



**MENDOCINO COUNTY BEHAVIORAL  
HEALTH ADVISORY BOARD**

**REGULAR MEETING  
MINUTES**

**December 19, 2018  
10:00 a.m. to 12:00 p.m.**

**Public Health Building, Conference Room 1, 1120 S. Dora St. Ukiah  
and by live video conferencing  
Avila Center, Seaside Room, 778 S. Franklin St., Fort Bragg**

**Chairperson**  
Jan McGourty

**Vice Chair**  
Emily Strachan

**Secretary**  
Dina Ortiz

**Treasurer**  
Flinda Behringer

**BOS Supervisor**  
Georganne Croskey

**1<sup>ST</sup> DISTRICT:**

DENISE GORNY  
JAN MCGOURTY  
LOIS LOCKART

**2<sup>ND</sup> DISTRICT:**

DINA ORTIZ  
MICHELLE RICH  
VACANT

**3<sup>RD</sup> DISTRICT:**

MEEKA FERRETTA  
AMY BUCKINGHAM  
RICHARD TOWLE

**4<sup>TH</sup> DISTRICT:**

EMILY STRACHAN  
TAMMY LOWE  
LYNN FINLEY

**5<sup>TH</sup> DISTRICT:**

PATRICK PEKIN  
MARTIN MARTINEZ  
FLINDA BEHRINGER

**OUR MISSION:** *"To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

Item	Agenda Item / Description	Action
<p><b>1.</b> 5 minutes</p>	<p><b>Call to Order, Roll Call &amp; Quorum Notice, Approve Agenda</b></p> <ul style="list-style-type: none"> <li>Meeting called to order by Chair McGourty at 10:22 a.m.</li> <li>Roll called by Chair McGourty</li> <li>Quorum met</li> <li>BHAB Members present: Gorny, Ortiz, Strachan, McGourty, Lockart, Finley, Ferretta, Rich, Pekin, Towle, and Lowe. BOS Supervisor Croskey in attendance.</li> </ul>	<p>Board Action:</p>
<p><b>2.</b> 10 minutes</p>	<p><b>Minutes of November 14, 2018 BHAB Regular Meeting:</b> <i>Review and possible board action.</i></p> <ul style="list-style-type: none"> <li>Corrections on page three item B, c, ii, 4 - Should state "Behavioral Health Director Jenine Miller, Psy.D. stated the Fort Bragg crisis workers are not in the office 24/7 but will respond to calls in off hours.</li> <li>Minutes approved with correction.</li> </ul>	<p><b>Board Action:</b> Motion made by Member Gorny, seconded by Member Lockart to approve minutes with the correction noted. Passed unanimously.</p>
<p><b>3.</b> 15 minutes (Maximum)</p>	<p><b>Public Comments:</b> <i>Members of the public wishing to make comments to the BHAB will be recognized at this time.</i></p> <ul style="list-style-type: none"> <li>Josephine Silva commented on the possible changes made to "Obama Care" and the possible impact on mental health clients.</li> <li>RM commented on mental health services on the coast and the issues he's having with getting the services he thinks he should be receiving.</li> <li>BHRS Director Miller will follow up with RQMC regarding</li> </ul>	<p>BHRS Director will follow up with RQMC.</p>

	<p>his issues and get back to him the first or second week of January 2019.</p> <ul style="list-style-type: none"> <li>• Member Lowe commented that RCS staffing is low on the coast at the Wellness Center. She stated there is a sign posted on the door telling people, if they are in crisis to call the 800 number for the crisis line or to go to the hospital ER. She stated the sign has been on the door for about a week. <ul style="list-style-type: none"> <li>○ Member Finley commented that all the Crisis clients on the coast go to the hospital as there is nowhere else they can go. She stated that there have been crisis workers showing up when the hospital calls.</li> <li>○ Member Lowe commented that it's the Wellness Center that is having low staffing, the crisis response is okay.</li> <li>○ A question was asked about the staffing at the Hospitality Center. Staffing levels are not known at this time. Chair McGourty commented the Hospitality Center has a new director now.</li> </ul> </li> </ul>	
<p><b>4.</b> 30 minutes</p>	<p><b>BHAB Reports: Discussion and possible board action.</b></p> <p>A. Supervisor Croskey</p> <ol style="list-style-type: none"> <li>I. Supervisor Croskey did not have any reports from the BOS meeting.</li> <li>II. Supervisor Croskey commented she has enjoyed being on the board and has learned a lot about things she didn't know she didn't know.</li> <li>III. Carre Brown will be taking on Stepping Up, but doesn't know who will be the BHAB representative.</li> <li>IV. Supervisor Croskey commented that Sheriff Allman wants Undersheriff Kendall to attend the Stepping Up meetings.</li> </ol> <p>B. Chair</p> <ol style="list-style-type: none"> <li>I. Goodbye to Supervisor Croskey <ol style="list-style-type: none"> <li>a. The members of BHAB gave Supervisor Croskey a card, flowers, and a framed photo of her and a cat that came to the BHAB meeting in Laytonville.</li> </ol> </li> <li>II. California Behavioral Health Planning Council - <i>Data Notebook - discussion and possible action by members</i> <ol style="list-style-type: none"> <li>a. Due to difficulty with the video conferencing this item will be held over to the January 2019 meeting.</li> </ol> </li> <li>III. Measure B <ol style="list-style-type: none"> <li>a. Chair McGourty and BHRS Director Miller have attended the Measure B meetings. Vice Chair Strachan has attended two meeting with another Measure B committee member Mark Mertle on the coast. They have discussed the "living room" concept being used on the coast for clients of RCS.</li> <li>b. There will be a Measure B meeting following the BHAB meeting today, which is the reason for the</li> </ol> </li> </ol>	<p><b>Board Action:</b></p> <p>Item to be put on the January 16, 2019 agenda.</p>

	<p>modified shortened BHAB meeting. Chair McGourty invited all the members and the public to attend the Measure B meeting at 501 Low Gap Road, Ukiah in Conference Room C from 1:00 to 3:00.</p> <p>IV. Stepping Up</p> <ol style="list-style-type: none"> <li>a. There was a meeting held for Stepping Up, but there were no Law Enforcement (LE) representatives in attendance. Unfortunately there was an e-mail mistakenly sent out stating the meeting was canceled. LE is still interested in being involved with Stepping Up.</li> <li>b. Discussion at the meeting was regarding an application for an Essential Mapping Workshop the Stepping Up team was considering attending, but there was not enough time to get paperwork completed to go.</li> <li>c. Chair McGourty will be following up on the workshops. She will follow up with Deanne Adams to come to Ukiah to do an Essential Mapping Workshop.</li> </ol> <p>C. Secretary</p> <ol style="list-style-type: none"> <li>a. Secretary Ortiz had nothing to report at this time.</li> <li>b. Secretary Ortiz commented on the sign being put on the door at the Wellness Center. She thinks it's not good for the clients. <ol style="list-style-type: none"> <li>i. Chair McGourty and Secretary Ortiz will go to Fort Bragg and check out the Wellness Center.</li> </ol> </li> </ol> <p>D. Treasurer</p> <ol style="list-style-type: none"> <li>I. California Association of Local Behavioral Health Boards and Commissions (CALBHB/C) Invoice for Annual Dues to be voted on.</li> <li>II. With minimal discussion members voted to pay the Annual Dues to CALBHB/C.</li> </ol>	<p>Motion made by Secretary Ortiz, seconded by Member Gorny to pay the CALBHB/C Invoice for dues 2019. Passed unanimously.</p>
<p><b>5.</b> 15 minutes</p>	<p><b>Mendocino County Report:</b> <i>(Dr. Jenine Miller)</i></p> <p>A. BHRS Director Miller commented on the Director's Report included in the agenda packet, she added a bit more information regarding current grievances without breaching confidentiality.</p> <ol style="list-style-type: none"> <li>I. She clarified regarding a housing grievance that was published in a newspaper was not regarding BHRS housing, there isn't anything BHRS can do regarding the issue, but can contact the owners of the property to notify them there is an issue.</li> </ol> <p>B. BHRS has received the final External Quality Review Organization (EQRO) Report, it will be sent out before the next meeting.</p> <p>C. Josephine Silva asked how many conserved clients are placed out of the county.</p>	<p>BHRS will send EQRO to BHAB members.</p>

	<p>I. BHRS Director Miller stated there are about sixteen clients placed in the county; she did not have exact numbers. She commented that the county could use more sixteen bed facilities that accept Medi-Cal to house more clients. Redwood Creek in Willits doesn't bill Medi-Cal and is now taking clients from other counties. BHRS Director Miller explained how some of the billing and cost work.</p>	
<p><b>6.</b> 15 minutes</p>	<p><b>RQMC Report:</b></p> <p>A. Chair McGourty asked Camille Schraeder, RQMC CFO about the reported sign put up at the Wellness Center in Fort Bragg.</p> <p>I. Member Lowe explained she had seen the sign on the door stating that due to low staffing people in crisis could call the crisis line or go to ER.</p> <p>II. Ms. Schraeder commented that a couple of staff have left on the coast, but the sign is not okay to put up, she will check into why the sign was there. She will let BHRS Director Miller know what is going on so she can send the information out to members.</p> <p>III. Member Lowe commented the crisis workers on the coast are in place as she has been using crisis and the hospital has been super busy.</p> <p>IV. Ms. Schraeder commented the crisis calls are usually high in December, but this year has been higher than usual.</p> <p>B. Chair McGourty asked Ms. Schraeder about the issues that RM reported he has been having with getting mental health services on the coast.</p> <p>I. Ms. Schraeder stated she will follow up on the reported issues.</p> <p>a. Vice Chair Strachan requested BHRS Director Miller contact her regarding her follow up regarding RM.</p> <p>b. Discussion of a Release of Information (ROI) needed to be signed by RM before any information can be shared.</p> <p>c. BHRS Director Miller requested that Ian Winter, MOPS team member work on getting an ROI signed by RM.</p>	<p>Ms. Schraeder to follow up regarding sign on Wellness Center and RM issues and report to BHRS Director Miller.</p>
<p><b>7.</b> 10 minutes</p>	<p><b>Review of Kemper Report:</b> <i>Discussion and possible board action.</i></p> <p>A. Recommendations regarding the Kemper Report as discussed at the November 14, 2018 BHAB meeting.</p> <p>B. Chair McGourty will be writing a recommendation from BHAB to BOS regarding the Kemper Report.</p> <p>C. Chair McGourty created a recommendation list from the last meeting's discussion. Members reviewed the list, made some changes/adjustments/additions and voted on what to recommend to BOS.</p>	<p><b>Board Action:</b> Motion made by Member Rich, seconded by Member Finley to recommend BOS accept the Kemper Report and implement the action items, motion passed unanimously.</p>

D. List of recommendations:

I. Kemper's Recommendations for Program Services:

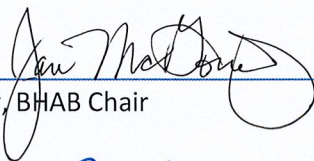
- a. #1 PHF or other inpatient psychiatric care:
  - i. Average stay 3-5 days, Maximum 30 days.
  - ii. Put out detailed Request for Information (RFI) for all pre-crisis and crisis facilities including staffing and maintenance requirements for each type of facility.
- b. #2 Crisis Residential Treatment (CRT):
  - i. 3 month maximum.
  - ii. It is imperative to create CSU/CRT facility in Fort Bragg that can serve pre-crisis and 5150 holds in collaboration with coast community and agency partners.
  - iii. Create multiple use facility to consolidate staffing needs.
- c. #3 Crisis Stabilization Unit (CSU):
  - i. 24 hours (pending legislation to extend to 72 hours).
  - ii. Explore other venues besides RCS Orchard Street Project and old Howard Hospital.
- d. #4 Expanded outreach:
  - i. 3 mobile teams: 4 days/week 8:00 a.m. - 6:00 p.m.
  - ii. Expand MOPS Teams - more hours and distance covered.
  - iii. Verify 2 person team (Sheriff Tech and Mental Health).
- e. #5 Outlying/Remote areas of the County:
  - i. Mendocino County should take the lead in promoting legislation to provide private insurance parity with Mental Health Medi-Cal.
  - ii. Focus on collaboration with clinics around the county for MOPS/RQMC continuation of care, using tele-psych service if necessary.
- f. #6 Expand support programs & wellness efforts:
  - i. Medication management, employment services, family support.
  - ii. Create a common definition of "wellness" and "cultural competency".
  - iii. Expand existing RQMC TAY services to adult care.
  - iv. Encourage and support employers and physicians to integrate physical, emotional, and supported personal wellness so health needs are met.
  - v. Wellness coaches to navigate mental health system.
  - vi. Family support, particularly non-traditional hours and in outlying areas.
- g. #7 Day Treatment:

- i. Definition: licensed facility, BH treatment, outpatient care, MD supervision, and written client plan.
- ii. Include Day Treatment in any facility's program.
- h. #8 Supportive housing:
  - i. Build a range of integrated supportive and inclusive housing throughout the county.
  - ii. Create support/funding of fiscal barriers for housing background checks and application fees.
- i. #9 Partial hospital care, Rehabilitative care, Board and Care:
  - i. Build at least one board and care facility that is Medi-Cal billable.
- j. #10 Expansion of SUDT:
  - i. Hire more counselors, particularly in outlying areas.
  - ii. Collaborate with schools for prevention, particularly in tribal communities.
  - iii. Create a curriculum for schools.
- k. #11 5-Year Plan, Develop continuum of care.
  - i. Review the proposed 5-Year Plan of continuum of care by all stakeholders and collaborative partners:
- II. Kemper's Recommendations for Action & Policy:
  - a. #1 Supplement services, NOT supplant services:
    - i. Hire a dedicated Project Manager to oversee implementation of Recommended Actions on Measure B and manage all contracts.
  - b. #2 Bi-annual review process:
    - i. Review progress every six months.
    - ii. Review of services and their costs and barriers.
  - c. #3 Prudent Reserve of Measure B funds for years 6 to 10:
    - i. No recommendations listed at this time.
  - d. #4 Separate annual accounting of Measure B revenues/expenditures:
    - i. Collaborate annual Measure B accounting with Project Manager and County Auditor.
  - e. #5 10- Year Strategic Plan:
    - i. Plan for future sustain ability.
    - ii. Annual review of plan with flexibility for amendment.
  - f. #6 Restructure data provided by BHRS, RQMC & Sub-contractors:
    - i. Report data by program and region in both children and adult systems of care.
    - ii. Monitor trends quarterly.
- E. Member Pekin brought up for discussion; how much the listed recommendations will cost and whether there will be enough revenue to pay for all the recommended services by

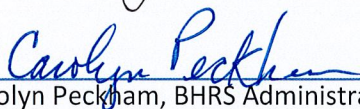
	<p>Measure B. He is supportive of all the recommendations, but is concerned with the ability to fund everything.</p> <p>I. Discussion of how funding would be distributed.</p> <p>F. Member Rich thanked Chair McGourty for putting together the list of recommendations as it made the review much easier.</p> <p>G. Chair McGourty commented her recommendation is to let BOS know what BHAB's priorities are and BOS can sort out what gets funded.</p> <p>H. Member Rich made a motion to recommend to BOS to accept the Kemper Report and implement the Action Items.</p>	
<p><b>8.</b> 15 minutes</p>	<p><b>BHAB 2019 Meeting Schedule:</b> <i>Discussion and possible board action.</i></p> <p>A. Chair McGourty is recommending some changes to the 2019 BHAB meeting schedule. She has made some arrangements as follows:</p> <p>I. April 17, 2019 change meeting location to Lauren's Café in Boonville.</p> <p>II. August 21, 2019 change meeting location to Greenwood Community Center in Elk.</p> <p>III. October 16, 2019 change meeting to Hopland, location to be determined.</p> <p>IV. December 18, 2019 change from video conference to meeting location at the Community Center in Willits.</p> <p>V. The BHAB 2019 meeting schedule will be updated with the changes and be sent out to members, stakeholders, and posted on the County Website.</p>	<p><b>Board Action:</b> Motion made by Member Gorny, seconded by Member Ferretta to accept the 2019 meeting schedule with adjustments as listed. Motion passed unanimously.</p>
<p><b>10.</b> 5 minutes</p>	<p><b>Adjournment:</b> Meeting adjourned by Chair McGourty at 12:08 p.m.</p> <ul style="list-style-type: none"> <li>Next meeting: January 16, 2019 in Willits/Fort Bragg</li> </ul>	

**AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE**

The Mendocino County Behavioral Health Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government code Section 54953.2) Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Mental Health's Administrative Office by calling (707) 472-2310 at least five days prior to the meeting.

  
Jan McGourty, BHAB Chair

1-16-18  
Date

  
Carolyn Peckham, BHRS Administrative Secretary

1/16/18  
Date

**BHAB CONTACT INFORMATION: PHONE: (707) 472-2310 FAX: (707) 472-2788**  
**EMAIL THE BOARD: [mhboard@mendocinocounty.org](mailto:mhboard@mendocinocounty.org) WEBSITE: [www.mendocinocounty.org/bhab](http://www.mendocinocounty.org/bhab)**