



MENDOCINO COUNTY
BEHAVIORAL HEALTH ADVISORY BOARD

MINUTES

DECEMBER 16, 2015 - 10:00 AM – 2:00 PM
MENDOCINO COUNTY BHRS
1120 S. DORA ST., CONFERENCE ROOM 1
UKIAH, CA 95482

*Before the Behavioral Health Advisory Board
County of Mendocino • State of California
Minutes – December 16, 2015*

REGULAR MEETING SPECIAL SESSION

BEHAVIORAL HEALTH BOARD

JOHN WETZLER
CHAIR

ROGER SCHWARTZ
VICE CHAIR

DENISE GORNY
SECRETARY

NANCY SUTHERLAND
TREASURER

DAN HAMBURG
BOARD OF SUPERVISORS

JOHN MCCOWEN
BOARD OF SUPERVISORS
ALTERNATE

JAN MCGOURTY
CATHY HARPE
KATE GASTON

DINA ORTIZ
MAUREEN O'SULLIVAN

TAMMY LOWE
EMILY STRACHAN
JILL MCCAUGHNA
MARGIE HANDLEY
JOHN GILMORE
LOIS LOCKART

OPEN SEATS

- 1ST DISTRICT – FILLED
- 2ND DISTRICT – FILLED
- 3RD DISTRICT – FILLED
- 4TH DISTRICT – FILLED
- 5TH DISTRICT – FILLED

BOARD RESOURCE INFORMATION:

OFFICE: (707) 472-2355
FAX: (707) 467-2364

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mhboard@co.mendocino.ca.us

WEBSITE:
www.co.mendocino.ca.us/hhsa/
mh_board.htm

AGENDA ITEM NO. 1 – OPEN SESSION, CALL TO ORDER, AND ROLL CALL, QUORUM NOTICE, AGENDA CHANGES - 3 MINUTES

Chair Wetzler called the meeting to order (10:04) AM

Roll Call Taken by: Member Sutherland

Behavioral Health Board members present (12):

Denise Gorny, Dina Ortiz, Emily Strachan, Jan McGourty, Jill McCaughna, John Wetzler, Kate Gaston, Margie Handley, Maureen O'Sullivan, Nancy Sutherland, Roger Schwartz and Board of Supervisors representation Dan Hamburg.

Behavioral Health Board members absent (4):

Cathy Harpe (excused), John Gilmore (excused), Lois Lockart (excused), Tammy Lowe (excused)

Chair Wetzler noted that a quorum was present at (10:05) AM

HHSA Staff Present: Stacey Cryer, HHSA Director, Interim MH Director, Sharon Post, Staff Services Analyst I, Heidi Poor, Office Assistant III

Mental Health Services Act (MHSA) Stakeholder Committee members present: Mark Montgomery, Psy D, Vice President of Operations, Ortnor Management Group, Tim Schraeder, Chief Executive Officer, Redwood Quality Management Group, Chandra Gonsales, Program Manager, Redwood Quality Management Group, Dan Hamburg, Supervisor, Stacey Cryer, HHSA Director, Interim MH Director and Members of the Behavioral Health Advisory Board

Announcement by Chair Wetzler: There is a proposed change to the April 20, 2016 meeting at Anderson Valley Health Center in Boonville. A new location may be in order, at the Anderson Valley Museum in Boonville. This potential change will be on the Agenda at the meeting in January.

AGENDA ITEM NO. 2 – APPROVAL AND DISCUSSION OF NOVEMBER 18, 2015 MINUTES – DISCUSSION & ACTION - 10 MINUTES

11/18/15-Regular Meeting – *handout*

Requested Changes to the Minutes:

Item No. 6 – Director Reports

Item No. 7a – Ortner Management Group Data and Updates

Board Action: It is decided at 10:05AM that the approval of the Minutes from 11/18/15 is tabled until the January 20, 2016 meeting, pending the requested changes.

AGENDA ITEM NO. 3 – TREASURER & SECRETARY REPORTS - DISCUSSION & ACTION - 5 MINUTES

Behavioral Health Board Expense Report – *handout*

Presented by: Member Sutherland

The Behavioral Health Advisory Board has a remaining balance of \$ 7,343.16 for FY 2015/16.

Clarifications: There are currently no Memberships allocations. In the past the BHAB has not been charged for Office Expenses, this recent change results in a current \$138.66 in expenses.

Allocations can be discussed at the January Executive Committee meeting. Suggested allocations can be submitted in writing at the January BHAB meeting.

No Secretary Report

Board Action: Upon motion by Member Schwartz, seconded by Member Strachan and carried with the following YAY votes from: Chair Wetzler and Members Gorny, Ortiz, Strachan, McGourty, McCaughna, Gaston, Handley, O’Sullivan, Sutherland, Schwartz: It is ordered at 10:12AM that Board Members accept as printed, the remaining FY 15/16 balance of \$7,343.16.

AGENDA ITEM NO. 4 – PUBLIC COMMENT FORMAT – DISCUSSION AND PUBLIC COMMENT - VICE CHAIR READS MISSION STATEMENT – 15 MINUTES OR AT CHAIR’S DISCRETION

Read by: Vice Chair Schwartz

Citizen and Community comments and questions regarding Mental Health Services in the County are welcomed and encouraged and are one of the mandated functions of the Behavioral Health Advisory Board. Comments will be limited to three minutes or longer, at the discretion of the Chair. Speakers do not have to identify themselves as per the CA Welfare & Institutions Code.

Members of the public wishing to make comments to the Mendocino County Behavioral Health Advisory Board, you will be recognized at this time. Public comment is also requested at each agenda item particular to that agenda subject matter.

Board members may only “briefly respond” to public comments as any lengthy response would convert the conversation into an illegal discussion of an item not on the agenda.

Read by: Vice Chair Schwartz

Mendocino County Behavioral Health Board Mission Statement

“To be committed to consumers, their families and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential.”

AGENDA ITEM NO. 5 — PRESENTATION BY JAY HOLDEN, PHD. ON COMPETENCY RESTORATION PROGRAM- 15 MINUTES OR AT THE CHAIR’S DISCRETION

Jay Holden, PhD., a Clinical Psychologist, presented the Mendocino County Mental Health Trial Competency Training Program, 1 Year Pilot Project Report.

On April 9, 2014 a meeting was held with representatives of Mendocino County Superior Court Judges, Public Defender, District Attorney, Sheriff’s Office, Health and Human Services Directors, County Counsel, California Forensic Medical Group (CFMG), Ortnier Management Group, and other interested parties, to discuss alternatives to the existing system of providing competency training with defendants found incompetent to stand trial (IST) due to a mental disorder.

Dr. Holden developed a model for competency training and presented it to the group. The Director of the Mendocino County Mental Health Branch offered to fund a collaborative pilot project, providing competency training to misdemeanor IST defendants using this model.

The pilot program is now complete with demonstrated results and has been acknowledged as a great program.

Margie Jones is a licensed educational psychologist who heads the program. Dr. Holden is now a consultant for the program.

AGENDA ITEM NO. 6 – PRESENTATION BY MIKE PALLESEN, RURAL COMMUNITIES HOUSING DEVELOPMENT CORPORATION, (RCHDC), MENTAL HEALTH SERVICES ACT (MHSA) PERMANENT HOUSING PROJECT- 15 MINUTES OR AT THE CHAIR’S DISCRETION

Mike Pallesen is the Director of Development at RCHDC. The program will provide permanent housing for the chronically and special needs mentally ill.

The question at hand: **How does the County want to implement this program?**

Size of Project: If a project is too small, it is not as cost effective. If a project is too big, funding can be difficult to obtain.

Number of Facilities: One facility would be better in a smaller funded situation in order to keep resources more focused. Two facilities would be highly advantageous, opening up the possibility of a coastal location.

Examples (Rough Estimates): Smaller Project: With \$1.3 million there is the possibility to develop a facility with 6 to 8 units. Such a project would most likely be the remodel of an already existing structure. Larger Project: With \$4 million there is the possibility to develop a facility with 40 units.

The City of Ukiah has a Request for Proposal on property located at Norton and Main Street. Mike is currently writing a proposal for the property with this program in mind. The site meets proximity standards for medical centers, schools senior centers etc.

In the meantime, the immediate need for housing is being pursued through the Community Development Block Grant (CDBG) grant for the Tiny House Project. The project is moving forward as high priority with a little over \$1 million, \$15 thousand in available funds.

The Board of Supervisors (BOS) will be looking for direction on this project. Mike will be working with the Behavioral Health and Recovery Services Department, for a letter of approval/recommendation.

AGENDA ITEM NO. 7 - DIRECTOR’S REPORT – STACEY CRYER, HHSA DIRECTOR , INTERIM MENTAL HEALTH DIRECTOR – 20 MINUTES OR AT THE CHAIR’S DISCRETION

Director’s Report

The new Director’s Report template is intended to provide information to the BHAB that becomes a routine report for the next director to use.

1. Board of Supervisors:

Substance Use Disorder Treatment:

- December 8, 2015:
 - Item 4(n) Approval of Amendment to Revenue Agreement No. 14-90070 A02 with California Department of Health Care Services (DHCS) Substance Use Disorder (SUD) Services to receive an additional \$50,254 for a total of \$3,265,292 to provide substance use disorder treatment for FY 2015-17 (BHRS) – item approved by BOS

Other Items of Interest:

- November 17, 2015:
 - Item 5 (c) Informational Presentation on the Public Health Accreditation Process by Mendocino County Health and Human Services Agency (HHSA) Public Health
 - Item 5(d): Acceptance of Presentation by Health and Human Services Agency (HHSA), Family and Children’s Services (FCS) as a Follow up to the Grand Jury Report and Response by the Board of Supervisors.
 - Item 6(b): Discussion and possible action to award \$186,000 in Grant Funding from the Fiscal Year 2015/16 Community Benefit Fund
- December 8, 2015:
 - Item 4 (q) Adoption of Resolution approving and authorizing Chair to sign the MOU between California Department of Social Services and HHSA FCS to implement CAM’S PLACE, a residentially based service pilot demonstration project, for FY 2015-18 (FCS) – item approved by BOS
 - Community Benefit Fund
- December 15, 2015:
 - CEO office will present the first quarter budget update to the BOS

2. Staffing Updates

Departures: BH: 1 –MH Clinician II, effective November 30, 2015. Recruitment to replace is in process.

The person moved out of county.

3. Audits/Site Reviews

- **Date occurred and report out of findings:**
 - EQRO - September = Received final report. Will be putting it on the BH Board Agenda in January, 2016

- DHCS MH Medi-cal Audit - October = waiting for report.
- DHCS SUDT Medi-cal Audit - November = waiting for report.

4. Legislative Updates from CBHDA:

- County currently working on their legislative platform
- AB 193: MH Conservatorships. Oppose, impacts on local costs, work load and degradation of County authority
- AB 635: Medical Interpretation Services. Support
- AB 403: Social Service Foster Care Funding. Support in concept
- AB 623: Abuse deterrent analgesic drug product. Support
- AB 690: Medi Cal FQHC, Rural Health Clinics. Support. Will include MFTs as authorized staff to bill Medi Cal
- SB 614: MH Peer Specialist Certification. Support
- SB 11: Peace Officer Training. Support

5. Meetings of interest:

- November 2015:
 - Northern Region Director’s Meeting 11/16/15 – Drug Medi-Cal Waiver
- December 2015:
 - CWDA Director’s Workshop – 12/3 – 12/4 – Focused on MH services to foster children
 - BH Care Symposium – 12/7 – 12/8 – BH Care needs through Emergency Departments
- Upcoming:
 - Partner Health Care Plan (PHC) meeting on 1/8/16 to discuss Drug Medi-Cal Waiver Opportunities with State of California DHCS Director, Stacey is a County Director on the board with PHC and is involved in this conversation

6. Grant opportunities:

- Under consideration/ applying for:
 - Social Determinants of Health PHC due 12/18

7. Significant projects/brief status:

- Drug Medi-cal Waiver:
 - Meeting with the State on 1/8/16 to discuss regional model
 - Reviewing plans of Phase I counties
 - Meetings with local entities pursuing Drug Medi-Cal certification
- AB 1421 Laura’s Law:
 - Internal planning meetings occurring regularly. Facilitated by Jenine Miller
 - Overview trainings occurred on November 16 and 18, 2015. One for court personnel and the other for BHRS staff and BHAB members
 - Implementation Plan on track to be filed with State Department of Health Care Services January 1, 2016
- Crisis Residential:
 - No update

8. Items of interest:

- The HHS Compliance Manager transferred to County Counsel effective December 2, 2015. Recruitment will be happening shortly to replace this position. ** this stat will show up in the January 2016 report in the Staff Resources section

9. Educational opportunities/ Information:

- NACO Webinar - 11/17/15 <http://www.naco.org/blog/upcoming-naco-webinars-nov-2015>

AGENDA ITEM No.8 – RQMC AND OMG DATA AND UPDATES BY WRITTEN REPORT – 15 MINUTES OR AT THE CHAIR’S DISCRETION

a. Redwood Quality Management - Handout

Tim Schraeder, MFT – Chief Executive Officer to answer questions – 5 minutes

Tim Schraeder reported on RQMC stating that this is a time of reflecting with a number of current reviews in progress.

Chandra Gonsales reported on RQMC Data Reports. Data has been difficult to provide in a timely manner. Previous data was reported two months back making it easier to achieve. Current data is reported one month back and data is difficult to get out that quickly.

Possible solutions: Some of the more time consuming data can be omitted, leaving the bulk of the data presentable and on time. Current reports can be substituted with Variance Reports from both ASOs to show trending.

RQMC will be taking on a new staff member to help with the data reports.

b. Ortner Management Group - Handout

Mark Montgomery, Psy D-Vice President of Operations to answer questions – 5 minutes

Mark Montgomery recognizes Dr. Jay Holden for his work with the jail.

Manzanita Services has relocated to Jones Street.

The use of a new Avatar software system is being led by Todd Storti, Mental Health Administrative Services Manager. This system should be up and going this year.

It is great to see Supportive Housing at the forefront; Mike Pallesen is a great advocate. The model presented works well when done correctly, but it requires a lot of support services along with the housing. This model does reduce recidivism.

The Nuestra Alianza de Willits is much appreciated. There have been a number of meetings to help engage people who are not currently receiving Medi-Cal. Perhaps six months from now there can be a presentation to the BHAB.

OMG had another training this month and two members from BHAB showed.

BREAK - 15 MINUTES OR AT THE CHAIR’S DISCRETION - 1:00PM-1:20PM

AGENDA ITEM NO. 9 - OPEN BOARD DISCUSSION REGARDING MEMBERSHIP. - DISCUSSION & ACTION - 15 MINUTES AT CHAIR'S DISCRETION

Discussion about membership terms: The idea that each three year term will begin when a member is appointed with no members to be completing the terms of other resigned members.

There will be further discussion of this with the Executive Committee.

Board Action: This item will be on the Agenda for the January meeting

AGENDA ITEM NO. 10 – OPEN BOARD DISCUSSION REGARDING AD HOC COMMITTEE WORK AND ANNUAL REPORT – DISCUSSION & ACTION - 30 MINUTES OR AT CHAIR'S DISCRETION

1. **Bylaws Ad Hoc Committee:** Members: Nancy Sutherland, Emily Strachan, Kate Gaston.

A few changes have been made to the by-laws. Changes include a name to Behavioral Health Advisory Board, a change in board member appointment terms, and changes in member duties.
2. **Policies & Procedures Ad Hoc Committee:** Members: Nancy Sutherland, Emily Strachan, Kate Gaston.
3. **Cultural Inclusion Ad Hoc Committee:** Members: Lois Lockart, Roger Schwartz, Kate Gaston.
4. **Co-occurring Disorders:** Members: Maureen O'Sullivan, Jill McCaughna, Nancy Sutherland.
5. **Audit and Contracts:** Members: Emily Strachan, Cathy Harpe, Nancy Sutherland, Dina Ortiz.
6. **MHSA Liaison:** Members: Dina Ortiz (Inland); John Wetzler (Coast).
7. **Jail Squad:** Members: Lois Lockart, Jan McGourty, Cathy Harpe, Maureen O'Sullivan, Margie Handley.
8. **Housing:** Members: Denise Gorny, Lois Lockart, Nancy Sutherland, Tammy Lowe.
9. **Mental Health Crisis Services Delivery:** Members: John Gilmore, Emily Strachan, Tammy Lowe, Dina Ortiz.

Board Action: Upon motion by Member Gaston, seconded by Member Strachan and carried with the following YAY votes from: Chair Wetzler and Members Gorny, Ortiz, Strachan, McGourty, McCaughna, Gaston, Handley, O'Sullivan, Sutherland, Schwartz: At 1:52PM Board Members accept the Draft By-Laws as presented.

AGENDA ITEM NO. 11- NOMINATING COMMITTEE RECOMMENDATIONS AND ELECTION OF NEW OFFICERS – DISCUSSION AND ACTION

Nominating Committee Recommendations:

- John Wetzler as Chair
- Nancy Sutherland as Vice Chair
- Two members declined nominations by the Nominating Committee

Dina nominates herself as Secretary
Kate nominates herself as Treasurer

Board Action: Upon motion by Member Handley, seconded by Member Strachan and carried with the following YAY votes from: Chair Wetzler and Members Gorny, Ortiz, Strachan, McGourty, McCaughna, Gaston, Handley, O’Sullivan, Sutherland, Schwartz: At 2:06PM Board Members accept all new nominations as presented, taking effect at the BHAB meeting on January 20, 2016.

AGENDA ITEM NO. 12- CORRESPONDENCE AND BACKUP MATERIALS RECEIVED AND FILED

- OMG Data
- RQMC Data

AGENDA ITEM NO. 13 – AGENDA ITEM HANDOUTS:

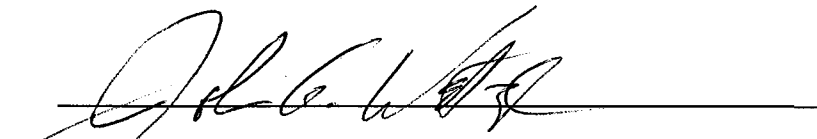
- BHAB draft meeting minutes – 11-18-15
- Treasurer’s Report

AGENDA ITEM NO. 14 - PUBLIC COMMENT

Citizen and Community comments and questions regarding Mental Health Services in the County are welcomed and encouraged and are one of the mandated functions of the Behavioral Health Board. Comments will be limited to three minutes (or longer, at the discretion of the Chair.) Speakers do not have to identify themselves as per the CA Welfare & Institutions Code.

Record of Public Comment will be documented by the Behavioral Health Advisory Board Secretary and added as an addendum to the minutes.

THERE BEING NOTHING FURTHER TO COME BEFORE THE BOARD, THE BEHAVIORAL HEALTH BOARD OF MENDOCINO COUNTY ADJOURNED ON December 16th, 2015 AT **2:12 PM**.



John Wetzler, Chair



Attest: Heidi Poor, Office Assistant III, BHRS

PUBLIC COMMENT

Addendum A

Public Comment
Behavioral Health Advisory Board Meeting
December 16, 2015

Wynd Novotny - Manzanita - announced the new location (flyer attached to agenda packet).

Submitted by: Nancy Sutherland