



MENDOCINO COUNTY
BEHAVIORAL HEALTH ADVISORY BOARD

MINUTES

NOVEMBER 18, 2015 - 10:00 AM – 2:00 PM
MENDOCINO COUNTY PRESBYTERIAN CHURCH
44831 MAIN STREET, PRESTON HALL
MENDOCINO, CA 95460

*Before the Behavioral Health Advisory Board
County of Mendocino • State of California
Minutes - November 18, 2015*

REGULAR MEETING SPECIAL SESSION

BEHAVIORAL HEALTH BOARD

JOHN WETZLER
CHAIR

ROGER SCHWARTZ
VICE CHAIR

DENISE GORNY
SECRETARY

NANCY SUTHERLAND
TREASURER

DAN HAMBURG
BOARD OF SUPERVISORS

JOHN MCCOWEN
BOARD OF SUPERVISORS
ALTERNATE

JAN MCGOURTY
CATHY HARPE
KATE GASTON
DINA ORTIZ

MAUREEN O'SULLIVAN
TAMMY LOWE
EMILY STRACHAN
JILL MCCAUGHNA
MARGIE HANDLEY
JOHN GILMORE
LOIS LOCKART

OPEN SEATS

1ST DISTRICT – FILLED

2ND DISTRICT – FILLED

3RD DISTRICT – FILLED

4TH DISTRICT – FILLED

5TH DISTRICT – FILLED

BOARD RESOURCE INFORMATION:

OFFICE: (707) 472-2355

FAX: (707) 467-2364

EMAIL THE BOARD:

mhboard@co.mendocino.ca.us

WEBSITE:

[www.co.mendocino.ca.us/hhsa/
mh_board.htm](http://www.co.mendocino.ca.us/hhsa/mh_board.htm)

AGENDA ITEM NO. 1 – OPEN SESSION, CALL TO ORDER, AND ROLL CALL, QUORUM NOTICE, AGENDA CHANGES - 3 MINUTES

Chair Wetzler called the meeting to order (10:13) AM

Roll Call Taken by: Member Sutherland

Behavioral Health Board members present (12):

Cathy Harpe, Dina Ortiz, Emily Strachan, Jan McGourty, Jill McCaughna, John Wetzler, Kate Gaston, Lois Lockart, Maureen O'Sullivan, Nancy Sutherland, Roger Schwartz, Tammy Lowe

Behavioral Health Board members absent (3):

Denise Gorny (excused), John Gilmore (excused), Margie Handley (excused)

Chair Wetzler noted that a quorum was present at (10:14) AM

Chair Wetzler noted an error on the agenda numbering: a skip from Item No. 9 to Item No. 13

HHSa Staff Present: Stacey Cryer, HHSa Director, Interim MH Director, Jenine Miller, BHRS Deputy Director, Karen Lovato, MH Program Manager, Bev Rae, BHRS Program Administrator, Heidi Poor, Office Assistant III

Mental Health Services Act (MHSA) Stakeholder Committee members

present: Stacey Cryer, HHSa Director, Interim MH Director, Anna Shaw, Executive Director, Mendocino Coast Hospitality Center, Tim Schraeder, Chief Executive Officer, Redwood Quality Management Group, Camille Schraeder, Chief Systems Director and Members of the Behavioral Health Advisory Board

AGENDA ITEM NO. 2 – APPROVAL AND DISCUSSION OF OCTOBER 21, 2015 MINUTES – DISCUSSION & ACTION - 10 MINUTES

10/21/15-Regular Meeting – *handout*

Board Action: Upon motion by Member Lockart, seconded by Member Lowe, and carried with the following YAY votes from: Chair Wetzler and Members Harpe, Ortiz, Strachan, McGourty, McCaughna, Gaston, Lockart, O’Sullivan, Sutherland and Lowe, with the following members abstaining: Member Schwartz, IT IS ORDERED at 10:17 that the Behavioral Health Advisory Board approves the minutes from the October 21, 2015 BHAB meeting as written.

AGENDA ITEM NO. 3 – TREASURER & SECRETARY REPORTS - DISCUSSION & ACTION - 5 MINUTES

Behavioral Health Board Expense Report – *handout*

Presented by: Member Sutherland

The Behavioral Health Advisory Board has a remaining balance of \$8,088.11 for FY 2015/16.

This budget is fungible. To compensate for overspending in one line item, available funds can be moved from a different line item. At the end of each fiscal year, there is always a positive balance in the BHAB budget, this is always given back to the County.

If desired, changes to budget allocations need to be handled by the BHAB Executive Committee following the County process.

Board Action: Upon motion by Member Schwartz, seconded by Member McCaughna and carried with the following YAY votes from: Chair Wetzler and Members Harpe, Ortiz, Strachan, McGourty, McCaughna, Gaston, Lockart, O’Sullivan, Sutherland, Schwartz and Lowe: Board Members accept as printed, the remaining FY 15/16 balance of \$8,088.11..

AGENDA ITEM NO. 4 – PUBLIC COMMENT FORMAT – DISCUSSION AND PUBLIC COMMENT - VICE CHAIR READS MISSION STATEMENT – 15 MINUTES OR AT CHAIR’S DISCRETION

Read by: Chair Wetzler

Citizen and Community comments and questions regarding Mental Health Services in the County are welcomed and encouraged and are one of the mandated functions of the Behavioral Health Advisory Board. Comments will be limited to three minutes or longer, at the discretion of the Chair. Speakers do not have to identify themselves as per the CA Welfare & Institutions Code.

Members of the public wishing to make comments to the Mendocino County Behavioral Health Advisory Board, you will be recognized at this time. Public comment is also requested at each agenda item particular to that agenda subject matter.

Board members may only “briefly respond” to public comments as any lengthy response would convert the conversation into an illegal discussion of an item not on the agenda.

Read by: Vice Chair Schwartz

Mendocino County Behavioral Health Board Mission Statement

“To be committed to consumers, their families and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential.”

AGENDA ITEM NO. 5 — PRESENTATION BY ANNA SHAW, EXECUTIVE DIRECTOR MENDOCINO COAST HOSPITALITY CENTER ON SERVICES PROVIDED- DISCUSSION & ACTION - 15 MINUTES OR AT THE CHAIR’S DISCRETION

Mendocino Coast Hospitality Center (MCHC) has undergone a lot of change and growth. The new location will be remodeled to include more space and private rooms. The remodel for iCMS access center includes rooms on the second floor, totaling ten beds and two kitchens. MCHC maintains the same level of care with improved documentation, and has positive similarity to the Village in Long Beach.

MCHC services include specialty mental health services, transitional housing, case management for permanent housing, a wellness center, a homeless resource center, a vocational garden program, administrative services, and trainings and classes including remedial Math and English from Mendocino College.

A traditional day at MCHC shows an average of twenty five people present at the center. Activities can range from participating in daily meetings, weekly Spanish classes, gardening, looking through donated items or even simply sitting and enjoying the center. Anna reminds the board and public that 50% of the costs for these services are covered by the public donation.

Other Updates: NAMI is providing peer to peer contact and training; On November 16, 2015 an extreme weather shelter opened; On April 5-6, 2016, Dr. Franklin will be doing a recovery training.

Anna introduced Cathy Garcia, who is a member of the MCHC staff. Cathy attended “Village Training” and brought back a lot of great information that will be applicable for MCHC programs.

AGENDA ITEM NO. 6 – DIRECTOR REPORTS – STACEY CRYER, HHS DIRECTOR , INTERIM MENTAL HEALTH DIRECTOR – 20 MINUTES OR AT THE CHAIR’S DISCRETION

a. Topics from the Director

Director Cryer is transitioning to her new role as Interim Mental Health Director. She has been meeting with the ASOs and adding new meetings to her schedule as necessary. She has been working in conjunction with Jenine Miller, BHRS Deputy Director, and Todd Storti, Administrative Services Manger II, taking on new projects.

HHS has agreed to fund the following: NAMI Mendocino (peer to peer and to family to family classes), Manzanita (kitchen appliances for cooking programs), Nuestra Alianza (summer vocational program), Mendocino County Youth Project (short term living), Laytonville Healthy Start (Cal Fresh), and AOD Prevention Program.

b. Summary of Last Month’s Mental Health Program Developments

The recruitment process is underway for the County AB 1421, AOT Coordinator position. The Laura’s Law Implementation Plan has been reviewed by Jenine Miller and the AOT team, including the fiscal department. The next step is to bring the ASO partners in to review their connections with the plan. The plan is expected to be implemented by January 1, 2016. The BHAB will be informed on progress.

Other Updates: The Tiny House Project is underway with a site already in place. RCS has applied for funds for this venture; The 5150 process is continually under review. This process was written for a very specific kind of facility so applying it in a County facility is a difficult process; The County will be closed for some hours during the holidays, however the crisis center and emergency services will be open.

c. Discuss, Agree and Define Mental Health Director’s Report Contents

Director Cryer will create a template for the Director’s Report. This template will be used in the future to improve the quality and organization of this report.

Additional Items Discussed: The BHAB roster will be discussed and updated to reflect more accurate representation of member term dates; County Organizational Charts will be distributed to the BHAB as necessary to keep the board better informed on current staffing.

d. Status of Quarterly Financial Reports Being Delivered to the Behavioral Health Advisory Board Regarding the Mental Health Program (4050) & (4051)

There will be a meeting to clarify the purpose of these reports. The meeting will include a small group of BHAB members, and County and ASO representatives. Pending the outcome of the meeting, the reports will be presented in advance of BHAB meetings along with the Agenda and the Director’s Report.

e. Status of New Mental Health Director Search

Alliance Resource Consulting has taken on the hiring for this recruitment. Interviews are expected to be completed in the second week of January, 2016. There is hope of filling the position in February 2016. Funds for this hiring recruitment are coming from the Mental Health budget. The BHAB will be involved in this hiring process, pending the BHAB Executive Committee discussion on the matter. The BHAB will get to meet the top candidates and formulate a letter of recommendation.

f. Additional Funding from Realignment and MHSA for Month of November

A notification was received stating \$130,000 funding for realignment growth.

g. Will Substance Use Disorder Treatment Services Be Contracted Out by the County?

Drug Medi-Cal providers can apply to the State and get certified by the County. RCS did apply and did get approved. Several others are in the process of applying. The County will not be contracting out.

AGENDA ITEM NO. 7 – RQMC AND OMG DATA AND UPDATES BY WRITTEN REPORT – 15 MINUTES OR AT THE CHAIR’S DISCRETION

a. Ortner Management Group – Handout

Todd Harris, Ph.D., MFT, Clinical Director, to answer questions – 5 minutes

Announcements: Positive results were seen following the recent surveys and audits for the County; Dr. Montgomery is working on supportive housing options; Nuestra Alianza and South Coast Senior Center contracts are in progress.

b. Redwood Quality Management - Handout

Tim Schraeder, MFT– Chief Executive Officer, to answer questions – 5 minutes

Announcements: The recent audit resulted in compliments from the Department of Health Services. For the sake of constant improvement, adjustments have been made here and there as a means of striving for excellence. The Performance Improvement Process (PIP) has been expanded to other provider agencies, and is a great example of how data can be used to make improvements; UC Davis has been training in the County on residentially placed services

Chandra Gonsales Presents on RQMC:

Announcements: As mentioned at the previous meeting, September was busy with 112 clients. This included 55 emergency cases and 13 hospitalizations (10 were withheld, 3 were rescinded, 4 came from other counties). It was a good month as there were more responses and fewer hospitalizations.

BREAK - 15 MINUTES OR AT THE CHAIR’S DISCRETION

AGENDA ITEM NO.8 – JOINT MENTAL HEALTH SERVICE ACT (MHSA) MEETING UPDATE - DISCUSSION & ACTION - 20 MINUTES OR AT THE CHAIR’S DISCRETION

a. Innovation projects update: Presentation by Karen Lovato, Mental Health Program Manager

The challenge of the MHSA Innovation project has been finding something that has never been done and is truly innovative in order to receive related funding from MHSA . Stakeholder meetings resolved the project focus to be determining how to meet the crisis response/respite needs of remote and rural communities. The target is Covelo due to its rural characteristics, far from resources and services such as Law Enforcement, Emergency Rooms, and Crisis Services. The desired outcome is to test respite crisis services and determine if they can be sustainable through other funding sources. There have been six meetings total, averaging ten attendees, mostly consumer family members. There was a survey in August to track the progress of the project. Karen will provide more information to the board as it becomes available. The project is targeted to take a total of 18 months.

- b. MHSA program updates, discussed earlier. All are encouraged to visit the NAMI, MHSA website for further info and upcoming trainings
- c. MHSA funding for Assisted Out-patient Treatment as it will relate to SB 585

Board Action: No Action Taken

AGENDA ITEM NO. 9 – OPEN BOARD DISCUSSION TO CREATE NEW AD HOC COMMITTEES AND IDENTIFY 2016 BROWN ACT COMPLIANT TASKS FOR EACH COMMITTEE. – DISCUSSION & ACTION - 30 MINUTES OR AT CHAIR’S DISCRETION

The ad hoc committee reports are due May 1, 2016. At that time these committees will be disbanded.

1. **Membership & Publicity Committee:** will not be formed. Membership and publicity activities will become functions of the BHAB Executive Committee.
2. **Bylaws Ad Hoc Committee:** Update Bylaws. Members: Nancy Sutherland, Emily Strachan, Kate Gaston.
3. **Policies & Procedures Ad Hoc Committee:** Update BHAB policy manual following BOS approval of the revised bylaws. Members: Nancy Sutherland, Emily Strachan, Kate Gaston.
4. **Cultural Inclusion Ad Hoc Committee:** Study and report on the County’s efforts to promote cultural inclusion and understanding. Members: Lois Lockart, Roger Schwartz, Kate Gaston.
5. **Co-occurring Disorders:** Inventory of substance use disorder services for the SMI as of January 1, 2016. Members: Maureen O’Sullivan, Jill McCaughna, Nancy Sutherland.
6. **Audit and Contracts:** Interview each ASO to obtain greater understanding of the ASO/County Contracts. Members: Emily Strachan, Cathy Harpe, Nancy Sutherland.
7. **MHSA Liaison:** Dina Ortiz (Inland); John Wetzler (Coast).
8. **Jail Squad:** Study and report on the Stepping Up Program. Members: Lois Lockart, Jan McGourty, Cathy Harpe.
9. **AB 1421 Ad Hoc Committee:** is disbanded.
10. **Housing:** Survey current inventory of supportive housing for the SMI. Members: Denise Gorny, Lois Lockart, Nancy Sutherland, Tammy Lowe.
11. **Mental Health Crisis Services Delivery:** Create an outline/timeline of a 5150 episode. Members: John Gilmore, Emily Strachan, Tammy Lowe.

Board Action: No Action Taken

AGENDA ITEM NO. 13 - CORRESPONDENCE AND BACKUP MATERIALS RECEIVED AND FILED

- OMG Data
- RQMC Data

AGENDA ITEM NO. 14 – AGENDA ITEM HANDOUTS:

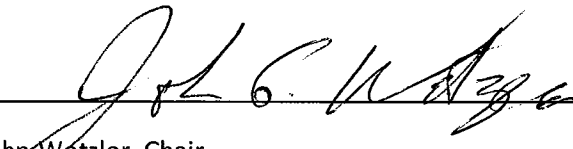
- BHAB draft meeting minutes – 10-21-15
- Treasurer’s Report

AGENDA ITEM NO. 15 - PUBLIC COMMENT

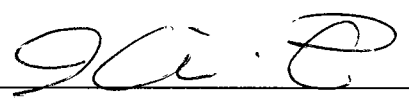
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Record of Public Comment will be documented by the Behavioral Health Advisory Board Secretary and added as an addendum to the minutes.

THERE BEING NOTHING FURTHER TO COME BEFORE THE BOARD, THE BEHAVIORAL HEALTH BOARD OF MENDOCINO COUNTY ADJOURNED ON November 18th, 2015 AT **2:15 PM**.



John Wetzler, Chair



Attest: Heidi Poor, Office Assistant III, BHRS

PUBLIC COMMENT

Addendum A

**PUBLIC COMMENT
Behavioral Health Board Meeting
November 18, 2015**

1. IRENE: Parent, spoke about her concerns regarding the privatization of mental health services.
2. JANE G.: Spoke about the long term consequences of Fetal Alcohol Syndrome, need for screening children, and providing services for those affected.
3. Mat O'Neil: Laytonville Metal Health Coalition. Presented a plan with specific goals, requested support for financial assistance from the County. He spoke about the challenges in the Laytonville area and the difficulties in securing sufficient financial support to deliver adequate services.
4. Joan H.: Spoke about the Tiny House Project. Asked, is it possible in Fort Bragg?
5. Susan Mc: Commented on the Grand Jury report. Spoke of her concerns for the mentally ill homeless, the reduction of facilities and programs, including drug and alcohol treatment services.
6. Richard M.: Spoke about his history of homelessness and his concern that mental health housing services are not available to those who use medical marijuana.

Thank you everyone who attended and spoke during the public comment portion of the meeting. Public comment is also requested for each agenda item. Those comments are not captured in these notes.

Submitted by: Nancy Sutherland
December 2, 2015