



**MENDOCINO COUNTY
BEHAVIORAL HEALTH
ADVISORY BOARD**

MINUTES

**September 21, 2016 from 10:00 AM to 2:00 PM
Hopland Band of Pomo Indians Conference Room
3000 Shannel Road, Hopland**

Chairperson
Nancy Sutherland
Vice Chair
John Wetzler
Secretary
Dina Ortiz
Treasurer
Kate Gaston
BOS Supervisor
John McCowen
BOS Supervisor
Alternate Dan Hamburg

**Special Thank you to Health & Social Services Department,
Hopland Band of Pomo Indians for sponsoring and making
arrangements for the use of the Community Hall**

1ST DISTRICT: DENISE GORNY JAN MCGOURTY LOIS LOCKART	2ND DISTRICT: CATHY HARPE DINA ORTIZ KATE GASTON	3RD DISTRICT: MARGIE HANDLEY MAUREEN O'SULLIVAN NANCY SUTHERLAND	4TH DISTRICT: EMILY STRACHAN JILL MCCAUGHNA VACANT	5TH DISTRICT: JOHN GILMORE JOHN WETZLER ROGER SCHWARTZ
---	---	---	---	---

Regular Meeting **Special Meeting** **Standing Committee Meeting**

All Agenda Items are Subject to Discussion and/or Action

Timed Items:

12:30 - 1:00 Tribal presentation, "Hopland's Mountains"

Agenda Item / Description	Action
<p>Item 1 Open Session, Call to Order, and Roll Call, Quorum Notice, Agenda Changes:</p> <ul style="list-style-type: none"> • Meeting called to order by Chair Sutherland at 10:10 AM • Chair Sutherland announced this is her last meeting, she is resigning due to moving out of the county. • Roll Call by Secretary Ortiz: <ul style="list-style-type: none"> ○ Members Present - Harpe, Ortiz, Strachan, McGourty, McCaughna, Gaston, Lockart, Handley, O'Sullivan, Sutherland, Schwartz • Quorum present • Mission Statement read by Member Gaston. <p align="center"><u>Mendocino County Behavioral Health Advisory Board</u> <u>Mission Statement:</u></p> <p align="center"><i>"To be committed to consumers, their families and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."</i></p>	
<p>Item 2 Approval and Discussion of August 17, 2016 Regular BHAB Meeting Minutes:</p>	<p>Board Action: Upon motion by Member</p>

	<p><i>Handout</i> Approved as written.</p>	<p>Schwarz and seconded by Member Harpe with a unanimous vote by BHAB members present: It is ordered to approve the BHAB minutes from the August 17, 2016 meeting as written.</p>
Item 3	<p>Approval and Discussion of August 23, 2016 Special Finance Committee BHAB Meeting Minutes: <i>Handout</i> Approved as written.</p>	<p>Board Action: Upon motion by Member McGourty and seconded by Member Harpe with a Yay votes of 9, 0 Nay votes and 1 abstaining by BHAB members present: It is ordered to approve the BHAB Special Meeting minutes from the August 23, 2016 meeting as written.</p>
Item 4	<p>Treasurer and Secretary Reports - Discussion and Action</p> <p>Treasurer Report: A. BHAB Expense Report - <i>Handout</i></p> <ol style="list-style-type: none"> i. Discussion of the 15/16 budget and having \$940.32 remaining at the end of the year. ii. Discussion on the increase in the 16/17 budget and the possibility that more members can travel to training and meetings. <p>Secretary Report: B. Communications:</p> <ol style="list-style-type: none"> iii. No communications at this time. 	<p>Board Action: Treasurer report accepted by members present.</p>
Item 5	<p>Report from Chair Sutherland Report from the Chair - <i>Handout</i></p> <p>A. Chair Sutherland reviewed some of the current/updates.</p> <ol style="list-style-type: none"> i. The BHAB By-Laws were approved by BOS without contest. <ol style="list-style-type: none"> a. The official name of the board is Mendocino County Behavioral Health Advisory Board. ii. Chair Sutherland has been working on the BHAB Policies and Procedures and suggests the board consider continuing to update the policies. iii. Chair Sutherland thanked all the people that put the Finance meeting together. iv. Chair Sutherland reviewed some of the improvements that have happened this year: v. Lines of communication with the county have 	<p>Board Action: Report from the Chair accepted by members present.</p>

	<p>improved greatly.</p> <ul style="list-style-type: none"> a. The board is getting financial information at every meeting. b. MHSA Plan approval went much smoother; there was plenty of time for the board to review the plan before the meeting to vote. c. There is a dedicated e-mail account that is available to the public and the board. d. New agenda and minutes format that is easier to read. e. Staff dedicated to be the administrative tracking contact for BHAB members. f. Increase in the board budget hopefully to allow for members to do more traveling. g. Lunch is provided at every meeting. h. These are the things that stand out the Chair Sutherland. <ul style="list-style-type: none"> vi. September is Suicide Prevention month; Chair Sutherland would like to see in the future that the board gets a presentation from the county regarding Suicide Prevention. <ul style="list-style-type: none"> a. October is National Substance Abuse Awareness Month. vii. Discussion on whether there should be a separate board for SUDT or if MH and SUDT should be combined into one board. viii. Discussion regarding the current law suit against the Jail for the death of an inmate. Chair Sutherland suggested the board keep an eye on the developments from that case. ix. Chair Sutherland brought several binders that she had been working on to be passed on to other board members. 	
<p>Item 6</p>	<p>Public Comment - Statement to be read by Vice Chair:</p> <p><i>Citizen and Community comments and questions regarding Mental Health Services in the County are welcomed and encouraged and are one of the mandated functions of the Behavioral Health Advisory Board. Comments will be limited to three minutes or longer, at the discretion of the Chair. Speakers do not have to identify themselves.</i></p> <p><i>Members of the public wishing to make comments to the Mendocino County Behavioral Health Advisory Board will be recognized at this time. Public comment is also requested at each agenda item particular to that agenda subject matter.</i></p> <p><i>Board members may only "briefly respond" to public comments.</i></p>	

	<p><i>Record of Public Comment may be documented by the Behavioral Health Advisory Board Secretary and added as an addendum to the minutes.</i></p>	
<p>Item 7</p>	<p>Director’s Report - Jenine Miller, Psy. D., Behavioral Health Director: Handout</p> <p>A. Director Report:</p> <ul style="list-style-type: none"> i. SUDT will be creating a “wall” (Tri-fold boards) with stories of recovery written by SUDT clients. ii. BHRS Director Miller introduced the new Patient Rights Advocate, Pamela Dawson. iii. Administrative Service Manager Mary Alice Willeford will be filling in as our Mental Health Fiscal Manager until a new manager can be hired. iv. Acting Deputy Director Lovato addressed a question regarding the Stepping Up Funds. <ul style="list-style-type: none"> a. Stepping Up Funds have not been spent, BOS did not put them in the 2016/2017 budget. Administrative Service Manager Mary Alice Willeford has contacted the CEO Office regarding the funds. The \$150,000 fund is meant to be used for collaboration with the Sheriff’s Office. BHRS and the Sheriff’s Office is still in discussion of how the project will move forward. v. BHRS Director Miller addressed the OMG chart audit numbers, BHRS is moving forward and hopes to have the numbers at the next BHAB meeting. vi. The Cultural Competency Plan was submitted to EQRO last week (9/14/16). There will be a 60 to 90 day window for the turnaround for the county to get the results. vii. The MHSA team has all of the pieces together for the Innovation Project for Round Valley. The Administration team will review and submit the plan to OAC for their review. MHSA will notify the board when they are ready for it to go out to the public. viii. MHSA Housing, thought there was a fixed time line of December 31, 2016 to have a plan in place, but that is not the case the county has more time. <ul style="list-style-type: none"> a. Currently the housing team is looking for property that will meet all the criteria. b. There is some confusion over whether the funds need to be used by 2018 or whether there is a deadline at all. ix. Discussion on a question regarding what the clinical audits entails. <ul style="list-style-type: none"> a. The audit is to make sure that the county is keeping 	<p>BHRS Director Miller will try to update board and hopefully have the OMG Chart Audit results at the next BHAB meeting.</p>

	<p>documentation that meets the Title 9 requirements.</p> <p>b. Outcome measurement documentation is done every 6 months to make sure the client is improving with the current client plan and if the services being provided are working.</p> <p>B. Fiscal Expenditure Reports:</p> <p>i. Mental Health Fiscal Manager Mary Alice Willeford apologized for the reports that were sent out in error with the e-mailed agenda packet. The reports attached to the handout agenda packets today (9/21/16) are correct.</p> <p>ii. Discussion of the year end totals for FY 2015/2016</p>	
<p>Item 8</p>	<p>RQMC Data and Updates by Written Report: <i>Handout</i></p> <p>A. Redwood Quality Management Company - Tim Schraeder, MFT - Chief Executive Officer</p> <p>i. RQMC Program Director Chandra Gonsales passed out the Data Dashboard for July 2016.</p> <p>a. Discussion of the numbers of clients that were sent over from OMG. The actual count was less than OMG had stated.</p> <p>b. July was a hard month to figure out the correct data. She hopes that the data collection and documentation will go much smoother for August.</p> <p>c. Discussion on having the data reported in 2 reports one for children/TAY and one for Adults. In the future they will be separated as requested. The July report will be separated and resubmitted.</p> <p>d. RQMC is working on getting consistent data for the reports.</p> <p>ii. RQMC has over 500 open clients' child/TAY and adult combined. They have been working hard to make sure all of the crisis clients receive the 60 days of follow up services.</p> <p>iii. RQMC Gonsales stated they are looking for new larger buildings in both Fort Bragg and Ukiah to provide Access Centers.</p> <p>iv. Discussion of how and where clients are set up for psychiatrist appointments.</p> <p>v. The number of clients open for services may change as they continue to work with the data received from OMG.</p> <p>vi. Tim Schraeder Chief Executive Officer RQMC commented on the ongoing MOU meetings with Law Enforcement, Hospitals and ARCH. He stated it has been a valuable learning experience getting the view point from the various agencies.</p>	<p>RQMC Gonsales will resubmit the July Data Dashboard after being separated by age/contract.</p>

	<ul style="list-style-type: none"> vii. RQMC has reviewed the Administrative process with providers. viii. RQMC has finalized the agreement with Round Valley Indian Health regarding MHSA funds. ix. There have been changes to children’s residential care, new laws. More children will be staying in the community so RQMC will be working on the details. x. RQMC is working on a more coordinated plan for people with dual diagnosis. xi. RQMC is continuing to work with Mental Health Court and with conserved clients. xii. RQMC is feeling a sense of urgency for housing in our communities. xiii. Question from the board - Are things getting better? <ul style="list-style-type: none"> a. RQMC has been concentrating on day to day issues and training, but does seem to be getting better. As they get things lined out they find more issues to address. xiv. Discussion/question on 5150 rescinded data. RQMC Gonsales thought the numbers were high, but stated that sometimes Law Enforcement would issue the 5150 hold so they could transport the client to get services. Most of the clients that had the hold rescinded were either already getting services or they are offered access to service. 	
--	---	--

Item 9	12:00 to 12:30 LUNCH BREAK	Adjourned at 12:02 Reconvened 12:39
---------------	-----------------------------------	--

Item 10	<p>Hopland Band of Pomo Indians Presents, “Hopland’s Mountains”</p> <p>A. Kathy Littlebear, Health Director and Paul Murguia III, Substance Abuse Counselor presented their issues and concerns to the board.</p> <ul style="list-style-type: none"> i. Health Director Littlebear stated their Crisis Advocate position is vacant at this time they are trying to hire. ii. One issue for the tribal community is not knowing where to turn when their clients need services. They have tried to have family members take clients to the hospital but were not helped. iii. Health Director Littlebear commented she was looking at the data sheet from RQMC and is seeing that there are mental health services available. iv. Health Director Littlebear and Counselor Murguia did a skit reflecting what happens when a client comes to them wanting to get help/services. The skit presented the lack of services available. v. There are about 200 clients on the Hopland Rancheria that are getting services through Consolidated Tribal Health. The staff at Consolidated does a lot of care management and transports to appointments if 	
----------------	---	--

	<p>needed.</p> <p>vi. Counselor Murguia makes visits to the jail for tribal members that get arrested. He stated many of the inmates he visits are in need of mental health or substance abuse services.</p> <p>a. Counselor Murguia tries to get clients into residential treatment programs.</p> <p>b. Counselor Murguia would like for the tribe to be contacted when their members are arrested or placed on a 5150 hold. He feels trapped because there are so many tribal members out there that need help, there are trust issues and won't go to agencies for help unless the person they see is Native American.</p> <p>vii. Need qualified people to come into the community to help the people that need it, Jail is not the answer they need support and medications. Following up on individuals is extremely important.</p> <p>viii. Counselor Murguia facilitates a mens group at the jail; he feels it's important to have services for inmates. By not giving up on the individuals he works with he has had some successes.</p> <p>ix. Homelessness is a big issue for the community.</p> <p>x. Health Director Littlebear was not aware that there were providers for the tribal community or that there were psychiatry services at the jail for inmates. Counselor Murguia was happy to know about the services available at the jail; he will start requesting help for tribal members.</p> <p>xi. The adults needing residential facilities have to go out of county, and children have to go out of the State for residential treatment.</p> <p>xii. Member Lockart suggested that providers have someone help support the tribal staff.</p> <p>xiii. Supervisor McCowen suggested an MOU with Consolidated Tribal Health.</p> <p>a. Acting Deputy Director Lovato stated a MOU is in progress with Consolidated Tribal Health.</p> <p>xiv. Discussion of possibly getting a SUDT group at the Hopland Rancheria instead of trying to transport clients to Ukiah.</p>	
<p>Item 11</p>	<p>BHAB Upcoming Vacancies - Discussion and possible board action: BHAB Membership applications for review. <i>Handout</i></p> <p>A. Discussion/ Review/Interview of BHAB Membership Applications.</p> <p>i. Chair Sutherland reviewed the interview process with the members before starting the interview with Patrick Pekin.</p>	<p>Board Action: Upon motion by Member Handley and seconded by Member O'Sullivan with a unanimous vote by BHAB members present: It is ordered to approve the recommendation to</p>

	<ul style="list-style-type: none"> a. John Gilmore is planning to resign from the board and would like for Patrick Pekin to take his place. b. The board conducted an interview of prospective board member Patrick Pekin. The questions asked were adhered to as requested. ii. Written response to the interview questions attached. iii. Chair Sutherland reviewed the recommendation process with the board. <ul style="list-style-type: none"> a. Member Gaston suggested that the questions be rephrased so not to be yes or no answers, requiring more explanation/details. b. Member Strachan would like to see a space for applicants to put their physical address not just a Post Office Box number. iv. Chair also asked for a vote on recommending Tammy Lowe to the board. <ul style="list-style-type: none"> a. Since Tammy Lowe has been on the board recently the members didn't feel it was needed to conduct an interview as they are all aware of her contribution to the board previously. v. Sharon Post, BHRS Program Administrator stated the vacant positions have to be posted for 10 days before going to the supervisor of the district and to be on the consent calendar for BOS. vi. Chair Sutherland will be resigning from BHAB as of today (9/21/16). <ul style="list-style-type: none"> a. Vice Chair Wetzler will be stepping up to fill the Vacant Chair position until December when the board will vote on new officers. b. Chair Sutherland asked that members try to recruit to fill vacant positions on the board. vii. Member Gaston suggested that if current members are thinking of resigning or not renewing their appointment they should notify the county ahead of time so the position is not vacant for long. 	<p>Supervisor Dan Hamburg to appoint Patrick Pekin to the 5th District BHAB seat as a Consumer Family member and recommended to Supervisor Dan Gjerde to appoint Tammy Lowe to the 4th District BHAB seat as a Consumer Member.</p>
<p>Item 12</p>	<p>BHAB Upcoming Goals, Objectives and Current Topics - Discussion and possible board action:</p> <ul style="list-style-type: none"> A. Member Gaston will be reporting at the October BHAB meeting on the State meeting, the focus at the State level is on funding to keep the committee going and following up on legislative bills. B. Chair Sutherland asked the board if they wanted to take a position on Sheriff Allman's initiatives, the question being does the board take a position on politics. Member Schwartz stated the board can and has in the past. <ul style="list-style-type: none"> i. Discussion on the tax initiative being for bricks and mortar only. ii. HHSa has not been involved from the start of the initiatives. 	<p>Board Action:</p> <p>A motion was made to support the initiatives, no second, motion failed.</p> <p>No board action taken at this time.</p>

	<ul style="list-style-type: none"> iii. Discussion of some issues concerning the initiatives; homelessness, no funding for staffing, could the money be used for mental health housing, get funding from the county instead of the State, Federal or grants, who is controlling how the money is spent, how is staff funding going to happen. iv. BHRS Director Miller reviewed billing requirements for Medi-Cal. v. There were varying opinions from members regarding the board's standing on the initiatives and their personal views. vi. A motion was made to support the initiatives, no second, motion failed. <p>Meeting adjourned 2:19 pm</p>	
Item 13	<p>Agenda Item Handouts:</p> <ul style="list-style-type: none"> a. BHAB draft regular meeting minutes – August 17, 2016 b. BHAB draft Special Finance Committee meeting minutes - August 23, 2016 c. Treasurer Report d. Report from the Chair e. Director's Report f. Expenditure Reports 	

Thank you for your interest in the proceedings of the Mendocino County Behavioral Health Advisory Board.

AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

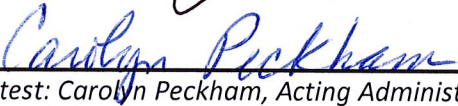
The Mendocino County Behavioral Health Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government code Section 54953.2) Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Mental Health's Administrative Office by calling (707) 472-2310 at least five days prior to the meeting.



John Wetzler, Behavioral Health Advisory Board Chair

10-19-16

Date



Attest: Carolyn Peckham, Acting Administrative Secretary

10/19/16

Date

BOARD RESOURCE INFORMATION: OFFICE: (707) 472-2310 FAX: (707) 472-2331
EMAIL THE BOARD: mhboard@co.mendocino.ca.us
WEBSITE: www.co.mendocino.ca.us/hhsa/mh_board.htm

Behavioral Health Advisory Board

Addendum A

9/21/2016

Public Comment

1. Josephine Silva- Since the board will be working on goals and objectives, please look at "Best Practices" ; look at the whole person which would include diet, exercising, and encourage primary doctors, when doing labs to include Vit. D.
2. Josephine- will housing be inclusive to mental health clients?

Submitted by BHAB Secretary Ortiz

Addendum B

Patrick Pekin - written response to the Interview Questions

1. Why are you interested in participating in the BHAB?

Many of my clients have significant mental health problems, I was assigned a new client on Monday who receives services at the Regional Center in Fort Bragg. At any given time, I have at least one client who suffers from some behavioral health issue in addition to addiction.

My father is a Viet Nam combat veteran. He has been faithfully attending AA meetings since the 1980s. He currently receives services for PTSD at the VA in San Francisco. He is also the finest attorney I have ever known.

2. What specific experiences and/or skills do you bring with you that would enhance the BHAB?

See above. I have years of "hands on" experience with mental health both in Mendocino County and in other counties. I practiced in Monterey County for five years during which time I was appointed to represent prisoners in the Salinas Valley State Prison, and on occasion, the Atascadero State Mental Hospital. Mental health is interesting to me and I bring with me the perspective of what happens when things go wrong.

3. Do you have any limitations or restrictions on your ability to attend county-wide meetings as needed?

Apart from three kids under the age of 4, volunteer firefighting and a very busy schedule, no.

4. What do you feel are the barriers to clients seeking Mental Health Services?

The system is confusing, that's what I experienced before watching the BHAB meetings and a theme I noticed from the audience after I did. There are a variety of services with overlapping application and availability. The web of options can be difficult to navigate.

5. Being a member of the BHAB may require writing reports, investigating, and attending meetings. Are you able to devote the time needed to accomplish these requirements?

Yes.

6. Do you have any questions for us?

I want to explore the problems I discussed in item (4), is that available?