



## **Policy Council on Children and Youth & Mendocino Child Abuse Prevention Council**

**Draft Minutes  
August 15, 2019**

### **OPEN MEETING/CALL TO ORDER/ADDITIONS TO THE AGENDA**

Members present: Jena Conner, Roseane Ibarra, John Haschak, Camille Schraeder, Josie Loomis, Sheryn Hildebrand, Cindi Mockel, and Teri Sedrick via Phone

Non Members present: Victoria Kelly, Emily , Heidi , Justin Benninger

### **CONSENT ITEMS:**

Quorum Check: Requirement Met.

Cindi Mockel motions to approve 5/16/19 Minutes, John Hashak seconds. Motion passes.

### **BUILDING COMMUNITY RESILIENCE**

Presentation on the prevalence of ACES.

What are ACEs and how to combat them.

- ACEs stands for “Adverse Childhood Experiences”
- Is one ACE more damaging than another?
  - Abuse, poverty, substance abuse, and death in the family are all equally damaging.
- California, Maryland, Massachusetts, Minnesota had the highest rates of ACEs.
- Find communities with a low rate of ACEs and try to duplicate the preventative measures.
- Reduce and/or eliminate behaviors that normalize ACEs.
- Seek out behaviors that may unintentionally cause ACEs.
- Implement antiACEs strategies as a community.

### **REVIEW OF OCAP**

Review of OCAP moved to Feb. meeting.

## **Reports**

Reports from standing committees.

### **Children's Health Committee**

Danger of smoking and vaping to youth.

Youth's are getting hospitalized due to vaping.

Public Health is working on a proposal to ban flavored Nicotine.

### **Childhood Trauma Action Team**

Make sure the trainings are not duplicated.

Event planned for June.

## **ADJOURN MEETING**

Meeting Closed 1:03.

Next Meetings:

- December 5, 2019 from 11:30am to 1pm  
890 N. Bush Street, Ukiah CA 95482 and teleconference available