



MENDOCINO COUNTY
MENTAL HEALTH ADVISORY BOARD
MINUTES
AUGUST 19, 2015 - 10:00 AM – 2:00 PM
ACTION NETWORK
CONFERENCE ROOM
39144 OCEAN DRIVE
GUALALA, CA 95445

*Before the Mental Health Board
County of Mendocino • State of California
Minutes- August 19, 2015*

REGULAR MEETING SPECIAL SESSION

ALL AGENDA ITEMS ARE SUBJECT TO DISCUSSION AND/OR ACTION

MENTAL HEALTH BOARD

JOHN WETZLER
CHAIR

ROGER SCHWARTZ
VICE CHAIR

DENISE GORNY
SECRETARY

NANCY SUTHERLAND
TREASURER

DAN HAMBURG
BOARD OF SUPERVISORS

JOHN MCCOWEN
BOARD OF SUPERVISORS
ALTERNATE

JAN MCGOURTY
CATHY HARPE
KATE GASTON
DINA ORTIZ

MAUREEN O'SULLIVAN
TAMMY LOWE
EMILY STRACHAN
JILL MCCAUGHNA
MARGIE HANDLEY
JOHN GILMORE

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—
OPEN SEATS

1ST DISTRICT – 1 - SEAT
2ND DISTRICT – FILLED
3RD DISTRICT – FILLED
4TH DISTRICT – FILLED
5TH DISTRICT – FILLED

BOARD RESOURCE INFORMATION:

OFFICE: (707) 472-2355
FAX: (707) 467-2364

EMAIL THE BOARD:

mhboard@co.mendocino.ca.us

WEBSITE:

[www.co.mendocino.ca.us/hhsa/
mh_board.htm](http://www.co.mendocino.ca.us/hhsa/mh_board.htm)

AGENDA ITEM NO. 1 – OPEN SESSION, CALL TO ORDER, AND ROLL CALL, QUORUM NOTICE, AGENDA CHANGES - 3 MINUTES

Vice Chair Schwartz called the meeting to order (10:15) AM

Roll Call Taken by: Nancy Sutherland

Mental Health Board members present from 10:15 AM to 2:09 PM (11):

Cathy Harpe, Emily Strachan, Jan McGourty, Kate Gaston, Margie Handley, Maureen O'Sullivan, Nancy Sutherland, Roger Schwartz, Tammy Lowe and Board of Supervisors representation Dan Hamburg and John McCowen

Mental Health Board members present from 10:24 AM to 2:09 PM (1):

Dina Ortiz

Mental Health Board members absent (4):

Chair John Wetzler (excused), Jill McCaughna (absent), John Gilmore (excused), Denise Gorny (excused)

Vice Chair Schwartz noted that a quorum was present at (10:17) AM

HSA Staff Present: Tom Pinizzotto, MSW, HSA Assistant Director, Bev Rae, BHRS Program Administrator and Marina Baird, BHRS, Administrative Secretary

Mental Health Services Act (MHSA) Stakeholder Committee members present: Mark Montgomery, Psy D, Vice President of Operations, Ortner Management Group, Tim Schraeder, Chief Executive Officer, Redwood Quality Management Group, Chandra Gonsales, Program Manager, Redwood Quality Management Group, Dan Hamburg, Supervisor, Tom Pinizzotto, MSW, HSA Assistant Director, Javier Chavez, Action Network, Jefferson Nerney, Psy.D., RCMS Community Healthcare, Natalie Berg, Mendocino County Youth Project and Members of the Mental Health Advisory Board.

AGENDA ITEM NO. 2 – APPROVAL OF MINUTES – DISCUSSION & ACTION – 7 MINUTES

There was discussion of public comment to be documented by the Mental Health Advisory Board Secretary, Denise Gorny and added as an addendum to the minutes. Secretary Gorny was not present at this meeting.

6/23/15 – Special Meeting – *handout*

Minutes of Special Meeting (MHSA Annual Plan) were reviewed and determined to be correct (bi-annual submission from MHSA staff progress reports to MHAB)

Board Action: Upon motion by Member Sutherland, seconded by Member Harpe and carried with the following YAY votes from: Members Harpe, Strachan, McGourty, O’Sullivan and Sutherland with Members Gaston, Handley and Schwartz abstaining because they were not present at the 6/23/15 Special Meeting: IT IS ORDERED that the Mental Health Advisory Board approves the minutes from the June 23, 2015 Special Meeting as written.

7/15/15 – Regular Meeting – *handout*

Board Action: Upon motion by Member Sutherland, seconded by Member Gaston and carried with the following YAY votes from: Members Harpe, Strachan, McGourty, Gaston, Handley O’Sullivan, Sutherland and Schwartz with Member Lowe abstaining because she was not present at the 7/15/15 Regular Meeting: IT IS ORDERED that the Mental Health Advisory Board approves the minutes from the July 15, 2015 meeting as written.

AGENDA ITEM NO. 3 – TREASURER REPORT & SECRETARY REPORT AND PRESENTATION FROM BEV RAE ON PROCESS TO SUBMIT MHAB BUDGET TO COUNTY - DISCUSSION & ACTION - 5 MINUTES

Mental Health Board Expense Report – *handout*

Bev Rae explained the process to change the MHAB budget would require the Board to formulate the budget in January with approval from the MHAB members in February. The new budget would then go to support staff for the Director’s approval, on to the Fiscal Department to be included in the BHRS FY Budget and concluding at the Board of Supervisors to be finalized and approved in September with FY Budget.

Board Action: Upon motion by Member Gaston, seconded by Member Strachan and carried with the following YAY votes from: Members Harpe, Ortiz, Strachan, McGourty, Gaston, Handley, O’Sullivan, Sutherland, Schwartz, and Lowe: Board Members accept as printed, the remaining FY 14/15 balance of \$1,827.75 and the remaining FY 15/16 balance of \$9,641.66 as written.

AGENDA ITEM NO. 4 – PUBLIC COMMENT FORMAT – DISCUSSION AND PUBLIC COMMENT - VICE CHAIR READS MISSION STATEMENT – 15 MINUTES OR AT CHAIR’S DISCRETION

Read by: Member Sutherland

Citizen and Community comments and questions regarding Mental Health Services in the County are welcomed and encouraged and are one of the mandated functions of the Mental Health Advisory Board. Comments will be limited to three minutes (or longer, at the discretion of the Chair). Speakers do not have to identify themselves as per the CA Welfare & Institutions Code. Public comment is also requested at each agenda item.

Read by: Member Sutherland

Mendocino County Mental Health Board Mission Statement:

“To be committed to consumers, their families and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential.”

Jefferson Nerney, Psy.D. and members of the community were present and expressed their concern of isolation from the rest of the County, their struggles to provide services and their lack of ability to 5150 people.

Director Pinizzotto stated that he would be meeting with Redwood Coast Medical Services in early September. He would also have Joy Kinion, Mental Health Rehabilitation Specialist with Mendocino County Mobil Outreach and Prevention Services Program reach out to Danielle Spoor, intern at Redwood Coast Medical Services.

Member Dina Ortiz read from a letter written by Chair Wetzler regarding the loss of a family member to suicide. He asked that mental health education become a mission for this Board.

Natalie Burg, Mendocino County Youth Project and Teen Wellness Coordinator discussed the services they offer such as prevention, education, one-on-one counseling, family and student conflict resolution, screenings and support groups.

Janet Kukulinsky, Executive Director from Action Network stated that their community has still not recovered from the tragedies of last year. Action Network will call a meeting to debrief so they can learn from the past, come up with a plan and be better prepared in the future. Please let her know if there is interest in attending a meeting in November.

Board Action: No Action Taken

AGENDA ITEM NO 5 - DIRECTOR PINIZZOTTO, MSW, HHSA ASSISTANT DIRECTOR, HEALTH AND HUMAN SERVICES TO PROVIDE WRITTEN REPORTS – 30 MINUTES OR AT THE CHAIR’S DISCRETION

Director Pinizzotto announced to this community that the County is accepting applications for the Mental Health Loan Assumption Program.

The current awardees are as follows:

- Laura Sullivan, Redwood Children's Services
- Amanda Pantaleon, Tapestry Family Services (Bilingual, Spanish)
- Lisa Larimer Burtis, Redwood Children's Services (at time of application, County now)
- Clifford Landis, Mendocino County BHRS
- Rose Garrett, Tapestry Family Services

They have a service obligation which began on June 30, 2015. The awards will be distributed on June 29, 2016 based on completion of progress reports to confirm the requirement to provide direct services in the public mental health system for one year.

Director Pinizzotto met with Dan Jenkins of Mendocino College to discuss recruitment and interns. HHSA has developed a flyer announcing internship opportunities throughout the agency.

a) Definition of Behavioral Health and Recovery

Director Pinizzotto provided in writing as a handout to the agenda packet, this written definition of Behavioral Health and Recovery:

Behavioral Health focuses on the health care of the whole person including and not limited to the following disciplines: mental health, substance use and primary care. The Department of Health Care Services and the Affordable Care Act has revised regulations that aim at the integration of these three disciplines in an effort to reduce silos of care and to provide whole person care. In addition, behavioral health has a focus on lifestyle factors (smoking, diet, sedentary lifestyle) and how these factors relate to the occurrence of disease in the population

The adoption of a recovery based model by behavioral health systems in recent years, has signaled a dramatic shift in the expectation of positive outcomes for individuals who experience mental and/or substance use conditions. SAMHSA defines recovery as a process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential. Recovery is built on access to evidence based clinical treatments and recovery support services for all populations.

b) Access to consistent financial records

Director Pinizzotto stated that the County and the ASO's met regarding Quarterly Financial Reporting and a schedule of due dates was created and has been included as a handout in the agenda packet. A similar schedule for reporting to the Board of Supervisors is being created.

c) Cultural Competency Plan to MHAB

The DRAFT unfinished Cultural Competency Plan was submitted to the MHAB. Suggestions were made to the formatting and questions regarding funding were asked. Director Pinizzotto will invite Karen Lovato to the September meeting to answer questions. Questions can be submitted to her in advance but should be funneled through either Dina Ortiz or Maureen O'Sullivan.

**d) Quarterly reports to MHAB same as to Board of Supervisors
(item b)**

e) RFQ Rural Communities Housing Development Corporation update and meeting schedule

Mike Pallesen from Rural Communities Housing Development Corporation gave a brief report on the stages of the project.

The initial stage is putting the concept together so the community understands and accepts the project. The 2nd phase is the building and the 3rd phase is ongoing operations.

The MOU has been created and is in process at the contract unit and County Counsel.

f) Report from Howard Hospital visit on July 22, 2015

Director Pinizzotto and Mike Pallesen did a walk-through of Howard Hospital last month. There are many possibilities and options have been discussed. The new hospital will be move-in ready in approximately two months.

Board Action: No Action Taken

AGENDA ITEM NO. 6 – RQMC AND OMG DATA AND UPDATES BY WRITTEN REPORT – 30 MINUTES OR AT THE CHAIR’S DISCRETION

- a. Redwood Quality Management - Handout**
Tim Schraeder, MFT – Chief Executive Officer to answer questions – 5 minutes

Tim Schraeder introduced himself and spoke of the challenges of rural communities. He acknowledged the limited resources, and stated that they count on the local agencies to inform them when people have a problem or need their services.

- b. Ortner Management Group - Handout**
Mark Montgomery, Psy D-Vice President of Operations to answer questions – 5 minutes

Mark Montgomery spoke of revisiting the expansion of Senior Peer Counseling to the South Coast as future funding may allow.

He also thanked the Mental Health Advisory Board for attending the trainings he has been conducting and noted that going forward they will be held every two months with additional trainings available upon request.

Mark Montgomery talked about the jail and how substance abuse ties in with mental illness.

He also stated he was in the first step of negotiations with Nuestra Alianza.

Board Action: No Action Taken

AGENDA ITEM NO. 7 – IDENTIFY NEW AD HOC COMMITTEE FOCUS AND DIRECTION FOR THE PREPARATION OF NEXT YEAR’S ANNUAL REPORTS – DISCUSSION & ACTION - 30 MINUTES OR AT CHAIR’S DISCRETION

Committee suggestions

- a. Recruitment for Membership Wait List and Publicity**
- b. Co-occurring Disorders**
- c. Financial/Contracts**
- d. Housing**
- e. Jail, Mental Health Court and Law Enforcement**
- f. MHSA Liaison to Mental Health Board – Dina Ortiz**
- g. Stepping Up Program – Jan McGourty**
- h. AB1421 – John Wetzler**

Board Action: The Board directed agenda item No. 7 to be tabled until the September 16th meeting.

AGENDA ITEM NO. 8 - CONSIDERATION OF A SPECIAL MEETING REGARDING CULTURAL COMPETENCY – DISCUSSION & ACTION - 5 MINUTES OR AT THE CHAIR’S DISCRETION

Discussion on the consideration of a Special Meeting regarding Cultural Competency to establish and include a baseline of measurable objectives and goals for our Latino and other underserved populations.

Describe evidence based practices to be used to increase outreach, engagement and continuum of care that will become prioritized and improve the penetration rate for this large minority population.

There was a discussion on Cultural Competency and whether or not a Special Meeting was necessary or if the creation of an Ad Hoc committee would be a better starting point. It was also suggested that an event or forum which the Mental Health Advisory Board could host and invite cultural partners to, might be of benefit.

Board Action: Upon motion by Member Ortiz and seconded by Member Gaston and carried with the following YAY votes from: Members Ortiz, Strachan, McGourty, Gaston, Handley, O’Sullivan and Lowe and with the following NAY votes from: Members Harpe, Sutherland and Schwartz there will be a Special Meeting dealing with cultural competency within mental health services on September 2, 2015.*

*The Executive Committee met on August 26th and determined an additional MHAB meeting was not necessary.

AGENDA ITEM NO. 9 - DISCUSSION ON THE MENDOCINO COUNTY DATA NOTEBOOK 2015/2016 PRESENTED BY DINA ORTIZ – DISCUSSION & ACTION - 20 MINUTES OR AT THE CHAIR’S DISCRETION

The data notebook has been submitted to the State. Member Schwartz stated it is an outstanding start and the facts and figures are exceedingly useful.

A copy of the data notebook should be shared with the County.

Member Sutherland voiced it is an important document and hopes next year more Board members can be involved.

Board Action: The Board directed Member Ortiz to send the County copy to Administrative Secretary, Marina Baird.

AGENDA ITEM NO. 10 – CHANGE OF VENUE FOR NOVEMBER MEETING – DISCUSSION & ACTION - 3 MINUTES OR AT CHAIR’S DISCRETION

Vote on changing November Meeting Venue from Fort Bragg Behavioral Health and Recovery Services to the Mendocino Presbyterian Church, Preston Hall.

There was discussion on other venues without charges such as the Veteran’s Hall in Fort Bragg. Support staff will look into the availability of the Veteran’s Hall as an option for the November meeting.

Board Action: Upon Motion by Member McGourty and seconded by Member O’Sullivan with an equal amount of YAY votes from Members Strachan, McGourty, O’Sullivan, Sutherland and Schwartz and NAY votes from Members Harpe, Ortiz, Gaston, Handley and Lowe the Board did not approve the change of venue for the November Meeting.

AGENDA ITEM NO. 11 - CORRESPONDENCE AND BACKUP MATERIALS RECEIVED AND FILED

- OMG Data
- RQMC Data

AGENDA ITEM NO. 12 – AGENDA ITEM HANDOUTS:

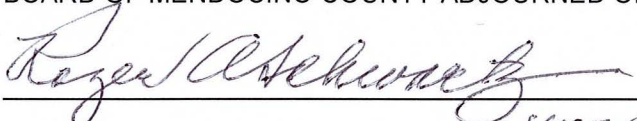
- MHAB draft meeting minutes – 7-15-15
- MHAB draft special meeting minutes – 6-23-15
- Treasurer’s Report

AGENDA ITEM NO. 13 - PUBLIC COMMENT

Citizen and Community comments and questions regarding Mental Health Services in the County are welcomed and encouraged and are one of the mandated functions of the Mental Health Board. Comments will be limited to three minutes (or longer, at the discretion of the Chair.) Speakers do not have to identify themselves as per the CA Welfare & Institutions Code.

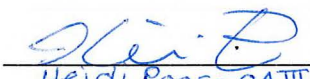
Record of Public Comment will be documented by the Mental Health Advisory Board Secretary and added as an addendum to the minutes.

THERE BEING NOTHING FURTHER TO COME BEFORE THE BOARD, THE MENTAL HEALTH BOARD OF MENDOCINO COUNTY ADJOURNED ON AUGUST 19, 2015 AT **2:09 PM**.



John Wetzler, Chair

VICE CHAIR



Heidi Poor - OAH

Attest: Marina Baird, Administrative Secretary

Thank you for your interest in the proceedings of the Mendocino County Mental Health Advisory Board.

AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Mental Health Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government code Section 54953.2) Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Mental Health’s Administrative Office by calling **(707) 472-2355** at least five days prior to the meeting.

