



**MENDOCINO COUNTY
BEHAVIORAL HEALTH
ADVISORY BOARD**

MINUTES

**July 20, 2016 from 10:00 AM to 2:00 PM
Action Network Conference Room
39144 Ocean Dr., Gualala, CA**

Chairperson
Nancy Sutherland
Vice Chair
John Wetzler
Secretary
Dina Ortiz
Treasurer
Kate Gaston
BOS Supervisor
John McCowen
BOS Supervisor
Alternate Dan Hamburg

1ST DISTRICT: DENISE GORNY JAN MCGOURTY LOIS LOCKART	2ND DISTRICT: CATHY HARPE DINA ORTIZ KATE GASTON	3RD DISTRICT: MARGIE HANDLEY MAUREEN O'SULLIVAN NANCY SUTHERLAND	4TH DISTRICT: EMILY STRACHAN JILL MCCAUGHNA VACANT	5TH DISTRICT: JOHN GILMORE JOHN WETZLER ROGER SCHWARTZ
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Regular Meeting **Special Meeting** **Standing Committee Meeting**

All Agenda Items are Subject to Discussion and/or Action

Timed Items:

12:30 - 1:00 Janet Kukulinsky & Javier Chavez - Action Network, to present on current MH services and unmet needs on the South Coast.
1:00 - 1:30 Jenine Miller, Psy. D., BHRS Director to present on the County Transition

Agenda Item / Description		Action
Item 1	<p>Open Session, Call to Order, and Roll Call, Quorum Notice, Agenda Changes:</p> <ul style="list-style-type: none"> ➤ Meeting called to order at 10:21am ➤ Roll call by Secretary Ortiz - have quorum ➤ Members Absent from Meeting: Jan McGourty, Denise Gorny, Emily Strachan, and Jill McCaughna ➤ Mission Statement read by Member Harpe <p align="center"><u>Mendocino County Behavioral Health Advisory Board</u> <u>Mission Statement:</u></p> <p align="center"><i>"To be committed to consumers, their families and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."</i></p>	
Item 2	<p>Approval and Discussion of June 15, 2016 Regular BHAB Meeting Minutes: <i>Handout</i> Discussion of Item 10 #b - Members would like clarification on 2 items.</p> <ul style="list-style-type: none"> • Acting Admin. Secretary Peckham will make adjustment/clarification to the minutes as requested. 	Board Action: Upon motion by Member Gaston and seconded by Member Harpe with 8 Yay votes and 2 Nay votes; approval of minutes tabled until the next BHAB meeting.
Item 3	Approval and Discussion of June 20, 2016 Standing	Board Action:

	<p>Finance Committee Meeting Minutes: <i>Handout</i></p> <ul style="list-style-type: none"> Acting Admin. Secretary Peckham will make the typo correction as requested. 	<p>Upon motion by Member Handley and seconded by Vice Chair Wetzler with 9 Yay votes and 1 abstaining; minutes approved with a typo correction.</p>
Item 4	<p>Treasurer and Secretary Reports - Discussion and Action</p> <p>Treasurer Report:</p> <ol style="list-style-type: none"> BHAB Expense Report - Handout <ul style="list-style-type: none"> Discussion of the codes on the reports not being consistent, Doug will follow up with code explanation at the next meeting. Budgeted funds for 16/17 for the BHAB is \$12,000 <p>Secretary Report:</p> <ol style="list-style-type: none"> Communications: <ul style="list-style-type: none"> Letter to City of Ukiah (6/27/16) <i>Handout</i> Letter to Mendocino County Board of Supervisors (6/27/16) <i>Handout</i> Letter Received from California Mental Health Planning Council (5/11/16) Member Ortiz stated, Public Health is setting up a program to intern/recruit doctors/psychiatrists for Mendocino County. 	<p>Board Action: Treasurer Report accepted by board.</p> <p>Secretary Report accepted by board.</p>
Item 5	<p>Report from Chair Sutherland Report from the Chair - Handout</p> <ul style="list-style-type: none"> Review of Report from the Chair and the changes made at the last minute. By-Laws will not go to BOS until 8/16/16. The Mental Health Finance Training will be August 23, 2016 from 9:30 am to 1:30 pm at the Big Sur Conference Room, 474 S. State Street Ukiah. More information will be coming out at a later time. Chair Sutherland asked everyone to be mindful and respect others opinions. 	<p>Board Action: Report from the Chair accepted by board.</p>
	<p>Public Comment: Statement to be read by Vice Chair:</p> <p><i>Citizen and Community comments and questions regarding Mental Health Services in the County are welcomed and encouraged and are one of the mandated functions of the Behavioral Health Advisory Board. Comments will be limited to three minutes or longer, at the discretion of the Chair. Speakers do not have to identify themselves.</i></p>	<p>Janet Kukulinsky offered to let the BHAB hold the next meeting on the South Coast at the Action Network meeting room in Point Arena.</p> <p>South Coast Seniors</p>

	<p><i>Members of the public wishing to make comments to the Mendocino County Behavioral Health Advisory Board will be recognized at this time. Public comment is also requested at each agenda item particular to that agenda subject matter.</i></p> <p><i>Board members may only “briefly respond” to public comments.</i></p> <p><i>Record of Public Comment may be documented by the Behavioral Health Advisory Board Secretary and added as an addendum to the minutes.</i></p>	<p>(COASTAL SENIORS - new name) are concerned where they stand with a contract for this year, they were referred to talk to RQMC (Dan Anderson and Chandra Gonsales from RQMC were in attendance)</p> <p>Redwood Coast Medical Services (RCMS) clinic offered to provide a space to hold a BHAB meeting in the future. Contact Deborah Lane, 707-884-4005 ext. 107.</p>
<p>Item 6</p>	<p>Director’s Report - Jenine Miller, Psy. D., Behavioral Health Director: Handout</p> <p>a. Director Report:</p> <ul style="list-style-type: none"> • BHRS Director Miller was asked about statistics regarding clients. <ul style="list-style-type: none"> ▪ How many clients conserved by the county? <ul style="list-style-type: none"> ○ There are 65 conserved clients, 18 clients live in the community, and 47 are placed out of the county. ▪ How many Patient Rights Advocate (PRA) calls? <ul style="list-style-type: none"> ○ There were 71 PRA calls in June, only one of the calls was a complaint. ○ The PRA can help conserved clients in several ways; they can attend court with the client if they request it. The PRA can help with letting the needs and wishes of the client be known regarding their conservatorship to their attorney. • BHRS Director Miller reassured the South Coast community members that BHRS is going to continue to look at a pilot program for 5150 issues for the South Coast and what options there are for working with both Mendocino and Sonoma Counties to provide better services. • Discussion of 5150 holds and what it means and the procedure. <ul style="list-style-type: none"> ○ BHRS Director Miller would like to connect with Sonoma County to work out a procedure of how to handle the 5150 cases. ○ There was a question from a member regarding how long it would take to get a certified 5150 card holder training on the South Coast. 	

	<ul style="list-style-type: none"> ○ BHRS Director Miller explained there would have to be policies and procedures in place first. She explained the process for finding placement for a 5150 hold client in a psych facility and what happens with the client while the search for a facility is going on. ● Question from a member regarding what needs to happen to work out an agreement with another county to work together on the mental health issues faced by the South Coast. <ul style="list-style-type: none"> ○ BHRS Director Miller responded she approached Sonoma County in January 2016 about combining efforts of both counties. She started conversation with Mike Kennedy from Sonoma County. We also need to keep in mind we have other remote areas that need to be considered also. ○ HHSa Director Tammy Moss Chandler commented on the important work that is happening and the hope for the future. b. MHSA Updates - Karen Lovato, MHSA Supervisor, Acting Deputy Director <ul style="list-style-type: none"> ● The MHSA annual update to the 3 year plan is going to the BOS for approval. <ul style="list-style-type: none"> ○ MHSA Forums are scheduled and the community is invited to participate. Robin Meloche is the MHSA Coordinator and can be contacted at 707-472-2332. ○ The next MHSA Forum on the South Coast will be August 31, 2016 at the Point Arena Library conference room from 10:30 to 12:30. ○ In the next year MHSA will be making big changes for the new 3 year plan. This will be a good year for the community to provide ideas. ○ Discussion of Mobile Outreach Prevention Services (MOPS) and the role of Joy Kinion and Sean Patrick. MOPS is designed to reach out to 3 areas of the County; Covelo, South Coast and Anderson Valley. c. May Expenditure Reports - Doug Gherkin, Chief Financial Officer <ul style="list-style-type: none"> ● There are no changes to expenditure reports. ● Fiscal is in the end of the year closing. ● Mentioned a new proposed increase in the MH budget. 	
Item 7	RQMC and OMG Data and Updates by Written Report:	

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| | <ul style="list-style-type: none"> a. Redwood Quality Management Company - Handouts i. Dan Anderson and Chandra Gonsales representing RQMC <ul style="list-style-type: none"> • Dan thanked the attendees for sharing their stories regarding mental health issues. He stated that RQMC takes providing services very seriously and work on making more services available. • Discussion on what happens when clients are released from hospitals. All clients get follow up services after they are discharged from a hospital. • Dan recognized BHRS Director Miller and Acting MH Deputy Director Lovato for the way they are willing to help RQMC with clients. • The question of whom and where to call if there is a crisis. Chandra passed out information regarding what numbers to call and location of Access Centers. • Questions regarding who RQMC was contracting with on the South Coast. <ul style="list-style-type: none"> ○ Chandra commented that RQMC is still in the process of contracting and will be trying to contract with providers including COASTAL SENIORS. • Chandra commented that RQMC has completed over 82 client assessments in July so far. • They have hired quite a few new staff to cover the new duties. • Discussion of some issues that came up with clients and hospitals. <ul style="list-style-type: none"> ○ Dan and Chandra asked the community to call RQMC if there are any problems. The more RQMC knows the better they will be able to problem solve and see where services need to be changed and/or added. ○ Sometimes hospitals don't call RQMC when there is a possible mental health client so RQMC doesn't know anything about the incident. • Discussion of the Crisis/Access Center in Fort Bragg; Chandra stated the center is not open 24/7 but there are staff available in Fort Bragg 24/7. Crisis staff does not have to travel from Ukiah. RQMC staff are open to help clients and think outside the box to help clients with animals or other concerns. • There will need to be further conversation regarding 5150 issues. • Member Schwartz stated there was a psychiatrist on the South Coast area that might be a good choice for certification to do 5150 holds. | |
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	<ul style="list-style-type: none"> ○ Chandra responded that the procedure to what does the person do with the client after the 5150 hold is placed is the issue. Dan commented that they have been trying to figure out a way to handle the 5150 hold issues, but there are logistics to meeting the criteria and the needs of the client. ● Questions regarding the Hospitality Center in Fort Bragg. <ul style="list-style-type: none"> ○ Dan stated Hospitality Center has hired more care managers. ○ RCS has purchased some respite beds for clients as needed. RCS has accessed the respite beds at Hospitality Center and it has worked well. ● Care managers from the providers are going out trying to find all the clients to make sure they are aware of the recent changes. ● Question regarding RQMC receiving client records from OMG. <ul style="list-style-type: none"> ○ Dan explained that they have opened about 250 records so far and are still working on getting all the information together. ○ BHRS Director Miler described the condition of how the client records/information was sent and what the staff has been doing to place information into useable files. ● The RCS crisis center in Ukiah will be moving to Dora St. (same building as Manzanita), this will be a temporary site until they get the Perkins Street location ready to open. <p>b. Ortner Management Group - Handouts</p>	
12:00 to 12:30 LUNCH BREAK		Adjourned for lunch 12:24 Reconvened at 12:51
Item 9	<p>Janet Kukulinsky & Javier Chavez - Action Network, to present on current Mental Health services and unmet needs on the South Coast:</p> <ul style="list-style-type: none"> ● Janet thanked everyone for coming to Gualala; she is looking forward to working with RQMC. ● Action Network has received MHSA funds for a Parent Partner Program; the program has 2 bilingual Parent Partners at this time. ● Some of the areas that Action Network tries to cover or help with include; Community based family support services, help with food stamps, Medi-Cal access, housing and links to other community resources. ● They work with MCYP, churches and other area providers for resources. Helps to facilitate getting MH services to people that don't qualify for Medi-Cal. 	

- Action Network has facilities in both Gualala and Point Arena.
- They have provided services to 70 plus individuals in the last year. Javier is the primary provider
- Clients are split evenly between genders. Race/ethnicity - 15 white, 2 Native American and 53 Latino.
- Action Network has no licensed staff so their focus is on prevention rather than therapy.
- Javier is a Parent Partner and also facilitates anger management classes.
- Javier described some of the interactions he's had with clients and the outcome of Action Network's support. He went into discussion of how different cultures are sometimes a barrier to people seeking help; Action Network has been able to establish trust with many people from different cultures, so are then able to get them to services. Language barriers and transportation issues are also a problem for people in crisis.
- In some crisis cases there is a need for a safe place for people to go while they wait for Law Enforcement, there are no other county services available in the area.
- Javier's job is to find a way (37 cases in the last quarter) to prevent, if possible, issues from escalating to a crisis/tragedy situation.
- A question was asked regarding what languages were available at Action Network.
 - Javier speaks Spanish and is well accepted in other cultures in the area. They also have another bilingual/biracial person on staff part time for the next year.
- Janet handed out a map with all the family resource centers in the county and a grid showing what services are available. She also handed out Action Network's brochure which has a list of the programs they provide.
- Javier is available anytime if needed to translate for Law Enforcement or anyone else needing to provide services.
- On Action Network's list of priority needs are; bilingual therapists, housing, and transportation.
- Action Network also is involved with the Substance Abuse Coalition. There are no Substance Abuse Services provided locally. NA and AA meetings are available in the area.
- There is a low high school graduation rate and even lower rate of students going to college and being able to finish, if they go to college they are usually back

	<p>within one year due to lack of funding or just not being able to cope.</p> <ul style="list-style-type: none"> • Action Network depends on the MHSA, CSS and Community funding to be able to continue providing services. 	
<p>Item 10</p>	<p>Jenine Miller, Psy. D., BHRS Director to present on the Mental Health Transition:</p> <ul style="list-style-type: none"> • BHRS Director Miller stated the county has done this transition in 3 months what took 2 years to transition out to OMG. • The access line is now transferred to the county and the crisis line to RQMC. New staff is being hired to start the access center; one has been hired so far. • Crisis line is maned 24/7, if a crisis call comes in on the access line there is a warm hand off to crisis. We've done some intensive training for access staff to answer a crisis call with a suicidal person. • Medication services are back in county, both Ukiah and Fort Bragg. Dr. Garratt is in house twice a week; Segal Tele-psychiatry Services are available 3 days a week. At some time we may be able to offer another session of tele-psychiatry in Willits. • The County is working on contracts for LVNs to do shot clinic. One of the nurses coming in will be bilingual. • We are up and running with shot clinics and doctor appointments. • Discussion on whether any clients have fallen through the cracks. RQMC and providers are serving and engaging all clients whether or not we have a chart. The County and RQMC are just making sure the clients are being served whether Medi-Cal can be billed or not at this time. • Supervisor McCowen acknowledged the County and provider staff for opening the files and the work they are putting in to get the information needed. • BHRS Director Miller acknowledged Melinda Driggers for being such an intricate part of bringing everything back in house and getting medications refilled and getting the shot clinic and doctors set up. • One of the problems that came up was getting the client's medication from OMG. Clients had to go to OMG and pick up their medication and bring it to the County for shot clinic. • It was requested that the transition grids be brought to each BHAB meeting. • BHRS Director Miller stated the grids are on the BOS website. If someone wants to request them they can 	

	<p>contact Acting Admin. Secretary Peckham.</p> <ul style="list-style-type: none"> • Outpatient services are going well; it's been an amazing partnership with the County, RQMC and providers. • Discussion on whether we can bill Medi-Cal for now, both the County and RQMC will bill what they can but will provide services regardless until all the paperwork gets sorted out. 	
Item 11	<p>BHAB By-Laws for Review and Discussion - Vote on changes:</p> <ul style="list-style-type: none"> • There was some concern by members that the By-Law changes as voted on at the last BHAB meeting was not completely understood by all the members. • HHSA Director Tammy Moss Chandler has been working with Chair Sutherland on the By-Laws; she is concerned about the terms of appointment for members. It appears that 11 of the current members will term out at the end of 2016 with the term dates as they stand now. • Discussion on what the Welfare Code States, Supervisor McCowen stated the code says, Members will be appointed to a 3 year term, but if someone resigns mid-term the person appointed to the vacant position will complete the current term not start a new 3 year term. • The plan is to work with the members and come up with a schedule so that one third of the members will term out each year. A list of the members who will term out at the end of 2016 will be brought to the next BHAB meeting. • HHSA Director Tammy Moss Chandler will work with The Clerk of the Board and her staff to get the schedule and keep the dates of term appointments. 	<p>Board Action: Upon motion by Member Handley and seconded by Member Ortiz, with 8 Yay votes, 1 Nay vote and 1 abstaining; The BHAB By-Laws were approved as written.</p>
Item 12	<p>Data Reports Received from RQMC and OMG</p> <ol style="list-style-type: none"> RQMC Data - <i>handouts</i> OMG Data - <i>handouts</i> 	
Item 13	<p>Agenda Item Handouts:</p> <ol style="list-style-type: none"> BHAB draft regular meeting minutes – June 15, 2016 BHAB draft Standing Finance Committee meeting minutes - June 20, 2016 Treasurer Report Letter to City of Ukiah Letter to Mendocino County Board of Supervisors Letter from California Mental Health Planning Council Report from the Chair Director's Report Expenditure Reports 	

	j. Revised BHAB By-Laws Handouts passed out at the Meeting: <ul style="list-style-type: none"> a. FRCN of Mendocino County b. FRCN list of services c. RC3 Brochure d. RQMC Brochure e. Action Network Brochure 	
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Thank you for your interest in the proceedings of the Mendocino County Behavioral Health Advisory Board.

AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government code Section 54953.2) Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Mental Health's Administrative Office by calling (707) 472-2310 at least five days prior to the meeting.

BOARD RESOURCE INFORMATION: OFFICE: (707) 472-2310 FAX: (707) 472-2331
EMAIL THE BOARD: mhboard@co.mendocino.ca.us
WEBSITE: www.co.mendocino.ca.us/hhsa/mh_board.htm

Nancy Sutherland

 Nancy Sutherland, Behavioral Health Advisory Board Chair *3/17/16*
Date

Carolyn Peckham

 Attest: Carolyn Peckham, Acting Administrative Secretary *3/18/16*
Date

PUBLIC COMMENT

Addendum A

Public Comment July 20, 2016 South Coast

1. Javier- Thank you for driving to the Coast today. We are gratefully. And please make sure you thank the Water Company for they us use this room.
 2. Janet- The next meeting, we would like to invite you to use the former Bank of American building in Point Arena, 200 Main Street, the big blue building on the left.
 3. Coast Senior Center director- Hopefully, we will be contracting with Redwood Management. It was reported that we were receiving MHSA monies, we never did. We never spoke with Ortner. We will need a contract with Redwood Management, but we have not heard anything yet from them and it is almost the end of July.
 4. Debra from Redwood Coast Medical Services- We just had another teenage female being handcuff and put into a law enforcement car because she needed psychiatric services. We have a full psych team, yet we cannot do a 5150 to prevent the above. It would be better for families if we were able to do 5150s. We are willing and able to manage 5150s. Presently, we don't have a building, but we are in the planning stage to have a new building that we could house crisis.
 5. Youth Project- offers 1-1 counseling, teen medical, behavior health, working on site at the schools. We need more collaboration between CPS to mandate more services. We have a teen Wellness Center which is effective integrated model.
 6. Debra, Pastor for St Paul and Chair of S.C.A. which provides services for domestic services, but we need more support and services.
 7. Janet points out that Ukiah is transporting people to the South Coast. There is a homeless gentleman who is mental ill and is causing damage to local business. There are homeless people here but there are no services. We stand alone but together. There is no funding for crisis.
 8. Senior Center- There is several different issues, one being bi-counties (Mendocino and Sonoma) and providing services to people regardless of their county of residency. This should not be a barrier, but it is. There are a lot of suicides, which is a dark cloud over our heads. How can we serve the population?
 9. A female from the local Rancheria stated that her nephew who has a mental illness has been taken to the hospital by law enforcement numerous times, but released after being evaluated at the hospital. She was recently told by the mental health outreach worker "to have him kicked out of the home and then call law enforcement". The outreach worker did come to her nephew's home and tried to talk to him, but he was not interested. This lady, also has another female relative who may also be suffering from a mental illness along with substance abuse. This female said that she had taken her female relative to Fort Bragg to be evaluated for mental health services, ie 5150. The female relative was released from the hospital for she was positive for a mind altering substance.
- The services providers are strongly recommending that someone have the ability to 5150 persons rather than call law enforcement. Law enforcement has to travel from Fort Bragg to the South Coast, which does take a lot of time. They then have to transport the person to the Fort Bragg hospital to be evaluated. This is a very poor situation for the client, law enforcement, the hospital, the family and the community. It is time consuming for law enforcement to drive to the South Coast, the client is handcuffed and put in the back sit of the law enforcement autos, the hospital has to use one of their emergency beds and may not be familiar with the client, the family has to watch the client be placed in handcuffs and be taken by law enforcement, the community feels that there are no services for them or their families, and the patient is not given mental health services.
- The services providers are willing to work with the ASO and the mental health department to change the above by providing crisis services, evaluating for 5150s and developing a protocol that is suitable for all who are involved, especially the client.

Taken and submitted by BHAB Secretary Ortiz