



**MENDOCINO COUNTY BEHAVIORAL  
HEALTH ADVISORY BOARD**

**REGULAR MEETING**

**MINUTES**

**April 15, 2020  
1:00 p.m. to 3:00 p.m.**

**Join Zoom Meeting:**

**<https://mendocinocounty.zoom.us/j/927780587>**

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**Chairperson**  
Michelle Rich

**Vice Chair**  
Meeka Ferretta

**Secretary**  
Dina Ortiz

**Treasurer**  
Richard Towle

**BOS Supervisor**  
Carre Brown

**1<sup>ST</sup> DISTRICT:**

DENISE GORNY  
LOIS LOCKART  
RICHARD TOWLE

**2<sup>ND</sup> DISTRICT:**

DINA ORTIZ  
MICHELLE RICH  
SERGIO FUENTES

**3<sup>RD</sup> DISTRICT:**

MEEKA FERRETTA  
AMY BUCKINGHAM  
VACANT

**4<sup>TH</sup> DISTRICT:**

EMILY STRACHAN  
LYNN FINLEY  
VACANT

**5<sup>TH</sup> DISTRICT:**

MARTIN MARTINEZ  
FLINDA BEHRINGER  
VACANT

**OUR MISSION:** *"To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

<b>Item</b>	<b>Agenda Item / Description</b>	<b>Action</b>
<b>1.</b> 5 minutes	<b>Call to Order, Roll Call &amp; Quorum Notice, Approve Agenda:</b> <ul style="list-style-type: none"> <li>Meeting called to order by Chair Rich at 1:05 PM.</li> <li>Quorum met.</li> <li>Members present: Behringer, Buckingham, Ferretta, Finley, Gorny, Lockart, Martinez, Rich, Strachan, Towle, and Supervisor's Brown and Haschak.</li> <li>Agenda approved as written.</li> </ul>	Board Action: Motion made by Member Strachan, seconded by Member Gorny to approve the agenda as written. Motion passed unanimously.
<b>2.</b> 5 minutes	<b>Minutes of the February 19, 2020 BHAB Regular Meeting:</b> <i>Review and possible board action.</i> <ul style="list-style-type: none"> <li>Minutes approved as written.</li> </ul>	Board Action: Motion made by Member Finley, seconded by Member Strachan to approve the February 19, 2020

	<p><b>Minutes of the March 6, 2020 BHAB Special Meeting:</b>  <i>Review and possible board action.</i></p> <ul style="list-style-type: none"> <li>Minutes approved as written.</li> </ul>	<p>minutes as written.  Motion passed unanimously.</p> <p>Motion made by Member Gorny, seconded by Member Strachan to approve the March 6, 2020 Special BHAB meeting minutes. Motion passed.</p>
<p><b>3.</b>  15 minutes  (Maximum)</p>	<p><b>Public Comments:</b>  <i>Members of the public wishing to make comments to the BHAB will be recognized at this time. Any additional comments will have to be provided through email to <a href="mailto:bhboard@mendocinocounty.org">bhboard@mendocinocounty.org</a>.</i></p> <ul style="list-style-type: none"> <li>No public comments.</li> </ul>	<p>Board Action:</p>
<p><b>4.</b>  25 minutes</p>	<p><b>Measure B Discussion and Possible Action: Meeka Ferretta</b></p> <p>A. Service Gap Analysis</p> <p>I. Kemper Report</p> <ol style="list-style-type: none"> <li>Discussion on whether or not the BHAB will be supporting the service gap recommendations provided in the Kemper Report.</li> <li>BHRS Director Miller explained that this Board’s support would be in regards to the whole system of care, meaning all Mental Health in our community, not just specific to the Kemper Report.</li> </ol> <p>II. Mild to Moderate</p> <ol style="list-style-type: none"> <li>Discussion on possibly doing a recommendation to do an additional study to address the mild to moderate population.</li> <li>Chair Rich expressed that additional community input on this issue may be a good idea, since the report may not be comprehensive. Mild to moderate client data is not included in the Kemper report.</li> <li>Discussion on starting an Ad Hoc Committee to address service gap analysis in the Kemper report.</li> <li>The deliverables of this committee will be to take into account the current state of services and to consider future service needs and available resources, including the general County population. The committee will then bring back information to the BHAB and move forward to help support Measure B.</li> <li>Vice Chair Ferretta, and Members Towle, Lockart, and Strachan will form the Ad Hoc Committee.</li> <li>Vice Chair Ferretta expressed her appreciation towards Alyson Bailey and all the great work she has been doing as the new Measure B project</li> </ol>	<p>Motion made by Vice Chair Ferretta, seconded by Member Finley to establish an Ad Hoc Committee to address the service gap analysis requested by the Measure B Committee.  Motion passed.</p>

	<p>manager.</p> <p>B. Introduction of Alyson Bailey, the new Measure B Project Manager.</p> <p>I. Alyson shared a little about her role as the Measure B Project manager and her background.</p> <p>a. The Measure B Project Manager supports the Measure B Committee with administrative and liaison services including facility remodel, operation oversight, data collection, and strategy development.</p> <p>II. Facility projects:</p> <p>a. CRT: The County is working with the architectural firm Nacht and Lewis for construction of the new CRT facility. The bid for construction will begin in August.</p> <p>III. Behavioral Health Training Center discussion</p> <p>a. Alyson shared that the building is in good shape other than a septic issue at the moment.</p> <p>b. Discussion on the possibility of the BHAB facilitating a training development plan for the County and Sheriff to advise the Measure B Committee.</p> <p>c. Discussion on implementing an Ad Hoc Committee to work on developing a training program.</p>	<p>Chair Rich and Vice Chair Ferretta will follow up and bring back a recommendation to the BHAB to vote on at next month's meeting.</p>
<p><b>5.</b> 10 minutes</p>	<p><b>Follow Up from Board of Supervisors Meeting: Meeka Ferretta</b></p> <p>A. RFP for Adult Service Provider</p> <p>I. At the BOS meeting on March 10, 2020 the BOS requested two things from the BHAB. They voted to assign the BHAB, to review the RFP before it goes out. The plan is to have the RFP go out July 1, 2020 for adult services..</p> <p>II. Discussion on whether or not it is a good idea to establish an Ad Hoc Committee to review the RFP for adult services. The participants of this committee would have to have no conflict of interest.</p> <p>a. Member Finley and Member Strachan will form this committee.</p> <p>b. BHRS Director Miller will send the RFP to Member Finley and Member Strachan once it is ready for review.</p> <p>B. Data and Trend Analysis from RQMC</p> <p>I. Discussion on what additional data the BHAB would like on the data report from RQMC. One of the BHAB's goals this year is to have more outcome data added.</p> <p>a. Supervisor Brown commented that Supervisor Williams wants more data, trend analysis, and outcome measures.</p> <p>b. Further discussion on what the BOS wants vs what the reality of mental health successes and outcomes</p>	<p>Board Action:</p> <p>Motion made by Member Strachan, seconded by Member Lockart to form an Ad Hoc Committee to review the RFP for adult services. Motion passed unanimously.</p>

	<p>are. There are different ways to measure success.</p> <ul style="list-style-type: none"> <li>c. Discussion on the desire to gather data on how Mendocino County compares to other Counties, will also continue to work on that.</li> <li>d. The BOS wants the BHAB to say whether or not they have the information needed, or if more data is needed.</li> </ul> <p>II. Camille shared that she thought the March 10th BOS meeting was an overall good meeting. She explained that it is time to re-look at the data collected to tell the right story to our community. She thinks it is time to have direct deliverables; there may be reductions that can be made, etc.</p>	<p>The BHAB will follow up on this issue at the next in-person BHAB meeting.</p>
<p><b>6.</b> 15 minutes</p>	<p><b>Mendocino County Report:</b> <i>Jenine Miller, BHRS Director</i></p> <p>A. Director Report Questions</p> <ul style="list-style-type: none"> <li>I. BHRS Director Miller commented on the financial situation that the County may soon be facing. She wants everyone to be prepared for the potential impact COVID-19 might have on Behavioral Health Services. <ul style="list-style-type: none"> <li>a. Regarding Mental Health Services Act, we know that the next three year plan will require a \$400,000 reduction in CSS funds, this is not related to COVID-19, this was a projected change in funds availability. BHRS is still analyzing the impact to MHSA funds related to COVID-19.</li> <li>b. Vice Chair Ferretta asked if Measure B dollars can be used to support the system if Mental Health experiences a decrease in funding. BHRS Director Miller explained that Measure B dollars are for a specific use, and that would be up to the Measure B Committee, and if it met the Measure B requirements.</li> </ul> </li> </ul> <p>B. COVID-19 Services Update</p> <ul style="list-style-type: none"> <li>I. The Warm Line’s hours were expanded to 7 days a week from 7:30 AM – 6:00 PM. People are happy to have it, and are definitely needing additional support during this time. The Warm Line is also providing bilingual services.</li> <li>II. BHRS had to make changes over night to continue offering services by telephone and telehealth.</li> <li>III. SUDT services and drug testing are still being offered, and BHRS is doing as much telehealth and telephone services as possible. Alcohol use is on the rise during this time and there is a lot of relapse happening throughout the community</li> </ul>	<p>Board Action:</p> <p>BHRS Director Miller will have an agenda item to give a more detailed report on the expected financial projections at a future BHAB meeting.</p> <p>Future BHAB agenda item.</p>
<p><b>7.</b> 10 minutes</p>	<p><b>RQMC Report:</b></p> <p>A. Data Dashboard Questions</p> <ul style="list-style-type: none"> <li>I. Data Dashboard included in agenda packet.</li> </ul> <p>B. COVID-19 Services Update</p> <ul style="list-style-type: none"> <li>I. Crisis numbers are up after being down for a few weeks; keeping it up and running through tele-psychiatry.</li> </ul>	<p>Board Action:</p>

	<p>RQMC is doing their best to deal with technicalities to reach new clients throughout the pandemic.</p> <p>II. Member Gorny commented that if suicide rates go up in Mendocino County, it could be related to COVID-19 and not related to RCS. Discussion on recent suicides. RQMC continues to do outreach during this time, and to make sure that people know there are services to help them.</p>	
<p><b>8.</b> 15 minutes</p>	<p><b>Member Comments:</b></p> <p>A. Vice Chair Ferretta: thankful for Members joining today’s meeting via Zoom, is hopeful that the Board can meet in person soon.</p> <p>B. Member Towle commented that he attended the MHSA Forum held on February 12 at Manzanita. There were 35 consumers and 5 providers present. Some of the needs that were raised included: dual diagnosis throughout the County, transportation help, and AA meetings at Willow Terrace.</p> <p>I. Adventist Health is closing their St. Helena inpatient Mental Health and Behavioral Health units in July, and opening more beds in Vallejo.</p> <p>C. Member Gorny commented she thinks the Board needs to make the best out of what we have, and that the board needs to be aware of the potential fiscal impacts to services and what services will look like in the future.</p> <p>D. Chair Rich expressed her appreciation towards BHRS staff and providers for all their work to connect with clients during this difficult time.</p>	<p>Board Action:</p>
<p><b>9.</b> 20 Minutes</p>	<p><b>Mental Health Services Act (MHSA) Healthy Living Community Innovation Proposal: <i>Public Hearing</i></b></p> <p>A. Formal public comment hearing for the MHSA Healthy Living Community Innovation Proposal led by Karen Lovato, BHRS Acting Deputy Director. A copy of the proposal is included in the agenda packet.</p> <p>I. Every public comment will be documented and taken into consideration.</p> <p>II. Public comments can be emailed, mailed, etc. All information is posted on the BHRS website.</p> <p>III. The public hearing has been open since 3/19 and will close on 4/18.</p> <p>IV. Flyers and a summary of this project were provided to Willow Terrace residents.</p> <p>B. Wynd Novotny shared that she supports this innovation project and is looking forward to the deliverables and the possibility of this helping severe and persistent mental health clients.</p> <p>C. BHAB Members asked Karen for clarification on what this project is about.</p> <p>I. Karen explained that this project initiated as stakeholder feedback that came in through various venues where there were requests for social support above and beyond</p>	<p>Board Action:</p>

	<p>service delivery. This is trying to eliminate the gap in services to help recipients build social skills and peer relationships outside of provider settings. . BHRS looked to find other innovation projects that were approvable and to find specific needs.</p> <p>II. In particular with Willow Terrace, they were moving residents that had unique barriers to access services; BHRS looked to adapt a service delivery that was alike a social model and wellness center to bring into a home setting and build activities to develop independent living skills beyond what is normally seen in our specialty mental health services.</p> <p>III. Member Lockart commented that it is a good idea to add something to address exposure to childhood trauma and domestic violence.</p> <p>D. Any additional questions or comments can be sent directly to Colleen Gorman, MHSA Program Administrator, Rena Ford, MHSA Senior Program Specialist, and Karen Lovato, Acting Deputy Director, by email, voicemail, etc. no later than this Saturday to be added to document.</p> <p>E. Public hearing closed.</p>	
<p><b>10.</b></p>	<p><b>Adjournment:</b> 3:07 PM</p> <p><b>Next meeting:</b> May 20, 2020</p>	<p>Motion made by Member Strachan, seconded by Member Martinez, to adjourn the meeting at 3:07 PM.</p>

**AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE**

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

**BHAB CONTACT INFORMATION: PHONE: (707) 472-2355 FAX: (707) 472-2788**  
**EMAIL THE BOARD: [bhboard@mendocinocounty.org](mailto:bhboard@mendocinocounty.org) WEBSITE: [www.mendocinocounty.org/bhab](http://www.mendocinocounty.org/bhab)**

Michelle Rich 6/1/20  
 Michelle Rich, BHAB Chair Date

Lilian Chavoya 6/1/20  
 Lilian Chavoya, BHRS Acting Administrative Secretary Date