

MENDOCINO COUNTY BEHAVIORAL **HEALTH ADVISORY BOARD**

REGULAR MEETING **MINUTES**

June 17, 2020 1:00 - 3:00 PM

Zoom Meeting:

Chairperson Michelle Rich

Vice Chair Meeka Ferretta

> Secretary Dina Ortiz

Treasurer Richard Towle

BOS Supervisor Carre Brown

https://mendocinocounty.zoom.us/j/99108410080

To join by phone: Webinar ID: 991 0841 0080

1 (669) 900-9128 or 1 (346) 248-7799

1 st District:	2 ND DISTRICT:	3 RD DISTRICT:	4 TH DISTRICT:	5 ^{тн} DISTRICT:
DENISE GORNY	Dina Ortiz	MEEKA FERRETTA	EMILY STRACHAN	MARTIN MARTINEZ
LOIS LOCKART	MICHELLE RICH	AMY BUCKINGHAM	Lynn Finley	FLINDA BEHRINGER
RICHARD TOWLE	SERGIO FUENTES	VACANT	VACANT	VACANT

OUR MISSION: "To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."

Item	Agenda Item / Description	Action
1.	Call to Order, Roll Call & Quorum Notice, Approve	Board Action:
5 minutes	Agenda:	Motion made by
	 Meeting called to order by Chair Rich at: 1:10 	Member Towle,
	PM.	seconded by Member
	Quorom met.	Lockart to approve the
	 Members present: Behringer, Buckingham, 	agenda as written.
	Fuentes, Gorny, Lockart, Martinez, Strachan,	Motion passed.
	Towle, and Supervisor Haschak.	
	Agenda approved as written.	
2.	Minutes of the May 20, 2020 BHAB Regular Meeting:	Board Action:
5 minutes	Review and possible board action.	Motion made by
		Member Gorny,
	 Minutes approved as written. 	seconded by Member
		Fuentes to approve the
		May 20, 2020 regular
		BHAB meeting
		minutes.
		Motion passed.
3.	Public Comments:	Board Action:
10 minutes (Maximum)	Members of the public wishing to make comments to the	

BHAB will be recognized at this time. Any additional comments will have to be provided through email to bhboard@mendocinocounty.org. A. John Wetzler commented he would like an update from the Assisted Outpatient Treatment (AOT) program on the next BHAB agenda, and possible discussion on psychosis in our County. John would also like an update on discontinued hotel stays for the mentally ill homeless in our County. B. Jan McGourty commented on the shorter BHAB Zoom meetings in the last couple of months. C. Member Lockart shared she is concerned with the Behavioral Health law enforcement issues our community and entire Nation is currently facing. **Board Action Budget Discussion and Possible Action** A. BHRS Director Miller shared an update of the current budget situation. There will be reductions in Mental Health Services Act and realignment funds. There is pushback at State level to backfill some of the realignment dollars with 1 billion dollars, but it is unknown how much of those dollars would come into Behavioral Health. The funding would be spread out between different programs including Behavioral Health, Child Welfare, Public Health programs, etc. II One of the proposals is that 600 million dollars would be considered a "trigger cut", meaning if not enough federal funding is received for COVID-19, they would enact these trigger cuts, which would cause additional cuts to services and programs. III A 15 percent reduction is expected for the current fiscal year, and going into FY 20/21 BHRS is preparing for additional cuts. Over the next three years, BHRS will continue to see reductions, and the current projection is that BHRS will not see FY 18/19 numbers until FY 23/24. A final budget has not been approved yet, all that is currently known is there is projected to be a 15 percent reduction in Mental Health funding. IV MHSA contracts have been reduced by 15 percent, ASO Admin UR Costs reduced by 15 percent, Specialty Mental Health contracts reduced by at least 5 percent, and BHRS staffing cost by at least 15 percent. B. BHRS is planning to put out a Request for Proposal (RFP) for a new Administrative Service Organization (ASO).

4.

15 minutes

the RFP once it is ready. C. Discussion on how the reductions in funding will impact the Mental Health System.

BHAB Members Strachan and Finley will be reviewing

D. Discussion on the BOS resolution and past initiatives to use

Motion made by Member Martinez, seconded by Member Behringer to discuss agenda item 9, after item 4.

	cannabis tax dollars for Mental Health Services.	Motion passed.
	I Supervisor Haschak commented he would like this topic	With passed.
	to be on the BOS agenda to make sure those funds are	
	going to those specific areas instead of the general fund.	
	going to those specific areas histead of the general fund.	
5.	Measure B Discussion and Possible Action:	Board Action:
20 minutes	A. Service Gap Analysis Research Report	
	I The Service Gap Analysis Ad Hoc Committee will	Follow up at next
	continue to work on the report.	meeting.
	a Member Strachan will no longer be a part of the Ad	
	Hoc Committee; Chair Rich will take Member	
	Strachan's place.	
	b The Committee will work with BHRS Director	
	Miller to move forward in completing this	
	presentation.	
	II Discussion on holding a joint meeting with Measure B	
	Chair Donna Moschetti, NAMI, and BHAB.	
	DIDG DI LA DIDG DILLE	
	and NAMI to come together to identify service gaps,	
	and bring back the information to the Measure B	
	Committee.	
	III Discussion on the possibility of putting out a Request for	
	Proposal (RFP) to run the proposed CRT facility by a	
	private entity.	
	IV BHRS Director Miller and Alyson Bailey, Measure B	
	Project Manager, have been working on a financial plan	
	for proposed Measure B facilities. The financial plan	
	will consist of what the facilities will cost to determine	
	what facilities the County may want to build, and a	
	strategic plan will be developed based on what the	
	County decides.	
	B. Behavioral Health Training Center Update	
	I The Behavioral Health Training Center is moving along,	
	hoping to have it up and running by August. There will	
	be a charge to use the facility, currently in process of	
	getting policies and procedures in place.	
	C. Project Management Discussion	
	I. No discussion on this item.	
6.	Mendocino County Report:	Board Action:
15 minutes	A. Director Report Questions	
	I Director report included in agenda packet.	
	II Member Towle asked for an update on the metrics	
	Supervisor Williams asked for a couple of months ago.	
!	BHRS Director Miller explained there is a "Data Reports	
	and Analysis" page available on the BHRS website that	
	includes data and trends from previous years, trends of	
	our County vs other Counties, etc. The page is updated	
	as reports become available.	
	B. COVID-19 Updates	
	I There has been an increase in suicides, as is consistent	
	across California. Mendocino County has not seen a	

	decrease in services in either Mental Health or Substance Use Disorder Treatment (SUDT) services. SUDT is still doing drug testing, providing individual and group counseling via Zoom, as well as face-to-face as needed. The County is also seeing an increase in the mild to moderate population needing Mental Health support. II The Warm Line is still available, and is being answered by County counselors and clinicians because of the potential high-risk calls. C. Reopening County Offices to the Public I BHRS has been open to the public by appointment only, but the goal is to do a slow opening to keep the public and staff as safe as possible. Necessary safety procedures and protocols have been put in place in order to comply with requirements in keeping clients and staff safe. II With some of the new implementations put into place due to COVID-19, some departments have had amazing success, and are seeing more clients than ever before. The goal is to continue to provide services at all levels of communication after the pandemic is over to continue to reach and serve more people, in addition to in-person services.	
7	RQMC Report:	Board Action:
7. 10 minutes	A. Data Dashboard Questions	Board Action.
10 minutes	I Data dashboard included in agenda packet.	
	B. COVID-19 Services Update	
	I All services initially went down in April compared to	
	other years, especially Crisis services, but have been	
	back to normal since then.	
	II Hospitalization numbers have continued to decrease due to alternative placement options.	
	III RQMC is finding that many current cases have	
	significant symptoms of anxiety and depression. Crisis	
	calls are up, but they are more comfort calls rather than	
	crisis calls. IV Providers have been doing a tremendous job in terms of	
	IV Providers have been doing a tremendous job in terms of outpatient services in responding to service needs.	
	Telehealth and phone continue to be the primary source	
	of treatment.	
	V RQMC is doing outreach and engagement, as well as	

III The Adult System of Care is looking at a limited reopen Camille will send provider information to of their wellness centers in response to community input. IV Camille will follow up with more specific information on BHRS Director Miller,

distribution of flyers to let schools/clinics know that

Clinicians have calls with both the Children and Adult

II There have been a few surveys shared with clients to

services are available.

C. Client Communication Related to COVID-19

System of Care providers twice a week.

determine client needs during this time.

<u> </u>	communication with clients.	to forward to BHAB
	V Member Martinez would like to know what providers are offering to the community and clients during this time.	members.
8.	Board Reports and Possible Action:	Board Action:
15 minutes	A. Chair – Michelle Rich	
	I Homeless Services Continuum of Care	
	a The Homeless Services Continuum of Care	
	Committee reached out to the BHAB in regards to	
	representation of this Board on their Committee.	
	The representative does not need to attend meetings,	
	but rather be available to give any advice as part of the advisory role.	
	b Chair Rich and Member Lockart to follow up and	
	determine if Member Lockart can represent the	
	Board.	
	II Stepping Up	
	a Chair Rich volunteered to represent the BHAB on	
	the Stepping Up Committee.	
	III Training Opportunities	
	a CIBHS will be hosting a Small Counties Training	
	on Thursday June 25, from 10:00 – 2:00 PM via Zoom, Details included on newsletter included in	
	agenda packet.	
	B. Vice Chair – Member Ferretta	
	I Membership Committee	
	a The BHAB has received a couple of applications for	
	Districts 3 and 4; Member Strachan has been	
	working on getting in touch with the candidates.	
	b Member Strachan will forward any information to	
	Chair Rich.	
	C. Treasurer – <i>Member Towle</i> I. Member Towle reported there is a surplus in the BHAB	
	end of the year budget; funds will go to the general	
	fund.	
9.	Board Equity in Mental Health Services	Board Action:
15 minutes	A. Discussion on concerns regarding Behavioral Health during	
	the COVID-19 pandemic.	
	I Member Martinez asked for reports on what BHRS is	
	doing to help the community during this pandemic in regards to preventing suicide, helping clients not lose	
	services, and helping the community feel safe. He thinks	
	these issues need to be brought to State and Federal level	
	attention.	
	II Chair Rich commented she would like to determine what	
	the BHAB can do to help raise awareness in regards to	
	helping individuals with their Mental Health during this	
	pandemic.	
	B. Discussion on John Wetzler's public comment about the	
	hotel stays for the mentally ill homeless people.	
	I BHRS Director Miller clarified that there was a variety	

	of clients staying at hotels, not only mentally ill clients. BHRS was not overseeing that program, it was operated through Social Services. C. Member Gorny commented that the Board needs to raise awareness by telling people to vote and get involved. D. Discussion on writing a letter to State and Federal representatives expressing the BHAB's Behavioral Health concerns during the COVD-19 pandemic. I Chair Rich will write letter on behalf of the Board, and will follow up with the Executive Committee to approve.	Motion made by Member Lockart, seconded by Member Martinez to have Chair Rich write a letter on behalf of the BHAB, to State elected officials to address the concerns discussed. Motion passed.
10.	Public Comments:	Board Action:
5 minutes	 Members of the public wishing to make comments to the BHAB will be recognized at this time. Any additional comments will have to be provided through email to bhboard@mendocinocounty.org. A. Camille Schraeder commented that RCS has been working on a Crisis Residential facility for Mendocino County clients. Agrees that contracting with private entities to run facilities is a convenient approach. B. John Wetzler commented that one of the service gaps in our community is housing. He would like to see a report on how Willow Terrace has been doing since it opened one year ago. C. Jan McGourty commented that this Board has a very important role during this time to address some of the issues going on not only in our community but globally. She thinks this Board should make a recommendation to the BOS to divert some of the Sheriff's Office funds to Mental Health, and to enforce public COVID-19 safety issues. 	
11.	Adjournment: 3:00 PM	Motion made by Member
5 minutes	Next meeting: July 15, 2020	Strachan, seconded by Member Lockart to adjourn the meeting. Motion passed.

AMERICANS WITH DISABLITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

BHAB CONTACT INFORMATION: PHONE: (707) 472-2355 FAX: (707) 472-2788 WEBSITE: www.mendocinocounty.org/bhab

EMAIL THE BOARD: bhboard@mendocinocounty.org

MM	8-8-2020
Michelle Rich, BHAB Chair	Date
Lite Chr	8/24/20
Lilian Chavoya, BHRS Acting Administrative Secretary	Date