

MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

REGULAR MEETING MINUTES

October 17, 2018 10:00 a.m. to 2:00 p.m. **Chairperson** Jan McGourty

Vice Chair Vice-Chair Strachan Strachan

Secretary Dina Ortiz

Treasurer Cathy Harpe

BOS Supervisor

Laytonville Healthy Start, Family Resource Center 44400 Willis Avenue

Laytonville, CA

Georgeanne Croskey

1 st District:	2 ND DISTRICT:	3RD DISTRICT:	4 ^{тн} DISTRICT:	5 ^{тн} DISTRICT:
Denise Gorny	CATHY HARPE	Meeka Ferretta	EMILY STRACHAN	PATRICK PEKIN
JAN McGourty	Dina Ortiz	VACANT	TAMMY LOWE	Martin Martinez
Lois Lockart	MICHELLE RICH	Amy Buckingham	VACANT	Flinda Behringer

OUR MISSION: "To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."

Item	Agenda Item / Description	Action
1.	Call to Order, Roll Call & Quorum Notice, Approve	Board Action:
5 minutes	Agenda:	
	A. Meeting called to order by Chair McGourty at 10:08	
	B. Quorum met	
	C. Members Present:	
	1. Members McGourty, Ortiz, Strachan, Behringer,	
	Rich, Lockart, Martinez, Ferretta	
	2. Discussion and approval of agenda as written –	
	Member Rich motioned, seconded by Vice-Chair	
	Strachan. Approved unanimously.	
2.	Minutes of September 19, 2018 BHAB Regular Meeting:	Board Action:
10 minutes	• There was discussion and review of the August 15, 2018	
	BHAB minutes.	
	Member Ortiz motioned, seconded by Member Ferretta	
	 Approved unanimously with no changes 	
3.	Public Comments:	
15 minutes	Members of the public wishing to make comments to the BHAB	
(Maximum)	will be recognized at this time.	
	 Member of public with the Juvenile Justice and 	
	Delinquency Prevention Commission (JJDPC)	
	Organization asked how much BHAB has discussed	
	about the potential closing of Juvenile Hall and what	
	actions BHAB could take.	
	o There was discussion about the JJDPC. It is	
	made up of 7 members and monitors the Juvenile	

	Justice System and Support Program to keep kids out of juvenile justice system. The JJDPC meet on every Friday from Noon to 2pm at the Probation Department. The postponed closing of Juvenile Hall was only postponed for a year and the end of that year is coming up soon. They expressed concern about the closing because these services are very important for these children, and helps the County save money by preventing repeated jailing as the children grow older.		
4. 15 minutes	BHAB Reports: A. Supervisor Croskey a. Richard Towle has not been appointed to BHAB yet, due to a paperwork issue during the process. The appointment should happen soon. b. BHAB needs to give the Board of Supervisors (BOS) a written recommendation and comments for the candidate. c. Vice-Chair Strachan asked how BOS responded to the presentation made recently by Lee Kemper to the board. i. Supervisor Croskey stated that there were many questions asked about the presentation. ii. One question asked was if the Psychiatric Health Facility (PHF) was actually needed, as people seem to be more interested in Crisis Stabilization Units (CSU) or something similar. Kemper feels the PHF unit is currently what the county needs. iii. There were a couple of changes to the original report that Kemper has adjusted in regards to the costs estimated to build the different unit types. iv. None of the units in the original report were created using the prevailing wage for the contractors, so the costs for all of the different units discussed in the report will have increased. v. There was discussion on the overall lack of services available regionally and that a PHF would be an asset to the community. vi. Vice-Chair Strachan asked how would the implementation of the project begin. BHAB and the Measure B Committee	Board Action:	

- will make their recommendations to BOS. BOS will make a decision after receiving input from all parties involved.
- vii. Vice-Chair Strachan wants to make sure there is some sort of project manager providing oversight of the program and the program's budget. She stated that the community is looking for a tangible product, provided in a reasonable amount of time, so there should be someone to oversee it to make sure that happens. Someone needs to be accountable over the project. Supervisor Croskey stated that oversight will happen, but will not be ran by any committee.
- viii. BHAB will recommend that a Project Manager be instated to provide oversight on the project.
- B. Chair
- a. The Measure B Committee will meet next week and will get a report on the MOPS program and hold discussions on how it might be expanded upon.
- b. Hospital Administration would like to collaborate in some way with the Measure B Committee.
 There will be a collaborative discussion on what can be done between the different entities.
- c. RQMC have also been in discussion with the hospital regarding possible collaborations.
- d. The Measure B meetings are from 1pm to 3pm on the 4th Wednesday of the month in conference room C in the County Administration building. The next meeting takes place on October 24.
- C. Secretary
 - a. Nothing to report
- D. Treasurer
 - a. Member Harpe has resigned.
 - b. Chair McGourty asked if BHAB were able to determine how flexible they can be when spend funds in the budget. Behavioral Health Director Jenine Miller stated that the funds can be used in certain aspects, but must remain within the County guidelines.
- E. Membership
 - a. The membership for Richard Towle was delayed due to the BOS not receiving written confirmation from the Behavioral Health and Recovery Services (BHRS). BHRS had not provided written confirmation to the BOS,

- because no formal vote had happened at the current point in time.
- b. Member Harpe resignation letter was read to the board.
- c. Chair McGourty provided a card for the board to show their appreciation and to thank Member Harpe for her service on the BHAB.
- d. Member Lockart expressed dissatisfaction with Member Harpe having to resign due to having to use vacation time in order to attend the meetings. She stated that it was unfortunate that Mendocino County does not understand the issues and forces employees to use own their own personal or vacation time in order to attend committee meetings; she feels this should not happen.
- e. Chair McGourty stated that some organizations offer employees to attend or serve on committees like this as a part of their job.
- f. Member Lockart stated that Member Harpe was an asset BHAB in many ways, and she is in a behavioral health environment on a day-to-day basis.
- g. There was a motion to recommend to BOS that any employee employed by Mendocino County, that is sitting on a committee like BHAB, not be required to use personal/vacation time in order to attend the board meetings.
 - *i.* Member Lockhart motioned, Member Behringer seconded.
- h. Member Martinez asked who was responsible to carry out the action of the motions as some motions have been made previously, but no action was taken. Chair McGourty stated that she takes recommendations from BHAB to BOS; from there BOS make their decision and pushes it forward.
- Member Martinez discussed the staff appreciation letters that were discussed at the previous BHAB meeting, stating that no forward movement had been made as of yet.
- j. Chair McGourty, Member Ortiz, and Member Martinez will get together to write the provider staff appreciation letters.
- F. Nomination Committee
 - a. Member Ortiz stated that she approves of Richard Towle and feels he will be an asset to BHAB.
 - b. One other application to join the board was

1. There was a motion to recommend to BOS that any employee employed by Mendocino County that is sitting on BHAB to not have to use personal/vacation time in order to attend. Member Lockhart motioned, Member Behringer seconded. Vote passed unanimously.

- provided for Lynn Finley, who is applying got the fourth district.
- c. Chair McGourty and Vice-Chair Strachan stated that they had interviewed Lynn Finley over the phone. She is currently working as the Chief Nursing Officer at the Mendocino Coast Hospital; her management has already given their approval for her to sit on the board.
- d. There was a motion to approve Richard Towle to the BHAB for District 3.
 - *i.* Motioned by Member Ferretta, seconded by Vice-Chair Strachan.
- e. There was a motion to approve Lynn Finley to the BHAB for District 4.
 - *i.* Motioned by Member Ferretta, seconded by Vice-Chair Strachan.

G. 2019 Officers

- a. BHAB is looking for nominees to be officers for the board.
- b. Chair McGourty asked if any of the board member wanted to be on the nominating committee to find suitable candidates to be board officers.
 - *i.* Member Ortiz and Member Behringer volunteered to be on the committee.
- c. Three board member's terms are ending at the end of the year and they will need to be sworn in again.
 - i. The existing members that have terms ending this year are Member Lockart, Member Rich, and Member Pekin.
 - ii. The other two terms that are ending this year are the ones to be filled by Richard Towle and Lynn Finley, but since it is so late in the year, Behavioral Health Director Jenine Miller will be looking to see if the newly filled positions can be rolled over to the next term, instead of ending so quickly.
 - iii. For existing members that are looking to be reappointed before the end of their term, they will need to let the Clerk of the Board, BOS, and Behavioral Health Director Jenine Miller know.
 - iv. Member Lockart would like BHRS to know that she has discussed membership with her Supervisor and would like to continue being a member of BHAB.
 - v. There was discussion on Member Lowe

- 2. There was a motion to approve Richard Towle to the BHAB for District three.

 Motioned by Member Ferretta, seconded by Vice-Chair Strachan.

 Vote passed unanimously.
- 3. There was a motion to approve Lynn Finley to the BHAB for District three. Motioned by Member Ferretta, seconded by Vice-Chair Strachan. Vote passed unanimously.

- and her attendance in BHAB.
- vi. Chair McGourty discussed if the board should thank her for her services with BHAB and make the term end at the end of the year.
- vii. Vice-Chair Strachan being sympathetic to her personal and work commitments, but her involvement in BHAB has been waning.
- viii. Member Ortiz reviewed the bylaws for the rules on attendance for BHAB members. Missing more than three consecutive meetings can be grounds for removal from the board.
 - ix. Member Rich stated that if she were in that same position, she would appreciate the opportunity to resign prior to sending a letter to BOS; if nothing changes, at some point a letter will have to be sent to BOS.
 - x. Member Behringer stated that even if she currently does not have enough time to attend, it does not mean that she will not have time in the future.
 - xi. Member Ferretta responded that the board could have her back when she does have time to attend the meetings. Vice-Chair Strachan suggested that the board speak to Supervisor Gjerde to see what options should be pursued, prior to doing a formal resignation.
- xii. Vice-Chair Strachan suggested that she call to confer with Member Lowe on her involvement on the board. Vice-Chair Strachan will contact Supervisor Gjerde to discuss, if necessary.

H. BHAB Training Opportunities

- a. Training opportunity this week:
 - i. BHAB training Richard Towle wanted to attend this training, but it is unclear if his expenses would be covered, since he has not been sworn in to serve on BHAB yet. The next BHAB training will take place in San Diego in November.
- b. Chair McGourty Richard Towle will get an official BHAB binder, which has documentation on the BHAB information that is covered in this training. Chair McGourty will see if the training in November will be an option.

Mendocino County Report (Dr. Jenine Miller): Board Action: 5. 20 minutes Behavioral Health Director Jenine Miller stated that brief Vote to approve the updated version of the explanations were provided under the Grievances and Member Roster as the Appeals section, but they must remain undetailed in official roster of BHAB. order to preserve client confidentiality. Motion by Member A list of providers was available at the meeting, but it is Martinez, seconded by a list of only in-county providers, which would consist of Vice-Chair Strachan. 22 providers. If they were to include out of county Vote passed providers also, it would be higher. unanimously. The updated BHAB roster was provided for the members to review; after reviewing, there was a discussion on it. A serving since date was added to each of the members and any member whose term is ending in the current year has been highlighted for easy identification. There was discussion regarding the use of the Date Appointed and Term End fields. It was agreed to keep this information on the roster. There was a vote to approve the updated version of the Member Roster as the official roster of BHAB. Member Ortiz asked about the recently passed BOS item regarding Crestwood Behavioral Health, Inc. and the increase to the amount on the existing contract. Behavioral Health Director Jenine Miller responded the amount in the contract changed from \$482,000 to \$491,000. She stated that the increase was due to having a client placement towards the end of the year; LPS is a required service that must be provided. The number of conservatorships has remained relatively consistent, but some require a higher level of care and have an increased cost. There was a question raised regarding the change of provider request. The client wanted to continue using medication services, but wanted to use a therapist at an outside location. Behavioral Health Director Jenine Miller has been looking into the Crisis Stabilization Unit legislation that was to expand Crisis Stabilization Unit's client assessment window to more than 24 hours. The legislation was looked at by several committees, but has currently been put in an inactive file. Member Ferretta has been asked how much Mendocino County has spent currently on mental health and if that is indicated in the spreadsheet provided in the report. Behavioral Health Director Jenine Miller stated yes, but

that the document was specific to MHSA only.

- The budget is a plan (estimate) on the cost to provide mental health services and the estimate of revenue that will be brought in. We can estimate the expected revenue, but we cannot predict what will be billed or paid by the state.
- Vice-Chair Strachan asked where the money comes from that covers the delta between cost of services and reimbursement that we receive. Behavioral Health Director Jenine Miller responded that it comes out of Realignment, MHSA, and Medi-Cal dollars. There was some discussion on Federal dollars and where they come from.
- Member Ortiz asked if the County was providing Substance Use Disorders Treatment (SUDT) services themselves. Behavioral Health Director Jenine Miller responded that the County is doing majority of the services, but there is a contract with RQMC for the Transitional Aged Youth (TAY) services. A data breakdown between Adult and Children's services was requested.
- Member Lockart asked if it was possible to provide a high-level view of what the actual budget looks like for Mental Health, simplified enough that the members could discuss when asked by the outside community.
- There was an explanation on how the federal matching works in the budget.
- Behavioral Health Director Jenine Miller explained the mental health budget is a make-up of Realignment funds, MHSA funds, and Medi-Cal reimbursement for billable services.

6. 10 minutes

Innovation Update (Karen Lovato):

- Acting Deputy Director Karen Lovato stated the project is approaching a year from the date the Round Valley Innovation Project was approved to create Round Valley Crisis Response services. An annual report is due to the Oversight and Accountability Committee (OAC) a year from the date of the first fund expenditure, but due to regulation changes, the due date was moved to the end of Fiscal Year 19/20. The report is currently being worked on and we are having discussions with the stakeholders regarding the successes and milestones that have been achieved up to this point. The focus of the project was to increase access to crisis services with the community. to address to cultural distrust between the local community and the county, and to create a unique crisis response service by coming together and offering a more natural, culture-based services.
- There are local providers attending the meetings, but

- there has been a push to get more of the local community involved.
- There have been several issues with getting staff hired, but Gerilynn Reeves, the new Project Manager on the project, will be starting soon.
- We have been moving forward on the process of gaining and building trust between the community and the County. The County is looking into better ways to measure the progress that is being made.
- The biggest concern with the stakeholders is that they
 want to makes sure the project is sustainable after the
 grant is gone; they transitional youth project that was
 previously in this building ended up not being
 sustainable and had to close.
- There was some discussion around some additional milestones, but everything is currently moving forward at the expected rate.
- The measuring of trust has been discussed with stakeholders, as having them fill out surveys is not effective. If you look at the words being used and the community involvement as a whole, you can see many positive changes and attitudes throughout; monitoring sentiment may be an effective way to measure the progress we are making and show the change in the trust and collaborations.
- Supervisor Croskey stated that she had toured the building recently and that it was looking great.
- Member Lockart asked what flexibility was written into the Innovation Grant. Karen responded that the proposal approved by OAC has a budget outlined over the 3 years of the project. Within each category in the budget there is some flexibility to how the funds can be used, but the funds cannot be moved into the other categories. If any changes to the amounts of funds required for the project are required, the project must go back before the OAC to provide a justification for the increase.
- Member Lockart expressed her concerns as a public interest. Mental health issues, intergenerational trauma, and murdering for land is still here. There needs to be people who can make quality decisions; the County should portion out sections of the project and walk those involved through it. The tribal community has not been provided the same opportunities to gain knowledge the ins and outs of the business related issues in the project. The community needs to grow, learn, and heal.
- Member Ortiz asked if the fiscal report was based on the current fiscal year or calendar year. It was requested that a written summary report on the project be provided to BHAB in addition to or instead of just a verbal report.

Acting Deputy Director Karen Lovato stated that once the report is prepared, BHAB would receive a copy A member of the public stated that they were impressed with the project and that it is actually happening. There

are probably other large counties with tribal population

that could also benefit from this type of project.

- Project 2 & 3
 - There was discussion around reversion and MHSA funds.
 - A reversion plan was created for all of the unused funds that were at risk of reverting back to the state.
 - The first project took much longer than anticipated, so the second and third projects had to go into the reversion plan
 - O Details are still being discussed with the stakeholders, but the second project is a Weekend Wellness Center that will assist clients in developing social skill sets on the weekends, outside of the existing services they are utilizing to help keep them healthy and lessen the frequency that intensive services are needed.
 - The third project will be technology focused.

 Technology is a key area that we need more development, such as the use of computer programs and Virtual Reality (VR) for treatment.

 Apps and games are very familiar in society today; this technology be utilized to help people learn life skills or reduce anxiety in a manner that they are already adept in. We are looking at ways that we could implement to improve services using this approach.
 - The County is contracting with a consultant,
 Nancy Callahan, to draft a proposal for the each project.

7. 15 minutes

RQMC Report – For Adult Services:

- Tim Schraeder from Redwood Quality Management Company (RQMC) reviewed the data dashboard. RQMC just went through two separate audits. The numbers in the report are looking good currently and The reviews they have received have been positive. They are currently preparing for the triennial review that takes place in January.
- It was stated that RQMC has no role in the decisions regarding the Measure B decisions. RQMC is standing by to start a CSU/CRU project, if or when they are approved. There will be a Project Manager ready to go and the project will immediately move forward.

RQMC works with the county to place conserved clients; they are responsible for clients that are 25 or younger. ROMC is currently working with the Willow Terrace Project and will provide them with a list of client that are to be referred. RQMC brought on J. Holden in July to provide oversight of the conserved placements. Whole Person Care (WPC) is a collaborative effort with clinics Hillside Coast Clinic and MCHC. Wellness Coaches have been hired and doing great things to help clients. Becky Wilson from ROMC brought copies of referral and intake forms that are currently being used for the WPC program. The referral form shows the criteria required for the people to participate in the program. ROMC works with 5 different agencies and has wellness coaches working directly with clients for things such as getting to appointments, navigating the system, help coordinate with other providers, etc. There was discussion regarding a patient's story. They were the highest user of services in the county and with the help of WPC was able to be housed and stabilized. There are currently 187 clients enrolled in WPC, 90% of which are homeless. They offer temporary hotel housing, which helps them to get rested and clean prior to court appearance, surgeries, doctor appointments, family visits, job interviews, and many other situations that may arise; the hotel stays help them to have the tools they need to work on their goals and continue their recovery. Tim thanked the County for creating the program. Chair McGourty asked if WPC was included on the Data Dashboard and if it will be added in the future? Tim responded that ROMC has asked for the program data for the services being performed and the cost of hospitalizations, but that information is not included in the Data Dashboard. The pilot program has a limit of 200 clients, 10 Wellness Coaches each with a 20-client caseload. WPC is a 5 Year grant, which is currently on year 3. Sustainability is a major concern that RQMC is looking at closely to find a way to make it work after the grant funds are no longer available.

7. 15 minutes

Project Review – RCS Orchard Street Crisis Stabilization, Residential, Etc.:

- Acting Deputy Director Karen Lovato discussed the services provided by CSUs and CRUs.
- There was discussion on the SB82 grant funds which

Board Action:

- were to be used to fund the implementation of a 10-bed Crisis Residential Treatment (CRT) Program.
- The funds are still at the state level, none of the grant money has been issued to the County at this time.
- The County and Redwood Community Services spent \$382,000 to purchase the property that will used for the project and that amount will be paid for using the grant once it is available to access; so far no other funds from the SB82 grant have been allocated.

LUNCH 12:00 – 1:00

8. 55 minutes

Kemper Report:

- There was a vote to make a recommendation to the Measure B Committee that a dedicated Project Manager be assigned once the project is decided, as recommended in the Kemper Report.
- There was a discussion on the current recommendations from the Kemper Report that were being considered
 - There was interest expressed for a report that shows the amount of services, what the programs are, and what the programs are providing.
 - Member Rich stated that she was interested in seeing more 1-on-1 programs for children and parents. More parents need to be trained in therapeutic focused treatments. Member Rich is also interested in day treatment programs, which helps to keep clients from having to utilize more intensive programs as often. She recommends implementing some sort of day treatment option after the program has started.
 - o Member Ortiz recommends the CRU and CSU option. Chair McGourty stated that she wants to examine other venues/possible sites other than the old Howard Hospital or Orchard Street.
 - Member Ferretta recommended that BHAB make three recommendations to the BOS on the three items that have been discussed up to this point and then provide recommendations on the remaining items at a later date.
 - Member Ortiz does not agree that the CSU and CRU should be in the same place, does agree that an Intensive Day Treatment Program is needed.
 - Member Martinez stated that it was a heavy topic and there should be another special meeting to discuss it. If this was to happen, it would need to happen before November 6th. The Special Meeting will take place on Monday the 29th from 1pm to 4pm.

Board Action:

There was a vote to make a recommendation to the Measure B Committee that a dedicated Project Manager be assigned once the project is decided as recommended in the Kemper Report.

	NO QUORUM – Member Rich had to leave, so there was no Quorum after this point
	 The remaining members read through the recommendations regarding the key policies located on page 43. Richard Towle stated that item 4 seems to be referring to a project manager specifically, so it is already there in the recommendations.
	 Chair McGourty recommended that they agree with all of the key policy recommendations. Chair McGourty discussed the importance of
	having key policies and a framework of how things should be done.
	Member Lockart suggested that we recommend that the BOS accept the key policies as they are, but reserve the ability to recommend improvements if they arise.
9. 5 minutes	Adjournment Next meeting: November 14, 2018 in Willits

AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE
The Mendocino County Behavioral Health Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government code Section 54953.2) Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Mental Health's Administrative Office by calling (707) 472-2388 at least five days prior to the meeting.

Jan McGourty, BHAB Chair 11-19-12 Dustin Thompson Program Specialist I Date

BHAB CONTACT INFORMATION: PHONE: (707) 472-2388 FAX: (707) 472-2331

EMAIL THE BOARD: bhboard@mendocinocounty.org WEBSITE: www.mendocinocounty.org/bhab

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