



DEPARTMENT OF HEALTH CARE SERVICES
TRIENNIAL REVIEW OF THE MENDOCINO COUNTY MENTAL
HEALTH PLAN
FINDINGS REPORT

Review Dates: January 9, 2019 – January 10, 2019

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**Mendocino County Mental Health Plan
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EXECUTIVE SUMMARY

The California Department of Health Care Services' (DHCS) mission is to provide Californians with access to affordable, integrated, high-quality health care including medical, dental, mental health, substance use treatment services, and long-term care. Our vision is to preserve and improve the overall health and well-being of all Californians.

DHCS helps provide Californians access to quality health care services that are delivered effectively and efficiently. As the single state Medicaid agency, DHCS administers California's Medicaid program (Medi-Cal). DHCS is responsible for administering the Medi-Cal Specialty Mental Health Services (SMHS) Waiver Program. SMHS are "carved-out" of the broader Medi-Cal program. The SMHS program operates under the authority of a Waiver approved by the Centers for Medicare and Medicaid Services (CMS) under Section 1915(b) of the Social Security Act.

Medi-Cal is a Federal/State partnership providing comprehensive health care to individuals and families who meet defined eligibility requirements. Medi-Cal coordinates and directs the delivery of important services to approximately 13.2 million Californians.

The SMHS program which provides SMHS to Medi-Cal beneficiaries through county Mental Health Plans (MHPs). The MHPs are required to provide or arrange for the provision of SMHS to beneficiaries' in their counties that meet SMHS medical necessity criteria, consistent with the beneficiaries' mental health treatment needs and goals as documented in the beneficiaries client plan.

In accordance with the California Code of Regulations, title 9, chapter 11, section 1810.380; DHCS conducts monitoring and oversight activities such as the Medi-Cal SMHS Triennial System and Chart Reviews to determine if the county MHPs are in compliance with Federal and State laws and regulations and/or the contract between DHCS and the MHP.

DHCS conducted an onsite review of the Mendocino County MHPs Medi-Cal SMHS programs on June 9, 2019 through January 10, 2019. The review consisted of an examination of the MHP's program and system operations, including chart documentation, to verify that medically necessary services are provided to Medi-Cal beneficiaries. DHCS utilized Fiscal Year (FY) 2018/2019 Annual Review Protocol for SMHS and Other Funded Programs (Protocol) to conduct the review.

The Medi-Cal system review evaluated the MHP's performance in the following categories:

- Section A: Network Adequacy and Availability of Services
- Section B: Care Coordination and Continuity of Care
- Section C: Quality Assurance and Performance Improvement
- Section D: Access and Information Requirements
- Section E: Coverage and Authorization of Services
- Section F: Beneficiary Rights and Protections
- Section G: Program Integrity
- Section H: Other Regulatory and Contractual Requirement

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The report is organized according to the findings from each section of the FY 2018/2019 Annual Review Protocol for Consolidated Specialty Mental Health Services (SMHS) and Other Funded Services, specifically Sections A-H and the Attestation. This report details the requirements deemed out of compliance (OOC), or in partial compliance, with regulations and/or the terms of the contract between the MHP and DHCS.

For informational purposes, this findings report also includes additional information that may be useful for the MHP, including a description of calls testing compliance of the MHP's 24/7 toll-free telephone line and a section detailing information gathered for the "SURVEY ONLY" questions in the Protocol.

The MHP will have an opportunity to review the report for accuracy and appeal any of the findings of non-compliance (for both system review and chart review). The appeal must be submitted to DHCS in writing within 15-business days of receipt of the findings report. DHCS will adjudicate any appeals and/or technical corrections (e.g., calculation errors, etc.) submitted by the MHP and, if appropriate, send an amended report.

A Plan of Correction (POC) is required for all items determined to be out-of-compliance. The MHP is required to submit a POC to DHCS within 60-days of receipt of the findings report for all system and chart review items deemed out-of-compliance. The POC should include the following information:

- (1) Description of corrective actions, including milestones;
- (2) Timeline for implementation and/or completion of corrective actions;
- (3) Proposed (or actual) evidence of correction that will be submitted to DHCS;
- (4) Mechanisms for monitoring the effectiveness of corrective actions over time. If POC determined not to be effective, the MHP should propose an alternative corrective action plan to DHCS; and
- (5) Description of corrective actions required of the MHP's contracted providers to address findings.

FINDINGS

SECTION A: NETWORK ADEQUACY AND AVAILABILITY OF SERVICES

REQUIREMENT
A.V.B2- The MHP shall demonstrate it has sufficient IHCPs participating in its provider network to ensure timely access to services available under the contract from such providers for American Indian beneficiaries who are eligible to receive services. (42 C.F.R. § 438.14(b)(1).)

FINDING

The MHP did not furnish evidence to demonstrate it complies with 42 C.F.R. § 438.14(b)(1). The MHP shall demonstrate it has sufficient IHCPs participating in its provider network to ensure timely access to services available under the contract from such providers for American Indian beneficiaries who are eligible to receive services. (42 C.F.R. § 438.14(b)(1).)

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The MHP submitted the following documentation as evidence of compliance with this requirement:

- BOS Agreement 18-039 w/Round Valley Indian Health Center, Yuki Trails
- Outreach Material
- Cultural Competence Plan
- MOU with Consolidated Tribal Health Project Inc.
- MOU with Round Valley Indian Health Clinic

While, the MHP submitted evidence to demonstrate its compliance with this requirement, the evidence did not substantiate that the MHP shall demonstrate it has sufficient IHCPs participating in its provider network to ensure timely access to services available under the contract from such providers for American Indian beneficiaries who are eligible to receive services. (42 C.F.R. § 438.14(b)(1).).

DHCS deems the MHP out-of-compliance with 442 C.F.R. § 438.14(b)(1). The MHP must complete a POC addressing this finding of non-compliance.

REQUIREMENT
A.V.B3-The MHP shall permit American Indian beneficiaries to obtain covered services from out- of-network IHCPs if the beneficiaries are otherwise eligible to receive such services. (42 C.F.R. § 438.14(b)(4).) The MHP shall permit an out-of-network IHCP to refer an Indian beneficiary to a network provider. (42 C.F.R. § 438.14(b)(6).)

FINDING

The MHP did not furnish evidence to demonstrate it complies with 42 C.F.R. § 438.14(b)(4) and 42 C.F.R. § 438.14(b)(6). The MHP shall permit American Indian beneficiaries to obtain covered services from out- of-network IHCPs if the beneficiaries are otherwise eligible to receive such services. (42 C.F.R. § 438.14(b)(4).) The MHP shall permit an out-of-network IHCP to refer an Indian beneficiary to a network provider. (42 C.F.R. § 438.14(b)(6).).

The MHP submitted the following documentation as evidence of compliance with this requirement:

- BOS Agreement 18-039 w/Round Valley Indian Health Center, Yuki Trails
- Outreach Material
- Cultural Competence Plan
- MOU with Consolidated Tribal Health Project Inc.
- MOU with Round Valley Indian Health Clinic

While, the MHP submitted evidence to demonstrate its compliance with this requirement, the evidence did not substantiate that the MHP shall permit American Indian beneficiaries to obtain covered services from out- of-network IHCPs if the beneficiaries are otherwise eligible to receive such services. (42 C.F.R. § 438.14(b)(4).) The MHP shall permit an out-of-network IHCP to refer an Indian beneficiary to a network provider. (42 C.F.R. § 438.14(b)(6).).

DHCS deems the MHP out-of-compliance with 42 C.F.R. § 438.14(b)(4) and 42 C.F.R. § 438.14(b)(6). The MHP must complete a POC addressing this finding of non-compliance.

SECTION D: ACCESS AND INFORMATION REQUIREMENTS

REQUIREMENT
D.VI.B-Regarding the statewide, 24 hours a day, 7 days a week (24/7) toll-free telephone number: (CCR, title 9, chapter 11, sections 1810.405(d) and 1810.410(e)(1).)
1) The MHP provides a statewide, toll-free telephone number 24 hours a day, seven days per week, with language capability in all languages spoken by beneficiaries of the county.
2) The toll-free telephone number provides information to beneficiaries about how to access specialty mental health services, including specialty mental health services required to assess whether medical necessity criteria are met.
3) The toll-free telephone number provides information to beneficiaries about services needed to treat a beneficiary's urgent condition.
4) The toll-free telephone number provides information to the beneficiaries about how to use the beneficiary problem resolution and fair hearing processes.
(CCR, title 9, chapter 11, sections 1810.405(d) and 1810.410(e)(1).)

DHCS' review team made seven (7) calls to test the MHP's statewide 24/7 toll-free number for compliance with the California Code of Regulations, title 9, sections 1810.405(d) and 1810.410(e)(1). The seven (7) test calls are summarized below:

In addition to conducting the seven (7) test calls, DHCS reviewed the following documentation presented by the MHP as evidence of compliance:

- Policy #II.B-3M-Crisis Services
- Policy #III.A-1-MHP 24 hour Access/Crisis Lines
- Access line instruction manual
- Access line test call review and training meeting minutes
- Language line services, inc. invoice
- September 2018 test call results

Test Call #1 was placed on Friday, September 28, 2018, at 3:07pm. The call was answered after two (2) rings via a live operator. The caller requested information about how to access mental health services. The operator asked for demographic information (e.g. name, contact information). The operator than stated that the caller had reached the crisis center for Mendocino and asked if the caller wanted to come for an office visit. The operator explained the process for obtaining services. The operator stated that the Crisis Center is available 24/7 and someone is always available if the caller decided to call back at any time. The operator also asked if the caller was having any thoughts of suicide or feeling of depression. The caller responded in the negative. The operator provided the caller with the address and the hours of operation of the local clinic. The caller was provided information about how to access specialty mental health services, including specialty mental health services required to assess whether medical necessity criteria are met and about services needed to treat a beneficiary's

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urgent condition. The call is deemed in compliance with regulatory requirements for protocol requirements CCR, title 9, chapter 11, sections 1810.405(d) and 1810.410(e)(1). (D.VI.B2 and D.VI.B3)

Test Call #2 was placed on Monday, October 1, 2018, at 9:07 am. The call was answered after two (2) rings via a live operator. The caller requested information about accessing mental health services in the county and explained the reasons for the request. The operator advised the caller that they reached the crisis line that they could refer the caller to a therapist. The operator suggested that the caller go to the crisis center and provided the address and hours of operation. The caller was provided information about how to access SMHS, including SMHS required to assess whether medical necessity criteria are met, but was not provided information about services needed to treat an urgent condition. The call is deemed in compliance with the regulatory requirements CCR, title 9, chapter 11, sections 1810.405(d) and 1810.410(e)(1) and OOC with CCR, title 9, chapter 11, sections 1810.405(d) and 1810.410(e)(1). (D.VI.B2 and D.VI.B3)

Test Call #3 was placed on Thursday, October 4, 2018, at 9:40 p.m. The call was answered after one (1) ring via a live operator. The caller requested SMHS in the county. The operator requested caller's name and explained that the information is confidential. The operator advised that there were two types of counseling services available. The operator asked if the caller was having thoughts of suicide. The caller replied in the negative. The operator asked about the caller's insurance and the caller confirmed they had Medi-Cal. The operator explained that walk-in services are available and described the intake and assessment processes. The operator provided the MHP's phone number, address, and hours of operation. The operator reminded the caller that the 24/7 access line is available for a crisis or urgent services. The caller was provided information about how to access SMHS and the caller was provided information about services needed to treat a beneficiary's urgent condition. The call is deemed in compliance with the regulatory requirements CCR, title 9, chapter 11, sections 1810.405(d) and 1810.410(e)(1). (D.VI.B2 and D.VI.B3)

Test Call #4 was placed on Friday, October 5, 2018, at 7:19 am. The call was answered after two (2) rings via a live operator. The caller requested information about accessing mental health services in the county. The operator informed the caller that they do not have appointments and that they have walk-in services Monday-Friday. The operator explained the assessment process. The operator said they have two locations and provided the hours of operations. The operator provided the address to the Ukiah clinic based on the caller's address. The caller was provided information about how to access SMHS, including SMHS required to assess whether medical necessity criteria are met. The caller was not provided information about services needed to treat a beneficiary's urgent condition. The call is deemed in compliance with the regulatory requirements CCR, title 9, chapter 11, sections 1810.405(d) and 1810.410(e)(1) (D.VI.B2) and OOC with the regulatory requirements CCR, title 9, chapter 11, sections 1810.405(d) and 1810.410(e)(1). (D.VI.B3).

Test Call #5 was placed on Thursday, October 11, 2018, at 7:44am. The call was answered via a live operator. The caller requested information about obtaining medication in the county. The operator informed that caller that they could see an emergency room doctor. The operator asked how the caller obtain medication before. The caller said through another county. The operator informed the caller that they also could get help through the crisis center

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or through community care. The operator provided the address and hours of operation of the clinic. The caller was provided information about how to access SMHS, including SMHS required to assess whether medical necessity criteria are met. The caller was provided information about services needed to treat a beneficiary's urgent condition. The call is deemed in compliance with the regulatory requirements CCR, title 9, chapter 11, sections 1810.405(d) and 1810.410(e)(1). (D.VI.B2 and D.VI.B3)

Test Call #6 was placed on Friday, September 28, 2018, at 7:22 a.m. The call was answered after one (1) ring via a live operator. The caller stated that they wanted to file a complaint about their therapist. The operator stated that the caller had reached the Redwood Community Crisis line. The caller repeated that they wanted to file a complaint regarding their therapist. The operator informed the caller that they could go to the Human Resources department to file a complaint and provide the location where the caller would be able to fill out a formal grievance form. The operator explained to the caller that they could contact the patient's right advocate if not satisfied. The operator also stated they were at home and unable to provide the necessary information. The operator then asked for the caller's name and explained that the caller could request to change their therapist. The caller was not provided information about how to use the beneficiary problem resolution and fair hearing process. The call is deemed OOC with the regulatory requirements CCR, title 9, chapter 11, sections 1810.405(d) and 1810.410(e)(1). (D.VI.B4)

Test Call #7 was placed on Friday, October 5, 2018, at 9:01 a.m. The call was answered after one (1) ring via a live operator. The caller requested information about filing a grievance in the county. The operator informed the caller they could walk-in to the facility to receive the forms and provided the location of the MHP. The caller was provided information about how to use the beneficiary problem resolution and fair hearing process. The call is deemed in compliance with the regulatory requirements CCR, title 9, chapter 11, sections 1810.405(d) and 1810.410(e)(1). (D.VI.B4)

FINDINGS

Test Call Results Summary

Protocol Requirement	Test Call Findings							Compliance Percentage
	#1	#2	#3	#4	#5	#6	#7	
D.VI.B.1	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
D.VI.B.2	IN	IN	IN	IN	IN			100%
D.VI.B.3	IN	OOC	IN	OOC	IN			60%
D.VI.B.4						OOC	IN	50%

Based on the test calls, DHCS deems the MHP in partial compliance with California Code of Regulations, title 9, sections 1810.405(d) and 1810.410(e)(1). The MHP must complete a POC addressing this finding of non-compliance.

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REQUIREMENT
D.VI.C1-The MHP must maintain a written log(s) of initial requests for SMHS that includes requests made by phone, in person, or in writing. (CCR, title 9, chapter 11, section 1810.405(f)).

FINDINGS

The MHP did not furnish evidence of its written log(s) of initial requests for SMHS includes requests made by phone, in person, or in writing. DHCS reviewed the following documentation presented by the MHP as evidence of compliance:

- 24/7 Access Call log

The MHP must come into compliance with the provisions of CCR, title 9, chapter 11, section 1810.405(f). Protocol requirement D.VI.C1 is deemed OOC. The MHP must complete a POC addressing these finding of non-compliance.

The log submitted by the MHP did not include all the DHCS test calls made to the MHP 24/7 toll free access line. The table below details the findings:

Test Call #	Date of Call	Time of Call	Log Results		
			Name of the Beneficiary	Date of the Request	Initial Disposition of the Request
1	9/28/2018	3:07 PM	OOC	OOC	OOC
2	10/1/2018	9:07 AM	OOC	OOC	OOC
3	10/4/2018	9:40 PM	OOC	OOC	OOC
4	10/5/2018	7:19 AM	OOC	OOC	OOC
5	10/11/2018	7:44 AM	OOC	OOC	OOC
Compliance Percentage			0%	0%	0%

Please note: Only calls requesting information about SMHS, including services needed to treat a beneficiary's urgent condition, are required to be logged.

SECTION F: BENEFICIARY RIGHTS AND PROTECTIONS

REQUIREMENT
F.I.E3- The written acknowledgement to the beneficiary must be postmarked within five (5) calendar days of receipt of the grievance. (MHSUDS IN 18-010E).

FINDING

The MHP did not furnish evidence to demonstrate it complies with MHSUDS IN 18-010E. The written acknowledgement to the beneficiary must be postmarked within five (5) calendar days of receipt of the grievance. (MHSUDS IN 18-010E).

The MHP submitted the following documentation as evidence of compliance with this requirement:

- Beneficiary Handbook

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- Policy IV.D-2B Beneficiary Problem Resolution-Grievance, Appeal, Expedited Appeal and State Fair Hearing Processes
- Sample acknowledgment letter

While the MHP submitted evidence to demonstrate its compliance with this requirement, the documentation did not address the requirement.

DHCS deems the MHP out-of-compliance with MHSUDS IN 18-010E. The MHP must complete a POC addressing this finding of non-compliance.

Protocol Requirement	# OF SAMPLE REVIEWED	ACKNOWLEDGMENT or NOT WITHIN 5 CALENDAR DAYS		COMPLIANCE PERCENTAGE
		# IN	# OOC	
GRIEVANCES	44	43	1	98%
APPEALS	5	5	0	100%
EXPEDITED APPEALS	0	0	0	N/A

SECTION G: PROGRAM INTEGRITY

REQUIREMENT
G.II.C-The MHP shall implement and maintain written policies for all employees of the MHP, and of any contractor or agent, that provide detailed information about the False Claims Act and other Federal and State Laws, including information about rights of employees to be protected as whistleblowers. (MHP Contract, Ex. A, Att. 13; 42 C.F.R. § 438.608(a)(6).)

FINDING

The MHP did not furnish evidence to demonstrate it complies with the MHP Contract, Ex. A, Att. Section 13 and 42 C.F.R. § 438.608(a)(6). The MHP shall implement and maintain written policies for all employees of the MHP, and of any contractor or agent, that provide detailed information about the False Claims Act and other Federal and State Laws, including information about rights of employees to be protected as whistleblowers. (MHP Contract, Ex. A, Att. 13; 42 C.F.R. § 438.608(a)(6).)

The MHP submitted the following documentation as evidence of compliance with this requirement:

- Policy #III.C-7 Communication and Inappropriate Activity Reporting

While the MHP submitted evidence to demonstrate its compliance with this requirement, the evidence did not substantiate that the MHP policy that provide detailed information about the False Claims Act and other Federal and State Laws, including information about rights of employees to be protected as whistleblowers. (MHP Contract, Ex. A, Att. 13; 42 C.F.R. § 438.608(a)(6).)

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DHCS deems the MHP out-of-compliance with MHP Contract, Ex. A, Att. 13; 42 C.F.R. § 438.608(a)(6). The MHP must complete a POC addressing this finding of non-compliance.

SURVEY ONLY FINDINGS

NETWORK ADEQUACY AND AVAILABILITY OF SERVICES

REQUIREMENT
A.III.F-The MHP must provide Therapeutic Foster Care (TFC) services to all children and youth who meet medical necessity criteria for TFC. (Medi-Cal Manual for Intensive Care Coordination, Intensive Home Based Services, and Therapeutic Foster Care Services for Medi-Cal Beneficiaries, 3 rd Edition, January 2018).
A.III.G- The MHP has an affirmative responsibility to determine if children and youth who meet medical necessity criteria need TFC. (Medi-Cal Manual for Intensive Care Coordination, Intensive Home Based Services, and Therapeutic Foster Care Services for Medi-Cal Beneficiaries, 3 rd Edition, January 2018).

FINDING

The MHP furnish evidence to demonstrate it complies with Medi-Cal Manual for Intensive Care Coordination, Intensive Home Based Services, and Therapeutic Foster Care Services for Medi-Cal Beneficiaries, 3rd Edition, January 2018. The MHP provided evidence that it provides Therapeutic Foster Care (TFC) services to all children and youth who meet medical necessity criteria for TFC and that it has an affirmative responsibility to determine if children and youth who meet medical necessity criteria need TFC.

The MHP submitted the following documentation as evidence of compliance with this requirement:

- Policy #II.B.7M
- Policy #II.B-7M
- Provider Contract

SUGGESTED ACTION

No further action at this time.

CARE COORDINATION AND CONTINUITY OF CARE

REQUIREMENT
B.III.C- The MHP shall implement a transition of care policy that is consistent with federal requirements and complies with the Department's transition of care policy. (MHP Contract, Ex. A, Att.10; 42 C.F.R. § 438.62(b)(1)-(2).).

FINDING

The MHP did not furnish evidence to demonstrate it complies with MHP Contract, Ex. A, Att.10; 42 C.F.R. § 438.62(b)(1)-(2). The MHP shall implement a transition of care policy that is consistent with federal requirements and complies with the Department's transition of care policy.

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SUGGESTED ACTION

DHCS recommends, at a minimum, the MHP implement the following actions in an effort to meet regulatory and/or contractual requirements, or to strengthen current processes in this area to ensure compliance in future reviews:

- Develop policies and procedures to address the requirements, including requirements of MHSUDS information notice

REQUIREMENT
B.I.B- The MHP shall coordinate the services the MHP furnishes to the beneficiary between settings of care, including appropriate discharge planning for short term and long-term hospital and institutional stays. (MHP Contract, Ex. A, Att.10; 42 C.F.R. § 438.208(b) (2) (i)-(iv), CCR, tit. 9 § 1810.415.)

FINDING

Based on Policy No. II. E-11 (page 5), "Progress notes must be completed within thirty (30) calendar days from date of service." Based on this policy services are provided before the previous service is documented, limiting the ability to coordinate services.

SUGGESTED ACTION

- Develop policies and procedures to ensure services furnished to the beneficiary are coordinated between settings of care.

COVERAGE AND AUTHORIZATION OF SERVICES

REQUIREMENT
E.I.H2- The MHPs must review and make a decision regarding a provider's request for prior authorization within five (5) business days after receiving the request.

FINDING

The MHP furnish evidence to demonstrate it complies that the MHPs must review and make a decision regarding a provider's request for prior authorization within five (5) business days after receiving the request.

The MHP submitted the following documentation as evidence of compliance with this requirement:

- Policy #IV.C-3M-Point of Authorization

SUGGESTED ACTION

No further action at this time.



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Chart Review – Non-Hospital Services

The medical records of five (5) adult and five (5) child/adolescent Medi-Cal specialty mental health beneficiaries were reviewed for compliance with state and federal regulations; adherence to the terms of the contract between the Mendocino County Mental Health Plan (MHP) and the California Department of Health Care Services (DHCS); and for consistency with the MHP's own documentation standards and policies and procedures regarding medical records documentation. The process included a review of 174 claims submitted for the months of January, February, and March of 2018.

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Medication Consent

The provider obtains and retains a current written medication consent form signed by the beneficiary agreeing to the administration of each prescribed psychiatric medication.

(MHP Contract, Ex. A., Att.9)

FINDING 3A:

The provider did not obtain and retain a current written medication consent form signed by the beneficiary agreeing to the administration of each prescribed psychiatric medication, and there was no documentation in the medical record of a written explanation regarding the beneficiary's refusal or unavailability to sign the medication consent:

- 1) **Line number 4:** There was a written medication consent form in the medical record dated 8/8/16. However, medication dosages were changed (on 8/4/17) and there was no documentation of consent for the new medication dosages until 2/21/18.
- 2) **Line number 5:** Although there was a written medication consent form for Zoloft in the medical record, the medication consent form was not completed until 1/23/18. According to a Medication Management Note on 1/23/18, Zoloft was increased to 100 mg per day on that date. Evidence of a prior written medication consent for the previous dosage of Zoloft was not provided.
- 3) **Line number 5:** According to a Medication Management Note on 3/29/18, Lorazepam was started on that day. Evidence of a written medication consent was not provided.

PLAN OF CORRECTION 3A:

The MHP shall submit a POC to address actions it will implement to ensure the following:

- 1) A written medication consent form is obtained and retained for each medication prescribed and administered under the direction of the MHP.
- 2) Written medication consent forms are completed in accordance with the MHP's written documentation standards.

Client Plans

REQUIREMENTS
Services shall be provided, in accordance with the State Plan, to beneficiaries, who meet medical necessity criteria, based on the beneficiary’s need for services established by an assessment and documented in the client plan.
Services shall be provided in an amount, duration, and scope as specified in the individualized Client Plan for each beneficiary. (MHP Contract, Ex. A, Attachment 2)
The client plan shall be updated at least annually, or when there are significant changes in the beneficiary’s condition. (MHP Contract, Ex. A, Attachment 9)

FINDING 4A-2:

Services were not provided in an amount, duration, and scope as specified in the individualized Client Plan for each beneficiary. Below are the specific findings pertaining to the charts in the review sample:

- **Line 5:** On the Client Plan, Group Rehabilitation (averaging 10 hours/month) and Collateral (averaging 5 hours/month) were listed under modalities. However, these services were not provided during the review period.
- **Line 6:** On the Client Plan, Individual Rehabilitation (5 hours a month on average) and Group Rehabilitation (16 hours a month on average) were listed under modalities. However, these services were not provided during the review period.

PLAN OF CORRECTION 4A-2:

The MHP shall submit a POC that describes how the MHP will ensure that services are provided in an amount, duration, and scope as specified in the individualized Client Plan for each beneficiary.

REQUIREMENTS
The MHP shall ensure that Client Plans:
a) Have specific observable and/or specific quantifiable goals/treatment objectives related to the beneficiary’s mental health needs and functional impairments as a result of the mental health diagnosis.
b) Identify the proposed type(s) of intervention/modality including a detailed description of the intervention to be provided.
c) Have a proposed frequency of intervention(s).
d) Have a proposed duration of intervention(s).

- e) Have interventions that focus and address the identified functional impairments as a result of the mental disorder (from Cal. Code Regs., tit. 9, § 1830.205(b).
- f) Have interventions that are consistent with the client plan goals.
- g) Be consistent with the qualifying diagnoses.

(MHP Contract, Ex. A, Attachment 9)

FINDING 4C:

Client Plans did not include all of the required elements specified in the MHP Contract. Below are the specific findings pertaining to the charts in the review sample:

- One or more of the goals/treatment objectives were not specific, observable, and/or quantifiable and related to the beneficiary’s mental health needs and identified functional impairments as a result of the mental health diagnosis. **Line number 3.**
- One or more of the proposed interventions did not include a detailed description. Instead, only a “type” or “category” of intervention was recorded on the client plan. **Line number 4.**
- One or more of the proposed interventions did not indicate an expected frequency. **Line numbers 1, 2, 3, 4, 5, 6, 8, 9, and 10.** The proposed frequencies of interventions were “average frequencies”.
- One or more of the proposed interventions did not indicate an expected duration. **Line numbers 1, 2, 3, 4, 5, 6, 8, 9, and 10.** All durations default to one year and were not individualized to the beneficiary, nor to the services proposed.
- One or more client plans did not address the mental health needs and functional impairments identified as a result of the mental disorder. **Line number 1.** Client Plan does not address treatment for hallucinations.
- One or more of the proposed interventions were not consistent with client plan goals/treatment objectives. **Line number 1.** Interventions are not consistent with goal and describe reducing vague/non-specific symptoms.
- One or more client plans were not consistent with the qualifying diagnosis. **Line number 6.** Focus of treatment goals are not directly related to a diagnosis of Major Depressive Disorder.

PLAN OF CORRECTION 4C:

The MHP shall submit a POC that describes how the MHP will ensure that:

- 1) All mental health interventions/modalities proposed on client plans include a detailed description of the interventions to be provided and do not just identify a type or modality of service (e.g. “therapy”, “medication”, “case management”, etc.).

- 2) All mental health interventions proposed on client plans indicate both an expected frequency and duration for each intervention.
- 3) All mental health interventions/modalities proposed on client plans address the mental health needs and identified functional impairments of the beneficiary as a result of the mental disorder.
- 4) All mental health interventions proposed on client plans are consistent with client plan goals/treatment objectives.
- 5) All client plans are consistent with the qualifying diagnosis.

Progress Notes

REQUIREMENTS
The MHP shall ensure that progress notes describe how services provided reduced impairment, restored functioning, or prevented significant deterioration in an important area of life functioning outlined in the client plan. (MHP Contract, Ex. A, Attachment 9)

<p><u>Reasons for Recoupment (RR): Refer to the enclosed Recoupment Summary for additional details about disallowances.</u></p> <p>RR5. The MHP did not submit documentation substantiating that the focus of the intervention is to address the beneficiary’s included mental health condition.</p> <ul style="list-style-type: none"> a) A significant impairment in an important area of life functioning; b) A probability of significant deterioration in an important area of life functioning; c) A probability the child will not progress developmentally as individually appropriate; d) For full-scope Medi-Cal beneficiaries under the age of 21 years, a condition as a result of the mental disorder that specialty mental health services can correct or ameliorate. <p>(MHSUDS IN No. 17-050, Enclosure 4)</p>

FINDING 5A:

The progress note does not describe how services provided to the beneficiary reduced impairment, restored functioning, or prevented significant deterioration in an important area of life functioning outlined in the client plan. Furthermore, the progress note does not substantiate that the focus of the service was an intervention to address the beneficiary’s included mental health condition.

Line number 3. RR5, refer to Recoupment Summary for details.

- **Line number 3:** Progress notes for 1/16/18 and 3/7/18 did not describe how services addressed impairments specific to the beneficiary’s included mental health condition. Additionally, these progress notes state, “Provided SUD focused intervention.”

PLAN OF CORRECTION 5A:

The MHP shall submit a POC that describes how the MHP will ensure that interventions are focused on a significant functional impairment that is directly related to the mental health condition, as specified in CCR, title 9, chapter 11, sections 1830.205(a)(b).

Reasons for Recoupment (RR): Refer to the enclosed Recoupment Summary for additional details about disallowances.

RR11. The service provided was solely for one of the following:

- a) Academic educational service
- b) Vocational service that has work or work training as its actual purpose
- c) Recreation
- d) Socialization that consists of generalized group activities that do not provide systematic individualized feedback to the specific targeted behaviors
- e) Transportation
- f) Clerical
- g) Payee Related

(MHSUDS IN No. 17-050, Enclosure 4)

FINDING 5E2:

The progress notes for the following Line number(s) indicate that the service provided was Solely Transportation.

- **Line number 2.** The MHP should refer beneficiaries to managed care and FFS providers for transportation services. **RR11e, refer to Recoupment Summary for details.**

PLAN OF CORRECTION 5E2:

The MHP shall submit a POC that describes how the MHP will ensure that services provided and claimed are not solely transportation.

Short-Doyle/Medi-Cal Approved Claims
RECOUPMENT SUMMARY
Confidential Patient Information
See California Welfare and Institutions Code Section 5328 and HIPAA Privacy and Security Rules
JANUARY 2018 THROUGH MARCH 2018

MENDOCINO COUNTY

Total # of Claims 174 # of claims disallowed 3
Percentage Out of Compliance 1.7 %

LINE#	CIN	DOB	CLAIMID	PROV #	DATE OF SERVICE	SF	TIME	AMOUNT APPROVED	FFP	FMAP	APPROVED AIDCODE	REASON CODE(S)	REASON(S) FOR RECOUPMENT
2	90048344A	3/13/1958	0000256226434	23CQ	1/25/2018	1	25	\$55.00	\$27.50	50	60	11e	The service provided was solely transportation.
3	90113429F	11/21/1984	0000256229595	23BV	1/16/2018	30	68	\$166.60	\$83.30	50	M3	5	The MHP did not submit documentation substantiating that the focus of the intervention is to address the beneficiary's included mental health condition.
3	90113429F	11/21/1984	0000258981498	23BV	3/7/2018	30	66	\$161.70	\$80.85	50	M3	5	The MHP did not submit documentation substantiating that the focus of the intervention is to address the beneficiary's included mental health condition.
								\$383.30	\$191.65				

N = 3