



MENDOCINO COUNTY
MENTAL HEALTH ADVISORY BOARD
MINUTES
OCTOBER 21, 2015 - 10:00 AM – 2:00 PM
MENDOCINO COUNTY MUSEUM
400 E. COMMERCIAL, WONACOTT RM
WILLITS, CA 95490

*Before the Mental Health Board
County of Mendocino • State of California
Minutes – October 21, 2015*

REGULAR MEETING SPECIAL SESSION

MENTAL HEALTH BOARD

JOHN WETZLER
CHAIR

ROGER SCHWARTZ
VICE CHAIR

DENISE GORNY
SECRETARY

NANCY SUTHERLAND
TREASURER

DAN HAMBURG
BOARD OF SUPERVISORS

JOHN MCCOWEN
**BOARD OF SUPERVISORS
ALTERNATE**

JAN MCGOURTY
CATHY HARPE
KATE GASTON
DINA ORTIZ

MAUREEN O'SULLIVAN
TAMMY LOWE
EMILY STRACHAN
JILL McCAUGHNA
MARGIE HANDLEY
JOHN GILMORE
LOIS LOCKART

OPEN SEATS

- 1ST DISTRICT – FILLED
- 2ND DISTRICT – FILLED
- 3RD DISTRICT – FILLED
- 4TH DISTRICT – FILLED
- 5TH DISTRICT – FILLED

BOARD RESOURCE INFORMATION:

OFFICE: (707) 472-2355
FAX: (707) 467-2364

EMAIL THE BOARD:

mhboard@co.mendocino.ca.us

WEBSITE:

[www.co.mendocino.ca.us/hhsa/
mh_board.htm](http://www.co.mendocino.ca.us/hhsa/mh_board.htm)

AGENDA ITEM NO. 1 – OPEN SESSION, CALL TO ORDER, AND ROLL CALL, QUORUM NOTICE, AGENDA CHANGES - 3 MINUTES

Chair Wetzler called the meeting to order (10:14) AM

Roll Call Taken by: Denise Gorny

Mental Health Board members present (12):

Cathy Harpe, Emily Strachan, Jan McGourty, John Wetzler, Kate Gaston, Margie Handley, John Gilmore, Maureen O'Sullivan, Nancy Sutherland, Denise Gorny, Dina Ortiz, Tammy Lowe

Mental Health Board members absent (2):

Jill McCaughna (Excused), Roger Schwartz (Excused)

Mental Health Board member sworn in at 12:15 PM (1)

Lois Lockart

Chair Wetzler noted that a quorum was present at (10:17) AM

HSA Staff Present: Tom Pinizzotto, MSW, HSA Assistant Director Health Services, Stacey Cryer, HSA Director, Bev Rae, BHRS Program Administrator, Heidi Poor, Office Assistant III, Larry Ainbinder, Compliance Manager, Todd Storti, Administrative Service Manager, Bekkie Emery, Deputy Director Social Services

Mental Health Services Act (MHSA) Stakeholder Committee members

present: Mark Montgomery, Psy D, Vice President of Operations, Ortnr Management Group, Susan Wynd Novotny, Executive Director, Manzanita Services, Anna Shaw, Executive Director, Mendocino Coast Hospitality Center, Tim Schraeder, Chief Executive Officer, Redwood Quality Management Group, Camille Schraeder, Chief Systems Director, Redwood Quality Management Group, Tom Pinizzotto, MSW, HSA Assistant Director, and Members of the Mental Health Advisory Board.

**AGENDA ITEM NO. 2 – APPROVAL AND DISCUSSION OF SEPTEMBER 16, 2015 MINUTES – DISCUSSION & ACTION
– 10 MINUTES**

9/16/15-Regular Meeting - *handout*

Board Action: Upon motion by Member Gilmore, seconded by Member Sutherland and carried with the following YAY votes from: Chair Wetzler and Members Harpe, Strachan, McGourty, Gaston, Gilmore, Handley, O’Sullivan, and Sutherland with the following members abstaining: Member Ortiz, Lowe and Gorny IT IS ORDERED at 10:18 AM that the Mental Health Advisory Board approves the minutes from the September 16, 2015 MHAB meeting as written.

AGENDA ITEM NO. 3 – TREASURER & SECRETARY REPORTS - DISCUSSION & ACTION - 5 MINUTES

Mental Health Board Expense Report – *handout*

Board Action: Upon motion by Member Gaston, seconded by Member Gilmore and carried with the following YAY votes from: Chair Wetzler and Members Harpe, Strachan, McGourty, Gaston, Gilmore, Handley, O’Sullivan, Sutherland, Gorny, Ortiz, and Lowe: Board Members accept as printed, the remaining FY 14/15 balance of \$1,478.17 and the remaining FY 15/16 balance of \$8,184.21 as written.

**AGENDA ITEM NO. 4 – PUBLIC COMMENT FORMAT – DISCUSSION AND PUBLIC COMMENT - VICE CHAIR READS
MISSION STATEMENT – 15 MINUTES OR AT CHAIR’S DISCRETION**

Read by: Chair Wetzler

Citizen and Community comments and questions regarding Mental Health Services in the County are welcomed and encouraged and are one of the mandated functions of the Mental Health Advisory Board. Comments will be limited to three minutes or longer, at the discretion of the Chair. Speakers do not have to identify themselves as per the CA Welfare & Institutions Code.

Members of the public wishing to make comments to the Mendocino County Mental Health Advisory Board, you will be recognized at this time. Public comment is also requested at each agenda item particular to that agenda subject matter.

Board members may only “briefly respond” to public comments as any lengthy response would convert the conversation into an illegal discussion of an item not on the agenda.

Read by: Member Sutherland

Mendocino County Mental Health Board Mission Statement

“To be committed to consumers, their families and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential.”

AGENDA ITEM NO 5 - DIRECTOR PINIZZOTTO, MSW, HHSA ASSISTANT DIRECTOR, HEALTH AND HUMAN SERVICES TO PROVIDE WRITTEN REPORTS – 30 MINUTES OR AT THE CHAIR’S DISCRETION

a. Development of a Drug Medi-Cal Organized Delivery System (DMC-ODS)

Director Pinizzotto provided an overview of the DMC-ODS pilot. The DMC-ODS pilot is authorized and financed under the authority of the state’s 1115 Bridge to Reform Waiver.

The purpose of 1115 waivers is to demonstrate and evaluate policy approaches that improve care, increase efficiency, and reduce costs. Mendocino County has opted into the pilot program. The Waiver will be elective for 5 years.

The Pilot Program is required to provide Early Intervention, Outpatient Services, Residential, Narcotic Treatment Program, Withdrawal Management, Recovery Services, Case Management Services and Physician Consultation.

The DMC-ODS pilot program is administered locally by each pilot county. The pilot county provides, or arranges for, Substance Use Disorder (SUD) treatment for Medi-Cal enrollees.

Counties must submit a plan for implementation of the DMC-ODS pilot to the State for approval by DHCS and CMS.

HHSA Director Cryer is reorganizing to be ready for the Waiver program and is recruiting for a SUDT Deputy Director to manage this project.

Kyree Klimist, Public Health Senior Program Manager has applied for a grant and is the lead on an opiate project with Lake County.

Board Action:

The Board directed Chair Wetzler to include the DMC-ODS 1115 Waiver Pilot Program as a January agenda item.

The Board directed staff to send the Drug Medi-Cal Organized Delivery System Demonstration Waiver Power Point via email to all Board members. Staff provided on 10/26/15.

b. Electronic Health Record Update- Todd Storti, Administrative Services Manager

- Current Systems:
 - MUNIS-County Financial Management Software
 - NetSmart-My Avatar Suite which includes:
 - CalPM Module- (California Practice Management)- Clients, services, demographics, handles all Medi-Cal billing
 - CWS-(Clinical Work Station)-progress notes to trigger billing
 - MSO-(Managed Service Organization)-inactive
 - KIPHS-(Public Health Software)
 - WITS-(FEI Software)-AODP/SUDT (Alcohol and Other Drugs Program/Substance Use Disorder Treatment) patient tracking, reports, Medi-Cal billing
 - ASO-(Administrative Services Organization)
 - RQMC- Exyum electronic health record (EHR)
 - OMG- Internal custom tracking system
- System assessments are in progress
- Revenue Cycle Management (RCM)- Netsmart assessment report in November to determine how to best leverage system and current technology
- Moving forward
 - Upgrade to the Avatar System to include ICD 10 (International Classification of Diseases-Tenth Revision) billing capability -October
 - Billing- October billing for RQMC and November billing for OMG
 - Avatar Scheduler implementation- December

County implementation of AVATAR CWS- December start and completed in February 2016
 Health Information Exchange (HIE)- Spring 2016
 Rewood MedNet will provide training to users with integration

c. Public Guardian Update-Bekkie Emery, Deputy Director Social Services

Deputy Director Emery provided data on Lanterman –Petris- Short Act (LPS) Conservatorships
 Approximately 22 are in Mendocino County

36	Board and Care Facility
13	Skilled Nursing Facility (SNF)
5	Mental Health Residential Facility
4	Independent Living Facility
58	Total

In addition, her office has 20 Probate and 60 Public Administrator cases. The clients are spread among facilities from San Diego to Crescent City. Her office sees each client at least once every three months.

There are 35 patches at the cost of \$20-\$250 per day. Patches are listed under budget unit 4050 through the ASO line item.

d. MHSA Housing Update provided in writing by Mike Pallesen, RCHDC

Mike Pallesen provided a written update. (attached to the minutes)

Board Action: No Action Taken

AGENDA ITEM NO. 6 – AB 1421 AD HOC COMMITTEE MEETING HELD 10-1-15 TO PRESENT THE LAURA’S LAW IMPLEMENTATION PLAN FOR THE BOARD TO REVIEW– DISCUSSION & ACTION - 15 MINUTES OR AT THE CHAIR’S DISCRETION

Board Action: Upon motion by Member Handley, seconded by Member Harpe and carried with the following YAY votes from: Chair Wetzler and Members Harpe, Strachan, Sutherland, Gaston, McGourty, Gilmore, Handley, O’Sullivan, Ortiz, Lowe, Gorny and Lockart IT IS ORDERED at 12:50 PM upon review that the Mental Health Advisory Board accepts the Implementation Plan for AB 1421 Laura’s Law.

AGENDA ITEM NO. 7 – RQMC AND OMG DATA AND UPDATES BY WRITTEN REPORT – 15 MINUTES OR AT THE CHAIR’S DISCRETION

a. Redwood Quality Management - Handout

Tim Schraeder, MFT – Chief Executive Officer to answer questions – 5 minutes
 Chandra Gonzales, Program Manager

- September was a big month with 53 face to face crisis responses (41% for the year).
- Services are now accessible on Facebook.
- Partnering with the Ukiah library to have a mental health section for teens.
- Camille made a presentation on using “Tiny Houses” as a way of providing shelter for the chronically homeless. There will be a presentation at the 11/3/2015 Board of Supervisor’s meeting in Willits.

b. Ortner Management Group - Handout

Mark Montgomery, Psy D-Vice President of Operations to answer questions – 5 minutes

- Effective 10/19/2015 Integrated Care Management Solutions (iCMS) has entered into a contract with Integrated Psychiatric Services, Inc. (IPS, Inc.) to provide Medication Management and support services.
- Manzanita Services will be moving to 410 W. Jones St. by iCMS on 564 S. Dora St.
- Mendocino County Hospitality Center and iCMS will collocate in the Old Coast Hotel when renovations are completed in December or January to centralize services.
- Mark Montgomery will hold Adult System of Care (ASOC) training in early December usually in the iCMS conference rooms.

Board Action: No Action Taken

AGENDA ITEM NO.8 – REVIEW AND APPROVE 2016 MEETING SCHEDULE-DISCUSSION AND ACTION – 10 MINUTES OR AT THE CHAIR’S DISCRETION

Mendocino County Mental Health Advisory Board 2016 Meeting Schedule- *handout*

Staff will look into an alternate meeting place for 501 Low Gap Rd, Conference Rm C and bring any changes to the Board for approval.

Board Action: Upon motion by Member Handley, seconded by Member Harpe and carried with the following YAY votes from: Chair Wetzler and Members Harpe, Strachan, Gaston, Sutherland, McGourty, Gilmore, Handley, Ortiz, Lowe, Gorny and Lockart and the following NAY vote from: Member O’Sullivan IT IS ORDERED at 1:36 PM that the Mental Health Advisory Board accepts the 2016 Mental Health Advisory Board Meeting Schedule.

AGENDA ITEM NO. 9 –SUPERVISORS HAMBURG AND McCOWEN REPORT ON BOARD OF SUPERVISORS AND EXECUTIVE OFFICE DECISIONS AFFECTING MENDOCINO COUNTY BEHAVIORAL HEALTH AND RECOVERY SERVICES – DISCUSSION – 15 MINUTES OR AT THE CHAIR’S DISCRETION

At the October 20, 2015 Board of Supervisors meeting HHS Director Stacey Cryer was appointed Interim Local Mental Health Director of Mental Health Services pursuant to WIC 5607.

Recruitment is underway with the qualifications posted on the County website as of 9:00 AM 10/21/2015.

Director Pinizzotto will continue in his role as HHS Assistant Director, Health Services.

There was discussion about the MHAB not being included in the decision. The process for selection of a new Mental Health Director will include an interview panel that will narrow down the selection to the best two or three candidates. These candidates will be presented to the MHAB for a recommendation. The final selection will be made by HHS Director Cryer, taking the MHAB recommendations into consideration.

A review of the Mental Health delivery system is in progress by Kempler Consulting Group. Kempler Consulting Group was hired by the Executive Office to make recommendations to the Board of Supervisors at the December 15, 2015 meeting.

Board Action: No Action Taken

AGENDA ITEM NO. 10 – OPEN BOARD DISCUSSION TO CREATE NEW AD HOC COMMITTEES AND DIRECTIONS CLARIFIED. – DISCUSSION & ACTION - 15 MINUTES OR AT CHAIR’S DISCRETION

Committee suggestions

1. **Membership Recruitment and Publicity**
Chair Wetzler and Members Gaston, Sutherland and Strachan
2. **Cultural Diversity and Outreach**
Members Ortiz, Gaston, Schwartz and O’Sullivan
3. **Co-occurring Disorders**
Members McCaughna, O’Sullivan and Sutherland
4. **Financial and Contracts Performance**
Members Strachan, Harpe and Sutherland
5. **MHAB’s Liaisons to MHSA County Program**
Member Ortiz and Chair Wetzler
6. **Jail/Stepping-Up Program**
Member McGourty as Chair and Members Handley, Harpe and O’Sullivan
7. **AB1421**
Chair Wetzler and Members McCaughna and Schwartz
8. **Housing**
Members Gorny, Lowe and Sutherland
9. **How the County Handles Mental Health Crisis**
Members Gilmore, Strachan and Lowe

Board Action:

The Board directed this item agenezized to the November MHAB meeting to allow the committees to meet and identify the tasks each committee will work on for the coming year.

AGENDA ITEM NO. 11 – DISCUSSION REGARDING NAME CHANGE TO BEHAVIORAL HEALTH ADVISORY BOARD - DISCUSSION & ACTION - 5 MINUTES OR AT THE CHAIR’S DISCRETION

Board Action: Upon motion by Member Gaston, seconded by Member Lowe and carried with the following YAY votes from: Members Harpe, Gaston, Strachan, Gilmore, Sutherland, Lowe, Gorny and Lockart and the following NAY vote from: Chair Wetzler and Members McGourty, Ortiz, Handley and O’Sullivan IT IS ORDERED at 2:15 PM that the Mental Health Advisory Board change the name of the board to the Behavioral Health Advisory Board.

AGENDA ITEM NO. 12 – APPOINT NOMINATING COMMITTEE FOR ELECTIONS OF OFFICERS OF THE BOARD IN JANUARY. CHAIR, VICE-CHAIR, CORRESPONDING SECRETARY AND TREASURER -DISCUSSION & ACTION – 10 MINUTES OR AT THE CHAIR’S DISCRETION

Chair Wetzler stated that Welfare and Institutions (W&I) Code 5604 (b) is not being followed.

(W&I) Code 5604 (b) The term of each member of the board shall be for three years. The governing body shall equitably stagger the appointments so that approximately one-third of the appointments expire in each year.

Director Cryer will confirm the procedure for assigning the terms with the CEO's office.

Mendocino County Mental Health Board Bylaws

Article V Section 1. OFFICERS

The officers of the Board shall be a Chairperson, a Vice Chairperson, Corresponding Secretary and a Treasurer. They shall be elected by members annually at the regular meeting in January, to take office immediately.

Board Action:

The Board appointed Members McGourty, Harpe, Strachan and Handley to the nominating committee for the January election of Officers.

AGENDA ITEM NO. 13 - CORRESPONDENCE AND BACKUP MATERIALS RECEIVED AND FILED

- OMG Data
- RQMC Data

AGENDA ITEM NO. 14 – AGENDA ITEM HANDOUTS:

- MHAB draft meeting minutes – 9-16-15
- Treasurer's Report

AGENDA ITEM NO. 15 - PUBLIC COMMENT

Citizen and Community comments and questions regarding Mental Health Services in the County are welcomed and encouraged and are one of the mandated functions of the Mental Health Board. Comments will be limited to three minutes (or longer, at the discretion of the Chair.) Speakers do not have to identify themselves as per the CA Welfare & Institutions Code.

Record of Public Comment will be documented by the Mental Health Advisory Board Secretary and added as an addendum to the minutes.

THERE BEING NOTHING FURTHER TO COME BEFORE THE BOARD, THE MENTAL HEALTH BOARD OF MENDOCINO COUNTY ADJOURNED ON October 21, 2015 AT **2:23 PM**.



John Wetzler, Chair



Attest: Heidi Poor, Administrative Secretary

PUBLIC COMMENT

Addendum A

PUBLIC COMMENT
Mental Health Board Meeting
October 21, 2015

Josephine Silva: Commented on housing for the mentally ill and associated stigma. She proposed that the mentally ill be housed in “regular” integrated housing. This model would include educating the public and possible use of MHSA funds to assist with move-in costs and ongoing support.

Sabrina Rodriguez: Spoke of her challenges accessing services as a foster mother of a TAY youth. She also expressed her concerns about accessing housing.

Josephine Silva: Shared with the MHB and others in attendance the recent study on the efficacy Schizophrenia treatment. The results supported reduced reliance on medication and increased use of talk therapy. John W. and Camille S. responded briefly.

Submitted by: Nancy Sutherland
October 28, 2015



October 21, 2015

Mendocino County
Mental Health Advisory Board
Behavioral Health & Recovery Services

Board and Staff Members:

I regret having to miss today's monthly meeting. I am in Monterey at the Rural Housing Summit. At this workshop the folks like us who develop and manage affordable housing meet with the heads of the California and Federal funding and regulatory agencies that define what we do.

I will have a chance to sit down with the heads of the California Tax Credit Allocation Committee (Low Income Housing Tax Credits), the California Department of Housing and Community Development (HOME, CDBG), CalHFA (MHSA etc.), USDA Rural Development (Affordable housing loan programs and rental assistance) and others. They will get a chance to better understand the issues that we experience in the field and we will learn how to better make use of their programs.

I will very much be discussing the needs and aspirations that we have here in Mendocino County, particularly how we can best layer funds from multiple resources to best meet our need for housing.

I am including a status report and I look forward to seeing you in person at your next meeting.

Mike Pallesen
Director of Development
Rural Communities Housing Development Corporation
499 Leslie Street
Ukiah, CA 95482
(707) 463 1975 x121 office
(707) 972 1524 cell





Mendocino County Mental Health Services Act Housing Funding

Concept Summary – Status Report October 21, 2015

CalHFA has allocated \$1,332,379 of Mental Health Services Act (MHSA) funds to develop permanent housing for seriously mentally ill people who are homeless or at risk of homelessness.

The MHSA program will fund up to one-third of the development costs up to a limit of \$104,000 per unit. This implies additional funding for twice the MHSA funding yielding a development budget of at least \$3,997,137 and a facility with at least 13 units. With sources regularly available to RCHDC a substantially larger facility can be constructed at a more efficient cost per unit.

The MHSA regulations allow for exceptions for small counties with no access to other local funding sources. This exception would enable the county to use the MHSA funds by itself for both construction and operations of a small facility. The Memorandum of Understanding between Mendocino County Behavioral Health and Recovery Services (BHRS) and RCHDC calls for substantial leveraging of funding, so it is assumed that Mendocino County will not apply for this small facility exception. Mendocino County should explicitly confirm this.

MHSA allows for two housing types; Rental and Shared. A rental housing unit includes bathroom, kitchen and living/sleeping areas. A shared housing unit contains only a bedroom but bath, kitchen, and living areas are then shared among tenants. RCHDC has not had positive experiences with shared housing and strongly recommends in favor of Rental Housing. Mendocino County should confirm that Rental Housing is preferred.

Input from BHRS, the Mental Health Advisory Board and others indicates a substantially greater need for housing for seriously mentally ill who are homeless or at risk of homelessness in Mendocino County than 13 units. RCHDC is making an initial assumption for “straw man” purposes that 40 units is an appropriate size. This assumption will be modified based on input from;

- a needs analysis that quantifies the number of potentially qualified tenants and their locations within the county,
- capability of BHRS to fund and provide needed tenant services for the long run,
- the Mendocino County Board of Supervisors,
- projected long term operation issues,
- operational and rental assistance that can be found and
- community input.

RCHDC has been working on developing a financial model that brings together sufficient funding to develop a 40 unit facility. Funding sources for housing for low income special needs tenants may include;

- MHSA
- Mendocino County CDBG - \$500,000 currently available!





- Donated land,
- Services in kind (e.g. development fees),
- Other local donations and funds,
- 9% Low Income Housing Tax Credits (LIHTC) – both federal and state credits are available for special needs tenant populations,
- 4% tax credits (not as beneficial as 9% credits)
- Affordable Housing Program – from the Federal Home Loan Bank of San Francisco
- HOME – a HUD program
- MHP – a California program
- AHSC – a new program not currently well suited to rural areas, but possible to change.
- USDA Rural Development 515 program with rental assistance
- USDA RD Community Facilities Program
- HUD Section 811 Program (Capital Advances / Project Rental Assistance)

Financial prospects for a successful project are good. However, many parameters remain to be determined. They include the amount of additional local funding, project size, location, possibility of including other tenant types, etc.

The next steps to be taken are;

- Establish details regarding the MHSAs funds and other regulations, including processes and timelines. It is critical to work within MHSAs deadlines.
- Needs analysis. This information will guide the size and location of the project
- Land search. This will perhaps be the most time consuming part of Pre-Development.

Depending on many parameters to be determined, it may be advantageous to the development and / or long term operations to include other features in this MHSAs Housing development. Such features might include:

- Additional interior community space to serve the surrounding neighborhoods
- External park, recreation space, trails, etc.
- Housing for other types of tenants (seniors, families, farm workers, veterans). Including other tenant types may yield a better mix of funds and provide a larger financial basis for added community improvements.

