



**MENDOCINO COUNTY
BEHAVIORAL HEALTH
ADVISORY BOARD**

MINUTES

November 16, 2016 from 10:00 AM to 2:00 PM
Mendocino Presbyterian Church
Preston Hall
44831 Main Street, Mendocino

Chairperson
John Wetzler
Vice Chair
Vacant
Secretary
Dina Ortiz
Treasurer
Kate Gaston
BOS Supervisor
John McCowen
BOS Supervisor
Alternate Dan Hamburg

1ST DISTRICT: DENISE GORNY JAN MCGOURTY LOIS LOCKART	2ND DISTRICT: CATHY HARPE DINA ORTIZ KATE GASTON	3RD DISTRICT: MARGIE HANDLEY MAUREEN O'SULLIVAN VACANT	4TH DISTRICT: EMILY STRACHAN JILL MCCAUGHNA TAMMY LOWE	5TH DISTRICT: PATRICK PEKIN JOHN WETZLER ROGER SCHWARTZ
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Regular Meeting Special Meeting Standing Committee Meeting

All Agenda Items are Subject to Discussion and/or Action

Agenda Item / Description		Action
Item 1	<p>Open Session, Call to Order, and Roll Call, Quorum Notice, Agenda Changes:</p> <ul style="list-style-type: none"> Meeting called to order by Chair Wetzler at 10:20 am Roll call by Member Schwartz BHAB Mission Statement read by Member Strachan BHAB Members present at meeting: Gorny, Strachan, McGourty, McCaughna, Pekin, Wetzler, Gaston, Lockart, O'Sullivan, Schwartz, Lowe BHAB Members excused from the meeting: Harpe, Ortiz, Handley <p align="center"><u>Mendocino County Behavioral Health Advisory Board</u> <u>Mission Statement:</u></p> <p align="center"><i>"To be committed to consumers, their families and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."</i></p>	
Item 2	<p>Approval and Discussion of October 19, 2016 Regular BHAB Meeting Minutes:</p> <p><i>Handout</i></p> <ul style="list-style-type: none"> Minutes approved as written 	<p>Board Action:</p> <p>Upon motion by Member Schwartz and seconded by Member Gaston with a unanimous vote by BHAB members present: It is ordered to approve the BHAB minutes from October 19, 2016 meeting</p>

		as written.
Item 3	<p>Treasurer and Secretary Reports - Discussion and Action</p> <p>Treasurer Report: A. BHAB Expense Report - <i>Handout</i> i. Travel expenditures to date \$1,707.76 ii. Total expenditures to date \$2,038.11</p> <p>Secretary Report: A. Communications: i. None at this time</p>	<p>Board Action: Treasurer Report accepted by members present.</p>
Item 4	<p>Public Comment - Statement to be read by Vice Chair:</p> <ul style="list-style-type: none"> Public comment statement read by Member Strachan <p><i>Citizen and Community comments and questions regarding Mental Health Services in the County are welcomed and encouraged and are one of the mandated functions of the Behavioral Health Advisory Board. Comments will be limited to three minutes or longer, at the discretion of the Chair. Speakers do not have to identify themselves.</i></p> <p><i>Members of the public wishing to make comments to the Mendocino County Behavioral Health Advisory Board will be recognized at this time. Public comment is also requested at each agenda item particular to that agenda subject matter.</i></p> <p><i>Board members may only “briefly respond” to public comments.</i></p> <p><i>Record of Public Comment may be documented by the Behavioral Health Advisory Board Secretary and added as an addendum to the minutes.</i></p>	
Item 5 15 minutes	<p>Report from Chair Wetzler - A. Report from the Chair - i. BHAB Nomination Committee for December’s Elections: a. Chair Wetzler announced that he is stepping down from the Chair position in December. b. Nominating committee will be Members Strachan, Handley, and Gaston. Anyone on the board that is interested in being on the executive board contact one of the Nominating Committee Members. c. Election of the 2017 Executive Board members will be at the December 21, 2016 meeting. ii. BOS Joint Meeting (Dec. 20st) for Member Discussion –</p>	<p>Board Action: Upon motion by Member McCaughna and seconded by Member Pekin with a unanimous vote by BHAB members present: A motion was passed to reschedule the date of the joint meeting of the County Board of Supervisors and Behavioral Health Advisory Board (BHAB). The motion was called for after discussion regarding the joint meeting and the availability of the</p>

	<p>a. Discussion of the scheduled meeting, thoughts, concerns and feelings about the meeting expressed by members present; this meeting was requested when the Kemper Report was made public at the BOS meeting, it's at an inconvenient time of year for members, concerned with it being scheduled back to back with the regularly scheduled BHAB meeting, members will not be able to attend due to the holidays and having 2 meetings back to back.</p> <ol style="list-style-type: none"> 1. Questions from the members, why are we meeting? What are we going to talk about and how long will the meeting be? 2. The members feel meeting with BOS has value, but would like to collaborate with a BOS representative to have a specific agenda and time to prepare a list of issues to be discussed. <p>a. Discussion on declining the date of the joint meeting and requesting it is rescheduled.</p> <ol style="list-style-type: none"> 1. Members present made a motion to decline the meeting with BOS and write a letter explaining the reasons and request to reschedule the meeting. <p>i. Chair Wetzler stated that Supervisor John McGowen has de-appointed himself from the BHAB.</p> <p>ii. Tentative 2017 BHAB Schedule and Time of Meetings –</p> <ol style="list-style-type: none"> a. Discussion on the tentative 2017 BHAB meeting schedule. Schedule will be on the agenda for the December meeting. <p>iii. Current Events –</p> <ol style="list-style-type: none"> a. Election - At this time all the votes have not been counted. <ol style="list-style-type: none"> 1. Discussion of the measures passing or not and the effect of what information would be discussed. b. Standing Finance Committee meeting to will be November 29, 2016. 	<p>BHAB members. While BHAB members very much appreciate the opportunity and are very interested in having a joint meeting, the BHAB is unable to attend on the suggested date. BHAB looks forward to collaborating with a representative from the Clerk of the Boards Office and a member of the Board of Supervisors on a date that will mutually work for both Boards in 2017.</p>
<p>Item 6</p>	<p>Director's Report - Jenine Miller, Psy. D., Behavioral Health Director: Handout</p> <p>A. Director Report - Jenine Miller, BHR Director:</p> <ol style="list-style-type: none"> i. Discussion and question regarding Site Visits to Crisis Stabilization Units. <ol style="list-style-type: none"> a. BHR Director Miller will check with Sonoma County and Nevada County directors to see about setting up site visits to their Crisis Stabilization Units. 	

- ii. The Stepping Up California Summit will be January 18 & 19, 2017.
 - a. The Chief Probation Officer will be the lead on the team going from Mendocino County. Departments to be represented will be Probation, Sheriff, Mental Health, County Administration, RQMC and BHAB member.
 - b. BHAB Member McGourty volunteered to attend the Stepping Up Summit.
- iii. BHRS Director Miller will be reaching out to Isaac to see if he is willing and how he can help with communication with local Native American tribes.
- iv. BHRS has reached out to the Hopland Band of Indians to set up a meeting to discuss behavioral health issues and how BHRS and RQMC can help provide information and services to tribal members.
- v. BHRS and RQMC met with the South Coast community providers October 31, 2016 to discuss the behavioral health issues and concerns in that area.
 - a. They discussed having someone in the area with 5150 privileges, and came to the conclusion that having the privileges was not going to solve their problem. Discussed having a consultation with crisis worker to help assess the situation before sending the person to a hospital as a one possibility.
 - b. BHRS and RQMC will be having additional meetings with the South Coast to work on getting a better process in place. They hope to have more community members included in future meetings.
 - c. Discussed meeting with Sonoma County to discuss what next steps we can do.
 - d. The closest hospital that can deal with 5150 clients is in Healdsburg. Most of the 5150 clients go to Mendocino Coast Hospital or Ukiah Valley Medical Center.
 - e. During the meeting they looked at the issues and what help is available to the South Coast.
 - f. Discussion of how to get 5150 clients out of the area to a hospital, to appropriate services.
 - g. BHRS and RQMC got a tour of the facilities, they were really impressed with the clinic, and the great set up. The clinic doesn't have 24/7 coverage, but do have people on call.
 - h. The clinic reports they have mental health issues covered with the exception of 5150's.
 - i. Member Lowe brought up for discussion the back up at the Mendocino Coast Hospital when they get several 5150 clients at the same time.
 - j. Discussion of who can lift a 5150 hold. Acting

MH Deputy Director Lovato hopes to address some of the 5150 concerns at the MOU meetings currently in progress. One of the concerns being how to get the client home after the 5150 hold is lifted.

- vi. Question regarding whether the County has a chief psychiatrist yet. The County has contracted with a psychiatrist; he is on call 1 day a week and in the office 2 days a week.
- vii. Discussion of staffing losses and new hires.
- viii. There have been no new audit reports. Audit reports will be sent to the board as they come in.
- ix. Member Gaston commented that she appreciates the way things are going with the BHRIS Director and her staff.
- x. Discussion of the waiting list for SUDT client intake on the coast. BHRIS Director Miller will look into why the wait list is so long.

B. MHSA Report - Karen Lovato, Acting MH Deputy Director:

i. Innovation Plan -

- a. Mendocino County struggles along with other small counties trying to find a program that is innovative enough to meet the OAC guidelines.
- b. The hope is to be able to submit the plan very soon. The plan has been worked on by the Round Valley stakeholders along with MHSA staff.
- c. Question - Is it the purpose for the State to learn something from the plan?
 - 1. That is the intent of the innovation Projects. Our project is not so much of what we are trying to do, but how we are trying to provide services. Integrating both SUDT and MH services, a one stop shop model. How we look at the local community and the services provided and how we are overcoming the intuitional mistrust and historical trauma. The goal is to have client driven modality of services. A huge part is to provide local services so clients would not have to go out of the community to receive services.
- d. Question - Will the plan be funded by MHSA?
 - 1. In the beginning of the plan would be completely funded by MHSA. Toward the end of the project we will need to determine, if successful, how to sustain the project (MHSA, Grants, Medi-Cal reimbursable services, etc.)
 - 2. This is proposed to be a 3 year project; we will have to look how the plan can be funded

	<p>to be sustainable.</p> <ul style="list-style-type: none"> e. Question - Do we have a date that it goes to the State? <ul style="list-style-type: none"> 1. We don't have an exact date currently. MHSA team has consulted with OAC, that we include it in the MHSA 3 Year Plan and it has been approved by BHAB it can be submitted. 2. Acting MH Deputy Director Lovato is asking BHAB to approve the plan so it can be submitted to OAC for the 4 month approval process. OAC will send the plan back to MHSA with corrections. 3. Discussion on the trials and frustration of trying to get a plan that will be accepted by OAC and the real need for a unique community. f. Question - Do we have a detox model program in Covelo? <ul style="list-style-type: none"> 1. The model is based on a Covelo Detox program, but unsure if it is currently running. i. Coast Providers: <ul style="list-style-type: none"> a. Question regarding who the providers on the Coast are. <ul style="list-style-type: none"> 1. Providing children, youth and TAY services there's Tapestry, RCS, Action Network and MCYP. Providing adult and older adult services are Hospitality Center, RCS, and Redwood Coast Senior Center. Discussion with Coastal Seniors (South Coast) is not finalized for MHSA funding. ii. Discussion on the senior peer counseling programs funded by MHSA and the need for more counselors. iii. Acting MH Deputy Director Lovato reminded everyone this is an important year for the MHSA 3 Year Plan. The information gained from the communities at the MHSA Forums will be used to prioritize how the MHSA funds will be allotted. iv. Announcement of an upcoming event for Healthy Habits for the New Year. The flyer will be coming out soon. v. FSP numbers on the coast - currently total of 5, 4 adults and 1 TAY. No older adults at this time. vi. Discussion of how people are counted and kept or dismissed from the FSP program. i. Revenue and Expenditure Reports - Jenine Miller, BHRS Director: <ul style="list-style-type: none"> a. No questions at this time regarding the reports. 	<p>Acting Administrative Secretary Peckham will add the Innovation Plan to the December BHAB Agenda.</p>
Item 7	RQMC Data and Updates by Written Report: Handout	

	<p>A. Redwood Quality Management Company - Tim Schraeder, MFT - Chief Executive Officer</p> <ul style="list-style-type: none"> i. RQMC is aware of communication problems and see the MOUs as a way of working out part of the issues with other agencies. ii. RQMC CEO Schraeder feels that they need to manage expectations and remember that not every client wants help. iii. RQMC passed out a list of their contracted providers. Discussion of contracts and the amounts. iv. Question - How does RQMC feel about how things are going? <ul style="list-style-type: none"> a. CEO Schraeder commented that they are struggling with capacity issues and providers finding enough qualified staff to provide the services needed. Not having enough staff to serve clients impacts the drawdown of funds. b. Chandra Gonsales commented she didn't think they are that far off from having enough staff. v. Question -How many more people do you think you need to feel comfortable? <ul style="list-style-type: none"> a. CEO Schraeder stated he thinks having a couple more clinicians with BHRS, Hospitality Center and RQMC would make a big difference. For conserved clients they need case managers and housing. vi. Chandra Gonsales reviewed the new data dashboard and explained the meaning of some of the different features. Discussion of what the numbers are reflecting such as a spike of crisis calls in January and the dip in November. <ul style="list-style-type: none"> a. The BHAB board approves of the new data dashboard format. b. Member Schwartz commented on the new data dashboard format that Chandra Gonsales created, he sees much more information on the new form than what was on the previous one. vii. Question - Did BHRS receive all the client information needed from OMG? <ul style="list-style-type: none"> a. BHRS Director Miller and CEO Schraeder stated they think all the pertinent information was received. The needed documentation has all been found at this point. 	
Item 8	12:00 to 12:30 LUNCH BREAK	Adjourned at 12:16 pm Reconvened 12:49 pm
Item 9	Kate Gaston - Report from the Folsom, California Association of Local Behavioral Health Boards and Commissions (CALBHB/C) October Meeting: <i>Handouts</i>	

	<ul style="list-style-type: none"> i. Member Gaston passed out a survey to members to complete. The survey is expected of all BHAB boards in the State. Member Gaston will send them to the California Association of Local Behavioral Health Board and Commissions (CALBHBC). ii. Member Gaston explained about the Mental Health Planning Commission's future as an organization, they are working toward changing from a non-profit and becoming a legislative organization. iii. Some BH boards do 6 to 8 site visits a year; they fill out forms with what they see at the site and bring the information back to their board. San Francisco County BHAB shared the forms they use for site visits. Member Gaston passed out copies of the forms for members to review. iv. Member Gaston wants the board members to think about what they want to know for the next year and she will take the items of interest to the CALBHBC meetings. v. Discussion of what upcoming training will be offered and what training is wanted by members. vi. Discussion of having an organization that will be recognized by legislators. 	
<p>Item 10</p>	<p>Mike Pallesen, Rural Communities Housing Development Company (RCHDC) - Presentation on Progress with MHA Community Services and Supports:</p> <ul style="list-style-type: none"> i. Rural Communities Housing Development Company (RCHDC) has been working with BHRS on obtaining information on housing options to bring to BOS to move forward with the housing project. ii. Discussion on the problems of finding property in Fort Bragg, it's very difficult to get water hook ups from the city, the Coastal Zone requirements are an issue, and the project was not well received by the Fort Bragg City Council. At this time unless someone comes up with a solution for water it looks like Fort Bragg is not an option. iii. The focus has been on Willits and a bit in Ukiah. Discussion of sites or buildings that could be donated to the county and the challenges to each area. They have been looking at property in each area and will continue to do so. iv. There is a March deadline to finding the property to apply for tax incentives; if that deadline is missed we will have to wait another year. v. The intention is to be on the BOS agenda in December so BOS can make the determination as to 	

	<p>which city to build in.</p> <p>vi. Question - What can BHAB do to help the housing project move forward?</p> <p>a. Mr. Pallesen stated if they could help get BOS moving forward.</p> <p>b. Discussion of writing a letter to BOS requesting to make all haste in moving the housing project forward so we don't miss this opportunity.</p> <p>vii. Mr. Pallesen stated there has been a rumor going around that RCHDC was going to sell 2 of the properties they own that BH clients are currently living in. Mr. Pallesen wanted make it clear that is not true. They have no plans of selling any of their properties.</p> <p>Adjourned 2:00 pm</p>	
	<p>Agenda Item Handouts:</p> <p>a. BHAB draft regular meeting minutes – October 19, 2016</p> <p>b. Treasurer Report</p> <p>c. Tentative 2017 BHAB Schedule</p> <p>d. Director's Report</p> <p>e. Round Valley Innovation Project</p> <p>f. Expenditure Reports</p> <p>g. RQMC Data Dashboard - new format</p> <p>h. Handouts from CALBHB/C meeting</p>	

Thank you for your interest in the proceedings of the Mendocino County Behavioral Health Advisory Board.

AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government code Section 54953.2) Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Mental Health's Administrative Office by calling (707) 472-2310 at least five days prior to the meeting.

BOARD RESOURCE INFORMATION: OFFICE: (707) 472-2310 FAX: (707) 472-2331
EMAIL THE BOARD: mhboard@co.mendocino.ca.us
WEBSITE: www.co.mendocino.ca.us/hhsa/mh_board.htm

Signature Page

John E. Wetzler 1-13-17
Date

Carolyn Peckham 1-13-17
Date

Attest: Carolyn Peckham, Acting BHAS Administrative Secretary

Addendum A

BHAB Meeting 11/16/16

Submitted by Dina Ortiz, BHAB Secretary

Public Comments

Josephine comments

1. AG did not pass, so the board should have an adhoc committee and taking over Howard Hospital. this should include providing financial aspect. When families have to travel to visit their family member in the hospital, it is very costly because of the travel
2. The board needs to make a comment about how other health issues impact mental health, ie medication, diabetics, dementia

Discussion of the Mental Health Innovation Plan

Josephine commented

1. Need to include the percent of Native Americans in Covelo,