Business Days - 90%				
	All Services	Adult Services	Children's Services	Foster Care
<b>18/19 Avg.</b>	<b>#N/A</b>	<b>#N/A</b>	<b>#N/A</b>	<b>#N/A</b>
Jul-19	#N/A	#N/A	#N/A	#N/A
Aug-19	8	7	13	#N/A
Sep-19	9	10	9	2
Oct-19	9	8	10	21
Nov-19	6	6	6	#N/A
Dec-19	5	5	5	#N/A
Jan-20	7	7	10	#N/A
Feb-20	4	3	6	7
Mar-20	4	3	6	#N/A
Apr-20	3	2	3	#N/A
May-20	4	4	5	#N/A
Jun-20	2	2	2	#N/A
<b>19/20 Avg.</b>	<b>6</b>	<b>5</b>	<b>7</b>	<b>10</b>



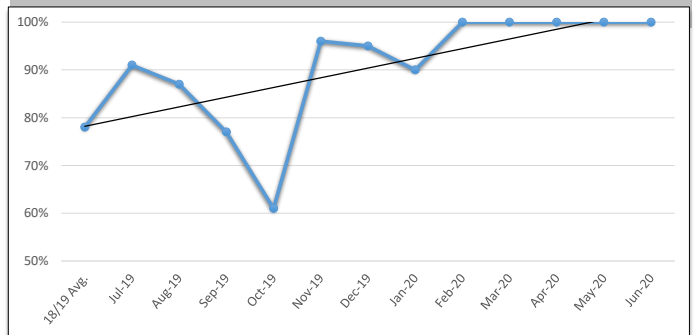
Length of Time from Initial Request to first offered Psychiatry Appt. - MHP Standard or Goal - 15 Business Days - 90%				
	All Services	Adult Services	Children's Services	Foster Care
<b>18/19 Avg.</b>	<b>#N/A</b>	<b>#N/A</b>	<b>#N/A</b>	<b>#N/A</b>
Jul-19	#N/A	#N/A	#N/A	#N/A
Aug-19	86%	86%	83%	#N/A
Sep-19	70%	68%	75%	100%
Oct-19	75%	75%	75%	0%
Nov-19	100%	100%	100%	#N/A
Dec-19	100%	100%	100%	#N/A
Jan-20	96%	95%	100%	#N/A
Feb-20	100%	100%	100%	100%
Mar-20	100%	100%	100%	#N/A
Apr-20	100%	100%	100%	#N/A
May-20	100%	100%	100%	#N/A
Jun-20	100%	100%	100%	#N/A
<b>19/20 Avg.</b>	<b>93%</b>	<b>93%</b>	<b>94%</b>	<b>67%</b>



Length of Time from Initial Request to first kept Psychiatry appt. - Mean MHP Standard or Goal - 15 Business Days - 90%				
	All Services	Adult Services	Children's Services	Foster Care
<b>18/19 Avg.</b>	<b>10</b>	<b>8</b>	<b>11</b>	<b>#N/A</b>
Jul-19	5	5	6	#N/A
Aug-19	7	7	6	#N/A
Sep-19	8	7	10	2
Oct-19	11	11	13	21
Nov-19	6	4	8	#N/A
Dec-19	5	5	7	#N/A
Jan-20	7	6	12	#N/A
Feb-20	4	3	6	7
Mar-20	4	3	6	#N/A
Apr-20	3	2	3	#N/A
May-20	4	5	4	#N/A
Jun-20	2	2	2	#N/A
<b>19/20 Avg.</b>	<b>6</b>	<b>5</b>	<b>7</b>	<b>10</b>

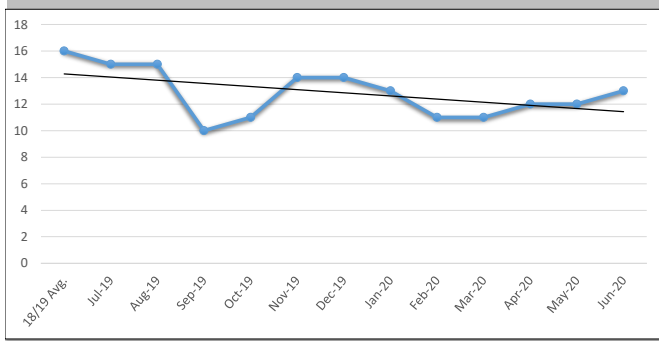


Length of Time from Initial Request to first kept Psychiatry Appt. - MHP Standard or Goal - 15 Business Days - 90%				
	All Services	Adult Services	Children's Services	Foster Care
<b>18/19 Avg.</b>	<b>78%</b>	<b>82%</b>	<b>74%</b>	<b>n/a</b>
Jul-19	91%	90%	100%	#N/A
Aug-19	87%	86%	100%	#N/A
Sep-19	77%	80%	71%	100%
Oct-19	61%	59%	67%	0%
Nov-19	96%	100%	90%	#N/A
Dec-19	95%	100%	83%	#N/A
Jan-20	90%	91%	83%	#N/A
Feb-20	100%	100%	100%	100%
Mar-20	100%	100%	100%	#N/A
Apr-20	100%	100%	100%	#N/A
May-20	100%	100%	100%	#N/A
Jun-20	100%	100%	100%	#N/A
<b>19/20 Avg.</b>	<b>91%</b>	<b>92%</b>	<b>91%</b>	<b>67%</b>

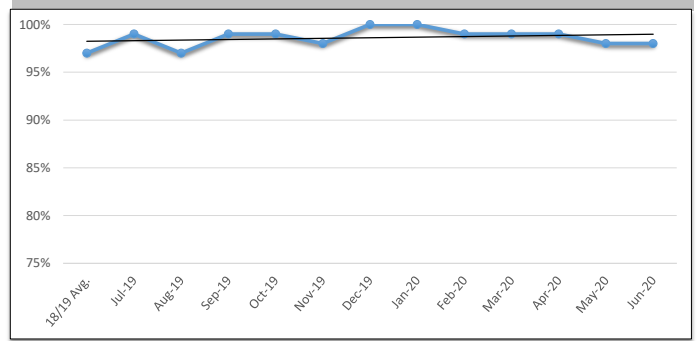


2019-2020 Year to Date Timeliness Charts and Graphs - Page 3

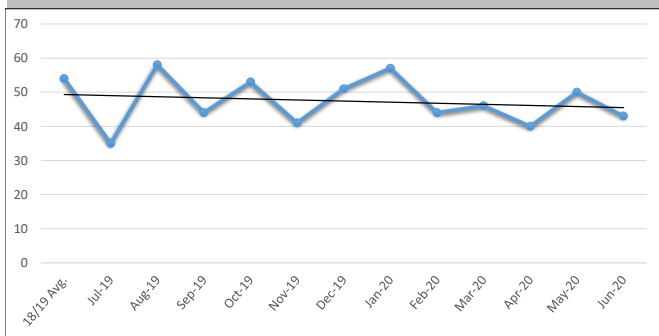
Length of Time from Service Request for urgent Appt. to Actual Encounter Mean - MHP Standard or Goal - 95% (Minutes)				
	All Services	Adult Services	Children's Services	Foster Care
<b>18/19 Avg.</b>	<b>16</b>	<b>15</b>	<b>17</b>	<b>19</b>
Jul-19	15	14	28	30
Aug-19	15	13	21	21
Sep-19	10	9	12	#N/A
Oct-19	11	12	8	8
Nov-19	14	14	14	11
Dec-19	14	15	12	7
Jan-20	13	13	10	0
Feb-20	11	11	11	19
Mar-20	11	12	9	10
Apr-20	12	12	10	7
May-20	12	13	11	20
Jun-20	13	13	12	30
<b>19/20 Avg.</b>	<b>13</b>	<b>13</b>	<b>13</b>	<b>15</b>



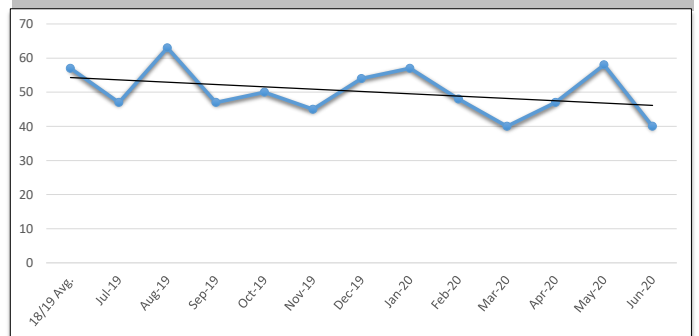
Length of Time from Service Request for urgent Appt. to Actual Encounter - Mean Percent of Goal that meets this Standard - MHP Standard or Goal - 95% (Minutes)				
	All Services	Adult Services	Children's Services	Foster Care
<b>18/19 Avg.</b>	<b>97%</b>	<b>97%</b>	<b>97%</b>	<b>100%</b>
Jul-19	99%	99%	95%	100%
Aug-19	97%	97%	98%	100%
Sep-19	99%	99%	98%	#N/A
Oct-19	99%	99%	100%	100%
Nov-19	98%	98%	100%	100%
Dec-19	100%	100%	100%	100%
Jan-20	100%	99%	100%	100%
Feb-20	99%	99%	100%	100%
Mar-20	99%	99%	100%	100%
Apr-20	99%	99%	95%	100%
May-20	98%	98%	100%	100%
Jun-20	98%	97%	100%	100%
<b>19/20 Avg.</b>	<b>99%</b>	<b>99%</b>	<b>99%</b>	<b>100%</b>



Total Number of Hospital Discharges				
	All Services	Adult Services	Children's Services	Foster Care
<b>18/19 Avg.</b>	<b>54</b>	<b>37</b>	<b>17</b>	<b>2</b>
Jul-19	35	32	3	0
Aug-19	58	48	10	1
Sep-19	44	33	11	2
Oct-19	53	45	8	0
Nov-19	41	21	9	2
Dec-19	51	43	8	0
Jan-20	57	50	7	0
Feb-20	44	41	3	1
Mar-20	46	39	7	0
Apr-20	40	34	6	2
May-20	50	40	10	1
Jun-20	43	37	6	0
<b>Average</b>	<b>47</b>	<b>39</b>	<b>7</b>	<b>1</b>
<b>Total</b>	<b>562</b>	<b>463</b>	<b>88</b>	<b>9</b>

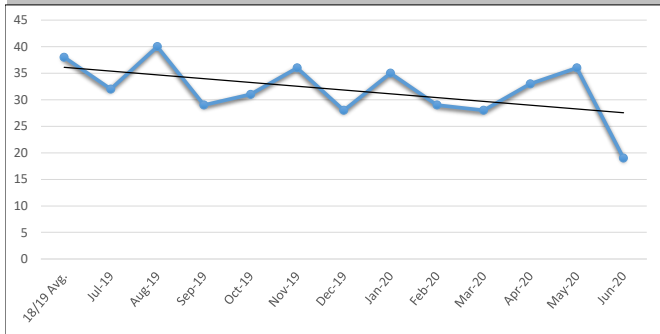


Timeliness of follow-up encounters post psychiatric inpatient discharge Total Number of Hospital Admissions				
	All Services	Adult Services	Children's Services	Foster Care
<b>18/19 Avg.</b>	<b>57</b>	<b>39</b>	<b>18</b>	<b>2</b>
Jul-19	47	41	6	0
Aug-19	63	51	12	1
Sep-19	47	40	7	2
Oct-19	50	41	9	0
Nov-19	45	38	7	2
Dec-19	54	46	8	0
Jan-20	57	49	8	0
Feb-20	48	43	5	1
Mar-20	40	35	5	0
Apr-20	47	39	8	3
May-20	58	48	10	0
Jun-20	40	36	4	0
<b>19/20 Avg.</b>	<b>50</b>	<b>42</b>	<b>7</b>	<b>1</b>
<b>Total</b>	<b>596</b>	<b>507</b>	<b>89</b>	<b>9</b>

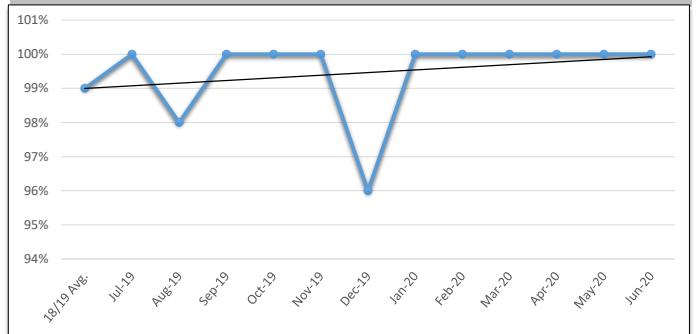


2019-2020 Year to Date Timeliness Charts and Graphs - Page 4

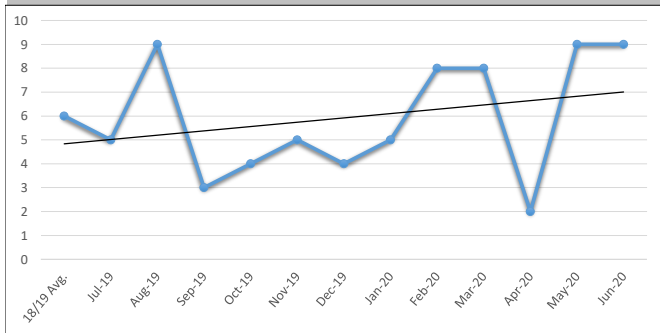
Timeliness of follow-up encounters post psychiatric inpatient discharge Number of follow-up appts within 7 days				
	All Services	Adult Services	Children's Services	Foster Care
<b>18/19 Avg.</b>	<b>38</b>	<b>26</b>	<b>12</b>	<b>3</b>
Jul-19	32	29	3	0
Aug-19	40	32	8	1
Sep-19	29	24	5	1
Oct-19	31	26	5	0
Nov-19	36	30	6	1
Dec-19	28	23	5	0
Jan-20	35	32	3	0
Feb-20	29	28	1	1
Mar-20	28	26	2	0
Apr-20	33	27	6	2
May-20	36	34	2	0
Jun-20	19	17	2	0
<b>19/20 Avg.</b>	<b>31</b>	<b>27</b>	<b>4</b>	<b>1</b>
<b>Total</b>	<b>376</b>	<b>328</b>	<b>48</b>	<b>6</b>



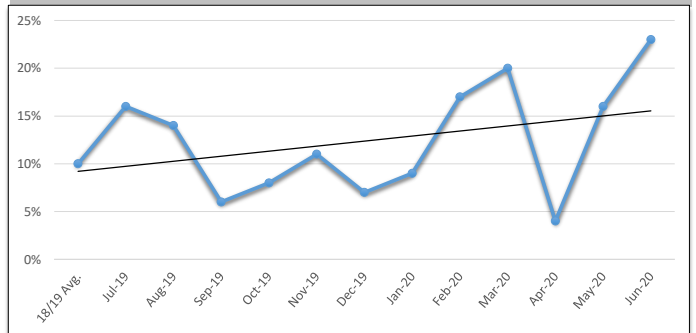
Timeliness of follow-up encounters post psychiatric inpatient discharge Percent of appointments that met this standard within 7 days - Goal is 95%				
	All Services	Adult Services	Children's Services	Foster Care
<b>18/19 Avg.</b>	<b>99%</b>	<b>99%</b>	<b>98%</b>	<b>100%</b>
Jul-19	100%	100%	100%	#N/A
Aug-19	98%	100%	88%	100%
Sep-19	100%	100%	100%	100%
Oct-19	100%	100%	100%	#N/A
Nov-19	100%	100%	100%	100%
Dec-19	96%	100%	80%	#N/A
Jan-20	100%	100%	100%	#N/A
Feb-20	100%	100%	100%	100%
Mar-20	100%	100%	100%	#N/A
Apr-20	100%	100%	100%	100%
May-20	100%	100%	100%	#N/A
Jun-20	100%	100%	100%	#N/A
<b>19/20 Avg.</b>	<b>100%</b>	<b>100%</b>	<b>97%</b>	<b>100%</b>



Psychiatric Inpatient Readmission rates within 30 days Total number with readmission within 30 days				
	All Services	Adult Services	Children's Services	Foster Care
<b>18/19 Avg.</b>	<b>6</b>	<b>4</b>	<b>2</b>	<b>0</b>
Jul-19	5	4	1	0
Aug-19	9	6	3	0
Sep-19	3	1	2	1
Oct-19	4	2	2	0
Nov-19	5	4	1	0
Dec-19	4	4	0	0
Jan-20	5	4	1	0
Feb-20	8	7	1	0
Mar-20	8	8	0	0
Apr-20	2	1	1	0
May-20	9	9	0	0
Jun-20	9	8	1	0
<b>19/20 Avg.</b>	<b>6</b>	<b>5</b>	<b>1</b>	<b>0</b>
<b>Total</b>	<b>71</b>	<b>58</b>	<b>13</b>	<b>1</b>

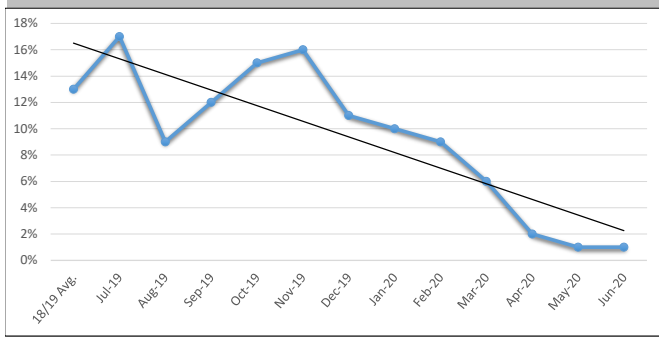


Psychiatric Inpatient Readmission rates within 30 days Readmission Rate - Goal is 10% within 30 days				
	All Services	Adult Services	Children's Services	Foster Care
<b>18/19 Avg.</b>	<b>10%</b>	<b>10%</b>	<b>9%</b>	<b>33%</b>
Jul-19	16%	10%	17%	#N/A
Aug-19	14%	12%	25%	#N/A
Sep-19	6%	3%	29%	50%
Oct-19	8%	5%	22%	#N/A
Nov-19	11%	11%	14%	#N/A
Dec-19	7%	9%	0%	#N/A
Jan-20	9%	8%	13%	#N/A
Feb-20	17%	16%	20%	#N/A
Mar-20	20%	23%	n/a	#N/A
Apr-20	4%	3%	13%	#N/A
May-20	16%	19%	#N/A	#N/A
Jun-20	23%	22%	25%	#N/A
<b>19/20 Avg.</b>	<b>13%</b>	<b>12%</b>	<b>18%</b>	<b>50%</b>

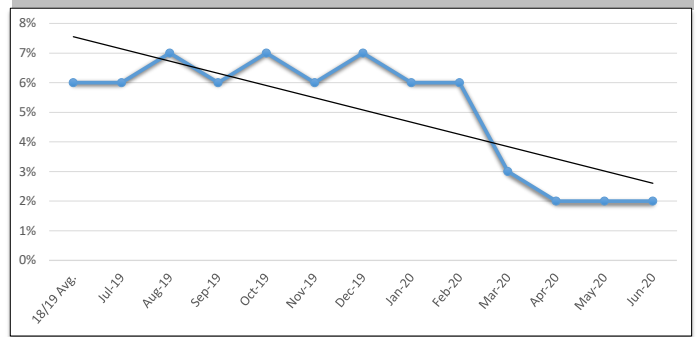




Average Psychiatric No Show Rates			
MHP Standard for Psychiatrists - No Higher than 10%			
	All Services	Adult Services	Children's Services
<b>18/19 Avg.</b>	<b>13%</b>	<b>12%</b>	<b>16%</b>
Jul-19	17%	17%	20%
Aug-19	9%	16%	15%
Sep-19	12%	12%	13%
Oct-19	15%	14%	18%
Nov-19	16%	15%	18%
Dec-19	11%	12%	5%
Jan-20	10%	11%	10%
Feb-20	9%	9%	8%
Mar-20	6%	6%	6%
Apr-20	2%	1%	2%
May-20	1%	1%	0%
Jun-20	1%	1%	2%
<b>19/20 Avg.</b>	<b>9%</b>	<b>10%</b>	<b>10%</b>



Average Clinicians other than Psychiatrists No Show Rates			
MHP Standard for Clinicians other than Psychiatrists - No Higher than 10%			
	All Services	Adult Services	Children's Services
<b>18/19 Avg.</b>	<b>6%</b>	<b>9%</b>	<b>6%</b>
Jul-19	6%	7%	6%
Aug-19	7%	9%	6%
Sep-19	6%	5%	7%
Oct-19	7%	9%	6%
Nov-19	6%	8%	4%
Dec-19	7%	8%	6%
Jan-20	6%	9%	3%
Feb-20	6%	7%	5%
Mar-20	3%	5%	3%
Apr-20	2%	2%	2%
May-20	2%	3%	2%
Jun-20	2%	3%	2%
<b>19/20 Avg.</b>	<b>5%</b>	<b>6%</b>	<b>4%</b>





## **Report to the Behavioral Health Advisory Board August 2020**

### 1. Staffing

There is always some churn in staffing in the agencies we oversee. Several agencies are seeking to hire additional staff, especially clinicians and especially Spanish speaking/bicultural providers.

### 2. Audits

The annual review by the External Quality Review Organization is taking place on September 14, 15, and 17.

### 3. Meetings of Interest

All meetings and conferences have been taking place over zoom. We are meeting twice a week with agency providers. We continue to participate in the weekly Multidimensional Team meeting (including Child welfare, agency providers, probation, education, and public health) regarding placement/service needs for foster youth.

### 4. Grant opportunities

No new opportunities have come to our attention. Agencies are the main entities that respond to grant opportunities.

### 5. Significant Projects/brief status

Agencies have been working to support vulnerable homeless people during Covid-19 and reaching out to students who have not been in school and might feel isolated or stressed at home. This has continued over the summer and has intensified recently as agencies engage in providing services to school districts. Agencies have been checking in with clients regularly to monitor their mental health. This situation has been exacerbated by the fires, as several clients and provider staff have been forced to evacuate their homes. In addition, the smoke has been very stressful on clients and staff, and increases the need to stay home and isolate indoors. Provider agencies are wrapping up responses to the MHSA Requests for Proposals, and RQMC is working on our response for the Administrative Service Organization RFP.

### 6. Educational Opportunities

Nothing to report at this time. RQMC notifies agencies of relevant trainings, which are essentially being provided virtually.

### 7. LPS Conservatorships

We continue through RCS, in collaboration with BHRS, to provide housing options for conserved clients. RCS recently opened several more beds for conserved clients in Willits. We are working with the Public Guardian's office to reduce the costs associated with conserved clients housing. Regular meetings enable monitoring and review of clients in high need and those ready to step down to lower levels of care.

### 8. We continue to monitor contracts and client services provided through each of our contract agencies. We will be conducting year end contract meetings with each agency as possible

### 9. Medication Support Services

Medication management services are continuing despite the pandemic and fires with mostly telehealth or phone sessions. Injection clinics continue in person with health precautions. Our medication management has been functioning collaboratively and efficiently. Thanks to all of the team, Leandra, Dr. Goodwin, Dr. Garratt, Larry, Dr. Timme, Cheri, Sandra, and our nurse John, as well of their meds management support team. The team continues to be very flexible in ensuring clients are able to be seen as needed.



# California Association of Local Behavioral Health Boards and Commissions

## E-Update, September 2020

National Suicide Prevention week begins September 6th.  
For information on how to advise locally to reduce suicide, please see:

[CALBHB/C Suicide Prevention Issue Brief](#) (2 pages)  
[MHSOAC Striving for Zero](#) (111 pages)

For printed copies, contact [cal@calbhbc.com](mailto:cal@calbhbc.com)

---

### **CALBHB/C TELECONFERENCES\***

**Central Region Meeting**  
October 1, 2020\*

**Central Region Training**  
October 2, 12:30 - 3:30  
[Registration](#)

\*Registration will open soon.  
CALBHB/C teleconference meetings  
and trainings are open statewide.

### **In this Issue:**

[Grants / Funding](#)

[Meetings \(On-Line\)](#)

[Reading/Films/Webinars](#)

[Resources for Boards/Commissions](#)

---

### **Recommended Reading / On-line Media**

#### **Criminal Justice**

Mental Illness and the Criminal Justice System, [One Mind Docu-film Showcase](#)

#### **Disasters**

[Disasters Are Driving a Mental Health Crisis](#), California Health Report

#### **Ethnic, Cultural, Racial Disparities**

#### **Substance Use**

[Opioid deaths are surging in the pandemic. Here's how treatment is adapting](#), PBS

#### **Telehealth**

[Clinicians Call for Making COVID-19 Emergency Telehealth Benefits Permanent](#), CA Health Care Foundation

[Understanding the Role of Resilience in Gender and Sexual Minority Communities](#), Mental Health America, September 17

[Eliminating Inequities in Behavioral Health Care](#), CIBHS Webinar Series

### **Medication**

[Nasal Spray Is a New Antidepressant Option for People at High Risk of Suicide](#), National Public Radio

### **Trauma-Informed Practices**

[Creating a Trauma-Informed System of Care: Addressing Individuals, Professionals, and Organizations](#), Relias E-Book

---

## **Grants/Funding**

### **Digital Technology**

- [Individuals](#) - Internet and Devices: [www.digitalaccessproject.org](http://www.digitalaccessproject.org)
- [Skilled Nursing Facilities+](#) for tablets and accessories

### **Housing/Board & Cares**

[Project HomeKey](#) - Funding to rapidly sustain and expand housing (may be used for the acquisition of board and care facilities).

### **Children & Youth**

[Investment in Mental Health Wellness Grant Program for Children and Youth](#) to improve access to MH services through: mobile crisis support teams (MCSTs), crisis stabilization, Children's Crisis Residential Program beds, and family respite care. Due 1/29/21

[Youth Community Access](#) - To support youth substance use prevention and early intervention. Application Deadline is 9/15/20.

---

## **Resources for Boards & Commissions**

Binders and Print-Outs will be mailed upon request.

[Conduct \(New!\)](#)

[Handbooks \(Updated!\)](#)

[Member Orientation](#)

[Mental Health Services Act](#)

- Role of MHB
- Fiscal
- [Community Program Planning\(New!\)](#)

[News/Issues](#)

[Performance Outcome Data](#)

[Recruitment](#)

[Training Modules](#)

- Duties
- Ethics Training
- Mental Health Services Act

[Training Recordings](#)

[Welfare & Institutions Code](#)

- Bylaw Requirements
  - Duties
  - Expenses
  - Membership Criteria
  - MHS Community Planning
-

## Meetings/Webinars (All Virtual)

### Meetings

[COVID-19, Mental Health and the Need for Equity](#), including 20th Surgeon General of the U.S., Vice Admiral Jerome M. Adams, M.D., M.P.H., September 3 - 4.

[CA BH Planning Council Performance Outcomes Committee Meeting](#), September 11, 1:30 - 2:30 pm [Agenda to be posted](#)

[Mental Health Services Oversight & Accountability Commission \(MHSOAC\)](#), September 24

NAMI CA 2020 Conference October 12-13. [More information and registration.](#)

[DHCS Behavioral Health Stakeholder Advisory Committee](#), October 23, 9:30 am - 12:30 pm

[Foster Model of Care Workgroup](#), DHCS, Various Dates

[Local Mental/Behavioral Health Board & Commission Meetings](#) - Upcoming Meetings

---

CALBHB/C is here to provide resources, support, training, communication and coordinate advocacy for statewide issues. We invite you to evaluate us by taking a few minutes to complete: [Evaluate CALBHB/C](#).

Contact CALBHB/C: [info@calbhbc.com](mailto:info@calbhbc.com) [www.calbhbc.org](http://www.calbhbc.org)  
Follow CALBHB/C: [www.twitter.com/CALBHBC](https://www.twitter.com/CALBHBC) [www.facebook.com/CALBHBC](https://www.facebook.com/CALBHBC)