



**MENDOCINO COUNTY BEHAVIORAL  
HEALTH ADVISORY BOARD**

**REGULAR MEETING  
MINUTES**

**August 15, 2018  
10:00 a.m. to 2:00 p.m.  
Point Arena**

**Chairperson**  
Jan McGourty

**Vice Chair**  
Emily Strachan

**Secretary**  
Dina Ortiz

**Treasurer**  
Cathy Harpe

**BOS Supervisor**  
Georgeanne Croskey

**1<sup>ST</sup> DISTRICT:**  
DENISE GORNY  
JAN MCGOURTY  
LOIS LOCKART

**2<sup>ND</sup> DISTRICT:**  
CATHY HARPE  
DINA ORTIZ  
MICHELLE RICH

**3<sup>RD</sup> DISTRICT:**  
MEEKA FERRETTA  
VACANT  
AMY BUCKINGHAM

**4<sup>TH</sup> DISTRICT:**  
EMILY STRACHAN  
TAMMY LOWE  
VACANT

**5<sup>TH</sup> DISTRICT:**  
PATRICK PEKIN  
MARTIN MARTINEZ  
FLINDA BEHRINGER

**OUR MISSION:** *"To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

Item	Agenda Item / Description	Action
<p><b>1.</b> 5 minutes</p>	<p><b>Call to Order, Roll Call &amp; Quorum Notice, Approve Agenda</b>            A. Meeting called to order by Chair McGourty at 10:28 a.m.            B. Roll call read by Vice Chair Strachan            C. Quorum met            D. Members present: McGourty, Gorny, Lockart, Rich, Ortiz, Strachan, Pekin, and Martinez.            E. Discussion and approval of agenda</p>	<p>Board Action:</p>
<p><b>2.</b> 10 minutes</p>	<p><b>Minutes of July 18, 2018 BHAB Regular Meeting, Corrections in minutes Item 4-V-a and Item 5 E-III</b>            A. Discussion and review of June 20, 2018 BHAB minutes.            B. Needed correction of Section 4 Item V – added “follow up care for” and Section 5 Item E, III – changed RCRC to State Council on Developmental Disabilities.            C. Minutes Approved with corrections.</p>	<p>Board Action:</p>
<p><b>3.</b> 15 minutes (Maximum)</p>	<p><b>Public Comments:</b>  <i>Members of the public wishing to make comments to the BHAB will be recognized at this time.</i>             A. Member of the public Victor Aparicio discussed the needs for mental health services in Point Arena and that many of the people requiring services have to go to Santa Rosa.            B. There was discussion of the areas that the children in the schools come from and the number of children that have substance abuse issues and the number of arrest that have resulted.            C. Janet Kukulinsky from Action Network discussed several</p>	

ideas that may be beneficial to have provided in the area. They discussed how a counselor coming to the area on a regular basis to a non-school location would be something that would help, as students do not want to be seen going to talk to a counselor.

- D. Mendocino County Youth Project (MCYP) has been having discussions with Action Network on ways they can help provide more help to the youth in the area.
- E. There was discussion on the education and trainings that are available to the teachers in the area.
- F. Dr. Jenine Miller asked about the amount of services being provided by RQMC providers and will follow up with RQMC for clarification.
- G. Janet Kukulinsky commented that, according to the Pride Survey, while they have seen a percentage decrease in substance use in the area, the percentage is still much higher than the 2 to 4 times higher than the national averages.
- H. Dr. Jenine Miller commented that she has been consulting with Sonoma County to help with the South Coast behavioral health issues.
- I. It was asked if Sonoma County was helping to fund any of the schools or providers in the area, no one at the meeting was aware of any funding coming from Sonoma County. Dr. Jenine Miller will be checking with Sonoma County for more information.
- J. Janet Kukulinsky stated that Action Network has requested fund from Sonoma County for the elementary schools.
- K. Chair McGourty ask Janet Kukulinsky if she would be able to provide the advisory board with a written account of what funding was coming from Sonoma County. Dr. Jenine Miller commented that there were previous discussions with Sonoma County in regards to working with Mendocino County to help provide funding and services.
- L. Member Martinez commented that the Indian Health Center is another alternative that could provide services in the area.
- M. Janet Kukulinsky will be sending Dr. Jenine Miller information regarding the Point Arena Coalition on Substance Use Disorder.
- N. Member Ortiz asked if Janet Kukulinsky could provide the board with a flow chart of all of the programs that are provided by Action Network and the Point Arena Coalition. Janet will provide the information to Carolyn Peckham to send out to the board members,
- O. Deborah Lane with Redwood Coast Medical Services (RCMS) wanted to thank BHAB, the County staff, and Redwood Community Services (RCS) for the help that was provided for the client that she reported on during the June BHAB meeting in Boonville. She has met with Ian Winter from Mobile Outreach and Prevention Services (MOPS)

	<p>regarding her clients and has appreciated the responses she has been receiving from him and from Dan Anderson with Redwood Community Services (RCS).</p>	
<p><b>4.</b> 15 minutes</p>	<p><b>BHAB Reports:</b></p> <p>A. Supervisor Croskey: unavailable to report</p> <p>B. Chair:</p> <ul style="list-style-type: none"> <li>a. Reported on the status of Measure B <ul style="list-style-type: none"> <li>i. Not much has changed since the last update, still waiting the completion and release of the Kemper Report.</li> </ul> </li> <li>b. She attended the Oversight and Accountability Committee (OAC) meeting on July 26. <ul style="list-style-type: none"> <li>i. Mendocino County was selected to be part of a MHSA pilot review they are having.</li> <li>ii. They discussed “Seven Cups of Tea”, a peer phone counseling program that Los Angeles County is using as an Innovation Project. The program plan that presented is not what was originally presented and approved. Vice Chair Strachan suggested BHAB write a letter to Mike McQuire regarding improper use of Innovation Funds totaling approximately \$33 million. Member Pekin offered to review the draft letter to make sure it is properly worded to not come across as accusatory.</li> <li>iii. Chair McGourty asked the rest of the board if they were agreeable with her representing the board as a whole when she attends at the OAC meetings; the board agreed.</li> </ul> </li> </ul> <p>C. Secretary:</p> <ul style="list-style-type: none"> <li>a. Member Ortiz reported that there was a young person in the jail that will be transferred into Napa State Hospital that has mental health issues. This person has been in jail for approximately a year and has not been medicated.</li> </ul> <p>D. Treasurer: Member Harpe was unavailable to report.</p> <p>E. Membership:</p> <ul style="list-style-type: none"> <li>a. Vice Chair Strachan met with Dan Gjerde, she stated that Supervisor Croskey has been very successful at recruiting for the board.</li> <li>b. Vice Chair Strachan will send Supervisor Croskey an email regarding Ray Tate.</li> </ul> <p>F. BHAB Training Opportunities:</p> <ul style="list-style-type: none"> <li>a. There is BHAB training on August 25, 2018 in Redding, CA. <ul style="list-style-type: none"> <li>i. Member Rich, Member Lockart, and Carolyn Peckham will attend.</li> </ul> </li> </ul>	<p>Board Action:</p>

<p><b>5.</b> 30 minutes</p>	<p><b>Mendocino County Report</b> <i>Dr. Dr. Jenine Miller</i></p> <ul style="list-style-type: none"> <li>A. Jenine commented that the grievances were added to the Director’s Report.</li> <li>B. Jenine stated that the External Quality Review Organization (EQRO) audit was completed during the previous week. It will take approximately 60 to 90 days to receive the results; she feels that it went well. The auditors were very impressed with the Innovation Project in Covelo and were very interested in hearing about the history of the Round Valley area. <ul style="list-style-type: none"> <li>a. Behavioral Health Concepts (BHC) is a private company that is contracted with Department of Health Care Services (DHCS) that performed the audit. They were impressed with the amount of services that are being provided for being a small county.</li> </ul> </li> <li>C. Chair McGourty asked about upcoming meetings happening in Point Arena by another group. She asked why they were not scheduled for the same day as the BHAB meeting, as that would make it much easier for board members and public that do not live in the area to attend. <ul style="list-style-type: none"> <li>a. Jenine commented on wanting to be in a community more than once a year..</li> </ul> </li> <li>D. Chair McGourty asked about the status of the upcoming MHSA audit <ul style="list-style-type: none"> <li>a. Jenine commented that all of the documentation was submitted to the state for review, now are preparing for the actual time they will be onsite at the county to perform the audit.</li> </ul> </li> <li>E. Member Ortiz suggested that Chair McGourty attend the exit interview, in order to hear what the auditors had to say. <ul style="list-style-type: none"> <li>a. Carolyn Peckham will let Chair McGourty know regarding when and if there will be an exit interview.</li> </ul> </li> </ul>	<p>Board Action:</p>
<p><b>6.</b> 15 minutes</p>	<p><b>RQMC Report</b> – <i>Camille Schraeder</i></p> <ul style="list-style-type: none"> <li>A. Camille Schraeder from RQMC commented that they have spent a lot of time on preparing for audits.</li> <li>B. RQMC is in an internal audit of 100% of the Medi-Cal Medication services. Camille commented that they need to check into whether or not any female is pregnant and taking psych meds.</li> <li>C. Member Ortiz requested that RQMC break down the ages and placement location in the report.</li> <li>D. There was discussion about getting a Release Of Information signed prior to clients with private insurance go to the hospital, so RQMC can get results of what happened to the client and when they are released. <ul style="list-style-type: none"> <li>a. She stated that they are currently working on being able to accept private insurance.</li> <li>b. Member Gorny asked if RQMC could report on how</li> </ul> </li> </ul>	<p>Board Action:</p>

	<p>many clients are also developmentally disabled.</p> <p>i. Camille will see if there is a way to include that information on the report, as crisis may not have that information.</p> <p>E. Discussion of who is responsible for paying for services, between Redwood Coast Regional Center (RCRC), Child Welfare Services (CWS), and County Mental Health, as they are all Payer of Last Resort. It is very difficult to sort out who is covering the needs of the client.</p> <p>F. Vice Chair Strachan suggested that BHAB invite Rick Blumberg from RCRC to attend a BHAB meeting to discuss what RCRC is doing.</p> <p>G. Member Lockart made a comment that every agency needs to step up and come to some agreements regarding how clients are taken care of. She thinks that the red tape needs to be overcome for the betterment of the clients.</p> <p>H. Martin commented that part of the process is who you get along with, who will open the door, and if there is re-education needed.</p>	
<p><b>7.</b> 30 minutes</p>	<p><b>Contract Review – “RQMC for Adult Services”</b></p> <p><b>Adjourned at 12:41 for lunch.</b></p>	<p>Board Action: Tabled by Jan</p>
<p><b>LUNCH</b> <b>12:00 – 1:00</b></p>		
<p><b>8.</b> 30 minutes</p>	<p><b>BHAB Committee Breakout:</b> <i>Members separated into individual groups, minutes were not taken during this time.</i></p> <p>A. Dual Diagnosis Committee B. CIT/Stepping Up C. Crisis Recommendation D. Housing Recommendation Procedures E. CIT Recommendation F. Staff Recognition</p>	
<p><b>9.</b> 25 minutes</p>	<p><b>BHAB Committee Reports:</b></p> <p>G. Flow Chart Committee: <i>(Members Strachan &amp; Pekin)</i></p> <p>a. A flow chart handout was provided. The concept is to have one sheet front/back for each location/area. The flow chart is provided on the front, while the address and phone number is provided on the back. The flow of the chart and how it leads them to the provider the client should seek was explained.</p> <p>b. While most of the services would be limited to the area that the flow chart was covering, for locations without services in a particular category, the nearest one is listed regardless of area.</p> <p>c. RCS is trying to get on the insurance panel, so that</p>	<p>Board Action:</p>

they will be able to accept private insurance. This would make sure there would be no “dead end” in the chart for clients with private insurance; the charts will also provide the numbers to the private insurances carriers.

- d. Locations that will have flow charts created will be Willits, Fort Bragg, Covelo, Laytonville, Ukiah, South Coast, Mendocino, and Anderson Valley.
- e. Member Pekin wants to give the chart to the county and have them finish out the rest of the areas. Camille Schraeder said that once the County receives it, RQMC would work on it. An email should be sent to Camille Schraeder and Alicia Logan to complete the charts for providers.

H. Dual Diagnosis Committee: *(Members Lowe & Ortiz)*

- a. Member Ortiz mentioned that in the regulations for aftercare, it does not say that they are forced to go into aftercare services. (Title 22 section 9)
- b. Dina has looked into the programs, but there were not any.
- c. Tim Schraeder with RQMC stated that they were trained for Dual Diagnosis.
- d. There are many Dual Diagnosis clients; it is a track that needs to develop. The funding is the biggest part; she suggested that it could maybe be funded through MHSA.
- e. Chair McGourty stated that the original issue was that Dual Diagnosis clients were refused for Substance Use Disorders Treatment services for the medication they were on and refused Mental Health treatment due to substance use. If the providers became more aware of the funding sources, it would help figure out whom they can serve and how to do it.
- f. Member Ortiz said that she is positive that there are plenty of grants available for co-occurring issues.

I. Project Follow-up Committee: *(Members Behringer & Gorny)*

J. CIT: *(Members: McGourty, Harpe, & Rich)*

K. Housing Recommendation Procedures *(Members Gorny, Lockart & Rich)*

- a. It was stated that it feels like more data is needed on how many are affected by housing issues and what other barriers there are. There also needs to be a talk with the housing community about if using one form is viable. Camille Schraeder was able to provide some people to speak with for information. The Housing Recommendation Procedures group will report next meeting.

L. CIT Recommendation Procedures *(Members Lockart, Ortiz)*

	<p><i>&amp; Lowe</i></p> <p><i>M. Staff Recognition (Members McGourty, Buckingham &amp; Martinez)</i></p> <ol style="list-style-type: none"> <li>a. There was a discussion regarding wellness days to reach the provider's staff, so that they are not becoming burnt out, and a motivation day on how to avoid burning out, possibly providing awards and recognition to show appreciation to the staff. It was suggested that a letter stating that the providers and their staff are appreciated, something that they could hang up.</li> <li>b. There was a motion to write a letter of appreciation. The motion passed unanimously.</li> <li>c. Member Ortiz will invite the Department of Rehabilitation to the next meeting to talk to the BHAB.</li> <li>d. Meeting adjourned @ 2:00pm.</li> </ol>	
<p><b>10.</b> 5 minutes</p>	<p><b>Adjournment</b> Next meeting: September 19, 2018 in Ukiah/Fort Bragg</p>	

**AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE**

The Mendocino County Behavioral Health Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government code Section 54953.2) Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Mental Health's Administrative Office by calling (707) 472-2388 at least five days prior to the meeting.

**BHAB CONTACT INFORMATION: PHONE: (707) 472-2388 FAX: (707) 472-2331**  
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