



**MENDOCINO COUNTY BEHAVIORAL
HEALTH ADVISORY BOARD**

SPECIAL MEETING

MINUTES

**March 6, 2020
1:30 p.m. to 3:30 p.m.**

**WISC, Atlantic Conference Room,
472 E. Valley Street, Willits**

Chairperson
Michelle Rich

Vice Chair
Meeka Ferretta

Secretary
Dina Ortiz

Treasurer
Richard Towle

BOS Supervisor
Carre Brown

1ST DISTRICT:

DENISE GORNY
LOIS LOCKART
RICHARD TOWLE

2ND DISTRICT:

DINA ORTIZ
MICHELLE RICH
SERGIO FUENTES

3RD DISTRICT:

MEEKA FERRETTA
AMY BUCKINGHAM
VACANT

4TH DISTRICT:

EMILY STRACHAN
LYNN FINLEY
VACANT

5TH DISTRICT:

PATRICK PEKIN
MARTIN MARTINEZ
FLINDA BEHRINGER

OUR MISSION: *"To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

Item	Agenda Item / Description	Action
<p>1. 5 minutes</p>	<p>Call to Order, Roll Call & Quorum Notice, Approve Agenda:</p> <ul style="list-style-type: none"> • Meeting called to order by Chair Rich at 1:36 PM. • Quorum met. • Members present: Behringer, Ferretta, Lockart, Martinez, Strachan, Towle, and Supervisor Brown. 	<p>Board Action:</p>
<p>2. 15 minutes (Maximum)</p>	<p>Public Comments: <i>Members of the public wishing to make comments to the BHAB will be recognized at this time.</i></p> <p>A. John Wetzler wants to encourage this Board to look into assertive community treatment and having case workers or LCSW's go out to the community as an expansion/collaboration of the MOPS program.</p> <p>B. Josephine Silva commented she would like this Board to pressure the Measure B Committee to allocate MOPS funds to increase them. She suggested law enforcement could be a part of the MOPS team as well.</p> <p>I. Josephine would like this Board to have a protocol for alternative treatment for various medications. She thinks there should be advocacy for health club memberships, movie tickets, etc.</p> <p>C. Member Behringer went to the Hospitality House a few months ago and spoke to the Director, she was told MOPS program does not serve the city of Fort Bragg but only the outskirts.</p> <p>D. Member Towle commented he would like a general agenda change for future BHAB meetings. He would like an agenda</p>	<p>Board Action:</p>

	<p>item established specifically for every Member to be able to report out.</p> <p>E. Discussion on plans to shorten BHAB meetings by the end of this year.</p>	
<p>3. 90 minutes</p>	<p>Duties and Responsibilities:</p> <p>A. Goals for 2020</p> <p>I. Each Member shared their 2020 priorities for the BHAB.</p> <ol style="list-style-type: none"> a. Member Towle wants to have better advocacy. b. Member Strachan would like to be more proactive and understand what is on the BOS agenda for every meeting, and for the Board to advocate for items on the BOS agenda. c. Member Behringer shared she would like more citizen participation on this Board. d. Member Lockart would like more advocacy for law enforcement and legislative issues. e. Supervisor Brown would like to have better reporting to the BOS. <ol style="list-style-type: none"> i. Discussion on possible workshop with the BOS. <p>II. Josephine commented she would like the Board to advocate for the BOS to take a stand on various kinds of legislations including State, Federal, and County legislations.</p> <ol style="list-style-type: none"> a. Josephine would like a training on mental health education for the BOS to provide education on the different aspects of mental health. <p>III. John Wetzler would like a Representative on State Mental Health Boards.</p> <p>B. Board and public members participated in an activity to specify and prioritize the goals/actions/activities most important for this year in various areas.</p> <p>I. Submit Annual Report to the BOS and Review/Comment on Data Notebook</p> <ul style="list-style-type: none"> • Include number of clients served in annual report • County rankings <p>II. Review/Evaluate Community Mental Health Needs, Services, Facilities, and Special Problems:</p> <ul style="list-style-type: none"> • Schedule and assess site visits • Outreach to public/citizens at meetings • Education involvement so the public understands how the mental health system works • Invite people to give public comments at meetings • Get information from those who work with clients 3x a year. i.e. give a report to the BHAB • Identify gaps and services • Revamp RQMC information i.e. more outcome data • Info graph 	<p>Board Action:</p>

	<p>III. Review County Agreements Pursuant to WIC 5650</p> <ul style="list-style-type: none"> • Review contracts: regular items, changes and updates • Review deliverables on contracts <p>IV. Review and Approve Procedures to Ensure Citizen and Professional Involvement in Planning</p> <ul style="list-style-type: none"> • Citizen meetings • Yearly events for feedback from different medical providers • How to make public comments more effective • Training on how to do effective public comments <p>V. Advise the BOS and Mental Health Director:</p> <ul style="list-style-type: none"> • Define gaps in communication of care and system • Tools for better communication • Make legislative recommendations to the BOS • Report to the BOS every 3 months • Access to BHAB meetings • Joint workshop with the BOS • Populations specifically served by the County Specialty Mental Health system <p>VI. Criminal Justice System</p> <ul style="list-style-type: none"> • How to support inmate services • Substance abuse treatment support • Missing some for this section <p>C. BHRS Director Miller shared that the Measure B Committee asked this Board for some recommendations. One, they would like to know if there are any Continuum of Care gaps and what potential Measure B funds could be used to serve those gaps. Two, they would like to have a joint meeting with this Board in the future.</p> <p>D. Supervisor Brown expressed her appreciation towards RQMC and all the amazing things happening right now and the fact that there is no other County doing what we do.</p> <p>I. BHRS Director Miller commented on how the County has been praised for the impressive work being done in a rural County.</p> <p>II. BHRS Director Miller expressed the misunderstanding there usually is in mental health and the outcomes of it since every individual is different. Mental illness doesn't go away, for some individuals it continues to progress for the rest of their lives so outcome measures vary immensely.</p> <p>E. Discussion on BHAB reports no longer just including data on numbers but rather more outcomes and services information.</p> <p>I. The data the BHAB currently receives is more data than has ever been collected.</p> <p>F. Discussion on community outreach and members' involvement within their district.</p>	<p>Legislative updates/explanation will be added to the BHRS Director report.</p>
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	<p>I. Josephine commented she would like more involvement from the board members to do outreach in the community.</p> <p>G. The BHAB’s main goals for 2020 were defined as follows:</p> <ol style="list-style-type: none"> 1. Review contracts <ul style="list-style-type: none"> • Contracts over 50,000 only • ASO, provider, MHSA, board and care contracts • Exhibit A and B summary for each contract 2. Change of focus of annual report to tell a story <ul style="list-style-type: none"> • Info graph, etc. 3. Educational tools for the system <ul style="list-style-type: none"> • Education on facilities of stigma discrimination 4. Outreach <ul style="list-style-type: none"> • Goal is to have one meeting this year to engage professionals • Intentional invites for meetings • Members to commit to invite people from their district 5. Legislative Advocacy <ul style="list-style-type: none"> • Tracking 3-5 bills each year and letting assembly members know if board supports the bill or not • 1 workshop with the BOS. • A joint meeting with Measure B Committee. • A meeting with State Representatives. • Education around parity issues. • Service gaps and working together with the BOS. 6. Measure B Involvement 7. Continue supporting the Stepping Up initiative. <p>H. Discussion on agenda modification for next month.</p> <p>I. Member Towle commented he would like agenda’s to include a list of committees and their members.</p> <p>I. BHRS Director Miller announced BHRS and RQMC are scheduled to give a presentation to the BOS on March 24. This presentation is an update on mental health services in the County.</p> <p>J. Discussion on the services the County provides and the major differences between the Mental Health services private insurance companies provide.</p>	<p>The board will follow up on contracts in June.</p> <p>The Executive committee will get together to get a calendar together for how/when all the goals will be accomplished.</p> <p>Add Ad Hoc Committees and Measure B items to next meeting’s agenda.</p>
<p>4.</p>	<p>Adjournment: 3:24 PM</p> <p>Next meeting: March 18, 2020 – Ukiah and Fort Bragg</p>	<p>Motion made by Member Strachan, seconded by Vice Chair Ferretta to adjourn the meeting.</p>

AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

BHAB CONTACT INFORMATION: PHONE: (707) 472-2355 FAX: (707) 472-2788
EMAIL THE BOARD: bhboard@mendocinocounty.org WEBSITE: www.mendocinocounty.org/bhab

Michelle Rich

Michelle Rich, BHAB Chair

6/1/20

Date

Lilian Chavoya

Lilian Chavoya, BHRS Acting Administrative Secretary

6/1/20

Date